

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 20
24-1-2016

Women, 200m Freestyle

Open
Results Finals

Belgisch record	2:00.90	Van Koeckhoven Nina	MEGA	Helsinki (FIN)	7-7-2000
Vlaams records	2:00.90	Van Koeckhoven Nina	MZV	Helsinki (FIN)	7-7-2000
Event record	1:57.19	Hosszu Katinka	HUN	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup : 2:17.00

Points: FINA 2014

Rank	YB			Time	Pts	100m	200m
Final A							
1.	98	GBR	GBR	2:00.63	821	1:00.18	1:00.45
2.	92	COSE	GBR	2:00.83	817	59.50	1:01.33
	93	COSE	GBR	2:00.83	817	59.64	1:01.19
4.	00	BRABO	BEL	2:02.74	779	1:00.24	1:02.50
5.	97	STMN	GBR	2:02.75	779	1:00.49	1:02.26
6.	94	NED	NED	2:03.06	773	59.82	1:03.24
7.	99	GBR	GBR	2:03.31	769	1:01.27	1:02.04
8.	96	POR	POR	2:03.59	763	1:00.07	1:03.52
Final B							
9.	97	FFBN	BEL	2:02.22	789	59.44	1:02.78
10.	01	BRABO	BEL	2:05.36	732	1:00.77	1:04.59
11.	01	ZB	BEL	2:05.89	722	1:01.51	1:04.38
12.	00	MOZKA	BEL	2:06.57	711	1:01.15	1:05.42
13.	97	BRABO	BEL	2:08.83	674	1:01.81	1:07.02
14.	00	FFBN	BEL	2:09.42	665	1:02.71	1:06.71
15.	01	ZS	BEL	2:11.91	628	1:03.96	1:07.95
16.	97	ZCT	BEL	2:13.66	603	1:03.62	1:10.04

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 21
24-1-2016

Men, 50m Butterfly

Open
Results Finals

Belgisch record	23.34	Heersbrandt Francois	CNSW	Kazan (RUS)	2-8-2015
Vlaams records	23.99	De Wilde Gilles	MEGA	Antwerpen	18-5-2013
Event record	23.66	Proud Benjamin	GBR	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup 15 - 18: 29.00; Open: 28.00

Points: FINA 2014

Rank		YB			Time	Pts
Final A						
1.	Margevicius Deividas	95	LTU	LTU	24.25	791
2.	Barrett Adam	92	LCLA	GBR	24.36	780
3.	Vangoetsenhoven Dries	97	BRABO	BEL	24.92	729
4.	Luecker Philip	94	SGN	GER	25.13	711
5.	Carvalho Diogo Filipe	88	POR	POR	25.23	702
6.	De Graeve Birgen	98	LAQUA	BEL	25.34	693
7.	De Meulemeester Sebastien	98	ZNA	BEL	25.35	692
8.	Bodiroza Nick	00	BRABO	SLO	25.59	673
Final B						
9.	De Meyer Diego	95	MEGA	BEL	26.11	633
10.	Carremans Maarten	98	WLW	BEL	26.19	628
11.	Vandersypen Vincent	99	BRABO	BEL	26.50	606
12.	Haegeman Jonas	99	AST	BEL	26.56	602
13.	Parmentier Bavo	98	BZK	BEL	26.64	596
14.	Terryn Julien	93	RSC	BEL	26.68	594
15.	Delferiere Alan	98	SCSG	BEL	26.94	577
16.	Bierberg Gregory	98	VN	BEL	27.00	573

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 22
24-1-2016

Women, 100m Butterfly

Open
Results Finals

Belgisch record	58.36	Buyts Kimberly	BRABO	Kazan (RUS)	2-8-2015
Vlaams records	58.36	Buyts Kimberly	BRABO	Kazan (RUS)	2-8-2015
Event record	57.90	Dekker Inge	NED	Antwerpen	13-1-2007

Limieten Flanders Speedo Cup : 1:09.00

Points: FINA 2014

Rank		YB			Time	Pts
Final A						
1.	Kelly Rachael	94	GBR	GBR	57.74	911
2.	Vourna Kristel	92	GRE	GRE	58.99	854
3.	Beckmann Emilie	97	DEN	DEN	59.82	819
4.	Buyts Kimberly	89	BRABO	BEL	1:00.43	794
5.	Pugh Tazmin	00	GBR	GBR	1:01.07	770
6.	Busch Kim	98	NED	NED	1:01.51	753
7.	Erichsen Caroline	98	DEN	DEN	1:01.91	739
8.	Hibbott Holly	99	GBR	GBR	1:02.43	720
Final B						
9.	Dumont Valentine	00	FFBN	BEL	1:03.61	681
10.	Jochems Charissa	01	SHARK	BEL	1:03.68	679
11.	Gillet Victoria	98	VN	BEL	1:03.73	677
12.	Van Heghe Margot	99	FIRST	BEL	1:04.06	667
13.	Dumont Juliette	00	FFBN	BEL	1:04.14	664
14.	Maes Rosanne	01	ZCK	BEL	1:07.58	568
15.	Gielen Indra	00	DMB	BEL	1:08.17	553
16.	Vanoost Margeaux	01	KZK	BEL	1:10.13	508

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 23
24-1-2016

Men, 200m Backstroke

Open
Results Finals

Belgisch record	1:59.64	Maene Stefaan	BZK	Barcelona (ESP)	28-7-1992
Vlaams records	1:59.64	Maene Stefaan	BZK	Barcelona (ESP)	28-7-1992
Event record	1:58.04	Rapsys Danas	LTU	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup 15 - 18: 2:25.00; Open: 2:19.00

