

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 1 Girls 200 Yard Medley Relay

VSIS Record: 1:48.09 2/15/2013 Collegiate School

A Pollard, J Harper, C Pollard, C Makepeace

1:46.21 AA-A All-Amer Automatic

1:48.29 AA-C All-Amer Considered

Meet Qualifying: 2:12.71

| Team                       | Relay                      | Seed Time |
|----------------------------|----------------------------|-----------|
| 1 COOL-VA                  | A                          | 1:52.08   |
| 1) Pollard, Ashton SR      | 2) Harper, Jasmine FR      |           |
| 3) Pollard, Caroline JR    | 4) Kish, Mary Katherine SR |           |
| 2 HRA                      | A                          | 1:52.45   |
| 1) Lennarz, Claire SO      | 2) Shuford, Nicole FR      |           |
| 3) Baldwin, Peyton JR      | 4) Gharbo, Melina SO       |           |
| 3 O'Connell-PV             | A                          | 1:53.36   |
| 1) Catron, Sydney FR       | 2) Cahill, Sarah JR        |           |
| 3) Kinsella, Katie SR      | 4) Baltimore, Isabell FR   |           |
| 4 Trinity-VA               | A                          | 1:53.89   |
| 1) Burton, Meghan FR       | 2) Deloye, Erin JR         |           |
| 3) Tomenchok, Kira SR      | 4) Hunter, Megan FR        |           |
| 5 Ireton-VA                | A                          | 1:54.39   |
| 1) Klein, Emma FR          | 2) Shumate, Anna FR        |           |
| 3) Fracasso, Anna SO       | 4) Snell, Hayley JR        |           |
| 6 POTO                     | A                          | 1:55.30   |
| 1) Zhang, Elly 9           | 2) Grube, Sydney 10        |           |
| 3) Kehoe, Clare 11         | 4) Cruzado, Jessica 12     |           |
| 7 STCA-VA                  | A                          | 1:55.61   |
| 1) Williams, Caroline JR   | 2) Harris, Sommer SR       |           |
| 3) Blankenship, Lily 8     | 4) Allen, Taylor SO        |           |
| 8 Paul VI-PV               | A                          | 1:56.16   |
| 1) Mastracchio, Nicole SR  | 2) Neubig, Theresa JR      |           |
| 3) Merrill, Emma SR        | 4) Davison, Lainie FR      |           |
| 9 SGHS                     | A                          | 1:56.24   |
| 1) Carr, Jennifer SO       | 2) Stavac, Lexie SR        |           |
| 3) Schmidt, Madison FR     | 4) Provenzo, Emily FR      |           |
| 10 Seton                   | A                          | 1:56.54   |
| 1) Kenna, Anna 8           | 2) Heim, Emily SO          |           |
| 3) Rector, Kimberly SO     | 4) Kenna, Claire SO        |           |
| 11 COOL-VA                 | B                          | X1:57.22  |
| 1) Erard, Emily SO         | 2) Henry, Caroline JR      |           |
| 3) Ryan, Katie SO          | 4) Laming, Gillian FR      |           |
| 12 STCA-VA                 | B                          | X1:58.82  |
| 1) Ledford, Kaitlyn FR     | 2) Baker, Olivia FR        |           |
| 3) McCarthy, Mary SO       | 4) Ellis, Regan SO         |           |
| 13 NA-VA                   | A                          | 1:59.25   |
| 1) Barcus, Hannah 09       | 2) Gill, Elizabeth SR      |           |
| 3) Kaskel, Justine FR      | 4) Berry, Milana 09        |           |
| 14 SSSA-VA                 | A                          | 1:59.33   |
| 1) Cotto, Nina JR          | 2) Hellmann, Natalie SR    |           |
| 3) Dougherty, Elizabeth JR | 4) Lindsey, Julia JR       |           |
| 15 NOCO-VA                 | A                          | 1:59.80   |
| 1) Hoover, Savannah FR     | 2) Thomas, Wren SR         |           |
| 3) Walthall, Brooke 8      | 4) Boyer, Frances FR       |           |
| 16 Fhs Varsity-PV          | A                          | 1:59.93   |
| 1) Hausamann, Elli FR      | 2) Freeman, Lauren SO      |           |
| 3) Baker, Mimi FR          | 4) Cunningham, Logan JR    |           |
| 17 LCA-VA                  | A                          | 2:03.02   |
| 1) Chenault, Makenzie FR   | 2) Erquiaga, Carrington 8  |           |
| 3) Meinke, Anna SO         | 4) Rossman, Deanna JR      |           |

|                            |                              |          |
|----------------------------|------------------------------|----------|
| 18 OAK                     | A                            | 2:03.24  |
| 1) Tierney, Grace FR       | 2) Tierney, Emma SR          |          |
| 3) Kenis, Sam JR           | 4) Miller, Kristen SR        |          |
| 19 Trinity-VA              | B                            | X2:03.75 |
| 1) Melton, Alix FR         | 2) Perry, Lucy FR            |          |
| 3) Lieberman, Haley SR     | 4) Tomenchok, Lara FR        |          |
| 20 WA-VA                   | A                            | 2:04.03  |
| 1) Overy, Isabel 10        | 2) Schoenig, Victoria 10     |          |
| 3) Killilea, Bridget 11    | 4) Hamra, Jenna 11           |          |
| 21 Mad Swimming-PV         | A                            | 2:04.69  |
| 1) Pearce, Marina JR       | 2) Tate, Rachel SR           |          |
| 3) Gould, Romi FR          | 4) Royer, Stephanie JR       |          |
| 22 Cape Henry-VA           | A                            | 2:05.77  |
| 1) Ryan, Ashley SO         | 2) Michels, Betty JR         |          |
| 3) Van Noordenne, Lisa JR  | 4) Orsini, Alex SO           |          |
| 23 NA-VA                   | B                            | X2:06.30 |
| 1) Luecke, Julie SO        | 2) Guthorn, May 09           |          |
| 3) Hollowell, Catherine SO | 4) Lyon, Grace FR            |          |
| 24 O'Connell-PV            | B                            | X2:06.60 |
| 1) Dueterhaus, Maureen SO  | 2) Baltimore, Gabriella SO   |          |
| 3) Simonson, Alex SO       | 4) Gavin, Hannah JR          |          |
| 25 Falcons-VA              | A                            | 2:06.87  |
| 1) Schattgen, Maya JR      | 2) Whitman, Juliet FR        |          |
| 3) Zavadil, Sophia 8t      | 4) Hazel, Cate 8t            |          |
| 26 Fhs Varsity-PV          | B                            | X2:07.16 |
| 1) Brendsel, Stephanie FR  | 2) Johnson, Ramsey SO        |          |
| 3) Horner, Mary FR         | 4) deCamp, Brittany JR       |          |
| 27 STAB-VA                 | A                            | 2:07.45  |
| 1) Giles, Margaret 12      | 2) McHugh, Daly SR           |          |
| 3) Mullen, Adelaide SO     | 4) Duffy, Clara 09           |          |
| 28 POTO                    | B                            | X2:08.00 |
| 1) Maruca, Amanda 12       | 2) Maruca, Caroline 10       |          |
| 3) Peele, Natalie 9        | 4) Kehoe, Caroline 9         |          |
| 29 John Paul               | A                            | 2:08.18  |
| 1) Garvey, Cecelia FR      | 2) Lanthaler, Isa FR         |          |
| 3) Frank, Jasmine FR       | 4) Planchak, Michelle SR     |          |
| 30 SGHS                    | B                            | X2:09.02 |
| 1) Curran, Keely SO        | 2) Lewis, Carly FR           |          |
| 3) Trevillian, Rachel SO   | 4) Moriarty, Kathleen SR     |          |
| 31 Seton                   | B                            | X2:09.09 |
| 1) Flook, Dani FR          | 2) Ceol, Jillian SO          |          |
| 3) O'Malley, Meghan SO     | 4) Marrazzo, Sally JR        |          |
| 32 Ireton-VA               | B                            | X2:09.12 |
| 1) Rouin, Kaileen SR       | 2) Sanasack, Maddie JR       |          |
| 3) Hood, Megan FR          | 4) Anthony, Mary Margaret SO |          |
| 33 VES-VA                  | A                            | 2:09.36  |
| 1) King, Margot SO         | 2) Hudson, Holly SR          |          |
| 3) Wood, Ann FR            | 4) Zhang, Catherine SR       |          |
| 34 Steward                 | A                            | 2:09.73  |
| 1) Vaughan, Emily JR       | 2) Knecht, Anne JR           |          |
| 3) Cashwell, Kristen JR    | 4) Kelleher, Mary Kate SR    |          |
| 35 Fred'bg Chris-VA        | A                            | 2:09.98  |
| 1) Jones, Courtney 11      | 2) Ross, Hailey 12           |          |
| 3) Cosner, Lindsey 11      | 4) Parker, Caroline 10       |          |
| 36 Covenant-VA             | A                            | 2:10.27  |
| 1) Schmidt, Jane SR        | 2) Lawson, Mackenzie FR      |          |
| 3) Jenkins, Tori FR        | 4) Whyte, Rachel FR          |          |

**2014 VISAA Swimming & Diving Championships - 2/14/2014 to 2/15/2014**

**2014 VISAA Swimming & Diving Championships**

**Psych Sheet**

**Event 1 ... (Girls 200 Yard Medley Relay)**

| Team                    | Relay                    | Seed Time |
|-------------------------|--------------------------|-----------|
| 37 Catholic High        | A                        | 2:10.44   |
| 1) Houser, Alyssa SO    | 2) Hall, Meghan SO       |           |
| 3) Mazzeo, Jessica SO   | 4) Waterhouse, Claire FR |           |
| 38 Paul VI-PV           | B                        | X2:10.58  |
| 1) Rudden, Claire SO    | 2) Wulff, Christina JR   |           |
| 3) Huffman, Meghan SR   | 4) Shervanick, Paige SO  |           |
| 39 Mad Swimming-PV      | B                        | X2:11.08  |
| 1) Tidd, Jackie SO      | 2) Canellakis, Nora SO   |           |
| 3) Jackson, Marina SR   | 4) Ress, Aerryn SR       |           |
| 40 NSA                  | A                        | 2:11.99   |
| 1) Towler, Anna Grace 8 | 2) Psimas, Tori 8        |           |
| 3) Hayes, Katherine SR  | 4) Leidy, Hannah Lee SR  |           |
| 41 HRA                  | B                        | X2:12.13  |
| 1) Suttle, Sydney JR    | 2) Hager, Whitney FR     |           |
| 3) Bowen, Grace SR      | 4) Thatcher, Caroline SO |           |
| 42 Hawks                | A                        | 2:12.58   |
| 1) Ray, Marissa SR      | 2) Schaan, Cassie JR     |           |
| 3) Moshos, Reni SO      | 4) Treuting, M.C. JR     |           |

**Event 2 Boys 200 Yard Medley Relay**

**VSIS Record: 1:34.42 2/18/2011 Woodberry Forest**  
**Z Switzer, H Allen, J Crabb, J Pidgeon**  
**1:34.51 AA-A All-Amer Automatic**  
**1:36.18 AA-C All-Amer Considered**

**Meet Qualifying: 2:00.20**

| Team                      | Relay                       | Seed Time |
|---------------------------|-----------------------------|-----------|
| 1 O'Connell-PV            | A                           | 1:36.44   |
| 1) DiBenedetto, Andrew SO | 2) Stuver, Ian SR           |           |
| 3) Tiernan, Christian SR  | 4) Outlaw, Chris JR         |           |
| 2 HRA                     | A                           | 1:38.78   |
| 1) Arcand, Will SR        | 2) Norton, Jared SO         |           |
| 3) Perry, Reed SR         | 4) Ebel, Austin JR          |           |
| 3 FUMA-VA                 | A                           | 1:39.30   |
| 1) Milburn, Ian SR        | 2) Elsayed, Karim SR        |           |
| 3) Bennett, Nathanael SO  | 4) Romeo, Zachary SR        |           |
| 4 STC-VA                  | A                           | 1:39.46   |
| 1) Fauls, Henry SR        | 2) Smith, Harry SR          |           |
| 3) Swanson, Charlie SO    | 4) Cox, Will SO             |           |
| 5 COOL-VA                 | A                           | 1:41.25   |
| 1) Cuthbert, Sam SO       | 2) Hudgins, Houlder SR      |           |
| 3) Cuthbert, Andy SR      | 4) Thomas, Mac SR           |           |
| 6 SSSA-VA                 | A                           | 1:41.43   |
| 1) Thompson, Ian SO       | 2) Richichi, Brendy FR      |           |
| 3) Draim, Kyle SR         | 4) Shackley, Ian SR         |           |
| 7 NA-VA                   | A                           | 1:41.44   |
| 1) Wilson, William 08     | 2) Dickerson, Jack JR       |           |
| 3) Leidy, Luke JR         | 4) Spivey, Charlie SR       |           |
| 8 Ireton-VA               | A                           | 1:42.03   |
| 1) Salvatori, AJ JR       | 2) Gorski, Ben JR           |           |
| 3) Grant, Jimmy JR        | 4) Morrison, Michael SO     |           |
| 9 WFS-VA                  | A                           | 1:43.30   |
| 10 Trinity-VA             | A                           | 1:44.17   |
| 1) Groh, Patrick JR       | 2) Kettlewell-Sites, Sam SO |           |
| 3) Hatley, Sam SO         | 4) Pankey, Tray JR          |           |

