

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 1 Women, 100m Freestyle 14 years and older
2014-05-03 - 9:00 Results

Top Times "Poland" 54.95 WILK, Katarzyna 00106 Budapest (HUN) 2010-08-10

Points: FINA 2013

Rank	YB		Time	Pts	50m	100m
14 years and older						
1.		TCHORZ, Alicja 92	MKS Juwenia Wroclaw	57.11	757	27.53 29.58
2.		DOWGIERT, Anna 90	WKS Slask Wroclaw	57.81	730	27.65 30.16
3.		URBANCZYK, Aleksandra 87	AZS UL PI Lodz	58.34	710	27.34 31.00
4.		PETRYKA, Nikola SWR 97	WKS Slask Wroclaw	58.75	696	28.59 30.16
5.		JANICZEK, Joanna SO 96	UKP Unia Oswiecim	59.27	678	28.62 30.65
6.		DYRDA, Karolina SWR 97	WKS Slask Wroclaw	59.48	670	28.27 31.21
7.		PODLEWSKA, Miriam SO 97	UKP Unia Oswiecim	1:00.14	649	28.87 31.27
8.		HACZKIEWICZ, Paulina SWR 97	WKS Slask Wroclaw	1:00.34	642	29.13 31.21
9.		PEDA, Paulina 98	AZS AWF Katowice	1:00.38	641	28.62 31.76
10.		SPROSKA, Magdalena 97	MKS ZRYW Opole	1:00.51	637	28.84 31.67
11.		ZACHOSZCZ, Joanna 93	AZS UWM Olsztyn	1:00.85	626	29.85 31.00
12.		GRUSZCZYNSKA, Aleksandra 98	UKP Unia Oswiecim	1:00.99	622	28.51 32.48
13.		HARAF, Iga SWR 95	WKS Slask Wroclaw	1:01.32	612	29.28 32.04
14.		TOMALA, Aleksandra SR 97	MKS ZRYW Opole	1:01.41	609	29.72 31.69
15.		ILCEWICZ, Edyta 96	Uks Victoria Jozefow	1:01.98	592	29.74 32.24
16.		POZAROWSZCZYK, Beata 91	MKS Juwenia Wroclaw	1:01.99	592	29.63 32.36
17.		SPOLJAR, Sylwia 98	AZS AWF Katowice	1:02.08	590	29.69 32.39
18.		SADOWSKA, Klaudia 99	WKS Slask Wroclaw	1:02.11	589	29.68 32.43
19.		ZROBEK, Natalia 99	UKS 190 Lodz	1:02.23	585	29.85 32.38
20.		SZKARLAT, Julia SWR 98	WKS Slask Wroclaw	1:02.44	579	30.27 32.17
21.		MACIUCH, Karolina 96	DOKiS SP "Vega" Dobrodzien	1:02.63	574	30.44 32.19
22.		CZAJA, Barbara 99	KS Gornik Radlin	1:02.89	567	30.21 32.68
23.		STASINOWSKA, Katarzyna 94	AZS UL PI Lodz	1:02.98	565	30.23 32.75
24.		WIKIEL, Manuela 92	AZS UWM Olsztyn	1:03.08	562	31.05 32.03
25.		KRUSZCZYNSKA, Julia 99	Ruch Grudziadz	1:03.11	561	30.20 32.91
26.		BRONEK, Martyna 00	UKS Aligator Gorzyce	1:03.30	556	30.09 33.21
27.		PISARCZYK, Amelia SR 98	MKS-SMS Victoria Raciborz	1:03.47	552	29.97 33.50
28.		CZARNECKA, Wiktoria 99	Skarpa Lublin	1:03.58	549	30.55 33.03
		KAMINSKA, Joanna 94	MKS Trojka Lodz	1:03.58	549	30.30 33.28
30.		POKRYWKA, Karolina 98	UKS 190 Lodz	1:03.88	541	30.12 33.76
31.		KAMIENIARZ, Weronika 99	KS Gornik Radlin	1:04.41	528	30.78 33.63
32.		SKORUPA, Monika 99	DOKiS SP "Vega" Dobrodzien	1:04.58	524	31.57 33.01
33.		FILIPKOWSKA, Dominika 99	MKS "Ros" Pisz	1:04.74	520	30.76 33.98
34.		NAWARYNSKA, Katarzyna SR 96	MKS-SMS Victoria Raciborz	1:05.11	511	31.24 33.87
35.		WOLOSZYN, Sonia SOc 95	KSZO Ostrowiec	1:05.43	504	31.49 33.94
36.		SLIWINSKA, Kalina 00	WKS Slask Wroclaw	1:05.52	501	31.59 33.93
37.		SZAFRANSKA, Julia SOc 00	KSZO Ostrowiec	1:05.54	501	31.23 34.31
38.		JUNAK, Nikola 00	Delfin Lodz	1:05.68	498	31.19 34.49
39.		NIEMCZYCKA, Julia 99	WKS Slask Wroclaw	1:05.85	494	31.57 34.28
40.		WALEK, Julia 99	MKS ZRYW Opole	1:06.02	490	31.27 34.75
41.		MALINOWSKA, Zuzanna 00	WKS Slask Wroclaw	1:06.24	485	31.49 34.75
42.		LIGENZA, Oliwia 00	MKS Trojka Lodz	1:06.48	480	32.02 34.46
43.		MACHNIK, Monika 97	DOKiS SP "Vega" Dobrodzien	1:06.49	480	32.09 34.40
44.		ADAMSKA, Alicja 00	UKS Aligator Gorzyce	1:06.50	480	31.92 34.58
45.		RYBINSKA, Marcelina 99	WKS Slask Wroclaw	1:07.23	464	31.91 35.32
46.		HALAT, Agnieszka 99	Mosm Tychy	1:08.03	448	31.78 36.25
47.		KIERZEK, Wiktoria 99	MKS Park Wodny Tarnowskie Gory	1:08.12	446	32.79 35.33
48.		GAJTKOWSKA, Zuzanna 00	UKS Aligator Gorzyce	1:09.54	419	33.21 36.33
49.		ZABLOCKA, Zuzanna 99	WKS Slask Wroclaw	1:09.85	414	33.62 36.23
50.		PIPCZYNSKA, Kamila 00	Uks Victoria Jozefow	1:10.20	408	33.22 36.98
51.		WILISOWSKA, Julia 00	WKS Slask Wroclaw	1:12.79	366	35.26 37.53
52.		PIOTROWSKA, Nicole 99	UKS Mata Kochlowice Ruda Slask	1:13.02	362	33.40 39.62
53.		STYPINSKI, Ewa 00	KS Piatka Chorzow	1:19.38	282	36.22 43.16

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 1, Women, 100m Freestyle

19 - 23 years

1.	TCHORZ, Alicja	92	MKS Juwenia Wroclaw	57.11	757	27.53	29.58
2.	ZACHOSZCZ, Joanna	93	AZS UWM Olsztyn	1:00.85	626	29.85	31.00
3.	HARAF, Iga SWR	95	WKS Slask Wroclaw	1:01.32	612	29.28	32.04
4.	POZAROWSZCZYK, Beata	91	MKS Juwenia Wroclaw	1:01.99	592	29.63	32.36
5.	STASINOWSKA, Katarzyna	94	AZS UL PI Lodz	1:02.98	565	30.23	32.75
6.	WIKIEL, Manuela	92	AZS UWM Olsztyn	1:03.08	562	31.05	32.03
7.	KAMINSKA, Joanna	94	MKS Trojka Lodz	1:03.58	549	30.30	33.28
8.	WOLOSZYN, Sonia SOc	95	KSZO Ostrowiec	1:05.43	504	31.49	33.94

17 - 18 years

1.	PETRYKA, Nikola SWR	97	WKS Slask Wroclaw	58.75	696	28.59	30.16
2.	JANICZEK, Joanna SO	96	UKP Unia Oswiecim	59.27	678	28.62	30.65
3.	DYRDA, Karolina SWR	97	WKS Slask Wroclaw	59.48	670	28.27	31.21
4.	PODLEWSKA, Miriam SO	97	UKP Unia Oswiecim	1:00.14	649	28.87	31.27
5.	HACZKIEWICZ, Paulina SWR	97	WKS Slask Wroclaw	1:00.34	642	29.13	31.21
6.	SPROSKA, Magdalena	97	MKS ZRYW Opole	1:00.51	637	28.84	31.67
7.	TOMALA, Aleksandra SR	97	MKS ZRYW Opole	1:01.41	609	29.72	31.69
8.	ILCEWICZ, Edyta	96	Uks Victoria Jozefow	1:01.98	592	29.74	32.24
9.	MACIUCH, Karolina	96	DOKiS SP "Vega" Dobrodzien	1:02.63	574	30.44	32.19
10.	NAWARYNSKA, Katarzyna SR	96	MKS-SMS Victoria Raciborz	1:05.11	511	31.24	33.87
11.	MACHNIK, Monika	97	DOKiS SP "Vega" Dobrodzien	1:06.49	480	32.09	34.40

16 years

1.	PEDA, Paulina	98	AZS AWF Katowice	1:00.38	641	28.62	31.76
2.	GRUSZCZYNSKA, Aleksandra	98	UKP Unia Oswiecim	1:00.99	622	28.51	32.48
3.	SPOLJAR, Sylwia	98	AZS AWF Katowice	1:02.08	590	29.69	32.39
4.	SZKARLAT, Julia SWR	98	WKS Slask Wroclaw	1:02.44	579	30.27	32.17
5.	PISARCZYK, Amelia SR	98	MKS-SMS Victoria Raciborz	1:03.47	552	29.97	33.50
6.	POKRYWKA, Karolina	98	UKS 190 Lodz	1:03.88	541	30.12	33.76

15 years

1.	SADOWSKA, Klaudia	99	WKS Slask Wroclaw	1:02.11	589	29.68	32.43
2.	ZROBEK, Natalia	99	UKS 190 Lodz	1:02.23	585	29.85	32.38
3.	CZAJA, Barbara	99	KS Gornik Radlin	1:02.89	567	30.21	32.68
4.	KRUSZCZYNSKA, Julia	99	Ruch Grudziadz	1:03.11	561	30.20	32.91
5.	CZARNECKA, Wiktoria	99	Skarpa Lublin	1:03.58	549	30.55	33.03
6.	KAMIENIARZ, Weronika	99	KS Gornik Radlin	1:04.41	528	30.78	33.63
7.	SKORUPA, Monika	99	DOKiS SP "Vega" Dobrodzien	1:04.58	524	31.57	33.01
8.	FILIPKOWSKA, Dominika	99	MKS "Ros" Pisz	1:04.74	520	30.76	33.98
9.	NIEMCZYCKA, Julia	99	WKS Slask Wroclaw	1:05.85	494	31.57	34.28
10.	WALEK, Julia	99	MKS ZRYW Opole	1:06.02	490	31.27	34.75
11.	RYBINSKA, Marcelina	99	WKS Slask Wroclaw	1:07.23	464	31.91	35.32
12.	HALAT, Agnieszka	99	Mosm Tychy	1:08.03	448	31.78	36.25
13.	KIERZEK, Wiktoria	99	MKS Park Wodny Tarnowskie Gory	1:08.12	446	32.79	35.33
14.	ZABLOCKA, Zuzanna	99	WKS Slask Wroclaw	1:09.85	414	33.62	36.23
15.	PIOTROWSKA, Nicole	99	UKS Mata Kochlowice Ruda Slask	1:13.02	362	33.40	39.62

14 years

1.	BRONEK, Martyna	00	UKS Aligator Gorzyce	1:03.30	556	30.09	33.21
2.	SLIWINSKA, Kalina	00	WKS Slask Wroclaw	1:05.52	501	31.59	33.93
3.	SZAFRANSKA, Julia SOc	00	KSZO Ostrowiec	1:05.54	501	31.23	34.31
4.	JUNAK, Nikola	00	Delfin Lodz	1:05.68	498	31.19	34.49
5.	MALINOWSKA, Zuzanna	00	WKS Slask Wroclaw	1:06.24	485	31.49	34.75
6.	LIGENZA, Oliwia	00	MKS Trojka Lodz	1:06.48	480	32.02	34.46
7.	ADAMSKA, Alicja	00	UKS Aligator Gorzyce	1:06.50	480	31.92	34.58
8.	GAJTOWSKA, Zuzanna	00	UKS Aligator Gorzyce	1:09.54	419	33.21	36.33
9.	PIPCZYNSKA, Kamila	00	Uks Victoria Jozefow	1:10.20	408	33.22	36.98
10.	WILISOWSKA, Julia	00	WKS Slask Wroclaw	1:12.79	366	35.26	37.53

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 1, Girls, 100m Freestyle, 14 years

Rank		YB		Time	Pts	50m	100m
11.	STYPINSKI, Ewa	00	KS Piatka Chorzow	1:19.38	282	36.22	43.16

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 2 Men, 100m Freestyle 14 years and older
2014-05-03 - 9:15 Results

Top Times "Poland"	48.22	CZERNIAK, Konrad	00603	Rome (ITA)	2009-07-29
Top Times "Poland"	48.22	CZERNIAK, Konrad	00603	Rome (ITA)	2009-07-29

Points: FINA 2013

Rank	YB		Time	Pts	50m	100m
14 years and older						
1.	92	MKP Szczecin	51.80	742	24.99	26.81
2.	91	AZS Warsaw	53.41	677	25.64	27.77
3.	94	WKS Slask Wroclaw	53.42	677	26.08	27.34
4.	91	WKS Slask Wroclaw	53.61	669	26.20	27.41
5.	91	AZS UL PI Lodz	53.84	661	25.87	27.97
6.	94	AZS UL PI Lodz	54.15	650	25.46	28.69
7.	93	MKS Juvenia Wroclaw	54.25	646	26.06	28.19
8.	97	UKP Unia Oswiecim	54.34	643	26.61	27.73
	98	MKS 9 Dzierzoniow	54.34	643	26.55	27.79
10.	94	MKP Szczecin	54.37	642	26.43	27.94
11.	96	UKP Unia Oswiecim	54.44	639	26.25	28.19
12.	94	WKS Slask Wroclaw	54.49	638	26.65	27.84
13.	92	MKP Szczecin	54.68	631	26.12	28.56
14.	97	AZS AWF Katowice	55.30	610	26.18	29.12
15.	94	MKP Szczecin	55.40	607	26.96	28.44
16.	95	MKP Szczecin	55.45	605	26.86	28.59
17.	93	AZS AWF Katowice	55.47	604	26.48	28.99
18.	97	UKP Unia Oswiecim	55.49	604	27.02	28.47
19.	98	MZOS Plock	55.66	598	26.59	29.07
	96	KS Gornik Radlin	55.66	598	27.21	28.45
21.	96	UKP Unia Oswiecim	55.71	597	26.75	28.96
22.	94	AZS UL PI Lodz	55.99	588	26.35	29.64
23.	97	AZS AWF Katowice	56.00	587	27.07	28.93
24.	94	AZS AWF Katowice	56.15	583	26.27	29.88
25.	95	AZS AWF Katowice	56.25	580	26.89	29.36
26.	98	MKS-SMS Victoria Raciborz	56.57	570	27.43	29.14
27.	98	UKS 190 Lodz	56.60	569	27.40	29.20
28.	96	MKS-SMS Victoria Raciborz	57.11	554	27.18	29.93
29.	96	Delfin Lodz	57.21	551	27.01	30.20
30.	97	MKP Szczecin	57.25	550	27.94	29.31
31.	99	MKS Park Wodny Tarnowskie Gory	57.41	545	27.98	29.43
32.	98	MTP Delfin Cieszyn	57.59	540	27.48	30.11
33.	96	UKS OLIMPIK Warka	57.80	534	27.54	30.26
34.	99	MZOS Plock	57.84	533	27.49	30.35
35.	97	MZOS Plock	57.88	532	27.30	30.58
36.	97	MKS-SMS Victoria Raciborz	57.92	531	27.49	30.43
37.	98	MKS Trojka Lodz	57.93	530	28.56	29.37
38.	99	WKS Slask Wroclaw	58.22	523	27.92	30.30
39.	99	UKS Mata Kochlowice Ruda Slask	58.27	521	28.19	30.08
40.	99	UKS NAWA Skierniewice	58.53	514	28.19	30.34
41.	97	MKP Szczecin	58.69	510	27.74	30.95
42.	99	WKS Slask Wroclaw	58.70	510	28.11	30.59
43.	99	UKS Mata Kochlowice Ruda Slask	58.78	508	27.79	30.99
44.	95	MKS Trojka Lodz	58.93	504	27.90	31.03
45.	99	WKS Slask Wroclaw	58.98	503	28.67	30.31
46.	98	Mosm Tychy	59.04	501	28.10	30.94
47.	99	WKS Slask Wroclaw	59.07	500	28.74	30.33
48.	91	AZS AWF Katowice	59.56	488	28.03	31.53
49.	99	KSZO Ostrowiec	59.58	488	28.44	31.14
50.	00	UKS 190 Lodz	59.65	486	29.21	30.44
51.	99	UKS Aligator Gorzyce	1:00.17	473	29.15	31.02
52.	99	Mosm Tychy	1:00.27	471	28.92	31.35
53.	00	WKS Slask Wroclaw	1:00.33	470	29.05	31.28
54.	99	WKS Slask Wroclaw	1:00.37	469	28.58	31.79
55.	00	MKS ZRYW Opole	1:00.45	467	28.99	31.46

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 2, Men, 100m Freestyle, 14 years and older

Rank		YB		Time	Pts	50m	100m
56.	SZYNDLER, Michal	00	MKS ZRYW Opole	1:00.47	466	29.57	30.90
57.	HANO, Grzegorz	00	WKS Slask Wroclaw	1:00.58	464	29.74	30.84
58.	BARAN, Jan SR	99	MKS-SMS Victoria Raciborz	1:01.44	445	29.66	31.78
59.	KRZEKOTOWSKI, Karol	00	UKP Torpeda Olesnica	1:01.74	438	28.99	32.75
60.	GIRUL, Radoslaw	00	WKS Slask Wroclaw	1:02.11	430	30.25	31.86
61.	STOSZEK, Kacper	00	MTP Delfin Cieszyn	1:02.37	425	30.65	31.72
62.	PILC, Milosz	99	Mosm Tychy	1:02.53	422	30.44	32.09
63.	CHMIELINSKI, Jakub	99	WKS Slask Wroclaw	1:02.59	420	29.10	33.49
64.	BARTNIKIEWICZ, Jan	00	KS Piatka Chorzow	1:02.71	418	29.71	33.00
65.	JOBDA, Ryszard	00	Uks Victoria Jozefow	1:02.76	417	30.17	32.59
66.	CISZEWSKI, Jakub	00	UKS 190 Lodz	1:03.00	412	29.97	33.03
67.	ZAMELSKI, Michal	00	MKS - Astoria Bydgoszcz	1:03.05	411	30.32	32.73
68.	BARTKOWSKI, Jakub SOc	00	KSZO Ostrowiec	1:03.13	410	29.75	33.38
69.	KAMINSKI, Piotr	99	MKS Trojka Lodz	1:03.15	409	30.01	33.14
70.	WITOSZEK, Bartlomiej	99	MTP Delfin Cieszyn	1:03.41	404	29.60	33.81
71.	TOMECKI, Jakub	99	UKS Mata Kochlowice Ruda Slask	1:04.30	388	30.89	33.41
72.	DOMINIAK, Kacper	00	WKS Slask Wroclaw	1:04.43	385	30.95	33.48
73.	GEMBALA, Adam	99	Mosm Tychy	1:05.30	370	30.34	34.96
74.	DERENDARZ, Aleksander	00	UKS 190 Lodz	1:05.53	366	30.92	34.61
75.	SIKORA, Patryk	99	WKS Slask Wroclaw	1:05.98	359	31.10	34.88
76.	MIKLOS, Kamil	00	WKS Slask Wroclaw	1:06.27	354	32.42	33.85
77.	BACLER, Jakub	00	WKS Slask Wroclaw	1:06.31	354	31.87	34.44
78.	BOBOWIEC, Maksymilian	00	WKS Slask Wroclaw	1:06.90	344	31.89	35.01
79.	WISNIEWSKI, Arkadiusz	99	UKS 5 plus 1 Opole	1:07.19	340	30.86	36.33
80.	LEWANDOWSKI, Michal	00	MKS ZRYW Opole	1:07.23	339	31.85	35.38
81.	WIKTOROWSKI, Gracjan	00	Delfin Lodz	1:07.26	339	31.76	35.50
82.	MANISZEWSKI, Michal	00	MTP Delfin Cieszyn	1:07.39	337	31.65	35.74
83.	CZERMAK, Tomasz	91	AZS AWF Katowice	1:09.60	306	31.99	37.61
84.	KARPINSKI, Dominik	00	KS Piatka Chorzow	1:12.14	274	33.67	38.47
85.	SZCZUTKOWSKI, Damian	00	WKS Slask Wroclaw	1:13.44	260	34.48	38.96

19 - 23 years

1.	ZIELINSKI, Dawid	92	MKP Szczecin	51.80	742	24.99	26.81
2.	CERTA, Maciej	91	AZS Warsaw	53.41	677	25.64	27.77
3.	KURANT, Roger	94	WKS Slask Wroclaw	53.42	677	26.08	27.34
4.	SOKULSKI, Jacek	91	WKS Slask Wroclaw	53.61	669	26.20	27.41
5.	WYPYCH, Filip	91	AZS UL PI Lodz	53.84	661	25.87	27.97
6.	ZGIERSKI, Maksymilian	94	AZS UL PI Lodz	54.15	650	25.46	28.69
7.	BENING, Emil	93	MKS Juvenia Wroclaw	54.25	646	26.06	28.19
8.	KACZMARSKI, Marcin	94	MKP Szczecin	54.37	642	26.43	27.94
9.	KLICH, Kacper	94	WKS Slask Wroclaw	54.49	638	26.65	27.84
10.	DYMERSKI, Szymon	92	MKP Szczecin	54.68	631	26.12	28.56
11.	ZABOROWSKI, Filip	94	MKP Szczecin	55.40	607	26.96	28.44
12.	FURTEK, Pawel SSz	95	MKP Szczecin	55.45	605	26.86	28.59
13.	CHMIEL, Lukasz	93	AZS AWF Katowice	55.47	604	26.48	28.99
14.	BARTOSZEWSKI, Wojciech	94	AZS UL PI Lodz	55.99	588	26.35	29.64
15.	WROBEL, Andrzej	94	AZS AWF Katowice	56.15	583	26.27	29.88
16.	NOWAK, Patryk	95	AZS AWF Katowice	56.25	580	26.89	29.36
17.	BORKOWSKI, Lukasz	95	MKS Trojka Lodz	58.93	504	27.90	31.03
18.	DERBIS, Tomasz	91	AZS AWF Katowice	59.56	488	28.03	31.53
19.	CZERMAK, Tomasz	91	AZS AWF Katowice	1:09.60	306	31.99	37.61

17 - 18 years

1.	PIESNIAK, Jakub SO	97	UKP Unia Oswiecim	54.34	643	26.61	27.73
2.	WOJDAK, Wojciech SO	96	UKP Unia Oswiecim	54.44	639	26.25	28.19
3.	ZMIJA, Marek	97	AZS AWF Katowice	55.30	610	26.18	29.12
4.	GOLENIEC, Lukasz SO	97	UKP Unia Oswiecim	55.49	604	27.02	28.47
5.	ANDREJKO, Szymon SR	96	KS Gornik Radlin	55.66	598	27.21	28.45
6.	KROGULSKI, Filip SO	96	UKP Unia Oswiecim	55.71	597	26.75	28.96

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 2, Boys, 100m Freestyle, 17 - 18 years

Rank		YB		Time	Pts	50m	100m
7.	FAMULOK, Bartosz	SO	AZS AWF Katowice	56.00	587	27.07	28.93
8.	ZARYCZNY, Piotr	SR	MKS-SMS Victoria Raciborz	57.11	554	27.18	29.93
9.	FELINCZAK, Wojciech		Delfin Lodz	57.21	551	27.01	30.20
10.	SZULGO, Filip		MKP Szczecin	57.25	550	27.94	29.31
11.	WITAN, Daniel		UKS OLIMPIC Warka	57.80	534	27.54	30.26
12.	BRUCHAJZER, Dominik		MZOS Plock	57.88	532	27.30	30.58
13.	CZECH, Szymon	SR	MKS-SMS Victoria Raciborz	57.92	531	27.49	30.43
14.	GORSKI, Marcin		MKP Szczecin	58.69	510	27.74	30.95

16 years

1.	DEREN, Kacper		MKS 9 Dzierzoniow	54.34	643	26.55	27.79
2.	STERNAK, Piotr		MZOS Plock	55.66	598	26.59	29.07
3.	POPIS, Emil	SR	MKS-SMS Victoria Raciborz	56.57	570	27.43	29.14
4.	MILCZAREK, Piotr		UKS 190 Lodz	56.60	569	27.40	29.20
5.	CHRAPEK, Marcin		MTP Delfin Cieszyn	57.59	540	27.48	30.11
6.	DEBSKI, Dominik		MKS Trojka Lodz	57.93	530	28.56	29.37
7.	ZAJAC, Mikolaj		Mosm Tychy	59.04	501	28.10	30.94

15 years

1.	WALCZAK, Szymon		MKS Park Wodny Tarnowskie Gory	57.41	545	27.98	29.43
2.	PIATKIEWICZ, Mateusz		MZOS Plock	57.84	533	27.49	30.35
3.	GALECKI, Mateusz		WKS Slask Wroclaw	58.22	523	27.92	30.30
4.	JEZIORSKI, Patryk		UKS Mata Kochlowice Ruda Slask	58.27	521	28.19	30.08
5.	DUDEK, Julian		UKS NAWA Skierniewice	58.53	514	28.19	30.34
6.	SZAREK, Dawid		WKS Slask Wroclaw	58.70	510	28.11	30.59
7.	CZYZAK, Arkadiusz		UKS Mata Kochlowice Ruda Slask	58.78	508	27.79	30.99
8.	GLABA, Jan		WKS Slask Wroclaw	58.98	503	28.67	30.31
9.	BIERONSKI, Michal		WKS Slask Wroclaw	59.07	500	28.74	30.33
10.	ROGOZINSKI, Mateusz	SOC	KSZO Ostrowiec	59.58	488	28.44	31.14
11.	STOSZEK, Szymon		UKS Aligator Gorzyce	1:00.17	473	29.15	31.02
12.	MOLDRZYK, Maciej		Mosm Tychy	1:00.27	471	28.92	31.35
13.	PRACZ, Michal		WKS Slask Wroclaw	1:00.37	469	28.58	31.79
14.	BARAN, Jan	SR	MKS-SMS Victoria Raciborz	1:01.44	445	29.66	31.78
15.	PILC, Milosz		Mosm Tychy	1:02.53	422	30.44	32.09
16.	CHMIELINSKI, Jakub		WKS Slask Wroclaw	1:02.59	420	29.10	33.49
17.	KAMINSKI, Piotr		MKS Trojka Lodz	1:03.15	409	30.01	33.14
18.	WITOSZEK, Bartlomiej		MTP Delfin Cieszyn	1:03.41	404	29.60	33.81
19.	TOMECKI, Jakub		UKS Mata Kochlowice Ruda Slask	1:04.30	388	30.89	33.41
20.	GEMBALA, Adam		Mosm Tychy	1:05.30	370	30.34	34.96
21.	SIKORA, Patryk		WKS Slask Wroclaw	1:05.98	359	31.10	34.88
22.	WISNIEWSKI, Arkadiusz		UKS 5 plus 1 Opole	1:07.19	340	30.86	36.33

14 years

1.	FIKS, Krzysztof		UKS 190 Lodz	59.65	486	29.21	30.44
2.	LAS, Wiktor		WKS Slask Wroclaw	1:00.33	470	29.05	31.28
3.	ROMAN, Mateusz		MKS ZRYW Opole	1:00.45	467	28.99	31.46
4.	SZYNDLER, Michal		MKS ZRYW Opole	1:00.47	466	29.57	30.90
5.	HANO, Grzegorz		WKS Slask Wroclaw	1:00.58	464	29.74	30.84
6.	KRZEKOTOWSKI, Karol		UKP Torpeda Olesnica	1:01.74	438	28.99	32.75
7.	GIRUL, Radoslaw		WKS Slask Wroclaw	1:02.11	430	30.25	31.86
8.	STOSZEK, Kacper		MTP Delfin Cieszyn	1:02.37	425	30.65	31.72
9.	BARTNIKIEWICZ, Jan		KS Piatka Chorzow	1:02.71	418	29.71	33.00
10.	JOBDA, Ryszard		Uks Victoria Jozefow	1:02.76	417	30.17	32.59
11.	CISZEWSKI, Jakub		UKS 190 Lodz	1:03.00	412	29.97	33.03
12.	ZAMELSKI, Michal		MKS - Astoria Bydgoszcz	1:03.05	411	30.32	32.73
13.	BARTKOWSKI, Jakub	SOC	KSZO Ostrowiec	1:03.13	410	29.75	33.38
14.	DOMINIAK, Kacper		WKS Slask Wroclaw	1:04.43	385	30.95	33.48
15.	DERENDARZ, Aleksander		UKS 190 Lodz	1:05.53	366	30.92	34.61
16.	MIKLOS, Kamil		WKS Slask Wroclaw	1:06.27	354	32.42	33.85

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 2, Boys, 100m Freestyle, 14 years

Rank		YB		Time	Pts	50m	100m
17.	BACLER, Jakub	00	WKS Slask Wroclaw	1:06.31	354	31.87	34.44
18.	BOBOWIEC, Maksymilian	00	WKS Slask Wroclaw	1:06.90	344	31.89	35.01
19.	LEWANDOWSKI, Michal	00	MKS ZRYW Opole	1:07.23	339	31.85	35.38
20.	WIKTOROWSKI, Gracjan	00	Delfin Lodz	1:07.26	339	31.76	35.50
21.	MANISZEWSKI, Michal	00	MTP Delfin Cieszyn	1:07.39	337	31.65	35.74
22.	KARPINSKI, Dominik	00	KS Piatka Chorzow	1:12.14	274	33.67	38.47
23.	SZCZUTKOWSKI, Damian	00	WKS Slask Wroclaw	1:13.44	260	34.48	38.96

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 3	Women, 50m Breaststroke	14 years and older
2014-05-03 - 9:35		Results

Top Times "Poland"	31.61	ŚCIESZKO, Ewa	00705	Belgrade (SRB)	2009-07-10
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Points: FINA 2013

Rank		YB		Time	Pts
14 years and older					
1.	SZTANDERA, Dominika	97	MKS Juvenia Wroclaw	32.77	752
2.	MICHALCZYK, Urszula SO	97	UKP Unia Oswiecim	34.57	640
3.	PROCHOWNIK, Olimpia SO	99	UKP Unia Oswiecim	35.23	605
4.	SMAGA, Anna	98	WKS Slask Wroclaw	35.34	599
5.	DURCZYNSKA, Katarzyna	99	KS Gornik Radlin	35.67	583
6.	NIEDZWIEDZKA, Malgorzata SR	97	MMKS Kedzierzyn-Kozle	35.70	581
7.	SPOLJAR, Sylwia	98	AZS AWF Katowice	35.71	581
8.	STASINOWSKA, Katarzyna	94	AZS UL PI Lodz	35.83	575
9.	CHMIELEWSKA, Aneta	00	UKS OLIMPIC Warka	35.88	572
10.	DUDEK, Marlena	94	AZS AWF Katowice	36.03	565
11.	BARTYZEL, Aleksandra	98	UKP MANTA Jelcz-Laskowice	36.19	558
	GREGLAK, Marta	97	MKS ZRYW Opole	36.19	558
13.	UGODZINSKA, Aleksandra	99	Klub Plywacki Ciechanow	36.55	541
14.	PODMAJSTRZY, Joanna	93	Delfin Lodz	36.71	534
	NOWAK, Marta SO	99	MMKS Kedzierzyn-Kozle	36.71	534
16.	KOWALSKA, Dominika	00	MKS Trojka Lodz	37.19	514
17.	KNAPIK, Weronika SR	99	KS Piatka Chorzow	37.21	513
18.	ADAMCZYK, Agata	99	UKS Aligator Gorzyce	37.68	494
19.	HARAF, Iga SWR	95	WKS Slask Wroclaw	37.77	491
20.	WISNIEWSKA, Kamila SR	96	MKS-SMS Victoria Raciborz	38.06	480
21.	KOSCIANEK, Natalia	00	UKS OLIMPIC Warka	38.23	473
22.	SASIELA, Sylwia	00	WKS Slask Wroclaw	38.25	472
23.	MYCEK, Agnieszka	00	WKS Slask Wroclaw	38.60	460
24.	WARMINSKA, Daria SR	98	RMKS Rybnik	39.59	426
25.	KOWALSKA, Eliza	00	UKS Aligator Gorzyce	39.69	423
26.	STYPINSKI, Ewa	00	KS Piatka Chorzow	42.19	352

19 - 23 years

1.	STASINOWSKA, Katarzyna	94	AZS UL PI Lodz	35.83	575
2.	DUDEK, Marlena	94	AZS AWF Katowice	36.03	565
3.	PODMAJSTRZY, Joanna	93	Delfin Lodz	36.71	534
4.	HARAF, Iga SWR	95	WKS Slask Wroclaw	37.77	491

17 - 18 years

1.	SZTANDERA, Dominika	97	MKS Juvenia Wroclaw	32.77	752
2.	MICHALCZYK, Urszula SO	97	UKP Unia Oswiecim	34.57	640
3.	NIEDZWIEDZKA, Malgorzata SR	97	MMKS Kedzierzyn-Kozle	35.70	581
4.	GREGLAK, Marta	97	MKS ZRYW Opole	36.19	558
5.	WISNIEWSKA, Kamila SR	96	MKS-SMS Victoria Raciborz	38.06	480

16 years

1.	SMAGA, Anna	98	WKS Slask Wroclaw	35.34	599
2.	SPOLJAR, Sylwia	98	AZS AWF Katowice	35.71	581
3.	BARTYZEL, Aleksandra	98	UKP MANTA Jelcz-Laskowice	36.19	558
4.	WARMINSKA, Daria SR	98	RMKS Rybnik	39.59	426

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 3, Women, 50m Breaststroke

15 years

1. PROCHOWNIK, Olimpia SO	99	UKP Unia Oswiecim	35.23	605
2. DURCZYNSKA, Katarzyna	99	KS Gornik Radlin	35.67	583
3. UGODZINSKA, Aleksandra	99	Klub Plywacki Ciechanow	36.55	541
4. NOWAK, Marta SO	99	MMKS Kedzierzyn-Kozle	36.71	534
5. KNAPIK, Weronika SR	99	KS Piatka Chorzow	37.21	513
6. ADAMCZYK, Agata	99	UKS Aligator Gorzyce	37.68	494

14 years

1. CHMIELEWSKA, Aneta	00	UKS OLIMPIC Warka	35.88	572
2. KOWALSKA, Dominika	00	MKS Trojka Lodz	37.19	514
3. KOSCIANEK, Natalia	00	UKS OLIMPIC Warka	38.23	473
4. SASIELA, Sylwia	00	WKS Slask Wroclaw	38.25	472
5. MYCEK, Agnieszka	00	WKS Slask Wroclaw	38.60	460
6. KOWALSKA, Eliza	00	UKS Aligator Gorzyce	39.69	423
7. STYPINSKI, Ewa	00	KS Piatka Chorzow	42.19	352

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 4 Men, 50m Breaststroke 14 years and older
2014-05-03 - 9:40 Results

