

**SWIMMING WORLD MAGAZINE'S**

**2014**

**CAMP DIRECTORY**

# 2014 SWIM CAMP DIRECTORY

## AADVANCED SWIM CAMPS

**Bob Prichard**

**4 Tara Hill Road • Tiburon, CA 94920**

**800-227-6629 • 415-435-9880 • 415-435-9887 (Fax)**

**Email: [camps@somaxsports.com](mailto:camps@somaxsports.com)**

**[www.somaxsports.com/swimcamp.php](http://www.somaxsports.com/swimcamp.php)**

We guarantee you will swim faster, or your swim camps are FREE! Five-day, co-ed camps, ages 7-up, daily frame-by-frame underwater videotape analysis, 2 2-hour pool sessions and 1.5 hours dryland/day, strength training, stretching, co-ordination drills, 2 sessions Microfiber Reduction, POWERBELT, 2500 yard drill set, Internet stroke analysis available. Grads have won 43 Gold Medals, set 11 World Records. Age group swimmers have cut times 3-18%, top 16, national champions! We teach parents how to teach drills & take underwater videos. \$3,500 plus hotel. Camps in Tampa, San Francisco. Call for registration package and demo DVD \$30. Camps limited to just 10 swimmers each for individual attention.

Free/Back: June 16-20; 23-27; July 14-18;

Dec. 29-Jan. 2

Fly: June 30-July 4

Breast: July 7-11

## CAMP AK-O-MAK FOR GIRLS

**Dianne Young, Executive Director**

**Summer: 240 Akomak Rd.**

**Ahmic Harbour, ON, Canada POA 1A0**

**Winter: 14-441 Stonehenge Drive**

**Ancaster, ON, Canada L9K 0B1**

**416-427-3171 • 905-304-2982**

**Email: [dianne@campakomak.com](mailto:dianne@campakomak.com)**

**[www.campakomak.com](http://www.campakomak.com)**

WORLD'S FIRST SWIM & SPORTS CAMP FOR GIRLS (7-16)—Camp Ak-O-Mak, since 1928, is world-renowned as the premiere swimming and sports camp for girls aged 7-16. Ak-O-Mak's unique and fun-filled program is guaranteed to jump start swimming performance and ignite your excitement in time for that first practice of the season! Don't count laps awash in chlorine and fluorescent lights when you can swim in the soft, pure waters of Ahmic Lake warmed by beautiful sunshine. Experience the joy of open water swimming. Swim practices in our Olympic sized pool built right into the lake! You'll build more than muscle as you and your friends paddle the War Canoe across the finish line or mountain bike our woodland trails. 25 sports/activities enhance fitness in a fun, friend-filled environment. Competitive programs and expert coaching offered in swimming, open water swimming, triathlon and canoe/kayak sprint racing. Join us for the best "sleep over" EVER, camping out in rustic cabins.

Forge life-long friendships and memories as you play, sing, laugh and compete in a wonderful wilderness setting. Visit our website for more information, [www.campakomak.com](http://www.campakomak.com).

7 Week: June 25-Aug. 13

4 Week: June 25-July 22

3 Week: July 23-Aug. 13

2 Week: June 25-July 9; July 23-Aug. 6; Aug. 16-30

## ALABAMA RISING TIDE SWIM CAMP

**Mike Davidson, Camp Director**

**University of Alabama**

**P.O. Box 870387 • Tuscaloosa, AL 35487**

**205-348-3977 • 205-348-9773 (Fax)**

**Email: [mdavidson@ia.ua.edu](mailto:mdavidson@ia.ua.edu)**

**[alabamawswimcamp.com](http://alabamawswimcamp.com)**

Your performance on race day will be determined by how effective you've been at helping your brain understand all facets of the performance. The strongest computer in the world is the human brain, and no different from the machine counterpart, it can be extremely ineffective if it's programmed incorrectly. Recognizing that you're essentially training the brain to manage your goals, then what you do in day-to-day training is critical to achieving those goals. This camp is all about teaching young athletes how the brain does this, how it takes information on board, and how to make sure that what you do correctly is imprinted in a way that helps you reproduce perfect skills without having to think about them. It will involve critical thinking and exploring new ways to achieve new skills. Learning how to swim and train this way is the next paradigm in swimming and is the future of all sport.