Points: FINA 2014

Rank	YB			Time	Pts	100m	200m
Final A							
1.	95	LTU	LTU	1:56.72	881	56.77	59.95
2.	94	LAQUA	BEL	2:01.91	773	59.78	1:02.13
3.	96	TSZ	BEL	2:02.13	769	59.49	1:02.64
4.	94	UZB	UZB	2:02.48	763	59.78	1:02.70
5.	98	MOZKA	BEL	2:03.28	748	1:00.18	1:03.10
6.	97	GBR	GBR	2:03.83	738	1:01.32	1:02.51
7.	95	GBR	GBR	2:04.44	727	1:00.91	1:03.53
8.	99	MILW	GBR	2:07.93	669	1:01.64	1:06.29
Final B							
9.	00	FIRST	BEL	2:10.31	633	1:03.33	1:06.98
10.	00	HZS	BEL	2:11.10	622	1:04.53	1:06.57
11.	99	STT	BEL	2:11.28	619	1:02.63	1:08.65
12.	98	BZK	BEL	2:13.71	586	1:06.67	1:07.04
13.	99	BRABO	BEL	2:13.77	585	1:06.13	1:07.64
14.	99	HN	BEL	2:14.72	573	1:05.79	1:08.93
15.	00	TSZ	BEL	2:17.47	539	1:06.92	1:10.55
16.	98	DMB	BEL	2:20.13	509	1:07.58	1:12.55

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 24
24-1-2016

Women, 200m Breaststroke
B finale na wedstrijd 35

Open
Results Finals

Belgisch record	2:23.77	Lecluyse Fanny	DM	Kazan (RUS)	6-8-2015
Vlaams records	2:27.04	Matthysen Elise	BRABO	Beijing (CHN)	13-8-2008
Event record	2:25.05	Pedersen Rikke M.	DEN	Antwerpen	20-1-2013

Limieten Flanders Speedo Cup : 2:49.00

Points: FINA 2014

provisional results

Rank	YB			Time	Pts	100m	200m	
Final A								
1.	Matts Katie	98	GBR	GBR	2:27.78	834	1:10.81	1:16.97
2.	Coates Georgia	99	GBR	GBR	2:30.93	782	1:13.45	1:17.48
3.	Cain Emma	99	GBR	GBR	2:31.76	770	1:13.59	1:18.17
4.	Lambert Michelle	94	SGE	GER	2:32.17	763	1:14.22	1:17.95
5.	Black Layla	00	GBR	GBR	2:33.27	747	1:14.93	1:18.34
6.	Michels Lise	99	FFBN	BEL	2:34.80	725	1:14.99	1:19.81
7.	Pereira Raquel Gomes	00	POR	POR	2:36.28	705	1:15.68	1:20.60
8.	Geeroms Anke	00	SCZ	BEL	2:40.28	653	1:16.55	1:23.73

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 25
24-1-2016

Men, 100m Breaststroke

Open
Results Finals

Belgisch record	1:00.60	Deburghgraeve Fred	BEL	Atlanta (USA)	20-7-1996
Vlaams records	1:00.60	Deburghgraeve Frederik	RZV	Atlanta (USA)	20-7-1996
Event record	59.48	Peaty Adam	GBR	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup 15 - 18: 1:15.00; Open: 1:12.00

Points: FINA 2014

Rank		YB			Time	Pts
Final A						
1.	Mustafin Vladislav	95	UZB	UZB	1:00.64	895
2.	Sidlauskas Andrius	97	LTU	LTU	1:01.49	859
3.	Attwood Charlie	97	GBR	GBR	1:01.83	845
4.	Wilby James	93	GBR	GBR	1:01.84	844
5.	Holderness Robert	90	MILW	GBR	1:02.52	817
6.	Willis Andrew	90	GBR	GBR	1:02.61	814
7.	Kerc Aljaz	90	PK Olimpija	SLO	1:02.85	804
8.	Vandevelde Raf	93	STT	BEL	1:03.69	773
Final B						
9.	Caerts Basten	97	DBT	BEL	1:03.72	772
10.	De Gols Senne	98	ZNA	BEL	1:04.94	729
11.	De Meyer Diego	95	MEGA	BEL	1:06.81	669
12.	Eekhof Maxime	97	ZCT	BEL	1:06.84	669
13.	Ruijten Sander	01	DMB	BEL	1:07.88	638
14.	Staes Thomas	00	SHARK	BEL	1:08.92	610
15.	De Coster Robbe	98	COAST	BEL	1:09.97	583
16.	Van Damme Antoon	99	AZL	BEL	1:11.09	556

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 26
24-1-2016

Women, 200m Medley

Open
Results Finals

Belgisch record	2:13.68	Lecluyse Fanny	DM	Shanghai (CHN)	24-7-2011
Vlaams records	2:15.33	Buys Kimberly	BRABO	Antwerpen	22-1-2011
Event record	2:10.36	Hosszu Katinka	HUN	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup : 2:35.00

Points: FINA 2014

Rank	YB			Time	Pts	100m	200m
Final A							
1.	94	UZB	UZB	2:12.53	862	1:03.13	1:09.40
2.	93	GBR	GBR	2:13.53	843	1:03.51	1:10.02
3.	88	BRABO	NED	2:14.97	816	1:02.22	1:12.75
4.	99	GBR	GBR	2:17.26	776	1:05.37	1:11.89
5.	99	GBR	GBR	2:17.59	770	1:07.38	1:10.21
6.	97	STMN	GBR	2:18.39	757	1:06.10	1:12.29
7.	94	NED	NED	2:19.49	739	1:06.29	1:13.20
8.	98	GBR	GBR	2:19.63	737	1:04.65	1:14.98
Final B							
9.	00	BRABO	BEL	2:20.26	727	1:07.88	1:12.38
10.	98	BRABO	BEL	2:23.14	684	1:07.24	1:15.90
11.	01	ZB	BEL	2:24.03	671	1:07.48	1:16.55
12.	98	VN	BEL	2:28.89	608	1:09.51	1:19.38
13.	01	DMB	BEL	2:32.12	570	1:09.23	1:22.89
14.	00	ZB	BEL	2:32.52	565	1:10.17	1:22.35
15.	98	DDAT	BEL	2:33.32	557	1:14.25	1:19.07
16.	00	KZK	BEL	2:37.67	512	1:13.60	1:24.07

