

2013 Virginia State AAA Swim & Dive Meet
February 15-16, 2013 George Mason University
Results

Event 1 Boys 200 Yard Medley Relay**State Record: 1:33.78 ! 2/18/2012****Frank W. Cox High School**
N Dacruz, A Temple, C Black, W Francis**F. Cox****AAC: 1:36.56 %****AAA: 1:34.85 &****National Rec: 1:28.02 \$ 2012****Jacksonville Bolles****Jacksonville, FL**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Thomas Jefferson		1:35.26	1:33.80 &
1) Thorsell, Luke 10	2) Frerichs, Reese 12	3) Seliskar, Andrew 10	4) Oakley, Miles 11
24.66	51.45 (26.79)	1:12.80 (21.35)	1:33.80 (21.00)
2 Frank W Cox High School		1:35.29	1:34.73 &
1) DaCruz, Nate 11	2) Temple, Austin 11	3) Reddcliffe, Jack 10	4) Frayne, Ryan 12
24.48	49.43 (24.95)	1:12.78 (23.35)	1:34.73 (21.95)
3 Oakton High School		1:36.61	1:35.61 %
1) Shebat, John 10	2) Pettinichi, Michael 10	3) Hu, Philip 12	4) Ambrose, Michael 10
23.65	51.06 (27.41)	1:13.59 (22.53)	1:35.61 (22.02)
4 James Madison High School		1:37.22	1:36.42 %
1) Smith, Grayson 11	2) Wang, Howe 12	3) Owens, Evan 12	4) Mittel, Danny 12
24.29	51.73 (27.44)	1:14.52 (22.79)	1:36.42 (21.90)
5 Woodson High School		1:37.82	1:37.80
1) Chung, James 11	2) Penzler, Reid 11	3) Kane, Jesse 12	4) Hansen, Cory 12
25.49	52.37 (26.88)	1:15.45 (23.08)	1:37.80 (22.35)
6 Robinson Secondary School		1:38.38	1:38.49
1) Henry, Austin 9	2) Shim, Johann 12	3) Betzold, Paul 12	4) Jones, Luke 9
25.35	51.51 (26.16)	1:16.52 (25.01)	1:38.49 (21.97)
7 Princess Anne High School		1:39.03	1:38.63
1) Bovee, Jordan 10	2) Fuhs, Carl 12	3) Arris, Daniel 9	4) Moure, Pehuen 11
25.42	52.36 (26.94)	1:16.17 (23.81)	1:38.63 (22.46)
8 Chantilly Chargers		1:39.00	1:38.79
1) Grimmitt-Norris, Christopher 12	2) Stewart, David 12	3) Baker, Evan 11	4) Strait, Alex 10
25.23	53.10 (27.87)	1:16.05 (22.95)	1:38.79 (22.74)
B - Final			
9 West Springfield HS		1:39.33	1:38.66
1) Dickens, Jake 11	2) Bryan, William 12	3) Anderson, Jacob 12	4) MacKinnon, Connor 10
25.65	53.34 (27.69)	1:16.62 (23.28)	1:38.66 (22.04)
10 Fairfax High School		1:39.67	1:39.28
1) Kim, John 12	2) Martinez, Matt 11	3) Springer, Troy 11	4) Robertson, Paul 12
25.06	53.49 (28.43)	1:16.86 (23.37)	1:39.28 (22.42)
11 Patrick Henry Roanoke HS		1:39.87	1:39.52
1) Gomez, Jonathan 12	2) Ammen, Noah 11	3) Gomez, Maicoll 10	4) Pest, Niemann 11
24.51	53.29 (28.78)	1:17.37 (24.08)	1:39.52 (22.15)
12 Maggie Walker Govr's School		1:39.53	1:39.80
1) Drummond, Andrew 11	2) Hou, Clark 12	3) Lynch, Matt 11	4) Ziegler, Logan 11
25.71	53.71 (28.00)	1:17.09 (23.38)	1:39.80 (22.71)
13 Albemarle High School		1:40.10	1:39.84
1) Harper, Hogan 9	2) Telford, Sean 12	3) Lockman, Matt 12	4) Hensien, Collin 12
26.62	54.73 (28.11)	1:17.46 (22.73)	1:39.84 (22.38)
14 Atlee High School		1:39.96	1:40.37
1) Burnley, Jesse 12	2) Stockhausen, Jack 12	3) Grubb, Wyatt 11	4) Condon, Shane 12
24.92	53.66 (28.74)	1:18.06 (24.40)	1:40.37 (22.31)
15 Washington-Lee High School		1:40.44	1:41.06
1) Delancey, Jay 11	2) Rodriguez, Francisco 12	3) O'Doherty, Philip 11	4) Meade, Bryan 10
24.75	53.33 (28.58)	1:18.84 (25.51)	1:41.06 (22.22)

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B - Final ... (Event 1 Boys 200 Yard Medley Relay)

Team		Relay		Prelim Time	Finals Time
16	Lake Braddock Secondary School			1:40.58	1:41.56
	1) Margraf, Christopher 9	2) Hannam, Kyle 11	3) Lin, Jonathan 9	4) White, Nick 12	
	26.16	54.47 (28.31)	1:19.44 (24.97)	1:41.56 (22.12)	

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Event 2 Girls 200 Yard Medley Relay**State Record: 1:45.11 ! 2/16/2013****Oakton High School****Oakton****J Hu, M Shebat, J Capobianco, G Crews****AAC: 1:48.60 %****AAA: 1:46.54 &****National Rec: 1:40.73 \$ 2011****Concord Carondelet****Concord, CA.****M White, A Gargalikis, C Ray, C. Chenault**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Oakton High School		1:46.03	1:45.11 !
1) Hu, Janet 11	2) Shebat, Melissa 12	3) Capobianco, Julia 10	4) Crews, Gillian 12
24.75	55.91 (31.16) 1:21.14 (25.23)	1:45.11 (23.97)	
2 McLean High School		1:48.62	1:47.53 %
1) Boardman, Nowell 12	2) Ulrich, MJ 11	3) Pardo, Kat 11	4) Danchak, Alexis 12
26.44	56.03 (29.59) 1:22.61 (26.58)	1:47.53 (24.92)	
3 Woodson High School		1:49.49	1:48.07 %
1) Bui, Morgan 12	2) Basl, Hannah 12	3) Rogers, Leah 10	4) Ward, Rachel 10
27.31	59.16 (31.85) 1:24.10 (24.94)	1:48.07 (23.97)	
4 Chantilly Chargers		1:48.83	1:48.23 %
1) Coulson-Moore, Logan 11	2) Richer, Emma 12	3) Hensley, Lauren 10	4) Pereira, Sydney 12
26.97	56.68 (29.71) 1:23.60 (26.92)	1:48.23 (24.63)	
5 West Springfield HS		1:49.66	1:48.55 %
1) D'Amato, Emily 12	2) Swanepoel-Stevens, Christin 10	3) Yi, Lauren 12	4) Dryer, Robyn 10
27.54	58.59 (31.05) 1:24.40 (25.81)	1:48.55 (24.15)	
6 Frank W Cox High School		1:49.61	1:48.92
1) Degner, Katherine 9	2) Ostrowski, Claire 9	3) DaCruz, Georgia 9	4) Lyster, Stuart 12
28.37	58.08 (29.71) 1:23.90 (25.82)	1:48.92 (25.02)	
7 West Potomac High School		1:48.74	1:48.93
1) Bertram, Sara 11	2) Clifford, Maxine 10	3) Moffitt, Hellen 12	4) Bomberg, Melanie 10
27.96	59.86 (31.90) 1:24.13 (24.27)	1:48.93 (24.80)	
8 Osbourn Park High School		1:50.27	1:49.78
1) Gaskill, Kati 11	2) Tansill, Amy 11	3) Sargent, Lauren 11	4) Wiecki, Lindsay 9
28.09	56.91 (28.82) 1:24.43 (27.52)	1:49.78 (25.35)	
B - Final			
9 Yorktown High School		1:51.39	1:50.63
1) Robertson, Rachel 11	2) Didawick, Amanda 12	3) Young, Abigail 12	4) Belilos, Ellie 12
28.66	59.91 (31.25) 1:26.17 (26.26)	1:50.63 (24.46)	
10 Hickory High School		1:51.71	1:50.92
1) Loud, Shannon 12	2) Hynes, Susan 10	3) Egress, Emily 12	4) McLaugherty, Elizabeth 10
27.87	58.26 (30.39) 1:25.26 (27.00)	1:50.92 (25.66)	
11 Centreville High School		1:51.27	1:51.32
1) Anderson, Rachel 11	2) Ross, Logan 10	3) McCranie, Abby 12	4) Cuomo, Kylie 11
28.94	59.65 (30.71) 1:26.38 (26.73)	1:51.32 (24.94)	
12 James Madison High School		1:51.39	1:51.96
1) Sullivan, Laura 10	2) Queen, Ali 12	3) Kellan, Laura 12	4) Owens, Sidney 10
28.58	59.84 (31.26) 1:27.34 (27.50)	1:51.96 (24.62)	
13 Stafford Indians Swim Team		1:51.00	1:52.13
1) Howell, Maggie 10	2) Kleveno, Elizabeth 12	3) Lloyd, Alli 12	4) Showers, Rachel 10
28.51	59.56 (31.05) 1:26.48 (26.92)	1:52.13 (25.65)	
14 Atlee High School		1:51.85	1:52.32
1) Murphy, Molly 11	2) Murphy, Madalyn 12	3) Mackey, Michele 11	4) Beaudin, Emily 10
28.08	59.43 (31.35) 1:26.98 (27.55)	1:52.32 (25.34)	

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B - Final ... (Event 2 Girls 200 Yard Medley Relay)

Team		Relay		Prelim Time	Finals Time
15	Mountain View High School			1:51.87	1:52.33
	1) Sell, Katie 10	2) Johnson, Annalee	3) Johnson, Jessica	4) Stuart, Breanna 10	
	27.88	59.69 (31.81)	1:27.57 (27.88)	1:52.33 (24.76)	
16	Riverbend High School			1:51.78	1:52.44
	1) Reeves, Nicole	2) Brumbaum, Kayla 11	3) Cole, Holly 9	4) Muilenburg, Nicole 9	
	29.55	58.65 (29.10)	1:27.06 (28.41)	1:52.44 (25.38)	

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Event 3 Boys 200 Yard Freestyle

State Record: 1:39.16 ! 2/16/2013 Christopher Grimmnett-Norris Chantilly
AAC: 1:41.26 %
AAA: 1:39.61 &
National Rec: 1:33.83 \$ 2009 Tom Shields Huntington Beach