Top Times "Poland" 27.48 SZULICH, Dawid 01414 Barcelona (ESP) 2013-07-30

Points: FINA 2013

Rank	YB		Time	Pts
14 years and older				
1.	90	Uks Delfin Legionowo	28.47	822
2.	93	AZS AWF Katowice	29.12	768
3.	96	Uks Delfin Legionowo	29.69	724
4.	93	Uks,,Zoliborz" Warszawa	30.03	700
5.	91	AZS UL PI Lodz	30.18	690
6.	96	UKS "GIM 92 Ursynow"	30.41	674
7.	95	AZS AWF Katowice	30.83	647
8.	91	AZS Warsaw	30.95	639
9.	00	MKS Trojka Lodz	31.19	625
10.	96	Karol Wadowice	31.42	611
11.	91	AZS UL PI Lodz	31.44	610
12.	95	AZS AWF Katowice	31.45	609
13.	99	Mosm Tychy	31.80	589
14.	00	UKP Unia Oswiecim	31.90	584
15.	91	AZS AWF Katowice	31.96	581
16.	98	WKS Slask Wroclaw	32.00	578
17.	97	MKS-SMS Victoria Raciborz	32.10	573
18.	96	MKS-SMS Victoria Raciborz	32.13	571
19.	99	UKP MANTA Jelcz-Laskowice	32.43	556
20.	94	AZS UL PI Lodz	32.54	550
21.	96	Delfin Lodz	32.77	539
22.	99	UKP Unia Oswiecim	32.97	529
23.	97	RMKS Rybnik	32.98	528
24.	99	WKS Slask Wroclaw	33.00	527
25.	99	WKS Slask Wroclaw	33.03	526
26.	94	AZS AWF Katowice	33.21	517
27.	98	MKS-SMS Victoria Raciborz	33.31	513
28.	95	Delfin Lodz	33.34	511
29.	95	MKS Trojka Lodz	33.36	510
30.	98	MKS-SMS Victoria Raciborz	33.52	503
31.	99	MKS Park Wodny Tarnowskie Gory	33.60	500
32.	98	Iskra Konin	33.91	486
33.	99	Iskra Konin	34.74	452
34.	99	Mosm Tychy	34.88	447
35.	00	KSZO Ostrowiec	35.74	415
36.	00	UKS 190 Lodz	36.44	392
37.	00	WKS Slask Wroclaw	36.61	386
38.	99	MKS Trojka Lodz	36.82	380
39.	99	MTP Delfin Cieszyn	37.17	369

19 - 23 years

1.	93	AZS AWF Katowice	29.12	768
2.	93	Uks,,Zoliborz" Warszawa	30.03	700
3.	91	AZS UL PI Lodz	30.18	690
4.	95	AZS AWF Katowice	30.83	647
5.	91	AZS Warsaw	30.95	639
6.	91	AZS UL PI Lodz	31.44	610
7.	95	AZS AWF Katowice	31.45	609
8.	91	AZS AWF Katowice	31.96	581
9.	94	AZS UL PI Lodz	32.54	550

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 4, Men, 50m Breaststroke, 19 - 23 years

Rank		YB		Time	Pts
10.	WROBEL, Andrzej	94	AZS AWF Katowice	33.21	517
11.	KAWCZYNSKI, Marcin	95	Delfin Lodz	33.34	511
12.	SOBCZYK, Maciej	95	MKS Trojka Lodz	33.36	510

17 - 18 years

1.	PERL, Michal	96	Uks Delfin Legionowo	29.69	724
2.	KOZAKIEWICZ, Jan	96	UKS "GIM 92 Ursynow"	30.41	674
3.	MASLANKA, Szymon SR	96	Karol Wadowice	31.42	611
4.	GUNIA, Kamil SR	97	MKS-SMS Victoria Raciborz	32.10	573
5.	ZARYCZNY, Piotr SR	96	MKS-SMS Victoria Raciborz	32.13	571
6.	FELINCZAK, Wojciech	96	Delfin Lodz	32.77	539
7.	HALAS, Bartlomiej SR	97	RMKS Rybnik	32.98	528

16 years

1.	SZCZUTKOWSKI, Robert	98	WKS Slask Wroclaw	32.00	578
2.	LESIK, Radoslaw SR	98	MKS-SMS Victoria Raciborz	33.31	513
3.	WAWRYCA, Szymon SR	98	MKS-SMS Victoria Raciborz	33.52	503
4.	BARTKOWIAK, Adam	98	Iskra Konin	33.91	486

15 years

1.	DZIEDZIC, Dawid	99	Mosm Tychy	31.80	589
2.	RASZCZUK, Michal	99	UKP MANTA Jelcz-Laskowice	32.43	556
3.	GOLENIEC, Kamil SO	99	UKP Unia Oswiecim	32.97	529
4.	GAWRON, Oskar	99	WKS Slask Wroclaw	33.00	527
5.	CHMIELINSKI, Jakub	99	WKS Slask Wroclaw	33.03	526
6.	ROKITA, Aleksander	99	MKS Park Wodny Tarnowskie Gory	33.60	500
7.	KAMINSKI, Piotr	99	Iskra Konin	34.74	452
8.	PILC, Milosz	99	Mosm Tychy	34.88	447
9.	SECZEK, Szymon	99	MKS Trojka Lodz	36.82	380
10.	WITOSZEK, Bartlomiej	99	MTP Delfin Cieszyn	37.17	369

14 years

1.	KALUSOWSKI, Jan	00	MKS Trojka Lodz	31.19	625
2.	MICHALCZYK, Andrzej SO	00	UKP Unia Oswiecim	31.90	584
3.	SZELAG, Mikołaj SOc	00	KSZO Ostrowiec	35.74	415
4.	DERENDARZ, Aleksander	00	UKS 190 Lodz	36.44	392
5.	SZCZUTKOWSKI, Damian	00	WKS Slask Wroclaw	36.61	386

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 5 Women, 200m Fly 14 years and older
2014-05-03 - 9:45 Results

Top Times "Poland" 2:05.61 JEDRZEJCZAK, Otylia POL Montreal (CAN) 2005-07-28

Points: FINA 2013

Rank		YB		Time	Pts	50m	100m	150m	200m
14 years and older									
1.	NAZIEBLO, Klaudia	93	MKS Juvenia Wroclaw	2:14.91	736	30.27	34.44	35.10	35.10
2.	OLCZAK, Mirella	93	AZS Warsaw	2:15.76	722	29.69	33.84	35.71	36.52
3.	SIKORA, Paulina	93	AZS Warsaw	2:17.06	701	30.74	35.04	35.62	35.66
4.	SZCZEPANIK, Joanna SO	96	UKP Unia Oswiecim	2:27.35	564	33.21	37.43	38.49	38.22
5.	ADAMIEC, Dominika SO	99	UKP Unia Oswiecim	2:29.35	542	32.93	39.83	38.13	38.46
6.	FILIPEK, Jagoda	99	WKS Slask Wroclaw	2:31.92	515	32.64	38.80	40.24	40.24
7.	REDNER, Sandra	99	MKS Trojka Lodz	2:33.21	502	35.08	40.25	39.68	38.20
8.	CZARNECKA, Wiktoria	99	Skarpa Lublin	2:34.02	494	34.12	39.39	39.89	40.62
9.	KROL, Oliwia	99	MKS Trojka Lodz	2:34.17	493	33.88	39.86	41.14	39.29
10.	KONDOLEWICZ, Aleksandra	99	WKS Slask Wroclaw	2:35.15	483	33.29	39.76	40.45	41.65
11.	PALKA, Maria SO	99	UKP Unia Oswiecim	2:37.72	460	33.69	39.59	41.61	42.83
12.	BARTCZAK, Julia	00	Delfin Lodz	2:38.31	455	34.84	39.35	41.35	42.77
13.	STAWARZ, Sandra	98	WKS Slask Wroclaw	2:39.50	445	34.65	40.21	41.42	43.22
14.	LIGENZA, Oliwia	00	MKS Trojka Lodz	2:40.54	436	36.79	42.12	40.97	40.66
15.	SKORUPA, Monika	99	DOKiS SP "Vega" Dobrodzie	2:41.54	428	34.18	40.20	43.62	43.54
16.	IZYCKA, Marta	00	UKS WODNIK Siemianowice	2:43.97	409	33.73	40.33	44.53	45.38
17.	FILIPKOWSKA, Dominika	99	MKS "Ros" Pisz	2:44.51	405	34.43	40.64	44.58	44.86
18.	DYKIJ, Dominika	98	WKS Slask Wroclaw	2:52.23	353	34.95	41.70	46.88	48.70
19.	SKUDLIK, Magdalena	99	UKS Mata Kochlowice Rudz	2:58.33	318	37.46	45.89	47.82	47.16
20.	CHOJECKA, Karolina	00	UKS OLIMPIC Warka	3:01.63	301	37.03	45.96	50.20	48.44
21.	KUBIK, Martyna	99	UKS Aligator Gorzyce	3:02.88	295	33.14	44.24	52.85	52.65
19 - 23 years									
1.	NAZIEBLO, Klaudia	93	MKS Juvenia Wroclaw	2:14.91	736	30.27	34.44	35.10	35.10
2.	OLCZAK, Mirella	93	AZS Warsaw	2:15.76	722	29.69	33.84	35.71	36.52
3.	SIKORA, Paulina	93	AZS Warsaw	2:17.06	701	30.74	35.04	35.62	35.66
17 - 18 years									
1.	SZCZEPANIK, Joanna SO	96	UKP Unia Oswiecim	2:27.35	564	33.21	37.43	38.49	38.22
16 years									
1.	STAWARZ, Sandra	98	WKS Slask Wroclaw	2:39.50	445	34.65	40.21	41.42	43.22
2.	DYKIJ, Dominika	98	WKS Slask Wroclaw	2:52.23	353	34.95	41.70	46.88	48.70
15 years									
1.	ADAMIEC, Dominika SO	99	UKP Unia Oswiecim	2:29.35	542	32.93	39.83	38.13	38.46
2.	FILIPEK, Jagoda	99	WKS Slask Wroclaw	2:31.92	515	32.64	38.80	40.24	40.24
3.	REDNER, Sandra	99	MKS Trojka Lodz	2:33.21	502	35.08	40.25	39.68	38.20
4.	CZARNECKA, Wiktoria	99	Skarpa Lublin	2:34.02	494	34.12	39.39	39.89	40.62
5.	KROL, Oliwia	99	MKS Trojka Lodz	2:34.17	493	33.88	39.86	41.14	39.29
6.	KONDOLEWICZ, Aleksandra	99	WKS Slask Wroclaw	2:35.15	483	33.29	39.76	40.45	41.65
7.	PALKA, Maria SO	99	UKP Unia Oswiecim	2:37.72	460	33.69	39.59	41.61	42.83
8.	SKORUPA, Monika	99	DOKiS SP "Vega" Dobrodzie	2:41.54	428	34.18	40.20	43.62	43.54
9.	FILIPKOWSKA, Dominika	99	MKS "Ros" Pisz	2:44.51	405	34.43	40.64	44.58	44.86
10.	SKUDLIK, Magdalena	99	UKS Mata Kochlowice Rudz	2:58.33	318	37.46	45.89	47.82	47.16
11.	KUBIK, Martyna	99	UKS Aligator Gorzyce	3:02.88	295	33.14	44.24	52.85	52.65
14 years									
1.	BARTCZAK, Julia	00	Delfin Lodz	2:38.31	455	34.84	39.35	41.35	42.77
2.	LIGENZA, Oliwia	00	MKS Trojka Lodz	2:40.54	436	36.79	42.12	40.97	40.66
3.	IZYCKA, Marta	00	UKS WODNIK Siemianowice	2:43.97	409	33.73	40.33	44.53	45.38
4.	CHOJECKA, Karolina	00	UKS OLIMPIC Warka	3:01.63	301	37.03	45.96	50.20	48.44

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 6 Men, 200m Fly 14 years and older
2014-05-03 - 10:00 Results

Top Times "Poland" 1:53.23 KORZENIOWSKI, Pawel 00114 Rome (ITA) 2009-07-29

Points: FINA 2013

Rank	YB	Time	Pts	50m	100m	150m	200m
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14 years and older

1.	KORZENIOWSKI, Pawel	85	AZS Warsaw	1:58.23	838	25.92	29.86	30.98	31.47
2.	POPRAWA, Michal	94	AZS AWF Katowice	2:04.11	725	27.81	31.99	32.14	32.17
3.	KRUPECKI, Oskar	92	MKP Szczecin	2:06.66	682	26.83	30.77	33.76	35.30
4.	OPALSKI, Marcin	93	UKS "GIM 92 Ursynow"	2:06.69	681	28.39	32.65	33.15	32.50
5.	LAWNIK, Jakub	99	WKS Slask Wroclaw	2:12.11	601	28.84	33.76	34.72	34.79
6.	GRUDZIECKI, Remigiusz	97	MMKS Kedzierzyn-Kozle	2:12.79	592	29.14	34.11	35.02	34.52
7.	FIEDOSIUK, Rafal SO	99	UKP Unia Oswiecim	2:14.54	569	30.58	34.70	34.53	34.73
8.	KEMPA, Mikolaj SO	99	MMKS Kedzierzyn-Kozle	2:15.48	557	29.80	34.62	35.47	35.59
9.	DEBSKI, Szymon	99	UKS NAWA Skierniewice	2:17.25	536	30.42	34.02	36.09	36.72
	MICHTA, Kacper SOc	00	KSZO Ostrowiec	2:17.25	536	30.40	34.49	35.78	36.58
11.	SALIK, Jakub	96	MKS Juvenia Wroclaw	2:17.57	532	31.69	35.59	35.39	34.90
12.	KUCZMA, Jędrzej	98	WKS Slask Wroclaw	2:17.84	529	30.53	34.22	36.23	36.86
13.	SMEJA, Patryk	95	MKS - Astoria Bydgoszcz	2:19.52	510	29.27	34.97	37.75	37.53
14.	NAGI, Mateusz SO	97	UKP Unia Oswiecim	2:21.13	493	30.62	36.48	36.87	37.16
15.	POTOCKI, Daniel	98	WKS Slask Wroclaw	2:22.35	480	30.58	35.43	37.56	38.78
16.	BORKOWSKI, Lukasz	95	MKS Trojka Lodz	2:23.28	471	28.31	35.45	39.76	39.76
17.	KRULIKOWSKI, Maciej SC	99	UKP Unia Oswiecim	2:23.52	469	30.59	35.91	37.65	39.37
18.	KIELCZEWSKI, Amadeusz	00	WKS Slask Wroclaw	2:24.11	463	31.11	36.66	38.76	37.58
19.	WALCZAK, Szymon	99	MKS Park Wodny Tarnowski	2:24.27	461	32.69	37.27	37.64	36.67
20.	MANKA, Filip	00	UKS 190 Lodz	2:26.08	444	32.63	36.97	38.09	38.39
21.	FIKS, Krzysztof	00	UKS 190 Lodz	2:26.21	443	33.26	38.08	38.40	36.47
22.	MILCZAREK, Piotr	98	UKS 190 Lodz	2:26.36	442	30.31	37.26	39.69	39.10
23.	PODZIMSKI, Wojciech	99	MKS Park Wodny Tarnowski	2:29.39	415	31.52	37.90	39.75	40.22
24.	BARAN, Jan SR	99	MKS-SMS Victoria Raciborz	2:30.02	410	33.04	38.40	39.83	38.75
25.	DUTKOWIAK, Wojciech	00	WKS Slask Wroclaw	2:31.51	398	33.14	38.92	40.27	39.18
26.	PIETRZYK, Cezary SOc	00	KSZO Ostrowiec	2:33.04	386	32.60	38.93	40.37	41.14
27.	SZYNDLER, Michal	00	MKS ZRYW Opole	2:34.69	374	34.58	40.00	41.26	38.85
28.	WOZNIAK, Kamil	00	MUKS Sokol Kolbuszowa	2:35.25	370	32.33	38.39	41.91	42.62
29.	CISZEWSKI, Jakub	00	UKS 190 Lodz	2:35.63	367	34.68	39.89	40.75	40.31
30.	AUGUSTYN, Aleksander	00	MUKS Sokol Kolbuszowa	2:38.57	347	34.22	40.74	41.57	42.04
31.	MATURA, Klaudiusz	98	UKS Mata Kochlowice Rudz	2:42.94	320	32.33	39.68	44.15	46.78

19 - 23 years

1.	POPRAWA, Michal	94	AZS AWF Katowice	2:04.11	725	27.81	31.99	32.14	32.17
2.	KRUPECKI, Oskar	92	MKP Szczecin	2:06.66	682	26.83	30.77	33.76	35.30
3.	OPALSKI, Marcin	93	UKS "GIM 92 Ursynow"	2:06.69	681	28.39	32.65	33.15	32.50
4.	SMEJA, Patryk	95	MKS - Astoria Bydgoszcz	2:19.52	510	29.27	34.97	37.75	37.53
5.	BORKOWSKI, Lukasz	95	MKS Trojka Lodz	2:23.28	471	28.31	35.45	39.76	39.76

17 - 18 years

1.	GRUDZIECKI, Remigiusz	97	MMKS Kedzierzyn-Kozle	2:12.79	592	29.14	34.11	35.02	34.52
2.	SALIK, Jakub	96	MKS Juvenia Wroclaw	2:17.57	532	31.69	35.59	35.39	34.90
3.	NAGI, Mateusz SO	97	UKP Unia Oswiecim	2:21.13	493	30.62	36.48	36.87	37.16

16 years

1.	KUCZMA, Jędrzej	98	WKS Slask Wroclaw	2:17.84	529	30.53	34.22	36.23	36.86
2.	POTOCKI, Daniel	98	WKS Slask Wroclaw	2:22.35	480	30.58	35.43	37.56	38.78
3.	MILCZAREK, Piotr	98	UKS 190 Lodz	2:26.36	442	30.31	37.26	39.69	39.10
4.	MATURA, Klaudiusz	98	UKS Mata Kochlowice Rudz	2:42.94	320	32.33	39.68	44.15	46.78

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 6, Men, 200m Fly

15 years

1. LAWNIK, Jakub	99	WKS Slask Wroclaw	2:12.11	601	28.84	33.76	34.72	34.79
2. FIEDOSIUK, Rafal SO	99	UKP Unia Oswiecim	2:14.54	569	30.58	34.70	34.53	34.73
3. KEMPA, Mikolaj SO	99	MMKS Kedzierzyn-Kozle	2:15.48	557	29.80	34.62	35.47	35.59
4. DEBSKI, Szymon	99	UKS NAWA Skierniewice	2:17.25	536	30.42	34.02	36.09	36.72
5. KRULIKOWSKI, Maciej SC	99	UKP Unia Oswiecim	2:23.52	469	30.59	35.91	37.65	39.37
6. WALCZAK, Szymon	99	MKS Park Wodny Tarnowsk	2:24.27	461	32.69	37.27	37.64	36.67
7. PODZIMSKI, Wojciech	99	MKS Park Wodny Tarnowsk	2:29.39	415	31.52	37.90	39.75	40.22
8. BARAN, Jan SR	99	MKS-SMS Victoria Raciborz	2:30.02	410	33.04	38.40	39.83	38.75

14 years

1. MICHTA, Kacper SOc	00	KSZO Ostrowiec	2:17.25	536	30.40	34.49	35.78	36.58
2. KIELCZEWSKI, Amadeusz	00	WKS Slask Wroclaw	2:24.11	463	31.11	36.66	38.76	37.58
3. MANKA, Filip	00	UKS 190 Lodz	2:26.08	444	32.63	36.97	38.09	38.39
4. FIKS, Krzysztof	00	UKS 190 Lodz	2:26.21	443	33.26	38.08	38.40	36.47
5. DUTKOWIAK, Wojciech	00	WKS Slask Wroclaw	2:31.51	398	33.14	38.92	40.27	39.18
6. PIETRZYK, Cezary SOc	00	KSZO Ostrowiec	2:33.04	386	32.60	38.93	40.37	41.14
7. SZYNDLER, Michal	00	MKS ZRYW Opole	2:34.69	374	34.58	40.00	41.26	38.85
8. WOZNIAK, Kamil	00	MUKS Sokol Kolbuszowa	2:35.25	370	32.33	38.39	41.91	42.62
9. CISZEWSKI, Jakub	00	UKS 190 Lodz	2:35.63	367	34.68	39.89	40.75	40.31
10. AUGUSTYN, Aleksander	00	MUKS Sokol Kolbuszowa	2:38.57	347	34.22	40.74	41.57	42.04

Opole, 3- - 4-5-2014

Event 7		Women, 100m Backstroke				14 years and older	
2014-05-03 - 10:15						Results	
Top Times "Poland"		1:01.02	TCHÓRZ, Alicja	00101	Olsztyn	2012-05-13	
Points: FINA 2013							
Rank		YB		Time	Pts	50m	100m
14 years and older							
1.	TCHORZ, Alicja	92	MKS Juvenia Wroclaw	1:02.34	810	30.40	31.94
2.	NAZIEBLO, Klaudia	93	MKS Juvenia Wroclaw	1:03.55	764	31.35	32.20
3.	ZAWISZEWSKA, Maja	93	WKS Slask Wroclaw	1:06.70	661	32.43	34.27
4.	PEDA, Paulina	98	AZS AWF Katowice	1:06.77	659	32.68	34.09
5.	NAWARYNSKA, Katarzyna SR	96	MKS-SMS Victoria Raciborz	1:07.98	624	32.93	35.05
6.	BOGUCKA, Dagmara SWR	97	MKS Juvenia Wroclaw	1:08.21	618	33.27	34.94
7.	SZKARLAT, Julia SWR	98	WKS Slask Wroclaw	1:08.93	599	34.31	34.62
8.	SMYLEK, Karolina	00	Skarpa Lublin	1:09.22	591	34.10	35.12
9.	STAROS, Sandra	99	Uks Victoria Jozefow	1:09.79	577	33.65	36.14
10.	WLODARCZYK, Ewelina	96	MKS Trojka Lodz	1:10.39	562	33.75	36.64
11.	DUDA, Zuzanna	99	WKS Slask Wroclaw	1:10.42	562	34.43	35.99
12.	PABIN, Marta	00	Delfin Lodz	1:13.60	492	35.51	38.09
13.	JAROCHA, Wiktoria	98	KSZO Ostrowiec	1:13.88	486	36.31	37.57
14.	KIERZEK, Wiktoria	99	MKS Park Wodny Tarnowskie Gory	1:16.06	446	36.81	39.25
15.	WROBLEWSKA, Maja	00	WKS Slask Wroclaw	1:16.39	440	37.44	38.95
16.	HALAT, Agnieszka	99	Mosm Tychy	1:19.58	389	37.79	41.79
17.	KUBIK, Martyna	99	UKS Aligator Gorzyce	1:25.03	319	36.39	48.64
18.	PIOTROWSKA, Nicole	99	UKS Mata Kochlowice Ruda Slask	1:26.41	304	39.57	46.84
19 - 23 years							
1.	TCHORZ, Alicja	92	MKS Juvenia Wroclaw	1:02.34	810	30.40	31.94
2.	NAZIEBLO, Klaudia	93	MKS Juvenia Wroclaw	1:03.55	764	31.35	32.20
3.	ZAWISZEWSKA, Maja	93	WKS Slask Wroclaw	1:06.70	661	32.43	34.27
17 - 18 years							
1.	NAWARYNSKA, Katarzyna SR	96	MKS-SMS Victoria Raciborz	1:07.98	624	32.93	35.05
2.	BOGUCKA, Dagmara SWR	97	MKS Juvenia Wroclaw	1:08.21	618	33.27	34.94
3.	WLODARCZYK, Ewelina	96	MKS Trojka Lodz	1:10.39	562	33.75	36.64
16 years							
1.	PEDA, Paulina	98	AZS AWF Katowice	1:06.77	659	32.68	34.09
2.	SZKARLAT, Julia SWR	98	WKS Slask Wroclaw	1:08.93	599	34.31	34.62
3.	JAROCHA, Wiktoria	98	KSZO Ostrowiec	1:13.88	486	36.31	37.57
15 years							
1.	STAROS, Sandra	99	Uks Victoria Jozefow	1:09.79	577	33.65	36.14
2.	DUDA, Zuzanna	99	WKS Slask Wroclaw	1:10.42	562	34.43	35.99
3.	KIERZEK, Wiktoria	99	MKS Park Wodny Tarnowskie Gory	1:16.06	446	36.81	39.25
4.	HALAT, Agnieszka	99	Mosm Tychy	1:19.58	389	37.79	41.79
5.	KUBIK, Martyna	99	UKS Aligator Gorzyce	1:25.03	319	36.39	48.64
6.	PIOTROWSKA, Nicole	99	UKS Mata Kochlowice Ruda Slask	1:26.41	304	39.57	46.84
14 years							
1.	SMYLEK, Karolina	00	Skarpa Lublin	1:09.22	591	34.10	35.12
2.	PABIN, Marta	00	Delfin Lodz	1:13.60	492	35.51	38.09
3.	WROBLEWSKA, Maja	00	WKS Slask Wroclaw	1:16.39	440	37.44	38.95

Grand Prix - Puchar Polski w Pływaniu 2013-2014
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Event 8 Men, 100m Backstroke 14 years and older
2014-05-03 - 10:20 Results

Top Times "Poland" 53.82 KAWĘCKI, Radosław 00304 Barcelona (ESP) 2013-07-29

Points: FINA 2013

Rank		YB		Time	Pts	50m	100m
14 years and older							
1.	MORAWSKI, Krzysztof	94	AZS Warsaw	57.17	749	28.07	29.10
2.	JANKIEWICZ, Krzysztof	91	UKS NAWA Skierniewice	57.85	723	28.02	29.83
3.	GABRYSZ, Wojciech SR	95	MKS-SMS Victoria Raciborz	58.71	692	28.70	30.01
4.	HANDZLIK, Rafal SR	95	Karol Wadowice	1:00.05	647	29.10	30.95
5.	BUGDOL, Rafal SR	95	MKS-SMS Victoria Raciborz	1:00.44	634	29.59	30.85
	ZGIERSKI, Maksymilian	94	AZS UL PI Lodz	1:00.44	634	28.72	31.72
7.	KROGULSKI, Filip SO	96	UKP Unia Oswiecim	1:01.19	611	30.11	31.08
8.	KRZEWINSKI, Patryk	96	MUKS Piietnastka Bydgoszcz	1:01.51	602	29.44	32.07
9.	NIEDZIALEK, Dominik	98	Skarpa Lublin	1:01.89	591	29.98	31.91
10.	STEC, Adam	97	MKP Szczecin	1:02.33	578	30.41	31.92
11.	GALECKI, Mateusz	99	WKS Slask Wroclaw	1:03.23	554	30.81	32.42
12.	ANDREOSE, Jan Luigi	98	AZS AWF Wroclaw	1:03.50	547	30.26	33.24
13.	SOBCZYK, Maciej	95	MKS Trojka Lodz	1:04.46	523	31.25	33.21
14.	CZECH, Szymon SR	97	MKS-SMS Victoria Raciborz	1:04.53	521	31.50	33.03
15.	ANDREJKO, Szymon SR	96	KS Gornik Radlin	1:04.80	514	31.93	32.87
16.	BLASZCZYK, Michal SR	98	MKS-SMS Victoria Raciborz	1:05.32	502	31.92	33.40
17.	WITAN, Daniel	96	UKS OLIMPIC Warka	1:05.62	495	31.67	33.95
18.	SECZEK, Szymon	99	MKS Trojka Lodz	1:07.66	452	33.16	34.50
19.	WOZNIAK, Maciej	00	UKS 190 Lodz	1:07.67	452	32.31	35.36
20.	GRZYMSKI, Mateusz	98	WKS Slask Wroclaw	1:07.68	451	32.12	35.56
21.	ZMIJA, Marek	97	AZS AWF Katowice	1:07.75	450	32.53	35.22
22.	MOLDRZYK, Maciej	99	Mosm Tychy	1:07.81	449	33.08	34.73
23.	JAROCIA, Oskar SOc	00	KSZO Ostrowiec	1:08.23	441	34.05	34.18
24.	KRYCIA, Mateusz SOc	96	KSZO Ostrowiec	1:08.29	439	32.82	35.47
25.	DABROWSKI, Patryk	00	WKS Slask Wroclaw	1:08.75	431	33.41	35.34
26.	KAMINSKI, Piotr	99	MKS Trojka Lodz	1:09.47	417	33.82	35.65
27.	ROMAN, Mateusz	00	MKS ZRYW Opole	1:09.76	412	34.58	35.18
28.	BIERONSKI, Michal	99	WKS Slask Wroclaw	1:09.83	411	33.81	36.02
29.	PAWLACZYK, Patryk	00	UKS 190 Lodz	1:10.66	397	34.00	36.66
30.	STOLARCZYK, Kamil	96	MKS Park Wodny Tarnowskie Gory	1:11.49	383	35.37	36.12
31.	TOMECKI, Jakub	99	UKS Mata Kochlowice Ruda Slask	1:14.74	335	36.65	38.09
32.	MANISZEWSKI, Michal	00	MTP Delfin Cieszyn	1:14.86	334	36.05	38.81
33.	SIKORA, Patryk	99	WKS Slask Wroclaw	1:14.90	333	36.66	38.24
34.	LEWANDOWSKI, Michal	00	MKS ZRYW Opole	1:22.10	253	39.01	43.09
DSO	POLEWKA, Tomasz	94	AZS AWF Katowice	55.49	O-4	27.17	28.32

19 - 23 years

1.		MORAWSKI, Krzysztof	94	AZS Warsaw	57.17	749	28.07	29.10
2.		JANKIEWICZ, Krzysztof	91	UKS NAWA Skierniewice	57.85	723	28.02	29.83
3.		GABRYSZ, Wojciech SR	95	MKS-SMS Victoria Raciborz	58.71	692	28.70	30.01
4.		HANDZLIK, Rafał SR	95	Karol Wadowice	1:00.05	647	29.10	30.95
5.		BUGDOL, Rafał SR	95	MKS-SMS Victoria Raciborz	1:00.44	634	29.59	30.85
		ZGIERSKI, Maksymilian	94	AZS UL PI Lodz	1:00.44	634	28.72	31.72
7.		SOBCZYK, Maciej	95	MKS Trojka Lodz	1:04.46	523	31.25	33.21
DSQ		POLEWKA, Tomasz	94	AZS AWF Katowice	55.49	O-4	27.17	28.32

17 - 18 years

1.		KROGULSKI, Filip SO	96	UKP Unia Oswiecim	1:01.19	611	30.11	31.08
2.		KRZEWINSKI, Patryk	96	MUKS Piłtastka Bydgoszcz	1:01.51	602	29.44	32.07
3.		STEC, Adam	97	MKP Szczecin	1:02.33	578	30.41	31.92
4.		CZECH, Szymon SR	97	MKS-SMS Victoria Raciborz	1:04.53	521	31.50	33.03
5.		ANDREJKO, Szymon SR	96	KS Gornik Radlin	1:04.80	514	31.93	32.87
6.		WITAN, Daniel	96	UKS OLIMPIC Warka	1:05.62	495	31.67	33.95
7.		ZMIJA, Marek	97	AZS AWF Katowice	1:07.75	450	32.53	35.22

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 8, Boys, 100m Backstroke, 17 - 18 years

Rank		YB		Time	Pts	50m	100m
8.	KRYCIA, Mateusz SOc	96	KSZO Ostrowiec	1:08.29	439	32.82	35.47
9.	STOLARCZYK, Kamil	96	MKS Park Wodny Tarnowskie Gory	1:11.49	383	35.37	36.12

16 years

1.	NIEDZIALEK, Dominik	98	Skarpa Lublin	1:01.89	591	29.98	31.91
2.	ANDREOSE, Jan Luigi	98	AZS AWF Wroclaw	1:03.50	547	30.26	33.24
3.	BLASZCZYK, Michal SR	98	MKS-SMS Victoria Raciborz	1:05.32	502	31.92	33.40
4.	GRZYMSKI, Mateusz	98	WKS Slask Wroclaw	1:07.68	451	32.12	35.56

15 years

1.	GALECKI, Mateusz	99	WKS Slask Wroclaw	1:03.23	554	30.81	32.42
2.	SECZEK, Szymon	99	MKS Trojka Lodz	1:07.66	452	33.16	34.50
3.	MOLDRZYK, Maciej	99	Mosm Tychy	1:07.81	449	33.08	34.73
4.	KAMINSKI, Piotr	99	MKS Trojka Lodz	1:09.47	417	33.82	35.65
5.	BIERONSKI, Michal	99	WKS Slask Wroclaw	1:09.83	411	33.81	36.02
6.	TOMECKI, Jakub	99	UKS Mata Kochlowice Ruda Slask	1:14.74	335	36.65	38.09
7.	SIKORA, Patryk	99	WKS Slask Wroclaw	1:14.90	333	36.66	38.24

14 years

1.	WOZNIAK, Maciej	00	UKS 190 Lodz	1:07.67	452	32.31	35.36
2.	JAROCHA, Oskar SOc	00	KSZO Ostrowiec	1:08.23	441	34.05	34.18
3.	DABROWSKI, Patryk	00	WKS Slask Wroclaw	1:08.75	431	33.41	35.34
4.	ROMAN, Mateusz	00	MKS ZRYW Opole	1:09.76	412	34.58	35.18
5.	PAWLACZYK, Patryk	00	UKS 190 Lodz	1:10.66	397	34.00	36.66
6.	MANISZEWSKI, Michal	00	MTP Delfin Cieszyn	1:14.86	334	36.05	38.81
7.	LEWANDOWSKI, Michal	00	MKS ZRYW Opole	1:22.10	253	39.01	43.09

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 9 Women, 200m Medley 14 years and older
2014-05-03 - 10:30 Results

Top Times "Poland" 2:12.13 BARANOWSKA, Katarzyna 00116 Beijing (CHN) 2008-08-12

Points: FINA 2013

Rank		YB		Time	Pts	50m	100m	150m	200m
14 years and older									
1.	TCHORZ, Alicja	92	MKS Juvenia Wroclaw	2:17.73	768	29.72	35.30	40.83	31.88
2.	NAZIEBLO, Klaudia	93	MKS Juvenia Wroclaw	2:22.66	691	31.05	35.70	44.13	31.78
3.	SPROSKA, Magdalena	97	MKS ZRYW Opole	2:25.81	647	31.28	37.95	42.22	34.36
4.	PEDA, Paulina	98	AZS AWF Katowice	2:27.63	623	30.17	37.50	43.57	36.39
5.	PAJAK, Liliana SO	99	UKP Unia Oswiecim	2:29.57	599	32.51	37.43	43.76	35.87
6.	MICHALCZYK, Urszula SO	97	UKP Unia Oswiecim	2:30.29	591	32.79	41.05	41.02	35.43
7.	SMAGA, Anna	98	WKS Slask Wroclaw	2:30.84	584	32.30	38.88	44.76	34.90
8.	NIEDZWIEDZKA, M.	97	MMKS Kedzierzyn-Kozle	2:31.24	580	32.92	39.99	42.92	35.41
9.	ILCEWICZ, Edyta	96	Uks Victoria Jozefow	2:32.27	568	32.56	40.47	44.51	34.73
10.	WOLOSZYN, Sonia SO	95	KSZO Ostrowiec	2:32.36	567	32.44	40.13	46.13	33.66
11.	BARTYZEL, Aleksandra	98	UKP MANTA Jelcz-Laskowice	2:32.60	564	34.15	39.34	42.93	36.18
12.	SPOLJAR, Sylwia	98	AZS AWF Katowice	2:34.70	542	32.26	41.87	43.74	36.83
13.	CZAJA, Barbara	99	KS Gornik Radlin	2:34.74	541	33.81	39.84	46.29	34.80
14.	SZTANDERA, Dominika	97	MKS Juvenia Wroclaw	2:35.14	537	32.50	42.86	43.11	36.67
15.	KOWALSKA, Dominika	00	MKS Trojka Lodz	2:36.89	519	33.76	42.32	45.30	35.51
16.	NOWAK, Marta SO	99	MMKS Kedzierzyn-Kozle	2:38.33	505	33.34	41.79	44.13	39.07
17.	SMYLEK, Karolina	00	Skarpa Lublin	2:39.69	492	34.40	40.50	46.53	38.26
18.	KNAPIK, Weronika SR	99	KS Piatka Chorzow	2:41.60	475	35.52	44.80	43.69	37.59
19.	BARTCZAK, Julia	00	Delfin Lodz	2:41.86	473	33.43	42.77	47.86	37.80
20.	ADAMSKA, Alicja	00	UKS Aligator Gorzyce	2:43.90	455	34.89	43.24	49.28	36.49
21.	KOWALSKA, Eliza	00	UKS Aligator Gorzyce	2:45.13	445	34.97	45.90	44.89	39.37
22.	SASIELA, Sylwia	00	WKS Slask Wroclaw	2:46.24	436	37.75	44.11	46.29	38.09
23.	KOSCIANEK, Natalia	00	UKS OLIMPIC Warka	2:50.22	407	38.66	45.72	47.36	38.48
24.	JUNAK, Nikola	00	Delfin Lodz	2:50.53	404	34.47	43.78	51.58	40.70
25.	CHMIELEWSKA, Aneta	00	UKS OLIMPIC Warka	2:52.42	391	37.36	47.30	46.82	40.94

19 - 23 years

1.	TCHORZ, Alicja	92	MKS Juvenia Wroclaw	2:17.73	768	29.72	35.30	40.83	31.88
2.	NAZIEBLO, Klaudia	93	MKS Juvenia Wroclaw	2:22.66	691	31.05	35.70	44.13	31.78
3.	WOLOSZYN, Sonia SO	95	KSZO Ostrowiec	2:32.36	567	32.44	40.13	46.13	33.66