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 27
24-1-2016

Men, 100m Freestyle

Open
Results Finals

Belgisch record	48.22	Timmers Pieter	BRABO	Kazan (RUS)	5-8-2015
Vlaams records	48.22	Timmers Pieter	BRABO	Kazan (RUS)	5-8-2015
Event record	48.76	Timmers Pieter	BEL	Antwerpen	20-1-2013

Limieten Flanders Speedo Cup 15 - 18: 1:00.00; Open: 58.00

Points: FINA 2014

Rank		YB			Time	Pts
Final A						
1.	Aerents Jasper	92	BZK	BEL	49.21	866
2.	Surgeloose Glenn	89	BRABO	BEL	49.63	844
3.	Vanluchene Emmanuel	92	GOLD	BEL	50.01	825
4.	Dekoninck Dieter	91	BRABO	BEL	50.05	823
5.	Tulupov Daniil	88	UZB	UZB	50.31	810
6.	Tursunov Khurshid	94	UZB	UZB	50.33	809
7.	Disney-May James	92	LCLA	GBR	50.60	796
8.	Timm Braxston	92	COSE	GBR	51.13	772
Final B						
9.	Weiremans Lorenz	96	BRABO	BEL	51.31	764
10.	Cortens Ken	93	LAQUA	BEL	51.90	738
11.	De Meulemeester Sebastien	98	ZNA	BEL	52.22	724
12.	Thijs Thomas	97	ZGEEL	BEL	52.51	712
13.	Trap Alexander	97	BRABO	BEL	53.09	689
14.	De Graeve Birgen	98	LAQUA	BEL	53.22	684
15.	Luyten Sjobbe	98	MOZKA	BEL	56.15	583

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 28 24-1-2016	Women, 400m Freestyle				Open Results Finals
Belgisch record	4:11.71	Arnould Isabelle	BEL	Seoul (KOR)	22-9-1988
Vlaams records	4:17.38	Goffin Sofie	ZS	Charleroi	9-8-1998
Event record	4:06.68	Carlin Jazmin	GBR	Antwerpen	26-1-2014

Limieten Flanders Speedo Cup : 4:49.00

Points: FINA 2014

Rank	YB			Time	Pts	100m	200m	300m	400m	
Final A										
1.	Hibbott Holly	99	GBR	GBR	4:13.53	839	1:02.74	1:04.72	1:04.17	1:01.90
	50m: 30.53	30.53	150m: 1:35.06	32.32	250m: 2:39.73	32.27	350m: 3:42.91	31.28		
	100m: 1:02.74	32.21	200m: 2:07.46	32.40	300m: 3:11.63	31.90	400m: 4:13.53	30.62		
2.	Faulkner Eleanor	93	COSE	GBR	4:13.88	835	1:01.79	1:04.39	1:04.21	1:03.49
	50m: 29.51	29.51	150m: 1:33.90	32.11	250m: 2:37.95	31.77	350m: 3:42.64	32.25		
	100m: 1:01.79	32.28	200m: 2:06.18	32.28	300m: 3:10.39	32.44	400m: 4:13.88	31.24		
3.	Willmott Aimee	93	GBR	GBR	4:15.20	822	1:02.46	1:04.48	1:04.91	1:03.35
	50m: 30.44	30.44	150m: 1:34.79	32.33	250m: 2:39.47	32.53	350m: 3:44.20	32.35		
	100m: 1:02.46	32.02	200m: 2:06.94	32.15	300m: 3:11.85	32.38	400m: 4:15.20	31.00		
4.	Wood Abbie	99	GBR	GBR	4:16.11	814	1:02.63	1:05.56	1:04.54	1:03.38
	50m: 30.11	30.11	150m: 1:35.28	32.65	250m: 2:40.24	32.05	350m: 3:44.66	31.93		
	100m: 1:02.63	32.52	200m: 2:08.19	32.91	300m: 3:12.73	32.49	400m: 4:16.11	31.45		
5.	Boyle Georgina	98	GBR	GBR	4:19.55	782	1:03.71	1:06.07	1:04.55	1:05.22
	50m: 30.26	30.26	150m: 1:36.58	32.87	250m: 2:41.78	32.00	350m: 3:47.15	32.82		
	100m: 1:03.71	33.45	200m: 2:09.78	33.20	300m: 3:14.33	32.55	400m: 4:19.55	32.40		
6.	Dumont Valentine	00	FFBN	BEL	4:19.80	779	1:02.90	1:05.75	1:06.19	1:04.96
	50m: 30.67	30.67	150m: 1:35.78	32.88	250m: 2:41.45	32.80	350m: 3:47.85	33.01		
	100m: 1:02.90	32.23	200m: 2:08.65	32.87	300m: 3:14.84	33.39	400m: 4:19.80	31.95		
7.	Holub Tamila Hryhorivna	99	POR	POR	4:21.59	764	1:02.93	1:05.86	1:06.63	1:06.17
	50m: 30.39	30.39	150m: 1:35.80	32.87	250m: 2:42.09	33.30	350m: 3:48.99	33.57		
	100m: 1:02.93	32.54	200m: 2:08.79	32.99	300m: 3:15.42	33.33	400m: 4:21.59	32.60		
8.	Duraes Diana Margarida	96	POR	POR	4:24.89	735	1:02.90	1:07.39	1:07.85	1:06.75
	50m: 30.39	30.39	150m: 1:36.19	33.29	250m: 2:44.13	33.84	350m: 3:51.54	33.40		
	100m: 1:02.90	32.51	200m: 2:10.29	34.10	300m: 3:18.14	34.01	400m: 4:24.89	33.35		
Final B										
9.	Mattens Edith	97	KZK	BEL	4:25.81	728	1:03.85	1:06.46	1:07.69	1:07.81
	50m: 31.04	31.04	150m: 1:36.85	33.00	250m: 2:44.03	33.72	350m: 3:52.18	34.18		
	100m: 1:03.85	32.81	200m: 2:10.31	33.46	300m: 3:18.00	33.97	400m: 4:25.81	33.63		
10.	Geeroms Anke	00	SCZ	BEL	4:33.01	672	1:04.72	1:09.73	1:09.76	1:08.80
	50m: 30.98	30.98	150m: 1:39.19	34.47	250m: 2:49.19	34.74	350m: 3:59.13	34.92		
	100m: 1:04.72	33.74	200m: 2:14.45	35.26	300m: 3:24.21	35.02	400m: 4:33.01	33.88		
11.	Van Deuren Charlotte	01	BRABO	BEL	4:36.24	648	1:05.37	1:11.18	1:10.57	1:09.12
	50m: 31.49	31.49	150m: 1:40.71	35.34	250m: 2:51.59	35.04	350m: 4:02.09	34.97		
	100m: 1:05.37	33.88	200m: 2:16.55	35.84	300m: 3:27.12	35.53	400m: 4:36.24	34.15		
12.	Dionysopoulou Maria	00	BRABO	BEL	4:38.30	634	1:06.15	1:10.11	1:11.48	1:10.56
	50m: 31.77	31.77	150m: 1:40.83	34.68	250m: 2:51.76	35.50	350m: 4:03.42	35.68		
	100m: 1:06.15	34.38	200m: 2:16.26	35.43	300m: 3:27.74	35.98	400m: 4:38.30	34.88		
13.	Van Nyverseel Silke	01	ZS	BEL	4:38.91	630	1:06.80	1:11.46	1:11.80	1:08.85
	50m: 32.24	32.24	150m: 1:42.67	35.87	250m: 2:54.54	36.28	350m: 4:05.66	35.60		
	100m: 1:06.80	34.56	200m: 2:18.26	35.59	300m: 3:30.06	35.52	400m: 4:38.91	33.25		
14.	De Baere Marie-Claire	97	STW	BEL	4:42.71	605	1:07.90	1:11.64	1:12.01	1:11.16
	50m: 32.36	32.36	150m: 1:43.48	35.58	250m: 2:55.43	35.89	350m: 4:07.83	36.28		
	100m: 1:07.90	35.54	200m: 2:19.54	36.06	300m: 3:31.55	36.12	400m: 4:42.71	34.88		

