



Open Nederlandse Kampioenschappen Zwemmen  
Eindhoven, 2- - 4-12-2011

Event 15  
03-12-2011

Women, 100m Fly

all-in  
Results Finals

World Record	56.06	Sarah Sjöström	Rome (ITA)	27-07-2009
European Record	56.06	Sarah Sjöström	Rome (ITA)	27-07-2009
Nederlands Record Senioren	56.61	Inge de Bruijn	Sydney (AUS)	17-09-2000
Nederlands Record Jeugd	1:01.20	Chantal Groot	Antwerpen (BEL)	02-08-1998
Limiet OS 2012 Londen	58.32			
Richttijd EK 2012 Antwerpen	59.21			
Richttijd EJK 2012 Antwerpen	1:02.17			

provisional results

rank	name	club name	time	RT	pts	50m	100m
Final A							
1.	Sarah Sjöström	Södertörns Simsaellskap	<b>57.32</b>	+0,74		27.04	57.32
	<i>Championship record</i>						
2.	Marleen Veldhuis	EIFFELswimmersPSV	<b>59.20</b>	+0,75		27.78	59.20
3.	Vanessa Mohr	South Africa	<b>59.43</b>	+0,67		27.85	59.43
4.	Martina Granstroem	Jönköpings Simsaellskap	<b>59.64</b>	+0,72		28.08	59.64
5.	Mandy Loots	South Africa	<b>59.94</b>	+0,73		28.20	59.94
6.	Orsolya Tompa	Jovo SC Veolia	<b>1:00.17</b>	+0,72		28.18	1:00.17
7.	Amit Ivri	Israel	<b>1:00.29</b>	+0,68		28.34	1:00.29
8.	Kelly de Jong	AZ&PC	<b>1:00.59</b>	+0,72		27.95	1:00.59

Event 16  
03-12-2011

Men, 100m Fly

all-in  
Results Finals

World Record	49.82	Michael Phelps	Rome (ITA)	01-08-2009
European Record	49.95	Milorad Cavic	Rome (ITA)	01-08-2009
Nederlands Record Senioren	51.82	Joeri Verlinden	Boedapest (HUN)	14-08-2010
Nederlands Record Jeugd	54.71	Joeri Verlinden	Palma de Mallorca (ESP)	07-07-2006
Limiet OS 2012 Londen	52.20			
Vormbehoud OS 2012 Londen	52.72	Joeri Verlinden		
Richttijd EK 2012 Antwerpen	52.70			
Richttijd EJK 2012 Antwerpen	55.04			

provisional results

rank	name	club name		time	RT	pts	50m	100m
Final A								
1.	Evgeny Korotyshkin	ADN Swim Project	1983korot	<b>52.11</b>	+0,68		24.24	52.11
	<i>Championship Record</i>							
2.	Joeri Verlinden	E.ON-NZA	198803549	<b>52.37</b>	+0,77		24.89	52.37
3.	Milorad Cavic	ADN Swim Project	1984cavic	<b>52.69</b>	+0,73		24.05	52.69
4.	Duarte Rafael Mourao	Portugal	13018	<b>53.67</b>	+0,69		25.00	53.67
5.	Simao Gomes Morgado	Portugal	12217	<b>53.69</b>	+0,65		25.07	53.69
6.	Alon Mandel	Israel	1988mand	<b>53.89</b>	+0,67		25.22	53.89
7.	Stefano Mauro Pizzamiglio	Italy National Team	1991pizz	<b>54.08</b>	+0,67		25.00	54.08
8.	Ivan Lendjer	Serbia SF	1990lend	<b>54.16</b>	+0,68		24.96	54.16

Event 17  
03-12-2011

Women, 200m Breaststroke

all-in  
Results Finals

World Record	2:20.12	Annamay Pierse	Rome (ITA)	30-07-2009
European Record	2:21.62	Nadja Higl	Rome (ITA)	31-07-2009
Nederlands Record Senioren	2:28.02	Lia Dekker	Amsterdam	19-04-2009
Nederlands Record Jeugd	2:33.58	Linda Moes	Straatsburg (FRA)	19-08-1987
Limiet OS 2012 Londen	2:25.63			
Richttijd EK 2012 Antwerpen	2:29.14			
Richttijd EJK 2012 Antwerpen	2:33.45			

provisional results

rank	name	club name		time	RT	pts	50m	100m	150m	200m
Final A										
1.	Joline Hostman	Molndals ASS	1988host	<b>2:26.59</b>	+0,64		33.42	1:10.94	1:48.12	2:26.59
	<i>Championship record</i>									
2.	Sara Nordenstam	Lambertseter SC	1993nord	<b>2:28.20</b>	+0,80		33.93	1:11.71	1:49.96	2:28.20
3.	Marina Garcia Urzainqui	Spain	1994garc	<b>2:28.30</b>	+0,67		33.99	1:11.36	1:49.64	2:28.30
4.	Rikke Møller Pedersen	Danish SF	1989pede	<b>2:29.09</b>	+0,73		34.41	1:12.84	1:50.33	2:29.09
5.	Moniek Nijhuis	E.ON-NZA	198803188	<b>2:30.54</b>	+0,82		34.28	1:12.40	1:51.17	2:30.54
6.	Loes Zanderink	EIFFELswimmersPSV	198805006	<b>2:30.97</b>	+0,71		34.26	1:13.25	1:52.48	2:30.97
7.	Caroline Ruhnu	SG Essen	088444	<b>2:31.14</b>	+0,68		33.52	1:12.43	1:51.35	2:31.14
8.	Shani Stallard	Swim Ireland	1994stal	<b>2:31.20</b>	+0,74		33.92	1:12.66	1:51.08	2:31.20

Event 18  
03-12-2011

Men, 200m Breaststroke

all-in  
Results Finals

World Record	2:07.31	Christian Sprenger	Rome (ITA)	30-07-2009
European Record	2:07.64	Dániel Gyurta	Rome (ITA)	31-07-2009
Nederlands Record Senioren	2:11.35	Lennart Stekelenburg	Eindhoven	08-04-2011
Nederlands Record Jeugd	2:16.01	Thijs van Valkengoed	Valetta (MLT)	08-07-2001
Limiet OS 2012 Londen	2:11.39			
Richttijd EK 2012 Antwerpen	2:12.65			
Richttijd EJK 2012 Antwerpen	2:18.44			

provisional results

rank	name	club name		time	RT	pts	50m	100m	150m	200m
Final A										
1.	Michael Jamieson	University of Bath	70097	<b>2:10.40</b>	+0,76		29.80	1:02.60	1:36.12	2:10.40
	<i>Championship Record</i>									
2.	Akos Molnar	A Jövö Sc	1987mohn	<b>2:12.89</b>	+0,73		29.75	1:03.52	1:37.73	2:12.89
3.	Lennart Stekelenburg	E.ON-NZA	198602979	<b>2:13.08</b>	+0,68		30.14	1:03.59	1:37.78	2:13.08
4.	Kris Gilchrist	University of Bath	28158	<b>2:13.28</b>	+0,72		30.00	1:04.12	1:38.54	2:13.28
5.	Andrew Willis	University of Bath	19293	<b>2:14.48</b>	+0,69		30.13	1:04.55	1:39.24	2:14.48
6.	Jonas Coreelman	Vlaamse Zwemfed.	GOLD/003/91	<b>2:14.59</b>	+0,68		30.41	1:04.32	1:39.18	2:14.59
7.	Flavio Bizzarri	Italy National Team	1993bizz	<b>2:15.72</b>	+0,74		30.67	1:04.85	1:39.97	2:15.72
8.	Henrique Barbosa	Brazil	1984barbo	<b>2:16.12</b>	+0,75		30.40	1:04.49	1:39.75	2:16.12



Event 19  
03-12-2011

Women, 50m Backstroke

all-in  
Results Finals

World Record	27.06	Jing Zhao	Rome (ITA)	30-07-2009
European Record	27.23	Daniella Samulski	Rome (ITA)	30-07-2009
Nederlands Record Senioren	27.77	Hinkelien Schreuder	Rome (ITA)	29-07-2009
Nederlands Record Jeugd	29.47	Sylvia Dik	Helsinki (FIN)	16-07-2010
Richttijd EK 2012 Antwerpen	28.59			
Richttijd EJK 2012 Antwerpen	29.81			

provisional results

rank	name	club name		time	RT	pts
Final A						
1.	Mercedes Peris Minguet <i>Championship record</i>	Spain	1985peri	<b>28.61</b>	+0,65	
2.	Duane Da Roche Marce	Spain	1988daro	<b>28.90</b>	+0,77	
3.	Elena Gemo	Italy National Team	1987gemo	<b>29.22</b>	+0,82	
4.	Kira Toussaint	E.ON-NZA	199400990	<b>29.57</b>	+0,61	
5.	Annemarie Worst <i>Nederlands Record 16 jaar</i>	E.ON-NZA	199500042	<b>29.63</b>	+0,62	
6.	Cloe Credeville	Team Marseille 2012	1990cred	<b>29.64</b>	+0,68	
7.	Aisling Cooney	Swim Ireland	1990coon	<b>29.84</b>	+0,64	
8.	Maaïke de Waard	RTC-Dordrecht	9600604	<b>29.91</b>	+0,67	

