



**WESTERN REGION FOUR CORNERS SPEEDO CHAMPIONSHIP SERIES**

**Hosted by Colorado Swimming  
Lewisville ISD Westside Aquatic Center  
1750 Duncan Lane, Lewisville, TX 75028  
Facility Phone: 214-222-6940  
March 16-19, 2017**

**Held Under the Sanction of North Texas Swimming and USA Swimming, Inc.**

**Sanction # NT 004-17, Time Trials Sanction # NT 008-17**

**Website: [www.marswim.org](http://www.marswim.org)**

**Facility:**

Two- 8 lane 25 yard courses for prelims and a single 25 yard pool for finals. Continuous warm-up and warm-down will be available in both a 6 lane course, and in a separate 4 lane course (10 lanes total) Colorado Timing touch pads are in place at both ends or both competition pools, Colorado Timing electronic timing system with 2-10 line Colorado Timing electronic scoreboards. Myrtha Fin Ledge starting blocks with Colorado Timing reaction pads will be used, as well as Myrtha Backstroke Ledges.

**Water Depth:**

The depth of the competition pool(s) when measured for a distance of 3 feet 3 1/2 inches (1.0 meter) to 16 feet 5 inches (5 meters) at the start wall is 7 feet 0 inches and when measured for a distance of 1m to 5m at the turn/ bulkhead is 8 feet 6 inches for one of the pools and 12 feet 0 inches at the turn end for the other competition pool.

**Pool Certification:**

The competition pools are certified according to USA-S rule 104.2.2C(4). A copy of this certification is on file with USAS

**Sanction:**

This meet has been sanctioned by North Texas Swimming and current USA Swimming rules and any relevant sections of the North Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2017 with USA Swimming by the meet start date. North Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

**Liability:**

IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, LEWISVILLE ISD WESTSIDE AQUATICS CENTER, AND MID-CITIES ARLINGTON SWIMMING, LLC SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's. If attached, to be held accountable for repairs.

**Registration:**

All swimmers, coaches, and officials participating in this competition must be currently (2017) registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID Card or Deck Pass as proof of their registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the meet host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming ID card or Deck Pass (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies.

**Age Up Date:**

The age of the swimmer will be his/her age on MARCH 16, 2017, the first day of competition.

**Meet Staff:****Meet Referee**

Scott Powell  
 303-883-0094  
[spowell11@comcast.net](mailto:spowell11@comcast.net)

**Admin Referee**

Gloria Schuldt  
 469-426-2850  
[gloria\\_schuldt@att.net](mailto:gloria_schuldt@att.net)

**Meet Director**

Shannon Gillespy  
 214-697-4145  
[coachshannon@marswim.org](mailto:coachshannon@marswim.org)

**Head Safety Marshall** - Mike Blakely

**Starter** – Chuck Chinnis

**Stroke & Turn** – Rodney Yanai, Karen Raschio

MEETING SCHEDULE	
General Meeting	Wednesday, March 15 at 4:30 PM in Hospitality Room
Officials' Meetings	One hour before the start of each session
Section Business Meeting	Friday, March 17 – immediately after the time trial session.

COMPETITION SCHEDULE	PRELIMINARIES	FINALS
Thursday – Sunday March 16-March 19	Warm-Up: 7:00 AM – 8:50 AM Competition: 9:00 AM	Warm-Up: 4:00 PM – 5:20 PM Competition: 5:30 PM

The pool will be open for supervised warm-up on Wednesday, March 15, from 4:00 PM to 8:30 PM. Other dates & times, prior to the competition, may be available by contacting Shannon Gillespy ([coachshannon@marswim.org](mailto:coachshannon@marswim.org))