June 1-6; June 8-13; June 15-20; June 22-29

## THE ARETE SWIM CAMP

**Coach Chuck Warner, Camp Director**

**1050 Dellwood Rd. • Martinsville, NJ 08836**

**Email: [aretewswimcamp@gmail.com](mailto:aretewswimcamp@gmail.com)**

**[www.aretewswim.com](http://www.aretewswim.com)**

The ARETE SWIM CAMP begins its 17th year while receiving critical acclaim and sold out sessions for thirteen consecutive years. The camp is conducted with four core objectives: immediate skill improvement, self-esteem development, teamwork and "WOW experiences." Each swimmer is filmed in all four strokes underwater with analysis from one of our coaches, while using our camp workbook. All of our camps include "low-ropes course" experiences and have a coach to swimmer ratio of 1:9 or better. We endeavor to TURN ON THE LIGHT in every swim-

mer. In 2014 we will be in Connecticut (Wesleyan University) and three New Jersey locations. Coach Chuck Warner is the camp creator and director. He is a three-time USA National Team coach, four-time Big East Conference coach of the year while at Rutgers University, author of the books *...And Then They Won Gold* and *Four Champions, One Gold Medal* and former President of the American Swimming Coaching Association. Coach Warner works with all the campers every day. Camp Fees Range: \$425- \$550 Commuter / \$425-\$760 Resident

June 22-26: Fairleigh Dickinson Univ., Madison, NJ

June 22-26: Wesleyan Univ., Middletown, CT

June 29-July 3: Ramapo College Mahwah, NJ

Aug 26-28: Camp Cromwell, Martinsville, NJ

## AUBURN SWIM CAMPS

**Brett Hawke, John Hargis, Rowdy Gaines, Coaches**

**P.O. Box 351 • Auburn, AL 36831-0351**

**334-844-9746 • 334-844-0703 (Fax)**

**Email: [auswimcamps@gmail.com](mailto:auswimcamps@gmail.com)**

**[www.auburnswimcamps.com](http://www.auburnswimcamps.com)**

"HOME OF CHAMPIONS"—Head Coach of Auburn University's Swimming and Diving Teams, Two-time Olympian, Bahamas national team coach for the 2012 London Olympic Games, Coach of former Auburn swimmer and 2008 Beijing Olympic Gold-Medalist, Cesar Cielo, 2009 World Championships Asst. Coach (Brazil) and 2008 Olympic Coach (Brazil), and 2009 SEC and NCAA Co-Head Coach of the Year, Brett Hawke, will be joined by a staff of highly qualified, accomplished and enthusiastic coaches, counselors and collegiate swimmers to present the 2014 Auburn Swim Camps. Brett Hawke's coaching staff will combine the best of the Auburn Camp Tradition while incorporating the techniques used to create champions across the globe. This camp will feature technique instruction which will provide swimmers with the tools for success that can be applied to their training and development throughout their careers. Auburn men and women have won a combined 13 NCAA Championship titles and a combined 23 SEC Championships! Spend a week at the "Home of Champions" and learn how to be the best that you can be. All swimmers ages 9 - 18 are welcome. Enrollment is limited and session do sell out, so don't delay. Register TODAY! (*See display ad on page 39*)

5-Day Auburn Swim Camps: June 1-5 (Session I)  
June 8-12 (Session II)  
June 15-19 (Session III)  
June 22-26 (Session IV)

Dave Denniston & Friends

Ultimate Breaststroke Day Camp

(Limited to 60 participants): May 10-11

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**THE BOLLES SCHOOL SWIM CAMPS**

**Sergio Lopez, Coach**  
**7400 San Jose Blvd. • Jacksonville, FL 32217**  
**904-256-5216 • 904-733-0176 (Fax)**  
**Email: [lopezs@bolles.org](mailto:lopezs@bolles.org)**  
**[www.Bolles.org](http://www.Bolles.org)**

Under the direction of Sergio Lopez, head coach of the Bolles School swimming program, The Bolles School Swim Camps are developmental camps designed to provide quality instruction and training to swimmers of all abilities. All training and instruction will take place on The Bolles School's San Jose Campus, located on the St. Johns River. Campers will reside in the Bolles School's air conditioned dormitory rooms with 24-hour supervision and meals provided three times a day. One week camps for swimmers nine and older, all ability levels. The typical daily schedule will include 50-meter and 25-yard training, stroke technique and classroom lecture sessions, video taping and analysis, starts and turns, and a fun daytime activity. One week camps limited to 25 swimmers per week. The elite camp is designed for experienced swimmers 13 years or older. Elite campers will train and compete with members of the Bolles Sharks swimming program including national high school champions, Florida high school state champions, high school All-Americans and Olympians.

One Week Camps: June 8-13; June 15-20  
 Elite Camps (Up to 7 Weeks): June 8–July 26

**CAMP CHIKOPI FOR BOYS**  
**THE WORLD'S FIRST SWIM CAMP (1920)**

**Bob & Colette Duenkel, Camp Directors**  
**373 Chikopi Road • Magnetawan, ON Canada P0A 1P0**  
**705-387-3811 • Off Season: 954-566-8235**  
**Fax–705-387-4747 • Off Season: 954-566-3951**  
**Email: [campchikopi@aol.com](mailto:campchikopi@aol.com)**  
**[www.campchikopi.com](http://www.campchikopi.com)**