Event 20  
03-12-2011

Men, 50m Backstroke

all-in  
Results Finals

World Record	24.04	Liam Tancock	Rome (ITA)	02-08-2009
European Record	24.04	Liam Tancock	Rome (ITA)	02-08-2009
Nederlands Record Senioren	25.04	Bastiaan Lijesen	Eindhoven	09-04-2011
Nederlands Record Jeugd	26.50	Nick Driebergen	Boedapest (HUN)	14-07-2005
Richttijd EK 2012 Antwerpen	25.17			
Richttijd EJK 2012 Antwerpen	26.76			

provisional results

rank	name	club name		time	RT	pts
Final A						
1.	Camille Lacourt	Team Marseille 2012	1985laco	<b>24.96</b>	+0,74	
	<i>Championship Record</i>					
2.	Bastiaan Lijesen	EIFFELswimmersPSV	199001819	<b>25.17</b>	+0,61	
3.	Aschwin Wildeboer Faber	Spain	1986wild	<b>25.18</b>	+0,60	
4.	Nick Driebergen	E.ON-NZA	198700793	<b>25.46</b>	+0,67	
5.	Gerhard Zandberg	RSA	1983zand	<b>25.55</b>	+0,70	
6.	Charl Crous	South Africa	1990crous	<b>25.79</b>	+0,66	
7.	Stefano Mauro Pizzamiglio	Italy National Team	1991pizz	<b>25.89</b>	+0,66	
8.	Juan Miguel Rando Galvez	Spain	1988rand	<b>25.90</b>	+0,65	

Event 22  
03-12-2011

Women, 200m Freestyle

all-in  
Results Finals

World Record	1:52.98	Federica Pellegrini	Rome (ITA)	29-07-2009
European Record	1:52.98	Federica Pellegrini	Rome (ITA)	29-07-2009
Nederlands Record Senioren	1:55.54	Femke Heemskerk	Shanghai (CHN)	26-07-2011
Nederlands Record Jeugd	2:00.59	Sharon van Rouwendaal	Praag (CZE)	11-07-2009
Limiet OS 2012 Londen	1:57.80			
Vormbehoud OS 2012 Londen	1:58.98	Femke Heemskerk		
Richttijd EK 2012 Antwerpen	1:58.93			
Richttijd EJK 2012 Antwerpen	2:03.57			

provisional results

rank	name	club name		time	RT	pts	50m	100m	150m	200m
Final A										
1.	Femke Heemskerk	E.ON-NZA	198705224	<b>1:56.76</b>	+0,80		27.92	57.69	1:27.48	1:56.76
<i>Championship record, Limiet OS 2012 Londen</i>										
2.	Sarah Sjöström	Södertörns Simsällskap	BN4493	<b>1:57.21</b>	+0,73		28.25	58.25	1:28.82	1:57.21
3.	Karin Prinsloo	South Africa	1989prins	<b>1:58.85</b>	+0,84		28.52	58.84	1:29.01	1:58.85
4.	Patricia Castro Ortega	Spain	1992cast	<b>1:58.93</b>	+0,76		28.42	58.70	1:29.22	1:58.93
5.	Rebecca Turner	City of Sheffield SS	36574	<b>1:59.16</b>	+0,59		28.81	58.65	1:29.51	1:59.16
6.	C. Waage Johannessen	Bergen SC	1990waag	<b>1:59.58</b>	+0,72		28.36	59.10	1:29.56	1:59.58
7.	Hannah Miley	Garioch ASC	69436	<b>1:59.76</b>	+0,71		28.64	59.25	1:29.73	1:59.76
8.	Elise Bouwens	E.ON-NZA	199103964	<b>2:01.00</b>	+0,78		28.63	59.76	1:30.47	2:01.00



Event 23  
03-12-2011

Men, 200m Freestyle

all-in  
Results Finals

World Record	1:42.00	Paul Biedermann	Rome (ITA)	28-07-2009
European Record	1:42.00	Paul Biedermann	Rome (ITA)	28-07-2009
Nederlands Record Senioren	1:44.89	Pieter van den Hoogenband	Berlijn (GER)	02-08-2002
Nederlands Record Jeugd	1:48.36	Pieter van den Hoogenband	Atlanta (USA)	20-07-1996
Limiet OS 2012 Londen	1:47.42			
Vormbehoud OS 2012 Londen	1:48.49	Sebastiaan Verschuren		
Richttijd EK 2012 Antwerpen	1:48.95			
Richttijd EJK 2012 Antwerpen	1:51.74			

provisional results

rank name	club name		time	RT	pts	50m	100m	150m	200m
Final A									
1.	Sebastiaan Verschuren	E.ON-NZA	198803571	<b>1:47.90</b>	+0,72	25.53	53.03	1:20.70	1:47.90
	<i>Vormbehoud OS 2012</i>								
2.	Filippo Magnini	Italy National Team	1982magn	<b>1:48.55</b>	+0,64	25.39	53.69	1:21.23	1:48.55
3.	Gregory Mallet	Team Marseille 2012	1984mall	<b>1:48.89</b>	+0,78	25.59	53.43	1:21.54	1:48.89
4.	Romain Magula	Team Marseille 2012	1991magu	<b>1:49.77</b>	+0,67	25.62	54.23	1:22.54	1:49.77
5.	Mads Glæsner	Danish SF	1988glaes	<b>1:50.08</b>	+0,73	26.19	54.16	1:22.21	1:50.08
6.	Joost Reijns	E.ON-NZA	198702725	<b>1:50.34</b>	+0,74	25.65	53.68	1:21.99	1:50.34
7.	Dion Dreesens	EIFFELswimmersPSV	199302189	<b>1:50.65</b>	+0,75	26.02	54.07	1:22.45	1:50.65
8.	Olaf Wildeboer Faber	Club Natacio Sabadell	1983wild	<b>1:50.75</b>	+0,66	26.36	55.01	1:23.68	1:50.75

Event 24  
03-12-2011

Women, 800m Freestyle

Jeugd/Senioren  
Results

World Record	8:14.10	Rebecca Adlington	Beijing (CHN)	16-08-2008
European Record	8:14.10	Rebecca Adlington	Beijing (CHN)	16-08-2008
Nederlands Record Senioren	8:30.84	Kirsten Vliegheuis	Atlanta (USA)	25-07-1996
Nederlands Record Jeugd	8:37.58	Sharon van Rouwendaal	Straatsburg (FRA)	27-03-2009
Limiet OS 2012 Londen	8:29.41			
Richttijd EK 2012 Antwerpen	8:38.02			
Richttijd EJK 2012 Antwerpen	8:59.71			

