



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 1
02-12-2011

Men, 400m Freestyle

Jeugd/Senioren
Results

World Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
European Record	3:40.07	Paul Biedermann	Rome (ITA)	26-07-2009
Nederlands Record Senioren	3:47.20	Pieter van den Hoogenband	Amersfoort	20-04-2002
Nederlands Record Jeugd	3:55.65	Dion Dreesens	Belgrado (SRB)	06-07-2011
Limiet OS 2012 Londen	3:47.90			
Richttijd EK 2012 Antwerpen	3:51.49			
Richttijd EJK 2012 Antwerpen	3:58.01			

rank	name	club name	time	RT	pts			
					provisional results			
	Jeugd 1 en 2							
	Louis Croenen	ShaRK	SHARK/133/94	4:00.24	+0,74			
	50m: 28.06	28.06	150m: 1:28.92	30.52	250m: 2:29.75	30.31	350m: 3:30.59	30.29
	100m: 58.40	30.34	200m: 1:59.44	30.52	300m: 3:00.30	30.55	400m: 4:00.24	29.65
	Lander Hendrickx	BEST	BEST/241/94	4:00.38	+0,73			
	50m: 28.04	28.04	150m: 1:28.85	30.61	250m: 2:29.60	30.31	350m: 3:30.64	30.46
	100m: 58.24	30.20	200m: 1:59.29	30.44	300m: 3:00.18	30.58	400m: 4:00.38	29.74
	Maarten Brzoskowski	EIFFELswimmersPSV	199500769	4:05.97	+0,71			
	50m: 28.10	28.10	150m: 1:30.50	31.51	250m: 2:34.00	31.28	350m: 3:36.48	31.30
	100m: 58.99	30.89	200m: 2:02.72	32.22	300m: 3:05.18	31.18	400m: 4:05.97	29.49
	Lowie Vandamme	Kon.Brugse Zwemkring	BZK/463/94	4:08.38	+0,76			
	50m: 27.70	27.70	150m: 1:29.35	31.14	250m: 2:32.37	31.71	350m: 3:36.68	32.44
	100m: 58.21	30.51	200m: 2:00.66	31.31	300m: 3:04.24	31.87	400m: 4:08.38	31.70
	Conor Turner	Aer Lingus	1994turn	4:10.39	+0,70			
	50m: 29.25	29.25	150m: 1:32.87	32.16	250m: 2:36.52	31.65	350m: 3:40.19	31.70
	100m: 1:00.71	31.46	200m: 2:04.87	32.00	300m: 3:08.49	31.97	400m: 4:10.39	30.20
	Joseph Faulkner	City of Sheffield SS	56773	4:10.46	+0,75			
	50m: 28.81	28.81	150m: 1:32.51	32.11	250m: 2:36.41	31.57	350m: 3:40.24	31.80
	100m: 1:00.40	31.59	200m: 2:04.84	32.33	300m: 3:08.44	32.03	400m: 4:10.46	30.22
	Paul Gabriel Bedel	Team Marseille 2012	1994bedel	4:10.98	+0,75			
	50m: 28.89	28.89	150m: 1:31.87	31.52	250m: 2:36.04	32.01	350m: 3:40.73	32.11
	100m: 1:00.35	31.46	200m: 2:04.03	32.16	300m: 3:08.62	32.58	400m: 4:10.98	30.25
	Ruben Klinkers	HGN (SG)	199403511	4:16.96	+0,70			
	50m: 29.22	29.22	150m: 1:34.82	33.17	250m: 2:40.69	33.22	350m: 3:46.30	32.91
	100m: 1:01.65	32.43	200m: 2:07.47	32.65	300m: 3:13.39	32.70	400m: 4:16.96	30.66
	Erik Nijholt	DZ&PC	199401349	4:17.90	+0,80			
	50m: 29.00	29.00	150m: 1:35.27	33.47	250m: 2:41.63	33.40	350m: 3:47.48	32.32
	100m: 1:01.80	32.80	200m: 2:08.23	32.96	300m: 3:15.16	33.53	400m: 4:17.90	30.42
	Jacco Doest	DWK	199400711	4:19.93	+0,75			
	50m: 29.28	29.28	150m: 1:34.78	32.97	250m: 2:41.42	33.26	350m: 3:48.93	33.58
	100m: 1:01.81	32.53	200m: 2:08.16	33.38	300m: 3:15.35	33.93	400m: 4:19.93	31.00
	Date v.d. Zaag	EIFFELswimmersPSV	199403919	4:21.36	+0,83			
	50m: 29.68	29.68	150m: 1:35.01	32.90	250m: 2:41.29	33.09	350m: 3:48.61	33.51
	100m: 1:02.11	32.43	200m: 2:08.20	33.19	300m: 3:15.10	33.81	400m: 4:21.36	32.75
	Pim van Basten Batenburg	ZC Valkenburg	199401657	4:23.60	+0,71			
	50m: 30.10	30.10	150m: 1:36.34	33.10	250m: 2:42.47	33.40	350m: 3:50.62	34.23
	100m: 1:03.24	33.14	200m: 2:09.07	32.73	300m: 3:16.39	33.92	400m: 4:23.60	32.98
	Vincent Moolhuijsen	Oceanus	199401215	4:25.82	+0,75			
	50m: 28.82	28.82	150m: 1:33.82	33.13	250m: 2:41.40	34.06	350m: 3:51.17	35.06
	100m: 1:00.69	31.87	200m: 2:07.34	33.52	300m: 3:16.11	34.71	400m: 4:25.82	34.65
	Guus van Stiphout	Zeester-Meerval	199501081	4:26.31	+0,77			
	50m: 29.25	29.25	150m: 1:35.74	33.42	250m: 2:44.35	33.98	350m: 3:52.91	34.18
	100m: 1:02.32	33.07	200m: 2:10.37	34.63	300m: 3:18.73	34.38	400m: 4:26.31	33.40
	Damon Peperkamp	OZ&PC	199501101	4:28.73	+0,69			
	50m: 29.06	29.06	150m: 1:34.85	33.37	250m: 2:43.94	34.75	350m: 3:54.39	35.20
	100m: 1:01.48	32.42	200m: 2:09.19	34.34	300m: 3:19.19	35.25	400m: 4:28.73	34.34
	Jeffry van Zetten	Octopus	199500755	4:29.60	+0,85			
	50m: 30.10	30.10	150m: 1:39.29	34.88	250m: 2:49.25	34.70	350m: 3:57.25	33.38
	100m: 1:04.41	34.31	200m: 2:14.55	35.26	300m: 3:23.87	34.62	400m: 4:29.60	32.35
	Loek van Houtert	De Dommelbaarzen	199504515	4:29.82	+0,75			
	50m: 32.28	32.28	150m: 1:42.08	35.16	250m: 2:50.88	33.79	350m: 3:57.93	33.24
	100m: 1:06.92	34.64	200m: 2:17.09	35.01	300m: 3:24.69	33.81	400m: 4:29.82	31.89



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 1, Boys, 400m Freestyle, Jeugd 1 en 2

rank	name		club name		time		RT	pts				
	Rowan Keen		Borger		199500727		4:30.61	+0,85				
	50m:	30.16	30.16	150m:	1:37.81	34.41	250m:	2:47.66	35.06	350m:	3:57.37	34.67
	100m:	1:03.40	33.24	200m:	2:12.60	34.79	300m:	3:22.70	35.04	400m:	4:30.61	33.24
	Sjors Boverhoff		Octopus		199500741		4:33.15	+0,74				
	50m:	29.35	29.35	150m:	1:36.25	33.88	250m:	2:46.71	35.51	350m:	3:58.40	35.60
	100m:	1:02.37	33.02	200m:	2:11.20	34.95	300m:	3:22.80	36.09	400m:	4:33.15	34.75
	Michael van Dam		HPC		199401501		4:36.79	+0,93				
	50m:	30.48	30.48	150m:	1:40.19	35.35	250m:	2:52.02	35.00	350m:	4:03.62	35.76
	100m:	1:04.84	34.36	200m:	2:17.02	36.83	300m:	3:27.86	35.84	400m:	4:36.79	33.17
WDR	Alex Watson		City of Sheffield SS		245044							
WDR	Lester Snackers		EIFFELswimmersPSV		199400947							

Jeugd 1 en 2

1.	Tristan Eijkelenboom		MNC Dordrecht		199503849		S6	7:42.87	+0,80	242		
	50m:	49.22	49.22	150m:	2:44.38	58.33	250m:	4:45.12	1:00.82	350m:	6:45.26	58.30
	100m:	1:46.05	56.83	200m:	3:44.30	59.92	300m:	5:46.96	1:01.84	400m:	7:42.87	57.61

all-in

provisional results

	Devon Brown		South Africa		1992brown			3:51.28	+0,75			
	50m:	27.30	27.30	150m:	1:26.38	29.30	250m:	2:24.51	28.97	350m:	3:22.97	29.20
	100m:	57.08	29.78	200m:	1:55.54	29.16	300m:	2:53.77	29.26	400m:	3:51.28	28.31
	Mads Glæsner		Danish SF		1988glæs			3:51.66	+0,76			
	50m:	27.55	27.55	150m:	1:26.65	29.78	250m:	2:25.30	28.90	350m:	3:23.69	29.22
	100m:	56.87	29.32	200m:	1:56.40	29.75	300m:	2:54.47	29.17	400m:	3:51.66	27.97
	Ieuan Lloyd		City of Cardiff SC		32023			3:55.59	+0,71			
	50m:	27.26	27.26	150m:	1:27.25	30.13	250m:	2:27.28	29.81	350m:	3:27.22	29.83
	100m:	57.12	29.86	200m:	1:57.47	30.22	300m:	2:57.39	30.11	400m:	3:55.59	28.37
	Ferry Weertman		EIFFELswimmersPSV		199201461			3:56.02	+0,70			
	50m:	27.02	27.02	150m:	1:26.08	29.67	250m:	2:26.21	29.77	350m:	3:26.55	29.88
	100m:	56.41	29.39	200m:	1:56.44	30.36	300m:	2:56.67	30.46	400m:	3:56.02	29.47
	Arjen van der Meulen		EIFFELswimmersPSV		198702223			3:56.41	+0,77			
	50m:	27.79	27.79	150m:	1:27.33	29.81	250m:	2:26.16	29.27	350m:	3:26.48	30.53
	100m:	57.52	29.73	200m:	1:56.89	29.56	300m:	2:55.95	29.79	400m:	3:56.41	29.93
	Jack Burnell		Loughborough ITC		56870			3:57.72	+0,74			
	50m:	27.19	27.19	150m:	1:26.55	29.99	250m:	2:27.02	30.15	350m:	3:28.14	30.53
	100m:	56.56	29.37	200m:	1:56.87	30.32	300m:	2:57.61	30.59	400m:	3:57.72	29.58
	Olaf Wildeboer Faber		Club Natacio Sabadell		1983wild			3:58.04	+0,67			
	50m:	26.96	26.96	150m:	1:27.28	30.35	250m:	2:27.97	30.32	350m:	3:28.95	30.47
	100m:	56.93	29.97	200m:	1:57.65	30.37	300m:	2:58.48	30.51	400m:	3:58.04	29.09
	Lewis Smith		Warrender		69260			3:58.52	+0,72			
	50m:	27.97	27.97	150m:	1:28.24	30.17	250m:	2:28.56	29.69	350m:	3:28.89	30.25
	100m:	58.07	30.10	200m:	1:58.87	30.63	300m:	2:58.64	30.08	400m:	3:58.52	29.63
	Zsombor Szana		Budapesti Honved SE		1992szana			3:59.60	+0,74			
	50m:	27.21	27.21	150m:	1:26.31	29.93	250m:	2:27.21	30.52	350m:	3:29.31	31.13
	100m:	56.38	29.17	200m:	1:56.69	30.38	300m:	2:58.18	30.97	400m:	3:59.60	30.29
	Thomas Sunter		City of Sheffield SS		25388			3:59.78	+0,77			
	50m:	27.29	27.29	150m:	1:27.58	30.54	250m:	2:28.96	30.94	350m:	3:30.20	30.69
	100m:	57.04	29.75	200m:	1:58.02	30.44	300m:	2:59.51	30.55	400m:	3:59.78	29.58
	Daniel Fogg		Loughborough ITC		6415			3:59.82	+0,72			
	50m:	27.88	27.88	150m:	1:28.39	30.18	250m:	2:29.45	30.35	350m:	3:30.31	30.31
	100m:	58.21	30.33	200m:	1:59.10	30.71	300m:	3:00.00	30.55	400m:	3:59.82	29.51
	Davy Verreussel		HGN (SG)		198903341			3:59.88	+0,74			
	50m:	28.28	28.28	150m:	1:29.60	30.41	250m:	2:30.19	29.94	350m:	3:30.78	30.19
	100m:	59.19	30.91	200m:	2:00.25	30.65	300m:	3:00.59	30.40	400m:	3:59.88	29.10
	Louis Croenen		ShaRK		SHARK/133/94			4:00.24	+0,74			
	50m:	28.06	28.06	150m:	1:28.92	30.52	250m:	2:29.75	30.31	350m:	3:30.59	30.29
	100m:	58.40	30.34	200m:	1:59.44	30.52	300m:	3:00.30	30.55	400m:	4:00.24	29.65
	Julien Angot		Team Marseille 2012		1992ango			4:00.24	+0,84			
	50m:	27.90	27.90	150m:	1:28.65	30.34	250m:	2:30.13	30.61	350m:	3:31.26	30.45
	100m:	58.31	30.41	200m:	1:59.52	30.87	300m:	3:00.81	30.68	400m:	4:00.24	28.98
	Lander Hendrickx		BEST		BEST/241/94			4:00.38	+0,73			
	50m:	28.04	28.04	150m:	1:28.85	30.61	250m:	2:29.60	30.31	350m:	3:30.64	30.46
	100m:	58.24	30.20	200m:	1:59.29	30.44	300m:	3:00.18	30.58	400m:	4:00.38	29.74