Under the direction of Bob Duenkel, Director of the International Swimming Hall of Fame and former US Open Water Swim Coach, the ideals and traditions of Matt Mann, US Olympic Swim Coach, continue at Camp Chikopi, after all, we have the distinction of being the "World's First Swim Camp" to uphold. Founded in 1920, Chikopi continues to offer boys daily specialized swimming and an excellent mixture of traditional sports in a healthy outdoor environment. 2012 US Olympic Gold and Silver Medalist, Nick Thoman, and Canadian, Andrew Ford are our most recent triumphs. All quality swim instruction takes place in Ahmic Lake. We have a pool built into the lake and offer daily training opportunities in open water swimming. Our highly trained staff of counselors and instructors provides the crucial

3:1 ratio that ensures individual attention for every boy. The majority of our staff has developed through our camper ranks to counselor and staff, and were chosen for their skills and personality to guide and encourage. Chikopi is a small camp and we can accommodate 75 campers, aged 7-17. In 2013 we represented over 18 nations including USA and Canada. There is a choice of 8 sessions to select from, 2,3,4 or 7 weeks long. Transport is available from Toronto. Sessions 6,7 and 8 enjoy the adventure of a canoe trip in our trademark green and white cedar strip canoes, on a cruise through Algonquin Provincial Park and other lakes and rivers. Being a swimmer does not restrict you from participating in our other camp activities including Soccer, Tennis, Volleyball, Softball, Cricket, Archery, Lacrosse, Wrestling, Mountain Biking, Kayaking and Sailing. We have weekly get togethers with our sister camp. Chikopi is Accredited by the Ontario Camping Association. Early Bird Registration discount available.

7 Week: June 25–Aug. 13  
 4 Week: June 25–July 23; July 16–Aug. 13  
 3 Week: June 25–July 16; July 23–Aug. 13  
 2 Week: June 25–July 9; July 16–July 30; Aug. 16-30

**CAROLINA SWIM CAMP**

**Rich DeSelm, Head Coach**  
**University of North Carolina • Chapel Hill, NC**  
**919-619-3899 • 919-962-1603 (Fax)**  
**Email: [cgarth@uncaa.unc.edu](mailto:cgarth@uncaa.unc.edu)**  
**[www.carolinaswimcamp.com](http://www.carolinaswimcamp.com)**

Come get faster at USA Swimming National Team Coach, Rich DeSelm's CAROLINA SWIM CAMP! We offer three weeks of camp with outstanding coaching. Technique Camps are geared for the club swimmer, ages 8 – 18, to improve technique with every stroke and develop practice and performance skills. These camps offer: Specific technique / stroke instruction; Filming and evaluation; Daily stroke talks from Head Coach, Rich DeSelm and UNC Staff; Daily interaction with current USA Swimming National Team Member & UNC team members. Elite Training Camp is a training style camp where athletes train specifically in a distance, mid-distance or sprint group. Elite Camp is open to advanced club swimmers ages 12 – 18. This camp offers: Training in all energy systems; Recovery/strength building dryland; Race strategy; Specific instruction from Head Coach Rich DeSelm, UNC staff and current USA Swimming National Team members; Stroke filming. Sign up now at [www.carolinaswimcamp.com](http://www.carolinaswimcamp.com) or contact Christy Garth, Men and Women's Assistant Swim Coach with questions at telephone and email above.

Technique Camps: June 8-12; 22-26  
 Elite Training Camp: June 15-19

**FUSION SWIM CAMPS**

**1700 Post Road, D-5 • Fairfield, CT 06824**  
**800-944-7112 • Email: [support@FusionSwimCamps.com](mailto:support@FusionSwimCamps.com)**  
**[FusionSwimCamps.com](http://FusionSwimCamps.com)**

FAST-PACED. EXPLOSIVE. THRILLING. Fusion Camps offer young swimmers a terrific opportunity to improve their technical and competitive skills, make friends and have fun! Campers will improve individual stroke times, learn start and turn techniques, strength train and participate in timed trials daily. The Fusion Swim staff is comprised of talented and energetic NCAA Coaches and Swimmers dedicated to the individual development of each camper. The Fusion Swim Camps are designed to give young athletes the opportunity to work hard and improve in a fun, positive atmosphere! Boys and Girls Ages 10-18.

June 22-26: Gregg Parini Swim Academy @  
 Denison University (OH)  
 June 22-25: Brian Schrader Swim Camp @  
 Denver University (CO)

**HARTWICK COLLEGE COMPETITIVE**  
**SWIMMING AND DIVING CAMPS**

**Dale Rothenberger, Director**  
**Hartwick College**  
**Oneonta, NY 13820**  
**607-431-4714**  
**607-431-4018 (Fax)**  
**Email: [rothenberged@hartwick.edu](mailto:rothenberged@hartwick.edu)**  
**[www.hartwickhawks.com](http://www.hartwickhawks.com)**

Celebrating Its 35th Year—An extensive program for ages 8-18 (coeducational...resident and commuter campers) emphasizing improvement in the fundamental skills of competitive swimmers and divers. Morning, afternoon and evening sessions will balance time spending with water and dryland training. Above and underwater filming and analysis. Lectures on nutrition, mental preparation, strength training, etc. Sprint/distance camp emphasizes condition and proper training of the major energy systems. Diving camp concentrates on technical improvement on 1- and 3 – meter springboard diving. Stroke camp enables competitive swimmers to develop skills and techniques in starts, turns, IM and competitive strokes. Special two and three-week sessions are available. Director, Dale Rothenberger, Hartwick swimming and diving coach, will be joined by a staff of highly experienced coaches, counselors and guest clinicians (1:6 staff/camper ratio). Enrollment limit guarantees individual attention and frequent feedback. Email or call for a brochure/application. Please contact Dale Rothenberger for fee informa-

tion for both residential and commuter campers... multiple-week discounts available.