<b>Women's Event #</b>	<b>Thursday</b>	<b>March 16, 2017</b>	<b>Men's Event #</b>
1	100-Yard	Freestyle	2
3	200-Yard	Breaststroke	4
5	200-Yard	Backstroke	6
7	200-Yard	Butterfly	8
9	800-Yard <b>(A)</b>	Free Relay	10
11	1000-Yard <b>(B)</b>	Free	12
<b>Women's Event #</b>	<b>Friday</b>	<b>March 17, 2017</b>	<b>Men's Event #</b>
13	200- Yard <b>(C)</b>	Freestyle Relay	14
15	200- Yard	Freestyle	16
17	400-Yard	Individual Medley	18
19	200-Yard <b>(D)</b>	Medley Relay	20
<b>Women's Event #</b>	<b>Saturday</b>	<b>March 18, 2017</b>	<b>Men's Event #</b>
21	100-Yard	Backstroke	22
23	400-Yard	Freestyle	24
25	100-Yard	Breaststroke	26
27	100-Yard	Butterfly	28
29	400-Yard <b>(E)</b>	Freestyle relay	30
<b>Women's Event #</b>	<b>Sunday</b>	<b>March 19, 2017</b>	<b>Men's Event #</b>
31	200-Yard	Individual Medley	32
33	1650-Yard <b>(F)</b>	Freestyle	34
35	50-Yard	Freestyle	36
37	400-yard <b>(E)</b>	Medley Relay	38

**(A)** 800 Free Relay events will be conducted as timed finals with the two fastest heats of women and the two fastest heats of men swum at the end of finals. All other heats will be swum at the conclusion of prelims (prior to the 1000Free) in two pools in the following order: All women then all men splitting odd heats and even heats fastest to slowest.

**(B)** The 1000 Freestyle will be conducted as timed finals. All heats will be swum at the end of preliminaries, alternating women's and men's heats, fastest to slowest. Athletes may qualify use 1000yd /1650yd, and 800/1500m qualifying time .

**(C)** The 200 Free Relay will be conducted slowest to fastest as timed finals, All heats conducted at the beginning of preliminaries.

**(D)** The 200 Medley Relay will be conducted slowest to fastest as timed finals. All heats conducted at the conclusion of finals.

**(E)** These relay events will be conducted as timed finals with the two fastest heats of women and the two fastest heats of men swum at the end of finals. All other heats will be swum at the conclusion of prelims in the following order: Third and fourth fastest heat of the women, third and fourth fastest heat of the men, fifth fastest heat of women, fifth fastest heat of men, sixth fastest heat of women, sixth fastest heat of men, etc.

**(F)** The 1650 Freestyle will be conducted as timed finals. The fastest heat of women and the fastest heat of men will swim in finals in event number order. All other heats will be swum at the end of preliminaries, alternating women's and men's heats, slowest to fastest. The starting time for each preliminary heat shall be scheduled so that the second fastest heat of men is concluded 90 minutes before the evening's finals session is scheduled to begin. Athletes may qualify use 1650yd /1650yd, and 1500/800m qualifying time .

<b>2017 Speedo Championship Series Four Corners Section Spring Time Standards</b>						
<b>March 16-19, 2017 in Lewisville, TX</b>						
	Women				Men	
Short Course Yards	Short Course Meters	Long Course Meters		Short Course Yards	Short Course Meters	Long Course Meters
24.99	27.76	28.44	50 Fr	22.41	24.72	25.79
53.71	59.04	1.01.26	100 Fr	48.46	53.27	55.89
1:56.22	2:07.92	2:12.75	200 Fr	1:45.84	1:56.48	2:02.20
5:13.17	4:29.34	4:41.54	400/500 Fr	4:49.98	4:10.18	4:22.40
10.52.09	9.27.35	9:46.99	800/1000 Fr	10.10.58	8.53.74	9:17.59
18.19.78	18.07.11	18:53.59	1500/1650 Fr	17.13.16	16.53.43	17:45.59
59.50	1:06.33	1:09.54	100 Bk	54.42	1:00.66	1:04.26
2:07.80	2:22.78	2:29.20	200 Bk	1:58.45	2:12.65	2:20.20
1:08.46	1:15.15	1.20.23	100 Br	1:01.53	1:07.35	1:13.70
2:29.07	2:43.68	2:54.69	200 Br	2:15.19	2:27.80	2:40.88
58.86	1:04.55	1.06.87	100 Fly	53.46	59.43	1.00.97
2:12.26	2:26.43	2.32.36	200 Fly	2:00.94	2:14.37	2:20.25
2:11.81	2.25.85	2:31.71	200 IM	1:59.85	2:12.30	2:19.28
4:39.34	5:07.75	5.21.24	400 IM	4:18.37	4:45.76	5:00.19
1.44.69	1.56.89	1.59.29	200 FR	1.32.99	1.43.78	1.46.89
3.49.09	4.12.14	4.17.29	400 FR	3.25.49	3.46.85	3.54.59
8.14.49	9.10.46	9.21.69	800 FR	7.38.69	8.26.70	8.43.99
1.56.29	2.10.99	2.13.39	200 MR	1.44.69	1.55.50	1.59.69
4.09.49	4.44.93	4.48.39	400 MR	3.47.49	4.15.75	4.23.39