Mistakes?

Mail to: nkschrijvingen@knzb.nl



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 1, Men, 400m Freestyle, all-in

rank	name		club name		time			RT	pts			
	Daniel Cocking		City of Sheffield SS		24176			4:01.15	+0,75			
	50m:	27.90	27.90	150m:	1:28.92	30.43	250m:	2:30.09	30.60	350m:	3:31.19	30.32
	100m:	58.49	30.59	200m:	1:59.49	30.57	300m:	3:00.87	30.78	400m:	4:01.15	29.96
	Daniel Skaaning		Danish SF		1993skaa			4:01.67	+0,64			
	50m:	27.89	27.89	150m:	1:29.26	31.16	250m:	2:30.81	30.66	350m:	3:31.96	30.67
	100m:	58.10	30.21	200m:	2:00.15	30.89	300m:	3:01.29	30.48	400m:	4:01.67	29.71
	Romain Magula		Team Marseille 2012		1991magu			4:02.61	+0,73			
	50m:	27.79	27.79	150m:	1:31.69	32.42	250m:	2:34.00	30.32	350m:	3:34.02	29.39
	100m:	59.27	31.48	200m:	2:03.68	31.99	300m:	3:04.63	30.63	400m:	4:02.61	28.59
	Maarten Brzoskowski		EIFFELswimmersPSV		199500769			4:05.97	+0,71			
	50m:	28.10	28.10	150m:	1:30.50	31.51	250m:	2:34.00	31.28	350m:	3:36.48	31.30
	100m:	58.99	30.89	200m:	2:02.72	32.22	300m:	3:05.18	31.18	400m:	4:05.97	29.49
	Axel Vandeveld		Vlaamse Zwemfed.		MEGA/065/91			4:06.44	+0,71			
	50m:	28.39	28.39	150m:	1:30.65	31.85	250m:	2:33.74	31.84	350m:	3:35.91	30.80
	100m:	58.80	30.41	200m:	2:01.90	31.25	300m:	3:05.11	31.37	400m:	4:06.44	30.53
	Gregory Mallet		Team Marseille 2012		1984mall			4:07.70	+0,77			
	50m:	27.63	27.63	150m:	1:31.24	31.60	250m:	2:34.57	31.57	350m:	3:37.02	31.25
	100m:	59.64	32.01	200m:	2:03.00	31.76	300m:	3:05.77	31.20	400m:	4:07.70	30.68
	Lowie Vandamme		Kon.Brugse Zwemkring		BZK/463/94			4:08.38	+0,76			
	50m:	28.70	27.70	150m:	1:29.35	31.14	250m:	2:32.37	31.71	350m:	3:36.68	32.44
	100m:	58.21	30.51	200m:	2:00.66	31.31	300m:	3:04.24	31.87	400m:	4:08.38	31.70
	Conor Turner		Aer Lingus		1994turn			4:10.39	+0,70			
	50m:	29.25	29.25	150m:	1:32.87	32.16	250m:	2:36.52	31.65	350m:	3:40.19	31.70
	100m:	1:00.71	31.46	200m:	2:04.87	32.00	300m:	3:08.49	31.97	400m:	4:10.39	30.20
	Joseph Faulkner		City of Sheffield SS		56773			4:10.46	+0,75			
	50m:	28.81	28.81	150m:	1:32.51	32.11	250m:	2:36.41	31.57	350m:	3:40.24	31.80
	100m:	1:00.40	31.59	200m:	2:04.84	32.33	300m:	3:08.44	32.03	400m:	4:10.46	30.22
	Paul Gabriel Bedel		Team Marseille 2012		1994bedel			4:10.98	+0,75			
	50m:	28.89	28.89	150m:	1:31.87	31.52	250m:	2:36.04	32.01	350m:	3:40.73	32.11
	100m:	1:00.35	31.46	200m:	2:04.03	32.16	300m:	3:08.62	32.58	400m:	4:10.98	30.25
	Marcel Schouten		EIFFELswimmersPSV		199300653			4:11.63	+0,71			
	50m:	28.14	28.14	150m:	1:30.70	31.88	250m:	2:35.57	32.20	350m:	3:40.02	32.06
	100m:	58.82	30.68	200m:	2:03.37	32.67	300m:	3:07.96	32.39	400m:	4:11.63	31.61
	Erik Schroeder		TriVia		198402025			4:11.64	+0,75			
	50m:	27.66	27.66	150m:	1:29.49	31.36	250m:	2:34.16	32.49	350m:	3:39.83	32.76
	100m:	58.13	30.47	200m:	2:01.67	32.18	300m:	3:07.07	32.91	400m:	4:11.64	31.81
	Bart Dunweg		ZVVS		199301763			4:12.04	+0,72			
	50m:	27.95	27.95	150m:	1:31.24	32.07	250m:	2:36.21	32.18	350m:	3:40.79	31.89
	100m:	59.17	31.22	200m:	2:04.03	32.79	300m:	3:08.90	32.69	400m:	4:12.04	31.25
	Dennis Eliveld		De Dolfijn		199202351			4:14.93	+0,74			
	50m:	27.93	27.93	150m:	1:31.18	31.98	250m:	2:36.56	32.32	350m:	3:42.61	32.99
	100m:	59.20	31.27	200m:	2:04.24	33.06	300m:	3:09.62	33.06	400m:	4:14.93	32.32
	Ruben Klinkers		HGN (SG)		199403511			4:16.96	+0,70			
	50m:	29.22	29.22	150m:	1:34.82	33.17	250m:	2:40.69	33.22	350m:	3:46.30	32.91
	100m:	1:01.65	32.43	200m:	2:07.47	32.65	300m:	3:13.39	32.70	400m:	4:16.96	30.66
	Raymond van de Merwe		WVZ		198602077			4:17.31	+0,76			
	50m:	28.49	28.49	150m:	1:33.59	32.57	250m:	2:38.81	32.77	350m:	3:44.99	33.16
	100m:	1:01.02	32.53	200m:	2:06.04	32.45	300m:	3:11.83	33.02	400m:	4:17.31	32.32
	Erik Nijholt		DZ&PC		199401349			4:17.90	+0,80			
	50m:	29.00	29.00	150m:	1:35.27	33.47	250m:	2:41.63	33.40	350m:	3:47.48	32.32
	100m:	1:01.80	32.80	200m:	2:08.23	32.96	300m:	3:15.16	33.53	400m:	4:17.90	30.42
	Jacco Doest		DWK		199400711			4:19.93	+0,75			
	50m:	29.28	29.28	150m:	1:34.78	32.97	250m:	2:41.42	33.26	350m:	3:48.93	33.58
	100m:	1:01.81	32.53	200m:	2:08.16	33.38	300m:	3:15.35	33.93	400m:	4:19.93	31.00
	Date v.d. Zaag		EIFFELswimmersPSV		199403919			4:21.36	+0,83			
	50m:	29.68	29.68	150m:	1:35.01	32.90	250m:	2:41.29	33.09	350m:	3:48.61	33.51
	100m:	1:02.11	32.43	200m:	2:08.20	33.19	300m:	3:15.10	33.81	400m:	4:21.36	32.75
	Pim van Basten Batenburg		ZC Valkenburg		199401657			4:23.60	+0,71			
	50m:	30.10	30.10	150m:	1:36.34	33.10	250m:	2:42.47	33.40	350m:	3:50.62	34.23
	100m:	1:03.24	33.14	200m:	2:09.07	32.73	300m:	3:16.39	33.92	400m:	4:23.60	32.98
	Vincent Moolhuijsen		Oceanus		199401215			4:25.82	+0,75			
	50m:	28.82	28.82	150m:	1:33.82	33.13	250m:	2:41.40	34.06	350m:	3:51.17	35.06
	100m:	1:00.69	31.87	200m:	2:07.34	33.52	300m:	3:16.11	34.71	400m:	4:25.82	34.65



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 1, Men, 400m Freestyle, all-in

rank	name	club name		time	RT	pts
	Guus van Stiphout	Zeester-Meerval	199501081	4:26.31	+0,77	
	50m: 29.25	29.25	150m: 1:35.74	33.42	250m: 2:44.35	33.98
	100m: 1:02.32	33.07	200m: 2:10.37	34.63	300m: 3:18.73	34.38
					350m: 3:52.91	34.18
					400m: 4:26.31	33.40
	Wouter Kaman	Aquarijn	199300241	4:27.67	+0,78	
	50m: 28.78	28.78	150m: 1:34.20	32.83	250m: 2:41.70	33.76
	100m: 1:01.37	32.59	200m: 2:07.94	33.74	300m: 3:16.30	34.60
					350m: 3:51.74	35.44
					400m: 4:27.67	35.93
	Damon Peperkamp	OZ&PC	199501101	4:28.73	+0,69	
	50m: 29.06	29.06	150m: 1:34.85	33.37	250m: 2:43.94	34.75
	100m: 1:01.48	32.42	200m: 2:09.19	34.34	300m: 3:19.19	35.25
					350m: 3:54.39	35.20
					400m: 4:28.73	34.34
	Jeffry van Zetten	Octopus	199500755	4:29.60	+0,85	
	50m: 30.10	30.10	150m: 1:39.29	34.88	250m: 2:49.25	34.70
	100m: 1:04.41	34.31	200m: 2:14.55	35.26	300m: 3:23.87	34.62
					350m: 3:57.25	33.38
					400m: 4:29.60	32.35
	Loek van Houtert	De Dommelbaarzen	199504515	4:29.82	+0,75	
	50m: 32.28	32.28	150m: 1:42.08	35.16	250m: 2:50.88	33.79
	100m: 1:06.92	34.64	200m: 2:17.09	35.01	300m: 3:24.69	33.81
					350m: 3:57.93	33.24
					400m: 4:29.82	31.89
	Rowan Keen	Borger	199500727	4:30.61	+0,85	
	50m: 30.16	30.16	150m: 1:37.81	34.41	250m: 2:47.66	35.06
	100m: 1:03.40	33.24	200m: 2:12.60	34.79	300m: 3:22.70	35.04
					350m: 3:57.37	34.67
					400m: 4:30.61	33.24
	Sjors Boverhoff	Octopus	199500741	4:33.15	+0,74	
	50m: 29.35	29.35	150m: 1:36.25	33.88	250m: 2:46.71	35.51
	100m: 1:02.37	33.02	200m: 2:11.20	34.95	300m: 3:22.80	36.09
					350m: 3:58.40	35.60
					400m: 4:33.15	34.75
	Michael van Dam	HPC	199401501	4:36.79	+0,93	
	50m: 30.48	30.48	150m: 1:40.19	35.35	250m: 2:52.02	35.00
	100m: 1:04.84	34.36	200m: 2:17.02	36.83	300m: 3:27.86	35.84
					350m: 4:03.62	35.76
					400m: 4:36.79	33.17
DNS	Andrew Meegan	Aer Lingus	1990meeg			
WDR	Alfie Howes	City of Cardiff SC	46596			
WDR	Seamus Stacey	NUIM Devils	1990stac			
WDR	Alex Watson	City of Sheffield SS	245044			
WDR	Gianluca Maglia	Italy National Team	1988magl			
WDR	Massimiliano Rosolino	Italy National Team	1978roso			
WDR	Lester Snackers	EIFFELswimmersPSV	199400947			

