

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 1 Women 800 Yard Freestyle Relay**

Team	Relay	Seed Time
1 St. Catherine		7:35.30
2 St. Thomas		7:46.09
3 St. Olaf		7:57.65
4 Gustavus		8:01.11
5 Carleton		8:10.18
6 Saint Benedict		8:10.42
7 Concordia		8:31.41
8 Macalester		8:38.05
9 Hamline		8:38.36
10 Saint Mary's MN		8:42.50
11 Augsburg		9:13.84

**Event 2 Men 800 Yard Freestyle Relay**

Team	Relay	Seed Time
1 Gustavus		7:03.22
2 St. Thomas		7:07.37
3 St. John's		7:16.40
4 St. Olaf		7:23.03
5 Carleton		7:23.68
6 Hamline		7:27.40
7 Macalester		7:35.72
8 Saint Mary's MN		8:17.32

**Event 3 Men 3 mtr Diving**

Name	Yr	School	
1 Jack Wells	SO	Saint Mary's MN	NP
2 Leif Jorgensen Duus	SR	St. Olaf	NP
3 Jonathan Bovee	SR	Gustavus	NP
4 Carson Scholberg	SR	Gustavus	NP
5 Logan Bican	JR	Gustavus	NP
6 Josh Theis	JR	Gustavus	NP
7 Leo Braun	FR	St. John's	NP
8 Kieran Cuddy	SO	Macalester	NP
9 Andrew Godfrey	SO	St. Thomas	NP
10 Sam Serleth	FR	St. Thomas	NP

**Event 4 Women 200 Yard Medley Relay**

Team	Relay	Seed Time
1 St. Catherine		1:47.72
2 St. Thomas		1:48.69
3 Carleton		1:50.29
4 St. Olaf		1:50.86
5 Gustavus		1:51.25
6 Saint Benedict		1:53.88
7 Macalester		1:56.95
8 Hamline		1:59.35
9 Concordia		2:01.72
10 Saint Mary's MN		2:04.14
11 Augsburg		2:04.61

**Event 5 Men 200 Yard Medley Relay**

Team	Relay	Seed Time
1 St. Thomas		1:34.15
2 St. Olaf		1:36.14
3 Gustavus		1:36.55

4 Carleton	1:39.96
5 St. John's	1:40.07
6 Hamline	1:42.30
7 Macalester	1:45.90
8 Saint Mary's MN	1:48.30

**Event 6 Women 500 Yard Freestyle**

Meet Qualifying: 6:03.92

Name	Yr	School	Seed Time
1 Maggie Menso	FR	St. Catherine	4:56.43
2 Marissa Wolff	SO	St. Olaf	5:07.78
3 Alex Howard	JR	St. Thomas	5:08.87
4 Kasey Ericson	SO	St. Thomas	5:11.20
5 Gretchen Behrens	SO	St. Thomas	5:14.01
6 Linnea Rizzo	SR	St. Olaf	5:14.98
7 Molly Vancil	SR	St. Thomas	5:16.08
8 Katelyn Strauss	SR	St. Thomas	5:18.02
9 Katherine Brostrom	SO	Gustavus	5:21.31
10 McKenna Peterson	JR	St. Catherine	5:22.27
11 Caitlin Croasdell	JR	St. Olaf	5:24.59
12 Jacque Newhouse	FR	Saint Benedict	5:25.20
13 Sydney Hallmark	SR	Gustavus	5:25.32
14 Alison Cameron	FR	Carleton	5:25.63
15 Allie Mayfield	JR	Gustavus	5:26.43
16 Paige Pawlenty	JR	St. Thomas	5:26.84
17 Amelia Bjorklund	SO	Gustavus	5:26.98
18 Rachel Thate	JR	Gustavus	5:29.23
19 Ada Meyer	JR	Carleton	5:30.10
20 Tori Hagstrom	SO	St. Catherine	5:31.55
21 Katie Rising	SR	St. Catherine	5:33.18
22 Morgan Gerhardt	FR	Saint Benedict	5:33.44
23 Brooke Shefchik	SO	Saint Mary's MN	5:36.44
24 Madison Smith	FR	Carleton	5:37.94
25 Mykayla Laurie	SO	St. Catherine	5:38.13
26 Allie Crum	JR	Saint Benedict	5:38.15
27 Alaina Dehnke		Concordia	5:38.93
28 Serena Lee	FR	Carleton	5:40.41
29 Erin Martin	SR	St. Olaf	5:42.25
30 Isabelle Sondag	FR	Saint Benedict	5:43.29
31 Eveline Dowling	SR	Carleton	5:44.18
32 Ellie Speedling	FR	Gustavus	5:45.83
33 Nicole Lefebvre	FR	Saint Benedict	5:46.24
34 Zoe Schopick	SO	Macalester	5:47.91
35 Anna Backes		Concordia	5:47.96
36 Shannon Cucchiaro	FR	St. Olaf	5:48.53
37 Betsy Foy	FY	Macalester	5:48.54
38 Jade Le Bris	FR	St. Catherine	5:49.71
39 Kinsey Stewart	FY	Macalester	5:54.83
40 Ashlyn Seifert	FR	Saint Mary's MN	5:58.19
41 Andrea Molus	JR	Saint Benedict	5:59.03
42 Sena Takashima	FY	Macalester	5:59.12
43 Amanda Hansen	SO	Saint Mary's MN	6:04.05
44 Claire King	SO	Saint Mary's MN	6:08.05

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 7 Men 500 Yard Freestyle****Meet Qualifying: 5:41.11**

Name	Yr	School	Seed Time
1 Zach Dawson	JR	Gustavus	4:46.27
2 Adam Boerner	SO	St. Thomas	4:49.68
3 Eamonn McCullough	FR	Gustavus	4:50.48
4 Sam Johnson	SO	St. Thomas	4:50.70
5 Nate Stone	SO	St. Thomas	4:51.18
6 Nate Ruegemer	FR	St. Thomas	4:52.51
7 Sjon Greseth	FR	St. Olaf	4:53.06
8 Thomas Fitzloff	SO	Gustavus	4:53.27
9 Paul Reischmann	SR	Macalester	4:55.20
10 Josh Muntifering	SO	Gustavus	4:55.60
11 Nathan Steeves	FR	Hamline	4:58.68
12 Dutch Franko-Dynes	FR	Gustavus	4:59.01
13 Mick Olson	SO	St. John's	4:59.97
14 Nicholas Grivna	SO	Hamline	5:01.72
15 Stevie Fitch	SO	Carleton	5:04.80
16 Jack Dalluge	JR	Carleton	5:05.54
17 Zach McCarty	SO	St. Olaf	5:06.12
18 Allen Yuan	FR	Carleton	5:06.24
19 Ryan Sklar	JR	Gustavus	5:06.32
20 Sam Darwish	JR	Carleton	5:08.00
21 Dmitriy Pelutis	SR	St. Olaf	5:08.50
22 Ben Greenvall	SR	Carleton	5:11.30
23 Eric Meyer	JR	Carleton	5:11.99
24 Benjamin Willmore	FR	Carleton	5:13.39
25 Ice Berg	SR	Hamline	5:14.57
26 Tanner Hubbard	FY	Macalester	5:15.31
27 Ryan Pauley	JR	St. John's	5:16.54
28 Alex Morrow	FR	Saint Mary's MN	5:18.49
29 Alex Battiste	SR	Carleton	5:18.60
30 Andrew Hobar	SO	Hamline	5:23.01
31 Spencer Lekki	SO	Carleton	5:23.47
32 Tristan Belzer	SO	Carleton	5:36.36
33 Kiran Arquin	FY	Macalester	5:37.72

**Event 8 Women 200 Yard IM****Meet Qualifying: 2:34.17**

Name	Yr	School	Seed Time
1 Jordyn Wentzel	FR	St. Catherine	2:03.56
2 Maya Knutson	SO	St. Olaf	2:11.76
3 Franceska Hernandez-Nietl	SO	St. Catherine	2:11.83
4 Hannah Svendsen	FR	St. Catherine	2:12.11
5 Anna Astrup	FR	St. Thomas	2:15.00
6 Haley Pesik	SR	Gustavus	2:15.23
7 Helen Jensen	JR	St. Olaf	2:15.52
8 Erin Melody	SR	St. Thomas	2:15.98
9 Molly McMahon	SO	St. Catherine	2:17.30
10 Ellie Speedling	FR	Gustavus	2:17.48
11 Erin Rudd	FR	St. Thomas	2:17.69
12 Kelly Wichmann	SO	St. Olaf	2:18.21
13 Ana Birkklid	FR	Saint Benedict	2:18.48
14 Alison Cameron	FR	Carleton	2:18.52
15 Emma Lederer	JR	Carleton	2:19.05
16 Ada Meyer	JR	Carleton	2:19.19