Stroke Technique: July 6-12; 20-26  
Stroke Technique/Sprint Distance: July 13-19  
Springboard Diving Camp: July 27–Aug. 1

### LONGHORNS SWIM CAMP

**Jon Alter, Director**  
**The University of Texas**  
**P.O. Box 7399 • Austin, TX 78713-7399**  
**512-475-8652 • 512-232-1273 (Fax)**  
**Email: [longhornswimcamp@athletics.utexas.edu](mailto:longhornswimcamp@athletics.utexas.edu)**  
**[www.Longhornswimcamp.com](http://www.Longhornswimcamp.com)**

37 years of excellence! Headed by 2012 Olympic and Texas head men's coach Eddie Reese, 2013 World University Games and women's head coach Carol Capitani, and assistant coaches Kris Kubik and Roric Fink, the Longhorns Swim Camp is one of the most exciting camps in the country! Guest coaches and speakers include Olympians Brendan Hansen, Ian Crocker, Josh Davis, Kathleen Hersey, Colleen Lanne-Cox, Garrett Weber-Gale and Whitney Hedgepeth. Open to male and female competitive swimmers, ages 8 – 18. Camp is held at Jamail Texas Swimming Center on the UT at Austin campus, home to 19 NCAA team champions. Facility includes a 50-meter by 25-yard pool, and 25-yard by 25-meter pool. 4 training groups based on age and ability, with a 1:7 coach/swimmer ratio in stroke technique sessions. Daily training includes challenging long-course sessions Monday-Friday mornings; technique sessions Monday-Thursday afternoons and evenings, with start/turn work included. Classroom sessions on technique and race strategies. Underwater video of each camper analyzed by a coach. Daily social activities and field trips offered. Multiple-week stays include planned weekend activities with supervision. Experienced, mature adult staff provide 24-hour supervision. Cost: Overnight Camp \$935; Day Camp \$835. Sessions fill quickly! Complete camp information and online registration available on website. Per NCAA rules, sport camps and clinics conducted by The University of Texas are open to any and all entrants (limited only by number, age, grade level, and/or gender). NCAA guidelines prohibit payment of camp expenses by a representative of The University of Texas' athletics interest. NCAA rules also prohibit free or reduced camp admission for prospects 9th grade and above.

Session 1: June 1-6  
Session 2: June 8-13  
Session 3: June 15-20  
Session 4: June 22-27  
Session 5: June 29–July 4

### MICHIGAN SWIM CAMP

**Jim Richardson, Director**  
**8160 Valley View Dr. • Ypsilanti, MI 48197**  
**734-845-8596 • (Fax) 734-484-1222 / 734-763-6543**  
**Email: [umswim1@gmail.com](mailto:umswim1@gmail.com)**  
**[www.michiganswimcamp.com](http://www.michiganswimcamp.com)**  
**[www.mgoblue.com](http://www.mgoblue.com)**

Four sessions open to any and all entrants, limited to 195 campers per session in Canham Natatorium at the University of Michigan. A staff of 50 and three instructional sessions per day ensure the individual attention necessary for significant improvement. Coaches Mike Bottom, Dr. Josh White, Rick Bishop, Danielle Tansel, Mark Hill, Kurt Kirner, Roger Karnes and Brad Shively are directly involved in coaching and teaching campers. Campers HD filmed daily and receive a written stroke analysis. Optional custom 4 view (2 underwater) DVD available for a fee. Choose the Intensive Training Tract or the Technique Development Tract. World class staff provides leadership and mentoring that encourage each swimmer to strive for excellence in and out of the pool. Cost includes instruction, swim cap, T-shirt, color photo, instructional printed materials, "goody bag" and room and board (resident campers only). (See display ad on page 40)

June 8-12; June 22-26; June 29–July 3; August 3-7

### NAVY SWIMMING CAMPS

**Bill Roberts, Camp Director**  
**566 Brownson Road**  
**Annapolis, MD 21402**  
**410-293-5834 / 410-293-3012**  
**(Fax) 410-293-3811**  
**Email: [navyswimmingcamp@usna.edu](mailto:navyswimmingcamp@usna.edu)**  
**[www.navyswimmingcamp.com](http://www.navyswimmingcamp.com)**  
**[www.navysports.com](http://www.navysports.com)**