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Grimmnett-Norris, Christopher	12	Chantilly Chargers	1:41.81	1:39.16 !
	23.19	48.16 (24.97)	1:13.46 (25.30)	1:39.16 (25.70)	
2	Murphy, James	9	Robinson Secondary School	1:41.82	1:39.31 &
	22.64	47.64 (25.00)	1:13.48 (25.84)	1:39.31 (25.83)	
3	Rude, Evin	12	South County High School	1:42.46	1:40.66 %
	23.68	49.27 (25.59)	1:15.04 (25.77)	1:40.66 (25.62)	
4	Burton, Jerry	12	Hickory High School	1:41.56	1:41.85
	23.12	48.40 (25.28)	1:14.76 (26.36)	1:41.85 (27.09)	
5	Stronko, Sam	12	Osbourn Park High School	1:43.53	1:42.54
	23.88	50.02 (26.14)	1:16.40 (26.38)	1:42.54 (26.14)	
6	Denning, John	12	Great Bridge High School	1:42.47	1:44.08
	23.17	48.50 (25.33)	1:15.91 (27.41)	1:44.08 (28.17)	
7	Anderson, Tyler	12	Forest Park High School	1:44.31	1:45.13
	23.92	49.80 (25.88)	1:17.33 (27.53)	1:45.13 (27.80)	
8	Erickson, Steffen	10	Maggie Walker Govr's School	1:44.40	1:45.63
	24.58	51.03 (26.45)	1:18.13 (27.10)	1:45.63 (27.50)	
B - Final					
9	Murphy, Chris	9	McLean High School	1:45.10	1:43.04
	23.17	49.36 (26.19)	1:16.23 (26.87)	1:43.04 (26.81)	
10	Parker, Kenny	11	Osbourn Park High School	1:44.50	1:44.33
	24.03	50.15 (26.12)	1:17.11 (26.96)	1:44.33 (27.22)	
11	Pope, Donovan	11	Princess Anne High School	1:44.53	1:44.48
	23.85	50.38 (26.53)	1:17.61 (27.23)	1:44.48 (26.87)	
12	Fabian, Brandon	9	South County High School	1:46.01	1:44.86
	24.35	51.18 (26.83)	1:18.10 (26.92)	1:44.86 (26.76)	
13	Bovee, Jordan	10	Princess Anne High School	1:46.17	1:45.60
	24.36	51.03 (26.67)	1:18.28 (27.25)	1:45.60 (27.32)	
14	Kim, John	12	Fairfax High School	1:47.58	1:45.83
	25.17	52.01 (26.84)	1:19.31 (27.30)	1:45.83 (26.52)	
15	Moyar, Jacob	12	Maggie Walker Govr's School	1:46.32	1:45.85
	24.45	51.47 (27.02)	1:19.13 (27.66)	1:45.85 (26.72)	
16	Pastel, Aidan	9	West Springfield HS	1:46.06	1:46.17
	25.10	51.61 (26.51)	1:18.74 (27.13)	1:46.17 (27.43)	

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Event 4 Girls 200 Yard Freestyle

State Record: 1:46.32 ! 2/21/2009 Becca Jones Patriots

AAC: 1:51.57 %

AAA: 1:49.67 &

National Rec: 1:42.81 \$ 2008 Dagny Knutson Minot HS, ND

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Richey, Abigail	10	Colonial Heights High School	1:51.37	1:50.07 %
	25.89		53.86 (27.97) 1:22.04 (28.18)	1:50.07 (28.03)	
2	Byrnes, Megan	9	Oakton High School	1:52.81	1:50.24 %
	25.80		53.57 (27.77) 1:22.01 (28.44)	1:50.24 (28.23)	
3	Dryer, Robyn	10	West Springfield HS	1:52.31	1:51.77
	26.49		54.99 (28.50) 1:23.35 (28.36)	1:51.77 (28.42)	
4	Mack, Andi	10	Stone Bridge High School	1:52.79	1:52.95
	26.24		54.91 (28.67) 1:23.65 (28.74)	1:52.95 (29.30)	
5	Skelley, Emma	12	Osbourn Park High School	1:53.78	1:54.51
	27.00		55.78 (28.78) 1:25.12 (29.34)	1:54.51 (29.39)	
6	Coulson-Moore, Logan	11	Chantilly Chargers	1:53.98	1:54.74
	27.09		55.58 (28.49) 1:24.98 (29.40)	1:54.74 (29.76)	
7	DaCruz, Georgia	9	Frank W Cox High School	1:53.17	1:55.55
	27.17		56.38 (29.21) 1:25.85 (29.47)	1:55.55 (29.70)	
8	Kellan, Laura	12	James Madison High School	1:55.03	1:56.52
	26.61		55.77 (29.16) 1:26.13 (30.36)	1:56.52 (30.39)	
B - Final					
9	McCulla, Christine	10	McLean High School	1:56.97	1:55.17
	26.60		55.50 (28.90) 1:25.13 (29.63)	1:55.17 (30.04)	
10	Wilkerson, Brittany	10	Atlee High School	1:55.15	1:55.97
	27.15		56.35 (29.20) 1:26.33 (29.98)	1:55.97 (29.64)	
11	Kelly, Emily	11	Woodbridge Senior High School	1:55.76	1:56.16
	27.67		57.09 (29.42) 1:26.31 (29.22)	1:56.16 (29.85)	
12	Sullivan, Laura	10	James Madison High School	1:55.71	1:56.65
	27.24		56.43 (29.19) 1:26.78 (30.35)	1:56.65 (29.87)	
13	Garrity, Keara	9	Colonial Forge High School	1:57.65	1:56.73
	26.98		56.06 (29.08) 1:26.15 (30.09)	1:56.73 (30.58)	
14	Lawhorn, Kendall	11	Oakton High School	1:57.31	1:57.01
	27.64		57.21 (29.57) 1:27.20 (29.99)	1:57.01 (29.81)	
15	Stevens, Jillian	12	Osbourn Park High School	1:56.87	1:58.14
	27.43		57.32 (29.89) 1:27.93 (30.61)	1:58.14 (30.21)	
16	Morton, Corie	11	Albemarle High School	1:57.65	1:59.63
	27.11		57.27 (30.16) 1:28.34 (31.07)	1:59.63 (31.29)	

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Event 5 Boys 200 Yard IM

State Record: 1:46.09 ! 2/16/2013 Andrew Seliskar

T. Jefferson

AAC: 1:53.52 %

AAA: 1:51.57 &

National Rec: 1:41.39 \$ 2011 David Nolan

Hershey, PA

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Seliskar, Andrew	10	Thomas Jefferson	1:51.31	1:46.09 !
	22.64	49.11 (26.47)	1:19.89 (30.78)	1:46.09 (26.20)	
2	Wilson, Mark	11	Princess Anne High School	1:55.18	1:54.92
	24.86	53.96 (29.10)	1:27.78 (33.82)	1:54.92 (27.14)	
3	Russello, Ian	10	James Madison High School	1:56.49	1:55.49
	24.90	54.23 (29.33)	1:28.55 (34.32)	1:55.49 (26.94)	
4	Vittori, Davide	12	George C. Marshall High School	1:56.61	1:55.96
	25.16	53.92 (28.76)	1:28.06 (34.14)	1:55.96 (27.90)	
5	Thorsell, Luke	10	Thomas Jefferson	1:57.48	1:56.01
	25.11	53.61 (28.50)	1:28.83 (35.22)	1:56.01 (27.18)	
6	Nguyen, Denny	11	Oakton High School	1:55.90	1:57.04
	24.98	54.49 (29.51)	1:29.33 (34.84)	1:57.04 (27.71)	
7	Moyar, Jacob	12	Maggie Walker Govr's School	1:55.86	1:57.07
	25.15	55.00 (29.85)	1:30.23 (35.23)	1:57.07 (26.84)	
8	Frayne, Ryan	12	Frank W Cox High School	1:57.39	1:58.44
	25.65	55.46 (29.81)	1:29.12 (33.66)	1:58.44 (29.32)	
B - Final					
9	Pawlowicz, Nathan	10	Oakton High School	1:57.99	1:56.52
	25.55	55.51 (29.96)	1:29.24 (33.73)	1:56.52 (27.28)	
10	Shim, Johann	12	Robinson Secondary School	1:57.53	1:56.61
	25.75	56.49 (30.74)	1:28.43 (31.94)	1:56.61 (28.18)	
11	Chung, James	11	Woodson High School	2:00.01	1:57.20
	25.19	55.38 (30.19)	1:29.51 (34.13)	1:57.20 (27.69)	
12	Wang, Howe	12	James Madison High School	1:58.02	1:57.98
	25.67	56.67 (31.00)	1:30.26 (33.59)	1:57.98 (27.72)	
13	Scott, Thomas	11	Patriot High School	1:59.27	1:59.43
	25.34	56.02 (30.68)	1:31.06 (35.04)	1:59.43 (28.37)	
14	McGarry, Cole	10	Lake Braddock Secondary School	1:59.67	2:00.33
	24.76	55.56 (30.80)	1:32.55 (36.99)	2:00.33 (27.78)	
15	Grubb, Wyatt	11	Atlee High School	1:57.73	2:00.73
	25.84	55.80 (29.96)	1:32.38 (36.58)	2:00.73 (28.35)	
---	Pennington, Alex	12	James Madison High School	1:59.21	DQ
	25.01	55.24 (30.23)	1:30.27 (35.03)	DQ (29.35)	