**Rules:**

- Current USA Swimming rules will govern this meet. Meet format will be Prelims (8 lanes) and Finals (8 lanes). One championship heat and three consolation heats will compete in finals, except as noted in the Order of Events. The "D" Final will be conducted as an 18 & Under only heat.
- Seeding will be Short Course Yards (SCY), Short Course Meters (SCM), Long Course Meters (LCM). Bonus events will be seeded after all of the above.
- All swimmers entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any swimmer without a coach in attendance must report to the Meet Director or Meet Referee who may assist a swimmer in making supervision arrangements, but it is the swimmer's responsibility to make arrangements prior to the start of warm-ups and to so notify the Meet Referee.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement and to bring proof of such certification to the meet.
- It shall be the swimmers' and coaches' responsibility to acquaint themselves with all the information in this Meet Announcement and any information and changes announced at the General Meeting.
- Swimmers and coaches are responsible for being familiar with this meet's scratch rules and check-in procedures.

**Restrictions:**

- The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms.
- Deck Changing is prohibited.
- Shaving is not permitted anywhere in the facility.
- All swimmers entered in the competition must comply with current USA Swimming rules regarding swimwear.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Swimmer Photographs and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

**Eligibility:** Open to all swimmers who:

1. Are currently registered with USA Swimming LSC's within the Four Corners Section of the Western Zone (Arizona, Colorado, New Mexico and Utah), and any qualifying athlete affiliated with MARS.
2. Priority 1 out of section swimmers: up to 150 swimmers currently registered with USA Swimming LSC's within the Western Region Section (Alaska, Hawaii, Inland Empire, Montana, Oregon, Pacific Northwest, Snake River, and Wyoming) of the Western Zone **who reserved a place in the Lewisville meet prior to December 1, 2016.**
3. Priority 2 out of section swimmers: if there are still remaining spaces available for out of section swimmers after Dec 1, swimmers currently registered with USA Swimming North Texas LSC **who reserved a place in the Lewisville meet prior to February 1, 2017. Event registration:**  
<https://www.eventbrite.com/e/2017-speedo-sectionals-at-austin-tx-tickets-27377339359>
4. On-deck transfer into an eligible LSC is not allowed.
5. Are year-round members of USA Swimming. There will be no on-deck USA Swimming registration.
6. Have met the appropriate 2017 qualifying times in competition between February 1, 2016, and the entry deadline. Penalties apply for unproven entry times.
7. Swimmers with a disability who have achieved Can-Am qualifying time standards during the qualifying period for this meet may enter up to four (4) individual events for which the Can-Am time standard has been achieved. Each swimmer has the option of swimming a half distance for any event entered. Swimmers with disabilities may also participate in the Time Trials on the same basis.
8. Meet management will produce a psych sheet prior to the start of the meet with markings to indicate times requiring proof as required under #6 above. The psych sheet will be posted on the websites listed on the first page.
9. Each entry time must be from USA Swimming sanctioned, approved, or observed competition. Entry times not in the SWIMS database must be proven to the Administrative Referee or designated representative prior to the scratch deadline for the event. Failure to provide such proof of time prior to that deadline will result in the swimmer being removed from the event. There is

no need to prove relay entry times. It is the entering club's or individuals, if entering as unattached, responsibility to verify that entry times are in SWIMS.