Expect direct results being part of the 2014 Navy Swimming Camp this summer! Our principal goal is to provide you the very best in individual instruction, evaluation, camper experience and safety/supervision. The purpose of our camp is to offer you a unique environment to learn and develop your competitive strokes including all related starts, turns and finishes. Navy Swimming Camp is a stroke-intensive camp. You will receive individual attention. Additional pool sessions are offered to all needing to maintain conditioning while at camp. Video analysis, dry land activities designed to improve individual fitness levels, performance, training, goal-setting, leadership presentations and Severn River boat cruise are all part of the schedule for 2014. Campers learn, train and reside in an amazing environment on the grounds of the United States Naval

Academy. The Navy camp is led by an experienced camp staff while providing the very best in 24 hour supervision. See website for greater detail including brochure, application, daily schedule and frequently asked questions. Cost: \$580 / commuter (ages 8-18); \$630 / extended day (ages 8 – 18); \$680 / resident (ages 9 – 18). All campers receive a NAVY swimming shirt. Go Navy! (See display ad on page 40)

June 10-14: Session I  
June 16-20: Session II  
June 14, 15 & 16: (See website for clinic offerings)

### NORTH BALTIMORE SWIM CAMP

**John Cadigan, Coach**  
**5700 Cottonworth Ave.**  
**Baltimore, MD 21209**  
**410-433-8300 • 410-433-0953 (Fax)**  
**Email: [jcadigan@nbac.net](mailto:jcadigan@nbac.net)**  
**[www.nbac.net](http://www.nbac.net)**

North Baltimore Aquatic Club Summer Swim Camps rely on small numbers, quality coaching, interacting with Olympic and International level swimmers, along with mental and physical training to teach the "NBAC Way". Includes day and overnight options. We are offering a Spring Break Camp for ages 9–14 from April 14-18 with maximum enrollment of 32. This Summer, we will conduct 3 weeks of *Goals, Growth & Greatness* Camp for ages 9 – 13 with day and overnight campers with a maximum enrollment of 48. This camp includes talks on Goal Setting, Injury Prevention and Management, and Healthy Choices for Swimmers (Nutrition). Each day includes underwater analysis of strokes and instruction in all four competitive strokes, starts and turns. Two water sessions are included per day plus dryland, with an emphasis in this camp on teaching about training. We also offer one week of *Reach, Risk and Race*, this Camp seeks athletes for a fast paced, high level training experience with NBAC's coaching staff and nearby collegiate coaches. In addition to on-deck instruction, these coaches will speak directly to campers about collegiate swimming. Swim twice a day for four days and do dryland. Maximum enrollment is 32. There is underwater analysis and instruction, but the emphasis is on training. Costs: Spring Break and Goals, Growth & Greatness: Day Camp \$775, Overnight \$950; Reach, Risk and Race: Day Camp \$650, Overnight \$800. Sign-up ONLINE today! (See display ad on page 41)

Spring Break Camp (Ages 9-14): April 14-18  
Goals, Growth & Greatness (Ages 9-13): June 17–21 (Week 1); June 24–28 (Week 2); July 6–10 (Week 3)  
Reach, Risk & Race (Ages 14-18): June 30–July 3

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### NORTHWESTERN UNIVERSITY WILDCAT SWIM CAMP

2311 Campus Dr. • Evanston, IL 60208

847-491-4829 • 847-467-2396

Email: [amiller@northwestern.edu](mailto:amiller@northwestern.edu)

[www.nuswimcamps.com](http://www.nuswimcamps.com) • [www.nusports.com](http://www.nusports.com)

**ELITE TRAINING\*TECHNIQUE\*BEACH\*VIDEO ANALYSIS**—You don't want to miss this wonderful camp experience at NU! We provide a unique mix of swimming (training and technique) in a Top Tier Aquatic Center within our beachfront facility. Each practice is conducted by the entire NU coaching staff and several of our elite swimmers. We plan daily drills to work on strokes, starts and turns. Along with the hard work, we plan daily activities away from the pool that make this a truly enjoyable experience. Our goal is to provide each swimmer with new insights into our fabulous sport of swimming that help them to improve and enjoy their swimming experience. Contact us now! Don't delay because camps fill up annually.

Commuter Camp: June 15-19

Commuter/Resident Camp: June 29–July 3

### OHIO STATE SWIMMING CAMPS

**Bill Wadley, Camp Director**  
**McCorkle Aquatic Pavilion**

1847 Neil Ave. • Columbus, OH 43210

614-292-1542 • 614-688-5736 (Fax)

Email: [Wadley.1@osu.edu](mailto:Wadley.1@osu.edu)

[www.ohiostatebuckeyes.com](http://www.ohiostatebuckeyes.com)

Coaches Bill Wadley & Bill Dorenkott will lead the Ohio State camps with the assistance of Dave Rollins and Liz Hinkleman. The Ohio State staff will conduct the camp in a healthy, wholesome environment that will provide a positive experience for all campers. The camp is designed to focus on the technical aspects of starts, turns, and stroke technique in a fun and enjoyable environment that will prove beneficial for each camper. It is our plan to share the most up to date drills in a manner that is memorable for the athlete. Many of our campers have gone on to win State titles and even become National record holders and USA Olympians. Coaches Dorenkott and Wadley have both served on numerous USA National team staffs and each of them have produced Olympians and National record holders. The camp will take place in America's finest Aquatic center that hosted the NCAA's and Big Ten Championship in 2010.