17 Lydia Boyum	FR	Carleton	2:19.26
18 Mikayla Meece	SO	St. Catherine	2:19.36
19 Melissa Rose	SR	St. Thomas	2:19.47
20 Ashley Christensen	JR	St. Thomas	2:20.03
21 Katherine Brostrom	SO	Gustavus	2:20.12
22 Anna Gergely	SR	Carleton	2:20.32
23 Amy Warren		Concordia	2:20.51
24 Hailey Auran	SO	Gustavus	2:20.58
25 Alexandra Torgrimson	FR	Hamline	2:21.17
26 Rachel Thate	JR	Gustavus	2:21.30
27 Ana Thompson	JR	Macalester	2:21.62
28 Deidree Voss	JR	St. Thomas	2:22.03
29 Sophia Nevin	SO	St. Olaf	2:22.68
30 Ashley Groebner	SR	Saint Benedict	2:22.99
31 Kate Grossman	SO	Carleton	2:23.51
32 Julia Mertens	FR	St. Catherine	2:23.61
33 Betsy Foy	FY	Macalester	2:23.73
34 Ella Benoit	FR	Gustavus	2:24.25
35 Ariel Roghair	JR	Macalester	2:25.42
36 Liv Borgmann	SR	Macalester	2:25.90
37 Abby Bartosiewski		Concordia	2:26.97
38 Hannah Svihel	FR	Saint Benedict	2:29.35
39 Allison Marcus		Concordia	2:30.19
40 Madeline Westendorp	JR	Gustavus	2:30.56
41 Mary McSharry	JR	Augsburg	2:31.61
42 Mara Boulanger	SR	Hamline	2:31.69
43 Sena Takashima	FY	Macalester	2:32.01
44 Micah Goldman	SR	St. Catherine	2:34.91
45 Amber Quinones	FR	St. Olaf	2:36.12
46 Emme Quandt	SO	Saint Mary's MN	2:37.51
47 Erica Camarato	SO	Saint Mary's MN	2:37.91
48 Maya DeGasperi	JR	Macalester	2:38.33
49 Lanae Caldwell	FY	Macalester	2:46.58

**Event 9 Men 200 Yard IM****Meet Qualifying: 2:17.82**

Name	Yr	School	Seed Time
1 Nolan Larson	SO	Gustavus	1:56.30
2 Tanner Sonnek	SR	Gustavus	1:57.05
3 Max Larson	SR	St. Thomas	1:57.77
4 Lucas Manke	JR	St. Thomas	1:58.09
5 Josh Muntifering	SO	Gustavus	1:58.85
6 Mitchell Dockendorf	SO	St. John's	2:01.32
7 Ryan Sklar	JR	Gustavus	2:01.47
8 Riley Fairbanks	SR	Gustavus	2:02.02
9 Logan Shafer	FR	St. Thomas	2:02.29
10 John Gahnz	FR	St. Thomas	2:02.42
11 Andrew Chang	SO	Carleton	2:02.78
12 Caleb Birkklid	JR	St. John's	2:04.79
13 Noah Faldet	FR	St. Thomas	2:05.22
14 Benjamin Willmore	FR	Carleton	2:05.37
15 Will Altaweel	SO	Carleton	2:06.00
16 Griffin Rades	SO	Saint Mary's MN	2:06.16
17 Caleb Torvik	SR	Gustavus	2:06.57
18 CJ Hansen	SO	St. Thomas	2:06.81
19 Eli Greenblat	SO	St. John's	2:06.96
20 Spencer Atkinson	FR	St. John's	2:07.70

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 9 ... (Men 200 Yard IM)**

Name	Yr	School	Seed Time
21 Isaac Hanson	SO	Hamline	2:08.36
22 Taylor Durbin	SR	Macalester	2:08.65
23 Andrew Hobar	SO	Hamline	2:09.12
24 Frankie Zobitz	SR	Gustavus	2:09.18
25 Cole Stepanovich	FR	Saint Mary's MN	2:10.90
26 Ben Blomquist	FY	Macalester	2:11.87
27 Sean Cheng	SR	Macalester	2:14.35
28 Lee Roback	SO	Hamline	2:14.68
29 Trevor Nelson	FR	St. John's	2:15.68
30 Darren Anes Dy Quiangco	JR	Saint Mary's MN	2:17.11
31 Xander Quezada	FR	St. Olaf	2:20.68
32 Christian Heuchert	JR	Carleton	2:22.42
33 Jay West	JR	Macalester	2:25.22

**Event 10 Women 50 Yard Freestyle****Meet Qualifying: 28.02**

Name	Yr	School	Seed Time
1 Caroline Mather	SR	Carleton	23.74
2 Macy Klein	FR	St. Catherine	24.04
3 Maggie Webster	SR	Gustavus	24.37
4 Kate Smarjesse	SR	St. Thomas	24.45
5 Ella Henderson	FR	St. Catherine	24.81
6 Alyssa Lokensgard	JR	Gustavus	24.86
7 Mira Schroeder	SR	St. Thomas	24.91
8 Taylor Martinek	SR	Hamline	25.04
9 Mikayla Von Wahlde	FR	Saint Benedict	25.22
10 Bryce White	JR	Hamline	25.24
11 Kelly Punyko	SR	St. Olaf	25.32
12 Sydney Grohman	SO	St. Catherine	25.44
13 Ruth Chuah	SO	Gustavus	25.56
14 Hana Pokornowski	SO	Gustavus	25.56
15 Zoe Allyson	SO	Saint Benedict	25.61
16 Claire Neid	FR	Carleton	25.66
17 Alyssa Kohorst	SO	Gustavus	25.81
18 Morgan Mangel	SO	Augsburg	25.81
19 Hannah Aylward	SR	Carleton	26.09
20 Lillie Ortloff	FR	Gustavus	26.15
21 Eveline Dowling	SR	Carleton	26.18
22 Natalie Lafferty	FR	Carleton	26.19
23 Madeline Westendorp	JR	Gustavus	26.25
24 Haley Cassens	SR	St. Thomas	26.32
25 Yuki Nagaoka	FR	Carleton	26.44
26 Morgan Mayer	JR	Carleton	26.60
27 Ashley Christensen	JR	St. Thomas	26.69
28 Ariel Roghair	JR	Macalester	26.70
29 Solvay Metelmann	JR	St. Olaf	26.73
30 Skyler Clough	JR	Saint Benedict	26.75
31 Katelynn Smith Sjurseth		Concordia	26.77
32 Olivia Prescott	JR	St. Olaf	26.86
33 Claudia Mahoney	SO	Saint Benedict	27.03
34 Liv Borgmann	SR	Macalester	27.12
35 Anna Backes		Concordia	27.14
36 Katie Beitz	FR	Saint Mary's MN	27.15
37 Ashlyn Seifert	FR	Saint Mary's MN	27.26
38 Alex Rasmussen		Concordia	27.39

39 Sophie Mark-Ng	SO	Macalester	27.46
40 Marie Crane	JR	Macalester	27.48
41 Charlotte Green	SO	St. Catherine	27.60
42 Lydia Larson		Concordia	27.64
43 Madi Davis	SO	Saint Benedict	27.98
44 Claire King	SO	Saint Mary's MN	28.12
45 Victoria Wallace	FR	St. Olaf	28.21
46 Elmira Sperling	JR	St. Olaf	28.63
47 Ciara White		Concordia	29.18
48 Lilah Fischer	FR	Hamline	29.83
49 Lanae Caldwell	FY	Macalester	30.46