rank name club name time RT pts

Jeugd 1 en 2

1. Rebecca Murray	First	148275	<b>9:11.16</b>	+0,85			
50m: 31.23	31.23	250m: 2:49.78	35.31	450m: 5:09.91	34.69	650m: 7:28.45	34.88
100m: 1:05.48	34.25	300m: 3:25.20	35.42	500m: 5:44.43	34.52	700m: 8:03.29	34.84
150m: 1:40.12	34.64	350m: 4:00.41	35.21	550m: 6:18.93	34.50	750m: 8:37.83	34.54
200m: 2:14.47	34.35	400m: 4:35.22	34.81	600m: 6:53.57	34.64	800m: 9:11.16	33.33
2. Manon Friskes	DWK	199701566	<b>9:27.68</b>	+0,77			
50m: 30.47	30.47	250m: 2:50.38	35.68	450m: 5:14.43	36.13	650m: 7:40.31	36.34
100m: 1:04.23	33.76	300m: 3:26.25	35.87	500m: 5:50.88	36.45	700m: 8:16.71	36.40
150m: 1:39.19	34.96	350m: 4:02.23	35.98	550m: 6:27.65	36.77	750m: 8:52.90	36.19
200m: 2:14.70	35.51	400m: 4:38.30	36.07	600m: 7:03.97	36.32	800m: 9:27.68	34.78
3. Anouke Berghuis	De Zijl/LGB	199606132	<b>9:30.25</b>	+0,78			
50m: 30.82	30.82	250m: 2:52.81	36.28	450m: 5:17.74	36.16	650m: 7:43.72	36.72
100m: 1:05.16	34.34	300m: 3:29.07	36.26	500m: 5:54.42	36.68	700m: 8:20.13	36.41
150m: 1:40.69	35.53	350m: 4:05.33	36.26	550m: 6:30.32	36.90	750m: 8:55.43	35.30
200m: 2:16.53	35.84	400m: 4:41.58	36.25	600m: 7:07.00	36.68	800m: 9:30.25	34.82
4. Evelien van Ruiten	Orca	199602924	<b>9:38.81</b>	+0,92			
50m: 32.13	32.13	250m: 2:56.36	36.70	450m: 5:24.55	37.04	650m: 7:52.30	36.55
100m: 1:07.13	35.00	300m: 3:33.38	37.02	500m: 6:01.39	36.84	700m: 8:28.94	36.64
150m: 1:43.18	36.05	350m: 4:10.63	37.25	550m: 6:38.68	37.29	750m: 9:05.17	36.23
200m: 2:19.66	36.48	400m: 4:47.51	36.88	600m: 7:15.75	37.07	800m: 9:38.81	33.64
5. Brenda Zwarthoed	DAW	199604938	<b>9:43.06</b>	+0,72			
50m: 30.81	30.81	250m: 2:53.09	36.10	450m: 5:20.72	37.31	650m: 7:51.84	37.70
100m: 1:05.27	34.46	300m: 3:29.77	36.68	500m: 5:58.54	37.82	700m: 8:29.44	37.60
150m: 1:40.81	35.54	350m: 4:06.40	36.63	550m: 6:36.55	38.01	750m: 9:06.40	36.96
200m: 2:16.99	36.18	400m: 4:43.41	37.01	600m: 7:14.14	37.59	800m: 9:43.06	36.66
6. Lindy Nijhuis	OZ&PC	199700010	<b>9:49.73</b>	+0,87			
50m: 32.56	32.56	250m: 2:58.38	36.68	450m: 5:28.15	37.53	650m: 7:59.35	38.01
100m: 1:08.32	35.76	300m: 3:35.68	37.30	500m: 6:05.91	37.76	700m: 8:37.21	37.86
150m: 1:44.78	36.46	350m: 4:13.11	37.43	550m: 6:43.52	37.61	750m: 9:14.15	36.94
200m: 2:21.70	36.92	400m: 4:50.62	37.51	600m: 7:21.34	37.82	800m: 9:49.73	35.58
7. Laura Hagreis	OZ&PC	199600548	<b>10:02.78</b>	+0,80			
50m: 32.74	32.74	250m: 3:01.56	37.83	450m: 5:34.90	38.68	650m: 8:09.02	38.39
100m: 1:09.08	36.34	300m: 3:39.52	37.96	500m: 6:13.64	38.74	700m: 8:47.63	38.61
150m: 1:46.15	37.07	350m: 4:17.66	38.14	550m: 6:52.22	38.58	750m: 9:25.77	38.14
200m: 2:23.73	37.58	400m: 4:56.22	38.56	600m: 7:30.63	38.41	800m: 10:02.78	37.01
8. Eva Werkman	Zwemlust den Hommel	199703458	<b>10:10.98</b>	+0,86			
50m: 32.79	32.79	250m: 3:04.65	38.55	450m: 5:40.03	38.45	650m: 8:15.82	38.59
100m: 1:09.76	36.97	300m: 3:43.70	39.05	500m: 6:19.44	39.41	700m: 8:54.52	38.70
150m: 1:47.86	38.10	350m: 4:22.28	38.58	550m: 6:58.26	38.82	750m: 9:33.32	38.80
200m: 2:26.10	38.24	400m: 5:01.58	39.30	600m: 7:37.23	38.97	800m: 10:10.98	37.66
9. Elisabeth Rivard	WVZ	199600244	<b>10:12.13</b>	+0,78			
50m: 32.26	32.26	250m: 3:03.04	38.54	450m: 5:39.36	39.56	650m: 8:17.00	38.79
100m: 1:08.24	35.98	300m: 3:41.66	38.62	500m: 6:18.84	39.48	700m: 8:55.67	38.67
150m: 1:46.18	37.94	350m: 4:20.57	38.91	550m: 6:58.44	39.60	750m: 9:34.29	38.62
200m: 2:24.50	38.32	400m: 4:59.80	39.23	600m: 7:38.21	39.77	800m: 10:12.13	37.84

all-in

1. Mireia Belmonte Garcia	Spain	1990belm	<b>8:22.78</b>	+0,83			
<i>Championship record</i>							
50m: 30.03	30.03	250m: 2:37.75	32.28	450m: 4:44.87	31.38	650m: 6:50.56	31.42
100m: 1:01.49	31.46	300m: 3:09.71	31.96	500m: 5:16.20	31.33	700m: 7:21.51	30.95
150m: 1:33.57	32.08	350m: 3:41.84	32.13	550m: 5:47.93	31.73	750m: 7:52.59	31.08
200m: 2:05.47	31.90	400m: 4:13.49	31.65	600m: 6:19.14	31.21	800m: 8:22.78	30.19

Mistakes?

Mail to: nkschrijvingen@knzb.nl

Splash Meet Manager 11, Build 17983

Registered to KNZB

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Event 24, Women, 800m Freestyle, all-in

rank	name	club name	time	RT	pts			
2.	Lotte Friis	Danish SF	1988friis	<b>8:24.31</b>	+0,78			
	50m: 28.78	28.78	250m: 2:34.88	31.87	450m: 4:42.26	31.15	650m: 6:49.54	31.83
	100m: 59.63	30.85	300m: 3:06.95	32.07	500m: 5:14.04	31.78	700m: 7:21.89	32.35
	150m: 1:31.10	31.47	350m: 3:38.85	31.90	550m: 5:45.57	31.53	750m: 7:53.97	32.08
	200m: 2:03.01	31.91	400m: 4:11.11	32.26	600m: 6:17.71	32.14	800m: 8:24.31	30.34
3.	Grainne Murphy	Swim Ireland	1993murp	<b>8:31.14</b>	+0,80			
	50m: 29.60	29.60	250m: 2:36.77	32.13	450m: 4:45.59	31.98	650m: 6:55.04	32.21
	100m: 1:00.98	31.38	300m: 3:09.00	32.23	500m: 5:17.94	32.35	700m: 7:27.56	32.52
	150m: 1:32.75	31.77	350m: 3:41.28	32.28	550m: 5:50.42	32.48	750m: 7:59.73	32.17
	200m: 2:04.64	31.89	400m: 4:13.61	32.33	600m: 6:22.83	32.41	800m: 8:31.14	31.41
4.	Eleanor Faulkner	City of Sheffield SS	42774	<b>8:31.55</b>	+0,74			
	50m: 29.41	29.41	250m: 2:37.82	32.09	450m: 4:46.26	31.84	650m: 6:55.94	32.43
	100m: 1:01.41	32.00	300m: 3:10.13	32.31	500m: 5:18.71	32.45	700m: 7:28.42	32.48
	150m: 1:33.51	32.10	350m: 3:42.31	32.18	550m: 5:50.98	32.27	750m: 8:00.43	32.01
	200m: 2:05.73	32.22	400m: 4:14.42	32.11	600m: 6:23.51	32.53	800m: 8:31.55	31.12
5.	Erika Villaecija Garcia	Spain	1984villa	<b>8:32.00</b>	+0,78			
	50m: 30.33	30.33	250m: 2:37.77	32.16	450m: 4:45.89	31.75	650m: 6:55.35	32.42
	100m: 1:01.81	31.48	300m: 3:09.95	32.18	500m: 5:18.08	32.19	700m: 7:27.91	32.56
	150m: 1:33.73	31.92	350m: 3:42.10	32.15	550m: 5:50.47	32.39	750m: 8:00.50	32.59
	200m: 2:05.61	31.88	400m: 4:14.14	32.04	600m: 6:22.93	32.46	800m: 8:32.00	31.50
6.	Claudia Dasca Romeu	Spain	1994dasc	<b>8:37.97</b>	+0,75			
	50m: 30.05	30.05	250m: 2:38.14	32.19	450m: 4:47.84	32.50	650m: 6:59.30	32.89
	100m: 1:01.86	31.81	300m: 3:10.46	32.32	500m: 5:20.64	32.80	700m: 7:32.70	33.40
	150m: 1:33.71	31.85	350m: 3:42.66	32.20	550m: 5:53.44	32.80	750m: 8:05.53	32.83
	200m: 2:05.95	32.24	400m: 4:15.34	32.68	600m: 6:26.41	32.97	800m: 8:37.97	32.44
7.	Alessia Filippi	Italy National Team	1987fili	<b>8:43.26</b>	+0,89			
	50m: 31.35	31.35	250m: 2:42.56	32.91	450m: 4:54.27	32.97	650m: 7:05.88	32.89
	100m: 1:03.85	32.50	300m: 3:15.43	32.87	500m: 5:27.04	32.77	700m: 7:38.58	32.70
	150m: 1:36.93	33.08	350m: 3:48.53	33.10	550m: 6:00.06	33.02	750m: 8:11.50	32.92
	200m: 2:09.65	32.72	400m: 4:21.30	32.77	600m: 6:32.99	32.93	800m: 8:43.26	31.76
8.	Beatriz Gomes Cortes	Spain	1994gome	<b>8:44.91</b>	+0,76			
	50m: 29.97	29.97	250m: 2:40.48	32.81	450m: 4:53.61	32.91	650m: 7:06.51	33.03
	100m: 1:02.11	32.14	300m: 3:13.88	33.40	500m: 5:26.98	33.37	700m: 7:39.96	33.45
	150m: 1:34.93	32.82	350m: 3:47.21	33.33	550m: 6:00.46	33.48	750m: 8:12.69	32.73
	200m: 2:07.67	32.74	400m: 4:20.70	33.49	600m: 6:33.48	33.02	800m: 8:44.91	32.22
9.	Danielle Huskisson	City of Sunderland	40974	<b>8:52.23</b>	+0,73			
	50m: 30.65	30.65	250m: 2:43.71	33.28	450m: 4:57.59	33.64	650m: 7:12.52	33.88
	100m: 1:03.64	32.99	300m: 3:16.98	33.27	500m: 5:31.19	33.60	700m: 7:46.15	33.63
	150m: 1:36.93	33.29	350m: 3:50.47	33.49	550m: 6:04.96	33.77	750m: 8:19.68	33.53
	200m: 2:10.43	33.50	400m: 4:23.95	33.48	600m: 6:38.64	33.68	800m: 8:52.23	32.55
10.	Nuala Murphy	Swim Ireland	1989murp	<b>8:58.80</b>	+0,67			
	50m: 31.49	31.49	250m: 2:47.98	34.35	450m: 5:03.29	32.82	650m: 7:17.80	33.86
	100m: 1:05.12	33.63	300m: 3:22.24	34.26	500m: 5:36.64	33.35	700m: 7:51.84	34.04
	150m: 1:39.40	34.28	350m: 3:56.37	34.13	550m: 6:10.13	33.49	750m: 8:25.93	34.09
	200m: 2:13.63	34.23	400m: 4:30.47	34.10	600m: 6:43.94	33.81	800m: 8:58.80	32.87
11.	Judith Stap	EIFFELswimmersPSV	199302702	<b>8:59.86</b>	+0,73			
	50m: 30.66	30.66	250m: 2:46.93	33.94	450m: 5:02.95	34.38	650m: 7:19.55	34.16
	100m: 1:04.59	33.93	300m: 3:20.46	33.53	500m: 5:37.24	34.29	700m: 7:53.75	34.20
	150m: 1:38.95	34.36	350m: 3:54.50	34.04	550m: 6:11.38	34.14	750m: 8:27.62	33.87
	200m: 2:12.99	34.04	400m: 4:28.57	34.07	600m: 6:45.39	34.01	800m: 8:59.86	32.24
12.	Marieke Nijhuis	EIFFELswimmersPSV	199201296	<b>9:00.35</b>	+0,78			
	50m: 30.51	30.51	250m: 2:46.28	34.15	450m: 5:03.18	34.18	650m: 7:19.71	34.04
	100m: 1:04.23	33.72	300m: 3:20.43	34.15	500m: 5:37.20	34.02	700m: 7:53.90	34.19
	150m: 1:37.80	33.57	350m: 3:54.81	34.38	550m: 6:11.22	34.02	750m: 8:27.79	33.89
	200m: 2:12.13	34.33	400m: 4:29.00	34.19	600m: 6:45.67	34.45	800m: 9:00.35	32.56
13.	Bianca Hauzer	South Africa	1994hauz	<b>9:10.84</b>	+0,79			
	50m: 31.11	31.11	250m: 2:48.21	34.60	450m: 5:07.39	34.83	650m: 7:27.03	35.11
	100m: 1:04.88	33.77	300m: 3:22.80	34.59	500m: 5:42.13	34.74	700m: 8:02.06	35.03
	150m: 1:39.16	34.28	350m: 3:57.52	34.72	550m: 6:17.14	35.01	750m: 8:37.14	35.08
	200m: 2:13.61	34.45	400m: 4:32.56	35.04	600m: 6:51.92	34.78	800m: 9:10.84	33.70
14.	Rebecca Murray	First	148275	<b>9:11.16</b>	+0,85			
	50m: 31.23	31.23	250m: 2:49.78	35.31	450m: 5:09.91	34.69	650m: 7:28.45	34.88
	100m: 1:05.48	34.25	300m: 3:25.20	35.42	500m: 5:44.43	34.52	700m: 8:03.29	34.84
	150m: 1:40.12	34.64	350m: 4:00.41	35.21	550m: 6:18.93	34.50	750m: 8:37.83	34.54
	200m: 2:14.47	34.35	400m: 4:35.22	34.81	600m: 6:53.57	34.64	800m: 9:11.16	33.33
15.	Leonie van Noort	De Zijl/LGB	199301752	<b>9:11.17</b>	+0,87			
	50m: 30.65	30.65	250m: 2:47.33	34.41	450m: 5:08.10	35.17	650m: 7:28.78	34.74
	100m: 1:04.49	33.84	300m: 3:22.64	35.31	500m: 5:43.51	35.41	700m: 8:03.90	35.12
	150m: 1:38.77	34.28	350m: 3:57.72	35.08	550m: 6:18.84	35.33	750m: 8:38.38	34.48
	200m: 2:12.92	34.15	400m: 4:32.93	35.21	600m: 6:54.04	35.20	800m: 9:11.17	32.79