Evenings, Technique & Training: May 19-22; 27-30

Commuter Technique & Training: June 9-12

Commuter, Overnight

Technique & Training: June 15-19; 22-26

### PINE CREST SWIM CAMP

**Mariusz Podkoscielny, Camp Director**

1501 N.E. 62<sup>nd</sup> St. • Ft. Lauderdale, FL 33334-5116

954-492-4173 • Email: [swimming@pinecrest.edu](mailto:swimming@pinecrest.edu)

[www.pinecrestswimcamp.com](http://www.pinecrestswimcamp.com)

[www.pinecrestswimming.com](http://www.pinecrestswimming.com)

Come to the same location Olympic Coaches and swimmers visit year after year for their personal training camp. The cost for our overnight campers is \$825 per week, which includes two workouts a day, three meals per day, daily activities, classroom sessions and 24-hour supervision. The cost for our daily campers is \$595 per week. The Camp Registration forms are available on the website and registration online is also available. Last year, we had swimmers from over 30 countries attend. Come to Pine Crest Swim Camp and join our International Atmosphere, athletes and coaches. Pine Crest Swim Camp: "The Camp that makes a difference." (See display ad on page 34)

Overnight Camp: June 15-21; 22-28; 29–July 5; July 6-12; 13-19; 20-26; 21-27; 27–Aug. 1

Competitive

Day Camp: June 16-20; 23-27; 30–July 4; July 7-11; 14-18; 21-25; 28–Aug. 1

### TENNESSEE SWIM CAMPS

**Matt Kredich, Coach**

**Annabel Henley, Assoc. Director**

2200 Andy Holt Ave. • Knoxville, TN 37996

865-974-1258 • 865-974-1287 (Fax)

Email: [Ahenley1@utk.edu](mailto:Ahenley1@utk.edu)

<https://tennesseesportcamps.com/swimming/>

This is the most innovative, motivating and educational camp in America: Learn from and receive autographs from the best Olympic Swimmers in America, including Ryan Lochte! New Premiere option features – Rotty Tow Machine, Ikkos neuroplasticity learning, and the University of Tennessee Speed Circuit that helped UT win 3 of the 5 relays at the 2013 NCAA's! The University of Tennessee Swim Camp is recognized as one of the most innovative and educational camps in the country. Our goal is to provide an atmosphere where campers are excited to learn about all areas of competitive swimming. The Residential Camp provides the perfect opportunity for intermediate to advanced swimmers to learn the most advanced strategies in competitive swimming in a fun and supportive atmosphere. Open to boys and girls ages 8 – 19. Indoor and outdoor state-of-the-art swimming facilities. Limited enrollment (9:1 swimmer/coach ratio). So that coaches get to know each of the swimmer's needs. Sessions in mental training, nutrition, dryland and special topics. Videotaping of every swimmer with

subsequent analysis by Tennessee coaches is available. Each week will also include two Q and A sessions with our resident Olympian as well as an autograph session. Residential, Commuter, Elite and an exciting, new Premiere option is available for each session. (See display ad on page 41)

May 31–June 4: Session I; Ryan Lochte

June 8-12: Session II; Peter Vanderkaay

June 15-19: Session III; Davis Tarwater & Claire Donahue

June 22-26: Session IV; Amanda Beard

June 29–July 3: Session V; Scott Weltz

### TOTAL PERFORMANCE SWIM CAMPS

**Jim Steen, Coach**

108 Stevens St. • Mt. Vernon, OH 43050

740-398-6403 • Email: [amisarti@tpscamps.com](mailto:amisarti@tpscamps.com)

[www.tpscamps.com](http://www.tpscamps.com)

Legendary head coach and founder of Total Performance Swim Camps, Jim Steen, guided his Kenyon swimmers to an amazing 54 NCAA titles in 37 years while coaching numerous NCAA Champions, hundreds of All-Americans, and several Olympians. Since 1980, his formula for success and innovative ideas have been incorporated into a camp program that has seen over 10,000 participants from over 40 states and even 5 countries! Located on the beautiful college campuses of Kenyon College and Calvin College, TPSC's talented coaching staff includes Coach Steen, Jessen Book (Kenyon College) and Dan Gelderloos (Calvin College) as well as numerous other headlining coaches such as Mike Bottom (U of Michigan), Steve Crocker (former 50fs World Record Holder) and Arthur Albiero (U of Louisville). Come and experience the TPSC difference! For more information please visit us online or via email or by phone. Cost: \$595 for Competitive Stroke Camps; \$650 for Elite Camps; \$650 for Academic Camps for Swimmers; \$695 for Elite Distance Camp.