**Event 11 Men 50 Yard Freestyle****Meet Qualifying: 24.72**

Name	Yr	School	Seed Time
1 Michael Foss	JR	St. Thomas	21.29
2 Matt Allison	JR	Gustavus	21.32
3 Luke Bergstrom	FR	Gustavus	21.47
4 Tom Negaard	SR	St. Thomas	21.47
5 Garrett Riley	FR	St. Thomas	21.52
6 Gus Reynolds	SR	St. Olaf	21.55
7 Ian Kretzmann	JR	St. Olaf	21.87
8 Tanner Sonnek	SR	Gustavus	21.92
9 Bryce Hoppe	SO	St. Thomas	21.95
10 Omar Omar	JR	St. Thomas	21.96
11 Will Clark	JR	Gustavus	22.00
12 Andrew Peters	SR	Gustavus	22.10
13 Sam Deyak	SO	Gustavus	22.18
14 Jack Heinzel	SO	Carleton	22.20
15 Steven Froehle	FR	St. John's	22.29
16 Abe Eyman Casey	SR	St. Olaf	22.32
17 Hunter Neilsen	JR	St. Thomas	22.33
18 Nick Reeves	JR	Carleton	22.48
19 Sam Larson	SO	St. Thomas	22.52
20 Gregory Breheim	JR	Hamline	22.54
21 Cal Gergen	JR	St. Olaf	22.55
22 Jack Dalluge	JR	Carleton	22.62
23 Marcel Hones	SO	St. Olaf	22.81
24 Ryan Wetzel	JR	Carleton	22.96
25 Nick Jacobson	FY	Macalester	23.12
26 Samuel Gleason	SR	Macalester	23.15
27 Blake Schrick	FR	St. John's	23.48
28 Max Carsen	SO	Hamline	23.63
29 Jayson Valek	FR	St. John's	23.71
30 Zachary Kennedy	JR	St. John's	23.78
31 Ari Conati	JR	Carleton	23.84
32 Cody Clay	SR	Hamline	23.88
33 Gabe Berman	SO	Macalester	24.41
34 Carter Howell	FR	St. John's	24.63
35 Sean Meagher	SO	St. Olaf	24.68
36 Joseph Schwamm	SO	St. John's	24.76
37 Dennis Fleming	JR	Hamline	24.89
38 Ben Anderson	SO	Hamline	24.92
39 Sam Dyer	SR	Macalester	24.95
40 Friedrich Odermann	JR	St. John's	24.96
41 Christian Heuchert	JR	Carleton	26.22

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 12 Women 3 mtr Diving**

Name	Yr	School	NP
1 Kierra Walske	SR	Saint Mary's MN	NP
2 Ester Song	SR	St. Olaf	NP
3 Lauren Kroschel	JR	St. Olaf	NP
4 Emily An	SO	Gustavus	NP
5 Sophia Steinberg	SO	Gustavus	NP
6 Anna Nietz	FR	Gustavus	NP
7 Cassie Lehman	JR	Augsburg	NP
8 Gabby Page	SR	St. Catherine	NP
9 Emilee Lance	JR	St. Catherine	NP
10 Mallory Jarvi	JR	Saint Benedict	NP
11 Kylie Egger	FR	Saint Benedict	NP
12 Kathryn Ellingson	FR	Saint Benedict	NP
13 Kapani Kirkland	FR	Carleton	NP
14 Karina Polacek	SO	Macalester	NP
15 Janelle Mueller	SR	St. Thomas	NP
16 Kellie Pruitt	SR	St. Thomas	NP
17 Peyton Eckman	FR	St. Thomas	NP

**Event 13 Women 400 Yard Medley Relay**

Team	Relay	Seed Time
1 St. Catherine		3:53.32
2 St. Thomas		3:55.85
3 St. Olaf		3:59.39
4 Carleton		4:02.41
5 Gustavus		4:05.66
6 Saint Benedict		4:11.86
7 Macalester		4:16.22
8 Hamline		4:18.21
9 Concordia		4:19.15
10 Saint Mary's MN		4:34.82
11 Augsburg		4:41.23

**Event 14 Men 400 Yard Medley Relay**

Team	Relay	Seed Time
1 St. Olaf		3:23.68
2 Gustavus		3:29.67
3 St. Thomas		3:30.26
4 Carleton		3:40.11
5 St. John's		3:41.96
6 Hamline		3:45.53
7 Macalester		3:51.24
8 Saint Mary's MN		3:56.90

**Event 15 Women 400 Yard IM**

Meet Qualifying: 5:40.89

Name	Yr	School	Seed Time
1 Hannah Svendsen	FR	St. Catherine	4:30.73
2 Helen Jensen	JR	St. Olaf	4:36.34
3 Linnea Rizzo	SR	St. Olaf	4:41.34
4 Erin Melody	SR	St. Thomas	4:45.32
5 Maya Knutson	SO	St. Olaf	4:46.97
6 Alison Cameron	FR	Carleton	4:48.38
7 Katherine Brostrom	SO	Gustavus	4:50.16
8 Gretchen Behrens	SO	St. Thomas	4:50.64
9 Ellie Speedling	FR	Gustavus	4:50.75

10 Molly McMahon	SO	St. Catherine	4:50.80
11 Haley Pesik	SR	Gustavus	4:53.40
12 Mikayla Meece	SO	St. Catherine	4:53.81
13 Sydney Hallmark	SR	Gustavus	4:54.41
14 Ana Birklid	FR	Saint Benedict	4:55.05
15 Amy Warren		Concordia	4:56.82
16 Hailey Auran	SO	Gustavus	4:57.16
17 Alexandra Torgrimson	FR	Hamline	4:58.33
18 Deidree Voss	JR	St. Thomas	4:58.72
19 Betsy Foy	FY	Macalester	5:04.67
20 Allie Mayfield	JR	Gustavus	5:05.36
21 Ariel Roghair	JR	Macalester	5:10.94
22 Brooke Shefchik	SO	Saint Mary's MN	5:11.94
23 Anna Gergely	SR	Carleton	5:15.31
24 Andrea Molus	JR	Saint Benedict	5:18.63
25 Julia Bishop	FR	Augsburg	5:27.72
26 Emme Quandt	SO	Saint Mary's MN	5:31.49
27 Martha Dix	FR	St. Olaf	5:33.64
28 Maya DeGasperi	JR	Macalester	5:38.13

**Event 16 Men 400 Yard IM**

Meet Qualifying: 5:16.31

Name	Yr	School	Seed Time
1 Max Larson	SR	St. Thomas	4:13.47
2 Logan Shafer	FR	St. Thomas	4:13.76
3 Sjon Greseth	FR	St. Olaf	4:16.60
4 Lucas Manke	JR	St. Thomas	4:16.86
5 Josh Muntifering	SO	Gustavus	4:18.15
6 Thomas Fitzloff	SO	Gustavus	4:19.87
7 Zach Dawson	JR	Gustavus	4:20.75
8 Paul Reischmann	SR	Macalester	4:26.32
9 Andrew Chang	SO	Carleton	4:27.49
10 Riley Fairbanks	SR	Gustavus	4:30.70
11 Ryan Wetzel	JR	Carleton	4:30.79
12 Jacob Upton	SR	St. John's	4:30.82
13 Allen Yuan	FR	Carleton	4:30.89
14 Taylor Durbin	SR	Macalester	4:32.32
15 Frankie Zobitz	SR	Gustavus	4:33.47
16 Zach McCarty	SO	St. Olaf	4:33.58
17 Eric Meyer	JR	Carleton	4:34.10
18 Ryan Sklar	JR	Gustavus	4:34.90
19 Griffin Rades	SO	Saint Mary's MN	4:36.98
20 Caleb Torvik	SR	Gustavus	4:37.50
21 Ben Blomquist	FY	Macalester	4:39.50
22 Nathan Steeves	FR	Hamline	4:42.05
23 Benjamin Willmore	FR	Carleton	4:43.85
24 Will Altaweel	SO	Carleton	4:44.85
25 Alex Morrow	FR	Saint Mary's MN	4:45.78
26 Tanner Hubbard	FY	Macalester	4:45.79
27 DQ Tong	SR	St. Olaf	4:49.02
28 Spencer Lekki	SO	Carleton	4:49.16
29 Tristan Belzer	SO	Carleton	4:49.97
30 Christian Heuchert	JR	Carleton	4:51.88
31 Jay West	JR	Macalester	5:11.08