all-in

1.	Lucas Ludwig	NPC Germany	1989ludw	S10	4:16.48	+0,72	863
	50m: 29.22	29.22	150m: 1:34.00	32.57	250m: 2:39.25	32.75	32.70
	100m: 1:01.43	32.21	200m: 2:06.50	32.50	300m: 3:12.47	33.22	31.31
					350m: 3:45.17	32.70	
					400m: 4:16.48	31.31	
2.	Anders Olssen	Sweden	AA2365	S6	5:03.77	+0,51	855
	50m: 34.57	34.57	150m: 1:49.81	37.93	250m: 3:07.09	38.69	39.24
	100m: 1:11.88	37.31	200m: 2:28.40	38.59	300m: 3:46.38	39.29	38.15
					350m: 4:25.62	39.24	
					400m: 5:03.77	38.15	
3.	Christoph Burkard	NPC Germany	1983burk	S8	4:40.84	+0,72	852
	50m: 32.96	32.96	150m: 1:42.19	34.86	250m: 2:52.58	35.27	36.15
	100m: 1:07.33	34.37	200m: 2:17.31	35.12	300m: 3:28.57	35.99	36.12
					350m: 4:04.72	36.15	
					400m: 4:40.84	36.12	
4.	James Crisp	City of Sheffield SS	1078	S9	4:33.13	+0,78	833
	50m: 30.03	30.03	150m: 1:37.79	33.96	250m: 2:46.78	34.46	35.92
	100m: 1:03.83	33.80	200m: 2:12.32	34.53	300m: 3:22.05	35.27	35.16
					350m: 3:57.97	35.92	
					400m: 4:33.13	35.16	
5.	Mike vd Zanden	EIFFELswimmersPSV	198703905	S10	4:22.40	+0,79	806
	50m: 29.16	29.16	150m: 1:34.83	33.35	250m: 2:41.97	33.56	33.45
	100m: 1:01.48	32.32	200m: 2:08.41	33.58	300m: 3:15.88	33.91	33.07
					350m: 3:49.33	33.45	
					400m: 4:22.40	33.07	
6.	Tobias Pollap	NPC Germany	1986poll	S7	5:20.02	+0,84	715
	50m: 33.58	33.58	150m: 1:52.24	40.38	250m: 3:15.74	42.27	42.24
	100m: 1:11.86	38.28	200m: 2:33.47	41.23	300m: 3:57.94	42.20	39.84
					350m: 4:40.18	42.24	
					400m: 5:20.02	39.84	
7.	Thijs van den End	One Team Swimming	199306803	S9	4:51.87	+1,01	683
	50m: 31.08	31.08	150m: 1:42.09	36.17	250m: 2:57.44	37.82	38.02
	100m: 1:05.92	34.84	200m: 2:19.62	37.53	300m: 3:35.81	38.37	38.04
					350m: 4:13.83	38.02	
					400m: 4:51.87	38.04	
8.	Tristan Eijkelenboom	MNC Dordrecht	199503849	S6	7:42.87	+0,80	242
	50m: 49.22	49.22	150m: 2:44.38	58.33	250m: 4:45.12	1:00.82	58.30
	100m: 1:46.05	56.83	200m: 3:44.30	59.92	300m: 5:46.96	1:01.84	57.61



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 2
02-12-2011

Women, 400m Freestyle

Jeugd/Senioren
Results

World Record	3:59.15	Federica Pellegrini	Rome (ITA)	26-07-2009
European Record	3:59.15	Federica Pellegrini	Rome (ITA)	26-07-2009
Nederlands Record Senioren	4:08.70	Kirsten Vliegheuis	Atlanta (USA)	22-07-1996
Nederlands Record Jeugd	4:11.35	Sharon van Rouwendaal	Eindhoven	12-06-2009
Limiet OS 2012 Londen	4:06.92			
Richttijd EK 2012 Antwerpen	4:12.81			
Richttijd EJK 2012 Antwerpen	4:19.84			

rank	name	club name	time	RT	pts	
Jeugd 1 en 2						
	Rosa Veerman	E.ON-NZA	199600862	4:27.00	+0,74	
	50m: 29.74	29.74	150m: 1:35.58	33.59	250m: 2:43.83	34.29
	100m: 1:01.99	32.25	200m: 2:09.54	33.96	300m: 3:18.82	34.99
					350m: 3:53.71	34.89
					400m: 4:27.00	33.29
	Rebecca Murray	First	148275	4:27.15	+0,84	
	50m: 30.29	30.29	150m: 1:37.03	33.81	250m: 2:45.18	34.33
	100m: 1:03.22	32.93	200m: 2:10.85	33.82	300m: 3:19.35	34.17
					350m: 3:53.79	34.44
					400m: 4:27.15	33.36
	Manon Friskes	DWK	199701566	4:30.88	+0,74	
	50m: 30.35	30.35	150m: 1:38.09	34.39	250m: 2:47.50	34.83
	100m: 1:03.70	33.35	200m: 2:12.67	34.58	300m: 3:22.39	34.89
					350m: 3:57.12	34.73
					400m: 4:30.88	33.76
	Evelien van Ruiten	Orca	199602924	4:37.80	+0,87	
	50m: 31.88	31.88	150m: 1:42.31	35.43	250m: 2:53.43	35.50
	100m: 1:06.88	35.00	200m: 2:17.93	35.62	300m: 3:28.97	35.54
					350m: 4:03.88	34.91
					400m: 4:37.80	33.92
	Anouque Berghuis	De Zijl/LGB	199606132	4:38.29	+0,79	
	50m: 30.92	30.92	150m: 1:40.19	35.01	250m: 2:51.17	35.75
	100m: 1:05.18	34.26	200m: 2:15.42	35.23	300m: 3:26.96	35.79
					350m: 4:02.97	36.01
					400m: 4:38.29	35.32
	Brenda Zwarthoed	DAW	199604938	4:38.30	+0,69	
	50m: 30.64	30.64	150m: 1:41.03	35.63	250m: 2:52.85	35.81
	100m: 1:05.40	34.76	200m: 2:17.04	36.01	300m: 3:28.62	35.77
					350m: 4:04.13	35.51
					400m: 4:38.30	34.17
	Lindy Nijhuis	OZ&PC	199700010	4:41.15	+0,83	
	50m: 31.08	31.08	150m: 1:42.21	36.09	250m: 2:54.66	36.08
	100m: 1:06.12	35.04	200m: 2:18.58	36.37	300m: 3:30.81	36.15
					350m: 4:06.97	36.16
					400m: 4:41.15	34.18
	Carina Klees	WVZ	199602680	4:43.62	+0,78	
	50m: 31.23	31.23	150m: 1:41.94	35.80	250m: 2:54.68	36.50
	100m: 1:06.14	34.91	200m: 2:18.18	36.24	300m: 3:31.98	37.30
					350m: 4:08.08	36.10
					400m: 4:43.62	35.54
	Elisabeth Rivard	WVZ	199600244	4:48.56	+0,73	
	50m: 32.02	32.02	150m: 1:44.23	36.79	250m: 2:58.41	36.76
	100m: 1:07.44	35.42	200m: 2:21.65	37.42	300m: 3:35.66	37.25
					350m: 4:12.68	37.02
					400m: 4:48.56	35.88
	Tamara Grove	Oceanus	199601266	4:48.59	+0,82	
	50m: 31.56	31.56	150m: 1:42.87	36.02	250m: 2:56.76	36.55
	100m: 1:06.85	35.29	200m: 2:20.21	37.34	300m: 3:34.11	37.35
					350m: 4:11.26	37.15
					400m: 4:48.59	37.33
	Naomi Janssen	Aqua-Novio'94	199701390	4:48.75	+0,86	
	50m: 32.38	32.38	150m: 1:44.44	36.31	250m: 2:58.37	36.98
	100m: 1:08.13	35.75	200m: 2:21.39	36.95	300m: 3:35.97	37.60
					350m: 4:12.93	36.96
					400m: 4:48.75	35.82
	Esmée Six	EIFFELswimmersPSV	199700490	4:50.27	+0,74	
	50m: 31.55	31.55	150m: 1:42.67	35.94	250m: 2:55.93	36.58
	100m: 1:06.73	35.18	200m: 2:19.35	36.68	300m: 3:33.52	37.59
					350m: 4:11.82	38.30
					400m: 4:50.27	38.45
	Laura Hagreis	OZ&PC	199600548	4:53.26	+0,72	
	50m: 31.20	31.20	150m: 1:43.11	36.54	250m: 2:58.49	37.65
	100m: 1:06.57	35.37	200m: 2:20.84	37.73	300m: 3:37.10	38.61
					350m: 4:15.41	38.31
					400m: 4:53.26	37.85
	Kirsty Hunter	East Lothian Swim Team	352277	4:55.49	+0,81	
	50m: 32.04	32.04	150m: 1:44.94	37.20	250m: 3:00.95	38.13
	100m: 1:07.74	35.70	200m: 2:22.82	37.88	300m: 3:39.50	38.55
					350m: 4:18.08	38.58
					400m: 4:55.49	37.41
	Angelique van Vark	Z&PC De Gouwe	199701478	4:56.85	+0,67	
	50m: 32.64	32.64	150m: 1:47.01	37.52	250m: 3:03.39	38.26
	100m: 1:09.49	36.85	200m: 2:25.13	38.12	300m: 3:42.28	38.89
					350m: 4:20.94	38.66
					400m: 4:56.85	35.91
	Bente van Bergen	Zeester-Meerval	199600336	4:56.99	+0,71	
	50m: 31.23	31.23	150m: 1:41.31	35.53	250m: 2:56.27	37.35
	100m: 1:05.78	34.55	200m: 2:18.92	37.61	300m: 3:35.47	39.20
					350m: 4:15.67	40.20
					400m: 4:56.99	41.32
	Aylin van Uffelen	ZVVS	199600352	4:57.17	+0,63	
	50m: 31.86	31.86	150m: 1:44.02	37.59	250m: 3:01.07	39.16
	100m: 1:06.43	34.57	200m: 2:21.91	37.89	300m: 3:40.42	39.35
					350m: 4:19.89	39.47
					400m: 4:57.17	37.28