|                        |                           |          |
|------------------------|---------------------------|----------|
| 11 WA-VA               | A                         | 1:44.98  |
| 1) Holder, Michael 11  | 2) Sanderson, Cole 12     |          |
| 3) Sullivan, Dylan 12  | 4) Hamra, Duncan 12       |          |
| 12 Covenant-VA         | A                         | 1:45.31  |
| 1) Holstege, Ben JR    | 2) Paschina, Ben JR       |          |
| 3) Holstege, Sam SO    | 4) Sheffield, Noah FR     |          |
| 13 Hargrave-VA         | A                         | 1:45.77  |
| 1) Carey, Sio JR       | 2) Taylor, Chase SR       |          |
| 3) Sober, Shane JR     | 4) Harrell, Wesley SR     |          |
| 14 John Paul           | A                         | 1:46.00  |
| 1) MacDonald, Alex SR  | 2) Donohoe, Ryan JR       |          |
| 3) Michell, Andre SR   | 4) Miller, Steve SR       |          |
| 15 Fred'bg Chris-VA    | A                         | 1:46.07  |
| 1) Leupold, Ryland 8   | 2) Rutherford, Jack 12    |          |
| 3) Turbyfill, David 10 | 4) Ross, Garrett 10       |          |
| 16 St. Michael HS-VA   | A                         | 1:47.79  |
| 1) Turley, Nolan JR    | 2) Fletcher, Joshua FR    |          |
| 3) Morin, Alec SR      | 4) Clancy, James SR       |          |
| 17 Paul VI-PV          | A                         | 1:47.98  |
| 1) Herbert, David SO   | 2) Orsa, John FR          |          |
| 3) Rowell, Liam FR     | 4) Grealish, Aidan SO     |          |
| 18 STAB-VA             | A                         | 1:48.01  |
| 1) McHugh, Matt SO     | 2) Duan, Rain SR          |          |
| 3) Hynes, Brian SO     | 4) Simeone, Robbie SR     |          |
| 19 Trinity-VA          | B                         | X1:48.76 |
| 1) Layton, Seth JR     | 2) Lynch, Daniel FR       |          |
| 3) Moore, Michael FR   | 4) Vivadelli, Vinny FR    |          |
| 20 Fhs Varsity-PV      | A                         | 1:49.13  |
| 1) Tang, Eric SR       | 2) Waters, Ben JR         |          |
| 3) Timblin, Tristan SR | 4) Thornburg, Zack SR     |          |
| 21 LCA-VA              | A                         | 1:50.40  |
| 1) Dunbar, Brennon SR  | 2) Faix, Carson SR        |          |
| 3) Mills, Steven 8     | 4) Grishaw, Heath SR      |          |
| 22 Cape Henry-VA       | A                         | 1:50.47  |
| 1) Hurley, Mark JR     | 2) Cake, Dylan 8          |          |
| 3) Bowles, George SO   | 4) Conrad, Reid JR        |          |
| 23 STC-VA              | B                         | X1:50.57 |
| 1) Loo, Kristoffer JR  | 2) Wood, Frost FR         |          |
| 3) West, Townes FR     | 4) Simopoulos, William SO |          |
| 24 WFS-VA              | B                         | X1:50.63 |
| 25 NA-VA               | B                         | X1:51.80 |
| 1) Ruland, Matt SO     | 2) Rodgers, Joey SR       |          |
| 3) Gusentine, Jacob SO | 4) Clagett, Vaun JR       |          |
| 26 Paul VI-PV          | B                         | X1:52.10 |
| 1) Huffman, Dominic FR | 2) Deeley, Jake SO        |          |
| 3) Tucker, Eric FR     | 4) Winkert, Jack SO       |          |
| 27 Seton               | A                         | 1:52.27  |
| 1) Koehr, Brian SO     | 2) Kosten, Joe SR         |          |
| 3) Flook, Tommy JR     | 4) Salas, Cris SO         |          |
| 28 BCP                 | A                         | 1:52.79  |
| 1) Martin, Tyler FR    | 2) Long, Drew JR          |          |
| 3) Dunne, Andrew JR    | 4) Haas, Townley JR       |          |
| 29 Ireton-VA           | B                         | X1:53.19 |
| 1) Rostron, Carter JR  | 2) Louison, Dylan JR      |          |
| 3) Conway, Cory JR     | 4) Thompson, Jermaine FR  |          |
| 30 RCS-VA              | A                         | 1:54.21  |
| 1) Brajdic, Danny 10   | 2) Galbraith, Aubrey 12   |          |
| 3) Pilar, Nathaniel 10 | 4) Beach, Ryan 11         |          |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 2 ... (Boys 200 Yard Medley Relay)

| Team                    | Relay                    | Seed Time |
|-------------------------|--------------------------|-----------|
| 31 Hawks                | A                        | 1:55.00   |
| 1) Smith, Cameron 8     | 2) Kulick, Nick SR       |           |
| 3) Lutz, Josh SR        | 4) McGuire, Caleb SO     |           |
| 32 NCS-VA               | A                        | 1:56.72   |
| 1) Johnson, Max 8t      | 2) Kush, Brahn FR        |           |
| 3) Godfrey, Harrison JR | 4) Kush, Braxton SO      |           |
| 33 Fhs Varsity-PV       | B                        | X1:57.36  |
| 1) Timblin, Jeremy FR   | 2) Reilly, Tucker JR     |           |
| 3) Ciesar, Wil JR       | 4) Dalgleish, Charlie SO |           |
| 34 GCA-VA               | A                        | 1:57.36   |
| 1) Murphy, Tyler SR     | 2) Anderson, Collin SR   |           |
| 3) Williams, Adam SR    | 4) Douglas, Andrew SO    |           |
| 35 POTO                 | A                        | 1:57.72   |
| 1) Dungan, Mathew 10    | 2) O'Leary, Kevin 10     |           |
| 3) Peele, Jack 9        | 4) Sanok, Kyle 10        |           |
| 36 LCA-VA               | B                        | X1:57.96  |
| 1) Soistmann, Noah JR   | 2) Erdly, Sam SO         |           |
| 3) Davenport, John SR   | 4) Henderson, Ben JR     |           |
| 37 Steward              | A                        | 1:58.76   |
| 1) Barker, Drew SR      | 2) Apostle, GJ SR        |           |
| 3) Whelan, Mathew 8     | 4) Sikes, Turner JR      |           |
| 38 VES-VA               | A                        | 1:58.77   |
| 1) Updike, Brady JR     | 2) Choi, Cody SR         |           |
| 3) Head, Riley SO       | 4) Van Dyke, Nick JR     |           |
| 39 H2owls-VA            | A                        | 1:59.01   |
| 1) Mahoney, Bailey SR   | 2) McGrath, Nick FR      |           |
| 3) Steenson, Steve SO   | 4) Mahoney, Ethan SO     |           |
| 40 HRA                  | B                        | X1:59.13  |
| 1) Slate, Lane FR       | 2) Mumford, Carsen SO    |           |
| 3) Romero, Roger SO     | 4) Toder, Evan SR        |           |
| 41 WA-VA                | B                        | X1:59.45  |
| 1) Schoenig, Nicholas 8 | 2) Sullivan, Cavan 9     |           |
| 3) Marquardt, Jacob 12  | 4) Gallagher, Ian 12     |           |
| 42 NSA                  | A                        | 1:59.64   |
| 1) Rogerson, Tyler SR   | 2) Cowen, Drew SR        |           |
| 3) Wagner, Blake JR     | 4) Wade, John SR         |           |
| 43 Falcons-VA           | A                        | 1:59.66   |
| 1) Harrison, Mitch SR   | 2) Garbutt, Charlie JR   |           |
| 3) Davis, Jase SR       | 4) Stebbins, Julian 8t   |           |
| 44 GCA-VA               | B                        | X1:59.81  |
| 1) Keller, Aaron 8      | 2) Keller, Austin JR     |           |
| 3) Wright, Bryce FR     | 4) Hammond, Nathaniel FR |           |
| 45 John Paul            | B                        | X1:59.82  |
| 1) Costella, Joe FR     | 2) Goerl, Brett SO       |           |
| 3) DeLeoz, Josh FR      | 4) Donovan, Jack FR      |           |
| 46 Fred'bg Chris-VA     | B                        | X2:00.00  |
| 1) Harrington, David 11 | 2) Chang, Brandon 12     |           |
| 3) Kearney, Adam 10     | 4) Jones, Chris 12       |           |
| 47 Catholic High        | A                        | 2:00.16   |
| 1) Burke, Robert JR     | 2) Scarpelli, Daniel JR  |           |
| 3) Korka, Liam SR       | 4) Edwards, Ian FR       |           |

## Event 3 Girls 200 Yard Freestyle

| VSIS Record: 1:49.25 2/17/2012 Gabrielle Bishop |    |          |           |
|---|----|----------|-----------|
| 1:49.43 AA-A All-Amer Automatic                 |    |          |           |
| 1:51.24 AA-C All-Amer Considered                |    |          |           |
| Meet Qualifying: 2:15.81                        |    |          |           |
| Name  | Yr | School   | Seed Time |
| 1 Kish, Mary Katherine                          | JR | COOL-VA  | 1:53.85   |
| 2 Baldwin, Peyton                               | JR | HRA      | 1:55.19   |
| 3 Ladd, Hailey                                  | FR | TES-VA   | 1:57.70   |
| 4 Newton, Kasey                                 | JR | TES-VA   | 1:58.43   |
| 5 Hunter, Megan                                 | FR | TES-VA   | 1:58.46   |
| 6 Catron, Sydney                                | FR | DJO-PV   | 1:58.50   |
| 7 Patterson, Linnea                             | SR | HRA      | 2:00.07   |
| 8 Provenzo, Emily                               | FR | SGHS     | 2:00.44   |
| 9 Stratford, Kelsey                             | SO | COOL-VA  | 2:01.03   |
| 10 Neuburg, Emily                               | SR | NSA      | 2:03.42   |
| 11 Saunders, Michaela                           | SR | MVST-PV  | 2:03.54   |
| 12 Gullquist, Haley                             | SO | STCA-VA  | 2:03.99   |
| 13 Williams, Caroline                           | JR | STCA-VA  | 2:04.00   |
| 14 Clary, Caroline                              | SR | NA-VA    | 2:04.75   |
| 15 Zaun, Murphy                                 | SO | COOL-VA  | 2:04.85   |
| 16 Lenz, Sydney                                 | FR | COOL-VA  | 2:05.08   |
| 17 Wielar, Grace                                | 8  | STCA-VA  | 2:06.35   |
| 18 Blankenship, Quinn                           | SO | RMA-VA   | 2:07.20   |
| 19 Klena, Sarah                                 | SR | NA-VA    | 2:07.55   |
| 20 Gift, Ann                                    | FR | COOL-VA  | 2:07.75   |
| 21 Lewis, Carly                                 | FR | SGHS     | 2:09.07   |
| 22 Dougherty, Elizabeth                         | JR | SSSA-VA  | 2:09.45   |
| 23 Ogden, Ryley                                 | SO | STCA-VA  | 2:10.43   |
| 24 Royer, Stephanie                             | JR | MVST-PV  | 2:11.26   |
| 25 MacLean, Cailin                              | SR | STCA-VA  | 2:12.44   |
| 26 Beineke, Virginia                            | SO | IRETN-VA | 2:13.17   |
| 27 Sheifer, Madeleine                           | FR | FH-PV    | 2:13.45   |
| 28 Dewey, Spencer                               | SO | STCA-VA  | 2:13.66   |
| 29 Clarkson, Meredith                           | SR | NCS-VA   | 2:13.75   |
| 30 Miller, Anne                                 | SO | COOL-VA  | 2:13.93   |
| 31 Melton, Alix                                 | FR | TES-VA   | 2:14.27   |
| 32 Walthall, Brooke                             | 8  | NOCO-VA  | 2:14.33   |
| 33 Lecce, Katherine                             | SR | SMS-VA   | 2:14.55   |
| 34 Duffy, Clara                                 | 09 | STAB-VA  | 2:14.56   |
| 35 Jones, Mary Randell                          | JR | NA-VA    | 2:15.43   |
| 36 Wild, Laura                                  | SR | NSA      | 2:15.50   |
| 37 Wilkinson, Madison                           | SO | STCA-VA  | 2:15.53   |

## Event 4 Boys 200 Yard Freestyle

| VSIS Record: 1:37.20 2/18/2011 Thomas Stephens |    |         |           |
|--|----|---------|-----------|
| 1:39.35 AA-A All-Amer Automatic                |    |         |           |
| 1:41.14 AA-C All-Amer Considered               |    |         |           |
| Meet Qualifying: 2:00.23                       |    |         |           |
| Name   | Yr | School  | Seed Time |
| 1 Shackley, Ian                                | SR | SSSA-VA | 1:46.19   |
| 2 Haas, Townley                                | JR | BCP     | 1:47.07   |
| 3 Berry, Trey                                  | JR | STC-VA  | 1:47.22   |
| 4 Speri, Philip                                | SO | BSCHS   | 1:48.02   |
| 5 Sullivan, Aidan                              | SO | TES-VA  | 1:48.55   |
| 6 Hatley, Sam                                  | SO | TES-VA  | 1:48.68   |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 4 ... (Boys 200 Yard Freestyle)

| Name                 | Yr | School   | Seed Time |
|----------------------|----|----------|-----------|
| 7 Cuthbert, Sam      | SO | COOL-VA  | 1:48.81   |
| 8 Holstege, Ben      | JR | COV-VA   | 1:51.44   |
| 9 Thompson, Albert   | SR | STC-VA   | 1:51.67   |
| 10 Mills, Steven     | 8  | LCA-VA   | 1:51.82   |
| 11 Perry, Reed       | SR | HRA      | 1:51.88   |
| 12 Whelan, Mathew    | 8  | TSS      | 1:52.30   |
| 13 Apostle, GJ       | SR | TSS      | 1:52.78   |
| 14 Levy, Eli         | 10 | WFS-VA   | 1:53.15   |
| 15 Holstege, Sam     | SO | COV-VA   | 1:53.99   |
| 16 Grap, Peter       | SR | COOL-VA  | 1:54.08   |
| 17 Wilson, Ben       | SR | NSA      | 1:54.42   |
| 18 Thornburg, Zack   | SR | FH-PV    | 1:54.56   |
| 19 Clary, Trip       | SO | NA-VA    | 1:55.06   |
| 20 Wilson, William   | 08 | NA-VA    | 1:55.30   |
| 21 Stevenson, Ian    | FR | TES-VA   | 1:55.62   |
| 22 Conrad, Reid      | JR | CHCS-VA  | 1:56.56   |
| 23 Burke, Robert     | JR | BSCHS    | 1:56.71   |
| 24 Jennings, Austin  | 11 | WA-VA    | 1:56.78   |
| 25 Forman, David     | SO | NSA      | 1:56.92   |
| 26 Morrison, Michael | SO | IRETN-VA | 1:56.99   |
| 27 Griffin, Keen     | 09 | WFS-VA   | 1:57.26   |
| 28 Given, Parker     | 12 | WFS-VA   | 1:58.27   |
| 29 Godfrey, Harrison | JR | NCS-VA   | 1:59.29   |
| 30 Schmohl, Trey     | JR | COOL-VA  | 1:59.39   |
| 31 Pender, Justin    | JR | NA-VA    | 1:59.42   |