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 28, Women, 400m Freestyle, Final, Open

Rank	YB		Time		Pts	100m	200m	300m	400m	
15.	Vanhee Steffi	01	KZK	BEL	4:45.28	589	1:06.29	1:12.04	1:13.80	1:13.15
	50m: 31.88	31.88	150m: 1:42.13	35.84	250m: 2:55.20	36.87	350m: 4:09.49	37.36		
	100m: 1:06.29	34.41	200m: 2:18.33	36.20	300m: 3:32.13	36.93	400m: 4:45.28	35.79		
16.	Leyman Merel	98	DDAT	BEL	4:48.22	571	1:08.76	1:13.54	1:14.13	1:11.79
	50m: 32.90	32.90	150m: 1:45.46	36.70	250m: 2:59.55	37.25	350m: 4:13.30	36.87		
	100m: 1:08.76	35.86	200m: 2:22.30	36.84	300m: 3:36.43	36.88	400m: 4:48.22	34.92		

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 29 24-1-2016	Men, 400m Medley B reeks na wedstrijd 35				Open Results Finals
Belgisch record	4:16.71	Bauwens Ward	BRABO	London (GBR)	28-7-2012
Vlaams records	4:16.71	Bauwens Ward	BRABO	Londen (GBR)	28-7-2012
Event record	4:15.39	Cseh Laszlo	HUN	Antwerpen	15-1-2011

Limieten Flanders Speedo Cup 15 - 18: 5:14.00; Open: 5:06.00

Points: FINA 2014

provisional results

Rank	YB		Time		Pts	100m	200m	300m	400m	
Final A										
1.	Vital Joao Alexandre	98	POR	POR	4:25.52	774*	1:00.72	1:07.26	1:16.94	1:00.60
	50m: 28.46	28.46	150m: 1:35.15	34.43	250m: 2:46.45	38.47	350m: 3:56.33	31.41		
	100m: 1:00.72	32.26	200m: 2:07.98	32.83	300m: 3:24.92	38.47	400m: 4:25.52	29.19		
2.	Slater Tristan	93	MILW	GBR	4:25.94	770	1:00.65	1:09.88	1:15.52	59.89
	50m: 27.93	27.93	150m: 1:36.10	35.45	250m: 2:48.01	37.48	350m: 3:56.71	30.66		
	100m: 1:00.65	32.72	200m: 2:10.53	34.43	300m: 3:26.05	38.04	400m: 4:25.94	29.23		
3.	Derlyugov Aleksey	91	UZB	UZB	4:25.96	770	59.78	1:10.37	1:15.93	59.88
	50m: 27.56	27.56	150m: 1:34.49	34.71	250m: 2:47.89	37.74	350m: 3:56.77	30.69		
	100m: 59.78	32.22	200m: 2:10.15	35.66	300m: 3:26.08	38.19	400m: 4:25.96	29.19		
4.	Dal Thomas	97	FFBN	BEL	4:26.41	766	1:00.70	1:10.95	1:12.09	1:02.67
	50m: 28.16	28.16	150m: 1:36.33	35.63	250m: 2:46.72	35.07	350m: 3:56.19	32.45		
	100m: 1:00.70	32.54	200m: 2:11.65	35.32	300m: 3:23.74	37.02	400m: 4:26.41	30.22		
5.	Vanhuyts Logan	97	FFBN	BEL	4:31.58	723	1:01.03	1:12.89	1:16.17	1:01.49
	50m: 27.73	27.73	150m: 1:37.23	36.20	250m: 2:51.02	37.10	350m: 4:01.53	31.44		
	100m: 1:01.03	33.30	200m: 2:13.92	36.69	300m: 3:30.09	39.07	400m: 4:31.58	30.05		
6.	Veloso Tomas Miguel	96	POR	POR	4:37.25	680	1:02.38	1:12.13	1:18.19	1:04.55
	50m: 29.32	29.32	150m: 1:38.93	36.55	250m: 2:53.22	38.71	350m: 4:05.96	33.26		
	100m: 1:02.38	33.06	200m: 2:14.51	35.58	300m: 3:32.70	39.48	400m: 4:37.25	31.29		
7.	De Gols Senne	98	ZNA	BEL	4:39.23	665*	1:04.25	1:12.45	1:17.56	1:04.97
	50m: 29.55	29.55	150m: 1:41.02	36.77	250m: 2:55.00	38.30	350m: 4:07.66	33.40		
	100m: 1:04.25	34.70	200m: 2:16.70	35.68	300m: 3:34.26	39.26	400m: 4:39.23	31.57		
8.	Williams Brodie	99	MILW	GBR	4:42.39	643*	1:03.55	1:11.78	1:21.15	1:05.91
	50m: 29.49	29.49	150m: 1:40.07	36.52	250m: 2:55.38	40.05	350m: 4:10.24	33.76		
	100m: 1:03.55	34.06	200m: 2:15.33	35.26	300m: 3:36.48	41.10	400m: 4:42.39	32.15		