Event 24, Women, 800m Freestyle, all-in

rank	name	club name	time	RT	pts			
16.	Marion van den Berg	DWK	198600272	9:12.01	+0,84			
	50m: 31.05	31.05	250m: 2:48.44	34.56	450m: 5:08.78	35.27	650m: 7:29.83	35.04
	100m: 1:04.53	33.48	300m: 3:23.37	34.93	500m: 5:44.34	35.56	700m: 8:04.74	34.91
	150m: 1:39.19	34.66	350m: 3:58.22	34.85	550m: 6:19.64	35.30	750m: 8:39.16	34.42
	200m: 2:13.88	34.69	400m: 4:33.51	35.29	600m: 6:54.79	35.15	800m: 9:12.01	32.85
17.	Helen McRoberts	Warrender Baths Club	28274	9:23.06	+0,71			
	50m: 32.76	32.76	250m: 2:52.59	35.33	450m: 5:14.20	35.52	650m: 7:37.06	35.70
	100m: 1:07.08	34.32	300m: 3:27.73	35.14	500m: 5:49.86	35.66	700m: 8:12.83	35.77
	150m: 1:42.09	35.01	350m: 4:03.12	35.39	550m: 6:25.70	35.84	750m: 8:48.61	35.78
	200m: 2:17.26	35.17	400m: 4:38.68	35.56	600m: 7:01.36	35.66	800m: 9:23.06	34.45
18.	Pauline van Dam	EIFFELswimmersPSV	199304422	9:24.34	+0,86			
	50m: 32.01	32.01	250m: 2:50.57	34.86	450m: 5:11.15	35.28	650m: 7:36.05	36.54
	100m: 1:06.45	34.44	300m: 3:25.44	34.87	500m: 5:46.94	35.79	700m: 8:12.57	36.52
	150m: 1:41.09	34.64	350m: 4:00.75	35.31	550m: 6:23.13	36.19	750m: 8:49.24	36.67
	200m: 2:15.71	34.62	400m: 4:35.87	35.12	600m: 6:59.51	36.38	800m: 9:24.34	35.10
19.	Oda Gjerde	Bryne Symjeklubb	1995gjer	9:25.97	+0,78			
	50m: 32.19	32.19	250m: 2:52.37	35.14	450m: 5:14.89	35.42	650m: 7:38.59	35.64
	100m: 1:06.86	34.67	300m: 3:27.90	35.53	500m: 5:50.89	36.00	700m: 8:15.13	36.54
	150m: 1:41.75	34.89	350m: 4:03.57	35.67	550m: 6:26.57	35.68	750m: 8:51.00	35.87
	200m: 2:17.23	35.48	400m: 4:39.47	35.90	600m: 7:02.95	36.38	800m: 9:25.97	34.97
20.	Manon Friskes	DWK	199701566	9:27.68	+0,77			
	50m: 30.47	30.47	250m: 2:50.38	35.68	450m: 5:14.43	36.13	650m: 7:40.31	36.34
	100m: 1:04.23	33.76	300m: 3:26.25	35.87	500m: 5:50.88	36.45	700m: 8:16.71	36.40
	150m: 1:39.19	34.96	350m: 4:02.23	35.98	550m: 6:27.65	36.77	750m: 8:52.90	36.19
	200m: 2:14.70	35.51	400m: 4:38.30	36.07	600m: 7:03.97	36.32	800m: 9:27.68	34.78
21.	Iris Pijtak	AZ&PC	199300602	9:28.55	+0,75			
	50m: 31.45	31.45	250m: 2:54.70	36.35	450m: 5:19.64	35.76	650m: 7:43.96	35.82
	100m: 1:06.12	34.67	300m: 3:31.06	36.36	500m: 5:55.84	36.20	700m: 8:20.15	36.19
	150m: 1:41.97	35.85	350m: 4:07.59	36.53	550m: 6:32.04	36.20	750m: 8:55.29	35.14
	200m: 2:18.35	36.38	400m: 4:43.88	36.29	600m: 7:08.14	36.10	800m: 9:28.55	33.26
22.	Anouque Berghuis	De Zijl/LGB	199606132	9:30.25	+0,78			
	50m: 30.82	30.82	250m: 2:52.81	36.28	450m: 5:17.74	36.16	650m: 7:43.72	36.72
	100m: 1:05.16	34.34	300m: 3:29.07	36.26	500m: 5:54.42	36.68	700m: 8:20.13	36.41
	150m: 1:40.69	35.53	350m: 4:05.33	36.26	550m: 6:30.32	35.90	750m: 8:55.43	35.30
	200m: 2:16.53	35.84	400m: 4:41.58	36.25	600m: 7:07.00	36.68	800m: 9:30.25	34.82
23.	Lisa van Breugel	BZV	199506804	9:31.66	+0,87			
	50m: 31.87	31.87	250m: 2:53.37	35.76	450m: 5:17.26	36.03	650m: 7:43.39	36.75
	100m: 1:06.44	34.57	300m: 3:29.40	36.03	500m: 5:53.28	36.02	700m: 8:20.24	36.85
	150m: 1:42.02	35.58	350m: 4:05.47	36.07	550m: 6:29.82	36.54	750m: 8:56.63	36.39
	200m: 2:17.61	35.59	400m: 4:41.23	35.76	600m: 7:06.64	36.82	800m: 9:31.66	35.03
24.	Shireen Post	AZ&PC	199503286	9:36.14	+0,90			
	50m: 32.34	32.34	250m: 2:55.00	35.90	450m: 5:19.86	36.15	650m: 7:46.27	36.90
	100m: 1:07.42	35.08	300m: 3:31.01	36.01	500m: 5:56.18	36.32	700m: 8:23.21	36.94
	150m: 1:43.05	35.63	350m: 4:07.33	36.32	550m: 6:32.68	36.50	750m: 9:00.44	37.23
	200m: 2:19.10	36.05	400m: 4:43.71	36.38	600m: 7:09.37	36.69	800m: 9:36.14	35.70
25.	Evelien van Ruiten	Orca	199602924	9:38.81	+0,92			
	50m: 32.13	32.13	250m: 2:56.36	36.70	450m: 5:24.55	37.04	650m: 7:52.30	36.55
	100m: 1:07.13	35.00	300m: 3:33.38	37.02	500m: 6:01.39	36.84	700m: 8:28.94	36.64
	150m: 1:43.18	36.05	350m: 4:10.63	37.25	550m: 6:38.68	37.29	750m: 9:05.17	36.23
	200m: 2:19.66	36.48	400m: 4:47.51	36.88	600m: 7:15.75	37.07	800m: 9:38.81	33.64
26.	Maya Kingma	SBC2000	199503824	9:40.52	+0,72			
	50m: 31.96	31.96	250m: 2:55.65	36.51	450m: 5:23.18	37.08	650m: 7:51.54	37.02
	100m: 1:07.34	35.38	300m: 3:32.13	36.48	500m: 6:00.09	36.91	700m: 8:28.75	37.21
	150m: 1:43.02	35.68	350m: 4:09.27	37.14	550m: 6:37.44	37.35	750m: 9:04.99	36.24
	200m: 2:19.14	36.12	400m: 4:46.10	36.83	600m: 7:14.52	37.08	800m: 9:40.52	35.53
27.	Brenda Zwarthoed	DAW	199604938	9:43.06	+0,72			
	50m: 30.81	30.81	250m: 2:53.09	36.10	450m: 5:20.72	37.31	650m: 7:51.84	37.70
	100m: 1:05.27	34.46	300m: 3:29.77	36.68	500m: 5:58.54	37.82	700m: 8:29.44	37.60
	150m: 1:40.81	35.54	350m: 4:06.40	36.63	550m: 6:36.55	38.01	750m: 9:06.40	36.96
	200m: 2:16.99	36.18	400m: 4:43.41	37.01	600m: 7:14.14	37.59	800m: 9:43.06	36.66
28.	Lindy Nijhuis	OZ&PC	199700010	9:49.73	+0,87			
	50m: 32.56	32.56	250m: 2:58.38	36.68	450m: 5:28.15	37.53	650m: 7:59.35	38.01
	100m: 1:08.32	35.76	300m: 3:35.68	37.30	500m: 6:05.91	37.76	700m: 8:37.21	37.86
	150m: 1:44.78	36.46	350m: 4:13.11	37.43	550m: 6:43.52	37.61	750m: 9:14.15	36.94
	200m: 2:21.70	36.92	400m: 4:50.62	37.51	600m: 7:21.34	37.82	800m: 9:49.73	35.58
29.	Maud Hoofs	Racing Club	199501206	10:00.12	+0,69			
	50m: 32.82	32.82	250m: 3:02.30	37.84	450m: 5:34.05	38.46	650m: 8:07.54	38.66
	100m: 1:09.72	36.90	300m: 3:39.97	37.67	500m: 6:12.58	38.53	700m: 8:46.17	38.63
	150m: 1:47.25	37.53	350m: 4:18.11	38.14	550m: 6:51.08	38.50	750m: 9:23.97	37.80
	200m: 2:24.46	37.21	400m: 4:55.59	37.48	600m: 7:28.88	37.80	800m: 10:00.12	36.15