**Entries:** All entries must be submitted online through USA Swimming's Online Meet Entry system – [www.usaswimming.org/ome](http://www.usaswimming.org/ome) between February 1, 2017 and 11:59 PM PST, March 8, 2017.

- You must pay for the online entries with Visa, MasterCard, American Express, or Discover.
- Once you complete your online entry, you will be sent a confirmation email. Bring it and all communications with you to the meet in case of any entry problems. When entering an individual time not in SWIMS, please try to ensure that the missing data is downloaded into SWIMS as soon as possible.
- Please note that OME will not update entry times as new results are entered into SWIMS. You can return to your entry after you have checked out to modify entry times should they improve during the entry period or to add events to your entry, but you cannot delete events after you have paid for them. All such modifications must be made before the entry deadline.
- Check all entries before paying for them! Enter each with an accurate time achieved in the proper course; converted times will not be accepted.
- If you have **trouble using OME**, please contact **Jaime Lewis** with USA Swimming [jlewis@usaswimming.org](mailto:jlewis@usaswimming.org) or (719) 866-3562 work.
- If you have an **entry question**, please contact **Brian Dangelmaier** ([coachbrian@marswim.org](mailto:coachbrian@marswim.org)) or 817-925-0505. Email is preferred.

**Event Limit:** Each entered swimmer may participate in up to six (6) individual events and up to five (5) relays, but no more than three (3) individual events per day including Time Trials. All swimmers, including relay-only swimmers, are limited to three (3) Time Trials. There is no limit to the number of relays a club may enter, but only the top two (2) relay teams per club can score in each event.

**Time Line:** Depending on the number of entries and at the discretion of the Meet Referee, the preliminary sessions may be conducted in an "A/B" format. If adopted, details of this procedure, including the number of heats of each event to be swum in the "A" flight, will be announced at the General Meeting.

If the projected length of Sunday's 1650 Freestyle non-finals session's heats does not allow for the Finals session to start as originally scheduled, the Meet Referee, in consultation with the meet hosts and the Western Region Section Officers, reserves the right to adjust. Time line adjustments will be announced at the General Meeting.

**Bonus Events:** Swimmers may enter one bonus event for each qualified individual event, with a maximum of two bonus events, as follows:

Qualified	Bonus	Total
One (1) qualified event	One (2) bonus event	Two (3) total events
Two (2) qualified events	Two (2) bonus events	Four (4) total events
Three (3) qualified events	Two (2) bonus events	Five (5) total events
Four (4) qualified events	Two (2) bonus events	Six (6) total events
Five (5) qualified events	One (1) bonus event	Six (6) total events
Six (6) qualified events	No bonus events	Six (6) total events
There are no qualifying times for bonus events. NT entries will not be accepted.		

**Surcharge:** \$35.00 surcharge per swimmer

**Entry Fees:** \$16.00 per individual event entry  
\$36.00 per relay entry

**Entry Deadline:** Entries for qualifying swims must be received by 11:59 PM PST, Wednesday, March 8, 2017.

**Late entries:** will be accepted until 12:00 noon PDT, Tuesday, March 14, 2017, but will be subject to the late entry fees listed below. After March 23, updating times for existing entries is not permitted.

**Surcharge:** \$35.00 surcharge per swimmer

**Late entry fees:** \$32.00 per individual event late entry; \$72.00 per relay late entry

**Last-chance Qualifiers:** Swimmers who achieve a **first-time** individual qualifying standard from Wednesday, March 8, 2017, through Sunday, March 12, 2017, may enter, but only on the Email Entry Form and sent by email Brian Dangelmaier ([coachbrian@marswim.org](mailto:coachbrian@marswim.org)).