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 17 Women 100 Yard Butterfly****Meet Qualifying: 1:11.30**

Name	Yr	School	Seed Time
1 Anna Astrup	FR	St. Thomas	58.88
2 Katelyn Strauss	SR	St. Thomas	58.90
3 Haley Cassens	SR	St. Thomas	59.11
4 Kate Smarjesse	SR	St. Thomas	59.61
5 Ann Van Hout	FR	St. Thomas	1:00.27
6 Michelle Simms	SR	Gustavus	1:00.62
7 Macy Klein	FR	St. Catherine	1:00.76
8 Paige Pawlenty	JR	St. Thomas	1:00.77
9 Alison Cameron	FR	Carleton	1:00.86
10 Lillie Orloff	FR	Gustavus	1:00.88
11 Emma Lederer	JR	Carleton	1:01.65
12 Amy Warren		Concordia	1:04.07
13 Ellie Speedling	FR	Gustavus	1:04.07
14 Zoe Schopick	SO	Macalester	1:04.09
15 Julia Mertens	FR	St. Catherine	1:04.20
16 Olivia Prescott	JR	St. Olaf	1:04.58
17 Anna Gergely	SR	Carleton	1:04.92
18 Abby Bartosiewski		Concordia	1:05.07
19 Natalie Lafferty	FR	Carleton	1:05.18
20 Ruth Chuah	SO	Gustavus	1:05.23
21 Mary McSharry	JR	Augsburg	1:05.53
22 Olivia Jones	SO	St. Olaf	1:05.61
23 Grace Livermore	SR	Saint Benedict	1:06.33
24 Skyler Clough	JR	Saint Benedict	1:07.52
25 Erin Martin	SR	St. Olaf	1:07.56
26 Mara Boulanger	SR	Hamline	1:08.03
27 Meredith Bergman	SR	Carleton	1:08.06
28 Hannah Svihel	FR	Saint Benedict	1:08.14
29 Emme Quandt	SO	Saint Mary's MN	1:08.33
30 Madi Davis	SO	Saint Benedict	1:08.34
31 Amber Quinones	FR	St. Olaf	1:08.77
32 Lanae Caldwell	FY	Macalester	1:09.69
33 Ashlyn Seifert	FR	Saint Mary's MN	1:09.99
34 Claire Neid	FR	Carleton	1:10.75
35 Julia Bishop	FR	Augsburg	1:10.97

**Event 18 Men 100 Yard Butterfly****Meet Qualifying: 1:02.33**

Name	Yr	School	Seed Time
1 John Loepfe	JR	St. Olaf	50.04
2 Marcel Hones	SO	St. Olaf	50.66
3 Tom Negaard	SR	St. Thomas	51.46
4 Nate Stone	SO	St. Thomas	52.09
5 Nolan Larson	SO	Gustavus	52.33
6 Ryan Sklar	JR	Gustavus	52.89
7 Andrew Chang	SO	Carleton	53.07
8 Luke Bergstrom	FR	Gustavus	53.16
9 Omar Omar	JR	St. Thomas	53.83
10 Hunter Neilsen	JR	St. Thomas	53.88
11 Eli Offman	FR	Carleton	54.02
12 Isaac Hanson	SO	Hamline	54.58
13 Stevie Fitch	SO	Carleton	55.10
14 Will Clark	JR	Gustavus	55.57

15 Nick Jacobson	FY	Macalester	55.62
16 Ben Blomquist	FY	Macalester	55.82
17 Caleb Torvik	SR	Gustavus	56.02
18 Ryan Pauley	JR	St. John's	56.10
19 Will Altaweel	SO	Carleton	56.34
20 Friedrich Odermann	JR	St. John's	57.30
21 Eric Meyer	JR	Carleton	57.40
22 Ben Anderson	SO	Hamline	57.46
23 Eamonn McCullough	FR	Gustavus	57.48
24 Sam Darwish	JR	Carleton	57.51
25 Steven Froehle	FR	St. John's	57.58
26 Cole Stepanovich	FR	Saint Mary's MN	57.62
27 Mitch Brachmann	FR	St. Olaf	57.62
28 Darren Anes Dy Quiangco	JR	Saint Mary's MN	58.29
29 Sean Cheng	SR	Macalester	58.51
30 Christian Heuchert	JR	Carleton	59.03
31 Carter Howell	FR	St. John's	59.19
32 Jayson Valek	FR	St. John's	59.32
33 Sam Dyer	SR	Macalester	1:00.51
34 Dennis Fleming	JR	Hamline	1:00.52
35 Gabe Berman	SO	Macalester	1:00.85
36 Rahab Moktan	SO	St. Olaf	1:01.97
37 Zachary Kennedy	JR	St. John's	1:04.74

**Event 19 Women 200 Yard Freestyle****Meet Qualifying: 2:17.31**

Name	Yr	School	Seed Time
1 Maggie Menso	FR	St. Catherine	1:51.22
2 Alex Howard	JR	St. Thomas	1:55.45
3 Marissa Wolff	SO	St. Olaf	1:55.87
4 Kasey Ericson	SO	St. Thomas	1:57.07
5 Sydney Grohman	SO	St. Catherine	1:57.52
6 Maggie Webster	SR	Gustavus	1:58.06
7 Caroline Mather	SR	Carleton	2:00.41
8 Amelia Bjorklund	SO	Gustavus	2:00.54
9 Jacque Newhouse	FR	Saint Benedict	2:00.58
10 Alyssa Lokensgard	JR	Gustavus	2:00.71
11 Molly Vancil	SR	St. Thomas	2:00.85
12 Caitlin Croasdell	JR	St. Olaf	2:00.88
13 Mira Schroeder	SR	St. Thomas	2:01.07
14 Ana Birkliid	FR	Saint Benedict	2:01.62
15 Kyle Fraser-Mines	SO	Carleton	2:01.64
16 Ella Henderson	FR	St. Catherine	2:02.88
17 Sydney Hallmark	SR	Gustavus	2:03.17
18 McKenna Peterson	JR	St. Catherine	2:04.11
19 Rachel Thate	JR	Gustavus	2:04.39
20 Claudia Mahoney	SO	Saint Benedict	2:05.21
21 Mykayla Laurie	SO	St. Catherine	2:05.30
22 Madison Smith	FR	Carleton	2:05.53
23 Morgan Gerhardt	FR	Saint Benedict	2:05.62
24 Alyssa Kohorst	SO	Gustavus	2:05.95
25 Serena Lee	FR	Carleton	2:06.13
26 Allie Crum	JR	Saint Benedict	2:06.35
27 Allie Mayfield	JR	Gustavus	2:07.24
28 Ashlyn Seifert	FR	Saint Mary's MN	2:07.33
29 Bryce White	JR	Hamline	2:07.77
30 Yuki Nagaoka	FR	Carleton	2:07.95

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 19 ... (Women 200 Yard Freestyle)**

Name	Yr	School	Seed Time
31 Eveline Dowling	SR	Carleton	2:07.97
32 Anna Backes		Concordia	2:08.04
33 Brooke Shefchik	SO	Saint Mary's MN	2:09.31
34 Isabelle Sunday	FR	Saint Benedict	2:09.48
35 Claire Neid	FR	Carleton	2:09.48
36 Alex Rasmussen		Concordia	2:09.99
37 Nicole Lefebvre	FR	Saint Benedict	2:09.99
38 Kinsey Stewart	FY	Macalester	2:10.60
39 Katie Beitz	FR	Saint Mary's MN	2:12.50
40 Katelynn Smith Sjurseth		Concordia	2:12.58
41 Amanda Hansen	SO	Saint Mary's MN	2:13.36
42 Sena Takashima	FY	Macalester	2:14.72
43 Claire King	SO	Saint Mary's MN	2:15.48
44 Victoria Wallace	FR	St. Olaf	2:15.76
45 Marie Crane	JR	Macalester	2:16.18
46 Lilah Fischer	FR	Hamline	2:16.82
47 Lydia Larson		Concordia	2:20.78