17 - 18 years

1.	SPROSKA, Magdalena	97	MKS ZRYW Opole	2:25.81	647	31.28	37.95	42.22	34.36
2.	MICHALCZYK, Urszula SO	97	UKP Unia Oswiecim	2:30.29	591	32.79	41.05	41.02	35.43
3.	NIEDZWIEDZKA, M.	97	MMKS Kedzierzyn-Kozle	2:31.24	580	32.92	39.99	42.92	35.41
4.	ILCEWICZ, Edyta	96	Uks Victoria Jozefow	2:32.27	568	32.56	40.47	44.51	34.73
5.	SZTANDERA, Dominika	97	MKS Juvenia Wroclaw	2:35.14	537	32.50	42.86	43.11	36.67

16 years

1.	PEDA, Paulina	98	AZS AWF Katowice	2:27.63	623	30.17	37.50	43.57	36.39
2.	SMAGA, Anna	98	WKS Slask Wroclaw	2:30.84	584	32.30	38.88	44.76	34.90
3.	BARTYZEL, Aleksandra	98	UKP MANTA Jelcz-Laskowice	2:32.60	564	34.15	39.34	42.93	36.18
4.	SPOLJAR, Sylwia	98	AZS AWF Katowice	2:34.70	542	32.26	41.87	43.74	36.83

15 years

1.	PAJAK, Liliana SO	99	UKP Unia Oswiecim	2:29.57	599	32.51	37.43	43.76	35.87
2.	CZAJA, Barbara	99	KS Gornik Radlin	2:34.74	541	33.81	39.84	46.29	34.80
3.	NOWAK, Marta SO	99	MMKS Kedzierzyn-Kozle	2:38.33	505	33.34	41.79	44.13	39.07
4.	KNAPIK, Weronika SR	99	KS Piatka Chorzow	2:41.60	475	35.52	44.80	43.69	37.59

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 9, Women, 200m Medley

14 years

1.	KOWALSKA, Dominika	00	MKS Trojka Lodz	2:36.89	519	33.76	42.32	45.30	35.51
2.	SMYLEK, Karolina	00	Skarpa Lublin	2:39.69	492	34.40	40.50	46.53	38.26
3.	BARTCZAK, Julia	00	Delfin Lodz	2:41.86	473	33.43	42.77	47.86	37.80
4.	ADAMSKA, Alicja	00	UKS Aligator Gorzyce	2:43.90	455	34.89	43.24	49.28	36.49
5.	KOWALSKA, Eliza	00	UKS Aligator Gorzyce	2:45.13	445	34.97	45.90	44.89	39.37
6.	SASIELA, Sylwia	00	WKS Slask Wroclaw	2:46.24	436	37.75	44.11	46.29	38.09
7.	KOSCIANEK, Natalia	00	UKS OLIMPIC Warka	2:50.22	407	38.66	45.72	47.36	38.48
8.	JUNAK, Nikola	00	Delfin Lodz	2:50.53	404	34.47	43.78	51.58	40.70
9.	CHMIELEWSKA, Aneta	00	UKS OLIMPIC Warka	2:52.42	391	37.36	47.30	46.82	40.94

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 10 Men, 200m Medley 14 years and older
2014-05-03 - 10:45 Results

Top Times "Poland" 1:59.77 CIEŚLAK, Marcin 03914 Shanghai (CHN) 2011-07-27

Points: FINA 2013

Rank		YB		Time	Pts	50m	100m	150m	200m
14 years and older									
1.	KUBKOWSKI, Bartlomiej	595R	WKS Slask Wroclaw	2:07.18	720	27.75	32.70	36.82	29.91
2.	ZACZYNSKI, Karol	91	WKS Slask Wroclaw	2:07.69	711	27.47	33.17	37.36	29.69
3.	GASIOR, Patryk	94	AZS Warsaw	2:11.48	651	27.34	33.85	39.24	31.05
4.	MACHNIK, Mikolaj	93	AZS AWF Katowice	2:14.43	609	28.39	36.47	38.56	31.01
5.	ULATOWSKI, Wojciech	SC98	UKP Unia Oswiecim	2:16.06	588	29.21	36.25	38.96	31.64
6.	ROGUSKI, Bartlomiej	93	Uks.,Zoliborz" Warszawa	2:17.28	572	28.95	40.55	35.47	32.31
7.	SWIERCZYNSKI, Jakub	95	AZS AWF Katowice	2:17.54	569	29.02	35.73	38.79	34.00
8.	DZIEDZIC, Dawid	99	Mosm Tychy	2:17.70	567	28.62	37.79	40.42	30.87
	KOZAKIEWICZ, Jan	96	UKS "GIM 92 Ursynow"	2:17.70	567	29.05	38.52	38.16	31.97
10.	KALUSOWSKI, Jan	00	MKS Trojka Lodz	2:18.16	561	29.31	39.20	37.78	31.87
11.	STEC, Adam	97	MKP Szczecin	2:18.19	561	29.54	34.72	41.51	32.42
	SALIK, Jakub	96	MKS Juvenia Wroclaw	2:18.19	561	29.92	37.31	38.30	32.66
13.	CHMIEL, Lukasz	93	AZS AWF Katowice	2:18.47	558	27.78	34.81	41.90	33.98
14.	GRUDZIECKI, Remigiusz	97	MMKS Kedzierzyn-Kozle	2:20.47	534	28.52	37.91	41.91	32.13
15.	NAGI, Mateusz	SO	UKP Unia Oswiecim	2:20.62	532	30.43	38.75	38.68	32.76
16.	WAWRYCA, Szymon	SR	MKS-SMS Victoria Raciborz	2:20.76	531	30.73	38.13	38.34	33.56
17.	GOLENIEC, Kamil	SO	UKP Unia Oswiecim	2:21.08	527	31.19	38.56	39.00	32.33
18.	TUREK, Maksymilian	98	WKS Slask Wroclaw	2:21.80	519	29.70	38.37	40.00	33.73
19.	GAWRON, Oskar	99	WKS Slask Wroclaw	2:21.86	518	29.75	38.23	39.69	34.19
20.	PIATKIEWICZ, Mateusz	99	MZOS Plock	2:22.58	511	30.77	37.36	41.02	33.43
21.	BLASZCZYK, Michal	SR	MKS-SMS Victoria Raciborz	2:23.55	500	30.40	36.73	42.81	33.61
22.	SOWKA, Denis	98	DOKiS SP "Vega" Dobrodzie	2:23.68	499	29.57	37.78	43.42	32.91
23.	RASZCZUK, Michal	99	UKP MANTA Jelcz-Laskowice	2:24.50	491	30.72	39.46	38.51	35.81
24.	JEZIORSKI, Patryk	99	UKS Mata Kochlowice Rudy	2:27.53	461	31.48	39.20	44.05	32.80
25.	BORKOWSKI, Lukasz	95	MKS Trojka Lodz	2:29.00	447	28.14	41.22	45.89	33.75
26.	ROKITA, Aleksander	99	MKS Park Wodny Tarnowski	2:29.37	444	31.54	42.65	40.38	34.80
27.	MICHALCZYK, Andrzej	SO	UKP Unia Oswiecim	2:29.46	443	30.16	42.97	40.35	35.98
28.	MANKA, Filip	00	UKS 190 Lodz	2:29.83	440	32.87	39.64	43.65	33.67
29.	ORLOWSKI, Kamil	SO	KSZO Ostrowiec	2:30.08	438	31.84	39.22	45.51	33.51
30.	SZELAG, Mikolaj	SO	KSZO Ostrowiec	2:33.46	409	32.14	40.92	44.20	36.20
31.	PIETRZYK, Cezary	SO	KSZO Ostrowiec	2:38.30	373	32.41	44.20	44.95	36.74
32.	BARTNIKIEWICZ, Jan	00	KS Piatka Chorzow	2:42.78	343	32.90	44.00	49.39	36.49
33.	KARPINSKI, Dominik	00	KS Piatka Chorzow	3:02.88	242	38.77	48.92	54.19	41.00
DSQ	MIKLOS, Kamil	00	WKS Slask Wroclaw	2:45.80	Z2G3	31.74	43.96	51.95	38.15

19 - 23 years

1.	KUBKOWSKI, Bartłomiej	595R	WKS Slask Wroclaw	2:07.18	720	27.75	32.70	36.82	29.91
2.	ZACZYNSKI, Karol	91	WKS Slask Wroclaw	2:07.69	711	27.47	33.17	37.36	29.69
3.	GASIOR, Patryk	94	AZS Warsaw	2:11.48	651	27.34	33.85	39.24	31.05
4.	MACHNIK, Mikołaj	93	AZS AWF Katowice	2:14.43	609	28.39	36.47	38.56	31.01
5.	ROGUSKI, Bartłomiej	93	Uks.,Zoliborz" Warszawa	2:17.28	572	28.95	40.55	35.47	32.31
6.	SWIERCZYNSKI, Jakub	95	AZS AWF Katowice	2:17.54	569	29.02	35.73	38.79	34.00
7.	CHMIEL, Lukasz	93	AZS AWF Katowice	2:18.47	558	27.78	34.81	41.90	33.98
8.	BORKOWSKI, Lukasz	95	MKS Trojka Lodz	2:29.00	447	28.14	41.22	45.89	33.75

17 - 18 years

1.	KOZAKIEWICZ, Jan	96	UKS "GIM 92 Ursynow"	2:17.70	567	29.05	38.52	38.16	31.97
2.	STEC, Adam	97	MKP Szczecin	2:18.19	561	29.54	34.72	41.51	32.42
	SALIK, Jakub	96	MKS Juvenia Wroclaw	2:18.19	561	29.92	37.31	38.30	32.66
4.	GRUDZIECKI, Remigiusz	97	MMKS Kedzierzyn-Kozle	2:20.47	534	28.52	37.91	41.91	32.13
5.	NAGI, Mateusz	SO	UKP Unia Oswiecim	2:20.62	532	30.43	38.75	38.68	32.76

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 10, Men, 200m Medley

16 years

1. ULATOWSKI, Wojciech SC98	UKP Unia Oswiecim	2:16.06	588	29.21	36.25	38.96	31.64
2. WAWRYCA, Szymon SR 98	MKS-SMS Victoria Raciborz	2:20.76	531	30.73	38.13	38.34	33.56
3. TUREK, Maksymilian 98	WKS Slask Wroclaw	2:21.80	519	29.70	38.37	40.00	33.73
4. BLASZCZYK, Michal SR 98	MKS-SMS Victoria Raciborz	2:23.55	500	30.40	36.73	42.81	33.61
5. SOWKA, Denis 98	DOKiS SP "Vega" Dobrodzie	2:23.68	499	29.57	37.78	43.42	32.91

15 years

1. DZIEDZIC, Dawid 99	Mosm Tychy	2:17.70	567	28.62	37.79	40.42	30.87
2. GOLENIEC, Kamil SO 99	UKP Unia Oswiecim	2:21.08	527	31.19	38.56	39.00	32.33
3. GAWRON, Oskar 99	WKS Slask Wroclaw	2:21.86	518	29.75	38.23	39.69	34.19
4. PIATKIEWICZ, Mateusz 99	MZOS Plock	2:22.58	511	30.77	37.36	41.02	33.43
5. RASZCZUK, Michal 99	UKP MANTA Jelcz-Laskowice	2:24.50	491	30.72	39.46	38.51	35.81
6. JEZIORSKI, Patryk 99	UKS Mata Kochlowice Rud	2:27.53	461	31.48	39.20	44.05	32.80
7. ROKITA, Aleksander 99	MKS Park Wodny Tarnowski	2:29.37	444	31.54	42.65	40.38	34.80

14 years

1. KALUSOWSKI, Jan 00	MKS Trojka Lodz	2:18.16	561	29.31	39.20	37.78	31.87
2. MICHALCZYK, Andrzej SO 00	UKP Unia Oswiecim	2:29.46	443	30.16	42.97	40.35	35.98
3. MANKA, Filip 00	UKS 190 Lodz	2:29.83	440	32.87	39.64	43.65	33.67
4. ORLOWSKI, Kamil SOc 00	KSZO Ostrowiec	2:30.08	438	31.84	39.22	45.51	33.51
5. SZELAG, Mikolaj SOc 00	KSZO Ostrowiec	2:33.46	409	32.14	40.92	44.20	36.20
6. PIETRZYK, Cezary SOc 00	KSZO Ostrowiec	2:38.30	373	32.41	44.20	44.95	36.74
7. BARTNIKIEWICZ, Jan 00	KS Piatka Chorzow	2:42.78	343	32.90	44.00	49.39	36.49
8. KARPINSKI, Dominik 00	KS Piatka Chorzow	3:02.88	242	38.77	48.92	54.19	41.00
DSQ MIKLOS, Kamil 00	WKS Slask Wroclaw	2:45.80	Z2G3	31.74	43.96	51.95	38.15

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 11 Women, 400m Freestyle 14 years and older
2014-05-03 - 11:00 Results

Top Times "Poland" 4:04.23 JEDRZEJCZAK, Otylia 00114 Melbourne (AUS) 2007-03-25

Points: FINA 2013

Rank	YB										Time	Pts
14 years and older												
1.	ZACHOSZCZ, Joanna				93	AZS UWM Olsztyn					4:21.94	761
	50m:	30.84	30.84	150m:	1:36.06	32.83	250m:	2:42.33	33.19	350m:	3:49.09	33.42
	100m:	1:03.23	32.39	200m:	2:09.14	33.08	300m:	3:15.67	33.34	400m:	4:21.94	32.85
2.	WIKIEL, Manuela				92	AZS UWM Olsztyn					4:22.92	752
	50m:	31.42	31.42	150m:	1:36.74	32.85	250m:	2:43.18	33.29	350m:	3:50.34	33.75
	100m:	1:03.89	32.47	200m:	2:09.89	33.15	300m:	3:16.59	33.41	400m:	4:22.92	32.58
3.	NAZIEBLO, Klaudia				93	MKS Juvenia Wroclaw					4:26.75	720
	50m:	31.58	31.58	150m:	1:40.35	34.56	250m:	2:48.38	33.74	350m:	3:55.35	33.17
	100m:	1:05.79	34.21	200m:	2:14.64	34.29	300m:	3:22.18	33.80	400m:	4:26.75	31.40
4.	OLCZAK, Mirella				93	AZS Warsaw					4:28.50	706
	50m:	31.53	31.53	150m:	1:39.93	34.40	250m:	2:48.06	34.25	350m:	3:55.70	33.49
	100m:	1:05.53	34.00	200m:	2:13.81	33.88	300m:	3:22.21	34.15	400m:	4:28.50	32.80
5.	POZAROWSZCZYK, Beata				91	MKS Juvenia Wroclaw					4:36.32	648
	50m:	31.76	31.76	150m:	1:41.00	34.82	250m:	2:51.24	35.22	350m:	4:01.76	35.44
	100m:	1:06.18	34.42	200m:	2:16.02	35.02	300m:	3:26.32	35.08	400m:	4:36.32	34.56
6.	GRUSZCZYNSKA, Aleksandra SO				98	UKP Unia Oswiecim					4:36.35	648
	50m:	31.31	31.31	150m:	1:40.40	34.94	250m:	2:50.93	35.32	350m:	4:01.46	35.36
	100m:	1:05.46	34.15	200m:	2:15.61	35.21	300m:	3:26.10	35.17	400m:	4:36.35	34.89
7.	MACIUCH, Karolina				96	DOKiS SP "Vega" Dobrodzien					4:40.02	622
	50m:	31.74	31.74	150m:	1:40.93	34.93	250m:	2:52.02	35.63	350m:	4:04.35	36.29
	100m:	1:06.00	34.26	200m:	2:16.39	35.46	300m:	3:28.06	36.04	400m:	4:40.02	35.67
8.	PODLEWSKA, Miriam SO				97	UKP Unia Oswiecim					4:41.76	611
	50m:	31.73	31.73	150m:	1:41.74	35.38	250m:	2:53.88	36.47	350m:	4:06.19	36.20
	100m:	1:06.36	34.63	200m:	2:17.41	35.67	300m:	3:29.99	36.11	400m:	4:41.76	35.57
9.	LESZCZYNSKA, Klaudia Julia SO				99	UKP Unia Oswiecim					4:43.75	598
	50m:	31.91	31.91	150m:	1:42.02	35.74	250m:	2:54.51	36.58	350m:	4:08.25	36.95
	100m:	1:06.28	34.37	200m:	2:17.93	35.91	300m:	3:31.30	36.79	400m:	4:43.75	35.50
10.	NOWACKA, Aleksandra				90	AZS Warsaw					4:44.46	594
	50m:	32.17	32.17	150m:	1:43.63	36.35	250m:	2:57.08	36.59	350m:	4:09.41	36.20
	100m:	1:07.28	35.11	200m:	2:20.49	36.86	300m:	3:33.21	36.13	400m:	4:44.46	35.05
11.	ZROBEK, Natalia				99	UKS 190 Lodz					4:46.44	581
	50m:	32.60	32.60	150m:	1:46.53	37.38	250m:	3:00.10	36.22	350m:	4:12.27	35.88
	100m:	1:09.15	36.55	200m:	2:23.88	37.35	300m:	3:36.39	36.29	400m:	4:46.44	34.17
12.	SADOWSKA, Klaudia				99	WKS Slask Wroclaw					4:46.48	581
	50m:	31.94	31.94	150m:	1:44.69	36.89	250m:	2:58.96	37.17	350m:	4:12.21	36.43
	100m:	1:07.80	35.86	200m:	2:21.79	37.10	300m:	3:35.78	36.82	400m:	4:46.48	34.27
13.	KROL, Oliwia				99	MKS Trojka Lodz					4:47.36	576
	50m:	33.32	33.32	150m:	1:47.26	37.64	250m:	3:01.11	37.34	350m:	4:13.49	36.04
	100m:	1:09.62	36.30	200m:	2:23.77	36.51	300m:	3:37.45	36.34	400m:	4:47.36	33.87
14.	JAROCHA, Wiktoria				98	KSZO Ostrowiec					4:48.80	567
	50m:	32.10	32.10	150m:	1:42.57	35.71	250m:	2:55.52	36.94	350m:	4:11.49	38.28
	100m:	1:06.86	34.76	200m:	2:18.58	36.01	300m:	3:33.21	37.69	400m:	4:48.80	37.31
15.	STAROS, Sandra				99	Uks Victoria Jozefow					4:49.07	566
	50m:	33.28	33.28	150m:	1:45.54	36.42	250m:	2:58.89	36.79	350m:	4:13.37	36.90
	100m:	1:09.12	35.84	200m:	2:22.10	36.56	300m:	3:36.47	37.58	400m:	4:49.07	35.70
16.	TOMALA, Aleksandra SR				97	MKS ZRYW Opole					4:49.25	565
	50m:	33.59	33.59	150m:	1:49.18	37.58	250m:	3:03.14	36.66	350m:	4:15.65	36.08
	100m:	1:11.60	38.01	200m:	2:26.48	37.30	300m:	3:39.57	36.43	400m:	4:49.25	33.60

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 11, Women, 400m Freestyle, 14 years and older

Rank			YB					Time	Pts
17.	LICHWA, Dominika SO		99	UKP Unia Oswiecim				4:49.89	561
	50m: 31.91 31.91	150m: 1:43.08	36.22	250m: 2:56.62	36.93	350m: 4:12.63	38.14		
	100m: 1:06.86 34.95	200m: 2:19.69	36.61	300m: 3:34.49	37.87	400m: 4:49.89	37.26		
18.	DUDA, Zuzanna		99	WKS Slask Wroclaw				4:50.69	556
	50m: 32.90 32.90	150m: 1:46.70	37.12	250m: 3:01.45	37.18	350m: 4:16.00	36.95		
	100m: 1:09.58 36.68	200m: 2:24.27	37.57	300m: 3:39.05	37.60	400m: 4:50.69	34.69		
19.	BRONEK, Martyna		00	UKS Aligator Gorzyce				4:50.80	556
	50m: 31.15 31.15	150m: 1:44.40	37.32	250m: 2:59.56	37.86	350m: 4:15.67	38.05		
	100m: 1:07.08 35.93	200m: 2:21.70	37.30	300m: 3:37.62	38.06	400m: 4:50.80	35.13		
20.	FILIPEK, Jagoda		99	WKS Slask Wroclaw				4:50.90	555
	50m: 32.16 32.16	150m: 1:45.23	37.08	250m: 3:00.18	37.15	350m: 4:14.68	37.00		
	100m: 1:08.15 35.99	200m: 2:23.03	37.80	300m: 3:37.68	37.50	400m: 4:50.90	36.22		
21.	KRUSZCZYNSKA, Julia		99	Ruch Grudziadz				4:51.59	551
	50m: 32.24 32.24	150m: 1:44.56	36.73	250m: 2:59.85	37.66	350m: 4:15.95	38.15		
	100m: 1:07.83 35.59	200m: 2:22.19	37.63	300m: 3:37.80	37.95	400m: 4:51.59	35.64		
22.	PROCHOWNIK, Olimpia SO		99	UKP Unia Oswiecim				4:52.16	548
	50m: 32.92 32.92	150m: 1:46.87	37.43	250m: 3:02.11	37.65	350m: 4:17.01	37.47		
	100m: 1:09.44 36.52	200m: 2:24.46	37.59	300m: 3:39.54	37.43	400m: 4:52.16	35.15		
23.	KAMINSKA, Joanna		94	MKS Trojka Lodz				4:52.34	547
	50m: 32.54 32.54	150m: 1:45.92	36.96	250m: 3:00.44	37.30	350m: 4:15.43	37.48		
	100m: 1:08.96 36.42	200m: 2:23.14	37.22	300m: 3:37.95	37.51	400m: 4:52.34	36.91		
24.	SZAFRANSKA, Julia SOc		00	KSZO Ostrowiec				4:52.61	545
	50m: 32.54 32.54	150m: 1:46.38	37.14	250m: 3:01.31	37.55	350m: 4:15.82	37.22		
	100m: 1:09.24 36.70	200m: 2:23.76	37.38	300m: 3:38.60	37.29	400m: 4:52.61	36.79		
25.	ADAMCZYK, Agata		99	UKS Aligator Gorzyce				4:52.75	545
	50m: 33.95 33.95	150m: 1:49.10	37.81	250m: 3:04.76	38.11	350m: 4:18.61	36.47		
	100m: 1:11.29 37.34	200m: 2:26.65	37.55	300m: 3:42.14	37.38	400m: 4:52.75	34.14		
26.	SLIWINSKA, Kalina		00	WKS Slask Wroclaw				4:54.37	536
	50m: 33.15 33.15	150m: 1:46.89	37.19	250m: 3:02.64	37.86	350m: 4:18.02	37.41		
	100m: 1:09.70 36.55	200m: 2:24.78	37.89	300m: 3:40.61	37.97	400m: 4:54.37	36.35		
27.	REDNER, Sandra		99	MKS Trojka Lodz				4:54.56	535
	50m: 33.89 33.89	150m: 1:48.66	37.19	250m: 3:04.10	37.66	350m: 4:18.94	37.59		
	100m: 1:11.47 37.58	200m: 2:26.44	37.78	300m: 3:41.35	37.25	400m: 4:54.56	35.62		
28.	MACHNIK, Monika		97	DOKiS SP "Vega" Dobrodzien				4:54.78	533
	50m: 33.72 33.72	150m: 1:47.50	37.48	250m: 3:02.53	37.42	350m: 4:18.10	37.54		
	100m: 1:10.02 36.30	200m: 2:25.11	37.61	300m: 3:40.56	38.03	400m: 4:54.78	36.68		
29.	DYKIJ, Dominika		98	WKS Slask Wroclaw				4:57.78	517
	50m: 33.16 33.16	150m: 1:47.70	38.14	250m: 3:03.14	38.29	350m: 4:19.78	38.83		
	100m: 1:09.56 36.40	200m: 2:24.85	37.15	300m: 3:40.95	37.81	400m: 4:57.78	38.00		
30.	RYBINSKA, Marcelina		99	WKS Slask Wroclaw				4:57.82	517
	50m: 34.44 34.44	150m: 1:50.23	38.31	250m: 3:06.77	38.05	350m: 4:22.29	37.68		
	100m: 1:11.92 37.48	200m: 2:28.72	38.49	300m: 3:44.61	37.84	400m: 4:57.82	35.53		
31.	HASNY, Marta SR		98	MMKS Kedzierzyn-Kozle				4:58.91	512
	50m: 33.40 33.40	150m: 1:49.62	38.31	250m: 3:05.80	37.91	350m: 4:21.61	37.09		
	100m: 1:11.31 37.91	200m: 2:27.89	38.27	300m: 3:44.52	38.72	400m: 4:58.91	37.30		
32.	KAMIENIARZ, Weronika		99	KS Gornik Radlin				5:01.16	500
	50m: 33.72 33.72	150m: 1:49.59	38.16	250m: 3:07.33	38.78	350m: 4:23.96	38.22		
	100m: 1:11.43 37.71	200m: 2:28.55	38.96	300m: 3:45.74	38.41	400m: 5:01.16	37.20		
33.	KONDOLEWICZ, Aleksandra		99	WKS Slask Wroclaw				5:01.23	500
	50m: 32.42 32.42	150m: 1:46.88	37.98	250m: 3:03.77	38.75	350m: 4:22.55	40.30		
	100m: 1:08.90 36.48	200m: 2:25.02	38.14	300m: 3:42.25	38.48	400m: 5:01.23	38.68		
34.	ZABLOCKA, Zuzanna		99	WKS Slask Wroclaw				5:01.50	499
	50m: 34.78 34.78	150m: 1:51.13	38.45	250m: 3:07.27	37.72	350m: 4:23.91	38.35		
	100m: 1:12.68 37.90	200m: 2:29.55	38.42	300m: 3:45.56	38.29	400m: 5:01.50	37.59		

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Opole, 3 - 4-5-2014

Event 11, Women, 400m Freestyle, 14 years and older

Rank			YB					Time	Pts
35.	WALEK, Julia		99	MKS ZRYW Opole				5:01.99	496
	50m: 33.48	33.48	150m: 1:48.85	38.19	250m: 3:06.00	38.87	350m: 4:23.73	38.62	
	100m: 1:10.66	37.18	200m: 2:27.13	38.28	300m: 3:45.11	39.11	400m: 5:01.99	38.26	
36.	NIEMCZYCKA, Julia		99	WKS Slask Wroclaw				5:02.85	492
	50m: 32.58	32.58	150m: 1:48.64	38.81	250m: 3:06.58	39.18	350m: 4:25.19	39.53	
	100m: 1:09.83	37.25	200m: 2:27.40	38.76	300m: 3:45.66	39.08	400m: 5:02.85	37.66	
37.	STAWARZ, Sandra		98	WKS Slask Wroclaw				5:02.95	491
	50m: 34.37	34.37	150m: 1:50.12	38.51	250m: 3:06.70	38.33	350m: 4:25.66	40.00	
	100m: 1:11.61	37.24	200m: 2:28.37	38.25	300m: 3:45.66	38.96	400m: 5:02.95	37.29	
38.	WLODARCZYK, Ewelina		96	MKS Trojka Lodz				5:03.00	491
	50m: 33.97	33.97	150m: 1:50.71	38.60	250m: 3:09.05	38.94	350m: 4:26.63	38.33	
	100m: 1:12.11	38.14	200m: 2:30.11	39.40	300m: 3:48.30	39.25	400m: 5:03.00	36.37	
39.	MYCEK, Agnieszka		00	WKS Slask Wroclaw				5:04.82	482
	50m: 35.25	35.25	150m: 1:53.05	38.98	250m: 3:10.66	38.73	350m: 4:27.29	37.82	
	100m: 1:14.07	38.82	200m: 2:31.93	38.88	300m: 3:49.47	38.81	400m: 5:04.82	37.53	
40.	PIPCZYNSKA, Kamila		00	Uks Victoria Jozefow				5:06.44	475
	50m: 34.33	34.33	150m: 1:51.72	39.26	250m: 3:10.00	39.03	350m: 4:28.82	39.15	
	100m: 1:12.46	38.13	200m: 2:30.97	39.25	300m: 3:49.67	39.67	400m: 5:06.44	37.62	
41.	CHOJECKA, Karolina		00	UKS OLIMPIC Warka				5:06.54	474
	50m: 34.00	34.00	150m: 1:51.48	39.83	250m: 3:11.37	40.12	350m: 4:30.76	39.79	
	100m: 1:11.65	37.65	200m: 2:31.25	39.77	300m: 3:50.97	39.60	400m: 5:06.54	35.78	
42.	GAJTKOWSKA, Zuzanna		00	UKS Aligator Gorzyce				5:12.51	448
	50m: 34.30	34.30	150m: 1:53.90	40.00	250m: 3:14.30	40.31	350m: 4:34.93	40.33	
	100m: 1:13.90	39.60	200m: 2:33.99	40.09	300m: 3:54.60	40.30	400m: 5:12.51	37.58	
43.	MALINOWSKA, Zuzanna		00	WKS Slask Wroclaw				5:13.83	442
	50m: 35.10	35.10	150m: 1:55.08	39.92	250m: 3:15.51	39.76	350m: 4:35.07	39.36	
	100m: 1:15.16	40.06	200m: 2:35.75	40.67	300m: 3:55.71	40.20	400m: 5:13.83	38.76	
44.	WROBLEWSKA, Maja		00	WKS Slask Wroclaw				5:22.45	407
	50m: 35.95	35.95	150m: 1:57.69	41.75	250m: 3:20.73	41.67	350m: 4:43.46	41.45	
	100m: 1:15.94	39.99	200m: 2:39.06	41.37	300m: 4:02.01	41.28	400m: 5:22.45	38.99	
45.	WILISOWSKA, Julia		00	WKS Slask Wroclaw				5:23.04	405
	50m: 37.28	37.28	150m: 1:59.24	41.67	250m: 3:21.91	41.47	350m: 4:44.14	41.48	
	100m: 1:17.57	40.29	200m: 2:40.44	41.20	300m: 4:02.66	40.75	400m: 5:23.04	38.90	

19 - 23 years

1.	ZACHOSZCZ, Joanna		93	AZS UWM Olsztyn				4:21.94	761
	50m: 30.84	30.84	150m: 1:36.06	32.83	250m: 2:42.33	33.19	350m: 3:49.09	33.42	
	100m: 1:03.23	32.39	200m: 2:09.14	33.08	300m: 3:15.67	33.34	400m: 4:21.94	32.85	
2.	WIKIEL, Manuela		92	AZS UWM Olsztyn				4:22.92	752
	50m: 31.42	31.42	150m: 1:36.74	32.85	250m: 2:43.18	33.29	350m: 3:50.34	33.75	
	100m: 1:03.89	32.47	200m: 2:09.89	33.15	300m: 3:16.59	33.41	400m: 4:22.92	32.58	
3.	NAZIEBLO, Klaudia		93	MKS Juvenia Wroclaw				4:26.75	720
	50m: 31.58	31.58	150m: 1:40.35	34.56	250m: 2:48.38	33.74	350m: 3:55.35	33.17	
	100m: 1:05.79	34.21	200m: 2:14.64	34.29	300m: 3:22.18	33.80	400m: 4:26.75	31.40	
4.	OLCZAK, Mirella		93	AZS Warsaw				4:28.50	706
	50m: 31.53	31.53	150m: 1:39.93	34.40	250m: 2:48.06	34.25	350m: 3:55.70	33.49	
	100m: 1:05.53	34.00	200m: 2:13.81	33.88	300m: 3:22.21	34.15	400m: 4:28.50	32.80	
5.	POZAROWSZCZYK, Beata		91	MKS Juvenia Wroclaw				4:36.32	648
	50m: 31.76	31.76	150m: 1:41.00	34.82	250m: 2:51.24	35.22	350m: 4:01.76	35.44	
	100m: 1:06.18	34.42	200m: 2:16.02	35.02	300m: 3:26.32	35.08	400m: 4:36.32	34.56	
6.	KAMINSKA, Joanna		94	MKS Trojka Lodz				4:52.34	547
	50m: 32.54	32.54	150m: 1:45.92	36.96	250m: 3:00.44	37.30	350m: 4:15.43	37.48	
	100m: 1:08.96	36.42	200m: 2:23.14	37.22	300m: 3:37.95	37.51	400m: 4:52.34	36.91	

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Opole, 3- - 4-5-2014

Event 11, Women, 400m Freestyle

17 - 18 years

1.	MACIUCH, Karolina	96	DOKiS SP "Vega" Dobrodzien	4:40.02	622
	50m: 31.74 31.74	150m: 1:40.93	34.93 250m: 2:52.02	35.63 350m: 4:04.35	36.29
	100m: 1:06.00 34.26	200m: 2:16.39	35.46 300m: 3:28.06	36.04 400m: 4:40.02	35.67
2.	PODLEWSKA, Miriam SO	97	UKP Unia Oswiecim	4:41.76	611
	50m: 31.73 31.73	150m: 1:41.74	35.38 250m: 2:53.88	36.47 350m: 4:06.19	36.20
	100m: 1:06.36 34.63	200m: 2:17.41	35.67 300m: 3:29.99	36.11 400m: 4:41.76	35.57
3.	TOMALA, Aleksandra SR	97	MKS ZRYW Opole	4:49.25	565
	50m: 33.59 33.59	150m: 1:49.18	37.58 250m: 3:03.14	36.66 350m: 4:15.65	36.08
	100m: 1:11.60 38.01	200m: 2:26.48	37.30 300m: 3:39.57	36.43 400m: 4:49.25	33.60
4.	MACHNIK, Monika	97	DOKiS SP "Vega" Dobrodzien	4:54.78	533
	50m: 33.72 33.72	150m: 1:47.50	37.48 250m: 3:02.53	37.42 350m: 4:18.10	37.54
	100m: 1:10.02 36.30	200m: 2:25.11	37.61 300m: 3:40.56	38.03 400m: 4:54.78	36.68
5.	WLODARCZYK, Ewelina	96	MKS Trojka Lodz	5:03.00	491
	50m: 33.97 33.97	150m: 1:50.71	38.60 250m: 3:09.05	38.94 350m: 4:26.63	38.33
	100m: 1:12.11 38.14	200m: 2:30.11	39.40 300m: 3:48.30	39.25 400m: 5:03.00	36.37

16 years

1.	GRUSZCZYNSKA, Aleksandra SO	98	UKP Unia Oswiecim	4:36.35	648
	50m: 31.31 31.31	150m: 1:40.40	34.94 250m: 2:50.93	35.32 350m: 4:01.46	35.36
	100m: 1:05.46 34.15	200m: 2:15.61	35.21 300m: 3:26.10	35.17 400m: 4:36.35	34.89
2.	JAROCHA, Wiktoria	98	KSZO Ostrowiec	4:48.80	567
	50m: 32.10 32.10	150m: 1:42.57	35.71 250m: 2:55.52	36.94 350m: 4:11.49	38.28
	100m: 1:06.86 34.76	200m: 2:18.58	36.01 300m: 3:33.21	37.69 400m: 4:48.80	37.31
3.	DYKIJ, Dominika	98	WKS Slask Wroclaw	4:57.78	517
	50m: 33.16 33.16	150m: 1:47.70	38.14 250m: 3:03.14	38.29 350m: 4:19.78	38.83
	100m: 1:09.56 36.40	200m: 2:24.85	37.15 300m: 3:40.95	37.81 400m: 4:57.78	38.00
4.	HASNY, Marta SR	98	MMKS Kedzierzyn-Kozle	4:58.91	512
	50m: 33.40 33.40	150m: 1:49.62	38.31 250m: 3:05.80	37.91 350m: 4:21.61	37.09
	100m: 1:11.31 37.91	200m: 2:27.89	38.27 300m: 3:44.52	38.72 400m: 4:58.91	37.30
5.	STAWARZ, Sandra	98	WKS Slask Wroclaw	5:02.95	491
	50m: 34.37 34.37	150m: 1:50.12	38.51 250m: 3:06.70	38.33 350m: 4:25.66	40.00
	100m: 1:11.61 37.24	200m: 2:28.37	38.25 300m: 3:45.66	38.96 400m: 5:02.95	37.29