## Event 5 Girls 200 Yard IM

| Name                   | Yr | School  | Seed Time |
|------------------------|----|---------|-----------|
| 1 Moshos, Reni         | SO | HL      | 2:07.09   |
| 2 Jordan, Kylie        | SO | MVST-PV | 2:08.24   |
| 3 Merrill, Emma        | SR | PVI-PV  | 2:10.90   |
| 4 Pollard, Ashton      | SR | COOL-VA | 2:11.25   |
| 5 Piercy, Nicole       | JR | HRA     | 2:11.63   |
| 6 Harris, Sommer       | SR | STCA-VA | 2:16.11   |
| 7 Stavac, Lexie        | SR | SGHS    | 2:17.41   |
| 8 Henry, Caroline      | JR | COOL-VA | 2:17.52   |
| 9 Kaskel, Justine      | FR | NA-VA   | 2:19.03   |
| 10 Harper, Jasmine     | FR | COOL-VA | 2:20.36   |
| 11 Ryan, Katie         | SO | COOL-VA | 2:22.05   |
| 12 Trevillian, Rachel  | SO | SGHS    | 2:23.34   |
| 13 Sinner, Alex        | JR | SST     | 2:23.89   |
| 14 Baker, Olivia       | FR | STCA-VA | 2:24.02   |
| 15 Robinson, Gillian   | SR | STCA-VA | 2:24.84   |
| 16 Freeman, Lauren     | SO | FH-PV   | 2:25.08   |
| 17 Lieberman, Haley    | SR | TES-VA  | 2:25.10   |
| 18 Trenz, Zoe          | SO | TES-VA  | 2:25.30   |
| 19 Knecht, Anne        | JR | TSS     | 2:25.73   |
| 20 Mastracchio, Nicole | SR | PVI-PV  | 2:27.61   |
| 21 Fergusson, Jane     | FR | COOL-VA | 2:27.93   |
| 22 Cotto, Nina         | JR | SSSA-VA | 2:28.21   |
| 23 Hausmann, Elli      | FR | FH-PV   | 2:29.56   |

|                         |    |        |         |
|-------------------------|----|--------|---------|
| 24 Daniel, Kate         | SO | TES-VA | 2:29.69 |
| 25 Baltimore, Gabriella | SO | DJO-PV | 2:31.24 |
| 26 Erquiaga, Carrington | 8  | LCA-VA | 2:33.16 |

## Event 6 Boys 200 Yard IM

| Name                   | Yr | School   | Seed Time |
|------------------------|----|----------|-----------|
| 1 Kaskel, Jacob        | SR | NA-VA    | 1:56.35   |
| 2 Swanson, Charlie     | SO | STC-VA   | 1:58.35   |
| 3 Norton, Jared        | SO | HRA      | 2:00.62   |
| 4 Switzer, Nick        | 10 | WFS-VA   | 2:01.13   |
| 5 Milburn, Ian         | SR | FUMA-VA  | 2:02.15   |
| 6 Gorski, Ben          | JR | IRETN-VA | 2:03.11   |
| 7 Thompson, Ian        | SO | SSSA-VA  | 2:03.65   |
| 8 Groh, Patrick        | JR | TES-VA   | 2:04.25   |
| 9 Dunne, Andrew        | JR | BCP      | 2:04.47   |
| 10 Mumford, Carsen     | SO | HRA      | 2:04.91   |
| 11 Stuver, Ian         | SR | DJO-PV   | 2:05.88   |
| 12 Goerl, Brett        | SO | JPHS     | 2:06.28   |
| 13 Carey, Sio          | JR | HMA-VA   | 2:06.32   |
| 14 Paschina, Ben       | JR | COV-VA   | 2:06.49   |
| 15 Orsa, John          | FR | PVI-PV   | 2:07.48   |
| 16 McHugh, Matt        | SO | STAB-VA  | 2:08.33   |
| 17 Billingsley, Austen | 10 | WFS-VA   | 2:08.61   |
| 18 Layton, Seth        | JR | TES-VA   | 2:09.07   |
| 19 Vivadelli, Vinny    | FR | TES-VA   | 2:09.14   |
| 20 Spivey, Charlie     | SR | NA-VA    | 2:09.86   |
| 21 Badin, Owen         | J  | BSH      | 2:10.29   |
| 22 Wielar, Drake       | FR | STC-VA   | 2:10.38   |
| 23 Tang, Eric          | SR | FH-PV    | 2:10.78   |
| 24 Gusentine, Jacob    | SO | NA-VA    | 2:11.15   |
| 25 Sanderson, Cole     | 12 | WA-VA    | 2:11.49   |
| 26 Schoenig, Nicholas  | 8  | WA-VA    | 2:11.72   |
| 27 Zhang, Kevin        | 11 | WFS-VA   | 2:11.83   |
| 28 Kosten, Joe         | SR | SST      | 2:13.12   |
| 29 Garbutt, Charlie    | JR | FAST-VA  | 2:14.97   |
| 30 Sheffield, Noah     | FR | COV-VA   | 2:15.17   |
| 31 Hudgins, Houlder    | SR | COOL-VA  | 2:15.27   |
| 32 Bergmann, Sean      | SO | DJO-PV   | 2:16.17   |
| 33 Vollino, Garrett    | SR | COOL-VA  | 2:16.29   |
| 34 Kerlin, Brian       | 12 | WFS-VA   | 2:16.32   |
| 35 Dickerson, Jack     | JR | NA-VA    | 2:16.68   |

## Event 7 Girls 50 Yard Freestyle

| Name              | Yr | School  | Seed Time |
|-------------------|----|---------|-----------|
| 1 Nezelek, Kate   | SO | TES-VA  | 25.10     |
| 2 Baker, Mimi     | FR | FH-PV   | 25.31     |
| 3 Saba, Farrin    | JR | MVST-PV | 25.32     |
| 4 Baber, Caroline | 8  | COOL-VA | 25.36     |
| 5 Gharbo, Melina  | SO | HRA     | 25.51     |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 7 ... (Girls 50 Yard Freestyle)

| Name                       | Yr | School   | Seed Time |
|----------------------------|----|----------|-----------|
| 6 Shumate, Anna            | FR | IRETN-VA | 25.59     |
| 7 Shuford, Nicole          | FR | HRA      | 25.64     |
| 8 Orsini, Alex             | SO | CHCS-VA  | 25.65     |
| 9 Yan, Joanna              | SO | STCA-VA  | 25.68     |
| 10 Brewer, Campbell        | JR | COOL-VA  | 25.80     |
| 11 Powell, Hannah          | SR | STCA-VA  | 25.97     |
| 12 Baltimore, Isabell      | FR | DJO-PV   | 26.10     |
| 13 Snell, Hayley           | JR | IRETN-VA | 26.10     |
| 14 Cruzado, Jessica        | 12 | POTO     | 26.24     |
| 15 Berry, Milana           | 09 | NA-VA    | 26.39     |
| 16 Boggs, Clara            | SO | IRETN-VA | 26.39     |
| 17 Nichols, Abby           | FR | STCA-VA  | 26.42     |
| 18 Kenna, Claire           | SO | SST      | 26.46     |
| 19 Gill, Elizabeth         | SR | NA-VA    | 26.48     |
| 20 Allen, Taylor           | SO | STCA-VA  | 26.59     |
| 21 Lennarz, Claire         | SO | HRA      | 26.60     |
| 22 Pyle, Catherine         | SR | NA-VA    | 26.63     |
| 23 Hamra, Jenna            | 11 | WA-VA    | 26.69     |
| 24 Kennedy, Catherine      | SR | IRETN-VA | 26.69     |
| 25 Muncy, Cristina         | FR | COOL-VA  | 26.75     |
| 26 Timmerman, Tatum        | SO | STCA-VA  | 26.75     |
| 27 Davison, Lainie         | FR | PVI-PV   | 26.91     |
| 28 Boyer, Frances          | FR | NOCO-VA  | 26.93     |
| 29 Hellmann, Natalie       | SR | SSSA-VA  | 27.03     |
| 30 Ryan, Ashley            | SO | CHCS-VA  | 27.04     |
| 31 Rossman, Deanna         | JR | LCA-VA   | 27.34     |
| 32 Gavin, Hannah           | JR | DJO-PV   | 27.35     |
| 33 Scallion, Paige         | SR | DJO-PV   | 27.37     |
| 34 Hager, Whitney          | FR | HRA      | 27.37     |
| 35 Gusentine, Mary         | SR | NA-VA    | 27.38     |
| 36 Whitman, Juliet         | FR | FAST-VA  | 27.39     |
| 37 Ballou, Courtney        | JR | NCS-VA   | 27.39     |
| 38 Berard, Taylor          | JR | NSA      | 27.41     |
| 39 Ranieri, Julia          | SR | JPHS     | 27.44     |
| 40 van der Linden, Jessica | 10 | RCS-VA   | 27.47     |
| 41 Johnson, Ramsey         | SO | FH-PV    | 27.57     |
| 42 Fergusson, Vivien       | SR | COOL-VA  | 27.57     |
| 43 Giles, Margaret         | 12 | STAB-VA  | 27.58     |
| 44 Barcus, Hannah          | 09 | NA-VA    | 27.60     |
| 45 Thomas, Wren            | SR | NOCO-VA  | 27.62     |
| 46 Michell, Corrie         | SO | JPHS     | 27.64     |
| 47 Melvin, Frances         | 8  | COOL-VA  | 27.66     |
| 48 Surgner, Kate           | FR | COOL-VA  | 27.68     |
| 49 Canellakis, Nora        | SO | MVST-PV  | 27.71     |
| 50 Tomenchok, Lara         | FR | TES-VA   | 27.77     |
| 51 Lindsey, Julia          | JR | SSSA-VA  | 27.78     |
| 52 Abbed, Lori             | FR | IRETN-VA | 27.79     |
| 53 Quaranta, Brianna       | JR | BSCHS    | 27.80     |
| 54 Van Noordenne, Lisa     | JR | CHCS-VA  | 27.81     |
| 55 Zhang, Elly             | 9  | POTO     | 27.85     |
| 56 Waterhouse, Claire      | FR | BSCHS    | 27.86     |
| 57 Shervanick, Paige       | SO | PVI-PV   | 27.88     |
| 58 Cunningham, Logan       | JR | FH-PV    | 27.88     |
| 59 Hemelt, Emma            | SO | BSCHS    | 27.89     |
| 60 Ennis, Caroline         | FR | COOL-VA  | 27.89     |

|                    |    |         |       |
|--------------------|----|---------|-------|
| 61 McHugh, Daly    | SR | STAB-VA | 27.89 |
| 62 Herring, Hannah | SR | NA-VA   | 27.90 |

## Event 8 Boys 50 Yard Freestyle

|                     |              |                                 |                    |
|---------------------|--------------|---------------------------------|--------------------|
| <b>VSIS Record:</b> | <b>20.65</b> | <b>2/19/2010</b>                | <b>Zach Ingold</b> |
|                     | <b>20.84</b> | <b>AA-A All-Amer Automatic</b>  |                    |
|                     | <b>21.14</b> | <b>AA-C All-Amer Considered</b> |                    |

## Meet Qualifying: 24.22

| Name                  | Yr | School   | Seed Time |
|-----------------------|----|----------|-----------|
| 1 Khalafalla, Ali     | SR | FUMA-VA  | 20.49     |
| 2 Outlaw, Chris       | JR | DJO-PV   | 21.65     |
| 3 Morin, Alec         | SR | SMAHS-VA | 21.91     |
| 4 Herbert, David      | SO | PVI-PV   | 21.93     |
| 5 Snyder, Ari         | SR | HRA      | 21.96     |
| 6 Tiernan, Christian  | SR | DJO-PV   | 22.19     |
| 7 Cavotti, Spencer    | SR | FUMA-VA  | 22.21     |
| 8 Ebel, Austin        | JR | HRA      | 22.24     |
| 9 Thomas, Mac         | SR | COOL-VA  | 22.44     |
| 10 Cox, Will          | SO | STC-VA   | 22.45     |
| 11 Cook, Daniel       | SO | NA-VA    | 22.68     |
| 12 Hamra, Duncan      | 12 | WA-VA    | 22.99     |
| 13 Beale, Greg        | SR | NSA      | 23.03     |
| 14 Tennille, Will     | 12 | WFS-VA   | 23.07     |
| 15 Ross, Garrett      | 10 | FCS-VA   | 23.14     |
| 16 Simeone, Robbie    | SR | STAB-VA  | 23.25     |
| 17 Richichi, Brendy   | FR | SSSA-VA  | 23.26     |
| 18 Romeo, Zachary     | SR | FUMA-VA  | 23.29     |
| 19 Kreiser, Zachary   | JR | NA-VA    | 23.29     |
| 20 Miller, Steve      | SR | JPHS     | 23.32     |
| 21 Smith, Harry       | SR | STC-VA   | 23.35     |
| 22 Timblin, Tristan   | SR | FH-PV    | 23.40     |
| 23 Grant, Jimmy       | JR | IRETN-VA | 23.43     |
| 24 Pankey, Tray       | JR | TES-VA   | 23.51     |
| 25 Bennett, Nathanael | SO | FUMA-VA  | 23.61     |
| 26 Korka, Liam        | SR | BSCHS    | 23.62     |
| 27 Dunbar, Brennon    | SR | LCA-VA   | 23.67     |
| 28 Sullivan, Dylan    | 12 | WA-VA    | 23.69     |
| 29 Qian, Cheng        | JR | RMA-VA   | 23.69     |
| 30 Turley, Nolan      | JR | SMAHS-VA | 23.88     |
| 31 Powell, Luke       | SO | STC-VA   | 23.94     |
| 32 Wade, John         | SR | NSA      | 23.98     |
| 33 Draim, Kyle        | SR | SSSA-VA  | 24.02     |
| 34 Romero, Roger      | SO | HRA      | 24.09     |
| 35 Galbraith, Aubrey  | 12 | RCS-VA   | 24.13     |
| 36 Murphy, Tyler      | SR | GCA-VA   | 24.14     |
| 37 Mickleburgh, Aidan | 8  | COOL-VA  | 24.20     |

## Event 9 Girls 1 mtr Diving

|                     |               |                  |                       |
|---------------------|---------------|------------------|-----------------------|
| <b>VSIS Record:</b> | <b>456.10</b> | <b>2/21/1998</b> | <b>Katie Williams</b> |
|---------------------|---------------|------------------|-----------------------|

| Name              | Yr | School  | Seed Time |
|-------------------|----|---------|-----------|
| 1 Busser, Keaton  | SR | TES-VA  | 327.85    |
| 2 Chetelat, Naomi | FR | STCA-VA | 304.60    |
| 3 Porter, Leilani | SO | COOL-VA | 299.75    |
| 4 Kelly, Alayna   | SR | DJO-PV  | 283.60    |
| 5 Hall, Caroline  | 8  | COOL-VA | 281.85    |
| 6 Angle, Ellie    | 8  | COOL-VA | 270.45    |
| 7 MacLeod, Emma   | SR | STCA-VA | 257.55    |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 9 ... (Girls 1 mtr Diving)

| Name                    | Yr | School   | Time   |
|-------------------------|----|----------|--------|
| 8 Yosaitis, Carly       | JR | MVST-PV  | 251.55 |
| 9 Kelly, Maddie         | JR | DJO-PV   | 243.60 |
| 10 Cuevas, Gracie       | SR | STCA-VA  | 241.95 |
| 11 Quevas, Grace        | SR | STCA-VA  | 241.95 |
| 12 Potter, Cleo         | SO | SSSA-VA  | 238.25 |
| 13 Nardacci, Becky      | SR | DJO-PV   | 225.70 |
| 14 Aldrich, Ramsey      | JR | MVST-PV  | 222.85 |
| 15 Rodriguez, Susie     | JR | DJO-PV   | 215.60 |
| 16 Simpson, Claire      | FR | MVST-PV  | 211.35 |
| 17 Alvis, Riley         | FR | STCA-VA  | 206.15 |
| 18 Beaulieu, Jacqueline | JR | MVST-PV  | 202.30 |
| 19 Green, Kristin       | SR | NA-VA    | 169.10 |
| 20 Branham, Alex        | SR | IRETN-VA | 168.10 |
| 21 Hogan, Katie         | 8  | STCA-VA  | 165.90 |
| 22 Antonick, Kaitlyn    | 08 | NA-VA    | 157.80 |
| 23 Kislyakov, Amy       | JR | NA-VA    | 154.50 |
| 24 Neill, Elizabeth     | 09 | STAB-VA  | 154.30 |
| 25 Hoerr, Berkeley      | SO | STAB-VA  | 146.30 |
| 26 McCall, Rossi        | JR | NA-VA    | 131.20 |
| 27 Dykshorn, Anna       | SO | STCA-VA  | 127.75 |
| 28 Wiberg, Elle         | SO | PVI-PV   | 121.70 |
| 29 Blanco, Isabella     | SO | IRETN-VA | 101.25 |
| 30 Nunez, Jean          | SO | IRETN-VA | 86.90  |