**Event 20 Men 200 Yard Freestyle****Meet Qualifying: 2:03.11**

Name	Yr	School	Seed Time
1 Nolan Larson	SO	Gustavus	1:43.91
2 Sam Johnson	SO	St. Thomas	1:45.80
3 Matt Allison	JR	Gustavus	1:46.11
4 Dutch Franko-Dynes	FR	Gustavus	1:46.85
5 Caleb Birkliid	JR	St. John's	1:47.29
6 Adam Boerner	SO	St. Thomas	1:47.39
7 Nicholas Grivna	SO	Hamline	1:47.58
8 Eamonn McCullough	FR	Gustavus	1:47.63
9 Michael Foss	JR	St. Thomas	1:47.64
10 Jack Dalluge	JR	Carleton	1:47.85
11 Thomas Fitzloff	SO	Gustavus	1:48.01
12 Garrett Riley	FR	St. Thomas	1:48.27
13 Zach Dawson	JR	Gustavus	1:48.34
14 Andrew Peters	SR	Gustavus	1:48.52
15 Jack Heinzl	SO	Carleton	1:49.90
16 Nate Ruegamer	FR	St. Thomas	1:50.18
17 Gregory Breheim	JR	Hamline	1:52.26
18 Paul Reischmann	SR	Macalester	1:52.31
19 Mick Olson	SO	St. John's	1:52.75
20 Samuel Gleason	SR	Macalester	1:52.89
21 Alex Battiste	SR	Carleton	1:53.16
22 Ben Greenvall	SR	Carleton	1:54.92
23 Tanner Hubbard	FY	Macalester	1:55.57
24 Sam Darwish	JR	Carleton	1:56.39
25 Ari Conati	JR	Carleton	1:56.87
26 Sean Cheng	SR	Macalester	1:57.08
27 Dmitriy Pelutis	SR	St. Olaf	1:57.61
28 Blake Schrick	FR	St. John's	1:57.66
29 Ice Berg	SR	Hamline	1:57.86
30 Nick Reeves	JR	Carleton	1:58.70
31 Kiran Arquin	FY	Macalester	2:00.83
32 Sean Meagher	SO	St. Olaf	2:08.05
33 Cody Clay	SR	Hamline	2:21.05

**Event 21 Women 100 Yard Breaststroke****Meet Qualifying: 1:20.18**

Name	Yr	School	Seed Time
1 Jordyn Wentzel	FR	St. Catherine	1:01.79
2 Ashley Christensen	JR	St. Thomas	1:05.74
3 Franceska Hernandez-Nietl	SO	St. Catherine	1:05.83
4 Ada Meyer	JR	Carleton	1:06.11
5 Sophia Nevin	SO	St. Olaf	1:06.15
6 Hailey Auran	SO	Gustavus	1:08.54
7 Melissa Rose	SR	St. Thomas	1:08.56
8 Ella Benoit	FR	Gustavus	1:08.86
9 Ashley Groebner	SR	Saint Benedict	1:09.30
10 Haley Pesik	SR	Gustavus	1:09.32
11 Kelly Wichmann	SO	St. Olaf	1:09.53
12 Kate Grossman	SO	Carleton	1:10.08
13 Madeline Westendorp	JR	Gustavus	1:10.20
14 Hannah Aylward	SR	Carleton	1:10.92
15 Alyssa Lokensgard	JR	Gustavus	1:11.49
16 Liv Borgmann	SR	Macalester	1:11.94
17 Micah Goldman	SR	St. Catherine	1:12.13
18 Ciara White		Concordia	1:12.32
19 Sophie Mark-Ng	SO	Macalester	1:13.07
20 Betsy Foy	FY	Macalester	1:15.51
21 Morgan Mayer	JR	Carleton	1:15.54
22 Alex Rasmussen		Concordia	1:15.77
23 Brooke Shefchik	SO	Saint Mary's MN	1:17.40
24 Mara Boulanger	SR	Hamline	1:17.43
25 Allison Marcus		Concordia	1:18.75
26 Erica Camarato	SO	Saint Mary's MN	1:19.36
27 Maya DeGasperi	JR	Macalester	1:21.95

**Event 22 Men 100 Yard Breaststroke****Meet Qualifying: 1:11.14**

Name	Yr	School	Seed Time
1 Tanner Sonnek	SR	Gustavus	55.83
2 Gus Reynolds	SR	St. Olaf	57.23
3 Noah Faldet	FR	St. Thomas	58.05
4 Bryce Hoppe	SO	St. Thomas	59.58
5 Riley Fairbanks	SR	Gustavus	59.76
6 Luke Bergstrom	FR	Gustavus	1:00.89
7 Eli Greenblat	SO	St. John's	1:01.77
8 Ian Kretzmann	JR	St. Olaf	1:02.37
9 Ryan Wetzl	JR	Carleton	1:02.38
10 Jacob Upton	SR	St. John's	1:02.41
11 Jack Heinzl	SO	Carleton	1:02.57
12 Andrew Hobar	SO	Hamline	1:03.20
13 Sam Deyak	SO	Gustavus	1:03.48
14 Max Carsen	SO	Hamline	1:04.40
15 Joseph Schwamm	SO	St. John's	1:04.75
16 Xander Quezada	FR	St. Olaf	1:05.24
17 Will Altaweel	SO	Carleton	1:05.82
18 Griffin Rades	SO	Saint Mary's MN	1:06.61
19 Darren Anes Dy Quiangco	JR	Saint Mary's MN	1:06.87
20 Tristan Belzer	SO	Carleton	1:09.98
21 Jay West	JR	Macalester	1:11.93

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 23 Women 100 Yard Backstroke****Meet Qualifying: 1:10.39**

Name	Yr	School	Seed Time
1 Mikayla Von Wahlde	FR	Saint Benedict	59.32
2 Taylor Martinek	SR	Hamline	59.35
3 Kirsten Nelson	JR	St. Thomas	59.45
4 Kelly Punyko	SR	St. Olaf	59.53
5 Erin Rudd	FR	St. Thomas	1:00.20
6 Ann Van Hout	FR	St. Thomas	1:01.27
7 Charlotte Green	SO	St. Catherine	1:01.68
8 Haley Cassens	SR	St. Thomas	1:02.12
9 Maggie Webster	SR	Gustavus	1:02.31
10 Kyle Fraser-Mines	SO	Carleton	1:02.33
11 Ana Thompson	JR	Macalester	1:02.51
12 Emma Lederer	JR	Carleton	1:02.64
13 Katie Rising	SR	St. Catherine	1:02.77
14 Lydia Boyum	FR	Carleton	1:02.82
15 Amelia Bjorklund	SO	Gustavus	1:02.95
16 Tori Hagstrom	SO	St. Catherine	1:03.41
17 Lauren Christiansen	JR	Saint Benedict	1:03.85
18 Alaina Dehnke		Concordia	1:04.26
19 Hana Pokornowski	SO	Gustavus	1:04.27
20 Ruth Chuah	SO	Gustavus	1:04.58
21 Michelle Simms	SR	Gustavus	1:04.65
22 Natalie Lafferty	FR	Carleton	1:04.76
23 Ariel Roghair	JR	Macalester	1:05.46
24 Abby Bartosiewski		Concordia	1:06.10
25 Zoe Allyson	SO	Saint Benedict	1:06.33
26 Lillie Ortloff	FR	Gustavus	1:06.40
27 Shannon Cucchiaro	FR	St. Olaf	1:07.27
28 Olivia Jones	SO	St. Olaf	1:07.38
29 Elmira Sperling	JR	St. Olaf	1:08.55
30 Grace Livermore	SR	Saint Benedict	1:08.86
31 Meredith Bergman	SR	Carleton	1:08.99
32 Sena Takashima	FY	Macalester	1:09.52
33 Alex Rasmussen		Concordia	1:09.71
34 Amanda Hansen	SO	Saint Mary's MN	1:11.72
35 Marie Crane	JR	Macalester	1:14.07

**Event 24 Men 100 Yard Backstroke****Meet Qualifying: 1:05.20**

Name	Yr	School	Seed Time
1 John Loepfe	JR	St. Olaf	50.18
2 Abe Eyman Casey	SR	St. Olaf	51.79
3 Mitchell Dockendorf	SO	St. John's	52.64
4 John Gahnz	FR	St. Thomas	54.14
5 Sam Larson	SO	St. Thomas	54.38
6 CJ Hansen	SO	St. Thomas	54.91
7 Spencer Atkinson	FR	St. John's	55.76
8 Andrew Peters	SR	Gustavus	56.08
9 Taylor Durbin	SR	Macalester	56.24
10 Caleb Torvik	SR	Gustavus	56.36
11 Mick Olson	SO	St. John's	56.48
12 Frankie Zobitz	SR	Gustavus	56.58
13 Eli Offman	FR	Carleton	56.63
14 Ari Conati	JR	Carleton	57.60