15 years

1.	LESZCZYNSKA, Klaudia Julia SO	99	UKP Unia Oswiecim	4:43.75	598
	50m: 31.91 31.91	150m: 1:42.02	35.74 250m: 2:54.51	36.58 350m: 4:08.25	36.95
	100m: 1:06.28 34.37	200m: 2:17.93	35.91 300m: 3:31.30	36.79 400m: 4:43.75	35.50
2.	ZROBEK, Natalia	99	UKS 190 Lodz	4:46.44	581
	50m: 32.60 32.60	150m: 1:46.53	37.38 250m: 3:00.10	36.22 350m: 4:12.27	35.88
	100m: 1:09.15 36.55	200m: 2:23.88	37.35 300m: 3:36.39	36.29 400m: 4:46.44	34.17
3.	SADOWSKA, Klaudia	99	WKS Slask Wroclaw	4:46.48	581
	50m: 31.94 31.94	150m: 1:44.69	36.89 250m: 2:58.96	37.17 350m: 4:12.21	36.43
	100m: 1:07.80 35.86	200m: 2:21.79	37.10 300m: 3:35.78	36.82 400m: 4:46.48	34.27
4.	KROL, Oliwia	99	MKS Trojka Lodz	4:47.36	576
	50m: 33.32 33.32	150m: 1:47.26	37.64 250m: 3:01.11	37.34 350m: 4:13.49	36.04
	100m: 1:09.62 36.30	200m: 2:23.77	36.51 300m: 3:37.45	36.34 400m: 4:47.36	33.87
5.	STAROS, Sandra	99	Uks Victoria Jozefow	4:49.07	566
	50m: 33.28 33.28	150m: 1:45.54	36.42 250m: 2:58.89	36.79 350m: 4:13.37	36.90
	100m: 1:09.12 35.84	200m: 2:22.10	36.56 300m: 3:36.47	37.58 400m: 4:49.07	35.70
6.	LICHWA, Dominika SO	99	UKP Unia Oswiecim	4:49.89	561
	50m: 31.91 31.91	150m: 1:43.08	36.22 250m: 2:56.62	36.93 350m: 4:12.63	38.14
	100m: 1:06.86 34.95	200m: 2:19.69	36.61 300m: 3:34.49	37.87 400m: 4:49.89	37.26

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Event 11, Girls, 400m Freestyle, 15 years

Rank			YB						Time	Pts
7.	DUDA, Zuzanna		99	WKS Slask Wroclaw					4:50.69	556
	50m: 32.90	32.90	150m: 1:46.70	37.12	250m: 3:01.45	37.18	350m: 4:16.00	36.95		
	100m: 1:09.58	36.68	200m: 2:24.27	37.57	300m: 3:39.05	37.60	400m: 4:50.69	34.69		
8.	FILIPEK, Jagoda		99	WKS Slask Wroclaw					4:50.90	555
	50m: 32.16	32.16	150m: 1:45.23	37.08	250m: 3:00.18	37.15	350m: 4:14.68	37.00		
	100m: 1:08.15	35.99	200m: 2:23.03	37.80	300m: 3:37.68	37.50	400m: 4:50.90	36.22		
9.	KRUSZCZYNSKA, Julia		99	Ruch Grudziadz					4:51.59	551
	50m: 32.24	32.24	150m: 1:44.56	36.73	250m: 2:59.85	37.66	350m: 4:15.95	38.15		
	100m: 1:07.83	35.59	200m: 2:22.19	37.63	300m: 3:37.80	37.95	400m: 4:51.59	35.64		
10.	PROCHOWNIK, Olimpia SO		99	UKP Unia Oswiecim					4:52.16	548
	50m: 32.92	32.92	150m: 1:46.87	37.43	250m: 3:02.11	37.65	350m: 4:17.01	37.47		
	100m: 1:09.44	36.52	200m: 2:24.46	37.59	300m: 3:39.54	37.43	400m: 4:52.16	35.15		
11.	ADAMCZYK, Agata		99	UKS Aligator Gorzyce					4:52.75	545
	50m: 33.95	33.95	150m: 1:49.10	37.81	250m: 3:04.76	38.11	350m: 4:18.61	36.47		
	100m: 1:11.29	37.34	200m: 2:26.65	37.55	300m: 3:42.14	37.38	400m: 4:52.75	34.14		
12.	REDNER, Sandra		99	MKS Trojka Lodz					4:54.56	535
	50m: 33.89	33.89	150m: 1:48.66	37.19	250m: 3:04.10	37.66	350m: 4:18.94	37.59		
	100m: 1:11.47	37.58	200m: 2:26.44	37.78	300m: 3:41.35	37.25	400m: 4:54.56	35.62		
13.	RYBINSKA, Marcelina		99	WKS Slask Wroclaw					4:57.82	517
	50m: 34.44	34.44	150m: 1:50.23	38.31	250m: 3:06.77	38.05	350m: 4:22.29	37.68		
	100m: 1:11.92	37.48	200m: 2:28.72	38.49	300m: 3:44.61	37.84	400m: 4:57.82	35.53		
14.	KAMIENIARZ, Weronika		99	KS Gornik Radlin					5:01.16	500
	50m: 33.72	33.72	150m: 1:49.59	38.16	250m: 3:07.33	38.78	350m: 4:23.96	38.22		
	100m: 1:11.43	37.71	200m: 2:28.55	38.96	300m: 3:45.74	38.41	400m: 5:01.16	37.20		
15.	KONDOLEWICZ, Aleksandra		99	WKS Slask Wroclaw					5:01.23	500
	50m: 32.42	32.42	150m: 1:46.88	37.98	250m: 3:03.77	38.75	350m: 4:22.55	40.30		
	100m: 1:08.90	36.48	200m: 2:25.02	38.14	300m: 3:42.25	38.48	400m: 5:01.23	38.68		
16.	ZABLOCKA, Zuzanna		99	WKS Slask Wroclaw					5:01.50	499
	50m: 34.78	34.78	150m: 1:51.13	38.45	250m: 3:07.27	37.72	350m: 4:23.91	38.35		
	100m: 1:12.68	37.90	200m: 2:29.55	38.42	300m: 3:45.56	38.29	400m: 5:01.50	37.59		
17.	WALEK, Julia		99	MKS ZRYW Opole					5:01.99	496
	50m: 33.48	33.48	150m: 1:48.85	38.19	250m: 3:06.00	38.87	350m: 4:23.73	38.62		
	100m: 1:10.66	37.18	200m: 2:27.13	38.28	300m: 3:45.11	39.11	400m: 5:01.99	38.26		
18.	NIEMCZYCKA, Julia		99	WKS Slask Wroclaw					5:02.85	492
	50m: 32.58	32.58	150m: 1:48.64	38.81	250m: 3:06.58	39.18	350m: 4:25.19	39.53		
	100m: 1:09.83	37.25	200m: 2:27.40	38.76	300m: 3:45.66	39.08	400m: 5:02.85	37.66		

14 years

1.	BRONEK, Martyna		00	UKS Aligator Gorzyce					4:50.80	556
	50m: 31.15	31.15	150m: 1:44.40	37.32	250m: 2:59.56	37.86	350m: 4:15.67	38.05		
	100m: 1:07.08	35.93	200m: 2:21.70	37.30	300m: 3:37.62	38.06	400m: 4:50.80	35.13		
2.	SZAFRANSKA, Julia SOc		00	KSZO Ostrowiec					4:52.61	545
	50m: 32.54	32.54	150m: 1:46.38	37.14	250m: 3:01.31	37.55	350m: 4:15.82	37.22		
	100m: 1:09.24	36.70	200m: 2:23.76	37.38	300m: 3:38.60	37.29	400m: 4:52.61	36.79		
3.	SLIWINSKA, Kalina		00	WKS Slask Wroclaw					4:54.37	536
	50m: 33.15	33.15	150m: 1:46.89	37.19	250m: 3:02.64	37.86	350m: 4:18.02	37.41		
	100m: 1:09.70	36.55	200m: 2:24.78	37.89	300m: 3:40.61	37.97	400m: 4:54.37	36.35		
4.	MYCEK, Agnieszka		00	WKS Slask Wroclaw					5:04.82	482
	50m: 35.25	35.25	150m: 1:53.05	38.98	250m: 3:10.66	38.73	350m: 4:27.29	37.82		
	100m: 1:14.07	38.82	200m: 2:31.93	38.88	300m: 3:49.47	38.81	400m: 5:04.82	37.53		
5.	PIPCZYNSKA, Kamila		00	Uks Victoria Jozefow					5:06.44	475
	50m: 34.33	34.33	150m: 1:51.72	39.26	250m: 3:10.00	39.03	350m: 4:28.82	39.15		
	100m: 1:12.46	38.13	200m: 2:30.97	39.25	300m: 3:49.67	39.67	400m: 5:06.44	37.62		

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 11, Girls, 400m Freestyle, 14 years

Rank									YB					Time	Pts
6.	CHOJECKA, Karolina								00	UKS OLIMPIC Warka				5:06.54	474
	50m:	34.00	34.00	150m:	1:51.48	39.83	250m:	3:11.37	40.12	350m:	4:30.76	39.79			
	100m:	1:11.65	37.65	200m:	2:31.25	39.77	300m:	3:50.97	39.60	400m:	5:06.54	35.78			
7.	GAJTKOWSKA, Zuzanna								00	UKS Aligator Gorzyce				5:12.51	448
	50m:	34.30	34.30	150m:	1:53.90	40.00	250m:	3:14.30	40.31	350m:	4:34.93	40.33			
	100m:	1:13.90	39.60	200m:	2:33.99	40.09	300m:	3:54.60	40.30	400m:	5:12.51	37.58			
8.	MALINOWSKA, Zuzanna								00	WKS Slask Wroclaw				5:13.83	442
	50m:	35.10	35.10	150m:	1:55.08	39.92	250m:	3:15.51	39.76	350m:	4:35.07	39.36			
	100m:	1:15.16	40.06	200m:	2:35.75	40.67	300m:	3:55.71	40.20	400m:	5:13.83	38.76			
9.	WROBLEWSKA, Maja								00	WKS Slask Wroclaw				5:22.45	407
	50m:	35.95	35.95	150m:	1:57.69	41.75	250m:	3:20.73	41.67	350m:	4:43.46	41.45			
	100m:	1:15.94	39.99	200m:	2:39.06	41.37	300m:	4:02.01	41.28	400m:	5:22.45	38.99			
10.	WILISOWSKA, Julia								00	WKS Slask Wroclaw				5:23.04	405
	50m:	37.28	37.28	150m:	1:59.24	41.67	250m:	3:21.91	41.47	350m:	4:44.14	41.48			
	100m:	1:17.57	40.29	200m:	2:40.44	41.20	300m:	4:02.66	40.75	400m:	5:23.04	38.90			

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 12 Men, 400m Freestyle 14 years and older
2014-05-03 - 11:30 Results

Top Times "Poland"	3:45.71	STANCZYK, Przemyslaw	00116	Chiba (JPN)	2007-08-21
Top Times "Poland"	3:45.71	STANCZYK, Przemyslaw	00116	Chiba (JPN)	2007-08-21

Points: FINA 2013

Rank	YB										Time	Pts
14 years and older												
1.	WOJDAK, Wojciech SO			96	UKP Unia Oswiecim					3:57.67	793	
	50m:	28.06	28.06	150m:	1:29.11	30.51	250m:	2:28.97	29.78	350m:	3:28.78	30.13
	100m:	58.60	30.54	200m:	1:59.19	30.08	300m:	2:58.65	29.68	400m:	3:57.67	28.89
2.	ZABOROWSKI, Filip			94	MKP Szczecin					3:57.96	790	
	50m:	28.34	28.34	150m:	1:29.12	30.43	250m:	2:29.56	30.12	350m:	3:29.12	29.79
	100m:	58.69	30.35	200m:	1:59.44	30.32	300m:	2:59.33	29.77	400m:	3:57.96	28.84
3.	KACZMARSKI, Marcin			94	MKP Szczecin					3:59.87	772	
	50m:	27.95	27.95	150m:	1:29.45	31.01	250m:	2:30.76	30.50	350m:	3:31.36	30.08
	100m:	58.44	30.49	200m:	2:00.26	30.81	300m:	3:01.28	30.52	400m:	3:59.87	28.51
4.	GLYK, Wojciech			92	AZS AWF Katowice					4:01.57	756	
	50m:	28.43	28.43	150m:	1:29.78	30.58	250m:	2:31.00	30.47	350m:	3:31.89	30.34
	100m:	59.20	30.77	200m:	2:00.53	30.75	300m:	3:01.55	30.55	400m:	4:01.57	29.68
5.	FURTEK, Pawel SSz			95	MKP Szczecin					4:02.59	746	
	50m:	29.00	29.00	150m:	1:30.13	30.49	250m:	2:30.98	30.44	350m:	3:31.84	30.39
	100m:	59.64	30.64	200m:	2:00.54	30.41	300m:	3:01.45	30.47	400m:	4:02.59	30.75
6.	KLICH, Kacper			94	WKS Slask Wroclaw					4:03.90	734	
	50m:	28.39	28.39	150m:	1:30.04	30.65	250m:	2:31.71	30.82	350m:	3:33.96	31.36
	100m:	59.39	31.00	200m:	2:00.89	30.85	300m:	3:02.60	30.89	400m:	4:03.90	29.94
7.	ZONIUK, Maciej			94	WKS Slask Wroclaw					4:04.36	730	
	50m:	27.99	27.99	150m:	1:29.93	30.93	250m:	2:31.58	30.78	350m:	3:33.84	31.45
	100m:	59.00	31.01	200m:	2:00.80	30.87	300m:	3:02.39	30.81	400m:	4:04.36	30.52
8.	SMEJA, Slawomir			94	AZS AWF Katowice					4:04.61	728	
	50m:	27.87	27.87	150m:	1:29.34	30.97	250m:	2:32.33	31.52	350m:	3:34.51	30.98
	100m:	58.37	30.50	200m:	2:00.81	31.47	300m:	3:03.53	31.20	400m:	4:04.61	30.10
9.	SZARLINSKI, Filip			92	AZS Warsaw					4:05.20	722	
	50m:	29.12	29.12	150m:	1:31.36	31.22	250m:	2:32.70	30.34	350m:	3:35.00	31.16
	100m:	1:00.14	31.02	200m:	2:02.36	31.00	300m:	3:03.84	31.14	400m:	4:05.20	30.20
10.	CZARNOTA, Mateusz			91	UKP Unia Oswiecim					4:05.76	718	
	50m:	28.29	28.29	150m:	1:30.43	31.05	250m:	2:32.70	31.15	350m:	3:35.97	31.82
	100m:	59.38	31.09	200m:	2:01.55	31.12	300m:	3:04.15	31.45	400m:	4:05.76	29.79
11.	BUGDOL, Rafal SR			95	MKS-SMS Victoria Raciborz					4:11.19	672	
	50m:	28.24	28.24	150m:	1:31.46	32.03	250m:	2:36.55	32.38	350m:	3:40.84	31.66
	100m:	59.43	31.19	200m:	2:04.17	32.71	300m:	3:09.18	32.63	400m:	4:11.19	30.35
12.	DEREN, Kacper			98	MKS 9 Dzierzoniow					4:11.72	668	
	50m:	28.37	28.37	150m:	1:30.92	31.50	250m:	2:35.57	32.69	350m:	3:41.00	32.34
	100m:	59.42	31.05	200m:	2:02.88	31.96	300m:	3:08.66	33.09	400m:	4:11.72	30.72
13.	POPRAWA, Michal			94	AZS AWF Katowice					4:12.34	663	
	50m:	28.72	28.72	150m:	1:33.06	32.00	250m:	2:37.83	32.46	350m:	3:42.77	32.16
	100m:	1:01.06	32.34	200m:	2:05.37	32.31	300m:	3:10.61	32.78	400m:	4:12.34	29.57
14.	GOLENIEC, Lukasz SO			97	UKP Unia Oswiecim					4:12.35	663	
	50m:	28.66	28.66	150m:	1:32.02	31.81	250m:	2:36.43	32.37	350m:	3:41.70	32.54
	100m:	1:00.21	31.55	200m:	2:04.06	32.04	300m:	3:09.16	32.73	400m:	4:12.35	30.65
15.	BENING, Emil			93	MKS Juvenia Wroclaw					4:13.41	654	
	50m:	27.19	27.19	150m:	1:29.17	31.78	250m:	2:33.85	32.36	350m:	3:41.42	33.95
	100m:	57.39	30.20	200m:	2:01.49	32.32	300m:	3:07.47	33.62	400m:	4:13.41	31.99
16.	SOBCZYK, Maciej			95	MKS Trojka Lodz					4:15.67	637	
	50m:	29.68	29.68	150m:	1:34.61	32.25	250m:	2:39.07	32.18	350m:	3:44.16	32.49
	100m:	1:02.36	32.68	200m:	2:06.89	32.28	300m:	3:11.67	32.60	400m:	4:15.67	31.51

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 12, Men, 400m Freestyle, 14 years and older

Rank				YB					Time	Pts
17.	LAWNIK, Jakub			99	WKS Slask Wroclaw				4:18.24	618
	50m: 29.49	29.49	150m: 1:35.20	33.14	250m: 2:41.59	32.72	350m: 3:48.12	33.52		
	100m: 1:02.06	32.57	200m: 2:08.87	33.67	300m: 3:14.60	33.01	400m: 4:18.24	30.12		
18.	MICHTA, Kacper SOc			00	KSZO Ostrowiec				4:19.04	613
	50m: 30.35	30.35	150m: 1:36.51	33.18	250m: 2:42.81	33.20	350m: 3:48.19	32.05		
	100m: 1:03.33	32.98	200m: 2:09.61	33.10	300m: 3:16.14	33.33	400m: 4:19.04	30.85		
19.	SZULGO, Filip			97	MKP Szczecin				4:20.74	601
	50m: 29.88	29.88	150m: 1:36.06	33.26	250m: 2:43.04	33.03	350m: 3:49.80	33.30		
	100m: 1:02.80	32.92	200m: 2:10.01	33.95	300m: 3:16.50	33.46	400m: 4:20.74	30.94		
20.	KUCZMA, Jędrzej			98	WKS Slask Wroclaw				4:21.42	596
	50m: 29.51	29.51	150m: 1:35.67	33.51	250m: 2:42.75	33.91	350m: 3:50.15	33.38		
	100m: 1:02.16	32.65	200m: 2:08.84	33.17	300m: 3:16.77	34.02	400m: 4:21.42	31.27		
21.	NIEDZIALEK, Dominik			98	Skarpa Lublin				4:21.55	595
	50m: 29.72	29.72	150m: 1:36.12	33.68	250m: 2:43.84	33.58	350m: 3:50.41	33.29		
	100m: 1:02.44	32.72	200m: 2:10.26	34.14	300m: 3:17.12	33.28	400m: 4:21.55	31.14		
22.	DEBSKI, Dominik			98	MKS Trojka Lodz				4:21.88	593
	50m: 29.96	29.96	150m: 1:36.64	34.08	250m: 2:44.21	33.74	350m: 3:50.54	33.34		
	100m: 1:02.56	32.60	200m: 2:10.47	33.83	300m: 3:17.20	32.99	400m: 4:21.88	31.34		
23.	BRUCHAJZER, Dominik			97	MZOS Plock				4:22.40	589
	50m: 29.78	29.78	150m: 1:36.09	33.44	250m: 2:43.05	33.30	350m: 3:50.26	33.58		
	100m: 1:02.65	32.87	200m: 2:09.75	33.66	300m: 3:16.68	33.63	400m: 4:22.40	32.14		
24.	SOLA, Kornel SOc			97	UKP FALA Krasnik				4:23.64	581
	50m: 29.41	29.41	150m: 1:35.97	33.45	250m: 2:43.45	33.66	350m: 3:51.09	33.86		
	100m: 1:02.52	33.11	200m: 2:09.79	33.82	300m: 3:17.23	33.78	400m: 4:23.64	32.55		
25.	POPIS, Emil SR			98	MKS-SMS Victoria Raciborz				4:23.85	580
	50m: 30.47	30.47	150m: 1:37.97	33.95	250m: 2:45.90	33.57	350m: 3:52.63	32.86		
	100m: 1:04.02	33.55	200m: 2:12.33	34.36	300m: 3:19.77	33.87	400m: 4:23.85	31.22		
26.	SZAREK, Dawid			99	WKS Slask Wroclaw				4:24.22	577
	50m: 29.54	29.54	150m: 1:36.13	33.42	250m: 2:43.94	33.67	350m: 3:51.57	34.04		
	100m: 1:02.71	33.17	200m: 2:10.27	34.14	300m: 3:17.53	33.59	400m: 4:24.22	32.65		
27.	GORSKI, Marcin			97	MKP Szczecin				4:24.75	574
	50m: 29.24	29.24	150m: 1:35.78	33.76	250m: 2:43.70	34.02	350m: 3:52.03	34.03		
	100m: 1:02.02	32.78	200m: 2:09.68	33.90	300m: 3:18.00	34.30	400m: 4:24.75	32.72		
28.	GRZYMSKI, Mateusz			98	WKS Slask Wroclaw				4:25.98	566
	50m: 29.23	29.23	150m: 1:35.81	33.83	250m: 2:43.86	33.86	350m: 3:52.76	34.58		
	100m: 1:01.98	32.75	200m: 2:10.00	34.19	300m: 3:18.18	34.32	400m: 4:25.98	33.22		
29.	KRYCIA, Mateusz SOc			96	KSZO Ostrowiec				4:26.45	563
	50m: 29.99	29.99	150m: 1:37.10	33.92	250m: 2:45.31	34.27	350m: 3:53.02	34.00		
	100m: 1:03.18	33.19	200m: 2:11.04	33.94	300m: 3:19.02	33.71	400m: 4:26.45	33.43		
30.	JAROCHA, Oskar SOc			00	KSZO Ostrowiec				4:26.53	562
	50m: 28.98	28.98	150m: 1:35.29	33.53	250m: 2:44.65	34.77	350m: 3:52.85	33.68		
	100m: 1:01.76	32.78	200m: 2:09.88	34.59	300m: 3:19.17	34.52	400m: 4:26.53	33.68		
31.	SMEJA, Patryk			95	MKS - Astoria Bydgoszcz				4:27.50	556
	50m: 30.06	30.06	150m: 1:36.45	33.66	250m: 2:44.42	33.82	350m: 3:53.56	34.61		
	100m: 1:02.79	32.73	200m: 2:10.60	34.15	300m: 3:18.95	34.53	400m: 4:27.50	33.94		
32.	ORLOWSKI, Kamil SOc			00	KSZO Ostrowiec				4:28.75	549
	50m: 30.52	30.52	150m: 1:39.32	34.29	250m: 2:48.12	33.93	350m: 3:56.66	33.69		
	100m: 1:05.03	34.51	200m: 2:14.19	34.87	300m: 3:22.97	34.85	400m: 4:28.75	32.09		
33.	WASIUK, Jakub SO			99	MMKS Kedzierzyn-Kozle				4:29.72	543
	50m: 30.17	30.17	150m: 1:37.23	34.13	250m: 2:46.28	34.53	350m: 3:56.00	34.79		
	100m: 1:03.10	32.93	200m: 2:11.75	34.52	300m: 3:21.21	34.93	400m: 4:29.72	33.72		
34.	STOSZEK, Szymon			99	UKS Aligator Gorzyce				4:30.90	536
	50m: 30.77	30.77	150m: 1:40.36	35.17	250m: 2:49.89	34.79	350m: 3:59.25	33.97		
	100m: 1:05.19	34.42	200m: 2:15.10	34.74	300m: 3:25.28	35.39	400m: 4:30.90	31.65		

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Event 12, Men, 400m Freestyle, 14 years and older

Rank					YB					Time	Pts	
35.	GLABA, Jan				99	WKS Slask Wroclaw				4:31.05	535	
	50m:	30.11	30.11	150m:	1:38.33	34.42	250m:	2:48.39	34.64	350m:	3:58.30	34.50
	100m:	1:03.91	33.80	200m:	2:13.75	35.42	300m:	3:23.80	35.41	400m:	4:31.05	32.75
36.	DABROWSKI, Patryk				00	WKS Slask Wroclaw				4:31.37	533	
	50m:	30.47	30.47	150m:	1:39.88	34.53	250m:	2:49.41	34.63	350m:	3:59.01	34.74
	100m:	1:05.35	34.88	200m:	2:14.78	34.90	300m:	3:24.27	34.86	400m:	4:31.37	32.36
37.	SZCZUTKOWSKI, Robert				98	WKS Slask Wroclaw				4:32.42	527	
	50m:	30.81	30.81	150m:	1:39.00	34.03	250m:	2:47.25	34.07	350m:	3:57.52	35.15
	100m:	1:04.97	34.16	200m:	2:13.18	34.18	300m:	3:22.37	35.12	400m:	4:32.42	34.90
38.	STOLARCZYK, Kamil				96	MKS Park Wodny Tarnowskie Gory				4:32.46	526	
	50m:	30.57	30.57	150m:	1:39.96	35.23	250m:	2:51.01	35.41	350m:	4:00.70	34.66
	100m:	1:04.73	34.16	200m:	2:15.60	35.64	300m:	3:26.04	35.03	400m:	4:32.46	31.76
39.	TUREK, Maksymilian				98	WKS Slask Wroclaw				4:32.78	525	
	50m:	31.13	31.13	150m:	1:39.94	34.73	250m:	2:49.29	34.24	350m:	3:58.36	34.97
	100m:	1:05.21	34.08	200m:	2:15.05	35.11	300m:	3:23.39	34.10	400m:	4:32.78	34.42
40.	KIELCZEWSKI, Amadeusz				00	WKS Slask Wroclaw				4:33.80	519	
	50m:	29.28	29.28	150m:	1:39.78	35.81	250m:	2:51.11	35.79	350m:	3:59.74	34.21
	100m:	1:03.97	34.69	200m:	2:15.32	35.54	300m:	3:25.53	34.42	400m:	4:33.80	34.06
41.	ROGOZINSKI, Mateusz SOc				99	KSZO Ostrowiec				4:34.64	514	
	50m:	30.12	30.12	150m:	1:37.71	34.80	250m:	2:49.19	35.67	350m:	4:00.43	34.96
	100m:	1:02.91	32.79	200m:	2:13.52	35.81	300m:	3:25.47	36.28	400m:	4:34.64	34.21
42.	POTOCKI, Daniel				98	WKS Slask Wroclaw				4:36.13	506	
	50m:	31.21	31.21	150m:	1:40.15	34.86	250m:	2:51.67	35.82	350m:	4:02.41	35.37
	100m:	1:05.29	34.08	200m:	2:15.85	35.70	300m:	3:27.04	35.37	400m:	4:36.13	33.72
43.	SOWKA, Denis				98	DOKiS SP "Vega" Dobrodzien				4:36.82	502	
	50m:	31.13	31.13	150m:	1:40.31	35.16	250m:	2:51.41	35.26	350m:	4:03.29	35.93
	100m:	1:05.15	34.02	200m:	2:16.15	35.84	300m:	3:27.36	35.95	400m:	4:36.82	33.53
44.	OSTROWSKI, Dominik SO				99	UKP Unia Oswiecim				4:36.98	501	
	50m:	31.85	31.85	150m:	1:42.25	35.12	250m:	2:51.92	34.90	350m:	4:02.84	35.09
	100m:	1:07.13	35.28	200m:	2:17.02	34.77	300m:	3:27.75	35.83	400m:	4:36.98	34.14
45.	DUTKOWIAK, Wojciech				00	WKS Slask Wroclaw				4:37.98	496	
	50m:	32.13	32.13	150m:	1:42.98	35.05	250m:	2:53.76	35.37	350m:	4:03.93	34.88
	100m:	1:07.93	35.80	200m:	2:18.39	35.41	300m:	3:29.05	35.29	400m:	4:37.98	34.05
46.	CHRAPEK, Marcin				98	MTP Delfin Cieszyn				4:39.30	489	
	50m:	30.58	30.58	150m:	1:40.40	35.35	250m:	2:51.61	35.31	350m:	4:04.11	36.08
	100m:	1:05.05	34.47	200m:	2:16.30	35.90	300m:	3:28.03	36.42	400m:	4:39.30	35.19
47.	PODZIMSKI, Wojciech				99	MKS Park Wodny Tarnowskie Gory				4:39.75	486	
	50m:	30.25	30.25	150m:	1:40.35	35.83	250m:	2:52.76	36.09	350m:	4:04.84	36.02
	100m:	1:04.52	34.27	200m:	2:16.67	36.32	300m:	3:28.82	36.06	400m:	4:39.75	34.91
48.	HANO, Grzegorz				00	WKS Slask Wroclaw				4:40.50	482	
	50m:	32.21	32.21	150m:	1:43.29	35.17	250m:	2:54.24	35.60	350m:	4:06.03	36.01
	100m:	1:08.12	35.91	200m:	2:18.64	35.35	300m:	3:30.02	35.78	400m:	4:40.50	34.47
49.	DEBSKI, Szymon				99	UKS NAWA Skierniewice				4:40.73	481	
	50m:	31.82	31.82	150m:	1:43.18	36.06	250m:	2:55.12	36.17	350m:	4:06.46	36.09
	100m:	1:07.12	35.30	200m:	2:18.95	35.77	300m:	3:30.37	35.25	400m:	4:40.73	34.27
50.	LAS, Wiktor				00	WKS Slask Wroclaw				4:40.80	481	
	50m:	31.32	31.32	150m:	1:42.72	36.26	250m:	2:53.94	35.62	350m:	4:05.68	36.06
	100m:	1:06.46	35.14	200m:	2:18.32	35.60	300m:	3:29.62	35.68	400m:	4:40.80	35.12
51.	WOZNIAK, Maciej				00	UKS 190 Lodz				4:41.54	477	
	50m:	31.03	31.03	150m:	1:43.40	37.08	250m:	2:55.54	35.52	350m:	4:07.74	36.04
	100m:	1:06.32	35.29	200m:	2:20.02	36.62	300m:	3:31.70	36.16	400m:	4:41.54	33.80
52.	DUDEK, Julian				99	UKS NAWA Skierniewice				4:42.26	473	
	50m:	30.87	30.87	150m:	1:41.68	35.90	250m:	2:54.66	36.65	350m:	4:09.09	37.32
	100m:	1:05.78	34.91	200m:	2:18.01	36.33	300m:	3:31.77	37.11	400m:	4:42.26	33.17

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Rank				YB					Time	Pts		
53.	MATURA, Klaudiusz			98	UKS Mata Kochlowice Ruda Slask				4:42.47	472		
	50m:	31.29	31.29	150m:	1:42.61	36.55	250m:	2:55.31	36.07	350m:	4:07.97	36.40
	100m:	1:06.06	34.77	200m:	2:19.24	36.63	300m:	3:31.57	36.26	400m:	4:42.47	34.50
54.	PAWLACZYK, Patryk			00	UKS 190 Lodz				4:43.95	465		
	50m:	31.27	31.27	150m:	1:43.59	36.39	250m:	2:56.59	36.69	350m:	4:09.64	36.24
	100m:	1:07.20	35.93	200m:	2:19.90	36.31	300m:	3:33.40	36.81	400m:	4:43.95	34.31
55.	GIRUL, Radoslaw			00	WKS Slask Wroclaw				4:44.97	460		
	50m:	33.10	33.10	150m:	1:45.87	36.39	250m:	2:58.86	36.13	350m:	4:10.43	35.49
	100m:	1:09.48	36.38	200m:	2:22.73	36.86	300m:	3:34.94	36.08	400m:	4:44.97	34.54
56.	BARTKOWSKI, Jakub SOc			00	KSZO Ostrowiec				4:46.11	455		
	50m:	30.34	30.34	150m:	1:43.69	37.44	250m:	2:57.79	37.20	350m:	4:11.45	36.63
	100m:	1:06.25	35.91	200m:	2:20.59	36.90	300m:	3:34.82	37.03	400m:	4:46.11	34.66
57.	WOZNIAK, Kamil			00	MUKS Sokol Kolbuszowa Dolna				4:46.14	454		
	50m:	32.13	32.13	150m:	1:45.06	36.72	250m:	2:58.42	36.03	350m:	4:11.20	35.76
	100m:	1:08.34	36.21	200m:	2:22.39	37.33	300m:	3:35.44	37.02	400m:	4:46.14	34.94
58.	STOSZEK, Kacper			00	MTP Delfin Cieszyn				4:46.56	452		
	50m:	31.81	31.81	150m:	1:44.06	36.50	250m:	2:57.70	36.73	350m:	4:11.50	36.59
	100m:	1:07.56	35.75	200m:	2:20.97	36.91	300m:	3:34.91	37.21	400m:	4:46.56	35.06
59.	BADAN, Dawid SO			99	UKP Unia Oswiecim				4:46.89	451		
	50m:	31.92	31.92	150m:	1:45.03	36.91	250m:	2:58.48	36.59	350m:	4:11.98	36.57
	100m:	1:08.12	36.20	200m:	2:21.89	36.86	300m:	3:35.41	36.93	400m:	4:46.89	34.91
60.	DOMINIAK, Kacper			00	WKS Slask Wroclaw				4:47.74	447		
	50m:	33.49	33.49	150m:	1:47.04	36.78	250m:	3:00.53	36.85	350m:	4:13.92	36.34
	100m:	1:10.26	36.77	200m:	2:23.68	36.64	300m:	3:37.58	37.05	400m:	4:47.74	33.82
61.	KRZEKOTOWSKI, Karol			00	UKP Torpeda Olesnica				4:47.92	446		
	50m:	31.91	31.91	150m:	1:46.50	37.82	250m:	3:01.69	37.49	350m:	4:14.39	35.68
	100m:	1:08.68	36.77	200m:	2:24.20	37.70	300m:	3:38.71	37.02	400m:	4:47.92	33.53
62.	FIKS, Krzysztof			00	UKS 190 Lodz				4:47.95	446		
	50m:	32.62	32.62	150m:	1:47.06	37.61	250m:	3:01.45	37.44	350m:	4:16.55	37.43
	100m:	1:09.45	36.83	200m:	2:24.01	36.95	300m:	3:39.12	37.67	400m:	4:47.95	31.40
63.	JOBDA, Ryszard			00	Uks Victoria Jozefow				4:55.50	413		
	50m:	31.72	31.72	150m:	1:45.92	37.83	250m:	3:02.85	38.33	350m:	4:19.25	38.36
	100m:	1:08.09	36.37	200m:	2:24.52	38.60	300m:	3:40.89	38.04	400m:	4:55.50	36.25
64.	ZAJAC, Mikolaj			98	Mosm Tychy				5:03.85	379		
	50m:	31.46	31.46	150m:	1:47.21	38.90	250m:	3:06.43	39.78	350m:	4:24.86	38.39
	100m:	1:08.31	36.85	200m:	2:26.65	39.44	300m:	3:46.47	40.04	400m:	5:03.85	38.99
65.	BOBOWIEC, Maksymilian			00	WKS Slask Wroclaw				5:03.89	379		
	50m:	34.38	34.38	150m:	1:51.20	38.46	250m:	3:07.74	38.05	350m:	4:24.67	37.90
	100m:	1:12.74	38.36	200m:	2:29.69	38.49	300m:	3:46.77	39.03	400m:	5:03.89	39.22
66.	ZAMELSKI, Michal			00	MKS - Astoria Bydgoszcz				5:05.85	372		
	50m:	32.62	32.62	150m:	1:49.13	38.99	250m:	3:08.12	39.52	350m:	4:27.52	39.71
	100m:	1:10.14	37.52	200m:	2:28.60	39.47	300m:	3:47.81	39.69	400m:	5:05.85	38.33
67.	BACLER, Jakub			00	WKS Slask Wroclaw				5:09.35	360		
	50m:	33.58	33.58	150m:	1:50.17	39.04	250m:	3:09.99	40.44	350m:	4:30.71	40.25
	100m:	1:11.13	37.55	200m:	2:29.55	39.38	300m:	3:50.46	40.47	400m:	5:09.35	38.64
68.	GEMBALA, Adam			99	Mosm Tychy				5:09.53	359		
	50m:	31.10	31.10	150m:	1:49.85	40.85	250m:	3:10.54	40.71	350m:	4:31.07	40.92
	100m:	1:09.00	37.90	200m:	2:29.83	39.98	300m:	3:50.15	39.61	400m:	5:09.53	38.46
DSQ	MIKICIN, Milosz			93	AZS Warsaw				4:52.25	O-9		
	50m:	29.95	29.95	150m:	1:44.57	41.79	250m:	3:01.34	38.99	350m:	4:15.76	36.47
	100m:	1:02.78	32.83	200m:	2:22.35	37.78	300m:	3:39.29	37.95	400m:	4:52.25	36.49

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Event 12, Men, 400m Freestyle