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Event 6 Girls 200 Yard IM

State Record: 2:01.19 ! 2/9/2008 Ashley Danner

Lake Braddock

AAC: 2:05.51 %

AAA: 2:03.36 &

National Rec: 1:53.82 \$ 2009 Dagny Knutson

Minot HS, ND

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Schwartz, Laura	12	Falls Church High School	2:05.48	2:04.21 %
	26.65		57.87 (31.22) 1:34.84 (36.97)	2:04.21 (29.37)	
2	Munch, Katie	12	Robinson Secondary School	2:05.50	2:04.43 %
	28.06		59.97 (31.91) 1:34.93 (34.96)	2:04.43 (29.50)	
3	Wanner, Caroline	10	Brooke Point High School	2:09.06	2:05.83
	27.83		59.28 (31.45) 1:37.02 (37.74)	2:05.83 (28.81)	
4	Brumbaum, Kayla	11	Riverbend High School	2:07.43	2:06.37
	27.83		59.97 (32.14) 1:35.45 (35.48)	2:06.37 (30.92)	
5	Hynes, Susan	10	Hickory High School	2:06.55	2:08.43
	28.00		59.99 (31.99) 1:36.89 (36.90)	2:08.43 (31.54)	
6	Anderson, Rachel	11	Centreville High School	2:08.50	2:08.66
	27.25		1:00.16 (32.91) 1:37.60 (37.44)	2:08.66 (31.06)	
7	Malone, Brooke	11	South County High School	2:08.42	2:09.50
	28.50		1:02.32 (33.82) 1:38.33 (36.01)	2:09.50 (31.17)	
8	Henry, Kelly	11	Gar-Field Senior High School	2:09.06	2:09.82
	28.24		1:01.20 (32.96) 1:39.34 (38.14)	2:09.82 (30.48)	
B - Final					
9	Motter, Megan	9	Ocean Lakes High School	2:09.69	2:08.18
	27.41		59.63 (32.22) 1:38.43 (38.80)	2:08.18 (29.75)	
10	Harper, Hannah	11	Albemarle High School	2:09.37	2:08.68
	26.92		59.87 (32.95) 1:38.44 (38.57)	2:08.68 (30.24)	
11	Morling, Jordan	9	Patrick Henry Roanoke HS	2:11.29	2:09.32
	28.78		1:00.26 (31.48) 1:39.18 (38.92)	2:09.32 (30.14)	
12	Ulrich, MJ	11	McLean High School	2:09.63	2:09.66
	29.03		1:03.30 (34.27) 1:38.87 (35.57)	2:09.66 (30.79)	
13	Roesel, Gretchen	11	Langley High School	2:09.93	2:09.98
	28.54		1:01.88 (33.34) 1:38.42 (36.54)	2:09.98 (31.56)	
14	Stuart, Breanna	10	Mountain View High School	2:09.97	2:10.05
	28.60		1:01.70 (33.10) 1:40.24 (38.54)	2:10.05 (29.81)	
15	Owens, Sidney	10	James Madison High School	2:09.53	2:10.77
	28.19		1:00.75 (32.56) 1:41.01 (40.26)	2:10.77 (29.76)	
16	Purnell, Natalie	10	Stonewall Jackson High School	2:10.90	2:11.88
	28.16		1:01.71 (33.55) 1:39.73 (38.02)	2:11.88 (32.15)	

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Event 7 Boys 50 Yard Freestyle

State Record: 20.78 ! 2/16/2013 **Brandon Fiala** **Westfield**
AAC: 21.17 %
AAA: 20.87 &
National Rec: 19.43 \$ 2010 **Vladimir Morozov** **Torrance, Ca.**

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Fiala, Brandon	12	Westfield High School	21.20	20.78 !
2	Pierce, Harrison	11	Princess Anne High School	21.25	20.94 %
3	Lockman, Matt	12	Albemarle High School	21.25	21.06 %
4	Anderson, Jacob	12	West Springfield HS	21.34	21.19
5	Owens, Evan	12	James Madison High School	21.39	21.26
6	Jones, James	9	Robinson Secondary School	21.25	21.40
7	Shebat, John	10	Oakton High School	21.48	21.51
8	Delancey, Jay	11	Washington-Lee High School	21.76	21.87
B - Final					
9	Burnley, Jesse	12	Atlee High School	21.78	21.90
10	Harman, Michael	12	Freedom High School	21.78	21.95
11	Baker, Evan	11	Chantilly Chargers	21.91	22.05
12	Temple, Austin	11	Frank W Cox High School	22.00	22.11
13	Arris, Daniel	9	Princess Anne High School	21.94	22.14
14	Lambert, Ben	10	Hayfield Secondary School	22.13	22.30
15	Berlin, Andrew	12	Lake Braddock Secondary School	21.94	22.35
16	Gurley, Drew	12	Warwick High School	22.05	22.39

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Event 8 Girls 50 Yard Freestyle

State Record: 23.18 ! 2/16/2013 **Abi Speers** **Langley**

AAC: 23.85 %

AAA: 23.47 &

National Rec: 22.04 \$ 2002 **Kara Lynn Joyce** **Pioneer HS, MI**

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Speers, Abi	12	Langley High School	23.60	23.18 !
2	Branton, Laura	10	Oakton High School	23.69	23.60 %
3	Baker, Hannah	9	Robinson Secondary School	23.88	23.86
4	Ferguson, Matty	12	Fairfax High School	24.01	23.89
5	Ostrowski, Claire	9	Frank W Cox High School	24.02	24.01
6	Vincent, Taylor	12	Woodbridge Senior High School	23.98	24.06
7	Dolan, Suzanne	9	Yorktown High School	24.17	24.27
8	Clark, Megan	9	South County High School	24.24	24.34
B - Final					
9	Magnusson, Elizabeth	10	Colonial Heights High School	24.45	24.26
10	Crews, Gillian	12	Oakton High School	24.35	24.41
11	Heilbrun, Carrie	10	Thomas Jefferson	24.77	24.43
12	Vieni, Jennifer	12	Lee-Davis High School	24.46	24.44
*13	Mavrova, Gloriya	11	T.C. Williams High School	24.46	24.56
*13	Ward, Rachel	10	Woodson High School	24.70	24.56
15	Clifford, Maxine	10	West Potomac High School	24.31	24.69
16	Walker, Chase	11	Landstown High School	24.68	24.93

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Event 9 Boys 1 mtr Diving

State Record: 551.00 ! 2/18/2012 Cory Bowersox
AAC: 375.00 %

Robinson

Name		Yr	School	Finals Score	
1	Campbell, Grayson	9	James Madison High School	476.90	497.30 %
2	Shelton, Bryce	9	George C. Marshall High School	478.85	445.80 %
3	Miller, Samson	9	Fairfax High School	446.35	391.10 %
4	Pavord, Eric	10	Woodson High School	437.15	390.50 %
5	Casey, Declan	10	Woodson High School	379.20	385.35 %
6	Hubbard, Matt	11	Woodson High School	421.55	380.45 %
7	Simmons, Hunter	10	Yorktown High School	386.25	352.90
8	Fagan, Bennett	9	Oakton High School	347.35	347.70
9	Smith, Tyler	11	Falls Church High School	348.15	343.70
10	Holder, Troy	12	Robinson Secondary School	362.50	340.30
11	Cheneler, Drew	9	Woodson High School	361.05	328.80
12	Baumgartner, Paul	10	Centreville High School	360.65	314.60
13	Rook, Zach	12	Chantilly Chargers	347.50	312.50
14	Dovel, Ryan	12	First Colonial HS	373.75	296.20
15	Lewis, Shaun	12	Great Bridge High School	365.00	287.65
16	Maitland, Ryan	11	Menchville High	364.60	281.65
17	Shively, Grant	11	Hickory High School	272.70	217.00
18	Wilson, Bobby	12	Warwick High School	286.10	190.45
19	Brown, John	11	Kellam High School	354.40	170.45

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Event 10 Girls 1 mtr Diving

State Record: 483.50 ! 2/11/2003 Mary Yarrison
AAC: 375.00 %

Hayfield

Name		Yr	School	Finals Score	
1	McCleary, Caroline	10	McLean High School	376.90	393.65 %
2	Jabs, Lydia	11	Princess Anne High School	370.30	388.50 %
3	Pionzio, Maggie	9	South County High School	373.95	383.15 %
4	Muir, Anise	10	Hayfield Secondary School	350.55	380.95 %
5	Nassetta, Mason	12	Yorktown High School	335.15	334.15
6	Stone, Kasey	12	Western Branch High School	381.10	333.70
7	Bavolack, Elena	11	Yorktown High School	321.90	323.90
8	Hartmann, Hannah	10	Woodson High School	308.95	319.90
9	Bateson, Sophie	11	Kellam High School	343.70	294.25
10	Haus, Charli	10	Kellam High School	346.00	279.85
11	Ashnault, Victoria	10	Grassfield High School	291.35	241.00
12	Gray, Abby	12	Grassfield High School	286.05	235.50
13	Gallagher, Morgan	12	Kempsville High School	265.25	227.80

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Event 11 Boys 100 Yard Butterfly

State Record: 47.08 ! 2/21/2009 Sean Fletcher Madison HS
AAC: 50.74 %
AAA: 49.79 &
National Rec: 46.50 \$ 2012 Joseph Schooling Jacksonville, FL

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Seliskar, Andrew	10	Thomas Jefferson	48.59	47.92 &
	22.15		47.92 (25.77)		
2	Pierce, Harrison	11	Princess Anne High School	50.49	49.88 %
	23.26		49.88 (26.62)		
3	Southern, Ben	12	McLean High School	50.27	50.38 %
	23.65		50.38 (26.73)		
4	Montes de Oca, Alex	12	Orange County High School	51.05	50.67 %
	23.94		50.67 (26.73)		
5	Denning, John	12	Great Bridge High School	51.19	50.82
	24.00		50.82 (26.82)		
6	Hu, Philip	12	Oakton High School	51.57	50.96
	23.99		50.96 (26.97)		
7	Gomez, Jonathan	12	Patrick Henry Roanoke HS	51.43	51.04
	23.67		51.04 (27.37)		
8	Lynch, Matt	11	Maggie Walker Govr's School	51.22	51.83
	24.05		51.83 (27.78)		
B - Final					
9	Lambert, Ben	10	Hayfield Secondary School	52.62	51.04
	24.03		51.04 (27.01)		
10	Hofmann, Ryan	12	Orange County High School	51.57	51.36
	23.97		51.36 (27.39)		
11	Kane, Jesse	12	Woodson High School	52.53	51.75
	23.82		51.75 (27.93)		
12	Valceanu, Michael	10	West Potomac High School	51.95	51.85
	24.12		51.85 (27.73)		
13	McGarry, Cole	10	Lake Braddock Secondary School	52.26	52.21
	24.29		52.21 (27.92)		
14	DaCruz, Nate	11	Frank W Cox High School	51.95	52.39
	24.16		52.39 (28.23)		
15	Sturges, James	11	Falls Church High School	53.00	53.02
	24.71		53.02 (28.31)		
16	Dickens, Jake	11	West Springfield HS	53.20	53.39
	25.35		53.39 (28.04)		

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Event 12 Girls 100 Yard Butterfly

State Record: **52.84 !** **2/16/2013** **Janet Hu** **Oakton**
AAC: **56.52 %**
AAA: **55.39 &**
National Rec: **51.92 \$** **2011** **Jasmine Tosky** **Palo Alto, CA.**