- Email entries must be received no later than 11:59 PM PDT on Sunday, March 12, 2017, and may not be used to improve the seed time of a previously submitted entry. Relay email entries will not be accepted after the March 8 entry deadline.
- Updating bonus swim seed times after the March 8 deadline will not be permitted. However, a swimmer who achieves a first-time qualifying time in an event he/she had previously entered as a bonus swim may treat the bonus swim as a qualifying swim in order to allow for an additional bonus swim. Adding bonus swims for qualifying times achieved after the March 8 deadline is permitted using the email entry form.

**Meet Entry Chair:** Brian Dangelmaier [coachbrian@marswim.org](mailto:coachbrian@marswim.org), 817-925-0505. Questions concerning meet entries should be directed to Meet Entry Chair.

**Registration:** All entered swimmers and Certified Coaches and Managers listed on the Summary Entry Form will receive a meet-specific Credential, which will serve as a deck pass and must be displayed to access the deck.

#### Scratch Procedures:

**The USA Swimming National Championship scratch procedure and no-show rule will be used at this meet. These rules are described in the current USA Swimming Rule 207.11.6 in the Current Rule Book.**

Swimmers must check in or scratch for Thursday's 1000 Freestyle Relay events no later than fifteen (15) minutes after the conclusion of the General Meeting. In addition to the physical check-in, email check-in will be accepted for these events only, and the above deadline applies. The check-in address is [coachbrian@marswim.org](mailto:coachbrian@marswim.org).

Swimmers are considered checked in for all other events except the 1000 and 1650 Freestyle events unless scratched.

- The Scratch Box will be located at the General Meeting and then at the Clerk of Course for the duration of the meet.
- Scratches prior to the seeding of preliminary heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box.
- Entrants in the 1000 and 1650 Freestyle events must check-in and confirm their intention to compete before the scratch deadline in order to be seeded. Seeded 1650 Freestyle heat sheets will be published at the end of Saturday's finals.
- Relays will follow the same scratch procedures as the individual events. Scratches are due prior to the scratch deadline for that days events. Each coach shall pick up relay entry forms from the Clerk of Course on which he/she shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation approximately one (1) hour prior to the start of the relays. However, relay order may be changed up to the time of the swim.

See below schedule for more information:

SCRATCH AND CHECK-IN SCHEDULE		
EVENTS	ACTION REQUIRED	DEADLINE
Thursday Individual Events	Scratch	15 minutes after end of General Meeting (approx. 5:30PM)
Thursday Relays	Scratch	
Friday Individual Events	Scratch	6:00 PM Thursday
Friday Relays	Scratch	
Saturday Individual Events	Scratch	6:00 PM Friday
Saturday Relays	Scratch	
Sunday 200 IM and 50 Free	Scratch	6:00 PM Saturday
Sunday 1650 Freestyle	Positive check-in or scratch	
Sunday Relays	Scratch	
All Checked-In Relays	Submit w/full names and order to Clerk of Course	No later than one hour before scheduled start of relays
	If necessary, changes to relay line-up	On copy brought to lane timer before start of heat
Announced finalists for championship and console heats	Declaration of intention to scratch to Admin Referee	Within 30 minutes of announcement or scoreboard scroll of qualifiers

**Scoring:** Scoring will be on a sixteen (16) place basis, but achieved times must meet the event's time standard to score.

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.

**Awards:**

- Medals: top eight (8) individual and top three (3) relay places.
- Trophies for team awards: First through Third places for women, men, and combined. Team scoring will include both individual and relay events to 16 places each. Both women and men must score for a team to be eligible for a combined scoring team award.
- Individual High Point Awards: Top scoring Woman and Top scoring Man – individual events only.