19 - 23 years

1.	ZABOROWSKI, Filip	94	MKP Szczecin			3:57.96	790
	50m: 28.34 28.34	150m: 1:29.12 30.43	250m: 2:29.56 30.12	350m: 3:29.12 29.79			
	100m: 58.69 30.35	200m: 1:59.44 30.32	300m: 2:59.33 29.77	400m: 3:57.96 28.84			
2.	KACZMARSKI, Marcin	94	MKP Szczecin			3:59.87	772
	50m: 27.95 27.95	150m: 1:29.45 31.01	250m: 2:30.76 30.50	350m: 3:31.36 30.08			
	100m: 58.44 30.49	200m: 2:00.26 30.81	300m: 3:01.28 30.52	400m: 3:59.87 28.51			
3.	GLYK, Wojciech	92	AZS AWF Katowice			4:01.57	756
	50m: 28.43 28.43	150m: 1:29.78 30.58	250m: 2:31.00 30.47	350m: 3:31.89 30.34			
	100m: 59.20 30.77	200m: 2:00.53 30.75	300m: 3:01.55 30.55	400m: 4:01.57 29.68			
4.	FURTEK, Pawel SSz	95	MKP Szczecin			4:02.59	746
	50m: 29.00 29.00	150m: 1:30.13 30.49	250m: 2:30.98 30.44	350m: 3:31.84 30.39			
	100m: 59.64 30.64	200m: 2:00.54 30.41	300m: 3:01.45 30.47	400m: 4:02.59 30.75			
5.	KLICH, Kacper	94	WKS Slask Wroclaw			4:03.90	734
	50m: 28.39 28.39	150m: 1:30.04 30.65	250m: 2:31.71 30.82	350m: 3:33.96 31.36			
	100m: 59.39 31.00	200m: 2:00.89 30.85	300m: 3:02.60 30.89	400m: 4:03.90 29.94			
6.	ZONIUK, Maciej	94	WKS Slask Wroclaw			4:04.36	730
	50m: 27.99 27.99	150m: 1:29.93 30.93	250m: 2:31.58 30.78	350m: 3:33.84 31.45			
	100m: 59.00 31.01	200m: 2:00.80 30.87	300m: 3:02.39 30.81	400m: 4:04.36 30.52			
7.	SMEJA, Slawomir	94	AZS AWF Katowice			4:04.61	728
	50m: 27.87 27.87	150m: 1:29.34 30.97	250m: 2:32.33 31.52	350m: 3:34.51 30.98			
	100m: 58.37 30.50	200m: 2:00.81 31.47	300m: 3:03.53 31.20	400m: 4:04.61 30.10			
8.	SZARLINSKI, Filip	92	AZS Warsaw			4:05.20	722
	50m: 29.12 29.12	150m: 1:31.36 31.22	250m: 2:32.70 30.34	350m: 3:35.00 31.16			
	100m: 1:00.14 31.02	200m: 2:02.36 31.00	300m: 3:03.84 31.14	400m: 4:05.20 30.20			
9.	CZARNOTA, Mateusz	91	UKP Unia Oswiecim			4:05.76	718
	50m: 28.29 28.29	150m: 1:30.43 31.05	250m: 2:32.70 31.15	350m: 3:35.97 31.82			
	100m: 59.38 31.09	200m: 2:01.55 31.12	300m: 3:04.15 31.45	400m: 4:05.76 29.79			
10.	BUGDOL, Rafal SR	95	MKS-SMS Victoria Raciborz			4:11.19	672
	50m: 28.24 28.24	150m: 1:31.46 32.03	250m: 2:36.55 32.38	350m: 3:40.84 31.66			
	100m: 59.43 31.19	200m: 2:04.17 32.71	300m: 3:09.18 32.63	400m: 4:11.19 30.35			
11.	POPRAWA, Michal	94	AZS AWF Katowice			4:12.34	663
	50m: 28.72 28.72	150m: 1:33.06 32.00	250m: 2:37.83 32.46	350m: 3:42.77 32.16			
	100m: 1:01.06 32.34	200m: 2:05.37 32.31	300m: 3:10.61 32.78	400m: 4:12.34 29.57			
12.	BENING, Emil	93	MKS Juvenia Wroclaw			4:13.41	654
	50m: 27.19 27.19	150m: 1:29.17 31.78	250m: 2:33.85 32.36	350m: 3:41.42 33.95			
	100m: 57.39 30.20	200m: 2:01.49 32.32	300m: 3:07.47 33.62	400m: 4:13.41 31.99			
13.	SOBCZYK, Maciej	95	MKS Trojka Lodz			4:15.67	637
	50m: 29.68 29.68	150m: 1:34.61 32.25	250m: 2:39.07 32.18	350m: 3:44.16 32.49			
	100m: 1:02.36 32.68	200m: 2:06.89 32.28	300m: 3:11.67 32.60	400m: 4:15.67 31.51			
14.	SMEJA, Patryk	95	MKS - Astoria Bydgoszcz			4:27.50	556
	50m: 30.06 30.06	150m: 1:36.45 33.66	250m: 2:44.42 33.82	350m: 3:53.56 34.61			
	100m: 1:02.79 32.73	200m: 2:10.60 34.15	300m: 3:18.95 34.53	400m: 4:27.50 33.94			
DSQ	MIKICIN, Milosz	93	AZS Warsaw			4:52.25	O-9
	50m: 29.95 29.95	150m: 1:44.57 41.79	250m: 3:01.34 38.99	350m: 4:15.76 36.47			
	100m: 1:02.78 32.83	200m: 2:22.35 37.78	300m: 3:39.29 37.95	400m: 4:52.25 36.49			

17 - 18 years

1.	WOJDAK, Wojciech SO	96	UKP Unia Oswiecim			3:57.67	793
	50m: 28.06 28.06	150m: 1:29.11 30.51	250m: 2:28.97 29.78	350m: 3:28.78 30.13			
	100m: 58.60 30.54	200m: 1:59.19 30.08	300m: 2:58.65 29.68	400m: 3:57.67 28.89			
2.	GOLENIEC, Lukasz SO	97	UKP Unia Oswiecim			4:12.35	663
	50m: 28.66 28.66	150m: 1:32.02 31.81	250m: 2:36.43 32.37	350m: 3:41.70 32.54			
	100m: 1:00.21 31.55	200m: 2:04.06 32.04	300m: 3:09.16 32.73	400m: 4:12.35 30.65			

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Event 12, Boys, 400m Freestyle, 17 - 18 years

Rank			YB					Time	Pts
3.	SZULGO, Filip		97	MKP Szczecin				4:20.74	601
	50m: 29.88 29.88	150m: 1:36.06	33.26	250m: 2:43.04	33.03	350m: 3:49.80	33.30		
	100m: 1:02.80 32.92	200m: 2:10.01	33.95	300m: 3:16.50	33.46	400m: 4:20.74	30.94		
4.	BRUCHAJZER, Dominik		97	MZOS Plock				4:22.40	589
	50m: 29.78 29.78	150m: 1:36.09	33.44	250m: 2:43.05	33.30	350m: 3:50.26	33.58		
	100m: 1:02.65 32.87	200m: 2:09.75	33.66	300m: 3:16.68	33.63	400m: 4:22.40	32.14		
5.	SOLA, Kornel SOc		97	UKP FALA Krasnik				4:23.64	581
	50m: 29.41 29.41	150m: 1:35.97	33.45	250m: 2:43.45	33.66	350m: 3:51.09	33.86		
	100m: 1:02.52 33.11	200m: 2:09.79	33.82	300m: 3:17.23	33.78	400m: 4:23.64	32.55		
6.	GORSKI, Marcin		97	MKP Szczecin				4:24.75	574
	50m: 29.24 29.24	150m: 1:35.78	33.76	250m: 2:43.70	34.02	350m: 3:52.03	34.03		
	100m: 1:02.02 32.78	200m: 2:09.68	33.90	300m: 3:18.00	34.30	400m: 4:24.75	32.72		
7.	KRYCIA, Mateusz SOc		96	KSZO Ostrowiec				4:26.45	563
	50m: 29.99 29.99	150m: 1:37.10	33.92	250m: 2:45.31	34.27	350m: 3:53.02	34.00		
	100m: 1:03.18 33.19	200m: 2:11.04	33.94	300m: 3:19.02	33.71	400m: 4:26.45	33.43		
8.	STOLARCZYK, Kamil		96	MKS Park Wodny Tarnowskie Gory				4:32.46	526
	50m: 30.57 30.57	150m: 1:39.96	35.23	250m: 2:51.01	35.41	350m: 4:00.70	34.66		
	100m: 1:04.73 34.16	200m: 2:15.60	35.64	300m: 3:26.04	35.03	400m: 4:32.46	31.76		

16 years

1.	DEREN, Kacper		98	MKS 9 Dzierzoniow				4:11.72	668
	50m: 28.37 28.37	150m: 1:30.92	31.50	250m: 2:35.57	32.69	350m: 3:41.00	32.34		
	100m: 59.42 31.05	200m: 2:02.88	31.96	300m: 3:08.66	33.09	400m: 4:11.72	30.72		
2.	KUCZMA, Jędrzej		98	WKS Slask Wroclaw				4:21.42	596
	50m: 29.51 29.51	150m: 1:35.67	33.51	250m: 2:42.75	33.91	350m: 3:50.15	33.38		
	100m: 1:02.16 32.65	200m: 2:08.84	33.17	300m: 3:16.77	34.02	400m: 4:21.42	31.27		
3.	NIEDZIALEK, Dominik		98	Skarpa Lublin				4:21.55	595
	50m: 29.72 29.72	150m: 1:36.12	33.68	250m: 2:43.84	33.58	350m: 3:50.41	33.29		
	100m: 1:02.44 32.72	200m: 2:10.26	34.14	300m: 3:17.12	33.28	400m: 4:21.55	31.14		
4.	DEBSKI, Dominik		98	MKS Trojka Lodz				4:21.88	593
	50m: 29.96 29.96	150m: 1:36.64	34.08	250m: 2:44.21	33.74	350m: 3:50.54	33.34		
	100m: 1:02.56 32.60	200m: 2:10.47	33.83	300m: 3:17.20	32.99	400m: 4:21.88	31.34		
5.	POPIS, Emil SR		98	MKS-SMS Victoria Raciborz				4:23.85	580
	50m: 30.47 30.47	150m: 1:37.97	33.95	250m: 2:45.90	33.57	350m: 3:52.63	32.86		
	100m: 1:04.02 33.55	200m: 2:12.33	34.36	300m: 3:19.77	33.87	400m: 4:23.85	31.22		
6.	GRZYMSKI, Mateusz		98	WKS Slask Wroclaw				4:25.98	566
	50m: 29.23 29.23	150m: 1:35.81	33.83	250m: 2:43.86	33.86	350m: 3:52.76	34.58		
	100m: 1:01.98 32.75	200m: 2:10.00	34.19	300m: 3:18.18	34.32	400m: 4:25.98	33.22		
7.	SZCZUTKOWSKI, Robert		98	WKS Slask Wroclaw				4:32.42	527
	50m: 30.81 30.81	150m: 1:39.00	34.03	250m: 2:47.25	34.07	350m: 3:57.52	35.15		
	100m: 1:04.97 34.16	200m: 2:13.18	34.18	300m: 3:22.37	35.12	400m: 4:32.42	34.90		
8.	TUREK, Maksymilian		98	WKS Slask Wroclaw				4:32.78	525
	50m: 31.13 31.13	150m: 1:39.94	34.73	250m: 2:49.29	34.24	350m: 3:58.36	34.97		
	100m: 1:05.21 34.08	200m: 2:15.05	35.11	300m: 3:23.39	34.10	400m: 4:32.78	34.42		
9.	POTOCKI, Daniel		98	WKS Slask Wroclaw				4:36.13	506
	50m: 31.21 31.21	150m: 1:40.15	34.86	250m: 2:51.67	35.82	350m: 4:02.41	35.37		
	100m: 1:05.29 34.08	200m: 2:15.85	35.70	300m: 3:27.04	35.37	400m: 4:36.13	33.72		
10.	SOWKA, Denis		98	DOKiS SP "Vega" Dobrodzien				4:36.82	502
	50m: 31.13 31.13	150m: 1:40.31	35.16	250m: 2:51.41	35.26	350m: 4:03.29	35.93		
	100m: 1:05.15 34.02	200m: 2:16.15	35.84	300m: 3:27.36	35.95	400m: 4:36.82	33.53		
11.	CHRAPEK, Marcin		98	MTP Delfin Cieszyn				4:39.30	489
	50m: 30.58 30.58	150m: 1:40.40	35.35	250m: 2:51.61	35.31	350m: 4:04.11	36.08		
	100m: 1:05.05 34.47	200m: 2:16.30	35.90	300m: 3:28.03	36.42	400m: 4:39.30	35.19		

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Event 12, Boys, 400m Freestyle, 16 years

Rank	YB										Time	Pts
12.	MATURA, Klaudiusz				98	UKS Mata Kochlowice Ruda Slask					4:42.47	472
	50m:	31.29	31.29	150m:	1:42.61	36.55	250m:	2:55.31	36.07	350m:	4:07.97	36.40
	100m:	1:06.06	34.77	200m:	2:19.24	36.63	300m:	3:31.57	36.26	400m:	4:42.47	34.50
13.	ZAJAC, Mikolaj				98	Mosm Tychy					5:03.85	379
	50m:	31.46	31.46	150m:	1:47.21	38.90	250m:	3:06.43	39.78	350m:	4:24.86	38.39
	100m:	1:08.31	36.85	200m:	2:26.65	39.44	300m:	3:46.47	40.04	400m:	5:03.85	38.99

15 years

1.	LAWNIK, Jakub				99	WKS Slask Wroclaw					4:18.24	618
	50m:	29.49	29.49	150m:	1:35.20	33.14	250m:	2:41.59	32.72	350m:	3:48.12	33.52
	100m:	1:02.06	32.57	200m:	2:08.87	33.67	300m:	3:14.60	33.01	400m:	4:18.24	30.12
2.	SZAREK, Dawid				99	WKS Slask Wroclaw					4:24.22	577
	50m:	29.54	29.54	150m:	1:36.13	33.42	250m:	2:43.94	33.67	350m:	3:51.57	34.04
	100m:	1:02.71	33.17	200m:	2:10.27	34.14	300m:	3:17.53	33.59	400m:	4:24.22	32.65
3.	WASIUK, Jakub SO				99	MMKS Kedzierzyn-Kozle					4:29.72	543
	50m:	30.17	30.17	150m:	1:37.23	34.13	250m:	2:46.28	34.53	350m:	3:56.00	34.79
	100m:	1:03.10	32.93	200m:	2:11.75	34.52	300m:	3:21.21	34.93	400m:	4:29.72	33.72
4.	STOSZEK, Szymon				99	UKS Aligator Gorzyce					4:30.90	536
	50m:	30.77	30.77	150m:	1:40.36	35.17	250m:	2:49.89	34.79	350m:	3:59.25	33.97
	100m:	1:05.19	34.42	200m:	2:15.10	34.74	300m:	3:25.28	35.39	400m:	4:30.90	31.65
5.	GLABA, Jan				99	WKS Slask Wroclaw					4:31.05	535
	50m:	30.11	30.11	150m:	1:38.33	34.42	250m:	2:48.39	34.64	350m:	3:58.30	34.50
	100m:	1:03.91	33.80	200m:	2:13.75	35.42	300m:	3:23.80	35.41	400m:	4:31.05	32.75
6.	ROGOZINSKI, Mateusz SOc				99	KSZO Ostrowiec					4:34.64	514
	50m:	30.12	30.12	150m:	1:37.71	34.80	250m:	2:49.19	35.67	350m:	4:00.43	34.96
	100m:	1:02.91	32.79	200m:	2:13.52	35.81	300m:	3:25.47	36.28	400m:	4:34.64	34.21
7.	OSTROWSKI, Dominik SO				99	UKP Unia Oswiecim					4:36.98	501
	50m:	31.85	31.85	150m:	1:42.25	35.12	250m:	2:51.92	34.90	350m:	4:02.84	35.09
	100m:	1:07.13	35.28	200m:	2:17.02	34.77	300m:	3:27.75	35.83	400m:	4:36.98	34.14
8.	PODZIMSKI, Wojciech				99	MKS Park Wodny Tarnowskie Gory					4:39.75	486
	50m:	30.25	30.25	150m:	1:40.35	35.83	250m:	2:52.76	36.09	350m:	4:04.84	36.02
	100m:	1:04.52	34.27	200m:	2:16.67	36.32	300m:	3:28.82	36.06	400m:	4:39.75	34.91
9.	DEBSKI, Szymon				99	UKS NAWA Skierniewice					4:40.73	481
	50m:	31.82	31.82	150m:	1:43.18	36.06	250m:	2:55.12	36.17	350m:	4:06.46	36.09
	100m:	1:07.12	35.30	200m:	2:18.95	35.77	300m:	3:30.37	35.25	400m:	4:40.73	34.27
10.	DUDEK, Julian				99	UKS NAWA Skierniewice					4:42.26	473
	50m:	30.87	30.87	150m:	1:41.68	35.90	250m:	2:54.66	36.65	350m:	4:09.09	37.32
	100m:	1:05.78	34.91	200m:	2:18.01	36.33	300m:	3:31.77	37.11	400m:	4:42.26	33.17
11.	BADAN, Dawid SO				99	UKP Unia Oswiecim					4:46.89	451
	50m:	31.92	31.92	150m:	1:45.03	36.91	250m:	2:58.48	36.59	350m:	4:11.98	36.57
	100m:	1:08.12	36.20	200m:	2:21.89	36.86	300m:	3:35.41	36.93	400m:	4:46.89	34.91
12.	GEMBALA, Adam				99	Mosm Tychy					5:09.53	359
	50m:	31.10	31.10	150m:	1:49.85	40.85	250m:	3:10.54	40.71	350m:	4:31.07	40.92
	100m:	1:09.00	37.90	200m:	2:29.83	39.98	300m:	3:50.15	39.61	400m:	5:09.53	38.46

14 years

1.	MICHTA, Kacper SOc			00	KSZO Ostrowiec					4:19.04	613	
	50m:	30.35	30.35	150m:	1:36.51	33.18	250m:	2:42.81	33.20	350m:	3:48.19	32.05
	100m:	1:03.33	32.98	200m:	2:09.61	33.10	300m:	3:16.14	33.33	400m:	4:19.04	30.85
2.	JAROCHA, Oskar SOc			00	KSZO Ostrowiec					4:26.53	562	
	50m:	28.98	28.98	150m:	1:35.29	33.53	250m:	2:44.65	34.77	350m:	3:52.85	33.68
	100m:	1:01.76	32.78	200m:	2:09.88	34.59	300m:	3:19.17	34.52	400m:	4:26.53	33.68

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 12, Boys, 400m Freestyle, 14 years

Rank			YB						Time	Pts
3.	ORLOWSKI, Kamil SOc		00	KSZO Ostrowiec					4:28.75	549
	50m: 30.52 30.52	150m: 1:39.32		34.29	250m: 2:48.12	33.93	350m: 3:56.66	33.69		
	100m: 1:05.03 34.51	200m: 2:14.19		34.87	300m: 3:22.97	34.85	400m: 4:28.75	32.09		
4.	DABROWSKI, Patryk		00	WKS Slask Wroclaw					4:31.37	533
	50m: 30.47 30.47	150m: 1:39.88		34.53	250m: 2:49.41	34.63	350m: 3:59.01	34.74		
	100m: 1:05.35 34.88	200m: 2:14.78		34.90	300m: 3:24.27	34.86	400m: 4:31.37	32.36		
5.	KIELCZEWSKI, Amadeusz		00	WKS Slask Wroclaw					4:33.80	519
	50m: 29.28 29.28	150m: 1:39.78		35.81	250m: 2:51.11	35.79	350m: 3:59.74	34.21		
	100m: 1:03.97 34.69	200m: 2:15.32		35.54	300m: 3:25.53	34.42	400m: 4:33.80	34.06		
6.	DUTKOWIAK, Wojciech		00	WKS Slask Wroclaw					4:37.98	496
	50m: 32.13 32.13	150m: 1:42.98		35.05	250m: 2:53.76	35.37	350m: 4:03.93	34.88		
	100m: 1:07.93 35.80	200m: 2:18.39		35.41	300m: 3:29.05	35.29	400m: 4:37.98	34.05		
7.	HANO, Grzegorz		00	WKS Slask Wroclaw					4:40.50	482
	50m: 32.21 32.21	150m: 1:43.29		35.17	250m: 2:54.24	35.60	350m: 4:06.03	36.01		
	100m: 1:08.12 35.91	200m: 2:18.64		35.35	300m: 3:30.02	35.78	400m: 4:40.50	34.47		
8.	LAS, Wiktor		00	WKS Slask Wroclaw					4:40.80	481
	50m: 31.32 31.32	150m: 1:42.72		36.26	250m: 2:53.94	35.62	350m: 4:05.68	36.06		
	100m: 1:06.46 35.14	200m: 2:18.32		35.60	300m: 3:29.62	35.68	400m: 4:40.80	35.12		
9.	WOZNIAK, Maciej		00	UKS 190 Lodz					4:41.54	477
	50m: 31.03 31.03	150m: 1:43.40		37.08	250m: 2:55.54	35.52	350m: 4:07.74	36.04		
	100m: 1:06.32 35.29	200m: 2:20.02		36.62	300m: 3:31.70	36.16	400m: 4:41.54	33.80		
10.	PAWLACZYK, Patryk		00	UKS 190 Lodz					4:43.95	465
	50m: 31.27 31.27	150m: 1:43.59		36.39	250m: 2:56.59	36.69	350m: 4:09.64	36.24		
	100m: 1:07.20 35.93	200m: 2:19.90		36.31	300m: 3:33.40	36.81	400m: 4:43.95	34.31		
11.	GIRUL, Radoslaw		00	WKS Slask Wroclaw					4:44.97	460
	50m: 33.10 33.10	150m: 1:45.87		36.39	250m: 2:58.86	36.13	350m: 4:10.43	35.49		
	100m: 1:09.48 36.38	200m: 2:22.73		36.86	300m: 3:34.94	36.08	400m: 4:44.97	34.54		
12.	BARTKOWSKI, Jakub SOc		00	KSZO Ostrowiec					4:46.11	455
	50m: 30.34 30.34	150m: 1:43.69		37.44	250m: 2:57.79	37.20	350m: 4:11.45	36.63		
	100m: 1:06.25 35.91	200m: 2:20.59		36.90	300m: 3:34.82	37.03	400m: 4:46.11	34.66		
13.	WOZNIAK, Kamil		00	MUKS Sokol Kolbuszowa Dolna					4:46.14	454
	50m: 32.13 32.13	150m: 1:45.06		36.72	250m: 2:58.42	36.03	350m: 4:11.20	35.76		
	100m: 1:08.34 36.21	200m: 2:22.39		37.33	300m: 3:35.44	37.02	400m: 4:46.14	34.94		
14.	STOSZEK, Kacper		00	MTP Delfin Cieszyn					4:46.56	452
	50m: 31.81 31.81	150m: 1:44.06		36.50	250m: 2:57.70	36.73	350m: 4:11.50	36.59		
	100m: 1:07.56 35.75	200m: 2:20.97		36.91	300m: 3:34.91	37.21	400m: 4:46.56	35.06		
15.	DOMINIAK, Kacper		00	WKS Slask Wroclaw					4:47.74	447
	50m: 33.49 33.49	150m: 1:47.04		36.78	250m: 3:00.53	36.85	350m: 4:13.92	36.34		
	100m: 1:10.26 36.77	200m: 2:23.68		36.64	300m: 3:37.58	37.05	400m: 4:47.74	33.82		
16.	KRZEKOTOWSKI, Karol		00	UKP Torpeda Olesnica					4:47.92	446
	50m: 31.91 31.91	150m: 1:46.50		37.82	250m: 3:01.69	37.49	350m: 4:14.39	35.68		
	100m: 1:08.68 36.77	200m: 2:24.20		37.70	300m: 3:38.71	37.02	400m: 4:47.92	33.53		
17.	FIKS, Krzysztof		00	UKS 190 Lodz					4:47.95	446
	50m: 32.62 32.62	150m: 1:47.06		37.61	250m: 3:01.45	37.44	350m: 4:16.55	37.43		
	100m: 1:09.45 36.83	200m: 2:24.01		36.95	300m: 3:39.12	37.67	400m: 4:47.95	31.40		
18.	JOBDA, Ryszard		00	Uks Victoria Jozefow					4:55.50	413
	50m: 31.72 31.72	150m: 1:45.92		37.83	250m: 3:02.85	38.33	350m: 4:19.25	38.36		
	100m: 1:08.09 36.37	200m: 2:24.52		38.60	300m: 3:40.89	38.04	400m: 4:55.50	36.25		
19.	BOBOWIEC, Maksymilian		00	WKS Slask Wroclaw					5:03.89	379
	50m: 34.38 34.38	150m: 1:51.20		38.46	250m: 3:07.74	38.05	350m: 4:24.67	37.90		
	100m: 1:12.74 38.36	200m: 2:29.69		38.49	300m: 3:46.77	39.03	400m: 5:03.89	39.22		
20.	ZAMELSKI, Michal		00	MKS - Astoria Bydgoszcz					5:05.85	372
	50m: 32.62 32.62	150m: 1:49.13		38.99	250m: 3:08.12	39.52	350m: 4:27.52	39.71		
	100m: 1:10.14 37.52	200m: 2:28.60		39.47	300m: 3:47.81	39.69	400m: 5:05.85	38.33		

Grand Prix - Puchar Polski w Pływaniu 2013-2014
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Event 12, Boys, 400m Freestyle, 14 years

Rank	YB										Time	Pts		
21.	BACLER, Jakub										00	WKS Slask Wroclaw	5:09.35	360
	50m:	33.58	33.58	150m:	1:50.17	39.04	250m:	3:09.99	40.44	350m:	4:30.71	40.25		
	100m:	1:11.13	37.55	200m:	2:29.55	39.38	300m:	3:50.46	40.47	400m:	5:09.35	38.64		

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 13 Women, 200m Freestyle 14 years and older
2014-05-03 - 17:00 Results

Top Times "Poland" 1:57.15 JEDRZEJCZAK, Otylia 00114 Budapest (HUN) 2006-08-03

Points: FINA 2013

Rank		YB		Time	Pts	50m	100m	150m	200m
14 years and older									
1.	TCHORZ, Alicja	92	MKS Juwenia Wroclaw	2:04.02	756	28.25	31.65	32.49	31.63
2.	OLCZAK, Mirella	93	AZS Warsaw	2:07.77	691	29.61	31.94	33.59	32.63
3.	DYRDA, Karolina SWR	97	WKS Slask Wroclaw	2:08.43	680	29.92	32.95	32.95	32.61
4.	ZACHOSZCZ, Joanna	93	AZS UWM Olsztyn	2:08.80	674	30.32	32.27	33.27	32.94
5.	PETRYKA, Nikola SWR	97	WKS Slask Wroclaw	2:08.85	674	30.21	33.58	34.12	30.94
6.	WIKIEL, Manuela	92	AZS UWM Olsztyn	2:09.50	664	31.03	32.89	33.16	32.42
7.	POZAROWSZCZYK, Beata	91	MKS Juwenia Wroclaw	2:10.60	647	30.64	32.95	33.63	33.38
8.	HACZKIEWICZ, Paulina SWR	97	WKS Slask Wroclaw	2:11.08	640	30.51	32.86	33.68	34.03
9.	MACIUCH, Karolina	96	DOKiS SP "Vega" Dobrodzie	2:12.73	616	30.94	33.53	34.49	33.77
10.	WOLOSZYN, Sonia SOc	95	KSZO Ostrowiec	2:12.77	616	31.00	33.52	34.10	34.15
11.	PEDA, Paulina	98	AZS AWF Katowice	2:13.03	612	30.59	33.83	35.25	33.36
12.	PODLEWSKA, Miriam SO	97	UKP Unia Oswiecim	2:13.04	612	30.73	33.74	34.67	33.90
13.	TOMALA, Aleksandra SR	97	MKS ZRYW Opole	2:13.65	604	31.15	34.44	34.84	33.22
14.	GRUSZCZYNSKA, A.	98	UKP Unia Oswiecim	2:13.79	602	30.84	34.36	35.06	33.53
15.	NOWACKA, Aleksandra	90	AZS Warsaw	2:14.22	596	31.46	34.31	34.97	33.48
16.	SADOWSKA, Klaudia	99	WKS Slask Wroclaw	2:14.95	586	30.41	34.25	35.74	34.55
17.	ZROBEK, Natalia	99	UKS 190 Lodz	2:15.20	583	31.12	34.19	35.16	34.73
18.	ILCEWICZ, Edyta	96	Uks Victoria Jozefow	2:15.26	582	31.25	34.71	34.67	34.63
19.	SMAGA, Anna	98	WKS Slask Wroclaw	2:15.40	580	30.61	34.56	35.76	34.47
20.	KROL, Oliwia	99	MKS Trojka Lodz	2:16.18	571	31.63	34.28	35.49	34.78
21.	POKRYWKA, Karolina	98	UKS 190 Lodz	2:16.54	566	31.49	34.32	35.14	35.59
22.	SPOLJAR, Sylwia	98	AZS AWF Katowice	2:16.75	563	30.98	34.79	35.95	35.03
23.	BRONEK, Martyna	00	UKS Aligator Gorzyce	2:16.86	562	30.64	35.19	36.04	34.99
24.	KOWALSKA, Dominika	00	MKS Trojka Lodz	2:17.13	559	32.04	35.12	36.45	33.52
25.	STASINOWSKA, Katarzyna	94	AZS UL PI Lodz	2:17.72	552	31.72	35.03	36.35	34.62
26.	KRUSZCZYNSKA, Julia	99	Ruch Grudziadz	2:18.42	543	31.50	34.98	36.13	35.81
27.	STAROS, Sandra	99	Uks Victoria Jozefow	2:18.95	537	32.68	34.95	36.17	35.15
28.	HASNY, Marta SR	98	MMKS Kedzierzyn-Kozle	2:19.33	533	32.23	35.54	36.04	35.52
29.	KONDOLEWICZ, Aleksandra	99	WKS Slask Wroclaw	2:19.36	532	31.67	34.51	36.51	36.67
30.	KAMINSKA, Joanna	94	MKS Trojka Lodz	2:19.50	531	31.11	34.94	36.82	36.63
31.	SZAFRANSKA, Julia SOc	00	KSZO Ostrowiec	2:19.56	530	31.98	35.58	36.56	35.44
32.	FILIPKOWSKA, Dominika	99	MKS "Ros" Pisz	2:19.68	529	32.45	35.82	36.10	35.31
33.	NIEMCZYCKA, Julia	99	WKS Slask Wroclaw	2:20.82	516	32.28	35.55	36.35	36.64
34.	SLIWINSKA, Kalina	00	WKS Slask Wroclaw	2:21.26	511	32.80	35.82	36.95	35.69
35.	STAWARZ, Sandra	98	WKS Slask Wroclaw	2:22.03	503	32.07	35.19	37.23	37.54
36.	CZAJA, Barbara	99	KS Gornik Radlin	2:22.05	503	30.83	37.41	37.41	36.40
37.	PISARCZYK, Amelia SR	98	MKS-SMS Victoria Raciborz	2:22.09	502	31.66	36.35	37.37	36.71
38.	MACHNIK, Monika	97	DOKiS SP "Vega" Dobrodzie	2:22.65	496	32.80	35.90	37.18	36.77
39.	SKORUPA, Monika	99	DOKiS SP "Vega" Dobrodzie	2:23.05	492	32.59	36.51	38.02	35.93
40.	CZARNECKA, Wiktoria	99	Skarpa Lublin	2:23.13	491	33.17	35.78	37.42	36.76
41.	RYBINSKA, Marcelina	99	WKS Slask Wroclaw	2:23.19	491	33.80	36.68	37.22	35.49
42.	LIGENZA, Oliwia	00	MKS Trojka Lodz	2:23.40	489	34.71	36.70	37.68	34.31
43.	MEDRELA, Marta	00	UKP Ruda Slaska	2:23.45	488	32.28	37.27	38.97	34.93
44.	WALEK, Julia	99	MKS ZRYW Opole	2:23.52	487	32.88	36.49	37.58	36.57
45.	IZYCKA, Marta	00	UKS WODNIK Siemianowice	2:24.34	479	32.56	36.80	37.98	37.00
46.	CHOJECKA, Karolina	00	UKS OLIMPIK Warka	2:25.09	472	33.44	36.93	38.72	36.00
47.	DYKIJ, Dominika	98	WKS Slask Wroclaw	2:25.10	472	32.42	36.65	38.38	37.65
48.	SMYLEK, Karolina	00	Skarpa Lublin	2:25.98	463	33.54	37.35	38.26	36.83
49.	PIPCZYNSKA, Kamila	00	Uks Victoria Jozefow	2:26.62	457	33.54	37.30	38.31	37.47
50.	GAJTKOWSKA, Zuzanna	00	UKS Aligator Gorzyce	2:27.28	451	33.81	37.61	38.95	36.91
51.	WRZOSEK, Iga	00	KS 1 Ozarow Mazowiecki	2:27.57	448	32.79	38.07	38.25	38.46
52.	ZABLOCKA, Zuzanna	99	WKS Slask Wroclaw	2:27.84	446	33.79	37.88	38.98	37.19
53.	SASIELA, Sylwia	00	WKS Slask Wroclaw	2:27.96	445	34.20	39.01	38.10	36.65
54.	MALINOWSKA, Zuzanna	00	WKS Slask Wroclaw	2:30.36	424	34.45	38.71	39.41	37.79
55.	HALAT, Agnieszka	99	Mosm Tychy	2:32.16	409	33.20	37.83	40.36	40.77
56.	WILISOWSKA, Julia	00	WKS Slask Wroclaw	2:37.12	371	36.43	39.89	41.06	39.74

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 13, Women, 200m Freestyle

19 - 23 years

1. TCHORZ, Alicja	92	MKS Juwenia Wroclaw	2:04.02	756	28.25	31.65	32.49	31.63
2. OLCZAK, Mirella	93	AZS Warsaw	2:07.77	691	29.61	31.94	33.59	32.63
3. ZACHOSZCZ, Joanna	93	AZS UWM Olsztyn	2:08.80	674	30.32	32.27	33.27	32.94
4. WIKIEL, Manuela	92	AZS UWM Olsztyn	2:09.50	664	31.03	32.89	33.16	32.42
5. POZAROWSZCZYK, Beata	91	MKS Juwenia Wroclaw	2:10.60	647	30.64	32.95	33.63	33.38
6. WOLOSZYN, Sonia SOc	95	KSZO Ostrowiec	2:12.77	616	31.00	33.52	34.10	34.15
7. STASINOWSKA, Katarzyna	94	AZS UL PI Lodz	2:17.72	552	31.72	35.03	36.35	34.62
8. KAMINSKA, Joanna	94	MKS Trojka Lodz	2:19.50	531	31.11	34.94	36.82	36.63

17 - 18 years

1. DYRDA, Karolina SWR	97	WKS Slask Wroclaw	2:08.43	680	29.92	32.95	32.95	32.61
2. PETRYKA, Nikola SWR	97	WKS Slask Wroclaw	2:08.85	674	30.21	33.58	34.12	30.94
3. HACZKIEWICZ, Paulina S	97	WKS Slask Wroclaw	2:11.08	640	30.51	32.86	33.68	34.03
4. MACIUCH, Karolina	96	DOKiS SP "Vega" Dobrodzi	2:12.73	616	30.94	33.53	34.49	33.77
5. PODLEWSKA, Miriam SO	97	UKP Unia Oswiecim	2:13.04	612	30.73	33.74	34.67	33.90
6. TOMALA, Aleksandra SR	97	MKS ZRYW Opole	2:13.65	604	31.15	34.44	34.84	33.22
7. ILCEWICZ, Edyta	96	Uks Victoria Jozefow	2:15.26	582	31.25	34.71	34.67	34.63
8. MACHNIK, Monika	97	DOKiS SP "Vega" Dobrodzi	2:22.65	496	32.80	35.90	37.18	36.77

16 years

1. PEDA, Paulina	98	AZS AWF Katowice	2:13.03	612	30.59	33.83	35.25	33.36
2. GRUSZCZYNSKA, A.	98	UKP Unia Oswiecim	2:13.79	602	30.84	34.36	35.06	33.53
3. SMAGA, Anna	98	WKS Slask Wroclaw	2:15.40	580	30.61	34.56	35.76	34.47
4. POKRYWKA, Karolina	98	UKS 190 Lodz	2:16.54	566	31.49	34.32	35.14	35.59
5. SPOLJAR, Sylwia	98	AZS AWF Katowice	2:16.75	563	30.98	34.79	35.95	35.03
6. HASNY, Marta SR	98	MMKS Kedzierzyn-Kozle	2:19.33	533	32.23	35.54	36.04	35.52
7. STAWARZ, Sandra	98	WKS Slask Wroclaw	2:22.03	503	32.07	35.19	37.23	37.54
8. PISARCZYK, Amelia SR	98	MKS-SMS Victoria Raciborz	2:22.09	502	31.66	36.35	37.37	36.71
9. DYKIJ, Dominika	98	WKS Slask Wroclaw	2:25.10	472	32.42	36.65	38.38	37.65