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 2, Girls, 400m Freestyle, Jeugd 1 en 2

rank	name	club name		time	RT	pts		
	Eva Werkman	Zwemlust den Hommel	199703458	4:57.58	+0,81			
	50m: 32.69	32.69	150m: 1:46.48	37.74	250m: 3:03.11	38.35	350m: 4:20.02	38.25
	100m: 1:08.74	36.05	200m: 2:24.76	38.28	300m: 3:41.77	38.66	400m: 4:57.58	37.56
	Hilde Grondhout	Zeester-Meerval	199602300	4:58.85	+0,66			
	50m: 32.36	32.36	150m: 1:45.69	37.18	250m: 3:02.18	38.33	350m: 4:20.59	39.37
	100m: 1:08.51	36.15	200m: 2:23.85	38.16	300m: 3:41.22	39.04	400m: 4:58.85	38.26
	Kristel Hormann	De Spatters	199601084	4:59.88	+0,74			
	50m: 32.03	32.03	150m: 1:48.08	38.77	250m: 3:06.39	38.76	350m: 4:24.02	38.38
	100m: 1:09.31	37.28	200m: 2:27.63	39.55	300m: 3:45.64	39.25	400m: 4:59.88	35.86
	Demi Rothe	OZ&PC	199703388	5:00.31	+0,80			
	50m: 31.99	31.99	150m: 1:47.53	38.55	250m: 3:05.57	39.19	350m: 4:23.44	38.38
	100m: 1:08.98	36.99	200m: 2:26.38	38.85	300m: 3:45.06	39.49	400m: 5:00.31	36.87
	Elles Becker	Zwemclub Zeist	199600628	5:00.81	+0,74			
	50m: 33.00	33.00	150m: 1:48.94	38.32	250m: 3:06.89	38.86	350m: 4:24.34	38.39
	100m: 1:10.62	37.62	200m: 2:28.03	39.09	300m: 3:45.95	39.06	400m: 5:00.81	36.47
	Tamara van der Steen	ZVVS	199605156	5:02.62	+0,76			
	50m: 33.10	33.10	150m: 1:48.75	38.27	250m: 3:06.17	38.68	350m: 4:24.23	38.72
	100m: 1:10.48	37.38	200m: 2:27.49	38.74	300m: 3:45.51	39.34	400m: 5:02.62	38.39
	Laura Willemsen	Aquarijn	199700168	5:09.30	+0,76			
	50m: 33.88	33.88	150m: 1:50.79	38.87	250m: 3:09.61	39.51	350m: 4:29.72	38.89
	100m: 1:11.92	38.04	200m: 2:30.10	39.31	300m: 3:49.83	40.22	400m: 5:09.30	39.58
DNS	Dorien Butter	Racing Club	199606542					

Jeugd 1 en 2

1.	Romy Pansters	ZC Valkenburg	199605900	S8	5:32.74	+0,88	645	
	50m: 37.39	37.39	150m: 2:02.03	43.26	250m: 3:27.50	42.96	350m: 4:53.17	43.52
	100m: 1:18.77	41.38	200m: 2:44.54	42.51	300m: 4:09.65	42.15	400m: 5:32.74	39.57
DNS	Lina Watz	Sweden	1996watz	S10				

all-in

provisional results

	Melanie Costa Schmid	Spain	1989cost		4:08.80	+0,71		
	<i>Championship record</i>							
	50m: 29.41	29.41	150m: 1:32.75	31.73	250m: 2:35.97	31.74	350m: 3:38.77	31.31
	100m: 1:01.02	31.61	200m: 2:04.23	31.48	300m: 3:07.46	31.49	400m: 4:08.80	30.03
	Lotte Friis	Danish SF	1988friis		4:08.87	+0,81		
	50m: 29.32	29.32	150m: 1:32.44	31.64	250m: 2:35.60	31.53	350m: 3:39.22	32.00
	100m: 1:00.80	31.48	200m: 2:04.07	31.63	300m: 3:07.22	31.62	400m: 4:08.87	29.65
	Femke Heemskerk	E.ON-NZA	198705224		4:09.13	+0,83		
	50m: 28.42	28.42	150m: 1:31.36	31.91	250m: 2:35.72	32.23	350m: 3:38.93	31.28
	100m: 59.45	31.03	200m: 2:03.49	32.13	300m: 3:07.65	31.93	400m: 4:09.13	30.20
	Hannah Miley	Garioch ASC	69436		4:09.49	+0,70		
	50m: 29.72	29.72	150m: 1:32.96	31.56	250m: 2:36.34	31.54	350m: 3:38.96	31.10
	100m: 1:01.40	31.68	200m: 2:04.80	31.84	300m: 3:07.86	31.52	400m: 4:09.49	30.53
	Eleanor Faulkner	City of Sheffield SS	42774		4:10.41	+0,75		
	50m: 28.87	28.87	150m: 1:32.65	31.75	250m: 2:36.16	31.49	350m: 3:39.51	31.30
	100m: 1:00.90	32.03	200m: 2:04.67	32.02	300m: 3:08.21	32.05	400m: 4:10.41	30.90
	Hayley Towner	University of Bath	154257		4:10.96	+0,79		
	50m: 29.98	29.98	150m: 1:33.27	31.77	250m: 2:37.09	32.09	350m: 3:40.82	31.62
	100m: 1:01.50	31.52	200m: 2:05.00	31.73	300m: 3:09.20	32.11	400m: 4:10.96	30.14
	Erika Villaecija Garcia	Spain	1984villa		4:11.33	+0,75		
	50m: 29.97	29.97	150m: 1:33.72	32.17	250m: 2:37.44	31.84	350m: 3:41.10	31.94
	100m: 1:01.55	31.58	200m: 2:05.60	31.88	300m: 3:09.16	31.72	400m: 4:11.33	30.23
	Patricia Castro Ortega	Spain	1992cast		4:13.08	+0,77		
	50m: 29.40	29.40	150m: 1:33.21	31.92	250m: 2:37.45	32.06	350m: 3:41.51	31.96
	100m: 1:01.29	31.89	200m: 2:05.39	32.18	300m: 3:09.55	32.10	400m: 4:13.08	31.57
	Pernille Blume	Danish SF	1994blume		4:18.89	+0,72		
	50m: 29.61	29.61	150m: 1:35.23	33.26	250m: 2:41.33	32.47	350m: 3:47.30	32.96
	100m: 1:01.97	32.36	200m: 2:08.86	33.63	300m: 3:14.34	33.01	400m: 4:18.89	31.59
	Judith Stap	EIFFELswimmersPSV	199302702		4:19.20	+0,73		
	50m: 28.98	28.98	150m: 1:33.76	33.11	250m: 2:40.26	33.41	350m: 3:47.11	33.48
	100m: 1:00.65	31.67	200m: 2:06.85	33.09	300m: 3:13.63	33.37	400m: 4:19.20	32.09



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 2, Women, 400m Freestyle, all-in

rank	name	club name	time	RT	pts			
	Nuala Murphy	Swim Ireland	1989murp	4:19.77	+0,72			
	50m: 29.64	29.64	150m: 1:33.10	32.10	250m: 2:38.95	33.14	350m: 3:46.44	34.01
	100m: 1:01.00	31.36	200m: 2:05.81	32.71	300m: 3:12.43	33.48	400m: 4:19.77	33.33
	Alice Mizzau	Team Veneto	1993mizz	4:20.69	+0,71			
	50m: 31.51	31.51	150m: 1:37.50	32.88	250m: 2:42.75	32.27	350m: 3:47.98	32.54
	100m: 1:04.62	33.11	200m: 2:10.48	32.98	300m: 3:15.44	32.69	400m: 4:20.69	32.71
	Flavia Zoccarì	Aurelia Nuoto	1986zocc	4:20.77	+0,69			
	50m: 31.14	31.14	150m: 1:37.18	33.26	250m: 2:43.16	32.92	350m: 3:48.80	32.74
	100m: 1:03.92	32.78	200m: 2:10.24	33.06	300m: 3:16.06	32.90	400m: 4:20.77	31.97
	Alessia Filippi	Italy National Team	1987fili	4:21.03	+0,89			
	50m: 31.54	31.54	150m: 1:37.87	33.28	250m: 2:43.55	32.68	350m: 3:49.18	32.78
	100m: 1:04.59	33.05	200m: 2:10.87	33.00	300m: 3:16.40	32.85	400m: 4:21.03	31.85
	Niamh O'Sullivan	Swim Ireland	1991osul	4:21.72	+0,75			
	50m: 30.54	30.54	150m: 1:35.72	32.86	250m: 2:42.28	33.11	350m: 3:49.05	33.39
	100m: 1:02.86	32.32	200m: 2:09.17	33.45	300m: 3:15.66	33.38	400m: 4:21.72	32.67
	Marieke Nijhuis	EIFFELswimmersPSV	199201296	4:22.08	+0,75			
	50m: 30.26	30.26	150m: 1:35.69	33.19	250m: 2:42.28	33.31	350m: 3:49.51	33.52
	100m: 1:02.50	32.24	200m: 2:08.97	33.28	300m: 3:15.99	33.71	400m: 4:22.08	32.57
	Leonie van Noort	De Zijl/LGB	199301752	4:25.43	+0,82			
	50m: 29.74	29.74	150m: 1:35.76	33.38	250m: 2:43.59	33.75	350m: 3:51.66	34.31
	100m: 1:02.38	32.64	200m: 2:09.84	34.08	300m: 3:17.35	33.76	400m: 4:25.43	33.77
	Marion van den Berg	DWK	198600272	4:25.84	+0,84			
	50m: 29.77	29.77	150m: 1:36.00	33.35	250m: 2:43.59	33.55	350m: 3:52.39	34.21
	100m: 1:02.65	32.88	200m: 2:10.04	34.04	300m: 3:18.18	34.59	400m: 4:25.84	33.45
	Bianca Hauzer	South Africa	1994hauz	4:26.68	+0,80			
	50m: 30.00	30.00	150m: 1:36.15	33.32	250m: 2:44.04	33.97	350m: 3:52.77	34.25
	100m: 1:02.83	32.83	200m: 2:10.07	33.92	300m: 3:18.52	34.48	400m: 4:26.68	33.91
	Danielle Huskisson	City of Sunderland	40974	4:26.82	+0,75			
	50m: 30.44	30.44	150m: 1:37.47	33.87	250m: 2:45.88	34.14	350m: 3:53.87	34.04
	100m: 1:03.60	33.16	200m: 2:11.74	34.27	300m: 3:19.83	33.95	400m: 4:26.82	32.95
	Rosa Veerman	E.ON-NZA	199600862	4:27.00	+0,74			
	50m: 29.74	29.74	150m: 1:35.58	33.59	250m: 2:43.83	34.29	350m: 3:53.71	34.89
	100m: 1:01.99	32.25	200m: 2:09.54	33.96	300m: 3:18.82	34.99	400m: 4:27.00	33.29
	Rebecca Murray	First	148275	4:27.15	+0,84			
	50m: 30.29	30.29	150m: 1:37.03	33.81	250m: 2:45.18	34.33	350m: 3:53.79	34.44
	100m: 1:03.22	32.93	200m: 2:10.85	33.82	300m: 3:19.35	34.17	400m: 4:27.15	33.36
	Pauline van Dam	EIFFELswimmersPSV	199304422	4:27.81	+0,81			
	50m: 30.69	30.69	150m: 1:36.99	33.15	250m: 2:44.92	33.97	350m: 3:54.10	34.61
	100m: 1:03.84	33.15	200m: 2:10.95	33.96	300m: 3:19.49	34.57	400m: 4:27.81	33.71
	Tara Dunne	Ballina Dolphins	1994dunne	4:28.91	+0,78			
	50m: 30.05	30.05	150m: 1:38.32	34.40	250m: 2:46.43	34.05	350m: 3:55.67	34.51
	100m: 1:03.92	33.87	200m: 2:12.38	34.06	300m: 3:21.16	34.73	400m: 4:28.91	33.24
	Victoria Løken	Lambertseter SC	1991loken	4:29.95	+0,73			
	50m: 30.11	30.11	150m: 1:36.19	33.48	250m: 2:44.00	34.13	350m: 3:54.76	35.66
	100m: 1:02.71	32.60	200m: 2:09.87	33.68	300m: 3:19.10	35.10	400m: 4:29.95	35.19
	Manon Friskes	DWK	199701566	4:30.88	+0,74			
	50m: 30.35	30.35	150m: 1:38.09	34.39	250m: 2:47.50	34.83	350m: 3:57.12	34.73
	100m: 1:03.70	33.35	200m: 2:12.67	34.58	300m: 3:22.39	34.89	400m: 4:30.88	33.76
	Lotte Wilms	AZ&PC	198402770	4:30.89	+0,77			
	50m: 30.06	30.06	150m: 1:37.87	33.90	250m: 2:46.60	33.99	350m: 3:56.46	34.64
	100m: 1:03.97	33.91	200m: 2:12.61	34.74	300m: 3:21.82	35.22	400m: 4:30.89	34.43
	Marlies Reinders	De Dinkel	198602976	4:32.00	+0,82			
	50m: 30.50	30.50	150m: 1:40.43	35.48	250m: 2:50.27	34.74	350m: 3:58.90	34.32
	100m: 1:04.95	34.45	200m: 2:15.53	35.10	300m: 3:24.58	34.31	400m: 4:32.00	33.10
	Inge Pepping	De Rijn	199402308	4:35.04	+0,83			
	50m: 30.82	30.82	150m: 1:39.74	34.74	250m: 2:49.61	34.70	350m: 4:00.15	35.21
	100m: 1:05.00	34.18	200m: 2:14.91	35.17	300m: 3:24.94	35.33	400m: 4:35.04	34.89
	Iris Pijtak	AZ&PC	199300602	4:35.05	+0,72			
	50m: 30.56	30.56	150m: 1:39.94	35.05	250m: 2:50.77	34.96	350m: 4:01.44	35.10
	100m: 1:04.89	34.33	200m: 2:15.81	35.87	300m: 3:26.34	35.57	400m: 4:35.05	33.61
	Helen McRoberts	Warrender Baths Club	28274	4:35.39	+0,72			
	50m: 32.40	32.40	150m: 1:41.09	34.43	250m: 2:50.21	34.44	350m: 4:00.73	35.57
	100m: 1:06.66	34.26	200m: 2:15.77	34.68	300m: 3:25.16	34.95	400m: 4:35.39	34.66