**Travel Fund:** Swimmers who participate in this meet and also participated in the December 2016, Winter National Championship or Junior Championship are eligible for a travel reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend. Application for reimbursement must be made by submitting the attached form within fifteen (15) days following the conclusion of the meet.

**General Meeting:** A General Meeting will be held on Wednesday, March 15, 2017, at 4:30 PM. Location: Hospitality Room at the Westside Aquatic Center. Teams must have a coach or team representative in attendance. Coaches' packets may be picked up at the Clerk of Course. Coaches must show current USA Swimming coaching credentials in order to pick up a packet, and coaches must visibly display their current credentials whenever on deck.

**Section Business Meeting:** The Section's Business Meeting will be held on Friday, immediately after time trials session. Questions and agenda items should be sent to Shawn Smith [shawn.smith@du.edu](mailto:shawn.smith@du.edu)



**Officials:**

- Officials' Meetings will be one hour before each day's sessions. All certified officials are welcome. If you will be attending this meet, please return the attached Application to Officiate to assist with meet planning. To be considered for an assigned position, your application must be received by the Meet Referee by Feb 1, 2017
- This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew this level of certification must apply on the attached application form and notify the Meet Referee upon arrival at the meet. Instructions for certification will be provided during Officials' Meetings.
- The uniform for officials for the meet will be a white polo shirt and khaki shorts, skirt or pants. Shorts may be worn only during Preliminary sessions, but long pants or skirts for Finals, please. White, closed toe shoes and white socks complete the uniform.

**Hospitality:** A Hospitality room will be provided for coaches and officials only. Swimmers are not permitted in the Hospitality room.

**NORTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

**A. WARM-UP PROCEDURES:** At the discretion of meet management and in agreement with the Meet Referee, warm-ups may be modified to accommodate the number of swimmers entered in the meet.

**I. Assigned Warm-up Procedures**

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints may be done only under the direct supervision of the coach
- d. No training equipment allowed in the competition pool.

**II. Open Warm-up Procedures**

- a. General warm-up (first half): No diving from the blocks or sides of the pool. Feet-first entry from the starting area, not from the bulkheads. Circle swim only.
- b. Sprint and pace warm-up (remainder):
  - Lanes 1 & 8 pace lanes – Push off only. No diving or racing starts. Circle swim.
  - Lanes 2 & 7 sprint lanes – dive start, swim only one direction. Return from adjacent lane. Backstrokers enter the water feet first in rotation. No diving over persons in the water.
  - Lanes 3, 4, 5, & 6 general warm-up – no diving.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times—one way only.
- d. Dive sprints may only be done under the direct supervision of the coach.
- e. There will be no diving in the general warm-up lanes—circle swimming only.

**III. Safety Guidelines**

- a. Coaches are responsible for the following:
  - 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
  - 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
  - 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
  - 1. A minimum of four marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
  - 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
  - 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
  - 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "North Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
  - 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
  - 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

**Time Trials:**

- Time Trials will be conducted on a time-available basis and are limited to approximately one hour. Time Trials will be held under a separate sanction of the LSC where the meet is held. Each time trial swum will count toward the daily event limit with a combination of time trials and individual meet events not to exceed three (3) per day. A swimmer is limited to three (3) time trials during the course of the Championships.
- Time Trials will be deck entered at the Clerk of Course. Time Trials entries will close when the maximum allowable time as been reached or one hour before the scheduled end of Prelims, whichever comes first.
- Time Trial entry fee will be \$17.00 per individual event and \$39.00 per relay event.
- Except for the 1000 and 1650 Freestyles, Time Trials shall be swum in the order listed under the meet program. The 1000 and 1650 will only be offered on one day; the Meet Referee will determine the day based on the size of the meet and available time and will announce the day at the General Meeting.