Event 24, Women, 800m Freestyle, all-in

rank	name	club name						time	RT	pts
30.	Laura Hagreis	OZ&PC				199600548		<b>10:02.78</b>	+0,80	
	50m: 32.74	32.74	250m: 3:01.56	37.83	450m: 5:34.90	38.68	650m: 8:09.02	38.39		
	100m: 1:09.08	36.34	300m: 3:39.52	37.96	500m: 6:13.64	38.74	700m: 8:47.63	38.61		
	150m: 1:46.15	37.07	350m: 4:17.66	38.14	550m: 6:52.22	38.58	750m: 9:25.77	38.14		
	200m: 2:23.73	37.58	400m: 4:56.22	38.56	600m: 7:30.63	38.41	800m: 10:02.78	37.01		
31.	Eva Werkman	Zwemlust den Hommel				199703458		<b>10:10.98</b>	+0,86	
	50m: 32.79	32.79	250m: 3:04.65	38.55	450m: 5:40.03	38.45	650m: 8:15.82	38.59		
	100m: 1:09.76	36.97	300m: 3:43.70	39.05	500m: 6:19.44	39.41	700m: 8:54.52	38.70		
	150m: 1:47.86	38.10	350m: 4:22.28	38.58	550m: 6:58.26	38.82	750m: 9:33.32	38.80		
	200m: 2:26.10	38.24	400m: 5:01.58	39.30	600m: 7:37.23	38.97	800m: 10:10.98	37.66		
32.	Elisabeth Rivard	WVZ				199600244		<b>10:12.13</b>	+0,78	
	50m: 32.26	32.26	250m: 3:03.04	38.54	450m: 5:39.36	39.56	650m: 8:17.00	38.79		
	100m: 1:08.24	35.98	300m: 3:41.66	38.62	500m: 6:18.84	39.48	700m: 8:55.67	38.67		
	150m: 1:46.18	37.94	350m: 4:20.57	38.91	550m: 6:58.44	39.60	750m: 9:34.29	38.62		
	200m: 2:24.50	38.32	400m: 4:59.80	39.23	600m: 7:38.21	39.77	800m: 10:12.13	37.84		
DNS	Sietske Veldkamp	ZPC De Hof				199501628				

Open Nederlandse Kampioenschappen Zwemmen  
Eindhoven, 2- - 4-12-2011



Event 21  
03-12-2011

Men, 400m Medley

Jeugd/Senioren  
Results

World Record	4:03.84	Michael Phelps	Beijing (CHN)	10-08-2008
European Record	4:06.16	Laszlo Cseh	Beijing (CHN)	10-08-2008
Nederlands Record Senioren	4:15.38	Marcel Wouda	Sevilla (ESP)	20-08-1997
Nederlands Record Jeugd	4:26.60	Sam van de Schootbrugge	Helsinki (FIN)	18-07-2010
Limiet OS 2012 Londen	4:15.50			
Richttijd EK 2012 Antwerpen	4:20.48			
Richttijd EJK 2012 Antwerpen	4:29.34			

rank name club name time RT pts  
Jeugd 1 en 2 provisional results

Louis Croenen	ShaRK	SHARK/133/94	<b>4:31.40</b>	+0,72			
50m: 28.54	28.54	150m: 1:36.72	35.23	250m: 2:49.13	39.22	350m: 4:01.43	32.36
100m: 1:01.49	32.95	200m: 2:09.91	33.19	300m: 3:29.07	39.94	400m: 4:31.40	29.97
Ensgar Kotterink	Netherlands	58368	<b>4:38.35</b>	+0,72			
50m: 28.66	28.66	150m: 1:37.72	35.87	250m: 2:53.16	39.96	350m: 4:07.26	32.78
100m: 1:01.85	33.19	200m: 2:13.20	35.48	300m: 3:34.48	41.32	400m: 4:38.35	31.09
Brendan Hyland	Tallaght	1994hyla	<b>4:46.38</b>	+0,78			
50m: 29.65	29.65	150m: 1:41.55	38.12	250m: 2:59.86	41.41	350m: 4:15.11	33.28
100m: 1:03.43	33.78	200m: 2:18.45	36.90	300m: 3:41.83	41.97	400m: 4:46.38	31.27
Niels van Basten Batenburg	ZC Valkenburg	199400593	<b>4:47.87</b>	+0,73			
50m: 29.22	29.22	150m: 1:39.82	37.05	250m: 2:58.94	42.42	350m: 4:15.51	34.35
100m: 1:02.77	33.55	200m: 2:16.52	36.70	300m: 3:41.16	42.22	400m: 4:47.87	32.36
Diego De Meyer	De Bruinvis	199500467	<b>4:51.06</b>	+0,67			
50m: 28.55	28.55	150m: 1:41.69	39.64	250m: 2:59.28	40.70	350m: 4:16.23	35.34
100m: 1:02.05	33.50	200m: 2:18.58	36.89	300m: 3:40.89	41.61	400m: 4:51.06	34.83
Ramon Fredrik	Orca	199403933	<b>4:52.83</b>	+0,73			
50m: 28.85	28.85	150m: 1:41.48	39.61	250m: 3:01.61	42.20	350m: 4:19.67	35.28
100m: 1:01.87	33.02	200m: 2:19.41	37.93	300m: 3:44.39	42.78	400m: 4:52.83	33.16
Arjan Knipping	Livo	199401667	<b>4:59.19</b>	+0,72			
50m: 30.41	30.41	150m: 1:44.26	38.34	250m: 3:04.64	42.62	350m: 4:24.30	37.16
100m: 1:05.92	35.51	200m: 2:22.02	37.76	300m: 3:47.14	42.50	400m: 4:59.19	34.89
Arjan Hanse	AZ&PC	199500657	<b>5:00.91</b>	+0,79			
50m: 31.23	31.23	150m: 1:50.69	40.08	250m: 3:10.67	43.13	350m: 4:29.11	35.40
100m: 1:10.61	39.38	200m: 2:27.54	36.85	300m: 3:53.71	43.04	400m: 5:00.91	31.80
Rowan Keen	Borger	199500727	<b>5:03.80</b>	+0,88			
50m: 31.68	31.68	150m: 1:48.26	39.66	250m: 3:08.91	43.14	350m: 4:29.47	35.77
100m: 1:08.60	36.92	200m: 2:25.77	37.51	300m: 3:53.70	44.79	400m: 5:03.80	34.33
Kevin Wolters	HGN (SG)	199501965	<b>5:05.33</b>	+0,74			
50m: 31.39	31.39	150m: 1:51.20	43.31	250m: 3:12.77	38.71	350m: 4:30.05	36.86
100m: 1:07.89	36.50	200m: 2:34.06	42.86	300m: 3:53.19	40.42	400m: 5:05.33	35.28
Sem van Lith	Aqua-Novio'94	199501851	<b>5:06.98</b>	+0,66			
50m: 28.63	28.63	150m: 1:44.26	40.66	250m: 3:06.76	43.52	350m: 4:29.20	38.44
100m: 1:03.60	34.97	200m: 2:23.24	38.98	300m: 3:50.76	44.00	400m: 5:06.98	37.78
Vincent Moolhuijsen	Oceanus	199401215	<b>5:09.71</b>	+0,78			
50m: 30.23	30.23	150m: 1:48.30	41.02	250m: 3:14.04	45.66	350m: 4:34.74	34.04
100m: 1:07.28	37.05	200m: 2:28.38	40.08	300m: 4:00.70	46.66	400m: 5:09.71	34.97
Valentin Decossaux	Swimming Team Tienen	STT/190/95	<b>5:19.98</b>	+0,74			
50m: 31.22	31.22	150m: 1:53.70	42.73	250m: 3:20.10	45.04	350m: 4:44.01	37.85
100m: 1:10.97	39.75	200m: 2:35.06	41.36	300m: 4:06.16	46.06	400m: 5:19.98	35.97