## Event 10 Boys 1 mtr Diving

| VSIS Record: 470.85 2/16/2008 Briggly Imbriglia Ireton |    |         |        |
|--|----|---------|--------|
| Name   | Yr | School  | Time   |
| 1 Gigliotti, Jack                                      | SR | DJO-PV  | 393.45 |
| 2 Cortes-Inchauspe, Frankie                            | FR | SSSA-VA | 371.20 |
| 3 Busser, Collin                                       | JR | TES-VA  | 278.40 |
| 4 Scott, Andrew  | 8  | COOL-VA | 273.70 |
| 5 Bailey, Richard                                      | JR | STC-VA  | 271.85 |
| 6 Bedford, Joe   | SR | NA-VA   | 256.30 |
| 7 Brindley, Bethea                                     | SO | FUMA-VA | 254.15 |
| 8 Perry, Marcus  | SR | HMA-VA  | 234.45 |
| 9 Franke, Kynan  | SR | DJO-PV  | 224.30 |
| 10 Jones, Rasheed                                      | SO | FUMA-VA | 219.30 |
| 11 Metzmaier, Danny                                    | FR | DJO-PV  | 215.25 |
| 12 Hope, Andrew  | 12 | WFS-VA  | 193.40 |
| 13 Bernero, Dominic                                    | JR | DJO-PV  | 189.65 |
| 14 Cottrell, Kieran                                    | 8  | COOL-VA | 182.55 |
| 15 Roberts, Sam  | 8  | COOL-VA | 177.80 |
| 16 Fulmer, Ryan  | SO | NA-VA   | 143.30 |
| 17 Schwartz, Quintin                                   | 11 | WFS-VA  | 142.60 |
| 18 Arnold, Tucker                                      | SR | HMA-VA  | 134.80 |
| 19 Shama, Graham                                       | SO | TES-VA  | 127.90 |

## Event 11 Girls 100 Yard Butterfly

| VSIS Record: 54.50 2/15/2013 Kylie Jordan |    |         |           |
|---|----|---------|-----------|
| 55.26 AA-A All-Amer Automatic             |    |         |           |
| 56.30 AA-C All-Amer Considered            |    |         |           |
| Meet Qualifying: 1:09.56                  |    |         |           |
| Name                                      | Yr | School  | Seed Time |
| 1 Jordan, Kylie                           | SO | MVST-PV | 56.48     |
| 2 Baldwin, Peyton                         | JR | HRA     | 56.74     |

|                        |    |          |         |
|------------------------|----|----------|---------|
| 3 Burton, Meghan       | FR | TES-VA   | 58.41   |
| 4 Tomenchok, Kira      | SR | TES-VA   | 58.85   |
| 5 Kenis, Sam           | JR | OAK      | 1:00.01 |
| 6 Klein, Emma          | FR | IRETN-VA | 1:00.24 |
| 7 Pollard, Caroline    | JR | COOL-VA  | 1:01.71 |
| 8 Kinsella, Katie      | SR | DJO-PV   | 1:01.91 |
| 9 Kaskel, Justine      | FR | NA-VA    | 1:02.85 |
| 10 Ryan, Katie         | SO | COOL-VA  | 1:03.16 |
| 11 Ledford, Kaitlyn    | FR | STCA-VA  | 1:03.50 |
| 12 Blankenship, Lily   | 8  | STCA-VA  | 1:03.69 |
| 13 Schmidt, Madison    | FR | SGHS     | 1:03.75 |
| 14 Saunders, Michaela  | SR | MVST-PV  | 1:04.03 |
| 15 Mazzeo, Jessica     | SO | BSCHS    | 1:04.04 |
| 16 Gould, Romi         | FR | MVST-PV  | 1:04.30 |
| 17 Trevillian, Rachel  | SO | SGHS     | 1:04.34 |
| 18 Fracasso, Anna      | SO | IRETN-VA | 1:04.35 |
| 19 Trenz, Zoe          | SO | TES-VA   | 1:04.56 |
| 20 Kehoe, Clare        | 11 | POTO     | 1:04.82 |
| 21 Douma, Allie        | JR | COOL-VA  | 1:05.48 |
| 22 Grube, Sydney       | 10 | POTO     | 1:06.25 |
| 23 Laming, Gillian     | FR | COOL-VA  | 1:06.49 |
| 24 Hicks, Christian    | JR | VES-VA   | 1:07.51 |
| 25 McCarthy, Mary      | SO | STCA-VA  | 1:08.39 |
| 26 Britton, Mary Grace | SR | SMAHS-VA | 1:08.65 |
| 27 Lawson, Mackenzie   | FR | COV-VA   | 1:09.03 |
| 28 Daniel, Kate        | SO | TES-VA   | 1:09.14 |
| 29 Hoover, Savannah    | FR | NOCO-VA  | 1:09.42 |
| 30 Ennis, Caroline     | FR | COOL-VA  | 1:09.50 |

## Event 12 Boys 100 Yard Butterfly

| VSIS Record: 49.27 2/18/2011 James Crabb |    |         |           |
|--|----|---------|-----------|
| 49.64 AA-A All-Amer Automatic            |    |         |           |
| 50.61 AA-C All-Amer Considered           |    |         |           |
| Meet Qualifying: 1:01.64                 |    |         |           |
| Name                                     | Yr | School  | Seed Time |
| 1 Fauls, Henry                           | SR | STC-VA  | 51.41     |
| 2 Rento, Joey                            | JR | HRA     | 53.27     |
| 3 Dunne, Andrew                          | JR | BCP     | 53.32     |
| 4 Perry, Reed                            | SR | HRA     | 53.64     |
| 5 Elsayed, Karim                         | SR | FUMA-VA | 54.29     |
| 6 Hynes, Brian                           | SO | STAB-VA | 54.51     |
| 7 Cuthbert, Andy                         | SR | COOL-VA | 56.55     |
| 8 Sigloh, Chas                           | 09 | WFS-VA  | 56.59     |
| 9 Kreiser, Zachary                       | JR | NA-VA   | 56.95     |
| 10 Bennett, Nathanael                    | SO | FUMA-VA | 57.74     |
| 11 Romeo, Zachary                        | SR | FUMA-VA | 57.78     |
| 12 West, Townes                          | FR | STC-VA  | 58.70     |
| 13 Dumez, Lucas                          | 9  | WCDS    | 58.86     |
| 14 Mancini, Gareth                       | FR | STC-VA  | 59.03     |
| 15 Mitchell, Andre                       | SR | JPHS    | 59.21     |
| 16 McCall, Glenn                         | SR | NA-VA   | 59.86     |
| 17 Lynch, Daniel                         | FR | TES-VA  | 59.88     |
| 18 Draim, Kyle                           | SR | SSSA-VA | 59.99     |
| 19 Whelan, Mathew                        | 8  | TSS     | 1:00.05   |
| 20 Phelps, Clark                         | JR | TES-VA  | 1:00.09   |
| 21 Hale, Alec                            | SO | STC-VA  | 1:00.43   |
| 22 Vollino, Garrett                      | SR | COOL-VA | 1:00.48   |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 12...(Boys 100 Yard Butterfly)

| Name                | Yr | School | Seed Time |
|---------------------|----|--------|-----------|
| 23 Leidy, Luke      | JR | NA-VA  | 1:00.52   |
| 24 Brajdic, Danny   | 10 | RCS-VA | 1:00.70   |
| 25 Sullivan, Dylan  | 12 | WA-VA  | 1:00.81   |
| 26 Clagett, Vaun    | JR | NA-VA  | 1:01.01   |
| 27 Marquardt, Jacob | 12 | WA-VA  | 1:01.10   |
| 28 Willis, Robert   | 10 | WFS-VA | 1:01.19   |
| 29 Moore, Michael   | SR | TES-VA | 1:01.26   |
| 30 Douglas, Andrew  | SO | GCA-VA | 1:01.44   |
| 31 Pilar, Nathaniel | 10 | RCS-VA | 1:01.46   |

## Event 13 Girls 100 Yard Freestyle

**VSIS Record:** 51.00 2/18/2012 Gabrielle Bishop  
50.81 AA-A All-Amer Automatic  
51.57 AA-C All-Amer Considered

Meet Qualifying: 1:01.72

| Name                  | Yr | School   | Seed Time |
|-----------------------|----|----------|-----------|
| 1 Nezelek, Kate       | SO | TES-VA   | 54.41     |
| 2 Patterson, Linnea   | SR | HRA      | 55.11     |
| 3 Baber, Caroline     | 8  | COOL-VA  | 55.25     |
| 4 Klein, Emma         | FR | IRETN-VA | 55.27     |
| 5 Newton, Kasey       | JR | TES-VA   | 55.46     |
| 6 Schoenig, Victoria  | 10 | WA-VA    | 55.62     |
| 7 Jones, Courtney     | 11 | FCS-VA   | 55.71     |
| 8 Orsini, Alex        | SO | CHCS-VA  | 55.80     |
| 9 Saba, Farrin        | JR | MVST-PV  | 56.17     |
| 10 Baker, Mimi        | FR | FH-PV    | 56.28     |
| 11 Kenna, Anna        | 8  | SST      | 56.57     |
| 12 Yan, Joanna        | SO | STCA-VA  | 56.72     |
| 13 Cruzado, Jessica   | 12 | POTO     | 56.73     |
| 14 Rossman, Deanna    | JR | LCA-VA   | 56.74     |
| 15 Knecht, Anne       | JR | TSS      | 56.80     |
| 16 Powell, Hannah     | SR | STCA-VA  | 57.12     |
| 17 Kinsella, Katie    | SR | DJO-PV   | 57.14     |
| 18 Brewer, Campbell   | JR | COOL-VA  | 57.39     |
| 19 Robinson, Maddie   | SO | NCHS-VA  | 57.48     |
| 20 Clary, Caroline    | SR | NA-VA    | 57.62     |
| 21 Boggs, Clara       | SO | IRETN-VA | 57.84     |
| 22 Baltimore, Isabell | FR | DJO-PV   | 57.93     |
| 23 Lennarz, Claire    | SO | HRA      | 58.00     |
| 24 Gift, Ann          | FR | COOL-VA  | 58.04     |
| 25 Stratford, Kelsey  | SO | COOL-VA  | 58.26     |
| 26 Nichols, Abby      | FR | STCA-VA  | 58.37     |
| 27 Allen, Taylor      | SO | STCA-VA  | 58.88     |
| 28 Ogden, Ryley       | SO | STCA-VA  | 59.21     |
| 29 Zaun, Murphy       | SO | COOL-VA  | 59.36     |
| 30 Muncy, Cristina    | FR | COOL-VA  | 59.88     |
| 31 Hager, Whitney     | FR | HRA      | 59.94     |
| 32 Clarkson, Meredith | SR | NCS-VA   | 59.97     |
| 33 Davison, Lainie    | FR | PVI-PV   | 1:00.31   |
| 34 Waterhouse, Claire | FR | BSCHS    | 1:00.39   |
| 35 Boyer, Frances     | FR | NOCO-VA  | 1:00.46   |
| 36 Skaines, Nikole    | FR | JPHS     | 1:00.53   |
| 37 Perry, Lucy        | FR | TES-VA   | 1:00.54   |
| 38 Whitman, Juliet    | FR | FAST-VA  | 1:00.67   |
| 39 Lecce, Katherine   | SR | SMS-VA   | 1:00.81   |

|                        |    |          |         |
|------------------------|----|----------|---------|
| 40 Ranieri, Julia      | SR | JPHS     | 1:00.81 |
| 41 Sheifer, Madeleine  | FR | FH-PV    | 1:00.82 |
| 42 Walthall, Brooke    | 8  | NOCO-VA  | 1:00.86 |
| 43 Lewis, Carly        | FR | SGHS     | 1:00.95 |
| 44 Berard, Taylor      | JR | NSA      | 1:00.99 |
| 45 Scallion, Paige     | SR | DJO-PV   | 1:01.02 |
| 46 Melvin, Frances     | 8  | COOL-VA  | 1:01.06 |
| 47 Britton, Mary Grace | SR | SMAHS-VA | 1:01.09 |
| 48 Blankenship, Lily   | 8  | STCA-VA  | 1:01.11 |
| 49 Bima, Macarena      | 10 | RCS-VA   | 1:01.13 |
| 50 McHugh, Daly        | SR | STAB-VA  | 1:01.31 |
| 51 McCauley, Katie     | SR | COOL-VA  | 1:01.35 |
| 52 Miller, Anne        | SO | COOL-VA  | 1:01.35 |
| 53 Tomenchok, Lara     | FR | TES-VA   | 1:01.42 |
| 54 Mitchell, Corrie    | SO | JPHS     | 1:01.43 |
| 55 Wild, Laura         | SR | NSA      | 1:01.45 |
| 56 Lindsey, Julia      | JR | SSSA-VA  | 1:01.48 |
| 57 Ballou, Courtney    | JR | NCS-VA   | 1:01.55 |
| 58 MacLean, Cailin     | SR | STCA-VA  | 1:01.60 |
| 59 Herring, Hannah     | SR | NA-VA    | 1:01.72 |

