



RESULTS**#46 Men 4x100 Meter Medley Relay**

Meet records: 3:44.92 2007 South Africa - In

2011Africa-L: 3:31.53 * 2009 RSA-J Basson-D

er-S Rousseau--World Champs Rome Ita

2011World Lo: 3:27.28& 2009 USA Olympic

Rome Italy

Team	Relay	Finals Time
1 RSA	A	3:46.74
Charl S Crous 20	Darian R Townsend 27	
Chad G Le Clos 19	Gideon A Louw 24	
2 ALG	A	3:51.09
Badis Djendouci 23	Sofiane Daid 27	
Oussama Sahnoune 19	Nabil Kebbab 27	
3 KEN	A	3:53.55
David Dunford 22	Amar Shah 25	
Jason Dunford 24	Rama Vyombo 27	



RESULTS**#45 Women 1500 Meter Free****Meet records: 17:09.05 2007 Natalie Du Toit - In****2011Africa-L: 16:05.63 * 2011 WENDY A.****2011World Lo: 15:42.54& 2007 Kate Ziegler-**

Name	Age	Team	Finals Time
1 Roxanne Tammadge	20	RSA	CR17:03.22
2 Melia Mghezzi	23	ALG	17:21.95
3 Shrone Austin	22	SEY	17:27.76



RESULTS**#44 Men 200 Meter IM**

Meet records: 2:00.70 2011 Chad G Le Clos

2011Africa-L: 1:57.03 * 2009 Darian R.

2011World Lo: 1:54.00& 2011 Ryan Lochte-World

Name	Age	Team	Finals Time
Finals			
1 Chad G Le Clos	19	RSA	CR2:00.70
2 Darian R Townsend	27	RSA	2:01.76
3 Taki Mrabet	22	TUN	2:03.46



RESULTS**#42 Men 200 Meter IM S6 - S10 Multi-Class****Meet records: 2:04.10 # 1999 Theo Verster- In****2011Africa-L: 1:57.03 * 2009 Darian R.****2011World Lo: 1:54.00& 2011 Ryan Lochte-World**

Name	Age	Team	Finals Time
Finals			
1 Kevin F Paul	20	RSA	2:19.05
2 Achmat Hassiem	29	RSA	2:29.01
3 Titilayo A Badmus	31	NGR	2:56.73



RESULTS**#43 Women 200 Meter IM S6 - S10 Multi-Class****Meet records: 2:13.02 # 2007 Kirsty Coventry - In****2011Africa-L: 2:08.59 * 1908 Kirsty Coventry -at****2011World Lo: 2:06.15& 2009 Ariana Kukors-**

Name	Age	Team	Finals Time
1 Natalie Du Toit	27	RSA	2:35.01
2 Emily A Gray	20	RSA	2:50.20
3 Vera Toma Agbe-ere	25	NGR	3:14.06



RESULTS**#41 Women 200 Meter Back**

Meet records: 2:10.66 2007 Kirsty Coventry - In

2011Africa-L: 2:04.81 * 2009 Kirsty Coventry at-

2011World Lo: 2:04.81& 2009 Kirsty Coventry-

Name	Age	Team	Finals Time
1 Kirsty Coventry	27	ZIM	2:12.40
2 Mandy T Loots	33	RSA	2:16.68
3 Natasha DE Vos	18	RSA	2:18.18



RESULTS**#40 Men 50 Meter Free**

Meet records: 22.34 2007 Salim Lies -In

2011Africa-L: 21.67 * 2008 ROLAND M.

2011World Lo: 20.91& 2009 Cesar Cielo-Open

Meet records: 22.34 # 2011 Gideon A Louw

Name	Age	Team	Finals Time
Finals			
1 Gideon A Louw	24	RSA	CR22.34
2 David Dunford	22	KEN	22.71
3 Jason Dunford	24	KEN	22.87



RESULTS**#39 Women 200 Meter Fly****Meet records: 2:12.46 2011 Mandy T Loots****2011Africa-L: 2:09.41 * 2008 Kathryn A.****2011World Lo: 2:01.81& 2009 Zige Liu-Chinese**

Name	Age	Team	Finals Time
1 Mandy T Loots	33	RSA	CR2:12.46
2 Bianca J Meyer	22	RSA	2:16.66
3 Sarah Hadj	21	ALG	2:20.61