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Hu, Janet	11	Oakton High School	53.60	52.84 !
	24.90		52.84 (27.94)		
2	Moffitt, Hellen	12	West Potomac High School	54.91	54.33 &
	25.19		54.33 (29.14)		
3	Rogers, Leah	10	Woodson High School	56.66	55.62 %
	25.78		55.62 (29.84)		
4	Harper, Hannah	11	Albemarle High School	56.84	56.70
	26.72		56.70 (29.98)		
5	Crews, Gillian	12	Oakton High School	57.18	57.05
	27.38		57.05 (29.67)		
6	DaCruz, Georgia	9	Frank W Cox High School	56.23	57.09
	26.56		57.09 (30.53)		
7	Capobianco, Julia	10	Oakton High School	57.28	57.16
	26.43		57.16 (30.73)		
8	Yi, Lauren	12	West Springfield HS	57.36	57.37
	27.75		57.37 (29.62)		
B - Final					
9	Anderson, Rachel	11	Centreville High School	57.37	57.07
	26.80		57.07 (30.27)		
10	Heilbrun, Carrie	10	Thomas Jefferson	57.41	57.36
	26.96		57.36 (30.40)		
11	Stanley, Olivia	9	Patrick Henry Roanoke HS	58.57	58.39
	27.66		58.39 (30.73)		
12	McLemore, Christina	10	Grassfield High School	58.66	58.63
	27.83		58.63 (30.80)		
13	Tremols, Nina	12	Battlefield High School	58.65	58.66
	27.06		58.66 (31.60)		
14	Bertram, Sara	11	West Potomac High School	58.68	58.81
	27.96		58.81 (30.85)		
15	Yan, Jeanette	10	Albemarle High School	58.67	58.82
	27.79		58.82 (31.03)		
16	Lloyd, Alli	12	Stafford Indians Swim Team	58.56	59.71
	27.68		59.71 (32.03)		

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Event 13 Boys 100 Yard Freestyle

State Record: 45.39 ! 2/18/2012 Cyrus Hashemi

Marshall

AAC: 46.24 %

AAA: 45.57 &

National Rec: 42.34 \$ 2011 David Nolan

Hershey, PA

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Murphy, James	9	Robinson Secondary School	46.50	45.70 %
	22.03		45.70 (23.67)		
2	Lockman, Matt	12	Albemarle High School	46.81	46.17 %
	22.30		46.17 (23.87)		
3	Jones, Matt	11	Robinson Secondary School	46.80	46.82
	22.35		46.82 (24.47)		
4	Jones, James	9	Robinson Secondary School	46.81	47.29
	23.36		47.29 (23.93)		
5	Burnley, Jesse	12	Atlee High School	47.13	47.36
	22.87		47.36 (24.49)		
6	Smith, Grayson	11	James Madison High School	47.99	47.78
	22.37		47.78 (25.41)		
7	Baker, Evan	11	Chantilly Chargers	47.69	47.96
	22.69		47.96 (25.27)		
8	Worrick, Joe	12	Osborn Park High School	48.00	48.16
	23.05		48.16 (25.11)		
B - Final					
9	Fish, Max	12	Yorktown High School	48.20	47.70
	22.66		47.70 (25.04)		
10	Martin, Alex	12	South County High School	48.47	48.33
	23.48		48.33 (24.85)		
11	Frerichs, Reese	12	Thomas Jefferson	48.56	48.83
	23.61		48.83 (25.22)		
12	Meade, Bryan	10	Washington-Lee High School	48.52	48.90
	23.36		48.90 (25.54)		
13	Chung, James	11	Woodson High School	49.27	49.00
	23.79		49.00 (25.21)		
14	Harman, Michael	12	Freedom High School	48.38	49.17
	23.11		49.17 (26.06)		
15	Pastel, Aidan	9	West Springfield HS	48.60	49.58
	23.91		49.58 (25.67)		
16	Jackson, Andrew	12	Hickory High School	48.78	49.72
	23.33		49.72 (26.39)		

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Event 14 Girls 100 Yard Freestyle

State Record: 49.15 ! 2/21/2009 Becca Jones Patriots
AAC: 51.67 %
AAA: 50.91 &
National Rec: 48.15 \$ 2009 Dagny Knutson Minot HS, ND

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Branton, Laura	10	Oakton High School	51.56	50.79 &
	24.43		50.79 (26.36)		
2	Speers, Abi	12	Langley High School	51.56	50.82 &
	24.46		50.82 (26.36)		
3	Baker, Hannah	9	Robinson Secondary School	51.70	51.86
	25.15		51.86 (26.71)		
4	Magnusson, Elizabeth	10	Colonial Heights High School	53.10	52.43
	25.28		52.43 (27.15)		
5	Mack, Andi	10	Stone Bridge High School	52.72	52.70
	25.24		52.70 (27.46)		
6	Vieni, Jennifer	12	Lee-Davis High School	53.44	52.92
	25.42		52.92 (27.50)		
7	Vincent, Taylor	12	Woodbridge Senior High School	53.46	53.59
	25.59		53.59 (28.00)		
8	Mavrova, Gloriya	11	T.C. Williams High School	53.14	54.03
	25.71		54.03 (28.32)		
B - Final					
9	Dolan, Suzanne	9	Yorktown High School	54.12	52.80
	25.46		52.80 (27.34)		
10	Clark, Megan	9	South County High School	53.59	53.02
	25.44		53.02 (27.58)		
11	Ward, Rachel	10	Woodson High School	53.78	53.57
	25.54		53.57 (28.03)		
12	Barney, Katie	11	First Colonial HS	53.75	53.64
	25.48		53.64 (28.16)		
13	Kolb, Karina	10	Lake Braddock Secondary School	54.43	54.21
	26.09		54.21 (28.12)		
14	Ulrich, Ryan	10	Stafford Indians Swim Team	53.78	54.60
	26.28		54.60 (28.32)		
15	Kellan, Laura	12	James Madison High School	54.34	54.90
	26.18		54.90 (28.72)		
16	Walker, Chase	11	Landstown High School	54.53	54.97
	26.01		54.97 (28.96)		

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Event 15 Boys 500 Yard Freestyle

State Record: 4:25.72 ! 2/21/2009 **Matt Benecki** **Chantilly**

AAC: 4:35.75 %

AAA: 4:30.83 &

National Rec: 4:13.87 \$ 2013 **Jack Conger** **Good Counsel, MD**

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Rude, Evin	12	South County High School	4:37.17	4:33.49 %
	24.57		51.70 (27.13)	1:19.43 (27.73)	1:47.10 (27.67)
	2:14.83 (27.73)		2:42.83 (28.00)	3:10.86 (28.03)	3:39.04 (28.18)
	4:06.74 (27.70)		4:33.49 (26.75)		
2	Stronko, Sam	12	Osborn Park High School	4:36.78	4:34.45 %
	24.87		52.04 (27.17)	1:19.41 (27.37)	1:47.96 (28.55)
	2:15.90 (27.94)		2:44.14 (28.24)	3:12.40 (28.26)	3:40.57 (28.17)
	4:08.22 (27.65)		4:34.45 (26.23)		
3	Southern, Ben	12	McLean High School	4:33.19	4:34.59 %
	24.80		52.10 (27.30)	1:19.81 (27.71)	1:48.10 (28.29)
	2:16.05 (27.95)		2:44.29 (28.24)	3:12.40 (28.11)	3:40.73 (28.33)
	4:08.58 (27.85)		4:34.59 (26.01)		
4	Anderson, Tyler	12	Forest Park High School	4:38.17	4:36.27
	24.87		52.15 (27.28)	1:19.53 (27.38)	1:47.41 (27.88)
	2:15.47 (28.06)		2:43.71 (28.24)	3:12.33 (28.62)	3:40.75 (28.42)
	4:08.65 (27.90)		4:36.27 (27.62)		
5	Cudahy, Conor	12	Herndon High School	4:38.21	4:37.79
	25.08		52.38 (27.30)	1:20.32 (27.94)	1:48.39 (28.07)
	2:16.57 (28.18)		2:44.86 (28.29)	3:13.27 (28.41)	3:41.61 (28.34)
	4:10.11 (28.50)		4:37.79 (27.68)		
6	Parker, Kenny	11	Osborn Park High School	4:38.17	4:39.55
	24.80		52.10 (27.30)	1:20.11 (28.01)	1:48.20 (28.09)
	2:16.33 (28.13)		2:45.09 (28.76)	3:13.58 (28.49)	3:42.32 (28.74)
	4:11.26 (28.94)		4:39.55 (28.29)		
7	Pawlowicz, Nathan	10	Oakton High School	4:41.44	4:44.97
	25.35		53.19 (27.84)	1:21.21 (28.02)	1:49.73 (28.52)
	2:18.49 (28.76)		2:47.67 (29.18)	3:17.47 (29.80)	3:46.77 (29.30)
	4:16.19 (29.42)		4:44.97 (28.78)		
8	Erickson, Steffen	10	Maggie Walker Govr's School	4:40.20	4:47.73
	26.19		54.38 (28.19)	1:22.92 (28.54)	1:51.84 (28.92)
	2:20.76 (28.92)		2:49.75 (28.99)	3:18.96 (29.21)	3:48.46 (29.50)
	4:18.58 (30.12)		4:47.73 (29.15)		
B - Final					
9	Drummond, Andrew	11	Maggie Walker Govr's School	4:43.31	4:37.78
	26.20		54.39 (28.19)	1:22.60 (28.21)	1:51.43 (28.83)
	2:19.35 (27.92)		2:47.50 (28.15)	3:15.46 (27.96)	3:42.95 (27.49)
	4:10.57 (27.62)		4:37.78 (27.21)		
10	Murphy, Chris	9	McLean High School	4:44.55	4:38.55
	24.25		51.44 (27.19)	1:19.28 (27.84)	1:47.57 (28.29)
	2:16.32 (28.75)		2:44.88 (28.56)	3:13.65 (28.77)	3:42.64 (28.99)
	4:11.11 (28.47)		4:38.55 (27.44)		
11	Condon, Shane	12	Atlee High School	4:41.45	4:40.95
	25.46		52.76 (27.30)	1:20.68 (27.92)	1:49.03 (28.35)
	2:17.22 (28.19)		2:45.64 (28.42)	3:14.22 (28.58)	3:43.28 (29.06)
	4:12.30 (29.02)		4:40.95 (28.65)		

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B - Final ... (Event 15 Boys 500 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time
12	Russiello, Ian	10	James Madison High School	4:44.59	4:43.38
	25.09	52.82 (27.73)	1:21.29 (28.47)	1:49.74 (28.45)	
	2:18.45 (28.71)	2:47.38 (28.93)	3:16.67 (29.29)	3:45.83 (29.16)	
	4:15.26 (29.43)	4:43.38 (28.12)			
13	Burton, Logan	11	Hickory High School	4:48.99	4:43.60
	24.14	50.95 (26.81)	1:19.33 (28.38)	1:48.51 (29.18)	
	2:17.60 (29.09)	2:46.87 (29.27)	3:16.58 (29.71)	3:46.67 (30.09)	
	4:16.07 (29.40)	4:43.60 (27.53)			
14	Gomez, Jonathan	12	Patrick Henry Roanoke HS	4:46.52	4:44.22
	24.76	52.91 (28.15)	1:21.38 (28.47)	1:50.21 (28.83)	
	2:19.26 (29.05)	2:48.34 (29.08)	3:17.72 (29.38)	3:46.66 (28.94)	
	4:15.54 (28.88)	4:44.22 (28.68)			
15	Mernin, Ethan	12	Osborn High School	4:47.70	4:48.96
	25.34	53.56 (28.22)	1:22.60 (29.04)	1:51.95 (29.35)	
	2:21.77 (29.82)	2:51.85 (30.08)	3:21.32 (29.47)	3:51.30 (29.98)	
	4:21.32 (30.02)	4:48.96 (27.64)			
16	Morrill, Daniel	10	Patrick Henry Roanoke HS	4:46.76	4:49.73
	25.58	52.92 (27.34)	1:21.49 (28.57)	1:50.56 (29.07)	
	2:19.90 (29.34)	2:49.57 (29.67)	3:19.67 (30.10)	3:49.60 (29.93)	
	4:20.12 (30.52)	4:49.73 (29.61)			