## Event 14 Boys 100 Yard Freestyle

**VSIS Record:** 45.21 2/16/2013 Ali Khalafalla  
45.50 AA-A All-Amer Automatic  
46.18 AA-C All-Amer Considered

Meet Qualifying: 53.24

| Name                     | Yr | School   | Seed Time |
|--------------------------|----|----------|-----------|
| 1 Khalafalla, Ali        | SR | FUMA-VA  | 46.05     |
| 2 Holstege, Ben          | JR | COV-VA   | 47.69     |
| 3 Tiernan, Christian     | SR | DJO-PV   | 48.27     |
| 4 Morin, Alec            | SR | SMAHS-VA | 48.44     |
| 5 Snyder, Ari            | SR | HRA      | 48.51     |
| 6 Outlaw, Chris          | JR | DJO-PV   | 48.64     |
| 7 Speri, Philip          | SO | BSCHS    | 48.77     |
| 8 Sullivan, Aidan        | SO | TES-VA   | 48.99     |
| 9 Thomas, Mac            | SR | COOL-VA  | 49.70     |
| 10 Cook, Daniel          | SO | NA-VA    | 49.90     |
| 11 Ebel, Austin          | JR | HRA      | 49.91     |
| 12 Thompson, Albert      | SR | STC-VA   | 50.22     |
| 13 Cox, Will             | SO | STC-VA   | 50.26     |
| 14 Beale, Greg           | SR | NSA      | 50.42     |
| 15 Kettlewell-Sites, Sam | SO | TES-VA   | 50.55     |
| 16 Hamra, Duncan         | 12 | WA-VA    | 51.18     |
| 17 Thornburg, Zack       | SR | FH-PV    | 51.37     |
| 18 MacDonald, Alex       | SR | JPHS     | 51.47     |
| 19 DiBenedetto, Andrew   | SO | DJO-PV   | 51.49     |
| 20 Levy, Eli             | 10 | WFS-VA   | 51.52     |
| 21 Pankey, Tray          | JR | TES-VA   | 52.09     |
| 22 Loo, Kristoffer       | JR | STC-VA   | 52.16     |
| 23 Dunbar, Brennon       | SR | LCA-VA   | 52.38     |
| 24 Mitchell, Andre       | SR | JPHS     | 52.40     |
| 25 Tennille, Will        | 12 | WFS-VA   | 52.46     |
| 26 Pender, Justin        | JR | NA-VA    | 52.88     |
| 27 Cake, Dylan           | 8  | CHCS-VA  | 53.02     |
| 28 Doughty, Matt         | SR | NCHS-VA  | 53.19     |
| 29 Simeone, Robbie       | SR | STAB-VA  | 53.23     |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

**Event 15 Girls 500 Yard Freestyle**

**VSIS Record:** 4:46.78 2/14/2009 Rachel Naurath  
 4:52.31 AA-A All-Amer Automatic  
 4:57.63 AA-C All-Amer Considered

**Meet Qualifying: 6:09.91**

| Name                    | Yr | School   | Seed Time |
|-------------------------|----|----------|-----------|
| 1 Kish, Mary Katherine  | SR | COOL-VA  | 4:59.17   |
| 2 Hunter, Megan         | FR | TES-VA   | 5:10.39   |
| 3 Piercy, Nicole        | JR | HRA      | 5:11.02   |
| 4 Ladd, Hailey          | FR | TES-VA   | 5:17.32   |
| 5 Catron, Sydney        | FR | DJO-PV   | 5:18.09   |
| 6 Carr, Jennifer        | SO | SGHS     | 5:23.62   |
| 7 Lenz, Sydney          | FR | COOL-VA  | 5:24.35   |
| 8 Provenzo, Emily       | FR | SGHS     | 5:24.50   |
| 9 Williams, Caroline    | JR | STCA-VA  | 5:25.80   |
| 10 Pollard, Caroline    | JR | COOL-VA  | 5:26.67   |
| 11 Blankenship, Quinn   | SO | RMA-VA   | 5:36.58   |
| 12 Rector, Kimberly     | SO | SST      | 5:37.72   |
| 13 Klana, Sarah         | SR | NA-VA    | 5:39.48   |
| 14 Neubig, Theresa      | JR | PVI-PV   | 5:40.14   |
| 15 Erard, Emily         | SO | COOL-VA  | 5:42.00   |
| 16 Lieberman, Haley     | SR | TES-VA   | 5:44.14   |
| 17 Schmidt, Madison     | FR | SGHS     | 5:44.25   |
| 18 Deloye, Erin         | JR | TES-VA   | 5:47.03   |
| 19 Royer, Stephanie     | JR | MVST-PV  | 5:48.39   |
| 20 Hausamann, Elli      | FR | FH-PV    | 5:53.51   |
| 21 McCarthy, Mary       | SO | STCA-VA  | 5:55.08   |
| 22 Erquiaga, Carrington | 8  | LCA-VA   | 5:55.59   |
| 23 Gould, Romi          | FR | MVST-PV  | 5:55.64   |
| 24 Duffy, Clara         | 09 | STAB-VA  | 5:58.35   |
| 25 Dougherty, Elizabeth | JR | SSSA-VA  | 6:00.21   |
| 26 Beineke, Virginia    | SO | IRETN-VA | 6:02.10   |
| 27 Warren, Isabelle     | 8  | STCA-VA  | 6:05.28   |
| 28 Chenault, Makenzie   | FR | LCA-VA   | 6:06.09   |
| 29 Jones, Mary Randell  | JR | NA-VA    | 6:06.95   |
| 30 Hodges, Kali         | FR | STCA-VA  | 6:07.42   |
| 31 Rudden, Claire       | SO | PVI-PV   | 6:07.76   |
| 32 Harris, Katie        | SO | STCA-VA  | 6:08.81   |

**Event 16 Boys 500 Yard Freestyle**

**VSIS Record:** 4:28.82 2/20/2010 Jameson Hill  
 4:30.22 AA-A All-Amer Automatic  
 4:35.31 AA-C All-Amer Considered

**Meet Qualifying: 5:35.28**

| Name                | Yr | School  | Seed Time |
|---------------------|----|---------|-----------|
| 1 Herbert, David    | SO | PVI-PV  | 4:41.75   |
| 2 Haas, Townley     | JR | BCP     | 4:46.79   |
| 3 Shackley, Ian     | SR | SSSA-VA | 4:47.48   |
| 4 Berry, Trey       | JR | STC-VA  | 4:47.90   |
| 5 Apostle, GJ       | SR | TSS     | 4:55.16   |
| 6 Hatley, Sam       | SO | TES-VA  | 4:56.00   |
| 7 Mills, Steven     | 8  | LCA-VA  | 4:56.26   |
| 8 Turbyfill, David  | 10 | FCS-VA  | 4:56.99   |
| 9 Hynes, Brian      | SO | STAB-VA | 4:58.53   |
| 10 Vivadelli, Vinny | FR | TES-VA  | 5:04.21   |
| 11 Holder, Michael  | 11 | WA-VA   | 5:05.71   |

|                     |    |         |         |
|---------------------|----|---------|---------|
| 12 Given, Parker    | 12 | WFS-VA  | 5:07.71 |
| 13 Burke, Robert    | JR | BSCHS   | 5:09.55 |
| 14 Clary, Trip      | SO | NA-VA   | 5:09.76 |
| 15 Griffin, Keen    | 09 | WFS-VA  | 5:11.57 |
| 16 Jennings, Austin | 11 | WA-VA   | 5:12.36 |
| 17 Layton, Seth     | JR | TES-VA  | 5:13.19 |
| 18 Grap, Peter      | SR | COOL-VA | 5:14.36 |
| 19 Holstege, Sam    | SO | COV-VA  | 5:17.00 |
| 20 Badin, Owen      | J  | BSH     | 5:17.58 |
| 21 Leupold, Ryland  | 8  | FCS-VA  | 5:18.51 |
| 22 Conrad, Reid     | JR | CHCS-VA | 5:18.57 |
| 23 Lynch, Daniel    | FR | TES-VA  | 5:19.76 |
| 24 Ruland, Matt     | SO | NA-VA   | 5:21.51 |
| 25 Stevenson, Ian   | FR | TES-VA  | 5:26.34 |
| 26 Bowery, Jacob    | 9t | RCS-VA  | 5:26.46 |
| 27 McGowan, Scott   | SO | STC-VA  | 5:32.09 |
| 28 Rodgers, Joey    | SR | NA-VA   | 5:33.02 |
| 29 Sheffield, Noah  | FR | COV-VA  | 5:33.40 |
| 30 Schmohl, Trey    | JR | COOL-VA | 5:34.49 |
| 31 Forman, David    | SO | NSA     | 5:34.70 |

**Event 17 Girls 200 Yard Freestyle Relay****VSIS Record: 1:38.88 2/16/2013 Collegiate School****C Makepeace, K McCauley, C Brewer, M Kish****1:36.48 AA-A All-Amer Automatic****1:38.03 AA-C All-Amer Considered****Meet Qualifying: 1:55.34**

| Team                     | Relay                      | Seed Time |
|--------------------------|----------------------------|-----------|
| 1 Trinity-VA             | A                          | 1:39.73   |
| 1) Burton, Meghan FR     | 2) Newton, Kasey JR        |           |
| 3) Ladd, Hailey FR       | 4) Nezelek, Kate SO        |           |
| 2 COOL-VA                | A                          | 1:41.67   |
| 3 STCA-VA                | A                          | 1:42.53   |
| 1) Powell, Hannah SR     | 2) Nichols, Abby FR        |           |
| 3) Harris, Sommer SR     | 4) Yan, Joanna SO          |           |
| 4 Mad Swimming-PV        | A                          | 1:42.61   |
| 1) Saba, Farrin JR       | 2) Saunders, Michaela SR   |           |
| 3) Royer, Stephanie JR   | 4) Jordan, Kylie SO        |           |
| 5 HRA                    | A                          | 1:43.27   |
| 1) Piercy, Nicole JR     | 2) Patterson, Linnea SR    |           |
| 3) Lennarz, Claire SO    | 4) Shuford, Nicole FR      |           |
| 6 Ireton-VA              | A                          | 1:43.80   |
| 1) Shumate, Anna FR      | 2) Kennedy, Catherine SR   |           |
| 3) Boggs, Clara SO       | 4) Klein, Emma FR          |           |
| 7 NA-VA                  | A                          | 1:45.78   |
| 1) Clary, Caroline SR    | 2) Gill, Elizabeth SR      |           |
| 3) Kaskel, Justine FR    | 4) Pyle, Catherine SR      |           |
| 8 COOL-VA                | B                          | X1:46.58  |
| 9 O'Connell-PV           | A                          | 1:46.91   |
| 1) Baltimore, Isabell FR | 2) Kinsella, Katie SR      |           |
| 3) Catron, Sydney FR     | 4) Scallion, Paige SR      |           |
| 10 Fhs Varsity-PV        | A                          | 1:47.95   |
| 1) Johnson, Ramsey SO    | 2) Freeman, Lauren SO      |           |
| 3) Cunningham, Logan JR  | 4) Baker, Mimi FR          |           |
| 11 SSSA-VA               | A                          | 1:48.81   |
| 1) Hellmann, Natalie SR  | 2) Dougherty, Elizabeth JR |           |
| 3) Lindsey, Julia JR     | 4) Cotto, Nina JR          |           |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 17 ... (Girls 200 Yard Freestyle Relay)

| Team                       | Relay                     | Seed Time |
|----------------------------|---------------------------|-----------|
| 12 Paul VI-PV              | A                         | 1:49.07   |
| 1) Wulff, Christina JR     | 2) Huffman, Meghan SR     |           |
| 3) Carome, Lisa FR         | 4) Shervanick, Paige SO   |           |
| 13 STCA-VA                 | B                         | X1:49.25  |
| 1) Ogden, Ryley SO         | 2) Robinson, Gillian SR   |           |
| 3) MacLean, Cailin SR      | 4) Timmerman, Tatum SO    |           |
| 14 SGHS                    | A                         | 1:49.26   |
| 1) Lewis', Carly FR        | 2) Moriarty, Kathleen SR  |           |
| 3) Curran, Keely SO        | 4) Trevillian, Rachel SO  |           |
| 15 POTO                    | A                         | 1:49.57   |
| 1) Cruzado, Jessica 12     | 2) Grube, Sydney 10       |           |
| 3) Zhang, Elly 9           | 4) Kehoe, Clare 11        |           |
| 16 Seton                   | A                         | 1:49.73   |
| 1) Kenna, Claire SO        | 2) Flook, Dani FR         |           |
| 3) Rector, Kimberly SO     | 4) Sinner, Alex JR        |           |
| 17 Trinity-VA              | B                         | X1:50.25  |
| 1) Trenz, Zoe SO           | 2) Melton, Alix FR        |           |
| 3) Daniel, Kate SO         | 4) Perry, Lucy FR         |           |
| 18 NSA                     | A                         | 1:50.28   |
| 1) Wild, Laura SR          | 2) Berard, Taylor JR      |           |
| 3) Wilson, Madi 8          | 4) Neuburg, Emily SR      |           |
| 19 NOCO-VA                 | A                         | 1:50.30   |
| 1) Hoover, Savannah FR     | 2) Thomas, Wren SR        |           |
| 3) Walthall, Brooke 8      | 4) Boyer, Frances FR      |           |
| 20 Cape Henry-VA           | A                         | 1:50.43   |
| 1) Ryan, Ashley SO         | 2) Van Noordenne, Lisa JR |           |
| 3) Wheeler, Lindsay SR     | 4) Orsini, Alex SO        |           |
| 21 John Paul               | A                         | 1:50.81   |
| 1) Ranieri, Julia SR       | 2) Michell, Corrie SO     |           |
| 3) Planchak, Michelle SR   | 4) Skaines, Nikole FR     |           |
| 22 NA-VA                   | B                         | X1:51.29  |
| 1) Debbas, Katie 08        | 2) Guthorn, May 09        |           |
| 3) Hollowell, Catherine SO | 4) Lyon, Grace FR         |           |
| 23 Steward                 | A                         | 1:51.99   |
| 1) Vaughan, Emily JR       | 2) Kelleher, Mary Kate SR |           |
| 3) Cashwell, Kristen JR    | 4) Knecht, Anne JR        |           |
| 24 Falcons-VA              | A                         | 1:52.11   |
| 1) Zavadil, Sophia 8t      | 2) Harrison, Emma 8t      |           |
| 3) Hazel, Cate 8t          | 4) Schattgen, Maya JR     |           |
| 25 OAK                     | A                         | 1:52.72   |
| 1) Miller, Kristen SR      | 2) Tierney, Grace FR      |           |
| 3) Tierney, Emma SR        | 4) Kenis, Sam JR          |           |
| 26 Fhs Varsity-PV          | B                         | X1:52.75  |
| 1) deCamp, Brittany JR     | 2) Hausamann, Elli FR     |           |
| 3) Brendsel, Stephanie FR  | 4) Sheifer, Madeleine FR  |           |
| 27 O'Connell-PV            | B                         | X1:52.79  |
| 1) Gavin, Hannah JR        | 2) Cahill, Sarah JR       |           |
| 3) Bourne, Lily JR         | 4) Mulcahy, Aidan SO      |           |
| 28 Catholic High           | A                         | 1:53.64   |
| 1) Hemelt, Emma SO         | 2) Reventas, Jurate SO    |           |
| 3) Quaranta, Brianna JR    | 4) Mazzeo, Jessica SO     |           |
| 29 Mad Swimming-PV         | B                         | X1:53.96  |
| 1) Canellakis, Nora SO     | 2) Boyum, Ingrid SR       |           |
| 3) Jackson, Marina SR      | 4) Ress, Aerryn SR        |           |

|                          |                          |          |
|--------------------------|--------------------------|----------|
| 30 WA-VA                 | A                        | 1:54.04  |
| 1) Killilea, Bridget 11  | 2) Overy, Isabel 10      |          |
| 3) Grogan, Nicole 8      | 4) Schoenig, Victoria 10 |          |
| 31 Seton                 | B                        | X1:54.06 |
| 1) Ceol, Jillian SO      | 2) Marrazzo, Sally JR    |          |
| 3) Snider, Madeline SO   | 4) Heim, Emily SO        |          |
| 32 VES-VA                | A                        | 1:54.06  |
| 1) Zhang, Catherine SR   | 2) Wood, Ann FR          |          |
| 3) Hudson, Holly SR      | 4) Hicks, Christian JR   |          |
| 33 NCS-VA                | A                        | 1:54.10  |
| 1) Ballou, Courtney JR   | 2) Walzak, Crista SO     |          |
| 3) Bondi, Caroline SO    | 4) Clarkson, Meredith SR |          |
| 34 Ireton-VA             | B                        | X1:54.78 |
| 1) Beineke, Virginia SO  | 2) Branham, Alex SR      |          |
| 3) Sullivan, Annie FR    | 4) Abbed, Lori FR        |          |
| 35 John Paul             | B                        | X1:54.80 |
| 1) Gelbach, Aiden FR     | 2) Frank, Jasmine FR     |          |
| 3) Borneman, Danielle SO | 4) Collins, Emily JR     |          |
| 36 POTO                  | B                        | X1:55.00 |
| 1) Maruca, Amanda 12     | 2) Kehoe, Caroline 9     |          |
| 3) Peele, Natalie 9      | 4) Maruca, Caroline 10   |          |
| 37 HRA                   | B                        | X1:56.56 |
| 1) Thatcher, Caroline SO | 2) Bowen, Grace SR       |          |
| 3) Suttle, Sydney JR     | 4) Hager, Whitney FR     |          |