15 Griffin Rades	SO	Saint Mary's MN	57.97
16 Lee Roback	SO	Hamline	58.03
17 Cal Gergen	JR	St. Olaf	58.27
18 Cole Stepanovich	FR	Saint Mary's MN	59.57
19 Trevor Nelson	FR	St. John's	59.67
20 Mitch Brachmann	FR	St. Olaf	1:00.25
21 Gregory Breheim	JR	Hamline	1:00.32
22 Gabe Berman	SO	Macalester	1:01.44
23 Sam Dyer	SR	Macalester	1:01.94
24 Nicholas Hanlon	JR	Hamline	1:03.59
25 Rahab Moktan	SO	St. Olaf	1:05.09

**Event 25 Men 1 mtr Diving**

Name	Yr	School	
1 Jack Wells	SO	Saint Mary's MN	NP
2 Leif Jorgensen Duus	SR	St. Olaf	NP
3 Harris Kramer		St. Olaf	NP
4 Jonathan Bovee	SR	Gustavus	NP
5 Carson Scholberg	SR	Gustavus	NP
6 Logan Bican	JR	Gustavus	NP
7 Josh Theis	JR	Gustavus	NP
8 Leo Braun	FR	St. John's	NP
9 Kieran Cuddy	SO	Macalester	NP
10 Andrew Godfrey	SO	St. Thomas	NP
11 Sam Serleth	FR	St. Thomas	NP

**Event 26 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 St. Catherine		1:36.14
2 Gustavus		1:38.61
3 Carleton		1:39.39
4 St. Thomas		1:39.42
5 St. Olaf		1:41.01
6 Saint Benedict		1:43.65
7 Hamline		1:46.10
8 Macalester		1:46.37
9 Concordia		1:47.86
10 Augsburg		1:47.89
11 Saint Mary's MN		1:49.05

**Event 27 Men 200 Yard Freestyle Relay**

Team	Relay	Seed Time
1 St. Thomas		1:25.07
2 Gustavus		1:26.07
3 St. Olaf		1:27.13
4 Carleton		1:28.33
5 St. John's		1:29.92
6 Hamline		1:32.86
7 Macalester		1:33.88
8 Saint Mary's MN		1:38.52

**Event 28 Women 1650 Yard Freestyle****Meet Qualifying: 21:29.42**

Name	Yr	School	Seed Time
1 Maggie Menso	FR	St. Catherine	16:47.83
2 Kasey Ericson	SO	St. Thomas	17:43.10
3 Gretchen Behrens	SO	St. Thomas	17:48.10
4 Linnea Rizzo	SR	St. Olaf	18:06.39

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 28 ... (Women 1650 Yard Freestyle)**

Name	Yr	School	Seed Time
5 Molly Vancil	SR	St. Thomas	18:18.35
6 Caitlin Croasdell	JR	St. Olaf	18:25.23
7 Molly McMahon	SO	St. Catherine	18:31.69
8 Sydney Hallmark	SR	Gustavus	18:34.98
9 Allie Mayfield	JR	Gustavus	18:42.60
10 Marissa Wolff	SO	St. Olaf	18:42.86
11 McKenna Peterson	JR	St. Catherine	18:49.60
12 Madison Smith	FR	Carleton	19:01.82
13 Tori Hagstrom	SO	St. Catherine	19:02.21
14 Morgan Gerhardt	FR	Saint Benedict	19:16.13
15 Brooke Shefchik	SO	Saint Mary's MN	19:30.97
16 Katherine Brostrom	SO	Gustavus	19:47.80
17 Jade Le Bris	FR	St. Catherine	19:52.36
18 Allie Crum	JR	Saint Benedict	19:57.89
19 Anna Backes		Concordia	20:01.87
20 Martha Dix	FR	St. Olaf	20:15.59
21 Amanda Hansen	SO	Saint Mary's MN	20:56.51
22 Isabelle Sunday	FR	Saint Benedict	21:06.90
23 Kinsey Stewart	FY	Macalester	21:20.64

**Event 29 Men 1650 Yard Freestyle****Meet Qualifying: 20:34.52**

Name	Yr	School	Seed Time
1 Paul Reischmann	SR	Macalester	16:40.43
2 Sjon Greseth	FR	St. Olaf	16:53.01
3 Adam Boerner	SO	St. Thomas	17:04.29
4 Nate Ruegema	FR	St. Thomas	17:08.48
5 Eamonn McCullough	FR	Gustavus	17:09.29
6 Zach Dawson	JR	Gustavus	17:12.09
7 Sam Johnson	SO	St. Thomas	17:23.68
8 Zach McCarty	SO	St. Olaf	17:34.35
9 Thomas Fitzloff	SO	Gustavus	17:38.93
10 Nathan Steeves	FR	Hamline	17:40.99
11 Ben Greenvall	SR	Carleton	17:43.66
12 Allen Yuan	FR	Carleton	17:44.63
13 Sam Darwish	JR	Carleton	17:57.70
14 Alex Morrow	FR	Saint Mary's MN	18:24.24
15 Ice Berg	SR	Hamline	18:34.47
16 Spencer Lekki	SO	Carleton	18:43.98
17 Dmitriy Pelutis	SR	St. Olaf	18:52.61
18 Tanner Hubbard	FY	Macalester	18:55.42
19 DQ Tong	SR	St. Olaf	19:11.61
20 Alex Battiste	SR	Carleton	19:33.64
21 Nicholas Hanlon	JR	Hamline	20:18.90

**Event 30 Women 200 Yard Backstroke****Meet Qualifying: 2:33.47**

Name	Yr	School	Seed Time
1 Hannah Svendsen	FR	St. Catherine	2:09.16
2 Alex Howard	JR	St. Thomas	2:09.28
3 Mikayla Von Wahlde	FR	Saint Benedict	2:09.39
4 Erin Rudd	FR	St. Thomas	2:10.16
5 Helen Jensen	JR	St. Olaf	2:10.86
6 Taylor Martinek	SR	Hamline	2:11.87
7 Kirsten Nelson	JR	St. Thomas	2:12.57

8 Kelly Punyko	SR	St. Olaf	2:12.61
9 Lydia Boyum	FR	Carleton	2:13.54
10 Ann Van Hout	FR	St. Thomas	2:13.59
11 Katie Rising	SR	St. Catherine	2:14.00
12 Charlotte Green	SO	St. Catherine	2:14.14
13 Amelia Bjorklund	SO	Gustavus	2:15.23
14 Erin Melody	SR	St. Thomas	2:15.58
15 Kyle Fraser-Mines	SO	Carleton	2:15.87
16 Lauren Christiansen	JR	Saint Benedict	2:16.09
17 Haley Cassens	SR	St. Thomas	2:16.47
18 Ana Birkliid	FR	Saint Benedict	2:16.53
19 Emma Lederer	JR	Carleton	2:17.55
20 Ana Thompson	JR	Macalester	2:17.58
21 Katherine Brostrom	SO	Gustavus	2:17.72
22 Alaina Dehnke		Concordia	2:18.18
23 Ruth Chuah	SO	Gustavus	2:19.31
24 Rachel Thate	JR	Gustavus	2:19.84
25 Natalie Lafferty	FR	Carleton	2:21.06
26 Ariel Roghair	JR	Macalester	2:21.18
27 Michelle Simms	SR	Gustavus	2:22.86
28 Shannon Cucchiaro	FR	St. Olaf	2:23.01
29 Nicole Lefebvre	FR	Saint Benedict	2:23.31
30 Andrea Molus	JR	Saint Benedict	2:26.99
31 Hana Pokornowski	SO	Gustavus	2:27.58
32 Meredith Bergman	SR	Carleton	2:28.05
33 Jade Le Bris	FR	St. Catherine	2:34.26
34 Amanda Hansen	SO	Saint Mary's MN	2:35.30