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Event 16 Girls 500 Yard Freestyle

State Record: 4:49.75 ! 2/16/2013 Megan Byrnes Oakton

AAC: 4:57.96 %

AAA: 4:52.74 &

National Rec: 4:31.38 \$ 2013 Katie Ledecky Stone Ridge, MD

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Byrnes, Megan	9	Oakton High School	4:59.06	4:49.75 !
	26.40		55.14 (28.74)	1:24.42 (29.28)	1:53.73 (29.31)
	2:23.31 (29.58)		2:52.74 (29.43)	3:22.48 (29.74)	3:51.99 (29.51)
	4:21.45 (29.46)		4:49.75 (28.30)		
2	Skelley, Emma	12	Osborn Park High School	4:58.74	4:59.08
	27.28		56.40 (29.12)	1:26.05 (29.65)	1:56.09 (30.04)
	2:26.42 (30.33)		2:56.87 (30.45)	3:27.30 (30.43)	3:58.06 (30.76)
	4:28.73 (30.67)		4:59.08 (30.35)		
3	Richey, Abigail	10	Colonial Heights High School	5:00.63	5:00.35
	26.88		56.43 (29.55)	1:26.66 (30.23)	1:57.36 (30.70)
	2:28.12 (30.76)		2:59.02 (30.90)	3:29.96 (30.94)	4:00.75 (30.79)
	4:31.52 (30.77)		5:00.35 (28.83)		
4	Wilkerson, Brittany	10	Atlee High School	5:03.22	5:04.83
	27.93		57.67 (29.74)	1:27.78 (30.11)	1:58.49 (30.71)
	2:29.50 (31.01)		3:00.83 (31.33)	3:32.24 (31.41)	4:03.51 (31.27)
	4:34.65 (31.14)		5:04.83 (30.18)		
5	Schwartz, Laura	12	Falls Church High School	5:04.28	5:05.40
	27.11		57.05 (29.94)	1:27.69 (30.64)	1:58.31 (30.62)
	2:29.39 (31.08)		3:00.54 (31.15)	3:31.77 (31.23)	4:03.04 (31.27)
	4:34.60 (31.56)		5:05.40 (30.80)		
6	Browning, Sarah	11	Hanover High School	5:05.99	5:07.18
	28.29		59.16 (30.87)	1:30.46 (31.30)	2:01.83 (31.37)
	2:32.87 (31.04)		3:04.34 (31.47)	3:35.49 (31.15)	4:06.93 (31.44)
	4:37.65 (30.72)		5:07.18 (29.53)		
7	Wolff, Veronica	9	McLean High School	5:05.64	5:08.79
	27.65		58.10 (30.45)	1:29.09 (30.99)	2:00.14 (31.05)
	2:31.17 (31.03)		3:03.00 (31.83)	3:34.45 (31.45)	4:06.23 (31.78)
	4:37.79 (31.56)		5:08.79 (31.00)		
8	Stevens, Jillian	12	Osborn Park High School	5:08.51	5:10.94
	28.16		58.80 (30.64)	1:29.97 (31.17)	2:01.43 (31.46)
	2:32.79 (31.36)		3:04.42 (31.63)	3:35.85 (31.43)	4:07.79 (31.94)
	4:39.87 (32.08)		5:10.94 (31.07)		
B - Final					
9	Wanner, Caroline	10	Brooke Point High School	5:10.72	5:05.76
	27.20		57.13 (29.93)	1:27.62 (30.49)	1:58.54 (30.92)
	2:29.72 (31.18)		3:01.17 (31.45)	3:32.44 (31.27)	4:03.80 (31.36)
	4:35.22 (31.42)		5:05.76 (30.54)		
10	Turner, Heidi	12	Osborn High School	5:14.27	5:07.69
	27.99		57.96 (29.97)	1:29.00 (31.04)	2:00.75 (31.75)
	2:32.34 (31.59)		3:03.80 (31.46)	3:35.00 (31.20)	4:06.26 (31.26)
	4:37.36 (31.10)		5:07.69 (30.33)		
11	Privott, Caitlin	10	Patrick Henry Roanoke HS	5:12.51	5:09.46
	27.82		57.80 (29.98)	1:28.60 (30.80)	1:59.80 (31.20)
	2:31.39 (31.59)		3:03.31 (31.92)	3:35.45 (32.14)	4:07.41 (31.96)
	4:39.21 (31.80)		5:09.46 (30.25)		

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B - Final ... (Event 16 Girls 500 Yard Freestyle)

	Name	Yr	School	Prelim Time	Finals Time
12	Sizemore, Karah	10	Stafford Indians Swim Team	5:10.84	5:10.86
	27.67	58.05 (30.38)	1:29.47 (31.42)	2:00.95 (31.48)	
	2:32.76 (31.81)	3:04.80 (32.04)	3:36.31 (31.51)	4:08.26 (31.95)	
	4:40.00 (31.74)	5:10.86 (30.86)			
13	Henry, Kelly	11	Gar-Field Senior High School	5:08.99	5:11.08
	27.37	57.49 (30.12)	1:28.35 (30.86)	2:00.01 (31.66)	
	2:31.67 (31.66)	3:03.90 (32.23)	3:36.68 (32.78)	4:08.98 (32.30)	
	4:40.90 (31.92)	5:11.08 (30.18)			
14	Sullivan, Laura	10	James Madison High School	5:09.08	5:11.65
	27.79	57.97 (30.18)	1:28.83 (30.86)	2:00.26 (31.43)	
	2:32.05 (31.79)	3:04.16 (32.11)	3:36.47 (32.31)	4:08.68 (32.21)	
	4:41.19 (32.51)	5:11.65 (30.46)			
15	Morton, Corie	11	Albemarle High School	5:11.28	5:17.47
	27.91	58.70 (30.79)	1:30.20 (31.50)	2:02.15 (31.95)	
	2:34.27 (32.12)	3:06.96 (32.69)	3:39.78 (32.82)	4:12.57 (32.79)	
	4:45.46 (32.89)	5:17.47 (32.01)			
16	Owens, Amy	10	Langley High School	5:16.09	5:18.48
	28.14	59.74 (31.60)	1:31.70 (31.96)	2:04.43 (32.73)	
	2:36.67 (32.24)	3:09.76 (33.09)	3:42.11 (32.35)	4:14.69 (32.58)	
	4:47.20 (32.51)	5:18.48 (31.28)			

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Event 17 Boys 200 Yard Freestyle Relay**State Record: 1:24.85 ! 2/18/2012****Frank W. Cox High School****F. Cox****B Hansen, A Temple, D Malaby, W Francis****AAC: 1:26.92 %****AAA: 1:25.46 &****National Rec: 1:19.27 \$ 2012****Jacksonville Bolles****Jacksonville, FL**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Princess Anne High School		1:25.87	1:24.97 &
1) Arris, Daniel 9	2) Roche, Matthew 11	3) Wilson, Mark 11	4) Pierce, Harrison 11
21.83	43.61 (21.78)	1:04.62 (21.01)	1:24.97 (20.35)
2 Robinson Secondary School		1:26.59	1:26.06 %
1) Jones, James 9	2) Jones, Luke 9	3) Jones, Matt 11	4) Murphy, James 9
21.65	43.67 (22.02)	1:05.13 (21.46)	1:26.06 (20.93)
3 James Madison High School		1:28.04	1:27.23
1) Mittel, Danny 12	2) Kinton, Peter 11	3) Russiello, Ian 10	4) Owens, Evan 12
22.30	44.13 (21.83)	1:06.09 (21.96)	1:27.23 (21.14)
4 Thomas Jefferson		1:27.94	1:27.39
1) Frerichs, Reese 12	2) Li, Alex 11	3) Hosking, Bohe 12	4) Oakley, Miles 11
22.46	44.89 (22.43)	1:06.15 (21.26)	1:27.39 (21.24)
5 Oakton High School		1:28.50	1:28.06
1) Shebat, John 10	2) DeRosa, Gregory 12	3) Ambrose, Michael 10	4) Nguyen, Denny 11
21.31	44.05 (22.74)	1:06.19 (22.14)	1:28.06 (21.87)
*6 McLean High School		1:28.46	1:28.25
1) Murphy, Chris 9	2) Geiger, Kevin 12	3) Southern, Michael 10	4) Southern, Ben 12
22.12	44.25 (22.13)	1:06.59 (22.34)	1:28.25 (21.66)
*6 Lake Braddock Secondary School		1:28.01	1:28.25
1) Berlin, Andrew 12	2) White, Nick 12	3) Stankiewicz, Christopher 9	4) McGarry, Cole 10
22.01	44.03 (22.02)	1:06.18 (22.15)	1:28.25 (22.07)
8 Hickory High School		1:28.62	1:28.34
1) Jackson, Andrew 12	2) DeWitt, Christian 10	3) Burton, Logan 11	4) Burton, Jerry 12
22.32	44.64 (22.32)	1:06.80 (22.16)	1:28.34 (21.54)
B - Final			
9 South County High School		1:29.59	1:28.35
1) Martin, Alex 12	2) Fabian, Brandon 9	3) Hulse, Shane 10	4) Rude, Evin 12
22.35	44.55 (22.20)	1:07.42 (22.87)	1:28.35 (20.93)
10 Albemarle High School		1:29.09	1:28.39
1) McPhillips, Sean 12	2) Hensien, Collin 12	3) Echelberger, Reece 11	4) Lockman, Matt 12
23.09	45.51 (22.42)	1:07.69 (22.18)	1:28.39 (20.70)
11 West Springfield HS		1:28.63	1:28.95
1) Anderson, Jacob 12	2) Bryan, William 12	3) MacKinnon, Connor 10	4) Pastel, Aidan 9
21.69	44.51 (22.82)	1:06.63 (22.12)	1:28.95 (22.32)
12 Osbourn Park High School		1:29.22	1:29.18
1) Weiser, Mike 11	2) Stronko, Sam 12	3) McDonald, Eric 12	4) Worrick, Joe 12
22.19	44.53 (22.34)	1:07.31 (22.78)	1:29.18 (21.87)
13 Westfield High School		1:29.64	1:29.86
1) Glowacki, Matthew 12	2) Wu, Benjamin 11	3) Chapman, Brian 11	4) Okhovvat Gilani, Danial 11
23.01	45.57 (22.56)	1:08.33 (22.76)	1:29.86 (21.53)
14 Annandale High School		1:30.28	1:29.95
1) Jessen, Daniel 12	2) Gore, Dylan 12	3) Del Signore, Matt 12	4) Oakes, Stephen 12
22.59	45.32 (22.73)	1:08.27 (22.95)	1:29.95 (21.68)
15 Chantilly Chargers		1:30.52	1:30.09
1) Grimmer-Norris, Christopher 12	2) Stewart, David 12	3) Eshleman, Matthew 12	4) Strait, Alex 10
22.03	44.43 (22.40)	1:07.26 (22.83)	1:30.09 (22.83)