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 2, Women, 400m Freestyle, all-in

rank	name	club name	time	RT	pts			
	Oda Gjerde	Bryne Symjeklubb	1995gjer	4:37.17	+0,75			
	50m: 31.72	31.72	150m: 1:40.43	34.67	250m: 2:50.44	35.35	350m: 4:02.09	35.84
	100m: 1:05.76	34.04	200m: 2:15.09	34.66	300m: 3:26.25	35.81	400m: 4:37.17	35.08
	Evelien van Ruiten	Orca	199602924	4:37.80	+0,87			
	50m: 31.88	31.88	150m: 1:42.31	35.43	250m: 2:53.43	35.50	350m: 4:03.88	34.91
	100m: 1:06.88	35.00	200m: 2:17.93	35.62	300m: 3:28.97	35.54	400m: 4:37.80	33.92
	Anouque Berghuis	De Zijl/LGB	199606132	4:38.29	+0,79			
	50m: 30.92	30.92	150m: 1:40.19	35.01	250m: 2:51.17	35.75	350m: 4:02.97	36.01
	100m: 1:05.18	34.26	200m: 2:15.42	35.23	300m: 3:26.96	35.79	400m: 4:38.29	35.32
	Brenda Zwarthoed	DAW	199604938	4:38.30	+0,69			
	50m: 30.64	30.64	150m: 1:41.03	35.63	250m: 2:52.85	35.81	350m: 4:04.13	35.51
	100m: 1:05.40	34.76	200m: 2:17.04	36.01	300m: 3:28.62	35.77	400m: 4:38.30	34.17
	Ela Hutten	MNC Dordrecht	199300354	4:39.54	+0,75			
	50m: 31.15	31.15	150m: 1:41.02	35.32	250m: 2:52.18	35.39	350m: 4:03.85	35.79
	100m: 1:05.70	34.55	200m: 2:16.79	35.77	300m: 3:28.06	35.88	400m: 4:39.54	35.69
	Milou Schraeverus	AZ&PC	199503878	4:39.72	+0,76			
	50m: 32.52	32.52	150m: 1:43.53	35.85	250m: 2:54.38	35.31	350m: 4:05.48	35.43
	100m: 1:07.68	35.16	200m: 2:19.07	35.54	300m: 3:30.05	35.67	400m: 4:39.72	34.24
	Lisa van Breugel	BZV	199506804	4:40.09	+0,89			
	50m: 31.40	31.40	150m: 1:40.66	35.03	250m: 2:52.28	36.05	350m: 4:05.82	36.79
	100m: 1:05.63	34.23	200m: 2:16.23	35.57	300m: 3:29.03	36.75	400m: 4:40.09	34.27
	Lynn Dybiona	AZ&PC	199501786	4:40.42	+0,70			
	50m: 31.09	31.09	150m: 1:41.23	35.67	250m: 2:54.12	36.15	350m: 4:06.86	36.22
	100m: 1:05.56	34.47	200m: 2:17.97	36.74	300m: 3:30.64	36.52	400m: 4:40.42	33.56
	Lindy Nijhuis	OZ&PC	199700010	4:41.15	+0,83			
	50m: 31.08	31.08	150m: 1:42.21	36.09	250m: 2:54.66	36.08	350m: 4:06.97	36.16
	100m: 1:06.12	35.04	200m: 2:18.58	36.37	300m: 3:30.81	36.15	400m: 4:41.15	34.18
	Malissa van der Horst	Zwemlust den Hommel	199200810	4:41.73	+0,82			
	50m: 30.10	30.10	150m: 1:40.78	35.67	250m: 2:52.70	36.20	350m: 4:06.01	36.50
	100m: 1:05.11	35.01	200m: 2:16.50	35.72	300m: 3:29.51	36.81	400m: 4:41.73	35.72
	Shireen Post	AZ&PC	199503286	4:42.21	+0,82			
	50m: 31.46	31.46	150m: 1:41.72	35.58	250m: 2:53.68	35.97	350m: 4:06.80	36.49
	100m: 1:06.14	34.68	200m: 2:17.71	35.99	300m: 3:30.31	36.63	400m: 4:42.21	35.41
	Maya Kingma	SBC2000	199503824	4:42.79	+0,73			
	50m: 31.18	31.18	150m: 1:42.37	36.31	250m: 2:55.60	36.46	350m: 4:07.82	35.75
	100m: 1:06.06	34.88	200m: 2:19.14	36.77	300m: 3:32.07	36.47	400m: 4:42.79	34.97
	Mette Bijeman	Aquarijn	199506282	4:43.36	+0,80			
	50m: 31.25	31.25	150m: 1:42.10	35.89	250m: 2:55.88	36.75	350m: 4:09.66	36.85
	100m: 1:06.21	34.96	200m: 2:19.13	37.03	300m: 3:32.81	36.93	400m: 4:43.36	33.70
	Carina Klees	WVZ	199602680	4:43.62	+0,78			
	50m: 31.23	31.23	150m: 1:41.94	35.80	250m: 2:54.68	36.50	350m: 4:08.08	36.10
	100m: 1:06.14	34.91	200m: 2:18.18	36.24	300m: 3:31.98	37.30	400m: 4:43.62	35.54
	Romy van Alphen	Olympia	199502776	4:47.67	+0,74			
	50m: 31.74	31.74	150m: 1:44.28	36.86	250m: 2:58.86	37.51	350m: 4:12.46	36.09
	100m: 1:07.42	35.68	200m: 2:21.35	37.07	300m: 3:36.37	37.51	400m: 4:47.67	35.21
	Elisabeth Rivard	WVZ	199600244	4:48.56	+0,73			
	50m: 32.02	32.02	150m: 1:44.23	36.79	250m: 2:58.41	36.76	350m: 4:12.68	37.02
	100m: 1:07.44	35.42	200m: 2:21.65	37.42	300m: 3:35.66	37.25	400m: 4:48.56	35.88
	Tamara Grove	Oceanus	199601266	4:48.59	+0,82			
	50m: 31.56	31.56	150m: 1:42.87	36.02	250m: 2:56.76	36.55	350m: 4:11.26	37.15
	100m: 1:06.85	35.29	200m: 2:20.21	37.34	300m: 3:34.11	37.35	400m: 4:48.59	37.33
	Naomi Janssen	Aqua-Novio'94	199701390	4:48.75	+0,86			
	50m: 32.38	32.38	150m: 1:44.44	36.31	250m: 2:58.37	36.98	350m: 4:12.93	36.96
	100m: 1:08.13	35.75	200m: 2:21.39	36.95	300m: 3:35.97	37.60	400m: 4:48.75	35.82
	Esmée Six	EIFFELswimmersPSV	199700490	4:50.27	+0,74			
	50m: 31.55	31.55	150m: 1:42.67	35.94	250m: 2:55.93	36.58	350m: 4:11.82	38.30
	100m: 1:06.73	35.18	200m: 2:19.35	36.68	300m: 3:33.52	37.59	400m: 4:50.27	38.45
	Maud Hoofs	Racing Club	199501206	4:51.59	+0,71			
	50m: 31.76	31.76	150m: 1:44.35	37.16	250m: 2:59.81	37.79	350m: 4:15.23	37.38
	100m: 1:07.19	35.43	200m: 2:22.02	37.67	300m: 3:37.85	38.04	400m: 4:51.59	36.36
	Laura Hagreis	OZ&PC	199600548	4:53.26	+0,72			
	50m: 31.20	31.20	150m: 1:43.11	36.54	250m: 2:58.49	37.65	350m: 4:15.41	38.31
	100m: 1:06.57	35.37	200m: 2:20.84	37.73	300m: 3:37.10	38.61	400m: 4:53.26	37.85