Kenyon College (OH):

June 8-12: Competitive Stroke Week 1

June 15-19: Competitive Stroke Week 2

June 22-26: Competitive Stroke Week 3

June 7-12: Elite Distance

June 8-12: Elite Breaststroke

June 15-19: Elite Sprint

June 22-26: Elite IM

Academic Camps for Swimmers (Kenyon College):

June 8-12: Literature

June 15-19: Art

June 22-26: Biology, Chemistry, Economics, Math

Calvin College (MI):

June 22-26: Competitive Stroke



## VILLANOVA DISTANCE TRAINING AND FOUR STROKE CAMP

**Rick Simpson, Head Coach**  
800 Lancaster Ave.  
Villanova, PA 19085  
610-519-7212  
610-519-7442 (Fax)  
Email: [Rick.simpson@villanova.edu](mailto:Rick.simpson@villanova.edu)  
[www.wildcatswimcamp.com](http://www.wildcatswimcamp.com)

Villanova Swimming prides itself on its long history of excellence in the distance events. Villanova athletes have experienced great success in the distance events including several back to back conference champions, record holders, NCAA qualifiers and Olympians from several nations. Now you can spend a week in the Villanova "D-Group"! 2 in-pool training sessions daily. Each Session will be directed by Coach Simpson personally. \* Dryland program \* Lunch break – provided in the Villanova Dining Hall \* Guest lectures and technical meetings covering race strategies and pacing, nutrition, health management in a high volume program, stroke technique, etc. \* Overnight and day camp available. The FOUR STROKE TECHNIQUE CAMPS – Each week, the Villanova coaching staff will focus on all aspects of competitive swimming. The camper will

be exposed to a variety of topics such as stroke technique, training methods, strength training, nutrition, and sports psychology. The Four Stroke camps are day camps only.

Distance Training  
(Overnight & Day): June 23-27  
Four Stroke  
(Day Only): June 30–July 4  
July 7-11

## TOM JOHNSON'S WYOMING SWIM CAMP

**O Thomas Johnson; Head Coach & Director**  
Dept 3414  
1000 E. University Ave.  
Laramie, WY 82071-3414  
307-766-6265  
Email: [tomj@uwyo.edu](mailto:tomj@uwyo.edu)  
[www.wyomingathletics.com](http://www.wyomingathletics.com)

Wyoming Head Swimming Coach Tom Johnson hosts the 15th Wyoming Swim Camp this summer. Wyoming Swim Camp is a premier summer swimming experience and is proud to offer its winning tradition to competitive swimmers. Coaches Johnson, Matt Leach and Manny Noguchi and

the staff stress the importance of swimming with outstanding stroke technique in a positive training environment. The swim camps are held at the beautiful campus of University of Wyoming located 135 miles north of Denver, CO and is convenient to Denver International Airport as well as the Cheyenne and Laramie, WY Airports. The University of Wyoming offers an outstanding summer experience at 7220 feet, with the opportunity of altitude training at the highest Division I school in the United States. Wyoming Swim Camp is open to all, ages nine and older. Staff ratios generally range 1:8 coach to swimmer ratio. It is also one of the few camps that offer video analysis at NO additional charge. It is recommended that participants are competitive swimmers. Coaches who are interested in accompanying their team should contact Tom Johnson directly by phone or email. To provide the very best camp experience, each camp is limited to the first 60 swimmers for each week. Online registration at the University of Wyoming's Swimming and Diving Team page.

June 1-6: Camp 1 & Intensive Camp1  
June 6-8: Start and Turn 1  
June 13-15: Start and Turn 2  
June 15-20: Camp 2 & Intensive Camp 2  
June 27-29: Start and Turn 3 ♦

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*Rising Tide Swim Camp*



**LEARN TO SWIM LIKE A CHAMPION!**

**WITH HALL OF FAME AND OLYMPIC COACHES DENNIS PURSLEY AND JONTY SKINNER**

JUNE 1<sup>ST</sup> - 6<sup>TH</sup> • JUNE 8<sup>TH</sup> - 13<sup>TH</sup>  
JUNE 15<sup>TH</sup> - 20<sup>TH</sup> • JUNE 22<sup>ND</sup> - 27<sup>TH</sup>

REGISTER NOW AT [ALABAMASWIMCAMP.COM](http://ALABAMASWIMCAMP.COM)

## WORLD CLASS TRAINING AUBURN STYLE 2014 AUBURN SWIM CAMPS

ONLINE REGISTRATION WILL BEGIN ON



NOV. 1<sup>ST</sup>, FOR THE FOLLOWING DATES:



Come Train at The James E. Martin Aquatics Center  
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86 Individual NCAA Champions    343 Individual SEC Champions  
2,243 All-American Honors    49 Olympians Representing 22 Different Countries  
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FOR MORE INFORMATION, CHECK OUT