Order of Time Trial Events
Day 1: Day 1 events except 1000, Day 2 events, Day 3 events, Day 4 except 1650
Day 2: Day 2 events, Day 3 events, Day 4 except 1650 , Day 1 events except 1000
Day 3: Day 3 events, Day 4 events except 1650, Day 1 events, Day 2 events
Day 4: Day 4 events except 1650, Day 1 events except 1000, Day 2 events, Day 2 events

**Timers:** Swimmers/clubs are responsible for providing their own timers and lap counters, if desired, for Thursday’s 1000 and Sunday’s 1650 Freestyle events and for any Time Trial events.

**Concessions:** Concessions will be provided on the second level of the Westside Aquatic Center during competition hours.

**Social Events:** A Coaches and Officials Social will be held on Friday, March 17, after the conclusion of Finals. Details will be announced.

**Programs/Heat Sheets:** \$3.00 per session

**Results:** Real time and post-meet results will be posted at: [www.marswim.org](http://www.marswim.org).

**Parking:** Ample free parking is available directly adjacent to the facility

**EMAIL ENTRY FORM**  
**2017 USA Swimming/Speedo Champions Series**  
**Four-corners Short Course Championship**  
**Hosted by the Colorado Swimming**  
**March 16-19, 2017**

TEAM NAME: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

COACH NAME: \_\_\_\_\_ PHONE #: \_\_\_\_\_

COACH'S USA ID#: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

City

State

Zip

**EMAIL QUALIFICATION PERIOD: MARCH 8, 2017 through MARCH 12, 2017**

**EMAIL ENTRY DEADLINE: 11:59 PM PST SUNDAY, MARCH 12, 2017**

**SEND ENTRIES TO: Brian Dangelmaier, coachbrian@marswim.org**

**EMAIL ENTRIES MUST BE PAID FOR AT CLERK OF COURSE ON MARCH 16, 2017**

**CHECK OR CASH ONLY**

Swims which achieve a **first-time** individual qualifying standard from Wednesday, March 8, 2017, through Sunday, March 12, 2017, may be entered, but only on the Email Entry Form and sent by email to the email address listed above by the stated deadline. Email entries may not be used to improve the seed time of a previously submitted entry. Relay email entries will not be accepted after the March 12 entry deadline. If an altitude adjusted time, please include original time, altitude adjusted time, and venue altitude.

Updating bonus swims to a qualifying time after the March 12 deadline will not be permitted. However, a swimmer who achieves a first-time qualifying time in an event he/she had previously entered as a bonus swim may treat the bonus swim as a qualifying swim in order to allow for an additional bonus swim. Adding bonus swims for qualifying times achieved after the March 8 deadline is permitted.

We have entered the following events on this EMAIL entry form:

**The undersigned coach or team representative of the swimmer listed on this entry form hereby certifies that all times stated on this entry form are true and correct.**

Coach Signature: \_\_\_\_\_

**Swimmer Information**

Print Name: \_\_\_\_\_

Age \_\_\_\_\_ Female \_\_\_\_ Male \_\_\_\_

Registration # \_\_\_\_\_ Previously entered in meet? Yes \_\_\_\_ No \_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_ Time: \_\_\_\_\_ Date Achieved: \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_ Time: \_\_\_\_\_ Date Achieved: \_\_\_\_\_

Event # \_\_\_\_\_ Event \_\_\_\_\_ Time: \_\_\_\_\_ Date Achieved: \_\_\_\_\_

**WESTERN REGION SECTION SENIOR CHAMPIONSHIPS**

LEWISVILLE, TX – MARCH 16-MARCH 19, 2017

FOUR CORNERS SECTION (Arizona, Utah, New Mexico, and Colorado)

**REIMBURSEMENT REQUEST**

(Please print neatly)

Coach's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Date of Request: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_

Full Team Name: \_\_\_\_\_ LSC: \_\_\_\_\_

Mailing Address for Reimbursement Check: \_\_\_\_\_  
Street or P.O. Box

\_\_\_\_\_  
City, State, Zip

**USA SWIMMING CHAMPIONSHIP MEET FOR WHICH REIMBURSEMENT IS REQUESTED -- CIRCLE ONE**  
**Swimmer must attend both 2017 Spring Sectional and 2016 AT&T Winter National Championships or 2016 Speedo Short Course Junior National Championships**  
**(Please complete a separate form for National Championships and Juniors)**