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B - Final ... (Event 17 Boys 200 Yard Freestyle Relay)

Team		Relay		Prelim Time	Finals Time
16	Langley High School			1:30.26	1:30.54
	1) Walsh, Garrett 10	2) Ratcliffe, Michael 12	3) Kemmerer, Will 11	4) Reilly, Jack 12	
	23.03	45.86 (22.83)	1:08.19 (22.33)	1:30.54 (22.35)	

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Event 18 Girls 200 Yard Freestyle Relay**State Record: 1:36.20 ! 2/9/2008****Fairfax High School****Fairfax****E Baumgardner, F Dowd, J DeOrnellas, T Harvey****AAC: 1:38.33 %****AAA: 1:36.77 &****National Rec: 1:31.18 \$ 2012****Chattanooga Baylor School****Chattanooga Tn**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Oakton High School		1:37.56	1:36.81 %
1) Crews, Gillian 12	2) Bourdelais, Elise 9	3) Byrnes, Megan 9	4) Branton, Laura 10
24.33	49.11 (24.78)	1:13.14 (24.03)	1:36.81 (23.67)
2 Woodson High School		1:39.39	1:38.02 %
1) Ward, Rachel 10	2) Rogers, Leah 10	3) Basl, Hannah 12	4) Rowland, Molly 11
24.51	48.80 (24.29)	1:13.52 (24.72)	1:38.02 (24.50)
3 West Potomac High School		1:38.92	1:38.46
1) Bomberg, Melanie 10	2) Bertram, Sara 11	3) Clifford, Maxine 10	4) Moffitt, Hellen 12
25.63	50.68 (25.05)	1:15.13 (24.45)	1:38.46 (23.33)
4 Yorktown High School		1:39.54	1:38.75
1) Belilos, Ellie 12	2) Didawick, Amanda 12	3) Young, Abigail 12	4) Dolan, Suzanne 9
24.89	49.80 (24.91)	1:14.70 (24.90)	1:38.75 (24.05)
5 Woodbridge Senior High School		1:39.28	1:38.85
1) Kelly, Emily 11	2) Dye, Sara 9	3) Coughlin, Victoria 11	4) Vincent, Taylor 12
24.96	50.45 (25.49)	1:15.35 (24.90)	1:38.85 (23.50)
6 Fairfax High School		1:39.43	1:39.30
1) Surette, Marla 12	2) Byrd, Rebecca 9	3) Dillinger, Natalie 12	4) Ferguson, Matty 12
25.18	50.72 (25.54)	1:15.98 (25.26)	1:39.30 (23.32)
7 Albemarle High School		1:39.69	1:39.48
1) Harper, Hannah 11	2) Wuensch, Abby 10	3) Lockman, Emma 10	4) Yan, Jeanette 10
25.03	49.77 (24.74)	1:14.38 (24.61)	1:39.48 (25.10)
8 Chantilly Chargers		1:39.57	1:39.98
1) Pereira, Sydney 12	2) Coulson-Moore, Logan 11	3) Hensley, Lauren 10	4) Richer, Emma 12
25.27	49.63 (24.36)	1:15.03 (25.40)	1:39.98 (24.95)
B - Final			
9 Robinson Secondary School		1:40.26	1:39.77
1) Schuler, Mackenzie 10	2) Munch, Genevieve 9	3) Munch, Katie 12	4) Baker, Hannah 9
25.84	51.14 (25.30)	1:16.51 (25.37)	1:39.77 (23.26)
10 Westfield High School		1:40.54	1:39.95
1) Newkirk, Mia 9	2) Hicks, Chloe 9	3) Emanuel, Serena 11	4) Schulte, Erin 12
25.39	49.73 (24.34)	1:14.64 (24.91)	1:39.95 (25.31)
11 McLean High School		1:40.35	1:40.65
1) Murphy, Megan 11	2) de Cazotte, Xenia 9	3) Springsteen, Annie 12	4) McCulla, Christine 10
25.34	50.50 (25.16)	1:16.04 (25.54)	1:40.65 (24.61)
12 Centreville High School		1:40.55	1:40.66
1) Anderson, Rachel 11	2) Worley, Brooke 11	3) Cuomo, Kylie 11	4) McCranie, Abby 12
25.28	50.53 (25.25)	1:15.78 (25.25)	1:40.66 (24.88)
13 Lake Braddock Secondary School		1:40.73	1:40.68
1) Kolb, Karina 10	2) Merrill, Anne 10	3) Chase, Sophie 12	4) Hunter, Alex 12
25.05	50.53 (25.48)	1:40.68 (50.15)	
14 Stafford Indians Swim Team		1:40.95	1:41.55
1) Lloyd, Alli 12	2) Howell, Maggie 10	3) Rogers, Julianne 11	4) Ulrich, Ryan 10
25.53	51.12 (25.59)	1:16.76 (25.64)	1:41.55 (24.79)
15 Colonial Forge High School		1:41.11	1:41.71
1) Waisanen, Ryli 10	2) Garza, Kirsten 12	3) Wineinger, Kara 10	4) Garrity, Keara 9
25.23	51.04 (25.81)	1:16.39 (25.35)	1:41.71 (25.32)

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B - Final ... (Event 18 Girls 200 Yard Freestyle Relay)

Team		Relay		Prelim Time	Finals Time
16	South County High School			1:40.94	1:41.80
	1) Malone, Brooke 11	2) Lei, Sarah 9	3) Heiss, Sarah 10	4) Clark, Megan 9	
	24.83	51.33 (26.50)	1:17.67 (26.34)	1:41.80 (24.13)	

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Event 19 Boys 100 Yard Backstroke

State Record: 49.44 ! 2/16/2013 Philip Hu Oakton

AAC: 51.56 %

AAA: 50.32 &

National Rec: 45.34 \$ 2012 Ryan Murphy Jacksonville, FL

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Hu, Philip	12	Oakton High School	50.98	49.44 !
	23.67		49.44 (25.77)		
2	Shebat, John	10	Oakton High School	51.68	50.76 %
	24.36		50.76 (26.40)		
3	DaCruz, Nate	11	Frank W Cox High School	51.63	51.67
	25.42		51.67 (26.25)		
4	Montes de Oca, Alex	12	Orange County High School	51.91	51.98
	25.42		51.98 (26.56)		
5	Jones, Matt	11	Robinson Secondary School	52.00	51.99
	25.32		51.99 (26.67)		
6	Kim, John	12	Fairfax High School	52.33	52.08
	25.57		52.08 (26.51)		
7	Thorsell, Luke	10	Thomas Jefferson	52.67	52.33
	25.36		52.33 (26.97)		
8	Burton, Jerry	12	Hickory High School	52.49	52.53
	25.59		52.53 (26.94)		
B - Final					
9	Smith, Grayson	11	James Madison High School	53.07	52.01
	25.59		52.01 (26.42)		
10	Nguyen, Denny	11	Oakton High School	52.81	52.83
	25.87		52.83 (26.96)		
11	Marshall, Kyle	10	Centreville High School	53.91	53.14
	25.90		53.14 (27.24)		
12	Delancey, Jay	11	Washington-Lee High School	52.91	53.70
	26.07		53.70 (27.63)		
13	Young, Cameron	11	Osborn Park High School	53.86	53.78
	26.80		53.78 (26.98)		
14	Wilson, Mark	11	Princess Anne High School	53.37	53.85
	26.25		53.85 (27.60)		
15	Brackmann, Cameron	10	North Stafford High School	54.21	54.98
16	Condon, Shane	12	Atlee High School	54.30	55.20
	26.83		55.20 (28.37)		

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Event 20 Girls 100 Yard Backstroke

State Record: 53.27 ! 2/16/2013 Janet Hu Oakton
AAC: 56.94 %
AAA: 55.76 &
National Rec: 51.53 \$ 2010 Rachel Bootsma Eden Prairie, MN

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Hu, Janet	11	Oakton High School	54.61	53.27!
	25.89		53.27 (27.38)		
2	Moffitt, Hellen	12	West Potomac High School	56.15	55.39&
	27.20		55.39 (28.19)		
3	Dryer, Robyn	10	West Springfield HS	57.59	56.92%
	27.78		56.92 (29.14)		
4	Morling, Jordan	9	Patrick Henry Roanoke HS	57.02	57.11
	28.12		57.11 (28.99)		
5	Coulson-Moore, Logan	11	Chantilly Chargers	57.72	57.59
	28.02		57.59 (29.57)		
6	Boardman, Nowell	12	McLean High School	58.40	57.76
	27.88		57.76 (29.88)		
7	Tremols, Nina	12	Battlefield High School	58.26	58.13
	28.10		58.13 (30.03)		
8	Muir, Fiona	10	Langley High School	58.30	58.57
	28.35		58.57 (30.22)		
B - Final					
9	Bui, Morgan	12	Woodson High School	58.45	58.72
	28.08		58.72 (30.64)		
10	Privott, Caitlin	10	Patrick Henry Roanoke HS	58.49	59.08
	29.08		59.08 (30.00)		
11	D'Amato, Emily	12	West Springfield HS	58.90	59.20
	28.89		59.20 (30.31)		
12	Capobianco, Julia	10	Oakton High School	59.38	59.36
	28.64		59.36 (30.72)		
13	Kelly, Emily	11	Woodbridge Senior High School	58.89	59.43
	29.07		59.43 (30.36)		
14	Yan, Jeanette	10	Albemarle High School	58.76	59.52
	28.88		59.52 (30.64)		
15	Hensley, Lauren	10	Chantilly Chargers	59.13	59.56
	29.03		59.56 (30.53)		
16	Young, Abigail	12	Yorktown High School	59.49	1:00.01
	29.04		1:00.01 (30.97)		