**SESSION I, June 1-5**  
**SESSION II, June 8-12**  
**SESSION III, June 15-19**  
**SESSION IV, June 22-26**

**BREASTSTROKE CAMP**  
**May 10-11, 2014**



**BRETT HAWKE**  
Two-Time Olympian



**JOHN HARGIS**  
Olympic Gold Medalist



**ROWDY GAINES**  
3-Time Olympic Gold Medalist



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# LONGHORNS

## LONGHORNS SWIM CAMP

Five one-week sessions from  
**JUNE 1-JULY 4**

For detailed information, contact

**JON ALTER**

Longhorns Swim Camp Director

**512 475 8652**

[www.longhornswimcamp.com](http://www.longhornswimcamp.com)

**EMAIL**

[longhornswimcamp@athletics.utexas.edu](mailto:longhornswimcamp@athletics.utexas.edu)

Per NCAA rules, sport camps and clinics conducted by The University of Texas are open to all entrants. Enrollment is limited only by age, grade level, gender, and capacity restrictions as specified by each camp.



**MIKE BOTTOM**

Michigan Men's Coach  
US Olympian and Olympic Coach

**DR. JOSH WHITE**

Michigan Associate Head Coach  
NCAA All American and National Champion

**MARK HILL**

Michigan Assistant Coach  
3-time All ACC Swimmer



**JIM RICHARDSON**

Camp Manager  
2 time NCAA Coach of the Year

**RICK BISHOP**

Michigan Associate Head Coach  
USA Swimming National Team Staff Manager

**DANIELLE TANSEL**

Michigan Assistant Coach  
NCAA Academic All American

## 2013 MICHIGAN SWIM CAMP

**REGISTER EARLY!**

**RESIDENT: \$710/WK**

**DAY CAMPER: \$580/WK**

*Camps are open to any and all entrants, limited only by specified number of participants.*



**Brad Shively**

Washington University Head Coach

**Kurt Kirner**

Hillsdale College Head Coach

**Roger Karns**

Lewis University Head Coach

Michigan Swim Camp  
8160 Valley View Drive • Ypsilanti, MI 48197  
PH: 734-843-8596

FAX: 734-763-6543 / 734-484-1222

To register online go to: [www.michiganswimcamp.com](http://www.michiganswimcamp.com)

E-mail: [umswim1@gmail.com](mailto:umswim1@gmail.com)

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- 3 Instructional Sessions Per Day
- Daily Individual HD Filming & Analysis
- True Colors and Mindset Training
- Olympians and NCAA All Americans
- End of Camp Swim Meet (New!)

### 2013 Camp Dates

- June 9-13
- June 16-20
- June 23-27
- August 4-8





# NAVY

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Since 1998

### 2014 Swimming Camps

<b>June 10-14</b> <b>June 16-20</b>	<b>\$680 Overnight</b> <b>\$630 Extended Day</b> <b>\$580 Commuter</b>	<b>Camp open to boys and girls ages 8-18.</b> <b>Navy Swim Clinics</b> <b>June 14, 15 &amp; 16</b>	<b>Navy Swimming Camps</b> <b>566 Brownson Road</b> <b>Annapolis, MD 21402</b> <b>navyswimmingcamp@usna.edu</b> <b>(410) 293-5834 or 3012</b>
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[www.NavySwimmingCamp.com](http://www.NavySwimmingCamp.com) [www.NavySports.com](http://www.NavySports.com)



## SPRING BREAK SWIM CAMP

Limited enrollment of 32  
Day and Overnight camp available.  
**April 14-18, 2014**



## SUMMER CAMPS 2014

**For 9-13 year olds - Goals Growth and Greatness**  
Limited enrollment of 48  
Day and Overnight camp available.  
**June 17-21**  
**June 24-28**  
**July 6-10**



**For 14-18 year olds - Reach Risk and Race**  
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Day and Overnight camp available  
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**Low swimmer to coach ratio**  
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# T 2014 TENNESSEE SWIM CAMP T



## Head Coach Matt Kredich

2013 CSCAA National Collegiate and  
Scholastic Swimming Trophy Recipient

2013 SwimSwam.com Coach of the Year

2 Time SEC Coach of the Year

Coach of former American Record  
Holder Christine Magnusson

## FEATURING

Camp 1—May 31-June 4  
Camp 2—June 8-June 12  
Camp 3—June 15-June 19  
Camp 4—June 19-June 22  
Camp 5—July 21-July 24

Ryan Lochte  
Amanda Beard & Peter Vanderkaay  
Davis Tarwater & Claire Donahue  
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EXPERIENCE THE EXCELLENCE  
LIVE THE PASSION



## Elite Camp

June 8 – July 26

For swimmers 13 years and older

Stay from one to seven weeks

Train in the system that has made  
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June 8–13 & June 15–20

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For information contact Coach Jon Sakovich at  
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