National Championships

Junior Nationals

Dates of USA Swimming Championship Meet: \_\_\_\_\_ Location: \_\_\_\_\_

Did Coach Attend Championship Meet? Yes No Name of Attending Coach: \_\_\_\_\_

Swimmer's Name (Last, First)	Age	Event(s) Competed At Sectionals	Event(s) Competed At Nationals/Juniors (circle 1)

Please send completed form within 15 days of the end of the Championship Meet for which reimbursement is requested to:

**Bruce Stratton, Treasurer**  
 2017 S. Roosevelt St.  
 Boise, ID 83705  
 (208) 336-4953 FAX (208) 342-8962  
 Email: bruce@strattoncpa.co

Due April 6, 2017

**2017 SPEEDO CHAMPIONS SERIES  
4-CORNERS SECTIONAL AT LEWISVILLE, TEXAS**

Hosted by Colorado Swimming  
March 16-19, 2017

**Application to Officiate**

Applicant must be a member of USA Swimming and an LSC certified official.  
(PLEASE TYPE OR PRINT CLEARLY)

Name: \_\_\_\_\_ LSC: \_\_\_\_\_  
 Address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_  
 Current LSC Certifications: \_\_\_\_\_  
 Current N2 Certifications and Expiration: \_\_\_\_\_  
 Current N3 Certifications and Expiration: \_\_\_\_\_  
 Years/Months at Highest Level: \_\_\_\_\_

**ALL APPLICANTS MUST ATTEND MANDATORY OFFICIALS BRIEFINGS BEFORE EACH SESSION WHICH BEGIN ONE HOUR PRIOR TO THE START OF EACH SESSION. Uniform is white polo and khaki pants/skirt with white shoes and socks. Khaki shorts may be worn during prelims only.**

I will serve at all sessions: Yes \_\_\_ No \_\_\_

I can't serve all sessions. My choices for individual sessions are checked below:

Thursday 3/16	Prelims _____	Finals _____
Friday 3/17	Prelims _____	Finals _____
Saturday 3/18	Prelims _____	Finals _____
Sunday 3/19	Prelims _____	Finals _____

Shirt Size: \_\_\_\_\_ (S, M, L, XL, XXL, etc.) (unisex) (This is for Host planning and is not guaranteed)

**APPLICATION FOR ASSIGNED POSITION: If you would like to be considered for an assigned position, please check the appropriate box below. If applying for more than one position, please indicate preference (1,2,3). Preference will be given to those who agree to work all sessions.**

**Assignment request:** \_\_\_ Deck Referee \_\_\_ Starter \_\_\_ Chief Judge \_\_\_ Asst. Admin. Referee

**If you are not applying for an Assigned Position, please check here:** \_\_\_ Stroke & Turn Only

**APPLICATION FOR EVALUATION: If you would like to be observed/evaluated during the meet, complete the following:**

I request Evaluation as follows:    \_\_\_ For Advancement to N2            \_\_\_ For Advancement to N3  
    \_\_\_ For Recertification            \_\_\_ For Education

\_\_\_ Referee \_\_\_ Starter \_\_\_ Chief Judge \_\_\_ Admin Referee \_\_\_ Stroke & Turn

Most Recent Evaluation & Evaluator:

\_\_\_\_\_

\_\_\_\_\_

This application must be received by the Meet Referee no later than February 1, 2017, in order for the applicant to be considered for specific assigned positions (Deck Referee, Starter, Chief Judge, Asst. Admin. Referee). **Assigned positions will be notified by February 15, 2017.** Applications for other deck positions will be accepted anytime.

→Email your application to: Scott Powell, [spowell11@comcast.net](mailto:spowell11@comcast.net), (303) 883-0094