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 2, Women, 400m Freestyle, all-in

rank	name	club name	time	RT	pts			
	Sietske Veldkamp	ZPC De Hof	199501628	4:55.04	+0,81			
	50m: 31.90	31.90	150m: 1:45.24	37.35	250m: 3:00.97	38.20	350m: 4:17.71	38.41
	100m: 1:07.89	35.99	200m: 2:22.77	37.53	300m: 3:39.30	38.33	400m: 4:55.04	37.33
	Kirsty Hunter	East Lothian Swim Team	352277	4:55.49	+0,81			
	50m: 32.04	32.04	150m: 1:44.94	37.20	250m: 3:00.95	38.13	350m: 4:18.08	38.58
	100m: 1:07.74	35.70	200m: 2:22.82	37.88	300m: 3:39.50	38.55	400m: 4:55.49	37.41
	Angelique van Vark	Z&PC De Gouwe	199701478	4:56.85	+0,67			
	50m: 32.64	32.64	150m: 1:47.01	37.52	250m: 3:03.39	38.26	350m: 4:20.94	38.66
	100m: 1:09.49	36.85	200m: 2:25.13	38.12	300m: 3:42.28	38.89	400m: 4:56.85	35.91
	Bente van Bergen	Zeester-Meerval	199600336	4:56.99	+0,71			
	50m: 31.23	31.23	150m: 1:41.31	35.53	250m: 2:56.27	37.35	350m: 4:15.67	40.20
	100m: 1:05.78	34.55	200m: 2:18.92	37.61	300m: 3:35.47	39.20	400m: 4:56.99	41.32
	Aylin van Uffelen	ZVVS	199600352	4:57.17	+0,63			
	50m: 31.86	31.86	150m: 1:44.02	37.59	250m: 3:01.07	39.16	350m: 4:19.89	39.47
	100m: 1:06.43	34.57	200m: 2:21.91	37.89	300m: 3:40.42	39.35	400m: 4:57.17	37.28
	Eva Werkman	Zwemlust den Hommel	199703458	4:57.58	+0,81			
	50m: 32.69	32.69	150m: 1:46.48	37.74	250m: 3:03.11	38.35	350m: 4:20.02	38.25
	100m: 1:08.74	36.05	200m: 2:24.76	38.28	300m: 3:41.77	38.66	400m: 4:57.58	37.56
	Hilde Grondhout	Zeester-Meerval	199602300	4:58.85	+0,66			
	50m: 32.36	32.36	150m: 1:45.69	37.18	250m: 3:02.18	38.33	350m: 4:20.59	39.37
	100m: 1:08.51	36.15	200m: 2:23.85	38.16	300m: 3:41.22	39.04	400m: 4:58.85	38.26
	Kristel Hormann	De Spatters	199601084	4:59.88	+0,74			
	50m: 32.03	32.03	150m: 1:48.08	38.77	250m: 3:06.39	38.76	350m: 4:24.02	38.38
	100m: 1:09.31	37.28	200m: 2:27.63	39.55	300m: 3:45.64	39.25	400m: 4:59.88	35.86
	Demi Rothe	OZ&PC	199703388	5:00.31	+0,80			
	50m: 31.99	31.99	150m: 1:47.53	38.55	250m: 3:05.57	39.19	350m: 4:23.44	38.38
	100m: 1:08.98	36.99	200m: 2:26.38	38.85	300m: 3:45.06	39.49	400m: 5:00.31	36.87
	Elles Becker	Zwemclub Zeist	199600628	5:00.81	+0,74			
	50m: 33.00	33.00	150m: 1:48.94	38.32	250m: 3:06.89	38.86	350m: 4:24.34	38.39
	100m: 1:10.62	37.62	200m: 2:28.03	39.09	300m: 3:45.95	39.06	400m: 5:00.81	36.47
	Tamara van der Steen	ZVVS	199605156	5:02.62	+0,76			
	50m: 33.10	33.10	150m: 1:48.75	38.27	250m: 3:06.17	38.68	350m: 4:24.23	38.72
	100m: 1:10.48	37.38	200m: 2:27.49	38.74	300m: 3:45.51	39.34	400m: 5:02.62	38.39
	Laura Willemsen	Aquarijn	199700168	5:09.30	+0,76			
	50m: 33.88	33.88	150m: 1:50.79	38.87	250m: 3:09.61	39.51	350m: 4:29.72	39.89
	100m: 1:11.92	38.04	200m: 2:30.10	39.31	300m: 3:49.83	40.22	400m: 5:09.30	39.58
DNS	Dorien Butter	Racing Club	199606542					
WDR	Grainne Murphy	Swim Ireland	1993murp					

all-in

1.	Eleanor Simmonds	Great Britain	68949	S6	5:33.31	+0,81	1074	
	50m: 39.05	39.05	150m: 2:03.16	42.40	250m: 3:27.90	42.78	350m: 4:52.40	42.26
	100m: 1:20.76	41.71	200m: 2:45.12	41.96	300m: 4:10.14	42.24	400m: 5:33.31	40.91
2.	Mirjam de Koning - Peper <i>NR Gehandicapten</i>	Oceanus	196900782	S6	5:37.85		1031	
	50m: 37.68	37.68	150m: 2:01.64	42.35	250m: 3:28.01	43.02	350m: 4:54.98	43.01
	100m: 1:19.29	41.61	200m: 2:44.99	43.35	300m: 4:11.97	43.96	400m: 5:37.85	42.87
3.	Daniela Schulte	NPC Germany	1982schu	S11	5:37.83	+0,74	803	
	50m: 37.45	37.45	150m: 2:03.45	43.45	250m: 3:29.76	43.12	350m: 4:56.80	43.11
	100m: 1:20.00	42.55	200m: 2:46.64	43.19	300m: 4:13.69	43.93	400m: 5:37.83	41.03
4.	Elodie Lorandi	France	1989lora	S10	4:47.38	+0,78	769	
	50m: 32.61	32.61	150m: 1:44.30	36.23	250m: 2:57.48	36.53	350m: 4:10.77	36.79
	100m: 1:08.07	35.46	200m: 2:20.95	36.65	300m: 3:33.98	36.50	400m: 4:47.38	36.61
5.	Romy Pansters	ZC Valkenburg	199605900	S8	5:32.74	+0,88	645	
	50m: 37.39	37.39	150m: 2:02.03	43.26	250m: 3:27.50	42.96	350m: 4:53.17	43.52
	100m: 1:18.77	41.38	200m: 2:44.54	42.51	300m: 4:09.65	42.15	400m: 5:32.74	39.57
6.	Marije Oosterhuis	Eemsrobben	199500318	S10	5:08.15	+0,86	624	
	50m: 33.52	33.52	150m: 1:51.13	39.54	250m: 3:10.04	39.58	350m: 4:29.79	39.89
	100m: 1:11.59	38.07	200m: 2:30.46	39.33	300m: 3:49.90	39.86	400m: 5:08.15	38.36
7.	Lisa den Braber	AZ&PC	199207558	S8	5:39.67	+0,61	606	
	50m: 38.00	38.00	150m: 2:02.54	42.34	250m: 3:29.79	43.47	350m: 4:57.15	43.42
	100m: 1:20.20	42.20	200m: 2:46.32	43.78	300m: 4:13.73	43.94	400m: 5:39.67	42.52



Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 2, Women, 400m Freestyle, all-in

rank	name	club name	time	RT	pts			
8.	Lisa Dootjes	MNC Dordrecht	199407016	S9	5:38.47 +0,93	473		
	50m: 34.83	34.83	150m: 1:56.46	42.03	250m: 3:24.82	43.96	350m: 4:54.45	44.79
	100m: 1:14.43	39.60	200m: 2:40.86	44.40	300m: 4:09.66	44.84	400m: 5:38.47	44.02
9.	Britt van Diessen	TRB-RES	198900900	S10	5:58.04 +0,87	398		
	50m: 39.74	39.74	150m: 2:10.08	46.09	250m: 3:41.63	46.68	350m: 5:14.59	47.27
	100m: 1:23.99	44.25	200m: 2:54.95	44.87	300m: 4:27.32	45.69	400m: 5:58.04	43.45
DNS	Lina Watz	Sweden	1996watz	S10				
WDR	Maike Naomi Schnittger	NPC Germany	1994schn	S12				

Event 3
02-12-2011

Men, 200m Backstroke

all-in
Results Finals

World Record	1:51.92	Aaron Peirsol	Rome (ITA)	31-07-2009
European Record	1:54.75	Arkady Vyatchanin	Rome (ITA)	31-07-2009
Nederlands Record Senioren	1:56.85	Nick Driebergen	Rome (ITA)	30-07-2009
Nederlands Record Jeugd	2:00.39	Sander Ganzevles	Duinkerken (FRA)	28-07-2000
Limiet OS 2012 Londen	1:57.93			
Richttijd EK 2012 Antwerpen	1:59.99			
Richttijd EJK 2012 Antwerpen	2:04.39			

provisional results

rank	name	club name		time	RT	pts	50m	100m	150m	200m
Final A										
1.	Nick Driebergen	E.ON-NZA	198700793	1:58.70	+0,67		28.42	58.42	1:29.10	1:58.70
	<i>Championship Record</i>									
2.	Darren Murray	South Africa	1991murr	2:00.38	+0,72		28.07	59.07	1:30.32	2:00.38
3.	Charl Crous	South Africa	1990crous	2:00.43	+0,63		27.77	58.81	1:30.35	2:00.43
4.	C. Walker-Hebborn	University of Bath	25883	2:00.63	+0,69		28.31	59.12	1:30.25	2:00.63
5.	Yakov Toumarkin	Israel	1992toun	2:00.93	+0,75		28.77	59.43	1:30.88	2:00.93
6.	Damiano Lestingi	Italy National Team	1989lest	2:00.98	+0,77		28.39	58.66	1:29.58	2:00.98
7.	Michele Malerba	Italy National Team	1991male	2:02.06	+0,53		28.66	59.63	1:30.98	2:02.06
8.	Itai Chammna	Israel	1985cham	2:02.93	+0,71		29.44	1:00.97	1:32.92	2:02.93



Event 4
02-12-2011

Women, 200m Backstroke

all-in
Results Finals

World Record	2:04.81	Kirsty Coventry	Rome (ITA)	01-08-2009
European Record	2:04.94	Anastasia Zueva	Rome (ITA)	01-08-2009
Nederlands Record Senioren	2:07.78	Sharon van Rouwendaal	Shanghai (CHN)	30-07-2011
Nederlands Record Jeugd	2:13.33	Sharon van Rouwendaal	Montpellier (FRA)	25-04-2009
Limiet OS 2012 Londen	2:09.68			
Vormbehoud OS 2012 Londen	2:10.98	Sharon van Rouwendaal		
Richttijd EK 2012 Antwerpen	2:12.25			
Richttijd EJK 2012 Antwerpen	2:16.96			

provisional results

rank	name	club name		time	RT	pts	50m	100m	150m	200m
Final A										
1.	Duane Da Roche Marce	Spain	1988daro	2:10.47	+0,75		31.56	1:05.27	1:38.30	2:10.47
	<i>Championship record</i>									
2.	Sharon van Rouwendaal	EIFFELswimmersPSV	199307422	2:10.52	+0,62		31.62	1:04.72	1:38.10	2:10.52
	<i>Vormbehoud OS 2012</i>									
3.	Melanie Nocher	Swim Ireland	1988noch	2:12.02	+0,72		31.45	1:04.76	1:38.54	2:12.02
4.	Elena Gemo	Italy National Team	1987gemo	2:14.05	+0,81		32.26	1:05.90	1:40.50	2:14.05
5.	Annemarie Worst	E.ON-NZA	199500042	2:14.12	+0,66		32.28	1:06.67	1:41.23	2:14.12
6.	Anna Volchicov	Israel	1992volch	2:15.51	+0,74		32.69	1:06.88	1:42.14	2:15.51
7.	Kimberly Buys	BRABO	BRABO/499/89	2:17.15	+0,62		31.65	1:06.40	1:41.50	2:17.15
8.	Kira Toussaint	E.ON-NZA	199400990	2:17.94	+0,60		31.94	1:05.96	1:41.48	2:17.94

Event 5
02-12-2011

Men, 100m Breaststroke

all-in
Results Finals

World Record	58.58	Brenton Rickard	Rome (ITA)	27-07-2009
European Record	58.64	Hugues Duboscq	Rome (ITA)	27-07-2009
Nederlands Record Senioren	59.50	Lennart Stekelenburg	Amsterdam	19-04-2009
Nederlands Record Jeugd	1:03.07	Lennart Stekelenburg	Lissabon (POR)	16-07-2004
Limiet OS 2012 Londen	1:00.53			
Vormbehoud OS 2012 Londen	1:01.13	Lennart Stekelenburg		
Richttijd EK 2012 Antwerpen	1:01.13			
Richttijd EJK 2012 Antwerpen	1:03.78			

provisional results

rank	name	club name		time	RT	pts	50m	100m
Final A								
1.	Hendrik Feldwehr	SG Essen	063107	1:01.02	+0,68		28.70	1:01.02
	<i>Championship Record</i>							
2.	Akos Molnar	A Jövö Sc	1987mohn	1:01.47	+0,77		28.92	1:01.47
3.	Lennart Stekelenburg	E.ON-NZA	198602979	1:01.71	+0,63		29.17	1:01.71
4.	Giacomo Perez Dortona	Team Marseille 2012	1989pere	1:01.97	+0,70		28.95	1:01.97
5.	Michael Jamieson	University of Bath	70097	1:02.14	+0,74		29.19	1:02.14
6.	Bram Dekker	EIFFELswimmersPSV	198900649	1:02.34	+0,74		29.35	1:02.34
7.	Henrique Barbosa	Brazil	1984barbo	1:02.40	+0,73		29.05	1:02.40
8.	Flavio Bizzarri	Italy National Team	1993bizz	1:02.44	+0,70		29.35	1:02.44