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 30
24-1-2016

Women, 100m Backstroke

Open
Results Finals

Belgisch record	1:01.13	Buyts Kimberly	BRABO	Antwerpen	19-5-2013
Vlaams records	1:01.13	Buyts Kimberly	BRABO	Antwerpen	19-5-2013
Event record	1:00.53	Quigley Lauren	GBR	Antwerpen	26-1-2014

Limieten Flanders Speedo Cup : 1:12.00

Points: FINA 2014

Rank		YB			Time	Pts
Final A						
1.	Davies Georgia	90	LCLA	GBR	1:01.06	862
2.	Quigley Lauren	95	GBR	GBR	1:01.89	828
3.	Maine Anna	00	GBR	GBR	1:02.27	813
4.	Sacha Ioanna	99	GRE	GRE	1:03.80	755
5.	Horton Brittany	98	GBR	GBR	1:03.84	754
6.	Newlands Anna	98	STMN	GBR	1:04.02	748
7.	Bro Sarah	96	DEN	DEN	1:04.33	737
8.	Goris Mirthe	96	HZS	BEL	1:04.93	717
Final B						
9.	Walravens Sofie	99	SCSG	BEL	1:06.09	680
10.	Swinnen Marie-Lien	00	DMB	BEL	1:06.11	679
11.	D'Hondt Ischara	98	ZB	BEL	1:07.59	635
12.	Hansenne Nona	01	ZCK	BEL	1:08.81	602
13.	Daemen Sien	01	DMB	BEL	1:09.57	583
14.	Van Heghe Margot	99	FIRST	BEL	1:10.78	553
15.	Donckers Kali	00	BRABO	BEL	1:11.54	536

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 31
24-1-2016

Men, 200m Butterfly
B finale na wedstrijd 35

Open
Results Finals

Belgisch record	1:55.39	Croenen Louis	SHARK	Kazan (RUS)	5-8-2015
Vlaams records	1:55.39	Croenen Louis	SHARK	Kazan (RUS)	5-8-2015
Event record	1:57.20	Cseh Laszlo	HUN	Antwerpen	15-1-2011

Limieten Flanders Speedo Cup 15 - 18: 2:24.00; Open: 2:19.00

Points: FINA 2014

provisional results

Rank	YB			Time	Pts	100m	200m	
Final A								
1.	Croenen Louis	94	SHARK	BEL	1:58.82	826	57.66	1:01.16
2.	Dimitriadis Stefanos	89	GRE	GRE	1:59.20	818	58.00	1:01.20
3.	Nascimento Miguel Duarte	95	POR	POR	2:00.39	794	57.35	1:03.04
4.	Howdle Luke	94	COSE	GBR	2:01.60	771	58.27	1:03.33
5.	Carvalho Diogo Filipe	88	POR	POR	2:01.81	767	58.33	1:03.48
6.	Quintanilha Nuno Goncalo	87	POR	POR	2:02.57	752	58.10	1:04.47
7.	Luecker Philip	94	SGN	GER	2:07.45	669	59.44	1:08.01
8.	Carvalho Jose Paula	98	POR	POR	2:08.32	656	1:01.59	1:06.73

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 32
24-1-2016

Women, 50m Freestyle

Open
Results Finals

Belgisch record	25.37	Sysmans Jolien	BRABO	Antwerpen	17-3-2012
Vlaams records	25.37	Sysmans Jolien	ZGEEL	Antwerpen	17-3-2012
Event record	24.37	Veldhuis Marleen	NED	Antwerpen	13-1-2007

Limieten Flanders Speedo Cup : 29.00

Points: FINA 2014

Rank		YB			Time	Pts
Final A						
1.	Hallsall Francesca	90	GBR	GBR	24.78	878
2.	Busch Kim	98	NED	NED	25.26	829
3.	van Vliet Tamara	94	HAQUE	NED	25.50	805
4.	Quigley Lauren	95	GBR	GBR	25.90	769
5.	Gage Emma	89	STMN	GBR	25.94	765
6.	Beckmann Emilie	97	DEN	DEN	26.14	748
7.	Bro Sarah	96	DEN	DEN	26.54	714
8.	Casini Juliette	97	FFBN	BEL	26.59	710
Final B						
9.	De Bock Sonia	98	BRABO	BEL	26.79	694
10.	Vanlommel Anke	00	MOZKA	BEL	26.83	691
11.	Vanleynseele Sara	97	BRABO	BEL	26.95	682
12.	Dumont Juliette	00	FFBN	BEL	27.25	660
13.	Dumont Valentine	00	FFBN	BEL	27.80	621
14.	De Graaf Julie	01	ZS	BEL	27.81	621
15.	Melis Nala	99	BRABO	BEL	28.11	601
16.	Cobbaert Justine	00	ZB	BEL	28.27	591

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 33
24-1-2016

Men, 50m Backstroke

Open
Results Finals

Belgisch record	25.36	Heersbrandt Francois	CNSW	Antwerpen	10-5-2015
Vlaams records	25.84	Claeys Bruno	BZK	Rome (ITA)	1-8-2009
Event record	25.24	Plummer David	USA	Antwerpen	26-1-2014