**Event 31 Men 200 Yard Backstroke****Meet Qualifying: 2:22.67**

Name	Yr	School	Seed Time
1 John Loepfe	JR	St. Olaf	1:52.95
2 Abe Eyman Casey	SR	St. Olaf	1:53.70
3 John Gahnz	FR	St. Thomas	1:57.28
4 Josh Munifering	SO	Gustavus	1:59.48
5 CJ Hansen	SO	St. Thomas	1:59.70
6 Mitchell Dockendorf	SO	St. John's	1:59.86
7 Mick Olson	SO	St. John's	2:02.32
8 Caleb Torvik	SR	Gustavus	2:02.69
9 Taylor Durbin	SR	Macalester	2:04.55
10 Sam Larson	SO	St. Thomas	2:04.57
11 Benjamin Willmore	FR	Carleton	2:05.75
12 Spencer Atkinson	FR	St. John's	2:06.12
13 Andrew Peters	SR	Gustavus	2:06.25
14 Frankie Zobitz	SR	Gustavus	2:06.62
15 Ari Conati	JR	Carleton	2:07.47
16 Griffin Rades	SO	Saint Mary's MN	2:07.63
17 Eli Offman	FR	Carleton	2:08.55
18 Cal Gergen	JR	St. Olaf	2:10.53
19 Alex Battiste	SR	Carleton	2:11.95
20 Lee Roback	SO	Hamline	2:12.10
21 Trevor Nelson	FR	St. John's	2:12.87
22 Mitch Brachmann	FR	St. Olaf	2:15.26
23 Cole Stepanovich	FR	Saint Mary's MN	2:18.09
24 Sam Dyer	SR	Macalester	2:18.60
25 Rahab Moktan	SO	St. Olaf	2:21.73
26 Nicholas Hanlon	JR	Hamline	2:23.26



**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 32 Women 100 Yard Freestyle****Meet Qualifying: 1:02.42**

Name	Yr	School	Seed Time
1 Macy Klein	FR	St. Catherine	51.66
2 Caroline Mather	SR	Carleton	53.11
3 Kate Smarjesse	SR	St. Thomas	53.39
4 Marissa Wolff	SO	St. Olaf	53.64
5 Mira Schroeder	SR	St. Thomas	53.90
6 Maggie Webster	SR	Gustavus	53.94
7 Sydney Grohman	SO	St. Catherine	54.01
8 Alyssa Lokensgard	JR	Gustavus	54.19
9 Ella Henderson	FR	St. Catherine	54.87
10 Maya Knutson	SO	St. Olaf	55.13
11 Amelia Bjorklund	SO	Gustavus	55.17
12 Mikayla Von Wahlde	FR	Saint Benedict	55.45
13 Kyle Fraser-Mines	SO	Carleton	55.63
14 Jacque Newhouse	FR	Saint Benedict	56.08
15 Morgan Mangel	SO	Augsburg	56.09
16 Alyssa Kohorst	SO	Gustavus	56.20
17 Ana Birkliid	FR	Saint Benedict	56.32
18 Serena Lee	FR	Carleton	56.85
19 Bryce White	JR	Hamline	56.88
20 Yuki Nagaoka	FR	Carleton	56.95
21 Claire Neid	FR	Carleton	57.09
22 Eveline Dowling	SR	Carleton	57.14
23 Claudia Mahoney	SO	Saint Benedict	57.29
24 Ashlyn Seifert	FR	Saint Mary's MN	57.37
25 Hana Pokornowski	SO	Gustavus	57.40
26 Solvay Metelmann	JR	St. Olaf	58.08
27 Anna Backes		Concordia	58.50
28 Skyler Clough	JR	Saint Benedict	58.55
29 Alex Rasmussen		Concordia	59.12
30 Katelynn Smith Sjurseth		Concordia	59.22
31 Katie Beitz	FR	Saint Mary's MN	59.33
32 Zoe Allyson	SO	Saint Benedict	59.40
33 Mykayla Laurie	SO	St. Catherine	59.57
34 Morgan Mayer	JR	Carleton	59.74
35 Sena Takashima	FY	Macalester	1:00.86
36 Claire King	SO	Saint Mary's MN	1:01.06
37 Elmira Sperling	JR	St. Olaf	1:01.13
38 Amber Quinones	FR	St. Olaf	1:01.82
39 Marie Crane	JR	Macalester	1:01.99
40 Victoria Wallace	FR	St. Olaf	1:02.76
41 Lydia Larson		Concordia	1:02.84
42 Lilah Fischer	FR	Hamline	1:04.88

**Event 33 Men 100 Yard Freestyle****Meet Qualifying: 54.75**

Name	Yr	School	Seed Time
1 Tom Negaard	SR	St. Thomas	46.97
2 Garrett Riley	FR	St. Thomas	47.16
3 Michael Foss	JR	St. Thomas	47.23
4 Nolan Larson	SO	Gustavus	47.25
5 Matt Allison	JR	Gustavus	47.47
6 Gus Reynolds	SR	St. Olaf	47.60
7 Jack Heinzl	SO	Carleton	48.03

8 Omar Omar	JR	St. Thomas	48.21
9 Mitchell Dockendorf	SO	St. John's	48.54
10 Luke Bergstrom	FR	Gustavus	48.62
11 Andrew Peters	SR	Gustavus	48.73
12 Dutch Franko-Dynes	FR	Gustavus	48.75
13 Hunter Neilsen	JR	St. Thomas	48.82
14 Jack Dalluge	JR	Carleton	48.99
15 Will Clark	JR	Gustavus	49.15
16 Ian Kretzmann	JR	St. Olaf	49.22
17 Steven Froehle	FR	St. John's	49.23
18 Gregory Breheim	JR	Hamline	49.93
19 Eamonn McCullough	FR	Gustavus	50.09
20 Sam Deyak	SO	Gustavus	50.22
21 Nick Reeves	JR	Carleton	50.82
22 Nick Jacobson	FY	Macalester	50.89
23 Cal Gergen	JR	St. Olaf	50.96
24 Ryan Pauley	JR	St. John's	51.32
25 Samuel Gleason	SR	Macalester	51.37
26 Ben Greenvall	SR	Carleton	51.41
27 Blake Schrick	FR	St. John's	52.37
28 Jayson Valek	FR	St. John's	52.39
29 Sean Cheng	SR	Macalester	52.47
30 Mitch Brachmann	FR	St. Olaf	52.77
31 Zachary Kennedy	JR	St. John's	53.27
32 Ari Conati	JR	Carleton	53.64
33 Cody Clay	SR	Hamline	54.12
34 Carter Howell	FR	St. John's	55.16
35 Gabe Berman	SO	Macalester	55.23
36 Rahab Moktan	SO	St. Olaf	55.68
37 Sean Meagher	SO	St. Olaf	56.64
38 Dennis Fleming	JR	Hamline	57.39
39 Kiran Arquin	FY	Macalester	58.97

**Event 34 Women 200 Yard Breaststroke****Meet Qualifying: 2:52.91**

Name	Yr	School	Seed Time
1 Jordyn Wentzel	FR	St. Catherine	2:17.92
2 Franceska Hernandez-Nietl	SO	St. Catherine	2:25.20
3 Ada Meyer	JR	Carleton	2:25.76
4 Ashley Christensen	JR	St. Thomas	2:25.82
5 Sophia Nevin	SO	St. Olaf	2:26.45
6 Haley Pesik	SR	Gustavus	2:29.31
7 Hailey Auran	SO	Gustavus	2:31.14
8 Ella Benoit	FR	Gustavus	2:32.87
9 Melissa Rose	SR	St. Thomas	2:33.19
10 Ashley Groebner	SR	Saint Benedict	2:33.36
11 Madeline Westendorp	JR	Gustavus	2:33.49
12 Kelly Wichmann	SO	St. Olaf	2:34.77
13 Deidree Voss	JR	St. Thomas	2:35.19
14 Kate Grossman	SO	Carleton	2:35.84
15 Micah Goldman	SR	St. Catherine	2:36.82
16 Hannah Aylward	SR	Carleton	2:37.44
17 Ciara White		Concordia	2:37.58
18 Liv Borgmann	SR	Macalester	2:37.82
19 Amy Warren		Concordia	2:38.01
20 Morgan Mayer	JR	Carleton	2:41.46
21 Sophie Mark-Ng	SO	Macalester	2:45.31