15 years

1. SADOWSKA, Klaudia	99	WKS Slask Wroclaw	2:14.95	586	30.41	34.25	35.74	34.55
2. ZROBEK, Natalia	99	UKS 190 Lodz	2:15.20	583	31.12	34.19	35.16	34.73
3. KROL, Oliwia	99	MKS Trojka Lodz	2:16.18	571	31.63	34.28	35.49	34.78
4. KRUSZCZYNSKA, Julia	99	Ruch Grudziadz	2:18.42	543	31.50	34.98	36.13	35.81
5. STAROS, Sandra	99	Uks Victoria Jozefow	2:18.95	537	32.68	34.95	36.17	35.15
6. KONDOLEWICZ, Aleksan	99	WKS Slask Wroclaw	2:19.36	532	31.67	34.51	36.51	36.67
7. FILIPKOWSKA, Dominika	99	MKS "Ros" Pisz	2:19.68	529	32.45	35.82	36.10	35.31
8. NIEMCZYCKA, Julia	99	WKS Slask Wroclaw	2:20.82	516	32.28	35.55	36.35	36.64
9. CZAJA, Barbara	99	KS Gornik Radlin	2:22.05	503	30.83	37.41	37.41	36.40
10. SKORUPA, Monika	99	DOKiS SP "Vega" Dobrodzi	2:23.05	492	32.59	36.51	38.02	35.93
11. CZARNECKA, Wiktoria	99	Skarpa Lublin	2:23.13	491	33.17	35.78	37.42	36.76
12. RYBINSKA, Marcelina	99	WKS Slask Wroclaw	2:23.19	491	33.80	36.68	37.22	35.49
13. WALEK, Julia	99	MKS ZRYW Opole	2:23.52	487	32.88	36.49	37.58	36.57
14. ZABLOCKA, Zuzanna	99	WKS Slask Wroclaw	2:27.84	446	33.79	37.88	38.98	37.19
15. HALAT, Agnieszka	99	Mosm Tychy	2:32.16	409	33.20	37.83	40.36	40.77

14 years

1. BRONEK, Martyna	00	UKS Aligator Gorzyce	2:16.86	562	30.64	35.19	36.04	34.99
2. KOWALSKA, Dominika	00	MKS Trojka Lodz	2:17.13	559	32.04	35.12	36.45	33.52
3. SZAFRANSKA, Julia SOc	00	KSZO Ostrowiec	2:19.56	530	31.98	35.58	36.56	35.44
4. SLIWINSKA, Kalina	00	WKS Slask Wroclaw	2:21.26	511	32.80	35.82	36.95	35.69
5. LIGENZA, Oliwia	00	MKS Trojka Lodz	2:23.40	489	34.71	36.70	37.68	34.31
6. MEDRELA, Marta	00	UKP Ruda Slaska	2:23.45	488	32.28	37.27	38.97	34.93
7. IZYCKA, Marta	00	UKS WODNIK Siemianowic	2:24.34	479	32.56	36.80	37.98	37.00
8. CHOJECKA, Karolina	00	UKS OLIMPIK Warka	2:25.09	472	33.44	36.93	38.72	36.00
9. SMYLEK, Karolina	00	Skarpa Lublin	2:25.98	463	33.54	37.35	38.26	36.83
10. PIPCZYNSKA, Kamila	00	Uks Victoria Jozefow	2:26.62	457	33.54	37.30	38.31	37.47

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 13, Girls, 200m Freestyle, 14 years

Rank		YB		Time	Pts	50m	100m	150m	200m
11.	GAJTKOWSKA, Zuzanna	00	UKS Aligator Gorzyce	2:27.28	451	33.81	37.61	38.95	36.91
12.	WRZOSEK, Iga	00	KS 1 Ozarow Mazowiecki	2:27.57	448	32.79	38.07	38.25	38.46
13.	SASIELA, Sylwia	00	WKS Slask Wroclaw	2:27.96	445	34.20	39.01	38.10	36.65
14.	MALINOWSKA, Zuzanna	00	WKS Slask Wroclaw	2:30.36	424	34.45	38.71	39.41	37.79
15.	WILISOWSKA, Julia	00	WKS Slask Wroclaw	2:37.12	371	36.43	39.89	41.06	39.74

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 14 Men, 200m Freestyle 14 years and older
2014-05-03 - 17:20 Results

Top Times "Poland"	1:46.59	KORZENIOWSKI, Pawel	00114	Rome (ITA)	2009-07-31
Top Times "Poland"	1:46.59	KORZENIOWSKI, Pawel	00114	Rome (ITA)	2009-07-31

Points: FINA 2013

Rank		YB		Time	Pts	50m	100m	150m	200m
14 years and older									
1.	KORZENIOWSKI, Pawel	85	AZS Warsaw	1:48.53	830	25.37	27.32	28.20	27.64
2.	ZIELINSKI, Dawid	92	MKP Szczecin	1:52.79	739	25.79	27.64	29.66	29.70
3.	SZARLINSKI, Filip	92	AZS Warsaw	1:54.48	707	27.05	28.96	29.20	29.27
4.	KACZMARSKI, Marcin	94	MKP Szczecin	1:54.75	702	27.13	29.33	29.88	28.41
5.	POPRAWA, Michal	94	AZS AWF Katowice	1:55.30	692	26.93	29.50	30.24	28.63
6.	GLYK, Wojciech	92	AZS AWF Katowice	1:55.52	688	27.69	29.27	29.48	29.08
7.	ZABOROWSKI, Filip	94	MKP Szczecin	1:55.59	687	27.09	29.57	29.68	29.25
	ZACZYNSKI, Karol	91	WKS Slask Wroclaw	1:55.59	687	27.40	29.30	29.48	29.41
9.	SMEJA, Slawomir	94	AZS AWF Katowice	1:55.87	682	27.40	29.56	29.54	29.37
10.	KLICH, Kacper	94	WKS Slask Wroclaw	1:56.08	678	27.56	29.41	29.89	29.22
11.	WOJDAK, Wojciech SO	96	UKP Unia Oswiecim	1:56.44	672	27.16	29.47	30.23	29.58
12.	ZONIUK, Maciej	94	WKS Slask Wroclaw	1:56.70	667	28.04	29.86	29.49	29.31
13.	KUBKOWSKI, Bartlomiej	95R	WKS Slask Wroclaw	1:56.92	663	27.64	30.01	30.00	29.27
14.	OPALSKI, Marcin	93	UKS "GIM 92 Ursynow"	1:57.08	661	27.76	29.89	29.87	29.56
15.	CZARNOTA, Mateusz	91	UKP Unia Oswiecim	1:57.25	658	27.33	29.96	30.24	29.72
16.	KURANT, Roger	94	WKS Slask Wroclaw	1:57.57	652	27.52	30.87	30.52	28.66
17.	DEREN, Kacper	98	MKS 9 Dzierzoniow	1:57.65	651	27.50	30.35	30.86	28.94
18.	FURTEK, Pawel SSz	95	MKP Szczecin	1:58.06	644	28.25	30.00	30.16	29.65
19.	GASIOR, Patryk	94	AZS Warsaw	1:58.48	638	28.00	30.27	30.41	29.80
20.	BENING, Emil	93	MKS Juvenia Wroclaw	1:58.70	634	26.83	29.80	30.91	31.16
21.	PIESNIAK, Jakub SO	97	UKP Unia Oswiecim	1:59.90	615	27.82	31.21	31.21	29.66
22.	GOLENIEC, Lukasz SO	97	UKP Unia Oswiecim	2:00.50	606	28.05	30.70	31.41	30.34
23.	SZULGO, Filip	97	MKP Szczecin	2:01.24	595	27.98	30.59	31.53	31.14
24.	CHMIEL, Lukasz	93	AZS AWF Katowice	2:01.81	587	27.93	30.78	31.37	31.73
25.	STERNAK, Piotr	98	MZOS Plock	2:02.05	583	27.79	30.79	31.57	31.90
26.	KROGULSKI, Filip SO	96	UKP Unia Oswiecim	2:02.42	578	27.53	31.27	32.52	31.10
27.	ZGIERSKI, Maksymilian	94	AZS UL PI Lodz	2:02.44	578	26.64	30.94	32.40	32.46
28.	ZMIJA, Marek	97	AZS AWF Katowice	2:02.58	576	28.29	31.58	32.59	30.12
29.	SOBCZYK, Maciej	95	MKS Trojka Lodz	2:02.60	575	28.62	31.45	31.73	30.80
30.	SOLA, Kornel SOc	97	UKP FALA Krasnik	2:02.76	573	28.39	31.32	32.18	30.87
31.	POPIS, Emil SR	98	MKS-SMS Victoria Raciborz	2:02.82	572	28.34	30.99	32.49	31.00
32.	KRYCIA, Mateusz SOc	96	KSZO Ostrowiec	2:03.38	565	28.49	31.61	32.04	31.24
33.	KEMPA, Mikołaj SO	99	MMKS Kedzierzyn-Kozle	2:03.70	560	27.97	31.03	32.29	32.41
34.	ULATOWSKI, Wojciech SC	98	UKP Unia Oswiecim	2:03.86	558	29.06	31.61	32.34	30.85
35.	MESZKA, Ernest	97	UKS NAWA Skierniewice	2:04.04	556	28.08	31.34	32.80	31.82
36.	LAWNIK, Jakub	99	WKS Slask Wroclaw	2:04.25	553	28.67	31.50	32.86	31.22
37.	NIEDZIALEK, Dominik	98	Skarpa Lublin	2:04.36	551	28.81	31.92	32.18	31.45
38.	GRZYMSKI, Mateusz	98	WKS Slask Wroclaw	2:04.59	548	28.63	31.60	32.02	32.34
39.	BRUCHAJZER, Dominik	97	MZOS Plock	2:04.65	547	28.06	31.21	32.48	32.90
40.	MICHTA, Kacper SOc	00	KSZO Ostrowiec	2:05.24	540	29.14	31.57	32.55	31.98
41.	BARTOSZEWSKI, Wojciech	94	AZS UL PI Lodz	2:05.43	537	27.78	30.96	33.18	33.51
42.	KIELCZEWSKI, Amadeusz	00	WKS Slask Wroclaw	2:05.44	537	28.32	32.03	33.38	31.71
	FAMULOK, Bartosz SO	97	AZS AWF Katowice	2:05.44	537	28.48	32.60	32.83	31.53
44.	CHRAPEK, Marcin	98	MTP Delfin Cieszyn	2:05.58	535	28.76	31.90	32.69	32.23
45.	SMEJA, Patryk	95	MKS - Astoria Bydgoszcz	2:05.65	534	28.69	31.70	33.43	31.83
46.	GORSKI, Marcin	97	MKP Szczecin	2:06.27	527	29.02	31.92	32.89	32.44
47.	SZCZUTKOWSKI, Robert	98	WKS Slask Wroclaw	2:06.36	525	28.57	31.66	32.50	33.63
48.	SZAREK, Dawid	99	WKS Slask Wroclaw	2:07.09	516	28.76	32.98	32.95	32.40
49.	PIATKIEWICZ, Mateusz	99	MZOS Plock	2:07.23	515	28.83	32.54	32.87	32.99
50.	WALCZAK, Szymon	99	MKS Park Wodny Tarnowski	2:07.46	512	28.80	32.73	33.56	32.37
51.	JAROCHA, Oskar SOc	00	KSZO Ostrowiec	2:07.78	508	29.31	32.49	33.43	32.55
52.	BLASZCZYK, Michal SR	98	MKS-SMS Victoria Raciborz	2:08.05	505	28.85	32.26	34.26	32.68
53.	BORKOWSKI, Lukasz	95	MKS Trojka Lodz	2:08.08	505	28.91	32.28	34.09	32.80
54.	GLABA, Jan	99	WKS Slask Wroclaw	2:08.16	504	29.94	32.41	33.71	32.10
	KUCZMA, Jędrzej	98	WKS Slask Wroclaw	2:08.16	504	28.92	32.19	34.20	32.85

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 14, Men, 200m Freestyle, 14 years and older

Rank	YB		Time	Pts	50m	100m	150m	200m
56.	ROGOZINSKI, Mateusz SC99	KSZO Ostrowiec	2:08.32	502	29.14	32.61	33.52	33.05
57.	DEBSKI, Dominik 98	MKS Trojka Lodz	2:08.56	499	29.47	32.51	33.96	32.62
58.	STOLARCZYK, Kamil 96	MKS Park Wodny Tarnowski	2:08.61	498	29.67	32.70	33.90	32.34
59.	WASIUK, Jakub SO 99	MMKS Kedzierzyn-Kozle	2:08.78	496	28.64	32.62	34.31	33.21
60.	ORLOWSKI, Kamil SOc 00	KSZO Ostrowiec	2:08.86	495	29.23	32.53	34.01	33.09
61.	STOSZEK, Szymon 99	UKS Aligator Gorzyce	2:09.79	485	29.71	33.62	34.33	32.13
62.	POTOCKI, Daniel 98	WKS Slask Wroclaw	2:10.08	482	30.06	33.34	33.88	32.80
63.	DEBSKI, Szymon 99	UKS NAWA Skierniewice	2:10.35	479	29.81	32.94	34.41	33.19
64.	LAS, Wiktor 00	WKS Slask Wroclaw	2:10.50	477	30.40	33.15	34.19	32.76
65.	HANO, Grzegorz 00	WKS Slask Wroclaw	2:10.68	475	30.92	33.95	33.69	32.12
66.	DABROWSKI, Patryk 00	WKS Slask Wroclaw	2:10.81	474	30.64	32.86	34.29	33.02
67.	SECZEK, Szymon 99	MKS Trojka Lodz	2:10.83	473	30.09	33.96	33.91	32.87
68.	DUDEK, Julian 99	UKS NAWA Skierniewice	2:10.89	473	29.34	32.99	34.96	33.60
69.	JEZIORSKI, Patryk 99	UKS Mata Kochlowice Rudz	2:11.01	471	29.27	33.69	34.88	33.17
70.	DUTKOWIAK, Wojciech 00	WKS Slask Wroclaw	2:11.03	471	30.63	33.44	33.97	32.99
71.	MILCZAREK, Piotr 98	UKS 190 Lodz	2:11.68	464	30.23	34.60	34.90	31.95
72.	WOZNIAK, Maciej 00	UKS 190 Lodz	2:12.57	455	29.55	33.77	35.28	33.97
73.	CZECH, Szymon SR 97	MKS-SMS Victoria Raciborz	2:12.94	451	29.50	34.52	35.82	33.10
74.	MATURA, Klaudiusz 98	UKS Mata Kochlowice Rudz	2:13.38	447	30.18	33.89	35.48	33.83
75.	PODZIMSKI, Wojciech 99	MKS Park Wodny Tarnowski	2:13.92	441	29.72	33.82	35.24	35.14
76.	CHMIELINSKI, Jakub 99	WKS Slask Wroclaw	2:13.95	441	29.70	34.63	35.56	34.06
77.	PRACZ, Michal 99	WKS Slask Wroclaw	2:13.99	441	30.13	33.68	35.38	34.80
78.	GIRUL, Radoslaw 00	WKS Slask Wroclaw	2:14.44	436	31.26	34.66	34.88	33.64
79.	KRZEKOTOWSKI, Karol 00	UKP Torpeda Olesnica	2:14.47	436	30.78	35.47	35.71	32.51
80.	MOLDRZYK, Maciej 99	Mosm Tychy	2:14.71	434	30.77	34.95	35.81	33.18
81.	BARTKOWSKI, Jakub SOc00	KSZO Ostrowiec	2:15.18	429	29.92	35.00	35.86	34.40
82.	PAWLACZYK, Patryk 00	UKS 190 Lodz	2:15.63	425	31.25	34.62	35.98	33.78
83.	ZAJAC, Mikolaj 98	Mosm Tychy	2:15.69	424	29.95	34.47	37.46	33.81
84.	OSTROWSKI, Dominik SC99	UKP Unia Oswiecim	2:15.94	422	31.49	35.13	35.30	34.02
85.	CZYZAK, Arkadiusz 99	UKS Mata Kochlowice Rudz	2:16.24	419	29.60	34.70	36.69	35.25
86.	PIETRZYK, Cezary SOc 00	KSZO Ostrowiec	2:16.47	417	30.02	34.45	36.94	35.06
87.	FIKS, Krzysztof 00	UKS 190 Lodz	2:16.58	416	32.21	35.97	36.51	31.89
88.	STOSZEK, Kacper 00	MTP Delfin Cieszyn	2:16.88	413	31.57	35.08	36.61	33.62
	WOZNIAK, Kamil 00	MUKS Sokol Kolbuszowa D	2:16.88	413	30.42	35.34	36.38	34.74
90.	MANKA, Filip 00	UKS 190 Lodz	2:17.44	408	31.39	35.24	35.93	34.88
91.	BRODOWSKI, Bartosz 00	UKS NAWA Skierniewice	2:17.48	408	30.45	35.02	36.62	35.39
92.	MUTH, Marcin 97	KS 1 Ozarow Mazowiecki	2:17.75	405	29.37	34.13	37.14	37.11
93.	DOMINIAK, Kacper 00	WKS Slask Wroclaw	2:17.77	405	32.10	35.34	35.78	34.55
94.	BARAN, Jan SR 99	MKS-SMS Victoria Raciborz	2:17.94	404	31.46	35.44	36.57	34.47
95.	SZELAG, Mikolaj SOc 00	KSZO Ostrowiec	2:18.46	399	31.73	35.25	36.51	34.97
96.	JOBDA, Ryszard 00	Uks Victoria Jozefow	2:18.95	395	31.02	36.11	36.80	35.02
97.	ZAMELSKI, Michal 00	MKS - Astoria Bydgoszcz	2:20.20	385	30.94	36.24	37.30	35.72
98.	BARTNIKIEWICZ, Jan 00	KS Piatka Chorzow	2:20.27	384	31.53	35.97	37.82	34.95
99.	CISZEWSKI, Jakub 00	UKS 190 Lodz	2:20.44	383	33.76	36.26	36.87	33.55
100.	SIKORA, Patryk 99	WKS Slask Wroclaw	2:21.03	378	32.37	36.04	36.72	35.90
101.	BACLER, Jakub 00	WKS Slask Wroclaw	2:21.06	378	31.78	35.91	36.99	36.38
102.	BADAN, Dawid SO 99	UKP Unia Oswiecim	2:21.40	375	31.84	36.69	37.48	35.39
103.	TOMECKI, Jakub 99	UKS Mata Kochlowice Rudz	2:21.88	371	31.83	36.39	37.73	35.93
104.	GEMBALA, Adam 99	Mosm Tychy	2:23.50	359	31.56	36.97	39.38	35.59
105.	BOBOWIEC, Maksymilian 00	WKS Slask Wroclaw	2:23.68	357	33.06	37.04	38.15	35.43
106.	AUGUSTYN, Aleksander 00	MUKS Sokol Kolbuszowa D	2:23.71	357	33.41	36.65	37.55	36.10
107.	MUTH, Michal 00	KS 1 Ozarow Mazowiecki	2:24.11	354	32.10	38.68	38.75	34.58
108.	LEWANDOWSKI, Michal 00	MKS ZRYW Opole	2:26.46	337	31.78	36.64	38.69	39.35
109.	MIKLOS, Kamil 00	WKS Slask Wroclaw	2:30.70	310	34.33	38.33	40.03	38.01

Grand Prix - Puchar Polski w Pływaniu 2013-2014
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Event 14, Men, 200m Freestyle

19 - 23 years

1.	ZIELINSKI, Dawid	92	MKP Szczecin	1:52.79	739	25.79	27.64	29.66	29.70
2.	SZARLINSKI, Filip	92	AZS Warsaw	1:54.48	707	27.05	28.96	29.20	29.27
3.	KACZMARSKI, Marcin	94	MKP Szczecin	1:54.75	702	27.13	29.33	29.88	28.41
4.	POPRAWA, Michal	94	AZS AWF Katowice	1:55.30	692	26.93	29.50	30.24	28.63
5.	GLYK, Wojciech	92	AZS AWF Katowice	1:55.52	688	27.69	29.27	29.48	29.08
6.	ZABOROWSKI, Filip	94	MKP Szczecin	1:55.59	687	27.09	29.57	29.68	29.25
	ZACZYNSKI, Karol	91	WKS Slask Wroclaw	1:55.59	687	27.40	29.30	29.48	29.41
8.	SMEJA, Slawomir	94	AZS AWF Katowice	1:55.87	682	27.40	29.56	29.54	29.37
9.	KLICH, Kacper	94	WKS Slask Wroclaw	1:56.08	678	27.56	29.41	29.89	29.22
10.	ZONIUK, Maciej	94	WKS Slask Wroclaw	1:56.70	667	28.04	29.86	29.49	29.31
11.	KUBKOWSKI, Bartlomiej	95R	WKS Slask Wroclaw	1:56.92	663	27.64	30.01	30.00	29.27
12.	OPALSKI, Marcin	93	UKS "GIM 92 Ursynow"	1:57.08	661	27.76	29.89	29.87	29.56
13.	CZARNOTA, Mateusz	91	UKP Unia Oswiecim	1:57.25	658	27.33	29.96	30.24	29.72
14.	KURANT, Roger	94	WKS Slask Wroclaw	1:57.57	652	27.52	30.87	30.52	28.66
15.	FURTEK, Pawel SSz	95	MKP Szczecin	1:58.06	644	28.25	30.00	30.16	29.65
16.	GASIOR, Patryk	94	AZS Warsaw	1:58.48	638	28.00	30.27	30.41	29.80
17.	BENING, Emil	93	MKS Juwenia Wroclaw	1:58.70	634	26.83	29.80	30.91	31.16
18.	CHMIEL, Lukasz	93	AZS AWF Katowice	2:01.81	587	27.93	30.78	31.37	31.73
19.	ZGIERSKI, Maksymilian	94	AZS UL PI Lodz	2:02.44	578	26.64	30.94	32.40	32.46
20.	SOBCZYK, Maciej	95	MKS Trojka Lodz	2:02.60	575	28.62	31.45	31.73	30.80
21.	BARTOSZEWSKI, Wojciech	94	AZS UL PI Lodz	2:05.43	537	27.78	30.96	33.18	33.51
22.	SMEJA, Patryk	95	MKS - Astoria Bydgoszcz	2:05.65	534	28.69	31.70	33.43	31.83
23.	BORKOWSKI, Lukasz	95	MKS Trojka Lodz	2:08.08	505	28.91	32.28	34.09	32.80

17 - 18 years

1.	WOJDAK, Wojciech SO	96	UKP Unia Oswiecim	1:56.44	672	27.16	29.47	30.23	29.58
2.	PIESNIAK, Jakub SO	97	UKP Unia Oswiecim	1:59.90	615	27.82	31.21	31.21	29.66
3.	GOLENIEC, Lukasz SO	97	UKP Unia Oswiecim	2:00.50	606	28.05	30.70	31.41	30.34
4.	SZULGO, Filip	97	MKP Szczecin	2:01.24	595	27.98	30.59	31.53	31.14
5.	KROGULSKI, Filip SO	96	UKP Unia Oswiecim	2:02.42	578	27.53	31.27	32.52	31.10
6.	ZMIJA, Marek	97	AZS AWF Katowice	2:02.58	576	28.29	31.58	32.59	30.12
7.	SOLA, Kornel SOc	97	UKP FALA Krasnik	2:02.76	573	28.39	31.32	32.18	30.87
8.	KRYCIA, Mateusz SOc	96	KSZO Ostrowiec	2:03.38	565	28.49	31.61	32.04	31.24
9.	MESZKA, Ernest	97	UKS NAWA Skierniewice	2:04.04	556	28.08	31.34	32.80	31.82
10.	BRUCHAJZER, Dominik	97	MZOS Plock	2:04.65	547	28.06	31.21	32.48	32.90
11.	FAMULOK, Bartosz SO	97	AZS AWF Katowice	2:05.44	537	28.48	32.60	32.83	31.53
12.	GORSKI, Marcin	97	MKP Szczecin	2:06.27	527	29.02	31.92	32.89	32.44
13.	STOLARCZYK, Kamil	96	MKS Park Wodny Tarnowski	2:08.61	498	29.67	32.70	33.90	32.34
14.	CZECH, Szymon SR	97	MKS-SMS Victoria Raciborz	2:12.94	451	29.50	34.52	35.82	33.10
15.	MUTH, Marcin	97	KS 1 Ozarow Mazowiecki	2:17.75	405	29.37	34.13	37.14	37.11

16 years

1.	DEREN, Kacper	98	MKS 9 Dzierzoniow	1:57.65	651	27.50	30.35	30.86	28.94
2.	STERNAK, Piotr	98	MZOS Plock	2:02.05	583	27.79	30.79	31.57	31.90
3.	POPIS, Emil SR	98	MKS-SMS Victoria Raciborz	2:02.82	572	28.34	30.99	32.49	31.00
4.	ULATOWSKI, Wojciech SC	98	UKP Unia Oswiecim	2:03.86	558	29.06	31.61	32.34	30.85
5.	NIEDZIALEK, Dominik	98	Skarpa Lublin	2:04.36	551	28.81	31.92	32.18	31.45
6.	GRZYMSKI, Mateusz	98	WKS Slask Wroclaw	2:04.59	548	28.63	31.60	32.02	32.34
7.	CHRAPEK, Marcin	98	MTP Delfin Cieszyn	2:05.58	535	28.76	31.90	32.69	32.23
8.	SZCZUTKOWSKI, Robert	98	WKS Slask Wroclaw	2:06.36	525	28.57	31.66	32.50	33.63
9.	BLASZCZYK, Michal SR	98	MKS-SMS Victoria Raciborz	2:08.05	505	28.85	32.26	34.26	32.68
10.	KUCZMA, Jędrzej	98	WKS Slask Wroclaw	2:08.16	504	28.92	32.19	34.20	32.85
11.	DEBSKI, Dominik	98	MKS Trojka Lodz	2:08.56	499	29.47	32.51	33.96	32.62
12.	POTOCKI, Daniel	98	WKS Slask Wroclaw	2:10.08	482	30.06	33.34	33.88	32.80
13.	MILCZAREK, Piotr	98	UKS 190 Lodz	2:11.68	464	30.23	34.60	34.90	31.95
14.	MATURA, Klaudiusz	98	UKS Mata Kochlowice Rudz	2:13.38	447	30.18	33.89	35.48	33.83
15.	ZAJAC, Mikolaj	98	Mosm Tychy	2:15.69	424	29.95	34.47	37.46	33.81

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 14, Men, 200m Freestyle

15 years

1.	KEMPA, Mikołaj SO	99	MMKS Kedzierzyn-Kozle	2:03.70	560	27.97	31.03	32.29	32.41
2.	LAWNIK, Jakub	99	WKS Slask Wroclaw	2:04.25	553	28.67	31.50	32.86	31.22
3.	SZAREK, Dawid	99	WKS Slask Wroclaw	2:07.09	516	28.76	32.98	32.95	32.40
4.	PIATKIEWICZ, Mateusz	99	MZOS Plock	2:07.23	515	28.83	32.54	32.87	32.99
5.	WALCZAK, Szymon	99	MKS Park Wodny Tarnowski	2:07.46	512	28.80	32.73	33.56	32.37
6.	GLABA, Jan	99	WKS Slask Wroclaw	2:08.16	504	29.94	32.41	33.71	32.10
7.	ROGOZINSKI, Mateusz SC	99	KSZO Ostrowiec	2:08.32	502	29.14	32.61	33.52	33.05
8.	WASIUK, Jakub SO	99	MMKS Kedzierzyn-Kozle	2:08.78	496	28.64	32.62	34.31	33.21
9.	STOSZEK, Szymon	99	UKS Aligator Gorzyce	2:09.79	485	29.71	33.62	34.33	32.13
10.	DEBSKI, Szymon	99	UKS NAWA Skierniewice	2:10.35	479	29.81	32.94	34.41	33.19
11.	SECZEK, Szymon	99	MKS Trojka Lodz	2:10.83	473	30.09	33.96	33.91	32.87
12.	DUDEK, Julian	99	UKS NAWA Skierniewice	2:10.89	473	29.34	32.99	34.96	33.60
13.	JEZIORSKI, Patryk	99	UKS Mata Kochlowice Rudz	2:11.01	471	29.27	33.69	34.88	33.17
14.	PODZIMSKI, Wojciech	99	MKS Park Wodny Tarnowski	2:13.92	441	29.72	33.82	35.24	35.14
15.	CHMIELINSKI, Jakub	99	WKS Slask Wroclaw	2:13.95	441	29.70	34.63	35.56	34.06
16.	PRACZ, Michal	99	WKS Slask Wroclaw	2:13.99	441	30.13	33.68	35.38	34.80
17.	MOLDRZYK, Maciej	99	Mosm Tychy	2:14.71	434	30.77	34.95	35.81	33.18
18.	OSTROWSKI, Dominik SC	99	UKP Unia Oswiecim	2:15.94	422	31.49	35.13	35.30	34.02
19.	CZYŻAK, Arkadiusz	99	UKS Mata Kochlowice Rudz	2:16.24	419	29.60	34.70	36.69	35.25
20.	BARAN, Jan SR	99	MKS-SMS Victoria Raciborz	2:17.94	404	31.46	35.44	36.57	34.47
21.	SIKORA, Patryk	99	WKS Slask Wroclaw	2:21.03	378	32.37	36.04	36.72	35.90
22.	BADAN, Dawid SO	99	UKP Unia Oswiecim	2:21.40	375	31.84	36.69	37.48	35.39
23.	TOMECKI, Jakub	99	UKS Mata Kochlowice Rudz	2:21.88	371	31.83	36.39	37.73	35.93
24.	GEMBALA, Adam	99	Mosm Tychy	2:23.50	359	31.56	36.97	39.38	35.59

14 years

1.	MICHTA, Kacper SOc	00	KSZO Ostrowiec	2:05.24	540	29.14	31.57	32.55	31.98
2.	KIELCZEWSKI, Amadeusz	00	WKS Slask Wroclaw	2:05.44	537	28.32	32.03	33.38	31.71
3.	JAROCHA, Oskar SOc	00	KSZO Ostrowiec	2:07.78	508	29.31	32.49	33.43	32.55
4.	ORLOWSKI, Kamil SOc	00	KSZO Ostrowiec	2:08.86	495	29.23	32.53	34.01	33.09
5.	LAS, Wiktor	00	WKS Slask Wroclaw	2:10.50	477	30.40	33.15	34.19	32.76
6.	HANO, Grzegorz	00	WKS Slask Wroclaw	2:10.68	475	30.92	33.95	33.69	32.12
7.	DABROWSKI, Patryk	00	WKS Slask Wroclaw	2:10.81	474	30.64	32.86	34.29	33.02
8.	DUTKOWIAK, Wojciech	00	WKS Slask Wroclaw	2:11.03	471	30.63	33.44	33.97	32.99
9.	WOZNIAK, Maciej	00	UKS 190 Lodz	2:12.57	455	29.55	33.77	35.28	33.97
10.	GIRUL, Radoslaw	00	WKS Slask Wroclaw	2:14.44	436	31.26	34.66	34.88	33.64
11.	KRZEKOTOWSKI, Karol	00	UKP Torpeda Olesnica	2:14.47	436	30.78	35.47	35.71	32.51
12.	BARTKOWSKI, Jakub SOc	00	KSZO Ostrowiec	2:15.18	429	29.92	35.00	35.86	34.40
13.	PAWLACZYK, Patryk	00	UKS 190 Lodz	2:15.63	425	31.25	34.62	35.98	33.78
14.	PIETRZYK, Cezary SOc	00	KSZO Ostrowiec	2:16.47	417	30.02	34.45	36.94	35.06
15.	FIKS, Krzysztof	00	UKS 190 Lodz	2:16.58	416	32.21	35.97	36.51	31.89
16.	STOSZEK, Kacper	00	MTP Delfin Cieszyn	2:16.88	413	31.57	35.08	36.61	33.62
	WOZNIAK, Kamil	00	MUKS Sokol Kolbuszowa D	2:16.88	413	30.42	35.34	36.38	34.74
18.	MANKA, Filip	00	UKS 190 Lodz	2:17.44	408	31.39	35.24	35.93	34.88
19.	BRODOWSKI, Bartosz	00	UKS NAWA Skierniewice	2:17.48	408	30.45	35.02	36.62	35.39
20.	DOMINIAK, Kacper	00	WKS Slask Wroclaw	2:17.77	405	32.10	35.34	35.78	34.55
21.	SZELAG, Mikołaj SOc	00	KSZO Ostrowiec	2:18.46	399	31.73	35.25	36.51	34.97
22.	JOBDA, Ryszard	00	Uks Victoria Jozefow	2:18.95	395	31.02	36.11	36.80	35.02
23.	ZAMELSKI, Michal	00	MKS - Astoria Bydgoszcz	2:20.20	385	30.94	36.24	37.30	35.72
24.	BARTNIKIEWICZ, Jan	00	KS Piatka Chorzow	2:20.27	384	31.53	35.97	37.82	34.95
25.	CISZEWSKI, Jakub	00	UKS 190 Lodz	2:20.44	383	33.76	36.26	36.87	33.55
26.	BACLER, Jakub	00	WKS Slask Wroclaw	2:21.06	378	31.78	35.91	36.99	36.38
27.	BOBOWIEC, Maksymilian	00	WKS Slask Wroclaw	2:23.68	357	33.06	37.04	38.15	35.43
28.	AUGUSTYN, Aleksander	00	MUKS Sokol Kolbuszowa D	2:23.71	357	33.41	36.65	37.55	36.10
29.	MUTH, Michal	00	KS 1 Ozarow Mazowiecki	2:24.11	354	32.10	38.68	38.75	34.58
30.	LEWANDOWSKI, Michal	00	MKS ZRYW Opole	2:26.46	337	31.78	36.64	38.69	39.35
31.	MIKLOS, Kamil	00	WKS Slask Wroclaw	2:30.70	310	34.33	38.33	40.03	38.01

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 15 Women, 100m Breaststroke 14 years and older
2014-05-03 - 18:05 Results