sick Alastair Miley Garioch ASC 71878

all-in provisional results

Markus Rogan	Austrian SF	1982rogan	<b>4:17.03</b>	+0,81			
<i>Championship Record</i>							
50m: 27.05	27.05	150m: 1:30.23	32.65	250m: 2:38.53	36.41	350m: 3:47.07	31.49
100m: 57.58	30.53	200m: 2:02.12	31.89	300m: 3:15.58	37.05	400m: 4:17.03	29.96
Thomas Haffield	City of Cardiff SC	31534	<b>4:18.59</b>	+0,71			
50m: 28.17	28.17	150m: 1:33.29	33.20	250m: 2:41.23	35.46	350m: 3:48.87	30.86
100m: 1:00.09	31.92	200m: 2:05.77	32.48	300m: 3:18.01	36.78	400m: 4:18.59	29.72

Mistakes? Mail to: nkschrijvingen@knzb.nl

Open Nederlandse Kampioenschappen Zwemmen  
Eindhoven, 2- - 4-12-2011



Event 21, Men, 400m Medley, all-in

rank	name	club name	time	RT	pts			
	<b>Xavier Mohammed</b>	<b>City of Cardiff SC</b>	<b>39818</b>	<b>4:19.43</b>	<b>+0,67</b>			
	50m: 28.56	28.56	150m: 1:34.24	32.76	250m: 2:42.72	36.49	350m: 3:50.55	30.36
	100m: 1:01.48	32.92	200m: 2:06.23	31.99	300m: 3:20.19	37.47	400m: 4:19.43	28.88
	<b>Simon Sjödin</b>	<b>Simklubben Neptun</b>	<b>AG6786</b>	<b>4:20.96</b>	<b>+0,68</b>			
	50m: 26.58	26.58	150m: 1:32.06	34.01	250m: 2:42.13	36.43	350m: 3:51.39	31.20
	100m: 58.05	31.47	200m: 2:05.70	33.64	300m: 3:20.19	38.06	400m: 4:20.96	29.57
	<b>Roberto Pavoni</b>	<b>Loughborough ITC</b>	<b>37306</b>	<b>4:21.45</b>	<b>+0,69</b>			
	50m: 27.62	27.62	150m: 1:33.32	34.03	250m: 2:43.23	36.30	350m: 3:52.07	31.27
	100m: 59.29	31.67	200m: 2:06.93	33.61	300m: 3:20.80	37.57	400m: 4:21.45	29.38
	<b>Lewis Smith</b>	<b>Warrender</b>	<b>69260</b>	<b>4:25.11</b>	<b>+0,72</b>			
	50m: 28.47	28.47	150m: 1:35.09	34.41	250m: 2:46.22	37.65	350m: 3:55.28	31.65
	100m: 1:00.68	32.21	200m: 2:08.57	33.48	300m: 3:23.63	37.41	400m: 4:25.11	29.83
	<b>Taki M'rabet</b>	<b>Tunisia</b>	<b>1989mrab</b>	<b>4:26.19</b>	<b>+0,73</b>			
	50m: 27.45	27.45	150m: 1:35.12	35.32	250m: 2:46.76	37.56	350m: 3:56.17	31.20
	100m: 59.80	32.35	200m: 2:09.20	34.08	300m: 3:24.97	38.21	400m: 4:26.19	30.02
	<b>Gal Nevo</b>	<b>Israel</b>	<b>1987nevo</b>	<b>4:29.98</b>	<b>+0,64</b>			
	50m: 28.87	28.87	150m: 1:36.81	35.10	250m: 2:48.34	36.70	350m: 3:58.18	32.05
	100m: 1:01.71	32.84	200m: 2:11.64	34.83	300m: 3:26.13	37.79	400m: 4:29.98	31.80
	<b>Louis Croenen</b>	<b>ShaRK</b>	<b>SHARK/133/94</b>	<b>4:31.40</b>	<b>+0,72</b>			
	50m: 28.54	28.54	150m: 1:36.72	35.23	250m: 2:49.13	39.22	350m: 4:01.43	32.36
	100m: 1:01.49	32.95	200m: 2:09.91	33.19	300m: 3:29.07	39.94	400m: 4:31.40	29.97
	<b>David Gregory</b>	<b>City of Sheffield SS</b>	<b>57049</b>	<b>4:34.90</b>	<b>+0,78</b>			
	50m: 27.46	27.46	150m: 1:35.25	35.27	250m: 2:49.54	39.97	350m: 4:02.76	33.26
	100m: 59.98	32.52	200m: 2:09.57	34.32	300m: 3:29.50	39.96	400m: 4:34.90	32.14
	<b>Ensger Kotterink</b>	<b>Netherlands</b>	<b>58368</b>	<b>4:38.35</b>	<b>+0,72</b>			
	50m: 28.66	28.66	150m: 1:37.72	35.87	250m: 2:53.16	39.96	350m: 4:07.26	32.78
	100m: 1:01.85	33.19	200m: 2:13.20	35.48	300m: 3:34.48	41.32	400m: 4:38.35	31.09
	<b>Vasilii Danilov</b>	<b>SG Dortmund</b>	<b>1988dani</b>	<b>4:39.53</b>	<b>+0,78</b>			
	50m: 28.29	28.29	150m: 1:38.47	37.31	250m: 2:54.59	39.77	350m: 4:07.52	32.19
	100m: 1:01.16	32.87	200m: 2:14.82	36.35	300m: 3:35.33	40.74	400m: 4:39.53	32.01
	<b>Sebas van Lith</b>	<b>Aqua-Novio'94</b>	<b>199001841</b>	<b>4:39.72</b>	<b>+0,83</b>			
	50m: 27.75	27.75	150m: 1:37.44	36.43	250m: 2:52.75	39.62	350m: 4:07.01	33.59
	100m: 1:01.01	33.26	200m: 2:13.13	35.69	300m: 3:33.42	40.67	400m: 4:39.72	32.71
	<b>Marcel Schouten</b>	<b>EIFFELswimmersPSV</b>	<b>199300653</b>	<b>4:40.76</b>	<b>+0,71</b>			
	50m: 29.10	29.10	150m: 1:39.01	36.11	250m: 2:55.01	39.88	350m: 4:09.04	33.45
	100m: 1:02.90	33.80	200m: 2:15.13	36.12	300m: 3:35.59	40.58	400m: 4:40.76	31.72
	<b>Craig McNally</b>	<b>Warrender Baths Club</b>	<b>189174</b>	<b>4:41.40</b>	<b>+0,75</b>			
	50m: 29.05	29.05	150m: 1:39.37	35.57	250m: 2:55.98	42.85	350m: 4:12.16	33.11
	100m: 1:03.80	34.75	200m: 2:13.13	33.76	300m: 3:39.05	43.07	400m: 4:41.40	29.24
	<b>Raymond van de Merwe</b>	<b>WVZ</b>	<b>198602077</b>	<b>4:42.34</b>	<b>+0,74</b>			
	50m: 28.28	28.28	150m: 1:38.58	36.95	250m: 2:54.25	39.60	350m: 4:09.29	34.06
	100m: 1:01.63	33.35	200m: 2:14.65	36.07	300m: 3:35.23	40.98	400m: 4:42.34	33.05
	<b>Colm Dowling</b>	<b>Kilkenny</b>	<b>1989dowl</b>	<b>4:44.18</b>	<b>+0,68</b>			
	50m: 28.84	28.84	150m: 1:40.35	37.08	250m: 2:56.96	40.97	350m: 4:11.17	32.52
	100m: 1:03.27	34.43	200m: 2:15.99	35.64	300m: 3:38.65	41.69	400m: 4:44.18	33.01
	<b>Brendan Hyland</b>	<b>Tallaght</b>	<b>1994hyla</b>	<b>4:46.38</b>	<b>+0,78</b>			
	50m: 29.65	29.65	150m: 1:41.55	38.12	250m: 2:59.86	41.41	350m: 4:15.11	33.28
	100m: 1:03.43	33.78	200m: 2:18.45	36.90	300m: 3:41.83	41.97	400m: 4:46.38	31.27
	<b>Niels van Basten Batenburg</b>	<b>ZC Valkenburg</b>	<b>199400593</b>	<b>4:47.87</b>	<b>+0,73</b>			
	50m: 29.22	29.22	150m: 1:39.82	37.05	250m: 2:58.94	42.42	350m: 4:15.51	34.35
	100m: 1:02.77	33.55	200m: 2:16.52	36.70	300m: 3:41.16	42.22	400m: 4:47.87	32.36
	<b>Diego De Meyer</b>	<b>De Bruinvis</b>	<b>199500467</b>	<b>4:51.06</b>	<b>+0,67</b>			
	50m: 28.55	28.55	150m: 1:41.69	39.64	250m: 2:59.28	40.70	350m: 4:16.23	35.34
	100m: 1:02.05	33.50	200m: 2:18.58	36.89	300m: 3:40.89	41.61	400m: 4:51.06	34.83
	<b>Ramon Fredrik</b>	<b>Orca</b>	<b>199403933</b>	<b>4:52.83</b>	<b>+0,73</b>			
	50m: 28.85	28.85	150m: 1:41.48	39.61	250m: 3:01.61	42.20	350m: 4:19.67	35.28
	100m: 1:01.87	33.02	200m: 2:19.41	37.93	300m: 3:44.39	42.78	400m: 4:52.83	33.16
	<b>Arjan Knipping</b>	<b>Livo</b>	<b>199401667</b>	<b>4:59.19</b>	<b>+0,72</b>			
	50m: 30.41	30.41	150m: 1:44.26	38.34	250m: 3:04.64	42.62	350m: 4:24.30	37.16
	100m: 1:05.92	35.51	200m: 2:22.02	37.76	300m: 3:47.14	42.50	400m: 4:59.19	34.89
	<b>Arjan Hanse</b>	<b>AZ&amp;PC</b>	<b>199500657</b>	<b>5:00.91</b>	<b>+0,79</b>			
	50m: 31.23	31.23	150m: 1:50.69	40.08	250m: 3:10.67	43.13	350m: 4:29.11	35.40
	100m: 1:10.61	39.38	200m: 2:27.54	36.85	300m: 3:53.71	43.04	400m: 5:00.91	31.80