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 34 ... (Women 200 Yard Breaststroke)**

Name	Yr	School	Seed Time
22 Allison Marcus		Concordia	2:49.01
23 Betsy Foy	FY	Macalester	2:50.05
24 Erica Camarato	SO	Saint Mary's MN	2:53.25
25 Maya DeGasperi	JR	Macalester	2:53.80

**Event 35 Men 200 Yard Breaststroke**

Meet Qualifying: 2:41.27

Name	Yr	School	Seed Time
1 Tanner Sonnek	SR	Gustavus	2:04.98
2 Logan Shafer	FR	St. Thomas	2:08.24
3 Noah Faldet	FR	St. Thomas	2:13.83
4 Riley Fairbanks	SR	Gustavus	2:13.89
5 Ryan Wetzell	JR	Carleton	2:15.15
6 Jack Heinzel	SO	Carleton	2:16.45
7 Bryce Hoppe	SO	St. Thomas	2:16.66
8 Zach Dawson	JR	Gustavus	2:17.06
9 Gus Reynolds	SR	St. Olaf	2:17.10
10 Caleb Birkliid	JR	St. John's	2:17.62
11 Jacob Upton	SR	St. John's	2:18.35
12 Andrew Hobar	SO	Hamline	2:18.87
13 Eli Greenblat	SO	St. John's	2:19.15
14 Sam Deyak	SO	Gustavus	2:22.98
15 Joseph Schwamm	SO	St. John's	2:26.02
16 Will Altaweel	SO	Carleton	2:26.35
17 Max Carsen	SO	Hamline	2:26.64
18 Xander Quezada	FR	St. Olaf	2:27.00
19 Darren Anes Dy Quiangco	JR	Saint Mary's MN	2:29.38
20 Tanner Hubbard	FY	Macalester	2:30.62
21 Tristan Belzer	SO	Carleton	2:31.30
22 Jay West	JR	Macalester	2:44.44

**Event 36 Women 200 Yard Butterfly**

Meet Qualifying: 2:44.19

Name	Yr	School	Seed Time
1 Katelyn Strauss	SR	St. Thomas	2:06.45
2 Paige Pawlenty	JR	St. Thomas	2:13.03
3 Anna Astrup	FR	St. Thomas	2:13.36
4 Alison Cameron	FR	Carleton	2:14.26
5 Kirsten Nelson	JR	St. Thomas	2:14.54
6 Sydney Hallmark	SR	Gustavus	2:14.90
7 Ellie Speedling	FR	Gustavus	2:18.74
8 Zoe Schopick	SO	Macalester	2:19.63
9 Lillie Ortloff	FR	Gustavus	2:19.84
10 Anna Gergely	SR	Carleton	2:21.83
11 Michelle Simms	SR	Gustavus	2:22.44
12 Julia Mertens	FR	St. Catherine	2:22.62
13 Alexandra Torgrimson	FR	Hamline	2:24.55
14 Amy Warren		Concordia	2:25.42
15 Mikayla Meece	SO	St. Catherine	2:27.16
16 Ruth Chuah	SO	Gustavus	2:27.27
17 Meredith Bergman	SR	Carleton	2:27.74
18 Erin Martin	SR	St. Olaf	2:28.65
19 Allie Mayfield	JR	Gustavus	2:28.83
20 Olivia Jones	SO	St. Olaf	2:29.66
21 Hannah Svihel	FR	Saint Benedict	2:32.20

22 Emme Quandt	SO	Saint Mary's MN	2:33.12
23 Martha Dix	FR	St. Olaf	2:33.20
24 Madi Davis	SO	Saint Benedict	2:33.27
25 Mary McSharry	JR	Augsburg	2:34.91
26 Julia Bishop	FR	Augsburg	2:37.77
27 Grace Livermore	SR	Saint Benedict	2:38.06
28 Abby Bartosiewski		Concordia	2:39.21
29 Lanae Caldwell	FY	Macalester	2:39.63

**Event 37 Men 200 Yard Butterfly**

Meet Qualifying: 2:24.57

Name	Yr	School	Seed Time
1 Nate Stone	SO	St. Thomas	1:55.63
2 Lucas Manke	JR	St. Thomas	1:56.64
3 Nolan Larson	SO	Gustavus	1:57.54
4 Max Larson	SR	St. Thomas	1:57.97
5 Ryan Sklar	JR	Gustavus	1:59.64
6 Nicholas Grivna	SO	Hamline	2:01.11
7 Andrew Chang	SO	Carleton	2:01.22
8 Marcel Hones	SO	St. Olaf	2:01.27
9 Josh Muntifering	SO	Gustavus	2:01.32
10 Stevie Fitch	SO	Carleton	2:02.59
11 Eric Meyer	JR	Carleton	2:04.29
12 Frankie Zobitz	SR	Gustavus	2:04.31
13 Isaac Hanson	SO	Hamline	2:05.49
14 Ben Blomquist	FY	Macalester	2:05.85
15 Thomas Fitzloff	SO	Gustavus	2:07.04
16 Sam Darwish	JR	Carleton	2:07.20
17 Allen Yuan	FR	Carleton	2:07.85
18 Alex Morrow	FR	Saint Mary's MN	2:08.78
19 Cole Stepanovich	FR	Saint Mary's MN	2:09.35
20 DQ Tong	SR	St. Olaf	2:11.04
21 Ryan Pauley	JR	St. John's	2:11.26
22 Christian Heuchert	JR	Carleton	2:12.21
23 Mitch Brachmann	FR	St. Olaf	2:12.23
24 Eli Offman	FR	Carleton	2:13.02
25 Alex Battiste	SR	Carleton	2:14.73
26 Ben Anderson	SO	Hamline	2:17.46
27 Darren Anes Dy Quiangco	JR	Saint Mary's MN	2:19.36
28 Friedrich Odermann	JR	St. John's	2:19.98
29 Sam Dyer	SR	Macalester	2:26.16
30 Dennis Fleming	JR	Hamline	2:28.33
31 Jay West	JR	Macalester	2:29.63

**Event 38 Women 1 mtr Diving**

Name	Yr	School	
1 Kierra Walske	SR	Saint Mary's MN	NP
2 Ester Song	SR	St. Olaf	NP
3 Lauren Kroschel	JR	St. Olaf	NP
4 Emily An	SO	Gustavus	NP
5 Sophia Steinberg	SO	Gustavus	NP
6 Anna Nietz	FR	Gustavus	NP
7 Cassie Lehman	JR	Augsburg	NP
8 Gabby Page	SR	St. Catherine	NP
9 Emilee Lance	JR	St. Catherine	NP
10 Mallory Jarvi	JR	Saint Benedict	NP
11 Lisa Pahr	SO	Saint Benedict	NP

**2019 MIAC Swimming & Diving Championships**  
**Jean Freeman Aquatic Center Univ. of Minnesota**  
**Psych Sheet**

**Event 38 ... (Women 1 mtr Diving)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	
12	Maggie Pomerence	JR	Saint Benedict	NP
13	Kylie Egger	FR	Saint Benedict	NP
14	Kathryn Ellingson	FR	Saint Benedict	NP
15	Kapani Kirkland	FR	Carleton	NP
16	Andrea Tartaglia	FR	Carleton	NP
17	Karina Polacek	SO	Macalester	NP
18	Janelle Mueller	SR	St. Thomas	NP
19	Kellie Pruitt	SR	St. Thomas	NP
20	Peyton Eckman	FR	St. Thomas	NP

**Event 39 Women 400 Yard Freestyle Relay**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	St. Catherine		3:29.50
2	St. Thomas		3:35.78
3	Gustavus		3:39.50
4	St. Olaf		3:39.63
5	Carleton		3:42.54
6	Saint Benedict		3:45.18
7	Concordia		3:55.11
8	Macalester		3:56.18
9	Hamline		3:56.22
10	Saint Mary's MN		3:56.89
11	Augsburg		4:08.54

**Event 40 Men 400 Yard Freestyle Relay**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	St. Thomas		3:09.26
2	Gustavus		3:11.26
3	St. Olaf		3:11.50
4	St. John's		3:17.50
5	Carleton		3:18.57
6	Hamline		3:22.04
7	Macalester		3:24.49
8	Saint Mary's MN		3:36.94