Limieten Flanders Speedo Cup 15 - 18: 32.00; Open: 30.00

Points: FINA 2014

Rank		YB			Time	Pts
Final A						
1.	Jakupsson Magnus	94	DEN	DEN	25.44	843
2.	Kopelev Jonatan	91	ISR	ISR	25.58	830
3.	Tancock Liam	85	GBR	GBR	25.64	824
4.	Disney-May James	92	LCLA	GBR	26.46	749
5.	Santos Alexis Manacas	92	POR	POR	26.47	749
6.	Theodoris Nathan Keith	95	POR	POR	26.73	727
7.	Beard-Jones Ciaran	95	STMN	GBR	26.92	712
8.	Clogg Elliot	99	COSE	GBR	27.05	701
Final B						
9.	Luyten Sjobbe	98	MOZKA	BEL	27.22	688
10.	Van Lierde Thomas	99	ZNA	BEL	27.91	639
11.	Heuninck Maarten	00	FIRST	BEL	28.21	618
12.	Swillen Timon	00	TZ	BEL	28.35	609
13.	Bisschop Tibo	98	BZK	BEL	28.48	601
14.	Van Riet Tom	99	BRABO	BEL	29.20	558
15.	Den Haese Milan	98	DMB	BEL	29.25	555
16.	Blankers Gaetan	00	BRABO	BEL	29.59	536

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 34
24-1-2016

Women, 50m Breaststroke

Open
Results Finals

Belgisch record	30.75	Lecluyse Fanny	DM	Kazan (RUS)	8-8-2015
Vlaams records	31.52	Janssens Kim	BRABO	Barcelona (ESP)	3-8-2013
Event record	31.03	Pedersen Rikke M.	DEN	Antwerpen	20-1-2013

Limieten Flanders Speedo Cup : 37.00

Points: FINA 2014

Rank		YB			Time	Pts
Final A						
1.	Clark Imogen	99	GBR	GBR	31.10	851
2.	Matts Katie	98	GBR	GBR	32.41	752
3.	Rodrigues Ana Pinho	94	POR	POR	32.69	733
4.	Vermeiren Fleur	02	BRABO	BEL	32.93	717
5.	Senden Chantal	93	HELLAS	NED	33.15	703
6.	Ruhnau Alice	95	SGE	GER	33.36	690
7.	Gregoire Raphaelle	98	VN	BEL	33.99	652
8.	Lambert Michelle	94	SGE	GER	34.64	616
Final B						
9.	Michels Lise	99	FFBN	BEL	34.24	638
10.	Schoefs Elise	98	HZS	BEL	34.55	621
11.	Adams Kymberly	00	GOLD	BEL	34.98	598
12.	Wijnants Jasmine	02	SHARK	BEL	35.32	581
13.	Lemmens Nina	98	BRABO	BEL	35.88	554
14.	Carlu Axelle	00	KZK	BEL	36.36	532
15.	Den Haese Mette	01	DMB	BEL	36.47	528
16.	Pluijm Saar	99	ZS	BEL	37.27	494

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 35
24-1-2016

Men, 1500m Freestyle

Open
Results

Belgisch record	15:11.04	Vangeneugden Tom	OZV	Beijing (CHN)	15-8-2008
Vlaams records	15:11.04	Vangeneugden Tom	OZV	Beijing (CHN)	15-8-2008
Event record	15:10.60	Grainger Nicholas	GBR	Antwerpen	26-1-2014