## Event 18 Boys 200 Yard Freestyle Relay

**VSIS Record: 1:24.82 2/14/2009 Fork Union Military Academy**

**H Mohamed, J Humphrey, S Ibrahim, B Sundel**

**1:25.26 AA-A All-Amer Automatic**

**1:26.75 AA-C All-Amer Considered**

## Meet Qualifying: 1:42.82

| Team                        | Relay                     | Seed Time |
|-----------------------------|---------------------------|-----------|
| 1 O'Connell-PV              | A                         | 1:27.64   |
| 1) Outlaw, Chris JR         | 2) Tiernan, Christian SR  |           |
| 3) Stuver, Ian SR           | 4) DiBenedetto, Andrew SO |           |
| 2 FUMA-VA                   | A                         | 1:27.75   |
| 1) Khalafalla, Ali SR       | 2) Cavotti, Spencer SR    |           |
| 3) Bennett, Nathanael SO    | 4) Romeo, Zachary SR      |           |
| 3 HRA                       | A                         | 1:28.33   |
| 1) Arcand, Will SR          | 2) Ebel, Austin JR        |           |
| 3) Rento, Joey JR           | 4) Snyder, Ari SR         |           |
| 4 NA-VA                     | A                         | 1:30.09   |
| 1) Kaskel, Jacob SR         | 2) Spivey, Charlie SR     |           |
| 3) Kreiser, Zachary JR      | 4) Cook, Daniel SO        |           |
| 5 STC-VA                    | A                         | 1:30.25   |
| 1) Mancini, Gareth FR       | 2) Thompson, Albert SR    |           |
| 3) Smith, Harry SR          | 4) Cox, Will SO           |           |
| 6 Trinity-VA                | A                         | 1:31.01   |
| 1) Pankey, Tray JR          | 2) Vivadelli, Vinny FR    |           |
| 3) Kettlewell-Sites, Sam SO | 4) Sullivan, Aidan SO     |           |
| 7 WFS-VA                    | A                         | 1:32.77   |
| 8 Ireton-VA                 | A                         | 1:33.71   |
| 1) Gorski, Ben JR           | 2) Grant, Jimmy JR        |           |
| 3) Salvatori, AJ JR         | 4) Morrison, Michael SO   |           |
| 9 Fred'bg Chris-VA          | A                         | 1:33.92   |
| 1) Ross, Garrett 10         | 2) Jones, Chris 12        |           |
| 3) Leupold, Ryland 8        | 4) Turbyfill, David 10    |           |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 18...(Boys 200 Yard Freestyle Relay)

| Team                   | Relay                     | Seed Time |
|------------------------|---------------------------|-----------|
| 10 NSA                 | A                         | 1:34.45   |
| 1) Beale, Greg SR      | 2) Forman, David SO       |           |
| 3) Wade, John SR       | 4) Wilson, Ben SR         |           |
| 11 John Paul           | A                         | 1:35.08   |
| 1) Michell, Andre SR   | 2) MacDonald, Alex SR     |           |
| 3) Donohoe, Ryan JR    | 4) Miller, Steve SR       |           |
| 12 NA-VA               | B                         | X1:35.79  |
| 1) Clary, Trip SO      | 2) Pender, Justin JR      |           |
| 3) Leidy, Luke JR      | 4) Dickerson, Jack JR     |           |
| 13 STAB-VA             | A                         | 1:36.26   |
| 1) Simeone, Robbie SR  | 2) Duan, Rain SR          |           |
| 3) McHugh, Matt SO     | 4) Hynes, Brian SO        |           |
| 14 SSSA-VA             | A                         | 1:36.35   |
| 1) MacNair, James JR   | 2) Revers, Will SO        |           |
| 3) Szuprics, Thomas JR | 4) Veatch, Chris FR       |           |
| 15 Fhs Varsity-PV      | A                         | 1:36.43   |
| 1) Timblin, Tristan SR | 2) Tang, Eric SR          |           |
| 3) Timblin, Jeremy FR  | 4) Thornburg, Zack SR     |           |
| 16 COOL-VA             | A                         | 1:37.30   |
| 17 Steward             | A                         | 1:37.96   |
| 1) Apostle, GJ SR      | 2) Gratton, Will SR       |           |
| 3) Sikes, Turner JR    | 4) Whelan, Mathew 8       |           |
| 18 St. Michael HS-VA   | A                         | 1:38.75   |
| 1) Turley, Nolan JR    | 2) Fletcher, Joshua FR    |           |
| 3) Clancy, James SR    | 4) Morin, Alec SR         |           |
| 19 Hargrave-VA         | A                         | 1:38.83   |
| 1) Harrell, Wesley SR  | 2) Sober, Shane JR        |           |
| 3) Taylor, Chase SR    | 4) Carey, Sio JR          |           |
| 20 Seton               | A                         | 1:38.83   |
| 1) Kosten, Joe SR      | 2) Salas, Cris SO         |           |
| 3) Flook, Tommy JR     | 4) Koehr, Brian SO        |           |
| 21 BCP                 | A                         | 1:39.09   |
| 1) Dunne, Andrew JR    | 2) Faherty, Justin SO     |           |
| 3) Martin, Tyler FR    | 4) Haas, Townley JR       |           |
| 22 STC-VA              | B                         | X1:39.19  |
| 1) Hale, Alec SO       | 2) Simopoulos, William SO |           |
| 3) Wielar, Drake FR    | 4) Powell, Luke SO        |           |
| 23 WFS-VA              | B                         | X1:39.54  |
| 24 Catholic High       | A                         | 1:39.71   |
| 1) Edwards, Ian FR     | 2) Pitchford, Charles JR  |           |
| 3) Frazier, Alex FR    | 4) Speri, Philip SO       |           |
| 25 Paul VI-PV          | A                         | 1:39.72   |
| 1) Rowell, Liam FR     | 2) Huffman, Dominic FR    |           |
| 3) Tucker, Eric FR     | 4) Grealish, Aidan SO     |           |
| 26 GCA-VA              | A                         | 1:39.81   |
| 1) Douglas, Andrew SO  | 2) Anderson, Collin SR    |           |
| 3) Williams, Adam SR   | 4) Murphy, Tyler SR       |           |
| 27 Cape Henry-VA       | A                         | 1:39.87   |
| 1) Bowles, George SO   | 2) Berlin, Clark SO       |           |
| 3) Hurley, Mark JR     | 4) Retter, Sam JR         |           |
| 28 WA-VA               | A                         | 1:40.43   |
| 1) Marquardt, Jacob 12 | 2) Jennings, Austin 11    |           |
| 3) Gallagher, Ian 12   | 4) Schoenig, Nicholas 8   |           |
| 29 RCS-VA              | A                         | 1:40.88   |
| 1) Beach, Ryan 11      | 2) Bowery, Jacob 9t       |           |
| 3) Brajdic, Danny 10   | 4) Pilar, Nathaniel 10    |           |

|                         |                            |          |
|-------------------------|----------------------------|----------|
| 30 VES-VA               | A                          | 1:41.60  |
| 1) Head, Riley SO       | 2) Choi, Cody SR           |          |
| 3) Van Dyke, Nick JR    | 4) Updike, Brady JR        |          |
| 31 Ireton-VA            | B                          | X1:41.68 |
| 1) Abbed, Kevin SR      | 2) McIntyre, Micah FR      |          |
| 3) Price, Sam SO        | 4) Galindo, AJ SR          |          |
| 32 HRA                  | B                          | X1:41.76 |
| 1) Todero, Evan SR      | 2) Slate, Lane FR          |          |
| 3) Miller, Braden JR    | 4) Romero, Roger SO        |          |
| 33 John Paul            | B                          | X1:41.91 |
| 1) Goerl, Brett SO      | 2) DeLeoz, Josh FR         |          |
| 3) Donovan, Jack FR     | 4) Costella, Joe FR        |          |
| 34 Hawks                | A                          | 1:41.96  |
| 1) Smith, Cameron 8     | 2) Mulford, Preston FR     |          |
| 3) Kulick, Nick SR      | 4) Lutz, Josh SR           |          |
| 35 Fred'bg Chris-VA     | B                          | X1:42.00 |
| 1) Brown, Nathan 10     | 2) Hall, Taylor 10         |          |
| 3) Tryfiates, George 10 | 4) Chang, Brandon 12       |          |
| 36 LCA-VA               | A                          | 1:42.07  |
| 1) Faix, Carson SR      | 2) Erdly, Sam SO           |          |
| 3) Chen, Shawn JR       | 4) Kappler, Sam JR         |          |
| 37 Paul VI-PV           | B                          | X1:42.34 |
| 1) Deeley, Jake SO      | 2) Kiefer, Mitch SO        |          |
| 3) Yost, William SO     | 4) Winkert, Jack SO        |          |
| 38 H2owls-VA            | A                          | 1:42.40  |
| 1) McGrath, Nick FR     | 2) DelRosso, Anthony SO    |          |
| 3) Mahoney, Bailey SR   | 4) Mahoney, Ethan SO       |          |
| 39 NCHS-VA              | A                          | 1:42.44  |
| 1) Doughty, Matt SR     | 2) Boone, Austin FR        |          |
| 3) Lorens, Daniel SO    | 4) Sherman, Evan 8t        |          |
| 40 NCS-VA               | A                          | 1:42.79  |
| 1) Kush, Braxton SO     | 2) Porter, Josh SR         |          |
| 3) Kush, Brahn FR       | 4) Godfrey, Harrison JR    |          |
| 41 Seton                | B                          | X1:57.09 |
| 1) Bishop, Andrew JR    | 2) Pennefather, Patrick JR |          |
| 3) Zapiain, Joseph JR   | 4) O'Donohue, Mark SO      |          |

## Event 19 Girls 100 Yard Backstroke

|                     |              |                                 |                    |
|---------------------|--------------|---------------------------------|--------------------|
| <b>VSIS Record:</b> | <b>56.56</b> | <b>2/16/2013</b>                | <b>Reni Moshos</b> |
|                     | <b>55.57</b> | <b>AA-A All-Amer Automatic</b>  |                    |
|                     | <b>56.78</b> | <b>AA-C All-Amer Considered</b> |                    |

## Meet Qualifying: 1:09.06

| Name                   | Yr | School  | Seed Time |
|------------------------|----|---------|-----------|
| 1 Tomenchok, Kira      | SR | TES-VA  | 59.05     |
| 2 Merrill, Emma        | SR | PVI-PV  | 59.50     |
| 3 Burton, Meghan       | FR | TES-VA  | 59.65     |
| 4 Pollard, Ashton      | SR | COOL-VA | 1:00.37   |
| 5 Erard, Emily         | SO | COOL-VA | 1:01.02   |
| 6 Gharbo, Melina       | SO | HRA     | 1:01.38   |
| 7 Kenis, Sam           | JR | OAK     | 1:01.51   |
| 8 Kenna, Anna          | 8  | SST     | 1:01.73   |
| 9 Ledford, Kaitlyn     | FR | STCA-VA | 1:02.45   |
| 10 Neuburg, Emily      | SR | NSA     | 1:02.58   |
| 11 Gullquist, Haley    | SO | STCA-VA | 1:03.26   |
| 12 Carr, Jennifer      | SO | SGHS    | 1:03.45   |
| 13 Mazzeo, Jessica     | SO | BSCHS   | 1:03.69   |
| 14 Jones, Courtney     | 11 | FCS-VA  | 1:04.06   |
| 15 Mastracchio, Nicole | SR | PVI-PV  | 1:04.11   |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 19 ... (Girls 100 Yard Backstroke)

| Name                    | Yr | School   | Seed Time |
|-------------------------|----|----------|-----------|
| 16 Snell, Hayley        | JR | IRETN-VA | 1:04.15   |
| 17 Laming, Gillian      | FR | COOL-VA  | 1:04.46   |
| 18 Wielar, Grace        | 8  | STCA-VA  | 1:05.23   |
| 19 Vaughan, Emily       | JR | TSS      | 1:05.27   |
| 20 Melton, Alix         | FR | TES-VA   | 1:05.81   |
| 21 Zhang, Elly          | 9  | POTO     | 1:05.85   |
| 22 Hoover, Savannah     | FR | NOCO-VA  | 1:05.88   |
| 23 Duesterhaus, Maureen | SO | DJO-PV   | 1:06.48   |
| 24 Fracasso, Anna       | SO | IRETN-VA | 1:07.20   |
| 25 Douma, Allie         | JR | COOL-VA  | 1:07.59   |
| 26 Robinson, Maddie     | SO | NCHS-VA  | 1:07.62   |
| 27 Dewey, Spencer       | SO | STCA-VA  | 1:08.00   |
| 28 Ramsey, Ally         | 8  | STCA-VA  | 1:08.19   |
| 29 Wilkinson, Madison   | SO | STCA-VA  | 1:08.25   |
| 30 Curran, Keely        | SO | SGHS     | 1:08.33   |
| 31 Bima, Macarena       | 10 | RCS-VA   | 1:08.34   |
| 32 Skaines, Nikole      | FR | JPHS     | 1:08.41   |
| 33 Barcus, Hannah       | 09 | NA-VA    | 1:08.55   |
| 34 Ryan, Ashley         | SO | CHCS-VA  | 1:08.58   |
| 35 Giles, Margaret      | 12 | STAB-VA  | 1:09.03   |
| 36 Hicks, Christian     | JR | VES-VA   | 1:09.62   |