Top Times "Poland" 1:08.54 KAMINSKA, Beata 00110 Montreal (CAN) 2005-07-25

Points: FINA 2013

Rank	YB		Time	Pts	50m	100m
14 years and older						
1.	SZTANDERA, Dominika	97	MKS Juvenia Wroclaw	1:12.69	697	33.93 38.76
2.	MICHALCZYK, Urszula SO	97	UKP Unia Oswiecim	1:14.84	638	34.99 39.85
3.	DUDEK, Marlena	94	AZS AWF Katowice	1:15.83	613	36.06 39.77
4.	GREGLAK, Marta	97	MKS ZRYW Opole	1:16.49	598	36.28 40.21
5.	NIEDZWIEDZKA, Malgorzata SF	97	MMKS Kedzierzyn-Kozle	1:16.61	595	36.15 40.46
6.	PROCHOWNIK, Olimpia SO	99	UKP Unia Oswiecim	1:16.63	594	36.05 40.58
7.	SPOLJAR, Sylwia	98	AZS AWF Katowice	1:18.35	556	36.38 41.97
8.	BARTYZEL, Aleksandra	98	UKP MANTA Jelcz-Laskowice	1:18.93	544	37.32 41.61
9.	UGODZINSKA, Aleksandra	99	Klub Plywacki Ciechanow	1:19.50	532	37.32 42.18
10.	NOWAK, Marta SO	99	MMKS Kedzierzyn-Kozle	1:19.70	528	36.78 42.92
11.	KRUSZCZYNSKA, Julia	99	Ruch Grudziadz	1:20.26	517	37.97 42.29
12.	WALZ, Kornelia	00	UKS NAWA Skierniewice	1:20.63	510	37.48 43.15
13.	CHMIELEWSKA, Aneta	00	UKS OLIMPIC Warka	1:20.64	510	37.72 42.92
14.	DURCZYNSKA, Katarzyna	99	KS Gornik Radlin	1:20.78	507	36.74 44.04
	KNAPIK, Weronika SR	99	KS Piatka Chorzow	1:20.78	507	38.06 42.72
16.	MYCEK, Agnieszka	00	WKS Slask Wroclaw	1:21.57	493	39.00 42.57
17.	KOWALSKA, Dominika	00	MKS Trojka Lodz	1:21.73	490	38.55 43.18
18.	KOSCIANEK, Natalia	00	UKS OLIMPIC Warka	1:22.32	479	39.39 42.93
19.	SASIELA, Sylwia	00	WKS Slask Wroclaw	1:23.08	466	39.18 43.90
20.	WISNIEWSKA, Kamila SR	96	MKS-SMS Victoria Raciborz	1:23.20	464	39.26 43.94
21.	WARMINSKA, Daria SR	98	RMKS Rybnik	1:23.69	456	39.51 44.18
22.	ADAMCZYK, Agata	99	UKS Aligator Gorzyce	1:23.80	454	39.70 44.10
23.	KOWALSKA, Eliza	00	UKS Aligator Gorzyce	1:25.59	426	40.12 45.47
24.	MACHNIK, Monika	97	DOKiS SP "Vega" Dobrodzien	1:27.22	403	40.96 46.26
25.	ADAMSKA, Alicja	00	UKS Aligator Gorzyce	1:28.27	389	41.72 46.55
26.	STYPINSKI, Ewa	00	KS Piatka Chorzow	1:30.61	359	41.99 48.62
19 - 23 years						
1.	DUDEK, Marlena	94	AZS AWF Katowice	1:15.83	613	36.06 39.77
17 - 18 years						
1.	SZTANDERA, Dominika	97	MKS Juvenia Wroclaw	1:12.69	697	33.93 38.76
2.	MICHALCZYK, Urszula SO	97	UKP Unia Oswiecim	1:14.84	638	34.99 39.85
3.	GREGLAK, Marta	97	MKS ZRYW Opole	1:16.49	598	36.28 40.21
4.	NIEDZWIEDZKA, Malgorzata SF	97	MMKS Kedzierzyn-Kozle	1:16.61	595	36.15 40.46
5.	WISNIEWSKA, Kamila SR	96	MKS-SMS Victoria Raciborz	1:23.20	464	39.26 43.94
6.	MACHNIK, Monika	97	DOKiS SP "Vega" Dobrodzien	1:27.22	403	40.96 46.26
16 years						
1.	SPOLJAR, Sylwia	98	AZS AWF Katowice	1:18.35	556	36.38 41.97
2.	BARTYZEL, Aleksandra	98	UKP MANTA Jelcz-Laskowice	1:18.93	544	37.32 41.61
3.	WARMINSKA, Daria SR	98	RMKS Rybnik	1:23.69	456	39.51 44.18
15 years						
1.	PROCHOWNIK, Olimpia SO	99	UKP Unia Oswiecim	1:16.63	594	36.05 40.58
2.	UGODZINSKA, Aleksandra	99	Klub Plywacki Ciechanow	1:19.50	532	37.32 42.18
3.	NOWAK, Marta SO	99	MMKS Kedzierzyn-Kozle	1:19.70	528	36.78 42.92
4.	KRUSZCZYNSKA, Julia	99	Ruch Grudziadz	1:20.26	517	37.97 42.29
5.	DURCZYNSKA, Katarzyna	99	KS Gornik Radlin	1:20.78	507	36.74 44.04
	KNAPIK, Weronika SR	99	KS Piatka Chorzow	1:20.78	507	38.06 42.72
7.	ADAMCZYK, Agata	99	UKS Aligator Gorzyce	1:23.80	454	39.70 44.10

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 15, Women, 100m Breaststroke

14 years

1.	WALZ, Kornelia	00	UKS NAWA Skierniewice	1:20.63	510	37.48	43.15
2.	CHMIELEWSKA, Aneta	00	UKS OLIMPIC Warka	1:20.64	510	37.72	42.92
3.	MYCEK, Agnieszka	00	WKS Slask Wroclaw	1:21.57	493	39.00	42.57
4.	KOWALSKA, Dominika	00	MKS Trojka Lodz	1:21.73	490	38.55	43.18
5.	KOSCIANEK, Natalia	00	UKS OLIMPIC Warka	1:22.32	479	39.39	42.93
6.	SASIELA, Sylwia	00	WKS Slask Wroclaw	1:23.08	466	39.18	43.90
7.	KOWALSKA, Eliza	00	UKS Aligator Gorzyce	1:25.59	426	40.12	45.47
8.	ADAMSKA, Alicja	00	UKS Aligator Gorzyce	1:28.27	389	41.72	46.55
9.	STYPINSKI, Ewa	00	KS Piatka Chorzow	1:30.61	359	41.99	48.62

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 16 Men, 100m Breaststroke 14 years and older
2014-05-03 - 18:10 Results

Top Times "Poland" 1:00.54 SZULICH, Dawid 01414 Barcelona (ESP) 2013-07-28

Points: FINA 2013

Rank	YB		Time	Pts	50m	100m
14 years and older						
1.	SZULICH, Dawid	90	Uks Delfin Legionowo	1:02.82	805	29.49 33.33
2.	MACHNIK, Mikolaj	93	AZS AWF Katowice	1:02.91	802	30.02 32.89
3.	ROGUSKI, Bartlomiej	93	Uks,,Zoliborz" Warszawa	1:05.31	717	30.71 34.60
4.	PERL, Michal	96	Uks Delfin Legionowo	1:06.17	689	30.31 35.86
5.	KOZAKIEWICZ, Jan	96	UKS "GIM 92 Ursynow"	1:07.96	636	31.26 36.70
6.	WYPYCH, Filip	91	AZS UL PI Lodz	1:08.49	621	31.66 36.83
7.	KALUSOWSKI, Jan	00	MKS Trojka Lodz	1:08.76	614	32.35 36.41
8.	CERTA, Maciej	91	AZS Warsaw	1:09.05	606	31.51 37.54
9.	MASLANKA, Szymon SR	96	Karol Wadowice	1:09.41	597	32.33 37.08
10.	SZCZUTKOWSKI, Robert	98	WKS Slask Wroclaw	1:09.78	588	32.47 37.31
11.	MICHALCZYK, Andrzej SO	00	UKP Unia Oswiecim	1:10.01	582	32.74 37.27
12.	NOWAK, Patryk	95	AZS AWF Katowice	1:10.31	574	32.63 37.68
13.	DZIEDZIC, Dawid	99	Mosm Tychy	1:10.45	571	32.89 37.56
14.	RASZCZUK, Michal	99	UKP MANTA Jelcz-Laskowice	1:10.63	567	33.06 37.57
15.	GUNIA, Kamil SR	97	MKS-SMS Victoria Raciborz	1:11.09	556	33.12 37.97
16.	GOLENIEC, Kamil SO	99	UKP Unia Oswiecim	1:11.76	540	33.66 38.10
17.	JARZYNSKI, Wojciech	91	AZS UL PI Lodz	1:11.78	540	32.78 39.00
18.	SALIK, Jakub	96	MKS Juvenia Wroclaw	1:11.88	537	34.24 37.64
19.	GAWRON, Oskar	99	WKS Slask Wroclaw	1:12.01	535	33.90 38.11
20.	KRULIKOWSKI, Maciej SO	99	UKP Unia Oswiecim	1:12.48	524	33.99 38.49
21.	WAWRYCA, Szymon SR	98	MKS-SMS Victoria Raciborz	1:12.68	520	34.09 38.59
22.	TUREK, Maksymilian	98	WKS Slask Wroclaw	1:13.02	513	34.46 38.56
23.	CHMIELINSKI, Jakub	99	WKS Slask Wroclaw	1:14.11	490	34.13 39.98
24.	HALAS, Bartlomiej SR	97	RMKS Rybnik	1:14.34	486	34.28 40.06
25.	ZARYCZNY, Piotr SR	96	MKS-SMS Victoria Raciborz	1:14.52	482	34.04 40.48
26.	ROKITA, Aleksander	99	MKS Park Wodny Tarnowskie Gory	1:14.87	476	34.52 40.35
27.	PILC, Milosz	99	Mosm Tychy	1:14.98	473	35.57 39.41
28.	KAWCZYNSKI, Marcin	95	Delfin Lodz	1:15.37	466	34.34 41.03
29.	CWALINA, Kacper	97	UKS NAWA Skierniewice	1:16.02	454	33.95 42.07
30.	LESIK, Radoslaw SR	98	MKS-SMS Victoria Raciborz	1:16.45	447	35.40 41.05
31.	DABROWSKI, Daniel	00	UKP Ruda Slaska	1:16.91	439	36.04 40.87
32.	BARTKOWIAK, Adam	98	Iskra Konin	1:17.22	433	34.66 42.56
33.	KALISIAK, Karol	98	UKS NAWA Skierniewice	1:17.33	432	36.34 40.99
34.	KAMINSKI, Piotr	99	Iskra Konin	1:17.40	430	34.87 42.53
35.	DERENDARZ, Aleksander	00	UKS 190 Lodz	1:17.69	426	36.05 41.64
36.	SZELAG, Mikolaj SOc	00	KSZO Ostrowiec	1:19.91	391	37.52 42.39
37.	SZCZUTKOWSKI, Damian	00	WKS Slask Wroclaw	1:21.04	375	37.80 43.24
38.	WITOSZEK, Bartlomiej	99	MTP Delfin Cieszyn	1:22.37	357	37.67 44.70
39.	ORLOWSKI, Kamil SOc	00	KSZO Ostrowiec	1:25.12	323	39.67 45.45
40.	KARPINSKI, Dominik	00	KS Piatka Chorzow	1:35.78	227	45.20 50.58

19 - 23 years

1.	MACHNIK, Mikolaj	93	AZS AWF Katowice	1:02.91	802	30.02 32.89
2.	ROGUSKI, Bartlomiej	93	Uks,,Zoliborz" Warszawa	1:05.31	717	30.71 34.60
3.	WYPYCH, Filip	91	AZS UL PI Lodz	1:08.49	621	31.66 36.83
4.	CERTA, Maciej	91	AZS Warsaw	1:09.05	606	31.51 37.54
5.	NOWAK, Patryk	95	AZS AWF Katowice	1:10.31	574	32.63 37.68
6.	JARZYNSKI, Wojciech	91	AZS UL PI Lodz	1:11.78	540	32.78 39.00
7.	KAWCZYNSKI, Marcin	95	Delfin Lodz	1:15.37	466	34.34 41.03

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 16, Men, 100m Breaststroke

17 - 18 years

1.	PERL, Michal	96	Uks Delfin Legionowo	1:06.17	689	30.31	35.86
2.	KOZAKIEWICZ, Jan	96	UKS "GIM 92 Ursynow"	1:07.96	636	31.26	36.70
3.	MASLANKA, Szymon SR	96	Karol Wadowice	1:09.41	597	32.33	37.08
4.	GUNIA, Kamil SR	97	MKS-SMS Victoria Raciborz	1:11.09	556	33.12	37.97
5.	SALIK, Jakub	96	MKS Juvenia Wroclaw	1:11.88	537	34.24	37.64
6.	HALAS, Bartlomiej SR	97	RMKS Rybnik	1:14.34	486	34.28	40.06
7.	ZARYCZNY, Piotr SR	96	MKS-SMS Victoria Raciborz	1:14.52	482	34.04	40.48
8.	CWALINA, Kacper	97	UKS NAWA Skierniewice	1:16.02	454	33.95	42.07

16 years

1.	SZCZUTKOWSKI, Robert	98	WKS Slask Wroclaw	1:09.78	588	32.47	37.31
2.	WAWRYCA, Szymon SR	98	MKS-SMS Victoria Raciborz	1:12.68	520	34.09	38.59
3.	TUREK, Maksymilian	98	WKS Slask Wroclaw	1:13.02	513	34.46	38.56
4.	LESIK, Radoslaw SR	98	MKS-SMS Victoria Raciborz	1:16.45	447	35.40	41.05
5.	BARTKOWIAK, Adam	98	Iskra Konin	1:17.22	433	34.66	42.56
6.	KALISIAK, Karol	98	UKS NAWA Skierniewice	1:17.33	432	36.34	40.99

15 years

1.	DZIEDZIC, Dawid	99	Mosm Tychy	1:10.45	571	32.89	37.56
2.	RASZCZUK, Michal	99	UKP MANTA Jelcz-Laskowice	1:10.63	567	33.06	37.57
3.	GOLENIEC, Kamil SO	99	UKP Unia Oswiecim	1:11.76	540	33.66	38.10
4.	GAWRON, Oskar	99	WKS Slask Wroclaw	1:12.01	535	33.90	38.11
5.	KRULIKOWSKI, Maciej SO	99	UKP Unia Oswiecim	1:12.48	524	33.99	38.49
6.	CHMIELINSKI, Jakub	99	WKS Slask Wroclaw	1:14.11	490	34.13	39.98
7.	ROKITA, Aleksander	99	MKS Park Wodny Tarnowskie Gory	1:14.87	476	34.52	40.35
8.	PILC, Milosz	99	Mosm Tychy	1:14.98	473	35.57	39.41
9.	KAMINSKI, Piotr	99	Iskra Konin	1:17.40	430	34.87	42.53
10.	WITOSZEK, Bartlomiej	99	MTP Delfin Cieszyn	1:22.37	357	37.67	44.70

14 years

1.	KALUSOWSKI, Jan	00	MKS Trojka Lodz	1:08.76	614	32.35	36.41
2.	MICHALCZYK, Andrzej SO	00	UKP Unia Oswiecim	1:10.01	582	32.74	37.27
3.	DABROWSKI, Daniel	00	UKP Ruda Slaska	1:16.91	439	36.04	40.87
4.	DERENDARZ, Aleksander	00	UKS 190 Lodz	1:17.69	426	36.05	41.64
5.	SZELAG, Mikolaj SOc	00	KSZO Ostrowiec	1:19.91	391	37.52	42.39
6.	SZCZUTKOWSKI, Damian	00	WKS Slask Wroclaw	1:21.04	375	37.80	43.24
7.	ORLOWSKI, Kamil SOc	00	KSZO Ostrowiec	1:25.12	323	39.67	45.45
8.	KARPINSKI, Dominik	00	KS Piatka Chorzow	1:35.78	227	45.20	50.58

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 17 Women, 50m Fly 14 years and older
2014-05-03 - 18:25 Results

Top Times "Poland" 26.36 DOWGIERT, Anna 00601 Debrecen (HUN) 2012-05-21

Points: FINA 2013

Rank	YB		Time	Pts
14 years and older				
1.	DOWGIERT, Anna	90	WKS Slask Wroclaw	26.77 821
2.	URBANCZYK, Aleksandra	87	AZS UL PI Lodz	27.07 794
3.	JANICZEK, Joanna SO	96	UKP Unia Oswiecim	28.56 676
4.	PEDA, Paulina	98	AZS AWF Katowice	28.65 670
5.	SZKARLAT, Julia SWR	98	WKS Slask Wroclaw	29.22 631
6.	HARAF, Iga SWR	95	WKS Slask Wroclaw	29.33 624
7.	STASINOWSKA, Katarzyna	94	AZS UL PI Lodz	29.38 621
8.	SIKORA, Paulina	93	AZS Warsaw	29.54 611
9.	NAWARYNSKA, Katarzyna SR	96	MKS-SMS Victoria Raciborz	29.73 599
10.	TOMALA, Aleksandra SR	97	MKS ZRYW Opole	29.82 594
11.	ADAMIEC, Dominika SO	99	UKP Unia Oswiecim	29.84 593
12.	BOGUCA, Dagmara SWR	97	MKS Juvenia Wroclaw	29.91 588
13.	NOWACKA, Aleksandra	90	AZS Warsaw	30.00 583
14.	CZARNECKA, Wiktoria	99	Skarpa Lublin	30.04 581
15.	PODMAJSTRZY, Joanna	93	Delfin Lodz	30.26 568
16.	DYRDA, Karolina SWR	97	WKS Slask Wroclaw	30.34 564
17.	SZCZEPANIK, Joanna SO	96	UKP Unia Oswiecim	30.68 545
18.	DURCZYNSKA, Katarzyna	99	KS Gornik Radlin	30.72 543
19.	KAMIENIARZ, Weronika	99	KS Gornik Radlin	30.82 538
	REDNER, Sandra	99	MKS Trojka Lodz	30.82 538
21.	SPOLJAR, Sylwia	98	AZS AWF Katowice	31.01 528
22.	ILCEWICZ, Edyta	96	Uks Victoria Jozefow	31.08 524
23.	KUBIK, Martyna	99	UKS Aligator Gorzyce	31.09 524
24.	PISARCZYK, Amelia SR	98	MKS-SMS Victoria Raciborz	31.15 521
25.	SKORUPA, Monika	99	DOKiS SP "Vega" Dobrodzien	31.18 519
26.	WOLOSZYN, Sonia SOc	95	KSZO Ostrowiec	31.25 516
27.	KONDOLEWICZ, Aleksandra	99	WKS Slask Wroclaw	31.45 506
28.	HASNY, Marta SR	98	MMKS Kedzierzyn-Kozle	31.74 492
29.	ZWIERZCHOWSKA, Zofia	97	KS 1 Ozarow Mazowiecki	32.00 480
30.	POKRYWKA, Karolina	98	UKS 190 Lodz	32.07 477
31.	ZROBEK, Natalia	99	UKS 190 Lodz	32.19 472
32.	WRZOSEK, Iga	00	KS 1 Ozarow Mazowiecki	32.41 462
33.	FILIPKOWSKA, Dominika	99	MKS "Ros" Pisz	32.42 462
34.	JAROCHA, Wiktoria	98	KSZO Ostrowiec	32.50 459
35.	WALZ, Kornelia	00	UKS NAWA Skierniewice	32.56 456
	PALKA, Maria SO	99	UKP Unia Oswiecim	32.56 456
37.	SARNA, Katarzyna	98	UKS NAWA Skierniewice	32.90 442
38.	STAWARZ, Sandra	98	WKS Slask Wroclaw	33.00 438
39.	KROL, Oliwia	99	MKS Trojka Lodz	33.06 436
40.	MALINOWSKA, Zuzanna	00	WKS Slask Wroclaw	33.22 429
41.	LIGENZA, Oliwia	00	MKS Trojka Lodz	33.40 422
42.	JUNAK, Nikola	00	Delfin Lodz	33.65 413
43.	NIEMCZYCKA, Julia	99	WKS Slask Wroclaw	34.15 395
44.	DYKIJ, Dominika	98	WKS Slask Wroclaw	34.79 374
45.	KOWALSKA, Eliza	00	UKS Aligator Gorzyce	34.98 368
46.	PABIN, Marta	00	Delfin Lodz	35.13 363
47.	KNAPIK, Weronika SR	99	KS Piatka Chorzow	35.14 363
48.	HALAT, Agnieszka	99	Mosm Tychy	35.24 360
49.	WILISOWSKA, Julia	00	WKS Slask Wroclaw	38.11 284
DSQ	ZAWISZEWSKA, Maja	93	WKS Slask Wroclaw	29.01 O-4

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 17, Women, 50m Fly

19 - 23 years

1.	HARAF, Iga SWR	95	WKS Slask Wroclaw	29.33	624	
2.	STASINOWSKA, Katarzyna	94	AZS UL PI Lodz	29.38	621	
3.	SIKORA, Paulina	93	AZS Warsaw	29.54	611	
4.	PODMAJSTRZY, Joanna	93	Delfin Lodz	30.26	568	
5.	WOLOSZYN, Sonia SOc	95	KSZO Ostrowiec	31.25	516	
DSQ	ZAWISZEWSKA, Maja	93	WKS Slask Wroclaw	29.01		O-4

17 - 18 years

1.	JANICZEK, Joanna SO	96	UKP Unia Oswiecim	28.56	676	
2.	NAWARYNSKA, Katarzyna SR	96	MKS-SMS Victoria Raciborz	29.73	599	
3.	TOMALA, Aleksandra SR	97	MKS ZRYW Opole	29.82	594	
4.	BOGUCA, Dagmara SWR	97	MKS Juwenia Wroclaw	29.91	588	
5.	DYRDA, Karolina SWR	97	WKS Slask Wroclaw	30.34	564	
6.	SZCZEPANIK, Joanna SO	96	UKP Unia Oswiecim	30.68	545	
7.	ILCEWICZ, Edyta	96	Uks Victoria Jozefow	31.08	524	
8.	ZWIERZCHOWSKA, Zofia	97	KS 1 Ozarow Mazowiecki	32.00	480	

16 years

1.	PEDA, Paulina	98	AZS AWF Katowice	28.65	670	
2.	SZKARLAT, Julia SWR	98	WKS Slask Wroclaw	29.22	631	
3.	SPOLJAR, Sylwia	98	AZS AWF Katowice	31.01	528	
4.	PISARCZYK, Amelia SR	98	MKS-SMS Victoria Raciborz	31.15	521	
5.	HASNY, Marta SR	98	MMKS Kedzierzyn-Kozle	31.74	492	
6.	POKRYWKA, Karolina	98	UKS 190 Lodz	32.07	477	
7.	JAROCHA, Wiktoria	98	KSZO Ostrowiec	32.50	459	
8.	SARNA, Katarzyna	98	UKS NAWA Skierniewice	32.90	442	
9.	STAWARZ, Sandra	98	WKS Slask Wroclaw	33.00	438	
10.	DYKIJ, Dominika	98	WKS Slask Wroclaw	34.79	374	

15 years

1.	ADAMIEC, Dominika SO	99	UKP Unia Oswiecim	29.84	593	
2.	CZARNECKA, Wiktoria	99	Skarpa Lublin	30.04	581	
3.	DURCZYNSKA, Katarzyna	99	KS Gornik Radlin	30.72	543	
4.	KAMIENIARZ, Weronika	99	KS Gornik Radlin	30.82	538	
	REDNER, Sandra	99	MKS Trojka Lodz	30.82	538	
6.	KUBIK, Martyna	99	UKS Aligator Gorzyce	31.09	524	
7.	SKORUPA, Monika	99	DOKiS SP "Vega" Dobrodzien	31.18	519	
8.	KONDOLEWICZ, Aleksandra	99	WKS Slask Wroclaw	31.45	506	
9.	ZROBEK, Natalia	99	UKS 190 Lodz	32.19	472	
10.	FILIPKOWSKA, Dominika	99	MKS "Ros" Pisz	32.42	462	
11.	PALKA, Maria SO	99	UKP Unia Oswiecim	32.56	456	
12.	KROL, Oliwia	99	MKS Trojka Lodz	33.06	436	
13.	NIEMCZYCKA, Julia	99	WKS Slask Wroclaw	34.15	395	
14.	KNAPIK, Weronika SR	99	KS Piatka Chorzow	35.14	363	
15.	HALAT, Agnieszka	99	Mosm Tychy	35.24	360	

14 years

1.	WRZOSEK, Iga	00	KS 1 Ozarow Mazowiecki	32.41	462	
2.	WALZ, Kornelia	00	UKS NAWA Skierniewice	32.56	456	
3.	MALINOWSKA, Zuzanna	00	WKS Slask Wroclaw	33.22	429	
4.	LIGENZA, Oliwia	00	MKS Trojka Lodz	33.40	422	
5.	JUNAK, Nikola	00	Delfin Lodz	33.65	413	
6.	KOWALSKA, Eliza	00	UKS Aligator Gorzyce	34.98	368	

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 17, Girls, 50m Fly, 14 years

Rank	YB		Time	Pts
7.	PABIN, Marta	00 Delfin Lodz	35.13	363
8.	WILISOWSKA, Julia	00 WKS Slask Wroclaw	38.11	284

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 18 Men, 50m Fly 14 years and older
2014-05-03 - 18:35 Results

Top Times "Poland"	23.41	CZERNIAK, Konrad	00603	Olsztyn	2013-06-16
Top Times "Poland"	23.41	CZERNIAK, Konrad	00603	Olsztyn	2013-06-16

Points: FINA 2013

Rank	YB		Time	Pts
14 years and older				
1.	85	KORZENIOWSKI, Pawel AZS Warsaw	24.65	753
2.	94	POPRAWA, Michal AZS AWF Katowice	24.74	745
3.	92	KRUPECKI, Oskar MKP Szczecin	24.83	737
4.	91	SOKULSKI, Jacek WKS Slask Wroclaw	25.31	696
5.	94	KURANT, Roger WKS Slask Wroclaw	25.46	683
6.	93	MIKICIN, Milosz AZS Warsaw	25.78	658
7.	94	ZGIERSKI, Maksymilian AZS UL PI Lodz	25.94	646
8.	92	DYMERSKI, Szymon MKP Szczecin	26.03	639
9.	93	CHMIEL, Lukasz AZS AWF Katowice	26.07	636
10.	92	GAWRYSIAK, Przemyslaw LKS "OMEGA" Kleszczow	26.19	628
11.	93	BENING, Emil MKS Juvenia Wroclaw	26.27	622
12.	91	ZACZYNSKI, Karol WKS Slask Wroclaw	26.29	621
13.	91	WYPYCH, Filip AZS UL PI Lodz	26.34	617
14.	93	OPALSKI, Marcin UKS "GIM 92 Ursynow"	26.40	613
15.	98	ANDREOSE, Jan Luigi AZS AWF Wroclaw	26.48	607
16.	93	ROGUSKI, Bartlomiej Uks.,Zoliborz" Warszawa	26.51	605
17.	92	ZIELINSKI, Dawid MKP Szczecin	26.52	605
18.	00	SMOLINSKI, Jakub KS 1 Ozarow Mazowiecki	26.54	603
19.	96	FELINCZAK, Wojciech Delfin Lodz	26.63	597
20.	93	MACHNIK, Mikolaj AZS AWF Katowice	26.72	591
21.	94	WROBEL, Andrzej AZS AWF Katowice	27.22	559
22.	98	MILCZAREK, Piotr UKS 190 Lodz	27.28	555
23.	95	BORKOWSKI, Lukasz MKS Trojka Lodz	27.30	554
24.	97	GRUDZIECKI, Remigiusz SO MMKS Kedzierzyn-Kozle	27.34	552
25.	97	PIESNIAK, Jakub SO UKP Unia Oswiecim	27.47	544
26.	97	HALAS, Bartlomiej SR RMKS Rybnik	27.55	539
27.	99	FIEDOSIUK, Rafal SO UKP Unia Oswiecim	27.60	536
28.	99	DEBSKI, Szymon UKS NAWA Skierniewice	27.80	525
29.	99	CZYZAK, Arkadiusz UKS Mata Kochlowice Ruda Slask	27.87	521
30.	98	DEBSKI, Dominik MKS Trojka Lodz	28.29	498
	00	KALUSOWSKI, Jan MKS Trojka Lodz	28.29	498
32.	96	WITAN, Daniel UKS OLIMPIC Warka	28.40	492
33.	99	KEMPA, Mikolaj SO MMKS Kedzierzyn-Kozle	28.43	491
34.	98	ZAJAC, Mikolaj Mosm Tychy	28.44	490
35.	95	SMEJA, Patryk MKS - Astoria Bydgoszcz	28.45	490
36.	99	BARAN, Jan SR MKS-SMS Victoria Raciborz	28.65	479
37.	91	DERBIS, Tomasz AZS AWF Katowice	28.66	479
38.	99	WALCZAK, Szymon MKS Park Wodny Tarnowskie Gory	28.88	468
39.	99	JEZIORSKI, Patryk UKS Mata Kochlowice Ruda Slask	29.00	462
40.	00	WASKO, Adam KS 1 Ozarow Mazowiecki	29.03	461
41.	98	SOWKA, Denis DOKiS SP "Vega" Dobrodzien	29.20	453
42.	99	GAWRON, Oskar WKS Slask Wroclaw	29.23	451
43.	98	TUREK, Maksymilian WKS Slask Wroclaw	29.24	451
44.	00	SZYNDLER, Michal MKS ZRYW Opole	29.35	446
45.	98	POTOCKI, Daniel WKS Slask Wroclaw	29.45	441
46.	99	MOLDRZYK, Maciej Mosm Tychy	29.78	427
47.	99	PRACZ, Michal WKS Slask Wroclaw	30.00	417
48.	00	BRODOWSKI, Bartosz UKS NAWA Skierniewice	30.03	416
49.	98	KUCZMA, Jędrzej WKS Slask Wroclaw	30.06	415
50.	97	CWALINA, Kacper UKS NAWA Skierniewice	30.19	410

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 18, Men, 50m Fly, 14 years and older

Rank		YB		Time	Pts
51.	PILC, Milosz	99	Mosm Tychy	30.43	400
	FIKS, Krzysztof	00	UKS 190 Lodz	30.43	400
53.	MUTH, Marcin	97	KS 1 Ozarow Mazowiecki	30.54	396
54.	ROGOZINSKI, Mateusz SOc	99	KSZO Ostrowiec	30.55	395
55.	JOBDA, Ryszard	00	Uks Victoria Jozefow	30.81	385
56.	DUTKOWIAK, Wojciech	00	WKS Slask Wroclaw	30.83	385
	CISZEWSKI, Jakub	00	UKS 190 Lodz	30.83	385
58.	ROKITA, Aleksander	99	MKS Park Wodny Tarnowskie Gory	30.84	384
59.	KAMINSKI, Piotr	99	MKS Trojka Lodz	30.92	381
60.	SZAL, Mateusz	00	UKS 5 plus 1 Opole	31.00	378
61.	PIETRZYK, Cezary SOc	00	KSZO Ostrowiec	31.09	375
62.	LAS, Wiktor	00	WKS Slask Wroclaw	31.20	371
63.	STOLARCZYK, Kamil	96	MKS Park Wodny Tarnowskie Gory	31.21	371 M-1
64.	BARTKOWSKI, Jakub SOc	00	KSZO Ostrowiec	31.23	370
65.	WOZNIAK, Kamil	00	MUKS Sokol Kolbuszowa Dolna	31.34	366
66.	MUTH, Michal	00	KS 1 Ozarow Mazowiecki	31.51	360
67.	MANISZEWSKI, Michal	00	MTP Delfin Cieszyn	31.66	355
68.	MIKLOS, Kamil	00	WKS Slask Wroclaw	31.72	353
69.	BARTNIKIEWICZ, Jan	00	KS Piatka Chorzow	31.78	351
70.	KRZEKOTOWSKI, Karol	00	UKP Torpeda Olesnica	31.82	350
71.	WIKTOROWSKI, Gracjan	00	Delfin Lodz	32.68	323
72.	AUGUSTYN, Aleksander	00	MUKS Sokol Kolbuszowa Dolna	33.15	309
73.	DERENDARZ, Aleksander	00	UKS 190 Lodz	34.10	284
74.	GEMBALA, Adam	99	Mosm Tychy	35.71	247
DSQ	DZIEDZIC, Dawid	99	Mosm Tychy	27.04	M-1
DSQ	STOSZEK, Szymon	99	UKS Aligator Gorzyce	29.70	O-4

19 - 23 years

1.	POPRAWA, Michal	94	AZS AWF Katowice	24.74	745
2.	KRUPECKI, Oskar	92	MKP Szczecin	24.83	737
3.	SOKULSKI, Jacek	91	WKS Slask Wroclaw	25.31	696
4.	KURANT, Roger	94	WKS Slask Wroclaw	25.46	683
5.	MIKICIN, Milosz	93	AZS Warsaw	25.78	658
6.	ZGIERSKI, Maksymilian	94	AZS UL PI Lodz	25.94	646
7.	DYMERSKI, Szymon	92	MKP Szczecin	26.03	639
8.	CHMIEL, Lukasz	93	AZS AWF Katowice	26.07	636
9.	GAWRYSIK, Przemyslaw	92	LKS "OMEGA" Kleszczow	26.19	628
10.	BENING, Emil	93	MKS Juvenia Wroclaw	26.27	622
11.	ZACZYNSKI, Karol	91	WKS Slask Wroclaw	26.29	621
12.	WYPYCH, Filip	91	AZS UL PI Lodz	26.34	617
13.	OPALSKI, Marcin	93	UKS "GIM 92 Ursynow"	26.40	613
14.	ROGUSKI, Bartlomiej	93	Uks„Zoliborz" Warszawa	26.51	605
15.	ZIELINSKI, Dawid	92	MKP Szczecin	26.52	605
16.	MACHNIK, Mikolaj	93	AZS AWF Katowice	26.72	591
17.	WROBEL, Andrzej	94	AZS AWF Katowice	27.22	559
18.	BORKOWSKI, Lukasz	95	MKS Trojka Lodz	27.30	554
19.	SMEJA, Patryk	95	MKS - Astoria Bydgoszcz	28.45	490
20.	DERBIS, Tomasz	91	AZS AWF Katowice	28.66	479

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 18, Men, 50m Fly

17 - 18 years

1.	FELINCZAK, Wojciech	96	Delfin Lodz	26.63	597	
2.	GRUDZIECKI, Remigiusz SO	97	MMKS Kedzierzyn-Kozle	27.34	552	
3.	PIESNIAK, Jakub SO	97	UKP Unia Oswiecim	27.47	544	
4.	HALAS, Bartlomiej SR	97	RMKS Rybnik	27.55	539	
5.	WITAN, Daniel	96	UKS OLIMPIC Warka	28.40	492	
6.	CWALINA, Kacper	97	UKS NAWA Skierniewice	30.19	410	
7.	MUTH, Marcin	97	KS 1 Ozarow Mazowiecki	30.54	396	
8.	STOLARCZYK, Kamil	96	MKS Park Wodny Tarnowskie Gory	31.21	371	M-1

16 years

1.	ANDREOSE, Jan Luigi	98	AZS AWF Wroclaw	26.48	607	
2.	MILCZAREK, Piotr	98	UKS 190 Lodz	27.28	555	
3.	DEBSKI, Dominik	98	MKS Trojka Lodz	28.29	498	
4.	ZAJAC, Mikolaj	98	Mosm Tychy	28.44	490	
5.	SOWKA, Denis	98	DOKiS SP "Vega" Dobrodzien	29.20	453	
6.	TUREK, Maksymilian	98	WKS Slask Wroclaw	29.24	451	
7.	POTOCKI, Daniel	98	WKS Slask Wroclaw	29.45	441	
8.	KUCZMA, Jędrzej	98	WKS Slask Wroclaw	30.06	415	

15 years

1.	FIEDOSIUK, Rafal SO	99	UKP Unia Oswiecim	27.60	536	
2.	DEBSKI, Szymon	99	UKS NAWA Skierniewice	27.80	525	
3.	CZYŻAK, Arkadiusz	99	UKS Mata Kochlowice Ruda Slask	27.87	521	
4.	KEMPA, Mikolaj SO	99	MMKS Kedzierzyn-Kozle	28.43	491	
5.	BARAN, Jan SR	99	MKS-SMS Victoria Raciborz	28.65	479	
6.	WALCZAK, Szymon	99	MKS Park Wodny Tarnowskie Gory	28.88	468	
7.	JEZIORSKI, Patryk	99	UKS Mata Kochlowice Ruda Slask	29.00	462	
8.	GAWRON, Oskar	99	WKS Slask Wroclaw	29.23	451	
9.	MOLDRZYK, Maciej	99	Mosm Tychy	29.78	427	
10.	PRACZ, Michal	99	WKS Slask Wroclaw	30.00	417	
11.	PILC, Milosz	99	Mosm Tychy	30.43	400	
12.	ROGOZINSKI, Mateusz SOc	99	KSZO Ostrowiec	30.55	395	
13.	ROKITA, Aleksander	99	MKS Park Wodny Tarnowskie Gory	30.84	384	
14.	KAMINSKI, Piotr	99	MKS Trojka Lodz	30.92	381	
15.	GEMBALA, Adam	99	Mosm Tychy	35.71	247	
DSQ	DZIEDZIC, Dawid	99	Mosm Tychy	27.04		M-1
DSQ	STOSZEK, Szymon	99	UKS Aligator Gorzyce	29.70		O-4

14 years

1.	SMOLINSKI, Jakub	00	KS 1 Ozarow Mazowiecki	26.54	603	
2.	KALUSOWSKI, Jan	00	MKS Trojka Lodz	28.29	498	
3.	WASKO, Adam	00	KS 1 Ozarow Mazowiecki	29.03	461	
4.	SZYNDLER, Michal	00	MKS ZRYW Opole	29.35	446	
5.	BRODOWSKI, Bartosz	00	UKS NAWA Skierniewice	30.03	416	
6.	FIKS, Krzysztof	00	UKS 190 Lodz	30.43	400	
7.	JOBDA, Ryszard	00	Uks Victoria Jozefow	30.81	385	
8.	DUTKOWIAK, Wojciech	00	WKS Slask Wroclaw	30.83	385	
	CISZEWSKI, Jakub	00	UKS 190 Lodz	30.83	385	
10.	SZAL, Mateusz	00	UKS 5 plus 1 Opole	31.00	378	
11.	PIETRZYK, Cezary SOc	00	KSZO Ostrowiec	31.09	375	
12.	LAS, Wiktor	00	WKS Slask Wroclaw	31.20	371	
13.	BARTKOWSKI, Jakub SOc	00	KSZO Ostrowiec	31.23	370	
14.	WOZNIAK, Kamil	00	MUKS Sokol Kolbuszowa Dolna	31.34	366	
15.	MUTH, Michal	00	KS 1 Ozarow Mazowiecki	31.51	360	