Limieten Flanders Speedo Cup 15 - 18: 18:26.00; Open: 17:50.00

Points: FINA 2014

provisional results

Rank				YB				Time	Pts		
Williams Brodie											
				99	MILW		GBR	16:10.94	721		
100m:	1:01.46	1:01.46	500m:	5:22.27	1:05.01	900m:	9:41.24	1:04.78	1300m:	14:01.98	1:05.76
200m:	2:06.43	1:04.97	600m:	6:26.81	1:04.54	1000m:	10:46.18	1:04.94	1400m:	15:07.77	1:05.79
300m:	3:11.74	1:05.31	700m:	7:32.24	1:05.43	1100m:	11:51.18	1:05.00	1500m:	16:10.94	1:03.17
400m:	4:17.26	1:05.52	800m:	8:36.46	1:04.22	1200m:	12:56.22	1:05.04			
Kurle Cameron											
				97	GBR		GBR	16:11.79	720		
100m:	1:00.14	1:00.14	500m:	5:17.16	1:04.53	900m:	9:38.09	1:05.53	1300m:	14:04.67	1:07.11
200m:	2:03.64	1:03.50	600m:	6:22.37	1:05.21	1000m:	10:43.99	1:05.90	1400m:	15:11.84	1:07.17
300m:	3:08.15	1:04.51	700m:	7:27.52	1:05.15	1100m:	11:50.38	1:06.39	1500m:	16:11.79	59.95
400m:	4:12.63	1:04.48	800m:	8:32.56	1:05.04	1200m:	12:57.56	1:07.18			
Dal Lucas											
				99	FFBN		BEL	16:16.70	709		
100m:	1:00.25	1:00.25	500m:	5:20.26	1:05.55	900m:	9:44.23	1:05.95	1300m:	14:09.91	1:06.57
200m:	2:04.68	1:04.43	600m:	6:26.08	1:05.82	1000m:	10:50.66	1:06.43	1400m:	15:16.25	1:06.34
300m:	3:09.26	1:04.58	700m:	7:32.03	1:05.95	1100m:	11:57.02	1:06.36	1500m:	16:16.70	1:00.45
400m:	4:14.71	1:05.45	800m:	8:38.28	1:06.25	1200m:	13:03.34	1:06.32			
Smits Pepijn											
				96	NED		NED	16:21.45	699		
100m:	1:00.62	1:00.62	500m:	5:20.48	1:05.61	900m:	9:44.41	1:06.16	1300m:	14:10.38	1:06.46
200m:	2:04.85	1:04.23	600m:	6:26.32	1:05.84	1000m:	10:50.75	1:06.34	1400m:	15:17.32	1:06.94
300m:	3:09.63	1:04.78	700m:	7:32.28	1:05.96	1100m:	11:57.20	1:06.45	1500m:	16:21.45	1:04.13
400m:	4:14.87	1:05.24	800m:	8:38.25	1:05.97	1200m:	13:03.92	1:06.72			
Martens Noah											
				00	MEGA		BEL	16:32.63	675		
100m:	1:04.31	1:04.31	500m:	5:32.24	1:06.75	900m:	9:58.15	1:06.02	1300m:	14:23.11	1:06.35
200m:	2:11.68	1:07.37	600m:	6:38.51	1:06.27	1000m:	11:04.68	1:06.53	1400m:	15:28.45	1:05.34
300m:	3:18.61	1:06.93	700m:	7:45.84	1:07.33	1100m:	12:10.92	1:06.24	1500m:	16:32.63	1:04.18
400m:	4:25.49	1:06.88	800m:	8:52.13	1:06.29	1200m:	13:16.76	1:05.84			
Atkinson Thomas											
				98	COSE		GBR	16:36.13	668		
100m:	59.96	59.96	500m:	5:23.49	1:06.67	900m:	9:52.92	1:07.89	1300m:	14:23.38	1:07.52
200m:	2:05.19	1:05.23	600m:	6:30.65	1:07.16	1000m:	11:00.40	1:07.48	1400m:	15:30.43	1:07.05
300m:	3:10.40	1:05.21	700m:	7:37.81	1:07.16	1100m:	12:08.09	1:07.69	1500m:	16:36.13	1:05.70
400m:	4:16.82	1:06.42	800m:	8:45.03	1:07.22	1200m:	13:15.86	1:07.77			
Iacovides Joseph											
				99	ASA		GBR	16:49.16	642		
100m:	1:01.40	1:01.40	500m:	5:27.07	1:07.49	900m:	9:59.45	1:08.57	1300m:	14:33.66	1:08.22
200m:	2:07.35	1:05.95	600m:	6:34.70	1:07.63	1000m:	11:08.36	1:08.91	1400m:	15:42.22	1:08.56
300m:	3:12.82	1:05.47	700m:	7:42.95	1:08.25	1100m:	12:16.94	1:08.58	1500m:	16:49.16	1:06.94
400m:	4:19.58	1:06.76	800m:	8:50.88	1:07.93	1200m:	13:25.44	1:08.50			
Marichal Seppe											
				01	BRABO		BEL	16:51.67	638		
100m:	1:04.08	1:04.08	500m:	5:33.66	1:07.21	900m:	10:01.62	1:07.57	1300m:	14:34.06	1:08.27
200m:	2:11.67	1:07.59	600m:	6:40.74	1:07.08	1000m:	11:09.40	1:07.78	1400m:	15:44.40	1:10.34
300m:	3:19.20	1:07.53	700m:	7:47.16	1:06.42	1100m:	12:17.34	1:07.94	1500m:	16:51.67	1:07.27
400m:	4:26.45	1:07.25	800m:	8:54.05	1:06.89	1200m:	13:25.79	1:08.45			
Wittevrongel Jorik											
				99	MEGA		BEL	17:03.47	616		
100m:	1:05.43	1:05.43	500m:	5:36.51	1:08.57	900m:	10:11.65	1:08.65	1300m:	14:46.11	1:08.99
200m:	2:13.40	1:07.97	600m:	6:45.73	1:09.22	1000m:	11:19.51	1:07.86	1400m:	15:55.02	1:08.91
300m:	3:21.09	1:07.69	700m:	7:54.62	1:08.89	1100m:	12:28.25	1:08.74	1500m:	17:03.47	1:08.45
400m:	4:27.94	1:06.85	800m:	9:03.00	1:08.38	1200m:	13:37.12	1:08.87			

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 35, Men, 1500m Freestyle, Open

Rank			YB				Time	Pts			
Sodemann Elliot			98	LAQUA	SWE	17:08.74	606				
100m:	1:04.69	1:04.69	500m:	5:33.08	1:06.97	900m:	10:08.92	1:09.77	1300m:	14:50.05	1:10.55
200m:	2:12.45	1:07.76	600m:	6:41.25	1:08.17	1000m:	11:19.37	1:10.45	1400m:	16:00.21	1:10.16
300m:	3:19.65	1:07.20	700m:	7:49.83	1:08.58	1100m:	12:29.49	1:10.12	1500m:	17:08.74	1:08.53
400m:	4:26.11	1:06.46	800m:	8:59.15	1:09.32	1200m:	13:39.50	1:10.01			
Dael Simon			99	BRABO	BEL	17:12.23	600				
100m:	1:02.21	1:02.21	500m:	5:35.92	1:09.08	900m:	10:14.76	1:10.01	1300m:	14:55.30	1:09.74
200m:	2:09.80	1:07.59	600m:	6:45.53	1:09.61	1000m:	11:24.94	1:10.18	1400m:	16:04.75	1:09.45
300m:	3:18.21	1:08.41	700m:	7:55.16	1:09.63	1100m:	12:35.30	1:10.36	1500m:	17:12.23	1:07.48
400m:	4:26.84	1:08.63	800m:	9:04.75	1:09.59	1200m:	13:45.56	1:10.26			
Heitkemper Julian			00	SGB	GER	17:18.05	590				
100m:	1:03.71	1:03.71	500m:	5:38.15	1:08.96	900m:	10:18.98	1:10.83	1300m:	15:00.79	1:10.45
200m:	2:11.93	1:08.22	600m:	6:47.96	1:09.81	1000m:	11:29.10	1:10.12	1400m:	16:11.02	1:10.23
300m:	3:20.42	1:08.49	700m:	7:58.03	1:10.07	1100m:	12:39.84	1:10.74	1500m:	17:18.05	1:07.03
400m:	4:29.19	1:08.77	800m:	9:08.15	1:10.12	1200m:	13:50.34	1:10.50			
Willems Bruno			99	ZVL	BE	17:20.75	586				
100m:	1:06.03	1:06.03	500m:	5:44.69	1:09.58	900m:	10:22.96	1:09.63	1300m:	15:01.79	1:09.99
200m:	2:15.38	1:09.35	600m:	6:54.09	1:09.40	1000m:	11:32.64	1:09.68	1400m:	16:11.78	1:09.99
300m:	3:25.45	1:10.07	700m:	8:03.72	1:09.63	1100m:	12:42.24	1:09.60	1500m:	17:20.75	1:08.97
400m:	4:35.11	1:09.66	800m:	9:13.33	1:09.61	1200m:	13:51.80	1:09.56			
Berghmans Jens			01	ZS	BEL	18:02.71	520				
100m:	1:03.83	1:03.83	500m:	5:47.32	1:12.87	900m:	10:40.57	1:13.53	1300m:	15:37.46	1:14.24
200m:	2:13.17	1:09.34	600m:	7:00.60	1:13.28	1000m:	11:55.22	1:14.65	1400m:	16:50.76	1:13.30
300m:	3:23.19	1:10.02	700m:	8:13.62	1:13.02	1100m:	13:09.18	1:13.96	1500m:	18:02.71	1:11.95
400m:	4:34.45	1:11.26	800m:	9:27.04	1:13.42	1200m:	14:23.22	1:14.04			