Open Nederlandse Kampioenschappen Zwemmen  
Eindhoven, 2- - 4-12-2011



Event 21, Men, 400m Medley, all-in

rank	name	club name	time	RT	pts	
	<b>Rowan Keen</b>	<b>Borger</b>	<b>199500727</b>	<b>5:03.80</b>	<b>+0,88</b>	
	50m: 31.68	31.68	150m: 1:48.26	39.66	250m: 3:08.91	43.14
	100m: 1:08.60	36.92	200m: 2:25.77	37.51	300m: 3:53.70	44.79
					350m: 4:29.47	35.77
					400m: 5:03.80	34.33
	<b>Kevin Wolters</b>	<b>HGN (SG)</b>	<b>199501965</b>	<b>5:05.33</b>	<b>+0,74</b>	
	50m: 31.39	31.39	150m: 1:51.20	43.31	250m: 3:12.77	38.71
	100m: 1:07.89	36.50	200m: 2:34.06	42.86	300m: 3:53.19	40.42
					350m: 4:30.05	36.86
					400m: 5:05.33	35.28
	<b>Sem van Lith</b>	<b>Aqua-Novio'94</b>	<b>199501851</b>	<b>5:06.98</b>	<b>+0,66</b>	
	50m: 28.63	28.63	150m: 1:44.26	40.66	250m: 3:06.76	43.52
	100m: 1:03.60	34.97	200m: 2:23.24	38.98	300m: 3:50.76	44.00
					350m: 4:29.20	38.44
					400m: 5:06.98	37.78
	<b>Vincent Moolhuijsen</b>	<b>Oceanus</b>	<b>199401215</b>	<b>5:09.71</b>	<b>+0,78</b>	
	50m: 30.23	30.23	150m: 1:48.30	41.02	250m: 3:14.04	45.66
	100m: 1:07.28	37.05	200m: 2:28.38	40.08	300m: 4:00.70	46.66
					350m: 4:34.74	34.04
					400m: 5:09.71	34.97
	<b>Valentin Decossaux</b>	<b>Swimming Team Tienen</b>	<b>STT/190/95</b>	<b>5:19.98</b>	<b>+0,74</b>	
	50m: 31.22	31.22	150m: 1:53.70	42.73	250m: 3:20.10	45.04
	100m: 1:10.97	39.75	200m: 2:35.06	41.36	300m: 4:06.16	46.06
					350m: 4:44.01	37.85
					400m: 5:19.98	35.97
DSQ	<b>Kevin Eltink</b>	<b>DWK</b>	<b>199100589</b>		<b>SL</b>	
	50m:	150m:	250m:		350m:	
	100m:	200m:	300m:		400m:	
WDR	<b>Andrew Meegan</b>	<b>Aer Lingus</b>	<b>1990meeg</b>			
sick	<b>Alastair Miley</b>	<b>Garioch ASC</b>	<b>71878</b>			

Open Nederlandse Kampioenschappen Zwemmen  
Eindhoven, 2- - 4-12-2011

Event 25  
03-12-2011

Women, 4 x 100m Medley

Senioren Open  
Results

World Record	3:52.19	CHN	Rome (ITA)	01-08-2009
European Record	3:55.79	GER	Rome (ITA)	01-08-2009
Nederlands Record Senioren Ver.	4:08.01	De Dolfijn	Eindhoven	13-06-2009
Nederlands Record Jeugd Ver.	4:20.66	Eemsrobber	Amersfoort	03-07-1987