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 18, Boys, 50m Fly, 14 years

Rank		YB		Time	Pts
16.	MANISZEWSKI, Michal	00	MTP Delfin Cieszyn	31.66	355
17.	MIKLOS, Kamil	00	WKS Slask Wroclaw	31.72	353
18.	BARTNIKIEWICZ, Jan	00	KS Piatka Chorzow	31.78	351
19.	KRZEKOTOWSKI, Karol	00	UKP Torpeda Olesnica	31.82	350
20.	WIKTOROWSKI, Gracjan	00	Delfin Lodz	32.68	323
21.	AUGUSTYN, Aleksander	00	MUKS Sokol Kolbuszowa Dolna	33.15	309
22.	DERENDARZ, Aleksander	00	UKS 190 Lodz	34.10	284

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 19 Women, 200m Backstroke 14 years and older
2014-05-03 - 18:45 Results

Top Times "Poland" 2:09.74 TCHÓRZ, Alicja 00104 Rome (ITA) 2009-07-31

Points: FINA 2013

Rank		YB		Time	Pts	50m	100m	150m	200m
14 years and older									
1.	TCHORZ, Alicja	92	MKS Juvenia Wroclaw	2:17.07	741	32.04	34.87	35.78	34.38
2.	NAWARYNSKA, K.	96	MKS-SMS Victoria Raciborz	2:23.51	646	32.82	36.43	37.18	37.08
3.	MACIUCH, Karolina	96	DOKiS SP "Vega" Dobrodzie	2:27.82	591	34.93	37.33	38.19	37.37
4.	DUDA, Zuzanna	99	WKS Slask Wroclaw	2:28.03	588	35.56	37.30	38.17	37.00
5.	KAMINSKA, Joanna	94	MKS Trojka Lodz	2:30.34	561	34.60	37.80	39.27	38.67
6.	STAROS, Sandra	99	Uks Victoria Jozefow	2:30.99	554	35.62	37.81	38.96	38.60
7.	WLODARCZYK, Ewelina	96	MKS Trojka Lodz	2:31.12	553	34.70	38.45	40.12	37.85
8.	SMYLEK, Karolina	00	Skarpa Lublin	2:31.15	552	35.76	38.69	39.04	37.66
9.	BRONEK, Martyna	00	UKS Aligator Gorzyce	2:31.97	544	35.52	39.04	39.55	37.86
10.	SMAGA, Anna	98	WKS Slask Wroclaw	2:32.42	539	35.23	38.37	39.50	39.32
11.	ADAMIEC, Dominika SO	99	UKP Unia Oswiecim	2:33.59	526	35.52	39.20	40.34	38.53
12.	FILIPEK, Jagoda	99	WKS Slask Wroclaw	2:33.92	523	35.84	39.63	40.07	38.38
13.	JAROCHA, Wiktoria	98	KSZO Ostrowiec	2:34.63	516	36.62	38.55	39.68	39.78
14.	BARTYZEL, Aleksandra	98	UKP MANTA Jelcz-Laskowice	2:34.94	513	36.56	39.54	40.71	38.13
15.	REDNER, Sandra	99	MKS Trojka Lodz	2:39.62	469	38.00	40.77	40.64	40.21
16.	KIERZEK, Wiktoria	99	MKS Park Wodny Tarnowskie	2:41.28	455	39.06	42.03	42.20	37.99
17.	KUBIK, Martyna	99	UKS Aligator Gorzyce	2:41.75	451	37.27	41.12	42.28	41.08
18.	BIALKOWSKA, Patrycja	97	UKS NAWA Skierniewice	2:43.07	440	38.41	40.67	42.61	41.38
19.	WROBLEWSKA, Maja	00	WKS Slask Wroclaw	2:43.33	438	39.54	41.23	41.58	40.98
20.	PABIN, Marta	00	Delfin Lodz	2:44.72	427	38.01	42.19	44.00	40.52
21.	ADAMSKA, Alicja	00	UKS Aligator Gorzyce	2:46.04	417	39.19	42.89	43.00	40.96
22.	ZABLOCKA, Zuzanna	99	WKS Slask Wroclaw	2:49.79	390	41.04	43.19	43.21	42.35
23.	PIOTROWSKA, Nicole	99	UKS Mata Kochlowice Rudzka	3:00.77	323	43.23	46.08	46.11	45.35
19 - 23 years									
1.	TCHORZ, Alicja	92	MKS Juvenia Wroclaw	2:17.07	741	32.04	34.87	35.78	34.38
2.	KAMINSKA, Joanna	94	MKS Trojka Lodz	2:30.34	561	34.60	37.80	39.27	38.67
17 - 18 years									
1.	NAWARYNSKA, K.	96	MKS-SMS Victoria Raciborz	2:23.51	646	32.82	36.43	37.18	37.08
2.	MACIUCH, Karolina	96	DOKiS SP "Vega" Dobrodzie	2:27.82	591	34.93	37.33	38.19	37.37
3.	WLODARCZYK, Ewelina	96	MKS Trojka Lodz	2:31.12	553	34.70	38.45	40.12	37.85
4.	BIALKOWSKA, Patrycja	97	UKS NAWA Skierniewice	2:43.07	440	38.41	40.67	42.61	41.38
16 years									
1.	SMAGA, Anna	98	WKS Slask Wroclaw	2:32.42	539	35.23	38.37	39.50	39.32
2.	JAROCHA, Wiktoria	98	KSZO Ostrowiec	2:34.63	516	36.62	38.55	39.68	39.78
3.	BARTYZEL, Aleksandra	98	UKP MANTA Jelcz-Laskowice	2:34.94	513	36.56	39.54	40.71	38.13
15 years									
1.	DUDA, Zuzanna	99	WKS Slask Wroclaw	2:28.03	588	35.56	37.30	38.17	37.00
2.	STAROS, Sandra	99	Uks Victoria Jozefow	2:30.99	554	35.62	37.81	38.96	38.60
3.	ADAMIEC, Dominika SO	99	UKP Unia Oswiecim	2:33.59	526	35.52	39.20	40.34	38.53
4.	FILIPEK, Jagoda	99	WKS Slask Wroclaw	2:33.92	523	35.84	39.63	40.07	38.38
5.	REDNER, Sandra	99	MKS Trojka Lodz	2:39.62	469	38.00	40.77	40.64	40.21
6.	KIERZEK, Wiktoria	99	MKS Park Wodny Tarnowskie	2:41.28	455	39.06	42.03	42.20	37.99
7.	KUBIK, Martyna	99	UKS Aligator Gorzyce	2:41.75	451	37.27	41.12	42.28	41.08
8.	ZABLOCKA, Zuzanna	99	WKS Slask Wroclaw	2:49.79	390	41.04	43.19	43.21	42.35
9.	PIOTROWSKA, Nicole	99	UKS Mata Kochlowice Rudzka	3:00.77	323	43.23	46.08	46.11	45.35

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 19, Women, 200m Backstroke

14 years

1. SMYLEK, Karolina	00	Skarpa Lublin	2:31.15	552	35.76	38.69	39.04	37.66
2. BRONEK, Martyna	00	UKS Aligator Gorzyce	2:31.97	544	35.52	39.04	39.55	37.86
3. WROBLEWSKA, Maja	00	WKS Slask Wroclaw	2:43.33	438	39.54	41.23	41.58	40.98
4. PABIN, Marta	00	Delfin Lodz	2:44.72	427	38.01	42.19	44.00	40.52
5. ADAMSKA, Alicja	00	UKS Aligator Gorzyce	2:46.04	417	39.19	42.89	43.00	40.96

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 20 Men, 200m Backstroke 14 years and older
2014-05-03 - 19:00 Results

Top Times "Poland" 1:54.24 KAWEŃCKI, Radosław 00304 Barcelona (ESP) 2013-08-02

Points: FINA 2013

Rank		YB		Time	Pts	50m	100m	150m	200m
14 years and older									
1.	MORAWSKI, Krzysztof	94	AZS Warsaw	2:02.90	755	28.84	31.01	32.01	31.04
2.	POLEWKA, Tomasz	94	AZS AWF Katowice	2:07.59	674	29.97	33.09	33.28	31.25
3.	JANKIEWICZ, Krzysztof	91	UKS NAWA Skierniewice	2:08.34	663	29.78	33.89	33.59	31.08
4.	GABRYSZ, Wojciech SR	95	MKS-SMS Victoria Raciborz	2:08.96	653	29.95	32.41	33.87	32.73
5.	BUGDOL, Rafal SR	95	MKS-SMS Victoria Raciborz	2:09.92	639	30.25	32.92	33.94	32.81
6.	STEC, Adam	97	MKP Szczecin	2:11.19	620	31.44	33.11	33.34	33.30
7.	HANDZLIK, Rafal SR	95	Karol Wadowice	2:11.39	618	30.70	33.49	33.95	33.25
8.	NIEDZIALEK, Dominik	98	Skarpa Lublin	2:13.40	590	31.10	33.76	34.63	33.91
9.	SWIERCZYNSKI, Jakub	95	AZS AWF Katowice	2:15.74	560	31.30	34.94	35.81	33.69
10.	SOBCZYK, Maciej	95	MKS Trojka Lodz	2:16.68	549	32.10	34.93	35.28	34.37
11.	CZARNOTA, Mateusz	91	UKP Unia Oswiecim	2:17.17	543	32.08	34.81	36.11	34.17
12.	GALECKI, Mateusz	99	WKS Slask Wroclaw	2:17.24	542	31.07	35.76	35.51	34.90
13.	MESZKA, Ernest	97	UKS NAWA Skierniewice	2:18.44	528	32.18	35.40	36.19	34.67
14.	KRZEWINSKI, Patryk	96	MUKS Pielnastka Bydgoszcz	2:18.62	526	31.85	34.87	36.22	35.68
15.	STERNAK, Piotr	98	MZOS Plock	2:20.41	506	33.99	35.54	35.96	34.92
16.	CZECH, Szymon SR	97	MKS-SMS Victoria Raciborz	2:20.58	504	33.14	36.05	36.01	35.38
17.	SECZEK, Szymon	99	MKS Trojka Lodz	2:21.47	495	33.57	36.72	36.82	34.36
18.	KIELCZEWSKI, Amadeusz	00	WKS Slask Wroclaw	2:22.51	484	33.64	36.29	37.51	35.07
19.	ANDREJKO, Szymon SR	96	KS Gornik Radlin	2:22.67	482	32.30	36.86	37.69	35.82
20.	SMOLINSKI, Jakub	00	KS 1 Ozarow Mazowiecki	2:23.32	476	33.63	36.79	38.43	34.47
21.	FIEDOSIUK, Rafal SO	99	UKP Unia Oswiecim	2:23.34	476	34.13	37.77	36.37	35.07
22.	BLASZCZYK, Michal SR	98	MKS-SMS Victoria Raciborz	2:24.54	464	33.78	36.72	37.81	36.23
23.	WOZNIAK, Maciej	00	UKS 190 Lodz	2:27.27	438	33.93	37.75	39.03	36.56
24.	DABROWSKI, Patryk	00	WKS Slask Wroclaw	2:27.39	437	34.58	37.47	38.23	37.11
25.	JAROCHA, Oskar SOc	00	KSZO Ostrowiec	2:27.61	435	35.16	38.39	37.98	36.08
26.	ROMAN, Mateusz	00	MKS ZRYW Opole	2:27.97	432	35.18	38.08	38.62	36.09
27.	KRYCIA, Mateusz SOc	96	KSZO Ostrowiec	2:28.11	431	34.60	37.57	38.34	37.60
28.	NAGI, Mateusz SO	97	UKP Unia Oswiecim	2:28.36	429	35.46	37.85	38.23	36.82
29.	MANKA, Filip	00	UKS 190 Lodz	2:29.54	419	35.19	38.04	39.25	37.06
30.	GRZYMSKI, Mateusz	98	WKS Slask Wroclaw	2:29.56	419	34.14	37.76	38.43	39.23
31.	HANO, Grzegorz	00	WKS Slask Wroclaw	2:29.74	417	35.88	38.16	38.86	36.84
32.	BIERONSKI, Michal	99	WKS Slask Wroclaw	2:29.93	415	34.74	38.48	39.77	36.94
33.	WASIUK, Jakub SO	99	MMKS Kedzierzyn-Kozle	2:29.95	415	34.60	38.70	39.15	37.50
34.	WASKO, Adam	00	KS 1 Ozarow Mazowiecki	2:31.64	402	34.89	39.56	39.87	37.32
35.	PAWLACZYK, Patryk	00	UKS 190 Lodz	2:32.25	397	34.95	39.71	40.11	37.48
36.	MICHTA, Kacper SOc	00	KSZO Ostrowiec	2:32.58	394	37.46	38.67	39.52	36.93
37.	KAMINSKI, Piotr	99	MKS Trojka Lodz	2:36.49	365	37.06	40.05	41.11	38.27
38.	STOSZEK, Kacper	00	MTP Delfin Cieszyn	2:36.82	363	36.26	39.91	40.84	39.81
39.	GIRUL, Radoslaw	00	WKS Slask Wroclaw	2:38.14	354	38.03	40.38	40.61	39.12
40.	SIKORA, Patryk	99	WKS Slask Wroclaw	2:38.27	353	37.54	40.13	40.68	39.92
41.	TOMECKI, Jakub	99	UKS Mata Kochlowice Rudz	2:41.46	333	38.08	41.39	41.40	40.59
42.	BOBOWIEC, Maksymilian	00	WKS Slask Wroclaw	2:42.08	329	40.17	40.55	41.57	39.79
43.	DOMINIAK, Kacper	00	WKS Slask Wroclaw	2:43.87	318	39.10	42.46	42.24	40.07
44.	SZCZUTKOWSKI, Damiar	00	WKS Slask Wroclaw	2:51.48	278	41.68	43.70	44.21	41.89

19 - 23 years

1.	MORAWSKI, Krzysztof	94	AZS Warsaw	2:02.90	755	28.84	31.01	32.01	31.04
2.	POLEWKA, Tomasz	94	AZS AWF Katowice	2:07.59	674	29.97	33.09	33.28	31.25
3.	JANKIEWICZ, Krzysztof	91	UKS NAWA Skierniewice	2:08.34	663	29.78	33.89	33.59	31.08
4.	GABRYSZ, Wojciech SR	95	MKS-SMS Victoria Raciborz	2:08.96	653	29.95	32.41	33.87	32.73
5.	BUGDOL, Rafal SR	95	MKS-SMS Victoria Raciborz	2:09.92	639	30.25	32.92	33.94	32.81
6.	HANDZLIK, Rafal SR	95	Karol Wadowice	2:11.39	618	30.70	33.49	33.95	33.25
7.	SWIERCZYNSKI, Jakub	95	AZS AWF Katowice	2:15.74	560	31.30	34.94	35.81	33.69
8.	SOBCZYK, Maciej	95	MKS Trojka Lodz	2:16.68	549	32.10	34.93	35.28	34.37
9.	CZARNOTA, Mateusz	91	UKP Unia Oswiecim	2:17.17	543	32.08	34.81	36.11	34.17

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 20, Men, 200m Backstroke

17 - 18 years

1. STEC, Adam	97	MKP Szczecin	2:11.19	620	31.44	33.11	33.34	33.30
2. MESZKA, Ernest	97	UKS NAWA Skierniewice	2:18.44	528	32.18	35.40	36.19	34.67
3. KRZEWINSKI, Patryk	96	MUKS Piętnastka Bydgoszcz	2:18.62	526	31.85	34.87	36.22	35.68
4. CZECH, Szymon SR	97	MKS-SMS Victoria Raciborz	2:20.58	504	33.14	36.05	36.01	35.38
5. ANDREJKO, Szymon SR	96	KS Gornik Radlin	2:22.67	482	32.30	36.86	37.69	35.82
6. KRYCIA, Mateusz SOc	96	KSZO Ostrowiec	2:28.11	431	34.60	37.57	38.34	37.60
7. NAGI, Mateusz SO	97	UKP Unia Oswiecim	2:28.36	429	35.46	37.85	38.23	36.82

16 years

1. NIEDZIALEK, Dominik	98	Skarpa Lublin	2:13.40	590	31.10	33.76	34.63	33.91
2. STERNAK, Piotr	98	MZOS Plock	2:20.41	506	33.99	35.54	35.96	34.92
3. BLASZCZYK, Michal SR	98	MKS-SMS Victoria Raciborz	2:24.54	464	33.78	36.72	37.81	36.23
4. GRZYMSKI, Mateusz	98	WKS Slask Wroclaw	2:29.56	419	34.14	37.76	38.43	39.23

15 years

1. GALECKI, Mateusz	99	WKS Slask Wroclaw	2:17.24	542	31.07	35.76	35.51	34.90
2. SECZEK, Szymon	99	MKS Trojka Lodz	2:21.47	495	33.57	36.72	36.82	34.36
3. FIEDOSIUK, Rafal SO	99	UKP Unia Oswiecim	2:23.34	476	34.13	37.77	36.37	35.07
4. BIERONSKI, Michal	99	WKS Slask Wroclaw	2:29.93	415	34.74	38.48	39.77	36.94
5. WASIUK, Jakub SO	99	MMKS Kedzierzyn-Kozle	2:29.95	415	34.60	38.70	39.15	37.50
6. KAMINSKI, Piotr	99	MKS Trojka Lodz	2:36.49	365	37.06	40.05	41.11	38.27
7. SIKORA, Patryk	99	WKS Slask Wroclaw	2:38.27	353	37.54	40.13	40.68	39.92
8. TOMECKI, Jakub	99	UKS Mata Kochlowice Rudz	2:41.46	333	38.08	41.39	41.40	40.59

14 years

1. KIELCZEWSKI, Amadeusz	00	WKS Slask Wroclaw	2:22.51	484	33.64	36.29	37.51	35.07
2. SMOLINSKI, Jakub	00	KS 1 Ozarow Mazowiecki	2:23.32	476	33.63	36.79	38.43	34.47
3. WOZNIAK, Maciej	00	UKS 190 Lodz	2:27.27	438	33.93	37.75	39.03	36.56
4. DABROWSKI, Patryk	00	WKS Slask Wroclaw	2:27.39	437	34.58	37.47	38.23	37.11
5. JAROCHA, Oskar SOc	00	KSZO Ostrowiec	2:27.61	435	35.16	38.39	37.98	36.08
6. ROMAN, Mateusz	00	MKS ZRYW Opole	2:27.97	432	35.18	38.08	38.62	36.09
7. MANKA, Filip	00	UKS 190 Lodz	2:29.54	419	35.19	38.04	39.25	37.06
8. HANO, Grzegorz	00	WKS Slask Wroclaw	2:29.74	417	35.88	38.16	38.86	36.84
9. WASKO, Adam	00	KS 1 Ozarow Mazowiecki	2:31.64	402	34.89	39.56	39.87	37.32
10. PAWLACZYK, Patryk	00	UKS 190 Lodz	2:32.25	397	34.95	39.71	40.11	37.48
11. MICHTA, Kacper SOc	00	KSZO Ostrowiec	2:32.58	394	37.46	38.67	39.52	36.93
12. STOSZEK, Kacper	00	MTP Delfin Cieszyn	2:36.82	363	36.26	39.91	40.84	39.81
13. GIRUL, Radoslaw	00	WKS Slask Wroclaw	2:38.14	354	38.03	40.38	40.61	39.12
14. BOBOWIEC, Maksymilian	00	WKS Slask Wroclaw	2:42.08	329	40.17	40.55	41.57	39.79
15. DOMINIAK, Kacper	00	WKS Slask Wroclaw	2:43.87	318	39.10	42.46	42.24	40.07
16. SZCZUTKOWSKI, Damian	00	WKS Slask Wroclaw	2:51.48	278	41.68	43.70	44.21	41.89

Grand Prix - Puchar Polski w Pływaniu 2013-2014
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Event 21 Women, 800m Freestyle 14 years and older
2014-05-03 - 19:20 Results

Top Times "Poland" 8:35.73 JEDRZEJCZAK, Otylia 00114 Ostrowiec Sw. 2008-05-17

Points: FINA 2013

Rank	YB										Time	Pts
14 years and older												
1.	ZACHOSZCZ, Joanna			93	AZS UWM Olsztyn					8:55.17	786	
	100m:	1:03.85	1:03.85	300m:	3:18.14	1:07.23	500m:	5:32.70	1:07.49	700m:	7:48.22	1:07.75
	200m:	2:10.91	1:07.06	400m:	4:25.21	1:07.07	600m:	6:40.47	1:07.77	800m:	8:55.17	1:06.95
2.	WIKIEL, Manuela			92	AZS UWM Olsztyn					9:04.47	747	
	100m:	1:05.40	1:05.40	300m:	3:21.55	1:08.15	500m:	5:38.90	1:08.90	700m:	7:56.73	1:08.94
	200m:	2:13.40	1:08.00	400m:	4:30.00	1:08.45	600m:	6:47.79	1:08.89	800m:	9:04.47	1:07.74
3.	MACIUCH, Karolina			96	DOKiS SP "Vega" Dobrodzien					9:31.07	647	
	100m:	1:07.01	1:07.01	300m:	3:30.32	1:11.75	500m:	5:55.51	1:12.70	700m:	8:19.34	1:12.25
	200m:	2:18.57	1:11.56	400m:	4:42.81	1:12.49	600m:	7:07.09	1:11.58	800m:	9:31.07	1:11.73
4.	SPROSKA, Magdalena			97	MKS ZRYW Opole					9:33.19	640	
	100m:	1:07.56	1:07.56	300m:	3:31.70	1:12.11	500m:	5:56.84	1:12.42	700m:	8:22.83	1:12.75
	200m:	2:19.59	1:12.03	400m:	4:44.42	1:12.72	600m:	7:10.08	1:13.24	800m:	9:33.19	1:10.36
5.	LICHWA, Dominika SO			99	UKP Unia Oswiecim					9:42.84	609	
	100m:	1:07.82	1:07.82	300m:	3:33.99	1:13.53	500m:	6:01.95	1:13.99	700m:	8:30.67	1:14.28
	200m:	2:20.46	1:12.64	400m:	4:47.96	1:13.97	600m:	7:16.39	1:14.44	800m:	9:42.84	1:12.17
6.	ADAMCZYK, Agata			99	UKS Aligator Gorzyce					9:52.76	579	
	100m:	1:11.22	1:11.22	300m:	3:42.06	1:15.74	500m:	6:12.90	1:14.88	700m:	8:41.88	1:13.92
	200m:	2:26.32	1:15.10	400m:	4:58.02	1:15.96	600m:	7:27.96	1:15.06	800m:	9:52.76	1:10.88
7.	ZROBEK, Natalia			99	UKS 190 Lodz					9:53.52	576	
	100m:	1:11.95	1:11.95	300m:	3:41.60	1:15.19	500m:	6:11.15	1:14.75	700m:	8:42.21	1:15.76
	200m:	2:26.41	1:14.46	400m:	4:56.40	1:14.80	600m:	7:26.45	1:15.30	800m:	9:53.52	1:11.31
8.	PAJAK, Liliana SO			99	UKP Unia Oswiecim					9:54.71	573	
	100m:	1:09.84	1:09.84	300m:	3:39.20	1:14.64	500m:	6:10.38	1:15.99	700m:	8:41.52	1:15.08
	200m:	2:24.56	1:14.72	400m:	4:54.39	1:15.19	600m:	7:26.44	1:16.06	800m:	9:54.71	1:13.19
9.	SZAFRANSKA, Julia SOc			00	KSZO Ostrowiec					9:55.11	572	
	100m:	1:08.79	1:08.79	300m:	3:39.41	1:15.98	500m:	6:11.05	1:15.75	700m:	8:41.92	1:15.14
	200m:	2:23.43	1:14.64	400m:	4:55.30	1:15.89	600m:	7:26.78	1:15.73	800m:	9:55.11	1:13.19
	KROL, Oliwia			99	MKS Trojka Lodz					9:55.11	572	
	100m:	1:11.42	1:11.42	300m:	3:43.22	1:16.39	500m:	6:14.15	1:14.86	700m:	8:43.99	1:14.69
	200m:	2:26.83	1:15.41	400m:	4:59.29	1:16.07	600m:	7:29.30	1:15.15	800m:	9:55.11	1:11.12
11.	SLIWINSKA, Kalina			00	WKS Slask Wroclaw					9:57.92	564	
	100m:	1:10.55	1:10.55	300m:	3:42.18	1:16.31	500m:	6:14.52	1:16.15	700m:	8:44.93	1:15.15
	200m:	2:25.87	1:15.32	400m:	4:58.37	1:16.19	600m:	7:29.78	1:15.26	800m:	9:57.92	1:12.99
12.	LESZCZYNSKA, Klaudia Julia SO			99	UKP Unia Oswiecim					10:00.08	558	
	100m:	1:08.14	1:08.14	300m:	3:37.38	1:15.43	500m:	6:13.62	1:18.92	700m:	8:48.16	1:15.35
	200m:	2:21.95	1:13.81	400m:	4:54.70	1:17.32	600m:	7:32.81	1:19.19	800m:	10:00.08	1:11.92
13.	MACHNIK, Monika			97	DOKiS SP "Vega" Dobrodzien					10:02.90	550	
	100m:	1:10.17	1:10.17	300m:	3:42.92	1:17.06	500m:	6:17.51	1:17.37	700m:	8:49.19	1:15.61
	200m:	2:25.86	1:15.69	400m:	5:00.14	1:17.22	600m:	7:33.58	1:16.07	800m:	10:02.90	1:13.71
14.	MYCEK, Agnieszka			00	WKS Slask Wroclaw					10:10.84	529	
	100m:	1:13.59	1:13.59	300m:	3:49.98	1:18.43	500m:	6:23.59	1:16.64	700m:	8:55.89	1:15.99
	200m:	2:31.55	1:17.96	400m:	5:06.95	1:16.97	600m:	7:39.90	1:16.31	800m:	10:10.84	1:14.95
	PALKA, Maria SO			99	UKP Unia Oswiecim					10:10.84	529	
	100m:	1:12.01	1:12.01	300m:	3:45.83	1:17.47	500m:	6:19.96	1:16.40	700m:	8:54.78	1:17.50
	200m:	2:28.36	1:16.35	400m:	5:03.56	1:17.73	600m:	7:37.28	1:17.32	800m:	10:10.84	1:16.06
16.	PIPCZYNSKA, Kamila			00	Uks Victoria Jozefow					10:11.48	527	
	100m:	1:11.97	1:11.97	300m:	3:47.37	1:18.35	500m:	6:22.25	1:17.43	700m:	8:57.13	1:17.50
	200m:	2:29.02	1:17.05	400m:	5:04.82	1:17.45	600m:	7:39.63	1:17.38	800m:	10:11.48	1:14.35

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3- - 4-5-2014

Event 21, Women, 800m Freestyle, 14 years and older

Rank			YB						Time	Pts
17.	IZYCKA, Marta		00	UKS WODNIK Siemianowice Slaski					10:35.74	469
	100m: 1:13.04	1:13.04	300m: 3:50.89	1:19.04	500m: 6:31.04	1:20.46	700m: 9:15.59	1:22.40		
	200m: 2:31.85	1:18.81	400m: 5:10.58	1:19.69	600m: 7:53.19	1:22.15	800m: 10:35.74	1:20.15		
18.	CHOJECKA, Karolina		00	UKS OLIMPIC Warka					10:35.90	469
	100m: 1:14.87	1:14.87	300m: 3:58.18	1:22.38	500m: 6:40.25	1:20.23	700m: 9:21.31	1:20.13		
	200m: 2:35.80	1:20.93	400m: 5:20.02	1:21.84	600m: 8:01.18	1:20.93	800m: 10:35.90	1:14.59		
19.	GAJTKOWSKA, Zuzanna		00	UKS Aligator Gorzyce					10:42.68	454
	100m: 1:15.11	1:15.11	300m: 3:58.21	1:21.57	500m: 6:41.78	1:21.61	700m: 9:24.74	1:21.27		
	200m: 2:36.64	1:21.53	400m: 5:20.17	1:21.96	600m: 8:03.47	1:21.69	800m: 10:42.68	1:17.94		

19 - 23 years

1.	ZACHOSZCZ, Joanna		93	AZS UWM Olsztyn					8:55.17	786
	100m: 1:03.85	1:03.85	300m: 3:18.14	1:07.23	500m: 5:32.70	1:07.49	700m: 7:48.22	1:07.75		
	200m: 2:10.91	1:07.06	400m: 4:25.21	1:07.07	600m: 6:40.47	1:07.77	800m: 8:55.17	1:06.95		
2.	WIKIEL, Manuela		92	AZS UWM Olsztyn					9:04.47	747
	100m: 1:05.40	1:05.40	300m: 3:21.55	1:08.15	500m: 5:38.90	1:08.90	700m: 7:56.73	1:08.94		
	200m: 2:13.40	1:08.00	400m: 4:30.00	1:08.45	600m: 6:47.79	1:08.89	800m: 9:04.47	1:07.74		

17 - 18 years

1.	MACIUCH, Karolina		96	DOKiS SP "Vega" Dobrodzien					9:31.07	647
	100m: 1:07.01	1:07.01	300m: 3:30.32	1:11.75	500m: 5:55.51	1:12.70	700m: 8:19.34	1:12.25		
	200m: 2:18.57	1:11.56	400m: 4:42.81	1:12.49	600m: 7:07.09	1:11.58	800m: 9:31.07	1:11.73		
2.	SPROSKA, Magdalena		97	MKS ZRYW Opole					9:33.19	640
	100m: 1:07.56	1:07.56	300m: 3:31.70	1:12.11	500m: 5:56.84	1:12.42	700m: 8:22.83	1:12.75		
	200m: 2:19.59	1:12.03	400m: 4:44.42	1:12.72	600m: 7:10.08	1:13.24	800m: 9:33.19	1:10.36		
3.	MACHNIK, Monika		97	DOKiS SP "Vega" Dobrodzien					10:02.90	550
	100m: 1:10.17	1:10.17	300m: 3:42.92	1:17.06	500m: 6:17.51	1:17.37	700m: 8:49.19	1:15.61		
	200m: 2:25.86	1:15.69	400m: 5:00.14	1:17.22	600m: 7:33.58	1:16.07	800m: 10:02.90	1:13.71		

15 years

1.	LICHWA, Dominika SO		99	UKP Unia Oswiecim					9:42.84	609
	100m: 1:07.82	1:07.82	300m: 3:33.99	1:13.53	500m: 6:01.95	1:13.99	700m: 8:30.67	1:14.28		
	200m: 2:20.46	1:12.64	400m: 4:47.96	1:13.97	600m: 7:16.39	1:14.44	800m: 9:42.84	1:12.17		
2.	ADAMCZYK, Agata		99	UKS Aligator Gorzyce					9:52.76	579
	100m: 1:11.22	1:11.22	300m: 3:42.06	1:15.74	500m: 6:12.90	1:14.88	700m: 8:41.88	1:13.92		
	200m: 2:26.32	1:15.10	400m: 4:58.02	1:15.96	600m: 7:27.96	1:15.06	800m: 9:52.76	1:10.88		
3.	ZROBEK, Natalia		99	UKS 190 Lodz					9:53.52	576
	100m: 1:11.95	1:11.95	300m: 3:41.60	1:15.19	500m: 6:11.15	1:14.75	700m: 8:42.21	1:15.76		
	200m: 2:26.41	1:14.46	400m: 4:56.40	1:14.80	600m: 7:26.45	1:15.30	800m: 9:53.52	1:11.31		
4.	PAJAK, Liliana SO		99	UKP Unia Oswiecim					9:54.71	573
	100m: 1:09.84	1:09.84	300m: 3:39.20	1:14.64	500m: 6:10.38	1:15.99	700m: 8:41.52	1:15.08		
	200m: 2:24.56	1:14.72	400m: 4:54.39	1:15.19	600m: 7:26.44	1:16.06	800m: 9:54.71	1:13.19		
5.	KROL, Oliwia		99	MKS Trojka Lodz					9:55.11	572
	100m: 1:11.42	1:11.42	300m: 3:43.22	1:16.39	500m: 6:14.15	1:14.86	700m: 8:43.99	1:14.69		
	200m: 2:26.83	1:15.41	400m: 4:59.29	1:16.07	600m: 7:29.30	1:15.15	800m: 9:55.11	1:11.12		
6.	LESZCZYNSKA, Klaudia Julia SO		99	UKP Unia Oswiecim					10:00.08	558
	100m: 1:08.14	1:08.14	300m: 3:37.38	1:15.43	500m: 6:13.62	1:18.92	700m: 8:48.16	1:15.35		
	200m: 2:21.95	1:13.81	400m: 4:54.70	1:17.32	600m: 7:32.81	1:19.19	800m: 10:00.08	1:11.92		
7.	PALKA, Maria SO		99	UKP Unia Oswiecim					10:10.84	529
	100m: 1:12.01	1:12.01	300m: 3:45.83	1:17.47	500m: 6:19.96	1:16.40	700m: 8:54.78	1:17.50		
	200m: 2:28.36	1:16.35	400m: 5:03.56	1:17.73	600m: 7:37.28	1:17.32	800m: 10:10.84	1:16.06		

Grand Prix - Puchar Polski w Pływaniu 2013-2014
Opole, 3 - 4-5-2014

Event 21, Women, 800m Freestyle

14 years

1.	SZAFRANSKA, Julia SOc	00	KSZO Ostrowiec	9:55.11	572
	100m: 1:08.79 1:08.79	300m: 3:39.41 1:15.98	500m: 6:11.05 1:15.75	700m: 8:41.92 1:15.14	
	200m: 2:23.43 1:14.64	400m: 4:55.30 1:15.89	600m: 7:26.78 1:15.73	800m: 9:55.11 1:13.19	
2.	SLIWINSKA, Kalina	00	WKS Slask Wroclaw	9:57.92	564
	100m: 1:10.55 1:10.55	300m: 3:42.18 1:16.31	500m: 6:14.52 1:16.15	700m: 8:44.93 1:15.15	
	200m: 2:25.87 1:15.32	400m: 4:58.37 1:16.19	600m: 7:29.78 1:15.26	800m: 9:57.92 1:12.99	
3.	MYCEK, Agnieszka	00	WKS Slask Wroclaw	10:10.84	529
	100m: 1:13.59 1:13.59	300m: 3:49.98 1:18.43	500m: 6:23.59 1:16.64	700m: 8:55.89 1:15.99	
	200m: 2:31.55 1:17.96	400m: 5:06.95 1:16.97	600m: 7:39.90 1:16.31	800m: 10:10.84 1:14.95	
4.	PIPCZYNSKA, Kamila	00	Uks Victoria Jozefow	10:11.48	527
	100m: 1:11.97 1:11.97	300m: 3:47.37 1:18.35	500m: 6:22.25 1:17.43	700m: 8:57.13 1:17.50	
	200m: 2:29.02 1:17.05	400m: 5:04.82 1:17.45	600m: 7:39.63 1:17.38	800m: 10:11.48 1:14.35	
5.	IZYCKA, Marta	00	UKS WODNIK Siemianowice Slaski	10:35.74	469
	100m: 1:13.04 1:13.04	300m: 3:50.89 1:19.04	500m: 6:31.04 1:20.46	700m: 9:15.59 1:22.40	
	200m: 2:31.85 1:18.81	400m: 5:10.58 1:19.69	600m: 7:53.19 1:22.15	800m: 10:35.74 1:20.15	
6.	CHOJECKA, Karolina	00	UKS OLIMPIC Warka	10:35.90	469
	100m: 1:14.87 1:14.87	300m: 3:58.18 1:22.38	500m: 6:40.25 1:20.23	700m: 9:21.31 1:20.13	
	200m: 2:35.80 1:20.93	400m: 5:20.02 1:21.84	600m: 8:01.18 1:20.93	800m: 10:35.90 1:14.59	
7.	GAJTKOWSKA, Zuzanna	00	UKS Aligator Gorzyce	10:42.68	454
	100m: 1:15.11 1:15.11	300m: 3:58.21 1:21.57	500m: 6:41.78 1:21.61	700m: 9:24.74 1:21.27	
	200m: 2:36.64 1:21.53	400m: 5:20.17 1:21.96	600m: 8:03.47 1:21.69	800m: 10:42.68 1:17.94	