## Event 20 Boys 100 Yard Backstroke

**VSIS Record:** 48.92 2/16/2013 Zach Switzer  
 50.13 AA-A All-Amer Automatic  
 51.38 AA-C All-Amer Considered

Meet Qualifying: 1:02.60

| Name                   | Yr | School   | Seed Time |
|------------------------|----|----------|-----------|
| 1 Fauls, Henry         | SR | STC-VA   | 52.68     |
| 2 Cuthbert, Sam        | SO | COOL-VA  | 53.17     |
| 3 Milburn, Ian         | SR | FUMA-VA  | 53.29     |
| 4 Arcand, Will         | SR | HRA      | 53.78     |
| 5 Thompson, Ian        | SO | SSSA-VA  | 53.95     |
| 6 Carey, Sio           | JR | HMA-VA   | 54.69     |
| 7 Rento, Joey          | JR | HRA      | 55.72     |
| 8 Groh, Patrick        | JR | TES-VA   | 55.73     |
| 9 Salvatori, AJ        | JR | IRETN-VA | 56.41     |
| 10 Sigloh, Chas        | 09 | WFS-VA   | 57.00     |
| 11 DiBenedetto, Andrew | SO | DJO-PV   | 57.10     |
| 12 McHugh, Matt        | SO | STAB-VA  | 57.17     |
| 13 Qian, Cheng         | JR | RMA-VA   | 57.46     |
| 14 Holder, Michael     | 11 | WA-VA    | 57.52     |
| 15 Tang, Eric          | SR | FH-PV    | 58.24     |
| 16 Cuthbert, Andy      | SR | COOL-VA  | 58.32     |
| 17 Mancini, Gareth     | FR | STC-VA   | 58.53     |
| 18 Loo, Kristoffer     | JR | STC-VA   | 58.76     |
| 19 Doughty, Matt       | SR | NCHS-VA  | 59.13     |
| 20 Wilson, William     | 08 | NA-VA    | 1:00.25   |
| 21 Schoenig, Nicholas  | 8  | WA-VA    | 1:00.59   |
| 22 Dumez, Lucas        | 9  | WCDS     | 1:00.87   |
| 23 MacDonald, Alex     | SR | JPHS     | 1:01.12   |
| 24 Hurley, Mark        | JR | CHCS-VA  | 1:01.13   |
| 25 Bergmann, Sean      | SO | DJO-PV   | 1:01.69   |
| 26 Ruland, Matt        | SO | NA-VA    | 1:01.78   |
| 27 Hale, Alec          | SO | STC-VA   | 1:02.02   |

|                   |    |        |         |
|-------------------|----|--------|---------|
| 28 Clagett, Vaun  | JR | NA-VA  | 1:02.37 |
| 29 Moore, Michael | SR | TES-VA | 1:02.50 |

## Event 21 Girls 100 Yard Breaststroke

**VSIS Record:** 1:04.06 2/18/2012 Sommer Harris  
 1:03.77 AA-A All-Amer Automatic  
 1:05.10 AA-C All-Amer Considered

Meet Qualifying: 1:18.28

| Name                    | Yr | School   | Seed Time |
|-------------------------|----|----------|-----------|
| 1 Cahill, Sarah         | JR | DJO-PV   | 1:06.02   |
| 2 Shumate, Anna         | FR | IRETN-VA | 1:08.06   |
| 3 Moshos, Reni          | SO | HL       | 1:08.09   |
| 4 Grube, Sydney         | 10 | POTO     | 1:08.19   |
| 5 Harris, Sommer        | SR | STCA-VA  | 1:09.18   |
| 6 Schoenig, Victoria    | 10 | WA-VA    | 1:09.51   |
| 7 Harper, Jasmine       | FR | COOL-VA  | 1:09.60   |
| 8 Stavac, Lexie         | SR | SGHS     | 1:09.90   |
| 9 Shuford, Nicole       | FR | HRA      | 1:11.21   |
| 10 Freeman, Lauren      | SO | FH-PV    | 1:11.58   |
| 11 Hellmann, Natalie    | SR | SSSA-VA  | 1:12.10   |
| 12 Henry, Caroline      | JR | COOL-VA  | 1:12.11   |
| 13 Lawson, Mackenzie    | FR | COV-VA   | 1:12.61   |
| 14 Neubig, Theresa      | JR | PVI-PV   | 1:12.78   |
| 15 Berry, Milana        | 09 | NA-VA    | 1:13.04   |
| 16 Baker, Olivia        | FR | STCA-VA  | 1:13.72   |
| 17 Sinner, Alex         | JR | SST      | 1:14.01   |
| 18 Deloye, Erin         | JR | TES-VA   | 1:14.10   |
| 19 Timmerman, Tatum     | SO | STCA-VA  | 1:14.37   |
| 20 Heim, Emily          | SO | SST      | 1:14.75   |
| 21 Robinson, Gillian    | SR | STCA-VA  | 1:15.09   |
| 22 Gill, Elizabeth      | SR | NA-VA    | 1:15.63   |
| 23 Kennedy, Catherine   | SR | IRETN-VA | 1:15.66   |
| 24 Perry, Lucy          | FR | TES-VA   | 1:15.94   |
| 25 Guthorn, May         | 09 | NA-VA    | 1:16.24   |
| 26 Johnson, Ramsey      | SO | FH-PV    | 1:16.57   |
| 27 Pyle, Catherine      | SR | NA-VA    | 1:16.60   |
| 28 Kehoe, Clare         | 11 | POTO     | 1:17.16   |
| 29 Thomas, Wren         | SR | NOCO-VA  | 1:17.19   |
| 30 Cotto, Nina          | JR | SSSA-VA  | 1:17.35   |
| 31 Baltimore, Gabriella | SO | DJO-PV   | 1:17.44   |
| 32 Fergusson, Vivien    | SR | COOL-VA  | 1:17.56   |
| 33 Wulff, Christina     | JR | PVI-PV   | 1:18.16   |
| 34 Fergusson, Jane      | FR | COOL-VA  | 1:18.26   |

## Event 22 Boys 100 Yard Breaststroke

**VSIS Record:** 54.17 2/14/2009 Stuart Ferguson  
 56.79 AA-A All-Amer Automatic  
 57.85 AA-C All-Amer Considered

Meet Qualifying: 1:09.49

| Name               | Yr | School   | Seed Time |
|--------------------|----|----------|-----------|
| 1 Arcand, Will     | SR | HRA      | 1:00.44   |
| 2 Gorski, Ben      | JR | IRETN-VA | 1:00.48   |
| 3 Kaskel, Jacob    | SR | NA-VA    | 1:00.57   |
| 4 Swanson, Charlie | SO | STC-VA   | 1:00.57   |
| 5 Cavotti, Spencer | SR | FUMA-VA  | 1:00.80   |
| 6 Norton, Jared    | SO | HRA      | 1:01.02   |
| 7 Elsayed, Karim   | SR | FUMA-VA  | 1:01.12   |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 22 ... (Boys 100 Yard Breaststroke)

| Name                   | Yr | School   | Seed Time |
|------------------------|----|----------|-----------|
| 8 Switzer, Nick        | 10 | WFS-VA   | 1:01.59   |
| 9 Stuver, Ian          | SR | DJO-PV   | 1:02.69   |
| 10 Richichi, Brendy    | FR | SSSA-VA  | 1:02.77   |
| 11 Spivey, Charlie     | SR | NA-VA    | 1:03.05   |
| 12 Goerl, Brett        | SO | JPHS     | 1:03.06   |
| 13 Sanderson, Cole     | 12 | WA-VA    | 1:03.60   |
| 14 Mumford, Carsen     | SO | HRA      | 1:03.73   |
| 15 Paschina, Ben       | JR | COV-VA   | 1:03.96   |
| 16 Wilson, Ben         | SR | NSA      | 1:04.11   |
| 17 Smith, Harry        | SR | STC-VA   | 1:04.17   |
| 18 Orsa, John          | FR | PVI-PV   | 1:04.60   |
| 19 Hudgins, Houlder    | SR | COOL-VA  | 1:04.67   |
| 20 Zhang, Kevin        | 11 | WFS-VA   | 1:05.56   |
| 21 Wielar, Drake       | FR | STC-VA   | 1:05.68   |
| 22 Billingsley, Austen | 10 | WFS-VA   | 1:06.38   |
| 23 Galbraith, Aubrey   | 12 | RCS-VA   | 1:06.52   |
| 24 Leidy, Luke         | JR | NA-VA    | 1:06.59   |
| 25 Dickerson, Jack     | JR | NA-VA    | 1:07.32   |
| 26 Gusentine, Jacob    | SO | NA-VA    | 1:07.42   |
| 27 Moore, Collin       | JR | COOL-VA  | 1:07.44   |
| 28 Faix, Carson        | SR | LCA-VA   | 1:07.89   |
| 29 Pilar, Nathaniel    | 10 | RCS-VA   | 1:08.34   |
| 30 Taylor, Chase       | SR | HMA-VA   | 1:08.84   |
| 31 Fletcher, Joshua    | FR | SMAHS-VA | 1:09.03   |
| 32 Miller, Steve       | SR | JPHS     | 1:09.03   |
| 33 Garbutt, Charlie    | JR | FAST-VA  | 1:09.22   |
| 34 Donohoe, Ryan       | JR | JPHS     | 1:09.31   |
| 35 Wood, Frost         | FR | STC-VA   | 1:09.32   |

## Event 23 Girls 400 Yard Freestyle Relay

| VSIS Record:                           | 3:33.55 | 2/16/2013                | Collegiate School |
|--|---------|--------------------------|-------------------|
| A Pollard, C Brewer, C Pollard, M Kish | 3:29.68 | AA-A All-Amer Automatic  |                   |
|  | 3:33.05 | AA-C All-Amer Considered |                   |

## Meet Qualifying: 4:27.73

| Team                  | Relay                      | Seed Time |
|-----------------------|----------------------------|-----------|
| 1 Trinity-VA          | A                          | 3:38.12   |
| 1) Tomenchok, Kira SR | 2) Newton, Kasey JR        |           |
| 3) Ladd, Hailey FR    | 4) Nezelek, Kate SO        |           |
| 2 Mad Swimming-PV     | A                          | 3:41.72   |
| 1) Saba, Farrin JR    | 2) Saunders, Michaela SR   |           |
| 3) Gould, Romi FR     | 4) Jordan, Kylie SO        |           |
| 3 COOL-VA             | A                          | 3:41.80   |
| 1) Pollard, Ashton SR | 2) Pollard, Caroline JR    |           |
| 3) Baber, Caroline 8  | 4) Kish, Mary Katherine SR |           |
| 4 HRA                 | A                          | 3:43.49   |
| 1) Piercy, Nicole JR  | 2) Patterson, Linnea SR    |           |
| 3) Gharbo, Melina SO  | 4) Baldwin, Peyton JR      |           |
| 5 STCA-VA             | A                          | 3:47.92   |
| 1) Powell, Hannah SR  | 2) Williams, Caroline JR   |           |
| 3) Nichols, Abby FR   | 4) Yan, Joanna SO          |           |
| 6 Ireton-VA           | A                          | 3:49.39   |
| 1) Boggs, Clara SO    | 2) Fracasso, Anna SO       |           |
| 3) Snell, Hayley JR   | 4) Kennedy, Catherine SR   |           |

|                            |                           |          |
|----------------------------|---------------------------|----------|
| 7 Paul VI-PV               | A                         | 3:50.43  |
| 1) Merrill, Emma SR        | 2) Mastracchio, Nicole SR |          |
| 3) Davison, Lainie FR      | 4) Neubig, Theresa JR     |          |
| 8 SGHS                     | A                         | 3:51.14  |
| 1) Carr, Jennifer SO       | 2) Schmidt, Madison FR    |          |
| 3) Stavec, Lexie SR        | 4) Provenzo, Emily FR     |          |
| 9 NA-VA                    | A                         | 3:52.53  |
| 1) Clary, Caroline SR      | 2) Pyle, Catherine SR     |          |
| 3) Kaskel, Justine FR      | 4) Klana, Sarah SR        |          |
| 10 COOL-VA                 | B                         | X3:53.05 |
| 1) Stratford, Kelsey SO    | 2) Zaun, Murphy SO        |          |
| 3) Gift, Ann FR            | 4) Brewer, Campbell JR    |          |
| 11 O'Connell-PV            | A                         | 3:53.07  |
| 1) Baltimore, Gabriella SO | 2) Scallion, Paige SR     |          |
| 3) Cahill, Sarah JR        | 4) Gavin, Hannah JR       |          |
| 12 STCA-VA                 | B                         | X3:56.58 |
| 1) Wilkinson, Madison SO   | 2) Wielar, Grace 8        |          |
| 3) Dewey, Spencer SO       | 4) Gullquist, Haley SO    |          |
| 13 Seton                   | A                         | 3:57.76  |
| 1) Kenna, Anna 8           | 2) Sinner, Alex JR        |          |
| 3) Rector, Kimberly SO     | 4) Kenna, Claire SO       |          |
| 14 Trinity-VA              | B                         | X4:04.45 |
| 1) Lieberman, Haley SR     | 2) Daniel, Kate SO        |          |
| 3) Tomenchok, Lara FR      | 4) Trenz, Zoe SO          |          |
| 15 NSA                     | A                         | 4:04.49  |
| 1) Wild, Laura SR          | 2) Berard, Taylor JR      |          |
| 3) Wilson, Madi 8          | 4) Neuburg, Emily SR      |          |
| 16 LCA-VA                  | A                         | 4:06.30  |
| 1) Rossman, Deanna JR      | 2) Chenault, Makenzie FR  |          |
| 3) Martin, Elizabeth SR    | 4) Meinke, Anna SO        |          |
| 17 Paul VI-PV              | B                         | X4:08.88 |
| 1) Rudden, Claire SO       | 2) Huffman, Meghan SR     |          |
| 3) Carome, Lisa FR         | 4) Shervanick, Paige SO   |          |
| 18 Fhs Varsity-PV          | A                         | 4:08.99  |
| 1) deCamp, Brittany JR     | 2) Sheifer, Madeleine FR  |          |
| 3) Brendsel, Stephanie FR  | 4) Horner, Mary FR        |          |
| 19 John Paul               | A                         | 4:09.18  |
| 1) Ranieri, Julia SR       | 2) Michell, Corrie SO     |          |
| 3) Planchak, Michelle SR   | 4) Skaines, Nikole FR     |          |
| 20 STAB-VA                 | A                         | 4:09.51  |
| 1) Giles, Margaret 12      | 2) Mullen, Adelaide SO    |          |
| 3) Duffy, Clara 09         | 4) McHugh, Daly SR        |          |
| 21 NA-VA                   | B                         | X4:10.80 |
| 1) Debbas, Katie 08        | 2) Jones, Mary Randell JR |          |
| 3) Guthorn, May 09         | 4) Gusentine, Mary SR     |          |
| 22 OAK                     | A                         | 4:11.29  |
| 1) Miller, Kristen SR      | 2) Tierney, Grace FR      |          |
| 3) Krawczyk, Kiki SR       | 4) Tierney, Emma SR       |          |
| 23 Catholic High           | A                         | 4:14.96  |
| 1) Quaranta, Brianna JR    | 2) Strauss, Eilzabeth JR  |          |
| 3) Hemelt, Emma SO         | 4) Waterhouse, Claire FR  |          |
| 24 Cape Henry-VA           | A                         | 4:15.33  |
| 1) Crow, Cailey SR         | 2) Michels, Betty JR      |          |
| 3) Limroth, Lane SO        | 4) Wheeler, Lindsay SR    |          |
| 25 Seton                   | B                         | X4:18.61 |
| 1) Flook, Dani FR          | 2) Marrazzo, Sally JR     |          |
| 3) Snider, Madeline SO     | 4) Heim, Emily SO         |          |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 23 ...(Girls 400 Yard Freestyle Relay)