rank	club name	time	RT	pts
1.	<b>Deutscher SV 1</b> <i>Championship Record</i>	<b>4:07.52</b>	<b>+0,74</b>	
	Jenny Mensing +0,74 30.44 1:02.38 Sina Sutter +0,44 27.58 1:00.78			
	Caroline Ruhнау +0,25 31.90 1:09.03 Lisa Vitting +0,41 26.45 55.33			
2.	<b>Spain 1</b>	<b>4:07.66</b>	<b>+0,72</b>	
	Duane Da Roche Marce +0,72 30.53 1:01.80 Mireia Belmonte Garcia +0,11 28.21 1:00.75			
	Marina Garcia Urzainqui +0,33 32.87 1:09.87 Maria Fuster Martinez +0,09 26.62 55.24			
3.	<b>University of Bath 1</b>	<b>4:12.86</b>	<b>+0,59</b>	
	Rachel Williams +0,59 31.44 1:04.36 Jessica Dickons +0,24 27.96 1:00.19			
	Siobhan-Marie O'Connor +0,54 32.69 1:11.11 Amelia Maughan +0,49 27.41 57.20			
4.	<b>AZ&amp;PC 1</b>	<b>4:18.95</b>	<b>+0,61</b>	
	Laura Moolenaar +0,61 32.21 1:06.77 Kelly de Jong +0,25 27.50 1:00.21			
	Larissa Brak +0,40 33.87 1:13.59 Lotte Wilms +0,16 27.51 58.38			
5.	<b>MNC Dordrecht 1</b>	<b>4:32.69</b>	<b>+0,72</b>	
	Ela Hutten +0,72 33.21 1:09.51 Mariska Scheel +0,23 29.47 1:05.06			
	Estrella Wierikx +0,47 35.27 1:17.51 Kelly Wigleven +0,45 28.59 1:00.61			
6.	<b>De Dinkel 1</b>	<b>4:32.82</b>	<b>+0,76</b>	
	Silke Oude Weemink +0,76 33.09 1:08.59 Marlies Reinders +0,42 30.84 1:07.29			
	Lonne Dijkhuis +0,34 34.94 1:16.56 Loes Westerhof +0,23 28.01 1:00.38			
7.	<b>Orca 1</b>	<b>4:33.93</b>	<b>+0,66</b>	
	Annemarie Worst +0,66 31.95 1:03.96 Marre Zandringa +0,34 31.61 1:12.55			
	Cynthia Verkaik +0,46 35.57 1:15.24 Evelien van Ruiten +0,60 29.89 1:02.18			
8.	<b>De Columbiaan 1</b>	<b>4:36.95</b>	<b>+0,71</b>	
	Jaimy Lee Taskin +0,71 33.51 1:08.95 Jara Schmidt +0,12 30.70 1:07.76			
	Annelotte Mulder +0,44 36.44 1:19.58 Miranda Nijenhuis +0,45 28.48 1:00.66			
9.	<b>MNC Dordrecht 2</b>	<b>4:38.70</b>	<b>+1,01</b>	
	Sanne Advocaat +1,01 33.99 1:09.74 Milou Julicher +0,36 30.40 1:07.19			
	Kim Busch +0,47 35.40 1:15.76 Rosanne Ligtvoet +0,60 29.80 1:06.01			
10.	<b>Zeester-Meerval 2</b>	<b>4:40.00</b>	<b>+0,80</b>	
	Lotte Langenhoff +0,80 34.66 1:12.20 Inge Arts +0,12 30.67 1:07.94			
	Nikki Habers +0,21 36.61 1:18.74 Kim Loeffen +0,49 29.41 1:01.12			
11.	<b>HZPC 1</b>	<b>4:40.30</b>	<b>+0,73</b>	
	Manon Koster +0,73 35.28 1:14.33 Ingrid van Horen +0,55 31.45 1:07.47			
	Judith van Meijel +0,21 37.25 1:18.36 Michelle Verouden +0,33 29.36 1:00.14			
12.	<b>Zwemvereniging Hoorn 1</b> <i>100m*</i>	<b>4:40.49</b>	<b>+0,75</b>	
	Mirthe Lanfermeijer +0,75 32.42 1:06.53 Kristine Zwaan +0,26 31.44 1:11.20			
	Manon Wiersma 38.18 1:22.28 Femke Swier +0,36 28.60 1:00.48			
	<b>Racing Club 1</b>	<b>4:40.49</b>	<b>+0,67</b>	
	Kim Visser +0,67 34.55 1:11.54 Lisa van den Eng +0,32 32.34 1:12.34			
	Nicole Bennis +0,33 35.54 1:17.67 Dorien Butter +0,63 28.50 58.94			
14.	<b>OZ&amp;PC 1</b>	<b>4:41.90</b>	<b>+0,77</b>	
	Michelle Hoogendoorn +0,77 33.57 1:09.13 Kelly ter Doest +0,04 30.25 1:08.08			
	Demi Rothe +0,38 38.39 1:23.20 Laura Hagreis +0,28 29.54 1:01.49			
15.	<b>Nuenen 1</b>	<b>4:45.86</b>	<b>+0,65</b>	
	Colet Claessens +0,65 34.59 1:13.15 Samantha Kardol +0,48 32.75 1:10.13			
	Femke Hendriks +0,32 35.80 1:18.62 Susan Teijken +0,55 30.26 1:03.96			
16.	<b>De Columbiaan 2</b>	<b>4:48.71</b>	<b>+0,78</b>	
	Liset Jansen +0,78 34.38 1:10.58 Laura van Daalen +0,50 32.66 1:12.13			
	Chantal Warmerdam +0,22 38.26 1:22.35 Iris Forkink +0,42 30.20 1:03.65			
17.	<b>Zeester-Meerval 1</b>	<b>4:53.55</b>	<b>+0,73</b>	
	Judith Vos +0,73 37.77 1:17.15 Evy Ulijn +0,70 32.97 1:13.78			
	Elise Pennings +0,35 37.23 1:20.67 Bente van Bergen +0,09 29.58 1:01.95			
18.	<b>Netherlands 1</b>	<b>5:26.79</b>	<b>+0,69</b>	
	Marjie Oosterhuis +0,69 36.47 1:15.83 Chantal Molenkamp +0,26 33.32 1:14.80			
	Lisa den Braber +0,36 46.92 1:39.04 Mirjam de Koning - Peper +0,26 35.96 1:17.12			

Mistakes?

Mail to: [nknschrijvingen@knzb.nl](mailto:nknschrijvingen@knzb.nl)

Splash Meet Manager 11, Build 17983

Registered to KNZB

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Open Nederlandse Kampioenschappen Zwemmen  
Eindhoven, 2- - 4-12-2011

Event 25, Women, 4 x 100m Medley, Senioren Open

rank	club name	time	RT	pts
DSQ	De Dolfijn 1		EA +0,73	
	Evy Witlox	+0,73 31.97 1:05.31	+0,31 28.51	1:04.62
	Anouk Elzerman	+0,53 33.64 1:12.16	-0,10	
DSQ	HZ&PC Heerenveen 1		EA +0,70	
	Myrthe Sijtsema	+0,70 34.00 1:11.51		
	Karin van Dijk	-0,04		
WDR	Lyngby SK 1			
	Lyngby SK			



Event 26  
03-12-2011

Men, 4 x 100m Freestyle

Senioren Open  
Results

World Record	3:08.24	USA	Beijing (CHN)	11-08-2008
European Record	3:08.32	FRA	Beijing (CHN)	11-08-2008
Nederlands Record Senioren Ver.	3:20.78	De Dolfijn	Eindhoven	13-06-2009
Nederlands Record Jeugd Ver.	3:32.13	Eiffel Swimmers PSV	Eindhoven	13-06-2009

rank	club name	time	RT	pts
1.	<b>Team Marseille 2012 1</b> <i>Championship Record</i> Florent Manaudou Fabien Gilot	<b>3:20.06</b> +0,68 24.26 49.82 +0,31 23.51 49.86	<b>+0,68</b> 24.11 49.72 24.44 50.66	
	Gregory Mallet William Meynard	+0,28 +0,28	24.11 24.44	49.72 50.66
2.	<b>Team Marseille 2012 2</b> Yoris Grandjean Romain Magula	<b>3:23.42</b> +0,71 24.82 50.90 +0,09 24.40 50.52	<b>+0,71</b> 24.31 50.99 24.30 51.01	
	Mathieu Burtz Dorian Gandin	+0,20 +0,49	24.31 24.30	50.99 51.01
3.	<b>University of Bath 1</b> Calum Jarvis Christopher Walker-Hebborn	<b>3:25.72</b> +0,77 25.01 51.49 +0,11 24.15 50.68	<b>+0,77</b> 24.36 51.41 25.26 52.14	
	Richard Butler Kris Gilchrist	+0,18 +0,26	24.36 25.26	51.41 52.14
4.	<b>EIFFELswimmersPSV 1</b> Jasper van Mierlo Geert Lantink	<b>3:27.51</b> +0,69 24.09 51.48 +0,44 24.27 51.31	<b>+0,69</b> 24.69 51.63 25.32 53.09	
	Steven Nonnekes John Verhagen	+0,31 +0,30	24.69 25.32	51.63 53.09
5.	<b>MNC Dordrecht 1</b> Arjan van der Plaats Jeroen Baars	<b>3:28.28</b> +0,72 25.19 51.97 +0,40 24.28 51.20	<b>+0,72</b> 24.52 52.46 25.35 52.65	
	Djemail Ashruf Mark Baars	+0,54 +0,31	24.52 25.35	52.46 52.65
6.	<b>De Dolfijn 1</b> Tom Verbeek Ruben Dekker	<b>3:33.10</b> +0,69 25.83 54.18 +0,43 26.05 53.69	<b>+0,69</b> 25.13 52.29 25.23 52.94	
	Stanley Vleerlaag Dennis Eiveld	+0,34 +0,21	25.13 25.23	52.29 52.94
7.	<b>AZ&amp;PC 1</b> Aziz Nosairi Marciano Lynch	<b>3:33.80</b> +0,77 25.55 52.58 +0,12 25.04 54.37	<b>+0,77</b> 24.72 52.97 25.65 53.88	
	Pieter Jan de Vries Fabian Beimin	+0,26 +0,27	24.72 25.65	52.97 53.88
8.	<b>De Columbiaan 1</b> Eduard Bremmer Jan Kersten	<b>3:34.52</b> +0,75 25.07 52.33 +0,17 24.04 51.73	<b>+0,75</b> 25.34 53.71 26.83 56.75	
	Walter Jansen Menno van den Heuvel	+0,15 +0,36	25.34 26.83	53.71 56.75
9.	<b>Nayade 1</b> Tom Lommers Ruud van Bommel	<b>3:34.62</b> +0,70 25.21 53.35 +0,08 25.04 53.00	<b>+0,70</b> 25.43 54.09 25.51 54.18	
	Stefan Jacobs Kevin Hondsmark	+0,13 +0,29	25.43 25.51	54.09 54.18
10.	<b>De Dinkel 1</b> Sjoerd Zanderink Menno Manning	<b>3:37.00</b> +0,75 26.33 54.45 +0,31 25.59 53.60	<b>+0,75</b> 26.14 53.88 25.62 55.07	
	Pim Kienhuis Rense Loohuis	+0,37 +0,11	26.14 25.62	53.88 55.07
11.	<b>MNC Dordrecht 2</b> John Smit Victor Poot	<b>3:41.73</b> +0,77 26.17 54.16 +0,35 26.10 54.39	<b>+0,77</b> 25.90 54.83 27.07 58.35	
	Melvin van de Meij Tom van de Putte	+0,34 +0,39	25.90 27.07	54.83 58.35
12.	<b>HGN (SG) 1</b> Alan Smeets Stan Tummers	<b>3:44.02</b> +0,73 26.51 55.13 +0,45 27.14 56.72	<b>+0,73</b> 27.06 55.63 26.45 56.54	
	Davy Verreussel Ruben Klinkers	+0,52 +0,50	27.06 26.45	55.63 56.54