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Event 21 Boys 100 Yard Breaststroke

State Record: 55.78 ! 2/16/2013 Austin Temple COX
AAC: 58.16 %
AAA: 57.08 &
National Rec: 53.66 \$ 1998 Patrick Fowler Seattle Prep, Wa

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Temple, Austin	11	Frank W Cox High School	56.62	55.78 !
	25.79		55.78 (29.99)		
2	Fiala, Brandon	12	Westfield High School	56.91	56.17 &
	26.39		56.17 (29.78)		
*3	Shim, Johann	12	Robinson Secondary School	57.90	57.65 %
	27.51		57.65 (30.14)		
*3	Owens, Evan	12	James Madison High School	58.21	57.65 %
	26.80		57.65 (30.85)		
5	Desatnick, Joel	12	Hayfield Secondary School	58.43	58.07 %
	27.19		58.07 (30.88)		
6	Frayne, Ryan	12	Frank W Cox High School	58.99	58.48
	27.92		58.48 (30.56)		
7	Dean, Deion	11	Maury High School	58.86	58.87
	26.92		58.87 (31.95)		
8	Hansen, Cory	12	Woodson High School	59.14	1:00.42
	28.61		1:00.42 (31.81)		
B - Final					
9	Penzler, Reid	11	Woodson High School	59.59	59.00
	27.15		59.00 (31.85)		
10	Fuhs, Carl	12	Princess Anne High School	59.57	59.28
	27.76		59.28 (31.52)		
11	Frerichs, Reese	12	Thomas Jefferson	59.67	59.66
	27.97		59.66 (31.69)		
12	Wang, Howe	12	James Madison High School	1:00.46	59.71
	28.45		59.71 (31.26)		
13	Fish, Max	12	Yorktown High School	59.94	1:00.68
	28.53		1:00.68 (32.15)		
14	Hou, Clark	12	Maggie Walker Govr's School	1:00.11	1:01.35
	28.73		1:01.35 (32.62)		
---	Williamson, Andrew	11	Albemarle High School	1:01.08	DQ
	28.69		DQ (32.80)		
---	Worrick, Joe	12	Osborn Park High School	1:00.10	DQ
	28.28		DQ (31.59)		

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Event 22 Girls 100 Yard Breaststroke

State Record: 1:00.96 ! 2/9/2008 Ashley Danner

Lake Braddock

AAC: 1:05.20 %

AAA: 1:03.94 &

National Rec: 58.75 \$ 2009 Kasey Carlson

Walnut Creek, CA

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Tansill, Amy	11	Osborn Park High School	1:03.09	1:02.69 &
	29.28		1:02.69 (33.41)		
2	Malone, Brooke	11	South County High School	1:02.39	1:03.04 &
	29.64		1:03.04 (33.40)		
3	Brumbaum, Kayla	11	Riverbend High School	1:04.08	1:03.25 &
	29.90		1:03.25 (33.35)		
4	Ostrowski, Claire	9	Frank W Cox High School	1:04.36	1:04.20 %
	30.30		1:04.20 (33.90)		
5	Ulrich, MJ	11	McLean High School	1:04.63	1:04.48 %
	30.39		1:04.48 (34.09)		
6	Hynes, Susan	10	Hickory High School	1:04.92	1:05.46
	31.36		1:05.46 (34.10)		
7	Neilan, Larissa	11	Orange County High School	1:05.37	1:05.76
	30.81		1:05.76 (34.95)		
8	Munch, Katie	12	Robinson Secondary School	1:05.07	1:06.03
	31.29		1:06.03 (34.74)		
B - Final					
9	Ferguson, Matty	12	Fairfax High School	1:05.89	1:05.46
	30.62		1:05.46 (34.84)		
10	Richer, Emma	12	Chantilly Chargers	1:06.39	1:06.15
	31.19		1:06.15 (34.96)		
11	Tansill, Mary Claire	9	Patriot High School	1:06.53	1:06.19
	31.47		1:06.19 (34.72)		
12	Purnell, Natalie	10	Stonewall Jackson High School	1:06.41	1:06.69
	31.76		1:06.69 (34.93)		
13	Wineinger, Kara	10	Colonial Forge High School	1:06.40	1:06.84
	31.13		1:06.84 (35.71)		
14	Chase, Sophie	12	Lake Braddock Secondary School	1:06.91	1:07.32
	31.67		1:07.32 (35.65)		
15	Swanepoel-Stevens, Christin	10	West Springfield HS	1:07.30	1:07.37
	31.89		1:07.37 (35.48)		
16	Roesel, Gretchen	11	Langley High School	1:06.58	1:07.57
	32.14		1:07.57 (35.43)		

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Event 23 Boys 400 Yard Freestyle Relay

State Record: 3:06.81 ! 2/21/2009

Madison HS Boys

Madison HS

R Parker, M Russiello, A Pennington, S Fletcher

AAC: 3:10.99 %

AAA: 3:07.94 &

National Rec: 2:54.43 \$ 2012

Jacksonville Bolles

Jacksonville FL

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Princess Anne High School		3:09.60	3:08.16 %
1) Bovee, Jordan 10	2) Roche, Matthew 11	3) Wilson, Mark 11	4) Pierce, Harrison 11
23.00	48.07 (48.07)	1:10.55 (22.48)	1:35.66 (47.59)
1:57.97 (22.31)	2:22.80 (47.14)	2:43.84 (21.04)	3:08.16 (45.36)
2 Robinson Secondary School		3:09.65	3:08.79 %
1) Jones, Matt 11	2) Shim, Johann 12	3) Jones, James 9	4) Murphy, James 9
22.50	47.27 (47.27)	1:10.73 (23.46)	1:36.63 (49.36)
1:58.41 (21.78)	2:23.08 (46.45)	2:44.93 (21.85)	3:08.79 (45.71)
3 Thomas Jefferson		3:12.04	3:09.07 %
1) Oakley, Miles 11	2) Sison, Emilio 9	3) Thorsell, Luke 10	4) Seliskar, Andrew 10
23.16	48.78 (48.78)	1:11.71 (22.93)	1:37.75 (48.97)
1:59.81 (22.06)	2:24.85 (47.10)	2:45.62 (20.77)	3:09.07 (44.22)
4 Hickory High School		3:13.85	3:12.35
1) Burton, Jerry 12	2) Hynes, Kevin 12	3) Jackson, Andrew 12	4) Burton, Logan 11
22.79	47.39 (47.39)	1:10.41 (23.02)	1:36.60 (49.21)
1:59.06 (22.46)	2:25.24 (48.64)	2:47.19 (21.95)	3:12.35 (47.11)
5 James Madison High School		3:15.55	3:13.48
1) Smith, Grayson 11	2) Kinton, Peter 11	3) Russiello, Ian 10	4) Wang, Howe 12
22.60	47.82 (47.82)	1:10.19 (22.37)	1:36.16 (48.34)
1:59.19 (23.03)	2:25.07 (48.91)	2:48.15 (23.08)	3:13.48 (48.41)
6 Chantilly Chargers		3:13.97	3:13.92
1) Baker, Evan 11	2) Stewart, David 12	3) Strait, Alex 10	4) Grimmer-Norris, Christopher 12
23.19	48.62 (48.62)	1:11.81 (23.19)	1:37.66 (49.04)
2:01.81 (24.15)	2:27.56 (49.90)	2:49.64 (22.08)	3:13.92 (46.36)
7 Atlee High School		3:15.68	3:14.14
1) Condon, Shane 12	2) Grubb, Wyatt 11	3) Roper, Graham 12	4) Burnley, Jesse 12
23.66	49.23 (49.23)	1:13.01 (23.78)	1:39.24 (50.01)
2:02.26 (23.02)	2:27.60 (48.36)	2:49.64 (22.04)	3:14.14 (46.54)
8 Washington-Lee High School		3:13.40	3:14.52
1) O'Doherty, Philip 11	2) Rodriguez, Francisco 12	3) Meade, Bryan 10	4) Delancey, Jay 11
23.35	49.07 (49.07)	1:12.52 (23.45)	1:39.13 (50.06)
2:01.50 (22.37)	2:27.69 (48.56)	2:49.71 (22.02)	3:14.52 (46.83)
B - Final			
9 Oakton High School		3:16.23	3:14.08
1) Nguyen, Denny 11	2) Ambrose, Michael 10	3) Pawlowicz, Nathan 10	4) Hu, Philip 12
23.77	49.43 (49.43)	1:13.10 (23.67)	1:38.85 (49.42)
2:02.20 (23.35)	2:28.05 (49.20)	2:49.61 (21.56)	3:14.08 (46.03)
10 Frank W Cox High School		3:16.32	3:16.22
1) DaCruz, Nate 11	2) Redcliffe, Jack 10	3) Temple, Austin 11	4) Frayne, Ryan 12
23.30	47.64 (47.64)	1:10.89 (23.25)	1:37.24 (49.60)
2:00.34 (23.10)	2:27.49 (50.25)	2:50.45 (22.96)	3:16.22 (48.73)
11 Osbourn Park High School		3:16.18	3:16.88
1) Stronko, Sam 12	2) Fadeyev, Ivan 11	3) Parker, Kenny 11	4) Worrick, Joe 12
23.76	49.06 (49.06)	1:12.96 (23.90)	1:39.61 (50.55)
2:02.95 (23.34)	2:28.69 (49.08)	2:52.05 (23.36)	3:16.88 (48.19)

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B - Final ... (Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time
12 Woodson High School		3:15.83	3:16.95
1) Chung, James 11	2) Yoo, Caleb 10	3) Hansen, Cory 12	4) Kane, Jesse 12
24.01	49.38 (49.38)	1:12.77 (23.39)	1:38.24 (48.86)
2:01.84 (23.60)	2:29.58 (51.34)	2:51.98 (22.40)	3:16.95 (47.37)
13 McLean High School		3:16.92	3:17.11
1) Murphy, Chris 9	2) Kim, 053095bil*Kim* 12	3) Southern, Michael 10	4) Southern, Ben 12
23.45	48.72 (48.72)	1:13.03 (24.31)	1:39.16 (50.44)
2:03.02 (23.86)	2:29.86 (50.70)	2:52.24 (22.38)	3:17.11 (47.25)
14 Lake Braddock Secondary School		3:16.38	3:17.50
1) Berlin, Andrew 12	2) White, Nick 12	3) Stankiewicz, Christopher 9	4) McGarry, Cole 10
24.32	49.46 (49.46)	1:13.11 (23.65)	1:39.15 (49.69)
2:02.48 (23.33)	2:28.89 (49.74)	2:51.63 (22.74)	3:17.50 (48.61)
15 West Springfield HS		3:19.80	3:20.84
1) Pastel, Aidan 9	2) Whitesel, Taylor 10	3) McCaslin, Zachary 11	4) MacKinnon, Connor 10
24.29	49.81 (49.81)	1:13.77 (23.96)	1:40.11 (50.30)
2:04.47 (24.36)	2:31.63 (51.52)	2:54.92 (23.29)	3:20.84 (49.21)
16 Maggie Walker Govr's School		3:19.94	3:24.51
1) Weissend, Grey 12	2) Erickson, Steffen 10	3) Drummond, Andrew 11	4) Moyer, Jacob 12
24.19	51.34 (51.34)	1:14.52 (23.18)	1:40.37 (49.03)
2:04.89 (24.52)	2:33.01 (52.64)	2:56.81 (23.80)	3:24.51 (51.50)