Flanders Speedo Cup 2016
ANTWERPEN, 23- - 24-1-2016

Event 36
24-1-2016 - 14:50

Women, 1500m Freestyle
Snelste serie

Open
Results

Belgisch record	16:52.26	Arnould Isabelle	BEL	Buffalo (USA)	8-7-1993
Vlaams records	16:54.68	Mattens Edith	IKZ	Poznan (POL)	12-7-2013

Limieten Flanders Speedo Cup : 18:50.00

Points: FINA 2014

Rank			YB			Time	Pts	
1.	Holub Tamila Hryhorivna		99	POR		16:45.29	808	
	100m: 1:04.56	1:04.56	500m: 5:34.98	1:07.52	900m: 10:04.35	1:07.22	1300m: 14:33.20	1:06.84
	200m: 2:11.84	1:07.28	600m: 6:42.48	1:07.50	1000m: 11:11.91	1:07.56	1400m: 15:39.79	1:06.59
	300m: 3:19.56	1:07.72	700m: 7:49.80	1:07.32	1100m: 12:19.39	1:07.48	1500m: 16:45.29	1:05.50
	400m: 4:27.46	1:07.90	800m: 8:57.13	1:07.33	1200m: 13:26.36	1:06.97		
2.	Mattens Edith		97	KZK		17:20.02	730	
	100m: 1:08.71	1:08.71	500m: 5:44.93	1:08.88	900m: 10:22.42	1:09.50	1300m: 15:00.89	1:09.71
	200m: 2:18.07	1:09.36	600m: 6:53.90	1:08.97	1000m: 11:31.91	1:09.49	1400m: 16:10.87	1:09.98
	300m: 3:27.12	1:09.05	700m: 8:03.32	1:09.42	1100m: 12:41.57	1:09.66	1500m: 17:20.02	1:09.15
	400m: 4:36.05	1:08.93	800m: 9:12.92	1:09.60	1200m: 13:51.18	1:09.61		
3.	van Ruiten Evelien		96	NED		18:08.68	636	
	100m: 1:09.30	1:09.30	500m: 6:00.87	1:12.71	900m: 10:53.90	1:13.38	1300m: 15:46.62	1:13.19
	200m: 2:22.24	1:12.94	600m: 7:14.00	1:13.13	1000m: 12:07.10	1:13.20	1400m: 16:58.51	1:11.89
	300m: 3:35.17	1:12.93	700m: 8:27.29	1:13.29	1100m: 13:20.38	1:13.28	1500m: 18:08.68	1:10.17
	400m: 4:48.16	1:12.99	800m: 9:40.52	1:13.23	1200m: 14:33.43	1:13.05		
4.	Krause Carina		01	SGB		18:25.97	607	
	100m: 1:09.97	1:09.97	500m: 6:08.24	1:14.38	900m: 11:03.83	1:13.51	1300m: 16:00.93	1:14.02
	200m: 2:24.23	1:14.26	600m: 7:22.92	1:14.68	1000m: 12:17.81	1:13.98	1400m: 17:14.65	1:13.72
	300m: 3:38.93	1:14.70	700m: 8:36.88	1:13.96	1100m: 13:31.80	1:13.99	1500m: 18:25.97	1:11.32
	400m: 4:53.86	1:14.93	800m: 9:50.32	1:13.44	1200m: 14:46.91	1:15.11		
5.	Gysen Sophie-Charlotte		99	MOZKA		18:35.66	591	
	100m: 1:08.85	1:08.85	500m: 6:05.27	1:14.56	900m: 11:05.64	1:15.22	1300m: 16:07.39	1:15.44
	200m: 2:22.61	1:13.76	600m: 7:20.11	1:14.84	1000m: 12:20.85	1:15.21	1400m: 17:22.27	1:14.88
	300m: 3:36.70	1:14.09	700m: 8:35.20	1:15.09	1100m: 13:36.26	1:15.41	1500m: 18:35.66	1:13.39
	400m: 4:50.71	1:14.01	800m: 9:50.42	1:15.22	1200m: 14:51.95	1:15.69		
6.	Stockmann Lena		01	SGB		19:44.89	493	
	100m: 1:11.64	1:11.64	500m: 6:23.27	1:18.87	900m: 11:40.68	1:19.55	1300m: 17:04.98	1:21.10
	200m: 2:28.35	1:16.71	600m: 7:42.62	1:19.35	1000m: 13:01.05	1:20.37	1400m: 18:25.65	1:20.67
	300m: 3:46.10	1:17.75	700m: 9:01.79	1:19.17	1100m: 14:22.03	1:20.98	1500m: 19:44.89	1:19.24
	400m: 5:04.40	1:18.30	800m: 10:21.13	1:19.34	1200m: 15:43.88	1:21.85		