| Team                       | Relay                     | Seed Time |
|----------------------------|---------------------------|-----------|
| 26 Falcons-VA              | A                         | 4:18.77   |
| 1) Zavadil, Sophia 8t      | 2) Whitman, Juliet FR     |           |
| 3) Hazel, Cate 8t          | 4) Schattgen, Maya JR     |           |
| 27 Mad Swimming-PV         | B                         | X4:23.72  |
| 1) Canellakis, Nora SO     | 2) Tidd, Jackie SO        |           |
| 3) Tate, Rachel SR         | 4) Pearce, Marina JR      |           |
| 28 Fred'bg Chris-VA        | A                         | 4:24.13   |
| 1) Parker, Caroline 10     | 2) Cassell, Lauren 9      |           |
| 3) Cosner, Lindsey 11      | 4) Jones, Courtney 11     |           |
| 29 Ireton-VA               | B                         | X4:24.26  |
| 1) Beineke, Virginia SO    | 2) Price, Rachel FR       |           |
| 3) Nguyen, Kaitlin JR      | 4) Sampaio, Juliana JR    |           |
| 30 O'Connell-PV            | B                         | X4:24.60  |
| 1) Bourne, Lily JR         | 2) Mulcahy, Aidan SO      |           |
| 3) Duesterhaus, Maureen SO | 4) Simonson, Alex SO      |           |
| 31 St. Michael HS-VA       | A                         | 4:25.31   |
| 1) Talley, Caroline SO     | 2) Ditzler, Daria SR      |           |
| 3) Britton, Elizabeth SO   | 4) Britton, Mary Grace SR |           |
| 32 NCS-VA                  | A                         | 4:25.51   |
| 1) Ballou, Courtney JR     | 2) Bondi, Caroline SO     |           |
| 3) Ballou, Haley SR        | 4) Clarkson, Meredith SR  |           |
| 33 NSA                     | B                         | X4:25.66  |
| 1) Psimas, Tori 8          | 2) Towler, Anna Grace 8   |           |
| 3) Leidy, Hannah Lee SR    | 4) Hayes, Katherine SR    |           |
| 34 VES-VA                  | A                         | 4:25.83   |
| 1) Zhang, Catherine SR     | 2) Smiley, Emma FR        |           |
| 3) Hudson, Holly SR        | 4) Hicks, Christian JR    |           |
| 35 John Paul               | B                         | X4:26.16  |
| 1) Gelbach, Aiden FR       | 2) Borneman, Danielle SO  |           |
| 3) Collins, Emily JR       | 4) Frank, Jasmine FR      |           |
| 36 POTO                    | A                         | 4:26.75   |
| 1) Kehoe, Caroline 9       | 2) Maruca, Amanda 12      |           |
| 3) Peele, Natalie 9        | 4) Maruca, Caroline 10    |           |
| 37 Covenant-VA             | A                         | 4:26.85   |
| 1) Schmidt, Jane SR        | 2) Jenkins, Tori FR       |           |
| 3) Jordan, Anna 8          | 4) Lawson, Mackenzie FR   |           |

## Event 24 Boys 400 Yard Freestyle Relay

**V SIS Record: 3:08.61 2/16/2013 Fork Union Military Academy**  
**A Khalafalla, M Guerci, K Elsayed, M Saleh**  
**3:07.43 AA-A All-Amer Automatic**  
**3:10.51 AA-C All-Amer Considered**

Meet Qualifying: 3:59.45

| Team                   | Relay                       | Seed Time |
|------------------------|-----------------------------|-----------|
| 1 FUMA-VA              | A                           | 3:14.48   |
| 1) Khalafalla, Ali SR  | 2) Milburn, Ian SR          |           |
| 3) Cavotti, Spencer SR | 4) Elsayed, Karim SR        |           |
| 2 HRA                  | A                           | 3:18.93   |
| 1) Rento, Joey JR      | 2) Perry, Reed SR           |           |
| 3) Norton, Jared SO    | 4) Snyder, Ari SR           |           |
| 3 Trinity-VA           | A                           | 3:19.12   |
| 1) Groh, Patrick JR    | 2) Kettlewell-Sites, Sam SO |           |
| 3) Hatley, Sam SO      | 4) Sullivan, Aidan SO       |           |
| 4 STC-VA               | A                           | 3:19.76   |
| 1) Swanson, Charlie SO | 2) Berry, Trey JR           |           |
| 3) Thompson, Albert SR | 4) Fauls, Henry SR          |           |

|                         |                         |          |
|-------------------------|-------------------------|----------|
| 5 NA-VA                 | A                       | 3:20.37  |
| 1) Kaskel, Jacob SR     | 2) Kreiser, Zachary JR  |          |
| 3) Cook, Daniel SO      | 4) Clary, Trip SO       |          |
| 6 COOL-VA               | A                       | 3:23.37  |
| 1) Cuthbert, Sam SO     | 2) Grap, Peter SR       |          |
| 3) Cuthbert, Andy SR    | 4) Thomas, Mac SR       |          |
| 7 WFS-VA                | A                       | 3:25.96  |
| 8 SSSA-VA               | A                       | 3:27.33  |
| 1) Thompson, Ian SO     | 2) Draim, Kyle SR       |          |
| 3) Richichi, Brendy FR  | 4) Shackley, Ian SR     |          |
| 9 NSA                   | A                       | 3:28.92  |
| 1) Wilson, Ben SR       | 2) Forman, David SO     |          |
| 3) Wade, John SR        | 4) Beale, Greg SR       |          |
| 10 Fred'bg Chris-VA     | A                       | 3:29.75  |
| 1) Turbyfill, David 10  | 2) Rutherford, Jack 12  |          |
| 3) Ross, Garrett 10     | 4) Leupold, Ryland 8    |          |
| 11 WA-VA                | A                       | 3:30.40  |
| 1) Holder, Michael 11   | 2) Sullivan, Dylan 12   |          |
| 3) Hamra, Duncan 12     | 4) Sanderson, Cole 12   |          |
| 12 Ireton-VA            | A                       | 3:32.83  |
| 1) Morrison, Michael SO | 2) Grant, Jimmy JR      |          |
| 3) Salvatori, AJ JR     | 4) Price, Sam SO        |          |
| 13 LCA-VA               | A                       | 3:34.94  |
| 1) Dunbar, Brennon SR   | 2) Kappler, Sam JR      |          |
| 3) Mills, Steven 8      | 4) Grishaw, Heath SR    |          |
| 14 Trinity-VA           | B                       | X3:36.41 |
| 1) Phelps, Clark JR     | 2) Lynch, Daniel FR     |          |
| 3) Stevenson, Ian FR    | 4) Layton, Seth JR      |          |
| 15 WFS-VA               | B                       | X3:36.52 |
| 16 Paul VI-PV           | A                       | 3:36.86  |
| 1) Orsa, John FR        | 2) Rowell, Liam FR      |          |
| 3) Grealish, Aidan SO   | 4) Herbert, David SO    |          |
| 17 Catholic High        | A                       | 3:37.11  |
| 1) Korka, Liam SR       | 2) Frazier, Alex FR     |          |
| 3) Burke, Robert JR     | 4) Speri, Philip SO     |          |
| 18 Covenant-VA          | A                       | 3:39.32  |
| 1) Paschina, Ben JR     | 2) Holstege, Sam SO     |          |
| 3) Sheffield, Noah FR   | 4) Holstege, Ben JR     |          |
| 19 COOL-VA              | B                       | X3:45.87 |
| 1) Mickleburgh, Aidan 8 | 2) Vollino, Garrett SR  |          |
| 3) Schmohl, Trey JR     | 4) Hudgins, Houlder SR  |          |
| 20 STC-VA               | B                       | X3:45.93 |
| 1) West, Townes FR      | 2) Wood, Frost FR       |          |
| 3) McGowan, Scott SO    | 4) Mancini, Gareth FR   |          |
| 21 HRA                  | B                       | X3:46.70 |
| 1) Slate, Lane FR       | 2) Todero, Evan SR      |          |
| 3) Miller, Braden JR    | 4) Romero, Roger SO     |          |
| 22 Hawks                | A                       | 3:48.25  |
| 1) Smith, Cameron 8     | 2) Mulford, Preston FR  |          |
| 3) Kulick, Nick SR      | 4) Lutz, Josh SR        |          |
| 23 Cape Henry-VA        | A                       | 3:48.38  |
| 1) Conrad, Reid JR      | 2) Retter, Sam JR       |          |
| 3) Berlin, Clark SO     | 4) Cake, Dylan 8        |          |
| 24 RCS-VA               | A                       | 3:49.33  |
| 1) Beach, Ryen 11       | 2) Bowery, Jacob 9t     |          |
| 3) Brajdic, Danny 10    | 4) Galbraith, Aubrey 12 |          |

## 2014 VISAA Swimming &amp; Diving Championships - 2/14/2014 to 2/15/2014

## 2014 VISAA Swimming &amp; Diving Championships

## Psych Sheet

## Event 24 ... (Boys 400 Yard Freestyle Relay)

| Event | Team                    | Relay                    | Seed Time |
|-------|-------------------------|--------------------------|-----------|
| 25    | NCS-VA                  | A                        | 3:49.89   |
|       | 1) Kush, Braxton SO     | 2) Kush, Brahn FR        |           |
|       | 3) Porter, Josh SR      | 4) Godfrey, Harrison JR  |           |
| 26    | WA-VA                   | B                        | X3:50.13  |
|       | 1) Marquardt, Jacob 12  | 2) Maglieri, Michael 12  |           |
|       | 3) Bayer, Kellen 10     | 4) Jennings, Austin 11   |           |
| 27    | Fhs Varsity-PV          | A                        | 3:50.56   |
|       | 1) Timblin, Tristan SR  | 2) Reilly, Tucker JR     |           |
|       | 3) Ciesar, Wil JR       | 4) Dalgleish, Charlie SO |           |
| 28    | NA-VA                   | B                        | X3:51.03  |
|       | 1) Rodgers, Joey SR     | 2) McCall, Glenn SR      |           |
|       | 3) Moscoso, Ricky JR    | 4) Diskin, Ben SR        |           |
| 29    | Paul VI-PV              | B                        | X3:52.68  |
|       | 1) Deeley, Jake SO      | 2) Kiefer, Mitch SO      |           |
|       | 3) Huffman, Dominic FR  | 4) Winkert, Jack SO      |           |
| 30    | Falcons-VA              | A                        | 3:53.36   |
|       | 1) Davis, Jase SR       | 2) Harrison, Mitch SR    |           |
|       | 3) Stebbins, Julian 8t  | 4) Garbutt, Charlie JR   |           |
| 31    | Ireton-VA               | B                        | X3:53.36  |
|       | 1) Smearman, Carl SR    | 2) Abbed, Kevin SR       |           |
|       | 3) Chiriboga, Carlos SR | 4) Reichelt, Thomas SR   |           |
| 32    | CCS-VA                  | A                        | 3:55.32   |
|       | 1) Bethel, Dean JR      | 2) Shivers, Graham SR    |           |
|       | 3) Thompson, Turner JR  | 4) Li, Zihan SO          |           |
| 33    | Seton                   | A                        | 3:55.35   |
|       | 1) Kosten, Joe SR       | 2) Flook, Tommy JR       |           |
|       | 3) Salas, Cris SO       | 4) Koehr, Brian SO       |           |
| 34    | NSA                     | B                        | X3:55.38  |
|       | 1) Wagner, Blake JR     | 2) McKenzie, Collin SR   |           |
|       | 3) Rogerson, Tyler SR   | 4) Towler, Sam SO        |           |
| 35    | POTO                    | A                        | 3:55.69   |
|       | 1) O'Leary, Kevin 10    | 2) Peele, Jack 9         |           |
|       | 3) Sanok, Kyle 10       | 4) Dungan, Mathew 10     |           |
| 36    | NCHS-VA                 | A                        | 3:56.23   |
|       | 1) Doughty, Matt SR     | 2) Lorens, Daniel SO     |           |
|       | 3) Boone, Austin FR     | 4) H'Doubler, Zach FR    |           |
| 37    | John Paul               | A                        | 3:56.91   |
|       | 1) Costella, Joe FR     | 2) DeLeoz, Josh FR       |           |
|       | 3) Sampson, Joe JR      | 4) Gelbach, Patrick SR   |           |
| 38    | GCA-VA                  | A                        | 3:57.64   |
|       | 1) Murphy, Tyler SR     | 2) Hammond, Nathaniel FR |           |
|       | 3) Williams, Adam SR    | 4) Douglas, Andrew SO    |           |
| 39    | LCA-VA                  | B                        | X3:57.67  |
|       | 1) Schafer, Dave FR     | 2) Chen, Shawn JR        |           |
|       | 3) Davenport, John SR   | 4) Henderson, Ben JR     |           |
| 40    | Hargrave-VA             | A                        | 3:58.59   |
|       | 1) Harrell, Wesley SR   | 2) Sober, Shane JR       |           |
|       | 3) Taylor, Chase SR     | 4) Wright, Doug JR       |           |
| 41    | Fred'bg Chris-VA        | B                        | X3:59.00  |
|       | 1) Kearney, Adam 10     | 2) Ross, Noah 8          |           |
|       | 3) Chang, Brandon 12    | 4) Jones, Chris 12       |           |