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Event 24 Girls 400 Yard Freestyle Relay**State Record: 3:28.44 ! 2/16/2013****Oakton High School****Oakton****L Branton, K Lawhorn, M Byrnes, J Hu****AAC: 3:33.53 %****AAA: 3:30.14 &****National Rec: 3:22.42 \$ 2011****Regis Jesuit****Colorado****Thomas, Todd, DeBever, Franklin**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Oakton High School		3:31.44	3:28.44 !
1) Branton, Laura 10	2) Lawhorn, Kendall 11	3) Byrnes, Megan 9	4) Hu, Janet 11
24.83	52.11 (52.11)	1:18.29 (26.18)	1:46.95 (54.84)
2:12.47 (25.52)	2:39.94 (52.99)	3:03.05 (23.11)	3:28.44 (48.50)
2 West Springfield HS		3:37.36	3:35.77
1) Won, Je Moon 11	2) Yi, Lauren 12	3) D'Amato, Emily 12	4) Dryer, Robyn 10
26.54	55.52 (55.52)	1:21.09 (25.57)	1:49.74 (54.22)
2:15.54 (25.80)	2:43.24 (53.50)	3:08.48 (25.24)	3:35.77 (52.53)
3 Yorktown High School		3:37.48	3:35.92
1) Didawick, Amanda 12	2) Belilos, Ellie 12	3) Nassetta, Kirby 10	4) Dolan, Suzanne 9
26.13	54.54 (54.54)	1:20.06 (25.52)	1:48.58 (54.04)
2:14.61 (26.03)	2:43.71 (55.13)	3:08.49 (24.78)	3:35.92 (52.21)
4 Hickory High School		3:38.98	3:37.37
1) Hynes, Susan 10	2) Ange, Leah 12	3) Egress, Emily 12	4) Loud, Shannon 12
25.50	53.11 (53.11)	1:19.57 (26.46)	1:48.78 (55.67)
2:14.60 (25.82)	2:43.31 (54.53)	3:08.89 (25.58)	3:37.37 (54.06)
5 Frank W Cox High School		3:37.20	3:37.54
1) Degner, Katherine 9	2) Orsini, Alexandra 9	3) Ostrowski, Claire 9	4) DaCruz, Georgia 9
26.60	55.20 (55.20)	1:21.51 (26.31)	1:51.39 (56.19)
2:16.67 (25.28)	2:45.04 (53.65)	3:10.16 (25.12)	3:37.54 (52.50)
6 Patrick Henry Roanoke HS		3:38.93	3:37.95
1) Privott, Caitlin 10	2) Morling, Jordan 9	3) Kulp, Natalie 9	4) Stanley, Olivia 9
26.36	54.74 (54.74)	1:21.08 (26.34)	1:49.35 (54.61)
2:16.06 (26.71)	2:45.20 (55.85)	3:10.63 (25.43)	3:37.95 (52.75)
7 Robinson Secondary School		3:39.02	3:38.09
1) Munch, Katie 12	2) Luong, Vivian 9	3) Baker, Hannah 9	4) Schuler, Mackenzie 10
26.22	54.50 (54.50)	1:21.08 (26.58)	1:50.42 (55.92)
2:15.12 (24.70)	2:41.94 (51.52)	3:08.01 (26.07)	3:38.09 (56.15)
8 James Madison High School		3:38.74	3:38.53
1) Kellan, Laura 12	2) Dyson, Mallory 9	3) Sullivan, Laura 10	4) Owens, Sidney 10
26.27	55.11 (55.11)	1:20.82 (25.71)	1:50.60 (55.49)
2:16.58 (25.98)	2:45.25 (54.65)	3:10.23 (24.98)	3:38.53 (53.28)
B - Final			
9 Albemarle High School		3:39.51	3:37.02
1) Harper, Hannah 11	2) Wuensch, Abby 10	3) Lockman, Emma 10	4) Yan, Jeanette 10
26.23	53.97 (53.97)	1:19.95 (25.98)	1:49.17 (55.20)
2:14.58 (25.41)	2:42.87 (53.70)	3:08.70 (25.83)	3:37.02 (54.15)
10 Westfield High School		3:39.10	3:39.94
1) Schulte, Erin 12	2) Warrington, Reagan 12	3) Hicks, Chloe 9	4) Newkirk, Mia 9
26.14	54.45 (54.45)	1:20.60 (26.15)	1:49.71 (55.26)
2:15.05 (25.34)	2:45.15 (55.44)	3:11.06 (25.91)	3:39.94 (54.79)
11 Colonial Forge High School		3:43.81	3:40.72
1) Garrity, Keara 9	2) Garza, Kirsten 12	3) Wineinger, Kara 10	4) Waisanen, Ryli 10
26.40	54.65 (54.65)	1:21.15 (26.50)	1:51.31 (56.66)
2:17.62 (26.31)	2:46.50 (55.19)	3:12.27 (25.77)	3:40.72 (54.22)

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B - Final ... (Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay	Prelim Time	Finals Time
12 Osbourn Park High School		3:39.57	3:40.92
1) Tabor, Natalie 11	2) Stevens, Jillian 12	3) Colligan, Chloe 11	4) Skelley, Emma 12
26.07	55.01 (55.01)	1:21.62 (26.61)	1:50.87 (55.86)
2:16.71 (25.84)	2:45.55 (54.68)	3:12.46 (26.91)	3:40.92 (55.37)
13 Langley High School		3:40.87	3:41.47
1) Storch, Katie 11	2) Owens, Amy 10	3) Grassi, Micaela 9	4) Muir, Fiona 10
26.29	55.34 (55.34)	1:21.82 (26.48)	1:50.76 (55.42)
2:17.00 (26.24)	2:46.09 (55.33)	3:12.30 (26.21)	3:41.47 (55.38)
14 Lake Braddock Secondary School		3:42.30	3:41.77
1) Hunter, Alex 12	2) Merrill, Anne 10	3) Lertlumprasert, Charlie 9	4) Kolb, Karina 10
26.18	55.40 (55.40)	1:22.13 (26.73)	1:51.62 (56.22)
2:18.21 (26.59)	2:48.32 (56.70)	3:13.51 (25.19)	3:41.77 (53.45)
15 Stafford Indians Swim Team		3:40.38	3:42.21
1) Ulrich, Ryan 10	2) Kleveno, Elizabeth 12	3) Sizemore, Karah 10	4) Showers, Rachel 10
26.58	55.01 (55.01)	1:21.18 (26.17)	1:50.50 (55.49)
2:17.25 (26.75)	2:46.52 (56.02)	3:13.13 (26.61)	3:42.21 (55.69)
16 South County High School		3:42.53	3:43.45
1) Clark, Megan 9	2) Hopler, Nicole 11	3) Heiss, Sarah 10	4) Malone, Brooke 11
25.77	53.92 (53.92)	1:21.42 (27.50)	1:51.59 (57.67)
2:19.08 (27.49)	2:50.64 (59.05)	3:15.75 (25.11)	3:43.45 (52.81)

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Scores - WomenWomen - Team Rankings - Through Event 24

1. Oakton High School	275	2. Yorktown High School	128
3. McLean High School	119	4. West Springfield HS	113
5. Woodson High School	111.5	6. Frank W Cox High School	108
7. Robinson Secondary School	102	8. Osbourn Park High School	96
9. West Potomac High School	95	10. Chantilly Chargers	88
11. Albemarle High School	72	12. Hickory High School	71
13. South County High School	67	14. Patrick Henry Roanoke HS	66
15. Woodbridge Senior High School	63	16. Langley High School	62
17. Colonial Heights High School	60	18. James Madison High School	55
19. Fairfax High School	50	20. Centreville High School	44
21. Falls Church High School	34	22. Riverbend High School	33
23. Stone Bridge High School	29	24. Westfield High School	28
24. Atlee High School	28	26. Stafford Indians Swim Team	27
27. Brooke Point High School	25	28. Colonial Forge High School	24
29. Lake Braddock Secondary School	21	30. Lee-Davis High School	18
31. Princess Anne High School	17	32. Battlefield High School	16
32. Grassfield High School	16	32. Kellam High School	16
35. Gar-Field Senior High School	15	35. Hayfield Secondary School	15
37. T.C. Williams High School	14.5	38. Hanover High School	13
38. Thomas Jefferson	13	38. Western Branch High School	13
41. Orange County High School	12	42. Ocean Lakes High School	9
43. Mountain View High School	7	43. Osbourn High School	7
45. Stonewall Jackson High School	6	45. Patriot High School	6
47. First Colonial HS	5	48. Kempsville High School	4
49. Landstown High School	2		

Scores - MenMen - Team Rankings - Through Event 24

1. Robinson Secondary School	218.5	2. James Madison High School	192.5
3. Oakton High School	192	4. Thomas Jefferson	180
5. Princess Anne High School	179	6. Woodson High School	122
7. Frank W Cox High School	116	8. Chantilly Chargers	94
9. Osbourn Park High School	88	10. Hickory High School	83
11. McLean High School	81	12. Maggie Walker Govr's School	71
13. South County High School	66	14. Atlee High School	62
15. Albemarle High School	55	16. West Springfield HS	53
17. Washington-Lee High School	47	18. Fairfax High School	46
19. Westfield High School	45	20. Lake Braddock Secondary School	42
21. Orange County High School	37	22. George C. Marshall High School	32
23. Great Bridge High School	29	24. Patrick Henry Roanoke HS	28
25. Forest Park High School	27	26. Hayfield Secondary School	26
27. Yorktown High School	25	28. Herndon High School	14
29. Maury High School	12	30. Falls Church High School	11
30. Centreville High School	11	32. Freedom High School	10
33. Annandale High School	6	34. West Potomac High School	5

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(Scores - Men)

35. Patriot High School	4	36. First Colonial HS	3
37. Osbourn High School	2	37. Langley High School	2
37. North Stafford High School	2	40. Warwick High School	1
40. Menchville High	1		