Event 6
02-12-2011

Women, 100m Breaststroke

all-in
Results Finals

World Record	1:04.45	Jessica Hardy	Federal Way (USA)	07-08-2009
European Record	1:05.41	Yuliya Efimova	Rome (ITA)	28-07-2009
Nederlands Record Senioren	1:07.41	Moniek Nijhuis	Amsterdam	17-04-2009
Nederlands Record Jeugd	1:10.48	Moniek Nijhuis	Lissabon (POR)	18-07-2004
Limiet OS 2012 Londen	1:07.93			
Vormbehoud OS 2012 Londen	1:08.60	Moniek Nijhuis		
Richttijd EK 2012 Antwerpen	1:09.19			
Richttijd EJK 2012 Antwerpen	1:11.93			

provisional results

rank	name	club name		time	RT	pts	50m	100m
Final A								
1.	Moniek Nijhuis	E.ON-NZA	198803188	1:07.75	+0,78		32.43	1:07.75
	<i>Championship record</i>							
2.	Jennie Johansson	Upsala SK	1988joha	1:07.88	+0,75		32.65	1:07.88
3.	Caroline Ruhnau	SG Essen	088444	1:08.58	+0,75		32.24	1:08.58
4.	Joline Hostman	Molndals ASS	1988host	1:08.88	+0,64		32.56	1:08.88
5.	Rikke Møller Pedersen	Danish SF	1989pede	1:08.96	+0,71		32.80	1:08.96
6.	Sycerika McMahon	Swim Ireland	1995mcma	1:09.24	+0,64		32.74	1:09.24
7.	Marina Garcia Urzainqui	Spain	1994garc	1:09.73	+0,78		33.22	1:09.73
8.	Loes Zanderink	EIFFELswimmersPSV	198805006	1:09.90	+0,70		32.75	1:09.90

Event 7
02-12-2011

Men, 200m Fly

all-in
Results Finals

World Record	1:51.51	Michael Phelps	Rome (ITA)	29-07-2009
European Record	1:52.70	Laszlo Cseh	Beijing (CHN)	13-08-2008
Nederlands Record Senioren	1:56.59	Joeri Verlinden	Rome (ITA)	28-07-2009
Nederlands Record Jeugd	2:01.43	Sam van de Schootbrugge	Helsinki (FIN)	17-07-2010
Limiet OS 2012 Londen	1:56.29			
Richttijd EK 2012 Antwerpen	1:58.22			
Richttijd EJK 2012 Antwerpen	2:02.60			

provisional results

rank	name	club name		time	RT	pts	50m	100m	150m	200m
Final A										
1.	Duarte Rafael Mourao	Portugal	13018	1:59.83	+0,72		26.51	56.81	1:28.09	1:59.83
2.	Joeri Verlinden	E.ON-NZA	198803549	2:00.57	+0,73		26.19	56.62	1:28.32	2:00.57
3.	Alon Mandel	Israel	1988mand	2:01.29	+0,73		27.19	57.98	1:29.37	2:01.29
4.	James Faure	University of Bath	731358	2:02.22	+0,66		27.71	58.95	1:30.53	2:02.22
5.	Fabian Beimin	AZ&PC	199100087	2:03.49	+0,64		26.53	57.32	1:29.58	2:03.49
6.	Niall Wynn	NUIM Devils	1989wynn	2:04.92	+0,72		27.83	58.97	1:31.66	2:04.92
7.	Braxton Timm	City of Sheffield SS	21366	2:06.48	+0,63		27.04	58.34	1:31.20	2:06.48
8.	Ensgler Kotterink	Netherlands	58368	2:07.96	+0,68		28.08	59.88	1:33.77	2:07.96

Event 8
02-12-2011

Women, 200m Fly

all-in
Results Finals

World Record	2:01.81	Liu Zige	Jinan (CHN)	21-10-2009
European Record	2:04.27	Katinka Hosszu	Rome (ITA)	29-07-2009
Nederlands Record Senioren	2:12.33	Conny van Bentum	Leeds (GBR)	30-07-1988
Nederlands Record Jeugd	2:14.23	Sharon van Rouwendaal	Duinkerken (FRA)	23-04-2008
Limiet OS 2012 Londen	2:08.24			
Richttijd EK 2012 Antwerpen	2:10.30			
Richttijd EJK 2012 Antwerpen	2:18.90			

provisional results

rank	name	club name	time	RT	pts	50m	100m	150m	200m
Final A									
1.	Jessica Dickons	University of Bath	17426	2:07.68	+0,73	29.04	1:01.13	1:33.93	2:07.68
	<i>Championship record</i>								
2.	Mireia Belmonte Garcia	Spain	1990belm	2:09.50	+0,80	29.95	1:02.77	1:36.20	2:09.50
3.	Martina Granstroem	Jönköpings Simsällskap	BF3691	2:09.94	+0,75	29.96	1:03.03	1:36.64	2:09.94
4.	Mandy Loots	South Africa	1978loots	2:13.26	+0,73	29.50	1:03.32	1:37.80	2:13.26
5.	Jasmin Rosenberger	SG Essen	119842	2:17.23	+0,74	30.72	1:05.76	1:41.17	2:17.23
6.	Malissa van de Heuvel	EIFFELswimmersPSV	199304922	2:17.53	+0,74	30.73	1:04.81	1:40.36	2:17.53
7.	Simona Muccioli	San Marino SF	1984mucc	2:20.78	+0,68	31.74	1:06.92	1:43.54	2:20.78
8.	Jessica Spruit	EIFFELswimmersPSV	199103756	2:20.79	+0,76	30.96	1:06.06	1:43.14	2:20.79

Event 9
02-12-2011

Men, 50m Freestyle

all-in
Results Finals

World Record	20.91	Cesar Cielo	Sao Paulo (BRA)	18-12-2009
European Record	20.94	Frederick Bousquet	Montpellier (FRA)	26-04-2009
Nederlands Record Senioren	22.03	Pieter van den Hoogenband	Sydney (AUS)	22-09-2000
Nederlands Record Jeugd	22.67	Pieter van den Hoogenband	Atlanta (USA)	26-07-1996
Limiet OS 2012 Londen	22.04			
Richttijd EK 2012 Antwerpen	22.45			
Richttijd EJK 2012 Antwerpen	23.39			

provisional results

rank	name	club name		time	RT	pts
Final A						
1.	Sergey Fesikov	ADN Swim Project	1989fesi	21.98	+0,71	
	<i>Championship Record</i>					
2.	George Bovell	Trinidad	1983bovel	22.24	+0,69	
	Stefan Nystrand	Spårvägen Sim	AB1181	22.24	+0,67	
4.	Florent Manaudou	Team Marseille 2012	1990mana	22.34	+0,48	
5.	Petter Stymne	Simklubben Neptun	AB6983	22.44	+0,69	
6.	Norbert Trandafir	Romania	1988tran	22.53	+0,65	
7.	Ari-Pekka Liukkonen	Finland	1989liuk	22.65	+0,68	
8.	Fabien Gilot	Team Marseille 2012	1984gilo	22.68	+0,70	

Event 109
02-12-2011

Men, 50m Freestyle
Finale paralympics S6-S13

Paralympisch all-in
Results

rank	name	club name			time	RT	pts
1.	Maurice Deelen	AZ&PC	197101407	S8	27.32	+0,76	907
2.	Sami El Gueddari	France	1984elgu	S9	26.88		838
3.	Charles Rozoy	France	1987rozoy	S8	28.42	+0,74	806
4.	Daniel Simon	NPC Germany	1988simo	S13	25.41	+0,64	782
5.	Thijs van den End	One Team Swimming	199306803	S9	29.01	+0,98	666
6.	Sjaak van den Berg	Oude Veer	198400111	S9	30.94	+0,81	549





Open Nederlandse Kampioenschappen Zwemmen
Eindhoven, 2- - 4-12-2011

Event 10
02-12-2011

Women, 50m Freestyle

all-in
Results Finals

World Record	23.73	Britta Steffen	Rome (ITA)	02-08-2009
European Record	23.73	Britta Steffen	Rome (ITA)	02-08-2009
Nederlands Record Senioren	23.96	Marleen Veldhuis	Amsterdam	19-04-2009
Nederlands Record Jeugd	25.74	Ranomi Kromowidjojo	Palma de Mallorca (ESP)	09-07-2006
Limiet OS 2012 Londen	25.01			
Vormbehoud OS 2012 Londen	25.26	Ranomi Kromowidjojo, Marleen Veldhuis		
Richttijd EK 2012 Antwerpen	25.45			
Richttijd EJK 2012 Antwerpen	26.48			

provisional results

rank	name	club name	time	RT	pts
Final A					
1.	Ranomi Kromowidjojo	EIFFELswimmersPSV	199002156	24.30	
	<i>Championship record, Limiet OS 2012</i>				
2.	Marleen Veldhuis	EIFFELswimmersPSV	197900894	24.39	+0,72
	<i>Limiet OS 2012</i>				
3.	Sarah Sjöström	Södertörns Simsaellskap	BN4493	24.75	+0,71
4.	Hinkelien Schreuder	EIFFELswimmersPSV	198402192	25.26	+0,73
5.	Femke Heemskerk	E.ON-NZA	198705224	25.36	+0,77
6.	Pernille Blume	Danish SF	1994blume	25.48	+0,76
7.	Nathalie Lindborg	Malmö KK	BN5691	25.68	+0,75
8.	Hanna-Maria Seppälä	Finland	1984sepp	25.97	+0,71

Event 110
02-12-2011

Women, 50m Freestyle
Finale paralympics S6-S13

Paralympisch all-in
Results

rank	name	club name			time	RT	pts
1.	Mirjam de Koning - Peper	Oceanus	196900782	S6	34.99		921
2.	Elodie Lorandi	France	1989lora	S10	29.11	+0,74	850
3.	Chantal Molenkamp	AZ&PC	199002624	S10	29.41		824
4.	Stefanie Weinberg	NPC Germany	1991wein	S8	33.04	+0,74	764
5.	Maja Reichard	Sweden	1991reich	S11	34.25	+0,74	757
6.	Eleanor Simmonds	Great Britain	68949	S6	37.56	+0,81	744
7.	Marije Oosterhuis	Eemsrobben	199500318	S10	30.93	+0,86	708
8.	Romy Pansters	ZC Valkenburg	199605900	S8	35.05	+0,90	640

