

Swimming WORLD

magazine



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ON THE COVER:

Although the University of Arizona was heavily favored heading into this year's women's NCAA Division I Swimming and Diving Championships, it was another Pacific-10 Conference school that finished first: the University of California at Berkeley—coached by Teri McKeever (inset)—which won its first-ever team title. (See story, page 8.)

[COVER PHOTO BY KELLEY COX, GOLDENBEARSports.COM; SNIFE AND INSET PHOTOS BY PETER H. BICK]



- 8 HISTORY IN THE MAKING** by Jason Marsteller
Not only did the University of California win its first-ever women's NCAA Division I Swimming and Diving championship, but its coach, Teri McKeever, also became the first female coach to win an NCAA title in the sport.
- 12 AUBURN WINS ONE FOR QUICK** by John Lohn
Auburn's men pulled off an emotional triumph at the men's NCAA Division I Swimming and Diving championship, and dedicated the team victory to their absentee coach, Richard Quick, who is battling inoperable brain cancer.
- 18 CELEBRATING 50+ YEARS IN AQUATICS: 1973-76** by Jeff Commings
As we celebrate 50+ years in aquatics, *Swimming World Magazine* will be taking a trip through history, highlighting some of the top moments of the magazine's existence.
- 20 THEN AND NOW** by Jeff Commings
As a leader of the U.S. women's swimming team over the last quadrennium, Natalie Coughlin is reminding many people of the role Shirley Babashoff played in the mid-1970s.
- 22 GREAT EXPECTATIONS** by Eric Velazquez
Accomplished UCLA skipper Adam Krikorian becomes the new U.S. women's head water polo coach, inheriting the most successful women's water polo program in the world.

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Take an inventory of your stroke and see if there are changes—big or small—that you can try to help improve your freestyle.
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- 34 BEING RELAY SPECIAL** by Michael J. Stott
Relay dominance is not a birthright, but one cultivated in training excellence, team pride and camaraderie.
- 36 TALENT IDENTIFICATION** by Dr. Daniel Carl
A controversial topic now being discussed in the swimming community is the identification of swimming talent through genetic testing.
- 38 TRAINING THE UNDERWATER SWIMMER: Fluid Dynamics** by Michael J. Stott
Many coaches consider underwater swimming to be the fifth stroke, realizing its importance in developing faster and more effective swimmers.



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- 48 NCSA JUNIOR NATIONALS: Supernova** by Judy Jacob
Nova of Virginia Aquatics won all three team titles—combined, women's and men's—at the NCSA Junior National Swimming Championships in March.

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