Event 11
02-12-2011

Men, 200m Medley

all-in
Results Finals

World Record	1:54.00	Ryan Lochte	Shanghai (CHN)	28-07-2011
European Record	1:55.18	Laszlo Cseh	Rome (ITA)	29-07-2009
Nederlands Record Senioren	2:00.77	Marcel Wouda	Sevilla (ESP)	24-08-1997
Nederlands Record Jeugd	2:04.53	Nick van der Zandt	Valetta (MLT)	08-07-2001
Limiet OS 2012 Londen	1:59.58			
Richttijd EK 2012 Antwerpen	2:00.87			
Richttijd EJK 2012 Antwerpen	2:05.58			

provisional results

rank	name	club name		time	RT	pts	50m	100m	150m	200m
Final A										
1.	Simon Sjödin	Simklubben Neptun	AG6786	2:00.22	+0,70		25.52	55.81	1:30.36	2:00.22
<i>Championship Record</i>										
2.	Xavier Mohammed	City of Cardiff SC	39818	2:01.66	+0,67		26.74	57.31	1:32.54	2:01.66
3.	Michael Meyer	South Africa	1992meyer	2:03.70	+0,71		26.69	57.43	1:34.16	2:03.70
4.	Roberto Pavoni	Loughborough ITC	37306	2:04.00	+0,66		27.09	58.85	1:34.95	2:04.00
5.	Gal Nevo	Israel	1987nevo	2:04.08	+0,63		27.33	1:00.36	1:34.93	2:04.08
6.	Taki M'rabet	Tunisia	1989mrab	2:04.77	+0,68		26.24	58.69	1:35.06	2:04.77
7.	Lewis Smith	Warrender	69260	2:06.25	+0,70		27.67	59.29	1:36.30	2:06.25
8.	Ieuan Lloyd	City of Cardiff SC	32023	2:07.24	+0,73		26.77	1:00.40	1:37.30	2:07.24

Event 12
02-12-2011

Women, 200m Medley

all-in
Results Finals

World Record	2:06.15	Ariana Kukors	Rome (ITA)	27-07-2009
European Record	2:07.46	Katinka Hosszu	Rome (ITA)	27-07-2009
Nederlands Record Senioren	2:13.13	Femke Heemskerk	Straatsburg (FRA)	24-03-2011
Nederlands Record Jeugd	2:17.23	Sharon van Rouwendaal	St. Raphael (FRA)	01-03-2009
Limiet OS 2012 Londen	2:12.10			
Richttijd EK 2012 Antwerpen	2:14.92			
Richttijd EJK 2012 Antwerpen	2:19.76			

provisional results

rank	name	club name		time	RT	pts	50m	100m	150m	200m
Final A										
1.	Hannah Miley	Garioch ASC	69436	2:12.18	+0,73		29.46	1:03.32	1:40.78	2:12.18
	<i>Championship record</i>									
2.	Beatriz Gomes Cortes	Spain	1994gome	2:13.97	+0,77		29.92	1:05.92	1:43.53	2:13.97
3.	Kathryn Meaklim	South Africa	1989meakl	2:14.88	+0,79		29.36	1:04.30	1:43.08	2:14.88
4.	Wendy v.d. Zanden	EIFFELswimmersPSV	198805004	2:15.40	+0,72		28.91	1:02.94	1:43.82	2:15.40
5.	Grainne Murphy	Swim Ireland	1993murp	2:15.82	+0,79		30.26	1:05.44	1:44.42	2:15.82
6.	Siobhan-Marie O'Connor	University of Bath	292600	2:16.70	+0,75		29.14	1:03.49	1:44.11	2:16.70
7.	Lieke Verouden	Racing Club	199003948	2:16.90	+0,75		30.24	1:06.40	1:45.37	2:16.90
8.	Duane Da Roche Marce	Spain	1988daro	2:17.69	+0,76		30.26	1:04.82	1:45.82	2:17.69



Event 13
02-12-2011

Men, 4 x 100m Medley

Senioren Open
Results

World Record	3:27.28	USA	Rome (ITA)	02-08-2009
European Record	3:28.58	GER	Rome (ITA)	02-08-2009
Nederlands Record Senioren Ver.	3:37.53	PSV	Sydney (AUS)	23-09-2000
Nederlands Record Jeugd Ver.	3:56.02	DWK	Eindhoven	14-06-2009

rank	club name	time	RT	pts
1.	De Dolfijn 1 <i>Championship Record</i>	3:37.78	+0,67	
	Nick Driebergen	+0,67	26.82	54.99
	Lennart Stekelenburg	+0,30	28.78	1:01.83
				Joeri Verlinden
				+0,23
				24.92
				52.61
				Sebastiaan Verschuren
				+0,26
				23.45
				48.35
2.	Team Marseille 2012 1	3:38.97	+0,82	
	Camille Lacourt	+0,82	26.68	54.36
	Giacomo Perez Dortona	+0,22	28.34	1:01.36
				Florent Manaudou
				+0,36
				24.70
				53.52
				Nabil Kebbab
				+0,26
				24.10
				49.73
3.	University of Bath 1	3:43.85	+0,66	
	Christopher Walker-Hebborn	+0,66	27.22	55.44
	Michael Jamieson	+0,31	29.10	1:01.37
				James Faure
				+0,31
				26.72
				56.87
				Calum Jarvis
				+0,07
				23.65
				50.17
4.	AZ&PC 1	3:50.92	+0,64	
	Aziz Nosairi	+0,64	29.34	1:00.32
	Pieter Jan de Vries	+0,52	29.49	1:04.16
				Fabian Beimin
				+0,40
				25.55
				55.17
				Robin van Aggele
				+0,09
				24.10
				51.27
5.	Team Marseille 2012 2	3:53.92	+0,85	
	Dorian Gandin	+0,85	28.65	58.41
	Lucas Vigorito	+0,40	32.92	1:09.92
				Yoris Grandjean
				+0,13
				25.03
				55.22
				William Meynard
				+0,09
				24.10
				50.37
6.	De Columbiaan 1	3:54.14	+0,64	
	Jan Kersten	+0,64	28.27	58.47
	Jonathan Cassuto	+0,22	30.72	1:06.08
				Walter Jansen
				+0,17
				26.08
				57.59
				Eduard Bremmer
				+0,26
				24.42
				52.00
7.	DWK 1	3:55.94	+0,73	
	Jos de Graaf	+0,73	29.25	59.39
	Kevin Eltink	+0,41	31.61	1:08.54
				Tim van Deutekom
				+0,18
				25.38
				56.51
				Joost Groeneveld
				+0,28
				24.22
				51.50
8.	De Dinkel 1	4:00.60	+0,67	
	Rense Loohuis	+0,67	29.55	1:00.79
	Kasper Leeuw	+0,31	31.39	1:07.06
				Menno Manning
				+0,33
				27.06
				58.85
				Jeroen Gijselaar
				+0,27
				25.42
				53.90
9.	Nayade 1	4:02.18	+0,78	
	Ruud van Bommel	+0,78	30.05	1:00.96
	Stefan Jacobs	+0,25	30.81	1:07.54
				Tom Lommers
				+0,18
				27.36
				59.89
				Kevin Hondsmark
				+0,34
				25.85
				53.79
10.	De Dolfijn 2	4:02.84	+0,73	
	Ruben Dekker	+0,73	29.20	59.36
	Tom Verbeek	+0,54	33.97	1:12.87
				Dennis Eiveld
				+0,35
				27.02
				57.58
				Stanley Vleerlaag
				+0,36
				25.49
				53.03
11.	ZPC Bikkel Hoogeveen 1	4:03.39	+0,65	
	Chris Bolding	+0,65	29.97	1:01.49
	Niels van Eck	+0,23	30.87	1:05.76
				Jeroen Lorius
				+0,43
				28.03
				59.83
				Derk-Jan Knol
				+0,43
				27.67
				56.31
12.	HGN (SG) 1	4:05.61	+0,78	
	Davy Verreussel	+0,78	30.11	1:01.11
	Kevin Wolters	+0,24	31.58	1:08.63
				Stan Tummers
				+0,13
				28.20
				1:01.03
				Alan Smeets
				+0,15
				25.04
				54.84
13.	Zeester-Meerval 1	4:08.65	+0,81	
	Guus van Stiphout	+0,81	31.51	1:04.09
	Micael Correia	+0,24	32.03	1:11.30
				Wouter Houtman
				+0,26
				27.48
				59.78
				Raga Flores
				+0,42
				25.04
				53.48
14.	MNC Dordrecht 1	4:10.12	+0,71	
	Victor Poot	+0,71	31.93	1:04.34
	Max Spiering	+0,32	33.83	1:13.42
				John Smit
				+0,47
				27.71
				1:00.17
				Arjan van der Plaats
				+0,24
				25.14
				52.19
15.	DAW 1	4:13.47	+0,67	
	Jorrick Druyven	+0,67	30.21	1:03.01
	Rian Visser	+0,32	32.87	1:11.59
				Jan Peereboom
				+0,42
				29.49
				1:04.62
				Thom de Boer
				+0,06
				25.64
				54.25

Event 14
02-12-2011

Women, 4 x 100m Freestyle

Senioren Open
Results

World Record	3:31.72	NED		Rome (ITA)	26-07-2009
European Record	3:31.72	NED		Rome (ITA)	26-07-2009
Nederlands Record Senioren Ver.	3:46.10	De Dolfijn		Amsterdam	01-06-2007
Nederlands Record Jeugd Ver.	3:58.18	Dedemsvaart-AC		Amersfoort	16-07-1983

rank	club name	time	RT	pts
1.	EIFFELswimmersPSV 1 Clarissa van Rheenen Andrea Kneppers	EIFFELswimmersPSV 56.65 27.64 56.37	3:48.64 +0,69 27.55 27.70	+0,69 57.90 57.72
2.	University of Bath 1 Amelia Maughan Hayley Towner	University of Bath 56.38 27.68 56.51	3:48.67 +0,51 27.99 27.87	+0,76 58.03 57.75
3.	AZ&PC 1 Ilse van Hoom Denise van Ark	AZ&PC 28.33 59.09 28.00 58.42	3:52.41 +0,32 27.08 26.51	+0,79 57.68 57.22
4.	De Dolfijn 1 Anja van der Hout Maxime Verschuur	De Dolfijn 28.87 59.55 29.18 1:01.89	3:58.93 +0,57 28.31 28.45	+0,67 58.88 58.61
5.	MNC Dordrecht 1 Kelly Wigleven Milou Julicher	MNC Dordrecht 29.15 1:00.42 28.86 1:00.79	4:00.48 +0,16 28.70 27.74	+0,75 1:00.53 58.74
6.	Orca 1 Cynthia Verkaik Annemarie Worst	Orca 28.91 59.03 29.36 1:00.11	4:01.60 +0,46 29.09 29.47	+0,79 1:01.07 1:01.39
7.	De Dinkel 1 Marlies Reinders Lonne Dijkhuis	De Dinkel 28.74 59.43 29.22 1:02.22	4:02.88 +0,57 29.36 28.58	+0,86 1:00.27 1:00.96
8.	Zeester-Meerval 1 Elise Pennings Inge Arts	Zeester-Meerval 29.50 1:01.43 28.76 1:00.46	4:03.68 +0,27 29.97 28.26	+0,72 1:03.11 58.68
9.	De Columbiaan 1 Jara Schmidt Liset Jansen	De Columbiaan 30.08 1:02.29 29.59 1:01.09	4:06.32 +0,13 29.81 28.21	+0,79 1:02.66 1:00.28
10.	OZ&PC 1 Michelle Hoogendoorn Lindy Nijhuis	OZ&PC 30.14 1:02.33 30.03 1:03.51	4:09.11 +0,19 29.49 29.34	+0,78 1:01.83 1:01.44
11.	De Zijl/LGB 1 Lisa Postma Anouque Berghuis	De Zijl/LGB 30.24 1:03.76 29.88 1:02.44	4:10.61 +0,53 30.58 28.42	+0,72 1:05.00 59.41
12.	DAW 1 Melissa Zwaan Roxann Geenen	DAW 29.30 1:02.47 30.63 1:03.91	4:10.73 +0,47 30.60 28.62	+0,70 1:03.66 1:00.69
13.	Racing Club 1 Maud Hoofs Lisa van den Eng	Racing Club 29.98 1:01.43 30.70 1:05.54	4:10.87 +0,26 30.49 28.82	+0,70 1:04.90 59.00
14.	MNC Dordrecht 2 Kim Busch Sanne Advocaat	MNC Dordrecht 29.66 1:02.26 29.40 1:01.92	4:13.61 +0,48 30.21 30.11	+0,83 1:04.58 1:04.85